

OAKMONT NEWS

Oakmont's Semimonthly Newspaper

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Board Approves \$4.3 Million 2019 Budget

■Jackie Ryan and Marty Thompson

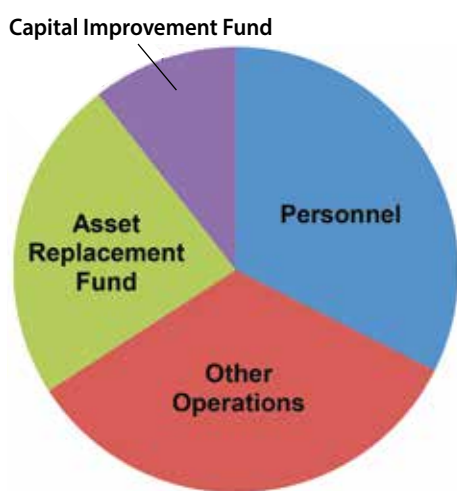
Oakmont's board of directors on Oct. 16 approved a 2019 budget of \$4.3 million that is based on an \$8 increase in member dues to \$75 per month and covers a projected 12% increase in net operating expenses and fund transfers for the coming year.

The board reviewed a line item budget proposal Oct. 9 with net operating expenses of \$2.8 million and \$1.5 million in transfers to fund two reserves: the asset replacement fund (ARF) and the capital improvement fund. The hike in dues, at just under 12%, is a lower rate of increase than the previous year's of almost 16%. The ARF is tied to the annual reserve study, which was also approved at the Oct. 16 meeting and based on current assets of approximately \$10 million with an average economic life of 10 years. In any given year, the ARF typically funds \$1 million.

A contingency fund previously at \$40,000 was beefed up to \$100,000 for potential golf expenditures. Personnel, the largest chunk of the operating budget, increased almost 12% to pay for salary raises and to add a new compliance position on the OVA architectural staff.

The budget also calls for a fourfold increase in directors and officers liability insurance (D&O) since 2016 to \$25,000, up from \$6,041 (actual 2016 expenditure). D&O insurance helps cover defense costs, settlements and judgments arising out of lawsuits and wrongful act allegations brought against nonprofit organizations.

The 2019 budget strikes a new note in how Oakmont's coffers are filled. While new homes were being built, developers paid OVA a fee that went into a fund earmarked specifically for capital projects. The now complete Meadows project used the last available Oakmont building sites, eliminating developer fees as a source of revenue. "Developer fees ended in 2017," said director Tom Kendrick. "From now on dues will fill out all categories of the budget."



See **BUDGET** on page 10

OVA Director Goodwin Resigns

■Staff Report

OVA Director Greg Goodwin resigned on Oct. 16, setting up a search to find a replacement in time for the Nov. 13 board meeting.

Goodwin, who was part of a slate elected to the board in 2017 at the height of the pickleball controversy and would have been up for re-election next spring, offered no public explanation for his decision to step down. His departure leaves Director Carolyn Bettencourt as the last member of the slate that also included former board presidents Ellen Leznik and Ken Heyman.



Greg Goodwin.
(OVA File Photo)

His letter of resignation was not made public by the board, and he declined comment. A version of his letter was later posted on social media. It said he could not "continue working with the majority of this board who have an agenda of gentrification to increase attraction by people with higher incomes which can lead to displacement of people who have lived here for many years. Oakmont was never intended to be a 'premier' community. It was to be affordable living for active adults."

Board President Steve Spanier said in a statement in response, "It is irresponsible, blatantly untrue and, frankly, baffling to suggest this board plans to gentrify Oakmont. The board is working with the community to understand and address the nature of economic influences in a way that ensures Oakmont remains a relevant and desirable place, where both present and future residents come to live and enjoy their lives here."

See **GOODWIN** on page 10

Board Holds Off On Dog Park

■Jim Brewer and Marty Thompson

Oakmont's governing board has rejected two controversial initiatives, a proposal to fund studies of a proposed dog park off Stonebridge road and to allow "floaties" in all three swimming pools.

Residents lined up to speak, mostly against the dog park plan, at an Oct. 16 board meeting, also featuring a lively debate by the six board members present.

The proposal to allow an ad hoc dog park committee to spend up to \$20,000 on studies ground pollution issues died on a tie vote. President Steve Spanier and Directors Tom Kendrick and Al Medeiros voted to proceed, Directors Marianne Neufeld, Heidi Klyn and Carolyn Bettencourt voted "no."

See **DOG PARK** on page 5



In the Spotlight: Oakmont's World War II Vets

Editor's Note: As Veterans Day approaches, the Oakmont News salutes in these profiles some of our residents who served during World War II.

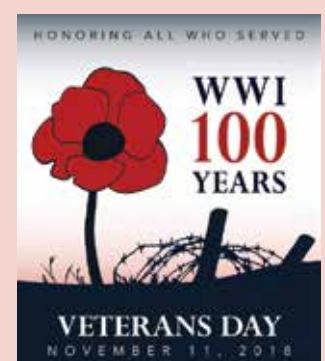
■Grace Boyle

More than 16 million Americans served in the Armed Forces during World War II, a war that began for the United States with the attack on Pearl Harbor in 1941 and ended with the atomic bombing of Japan in 1945. Among the courageous men and women who served are a number of Oakmont residents who remember well their participation in the bloodiest and largest war in history.

Robert Bissiri: An Aviation Machinist Mate 3rd Class in the Navy, Bissiri was responsible for inspecting and repairing Navy fighters, bombers and torpedo planes, extremely vital and sometimes life-threatening work. He remembers: "I came close once when a wing unfolded but I was on the other side or it would have cut me in half." Bissiri served in the Pacific Theater with a Carrier Aircraft Service Unit, an important mobile service developed to keep land-based Navy planes in combat condition. Now 94, he has lived in Oakmont for 14 years.

Lloyd Douglas: If you know Oakmont resident Lloyd Douglas, you know him as a war hero. Among the many meritorious awards he has received for his service in the Army Air Force is the Prisoner of War Medal. Assigned to an Air Force Bombardier Group

See **VETERANS** on page 11



Honor Veterans, First Responders

■Staff Report

Veterans and first responders will be honored at a public event in the Berger Center, Monday, Nov. 12 at noon. It will also mark the 100th anniversary of the end of World War I. A box lunch will be served at Oakmont Gardens following the Berger program.

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FABULOUS FALL LISTINGS



6835 Oakmont Drive — NEW LISTING

Located in the heart of Oakmont this beautiful Beechwood plan home offers amazing golf course & mountain views. The seller has taken great pride in updating many features including engineered flooring, recently replaced furnace & roof, plantation shutters, custom paint plus so much more. The attention to both the front & rear yard landscaping is apparent, plus you can enjoy views from the beautiful sunroom that offers serene privacy. \$675,000



357 Pythian Road — NEW LISTING

Amazing price for this updated & remodeled Redwood plan home with unique golf course views. Experience designer touches throughout, where the open floor plan offers expansive views along with privacy. You'll love the attention to detail that is evident the minute you walk in the door. The high-end appointments bring this Oakmont home into today's modern lifestyle. Indoor living at it's finest from this one-of-a-kind home. \$799,900



18 Oak Island Drive — NEW PRICE

You'll love this charming Redwood floor plan home with a spectacular panoramic view of the golf course & mountains. This 3bd/2ba home will give you 1,700 sq ft of generous space that spills out onto a slate tile patio. The home boasts bamboo flooring, updated kitchen, dual-pane windows & a large utility room with space for an office. Wake up each morning to awe-inspiring sunrises & the tranquil sounds of nature. \$725,000



7268 Oakmont Drive — NEW PRICE

This Cypress plan home is located in the heart of Oakmont and features tile entry, open living room with mountain views, sunny bright kitchen with gas cook-top, both bathrooms have been updated, the guest bath with a spa tub. Additional features include vinyl dual-pane windows, AC, 2-car garage plus the refrigerator, washer & dryer are included in the sale. \$559,000

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Nancy
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Regular Oakmont Association Committee Meetings

■OVA Administration

The listed Oakmont Village Association meetings are open sessions.
Any interested Oakmont residents are invited and encouraged to participate in these important meetings.

MEETINGS	DATE	TIME	PLACE*
Architectural (No participation) / mary@oakmontvillage.com	2nd Tues. Monthly	1:30 PM	Conf. Rm.
Oakmont Village Association (OVA) Board	1st & 3rd Tues. Monthly	1-3 PM	Berger Center
COMMITTEES	DATE	TIME	PLACE*
Communications (CC) / oakmontcommittee@gmail.com	4th Wed. Monthly	10 AM	OVA Office
Community Development (OCDC) / ova-ocdc@sonic.net	2nd Thurs. Monthly	11:15 AM	Rm. B
Finance (FC) / ova-finance@sonic.net	The Thursday before the Regular Board meeting	2-3:30 PM	Rm. B
Long-Range Planning Committee (LRPC)	1st & 3rd Mon. Monthly	1 PM	Conf. Rm.
Landscape Improvement Committee (LIC)	2nd Tues. Monthly	10 AM-12 Noon	Mgrs. Conf. Rm.
League of Maintained Area Associations (LOMAA)			
Regular Meetings	1st Mon. Monthly	12 Noon	Rm. B
Quarterly Meetings	1st Wed. (March, Sept., Dec.)	7 PM	West Rec.
LOMAA Annual Workshop	2nd Wed. (June)	9 AM	East Rec.
Emergency Preparedness Committee (OEPC)			
OEPC Board	1st Thurs. Monthly	2 PM	Rm. B
OEPC Community Meeting	3rd Thurs. (Jan., May, Sept.)	2 PM	Berger Center

A quorum of OVA Board of Directors may be present at these meetings.

*It is sometimes necessary to change meeting locations and/or dates and times. Please check the Rec. Center bulletin boards for written notice of change or call the OVA office prior to scheduled meetings for confirmation.

LOCATIONS

Room B is in the Central Activity Center, 310 White Oak Drive.
Conf. Rm. is in the OVA Office, 6637 Oakmont Dr., Ste. A
Mgrs. Conf. Rm. is in the OVA Office, 6637 Oakmont Dr., Ste. A

Primary Voting in Oakmont

A polling place for the California primary election will be open at the West Recreation Center on Tuesday, Nov. 6 from 7 a.m.-8 p.m.

Calling All Volunteers

A couple of volunteers are needed to serve on the recently approved Ad Hoc Policy and Procedure Committee, whose purpose is to review OVA Financial Policies and OVA Office Procedures.

The committee is currently comprised of Treasurer Elke Strunka, Elaine Bennett and Liz Moore. The OVA Board Liaison is Marianne Neufeld. Interested member volunteers should email askova@oakmontvillage.com.

City Emergency Notifications Meeting

■Staff Report

The city is holding a public meeting in Oakmont Nov. 14 to talk about preparedness for disasters like last year's firestorms. Emergency alerts and fire detection equipment are on the agenda for discussion.

Representatives of the city's Office of Community Engagement will provide one-on-one help to sign up for two existing programs, SoCoAlert and Nixle.

Residents are invited to hear about and discuss notification and fire detection tools the city is considering adding for the future.

Free "Go Bags" will be distributed to help start a home emergency plan.

The meeting will be Wednesday, Nov. 14 from 1-2:30 p.m. in the Berger Center.

President's Message

■Steve Spanier, OVA Board President

SIX-MONTH PROGRESS REPORT



As I write this, it's been just over six months since five new OVA board members were seated. This seems a good time to report on progress toward goals.

Our primary goal has been (and will always be) to increase civility, education and transparency within Oakmont. We hope to unite rather than divide and to provide residents with timely, accurate and complete information about our community.

Leaders wishing to increase civility within their constituencies must first model it. In all our activities and interactions with residents, we strive to be civil. We discourage uncivil behavior by refusing to tolerate it in our meetings and condemning and not participating in it when it appears elsewhere.

Our education and transparency story includes the following achievements, with more to come.

The new Community Education and Transparency Committee is feeding regular suggestions for article topics and resident education to the board. One of these resulted in a recently passed resolution to have our GM add to his board meeting report a spotlight on important laws Oakmont must observe.

Neighborhood gatherings get the board into the community to hear and address resident concerns. Four of these have already been held and more are scheduled.

Public board agendas and member packets with background materials give residents advance notice and unprecedented visibility into board operations. We're also providing more information than ever before on what is being addressed in Executive Session closed meetings.

Board meetings now feature open forums on all old and new business items, providing multiple opportunities for residents to speak during each meeting.

We've officially recognized renters as integral to Oakmont, so both owners and renters are now invited to not only attend board meetings, but to speak during open forum and to serve on and chair committees.

Regular committee reports, frequent emails and more consistently updated committee minutes keep community members updated on both inside projects (such as the East Rec. renovation) and outside projects (such as Elnoka).

Increased town hall meeting frequency and the return of board/community workshops gives residents additional opportunities to comment on issues of current concern and dialogue with Directors. Two fireside chats have added additional board/member interaction.

Taken as a whole, these education and transparency initiatives build healthy involvement in community governance.

Democracy dies in darkness. Democracy begins with truthful, timely, detailed accounting of relevant facts. It continues by offering numerous opportunities for dialogue. Only with facts and dialogue can citizens properly hold those in power accountable. We recognize we don't corner the market on good thinking and welcome your input and scrutiny to help us ensure a better Oakmont.

See **PRESIDENT'S MESSAGE** on page 5



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Correction

The front page photo of Erin Brokovich in the Oct. 15 edition should have credited Jim Brewer as the photographer.



HEROES OF OCTOBER

On October 1st 2018 you may have seen a lot of activity on the golf course, including Channel 5 news, Alex Stone from ABC news and even a camel on the 13th hole! The Oakmont Golf Club teamed up with KSRO, Amaturro Sonoma Media and many other large local companies for a "HEROES OF OCTOBER" two-day event! The celebration started at Courthouse Square in downtown Santa Rosa on September 30th - Citizens that went above and beyond during the October 2017 firestorm were honored for their heroic actions. Many were touched when the firetruck lifted the American flag to the sky and the Honor Guard rang the bell for each life lost in the fires. The event continued the following day at Oakmont Golf Club, where local celebrities, heroes & politicians joined us for the Pat Kerrigan Golf Scramble & Fundraiser! Over \$30,000 was raised for the Resilience Fund. *The photos below were provided by Lisa Zhang of KSRO.*



Fire Chief Tony Gossner & Senator Mike McGuire



Sheriff Rob greeting Michael O'Shea



Pat Kerrigan of KSRO, Marconi Award Winner



Pat with Alex Stone of ABC News



It was a zoo out on hole #13!



Greg Anderson, GM of Oakmont Golf Club

CALENDAR OF EVENTS

11/1/18 Prime Rib Dinner Buffet,
Reservations: (707)539-9215 x225

11/7/18 Winemaker Dinner with
Freemark Abbey Winery, Information:
(707)537-3671

11/22/18 Thanksgiving Day Buffet,
Reservations: (707)537-3671

11/23/18 Black Friday , Special Saving
Event of the Year! Details coming soon

11/25/18 Annual Holiday Boutique &
Fundraiser for the Valley of the Moon
Children's Foundation, Information:
(707)539-9215 x228

11/26/18 Cyber Monday, be sure to
join our E-Club: details coming soon

SAVE THE DATE

12/31/18 New Year's Eve Bash with The
Carl Green Band

Visit our Website to learn more about
these great events, and join our e-club
to get updates sent directly to your
inbox. **WWW.OAKMONTGC.COM**

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We thank all of our neighbors for your
continued support. Please stop by &
meet our new Food & Beverage
Manager, Alison Prather. We look for-
ward to positive changes at the Quail!

PRESIDENT'S MESSAGE Continued from page 3

As we go forward, this and future boards face a turning point in how dues are structured and applied to keep Oakmont's traditions as a vibrant, attractive destination for active adults. You will be hearing more about our thinking on this issue, but a brief look at our historic funding structure sheds light on the challenges ahead.

Oakmont faces three main factors that put upward pressure on dues: 1) dues increases over many years that didn't keep up with inflation (during an 18-year period from 1970 to 1987, dues increased only from \$5 to \$7 and during a more recent four-year period from 2010 through 2013, dues increased only a total of 6.7%), 2) the loss of developer impact fees beginning in 2018 (these fees added \$2.6 million in revenue between 2006 and 2017), and 3) an aging infrastructure that has not been uniformly upgraded to account for new fire, earthquake and ADA safety requirements.

Recent boards have responded by increasing dues. The board immediately previous to ours increased dues 15.5% from 2017 to 2018. The board immediately previous to that one increased dues by 8.9% between the last half of 2016 and 2017.

Two recent unexpected events add additional dues pressure: 1) the request from the Oakmont Golf Club to help them with their financial struggles, and 2) the loss of the polo field as a dog park.

Despite these potential and actual pressures, as well as costs associated with the East Rec renovation project, this board has increased current dues only by 11.9%, a figure roughly halfway between the increases of the past two years, allowing Oakmont to continue to "catch up" to where we need to be financially by strengthening our reserves and updating our infrastructure—key components to maintaining and enhancing property values.

Oakmont will always face lively, controversial issues, just like HOAs across the country. How we come together as a community to solve problems will determine who we are.

DOG PARK Continued from page 1

"This is an amenity a community our size should have," Spanier said as he and others noted that Oakmont is "built out," with no new home sites and little open space.

The Stonebridge site was one of three originally considered. "I haven't heard a good location yet," Bettencourt said, adding that she would "object to any location that impinges on people's lives."

People living on streets near the Stonebridge property rose to object on grounds including noise, parking and other congestion, possible effect on home values and contamination of the ground near Oakmont's community garden by dog feces and urine. A resident of adjoining Silver Creek Circle said nine of its eleven homeowners were opposed.

"I live on the West end. I live with these people and making the wrong decision for them would be heavy," Klyn said. "There's no perfect spot unless something happens with the golf course."

Spanier said he was "very sympathetic to people who live in the area and don't want a dog park." He called it a "trying issue for me too."

Final cost for a Stonebridge Road dog park has been estimated at \$283,000. "Any location in Oakmont is going to cost six figures, but this cost amounts to only \$60 per person in one year's time," Spanier said.

Oakmont dog owners have long been able to walk pets when horses weren't using the privately-owned polo field on White Oak Drive. After the 2013 death of owner Henry Trione, his daughter-in-law Karen said she wanted the field open to horses every day, but has allowed dog owners to use it most days between 6 and 8 a.m. Paula Lewis, chairman of the dog park committee, said she expects that will end in January.

"NO" ON FLOATIES

Objections at the meeting and in emails to board members led the board to roll back a new rule it adopted in September that would have allowed floaties (inflatable flotation devices) in all Oakmont pools with deference to lap swimmers' right of way.

The rule hadn't taken effect, pending a 30-day period to allow publication of the new rule.

Lap swimmers long have used the East Rec. Center pool, now closed for a six-month restoration. That left a conflict between their exercise routines and recreational pool use including those with "floaties."

No "floaties" will be allowed in any Oakmont pool.

Current Events Discussion Group



■Tina Lewis

The Current Events Group consists of lively discussions of current events, from local to international. Informed comments are voiced from across the political spectrum, from liberals to conservatives. Some prefer to just listen and learn, others offer to moderate.

Whatever your comfort level, you will be welcomed when you join us. The discussions are moderated by volunteers within the group, and microphones are passed around to enable everyone to hear. A \$1 donation is requested.

MODERATORS

November 2: No regular meeting

November 9: Karen Donnelly

Join us on Fridays, 1–2:30 p.m. at the West Rec. and bring ideas of what you'd like us to discuss.

For more information call 539-5546 or send an email to oakmontcurrentevents@gmail.com.

Wii Bowling Oakmont Lanes



■Terry Leuthner, President, and Diane Price, Vice President

Oakmont Lanes Bowling Club is a Bowling League consisting of four-person teams that utilize Nintendo Wii to simulate the experience of bowling without the weight of a bowling ball. Any resident who has the ability of holding a small remote control in their hand while swinging their arm as if they were rolling a bowling ball will be able to join.

Anyone interested in joining our club, either as a team bowler or substitute, please call Terry at 538-9177 or Diane at 538-3365 or stop by the West Rec. Center on Tuesdays from 3–4:30 p.m. to see us in action. See www.oakmontlanes.com for club information and Fall 2018 League schedule.

BOWLING DATES DURING EAST REC. REMODEL

We move to West Rec. with the following schedule: 3:15 League bowls first and third Tuesdays, Nov. 6, and 20 from 3–4:30 p.m. 1:30 League bowls second and fourth Tuesdays, Nov. 13 and 27 from 3–4:30 p.m. Fall playoffs—Dec. 4. Save the date: Oakmont Lanes Christmas Party—Friday, Dec. 14 at Berger from 5–8 p.m.

RESULTS AS OF OCTOBER 16 (SIXTH WEEK 1:30 LEAGUE/ SEVENTH WEEK OF 3:15 LEAGUE)

1:30 PM League: first place, Alley Oops; second place, 4 Tops; third place, Strikers; fourth place, Pocket Hits; fifth place, Wii Four; sixth place, Wild Turkeys.

Men's High Games: Don Shelhart, 288; Larry Lazzarini, 217; Charlie Ensley, 210.

Women's High Games: Robin Schudel, 268; Joanne Abrams, 266; Alicia Panizo, 245; Beverly Shelhart, 238; Sandy Osheroff, 227; Sandra Pessner, 224; Tobi O'Neill, 213.

3:15 PM League: first place, Strikes & Spares; second place tie, Strike Outs and Wii Power; fourth place, King Pins; fifth place, High Rollers; sixth place, Pin Heads.

Men's High Games: Ray Haverson, 244; Juan Fuentes, 223; Scott Harris, 218.

Women's High Games: Jan Blackburn, 257; Vickie Jackanich, 253; Barbara Ford, 247; Joanne Abrams, 232; Maurine Bennett, 223; Shirley Jamison, 221; Valerie Hulsey, 220; Marie Haverson, 214; Nicole Reed, 214; Joan Sena, 209; Judy Lawrence, 202.

Sub High Game: Christian van den Berghe, 204.



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■Judy Walker

SAMUEL BARBER AND LEONTYNE PRICE

In late 1952 Samuel Barber began work on one of the great song cycles of the 20th century—*Hermit Songs*—based on texts written by Irish monks on the margins of medieval manuscripts. Barber chose the young soprano Leontyne Price as his vocalist. With the composer at the piano they performed the cycle several times to great acclaim.

This collaboration kindled an enduring friendship, and inspired Barber to write some of his most beautiful music for Price, including the soprano solo in the cantata *Prayers of Kierkegaard*, the later song cycle *Despite and Still*, and the role of Cleopatra in his opera *Antony and Cleopatra*. Written for the opening of the new Metropolitan Opera House in 1966, the opera was regarded by many critics as an epic failure, and this harsh reception contributed to Barber's struggles with depression and alcoholism in the remaining years of his life. Meanwhile Leontyne Price's career flourished.

In his presentation John Burchard will describe the complex genesis of the original Zeffirelli production of *Antony and Cleopatra*, and a later version revised by Gian Carlo Menotti. Musical excerpts (all sung by Leontyne Price) will include "Crucifixion" and "The Monk and His Cat" from *Hermit Songs*, the soprano solo from *Prayers of Kierkegaard*, and the aria "Give me my robe" from *Antony and Cleopatra*. Also included will be an interview with Price from 2017 (when she turned 90) in conjunction with a documentary about the building of the new Metropolitan Opera House.

WHEN: Tuesday, November 6, at 10:30 a.m.

WHERE: Berger Center, 6633 Oakmont Drive

COST: Free **PRESENTER:** John Burchard



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COSMETIC SURGEONS

State Helping Pay for Seismic Upgrades

■Staff Report

Grants are available this month for a state-funded program providing up to \$3,000 toward a seismic retrofit to strengthen homes. The deadline for applying is November 13.

Earthquake Brace and Bolt grants are for wood frame home built before 1980 with a space between

the floor and foundation. Strengthening involves adding anchor bolts and plywood bracing in the crawl space.

The program is not new, but the 95409 ZIP code as added for the first time this year.

For information go to www.earthquakebracebolt.com.

Quick Look at Board Actions on October 16

■Harriet Palk

Consent Calendar: Unanimously approved the Sept. 18 and Oct. 9 board minutes; recognized a new club called "Exploring Our Future in Oakmont" that will look at technology and trends that will impact Oakmont in the next five to ten years; appointed Leslie Brockman to the Long-Range Planning Committee and Thora Graves to the Landscape Improvement Committee.

President's Report: Residents expressed satisfaction with the last board workshop, so we will continue having them; there have been several neighborhood gatherings, and residents are encouraged to invite neighbors and board members for discussion.

Manager's Report: The members-only portion of the website was rolled out Oct. 16; residents to create password to gain access. OVA will apply for a Cal Fire grant that will provide analysis of our trees and contracts for tree cutting and disposal—no guarantee of success in our application; upcoming are presentations on defensible space and insuring community preparedness.

Oakmont Community Development Committee: Oakmont Senior Living presented its latest plans for Elnoka to the City in May; there will be no physical connection between Elnoka and Oakmont; an environmental impact report may be ready by the end of the month; Elnoka would be a 5–10-year development next to Oakmont's western border.

Flammable Plant List Rule: Unanimously adopted the Do Not Plant Flammable Plant List that was presented at the Aug. 21 board meeting and was under review by the membership for 30 days.

No one will be asked to remove plants on this list.

Initiation Fee: Unanimously approved an initiation fee of \$200 per new owner (up from \$150) when a property changes hands. This could increase OVA's operating budget by up to \$10,000 per year.

2019 Reserve Study: Unanimously approved.

Architectural Committee: Based on a legal opinion, the board voted unanimously to reduce the Architectural Committee from six members to three to be consistent with Oakmont's governing documents. All six current members, voting and advisory, will be removed.

Architectural Committee: Approved, with a no vote from Carolyn Bettencourt, reappointing current voting members to the restructured committee: Bob Dodd, chair; Linda Balfe; vice chair; and Burt Schraga, voting member.

Nov. 6 Board Workshop: Adopted unanimously the topic "What Should Oakmont's Future Look Like and Who Should Decide?"

Plaques in Oakmont: Voted unanimously to set a policy on placing plaques on anything (such as on benches on the lawn bowling green) in common areas and all our facilities. A policy will now be decided on and implemented.

Guest Policy: In the interest of accommodating the dues-paying members and to avoid abuses by guests when using OVA facilities, the board considered adopting a policy limiting guest to two persons per household. Failed unanimously. Carolyn Bettencourt, Steve Spanier and General Manager Kevin Hubred will work together to deal with a few very specific problems that led to this resolution.



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Oakmont Rainbow Women

■Dorothy Webster and Diane Holt

FUN CONCERT ON NOVEMBER 10

On Saturday, November 10 at 7 p.m., three remarkable performers will come together at the Berger Center to share their unique blend of singing harmony and playing folk guitar, rock, blues and jazz. The Natural Rhythms Trio, who played at a benefit for Sebastopol firefighters last year, will mark their 24th concert together when they come to Oakmont. They all have performed on each other's numerous CDs.

Elise Witt, from Atlanta, speaks five languages and sang with the Robert Shaw Chamber Singers for 20 years. They did a yearly series in Carnegie Hall throughout the 1980s and '90s. She won the William L. Womack Creative Arts award for helping teenage girls in Afghanistan, Nepal, Guatemala and Somalia learn English and gain self-confidence.

Becky Reardon, from Taos, sang in four of Charles Schultz's holiday TV specials. She is a trained opera singer and composes music.

Terry Garthwaite played lead guitar and wrote songs for the rock band Joy of Cooking in the '70s. You'll hear her playing rattles, shakers, and two large seed pods at the upcoming concert. She has shared the stage with B.B. King, Janis Joplin, Bonnie Raitt, The Band, Allen Ginsberg and Santana.

Tickets are \$20 for members, \$25 for non-members. Members can buy them at our next general meeting on November 8.



Elise Witt, Becky Reardon and Terry Garthwaite of Natural Rhythms Trio.

All Oakmont residents and their guests are welcome at the concert. Email Oakmont Rainbow Productions at ORPtickets@gmail.com.

WELCOME, NEW MEMBERS

At our new-member reception and general meeting in October, we had food, flowers and special-interest group displays. Five new Oakmont residents joined our club that night. They and others who joined our club during the past 12 months stood up and told us about themselves.

We watched the film *A Great Ride* and heard filmmaker Deborah Craig talk about where lesbians



Kathy Crafton and Sherri Hoefling.

move to when they retire. Oakmont was included, and several of our members appeared in the documentary.

We are all bow-at-their feet, forever-indebted to Sue Dibble and Jeanne DeJoseph, who in 2011 got the idea to make us a recognized Oakmont Club. They organized lesbians living here then, applied for and received approval from OVA for our status as an official organization.

NOVEMBER 8 GENERAL MEETING

This month's general meeting on November 8 at the Berger features Kevin Hubred, general manager of the Oakmont Village Association. Come at 6:30 p.m. to visit before the meeting starts at 7. Kevin will discuss issues related to Oakmont and answer any questions you have.

All women who live in Oakmont are welcome to come to our meetings and events.



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FDIC 

Golf News

Oakmont Golf Club

■Rick Warfel

MEET THE OGC BOARD CANDIDATES: SUSAN CHAUNCY AND JOEL FELDMAN

For this year's upcoming OGC Board election, there are two positions open, and two candidates are running. (The board recently approved a limited slate since the club bylaws require a minimum of two candidates for each available position). The two candidates are Susan Chauncy and Joel Feldman. The following are summaries of the two candidates' résumés.

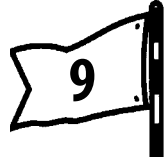
Susan Chauncy grew up in Santa Clara and studied psychology at San Jose State (BA) and UC Irvine (graduate program). From 1976 to 2005 she worked for Dean Witter as an investment advisor, and, from 2005 to 2010, she worked as a commercial real estate agent in Reno. From 2010 to 2016, she served as COO and CEO of InsideValuation LLC, where she provided real estate valuation services to banks, hedge funds and government entities. Primary roles included product and business development and process and people management. She successfully identified a buyer and negotiated a sale of the company.

Susan serves on the OGC Finance Committee and the Steering Committee for InvestOAK. She joined the OGC and TOWGS in November 2016.

Joel Feldman and his wife Maureen have been residents of Sonoma County for 38 years; four years in Oakmont. For 40 years, Joel served as President and Chief Operations Officer of Byer California, a multi-million-dollar design, manufacturing and distribution company. Responsibilities included managing domestic and foreign productions, logistics, shipping, personnel, strategic planning, and IT.

Joel is very active in the community and is a member of the following organizations: Oakmont Golf Club; Board Member 6th Street Playhouse, Santa Rosa; Contributing Emeritus Trustee of Sonoma County Day School; Glen Ellen/Kenwood Rotary; Curator and Baseball Advisory Board Member of Cooperstown S.F.; Member of American Apparel and Footwear Association for eight years; member of Voluntary Interindustry Commerce and Standards Association for twenty years; works directly with Giants Enterprises for funding the Giants Community Fund.

In lieu of the traditional Candidates Night, a casual wine and cheese event will be held at the Quail Inn on November 15 starting at 5 p.m., where Susan and Joel will speak and answer questions. Cost: \$5 per member.



9-Hole Thursday Women's Club

■Valerie Boot

No Sweeps.

ECLECTIC RESULTS

APRIL 28–SEPTEMBER 27, 19 PLAYERS FRONT NINE

First flight: first, Debbie Warfel; second tie, Linda Yates, Roberta Lommori; fourth, Carol Locke.

Second flight: first, Marie Crimaldi; second, Tammy Siela; third, Barbara James.

Third flight: first, Joan Eiserloh; second, Barbara Bowman; third, Jane O'Toole.

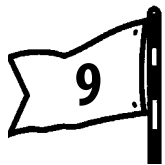
Twenty-two members attended the General Meeting on October 11. There are several openings for positions on the board next year, so please consider volunteering and participating in keeping our club great.

Now let's look forward to getting together at our Holiday Luncheon on Dec. 13.

WRENS NEWS BY LINDA YATES

Our team failed to retain the President's Cup Trophy by one stroke. Congratulations to the winners, Hidden Valley Lake team.

The 2019 Calendar of Events will be posted soon on the WRENS Board.



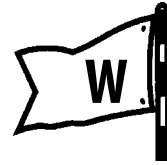
9-Hole Monday Men's Club

■Stan Augustine

The month of October started off for the Men's Niners with the first round of the Fall Eclectic Play. Eighteen players participate on October 1, with a first-place tie between Stan Augustine and Joe Lash shooting net 29.5 each; third tie, Wayne Mickaelian and Rich Silvas, 30.5; fifth, Ron Bickert, 31; sixth, Jim Norem, 31.5. John Derby was closest-to-the-pin on #8 at 7'4".

Remembering the severe and historic fire storm of October 8, 2017, which virtually shut down all services in Oakmont and the courses for three weeks, the club held a 2-Man Best Ball event on October 8. Players enjoyed the clear skies and fresh air that day, as 21 participated and again thanked all of the first responders who helped save our community. The team of Tony Apolloni and Bob Ure won the day's play with net 24; second, Al Bentham and Don Schulte, 26; third, Wayne Mickaelian and John Munkacsy, 27; fourth tie, Art Boot/Bob Wilkinson and Stan Augustine/Neil Huber, 28. Closest-to-the-pin (#8) was Wayne Mickaelian, 13'2", edging out Otis Brinkley, who was 15'5" from the pin.

Any OGC member can join the Monday Men's Niners. The 2019 registration is now open and it only costs \$20 for the year. If interested, email me at stanaugustine@icloud.com.



Wednesday Men's Club

■Rick Warfel

OCTOBER 10, WEST COURSE 3 BB ON ODD, 2 BB ON EVEN GAME

First flight (7.3–17.8): first, Bucky Peterson, Danny Morgan, Bill Salmina and blind draw, 163; second, Phil Sapp, Gary Novak, Bill Roberts and Bruce Hulick, 164.

Second flight (19.3–30.5): first, Wally Juchert, Paul Phillips, John Williston and Lew Gross, 155; second, Bill Wellman, Rodi Martinelli, Larry Frediani and John Garcia, 156.

Closest-to-the-pins HDCP 0–19: #8—Bill Salmina, 13'3"; #13—Bob Peterson, 14'8"; #16—Bob Hartssock, 17'4".

Closest-to-the-pins HDCP 20–up: #8—Tommy Yturralde, 7'2"; #13—Dave Goulson, 9'7"; #16—Mike Doyle, 19'11"; #5—no one on green.

SAYINGS IN GOLF

With a rain-out limiting play:

"I'll always remember the day I broke ninety. I had a few beers in the clubhouse and was so excited I forgot to play the back nine."—Bruce Lansky. "I'm hitting the woods just great, but I'm having a terrible time getting out of them."—Harry Tofcano. "Golf! You hit down to make the ball go up. You swing left and the ball goes right. The lowest score wins. And on top of that, the winner buys the drinks."—Anon. "I play in the low 80s. If it's any hotter than that, I won't play."—Anon. "Putts get really difficult the day they hand out the money."—Lee Trevino.

"If you think it's hard to meet new people, try picking up the wrong golf ball."—Jack Lemmon. "Golf is a game whose aim is to hit a very small ball into an even smaller hole, with weapons singularly ill-designed for the purpose."—Winston Churchill. "Golf is a day spent in a round of strenuous idleness."—William Wordsworth. "You can make a lot of money in this game. Just ask my ex-wives. Both of them are so rich that neither of their husbands works."—Lee Trevino.

"The only time my prayers are never answered is on the golf course."—Billy Graham. "The most important shot in golf is the next one."—Ben Hogan. "The only sure rule in golf is he who has the fastest cart never has to play the bad lie."—Mickey Mantle. "If you drink, don't drive. Don't even putt."—Dean Martin. "I have a tip that can take five strokes off anyone's game: It's called an eraser."—Arnold Palmer.

"If you watch a game, it's fun. If you play at it, it's recreation. If you work at it, it's golf."—Bob Hope. "Give me golf clubs, fresh air and a beautiful partner, and you can keep the clubs and the fresh air."—Jack Benny.

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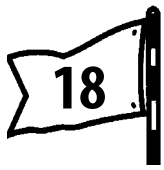


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18-Hole Tuesday & Thursday Women's Club

■Debbie Warfel

OWGS

October 2—No golf, rain.

Sweeps Results, Best Nine on October 9—Kris Peters and Eileen Beltrano were the low gross winners in the field of 23 players.

First flight: first, Eileen Beltrano; second tie, Kris Peters and Kathy Faherty; fourth, Judy Early.

Second flight: first tie, Nancy Shaw and Becky Hulick; third, Marie Delagnes; fourth, Lynn Davis.

Third flight: first, Susan Hazelwood; second tie, Elisabeth Romayko and Patti Schweizer; fourth, Christy Rexford.

TOWGC

Sweeps Results, Odd or Even on October 4—Kathy Mokricky was the low gross winner in the field of 18 players.

First flight: first, Kris Peters; second, Kathy Mokricky; third, Sallie Wood.

Second flight: first tie, Leslie Clark and Penny Wright; third, Linda Barr; fourth, Yoshi Smith.

Third flight: first, Michele Yturalde; second, Vanita Collins; third, Ro Nicholson.

Sweeps Results, Four and Five on October 11—Joan Seliga was the low gross winner of the field of 18 players.

First flight: first, Joan Seliga; second, Kathy Mokricky; third, Sue Clark.

Second flight: first, Becky Hulick; second, Yoshi Smith; third, Penny Wright.

Third flight: first, Vanita Collins; second, Patti Schweizer; third, Jeanne Estes.

OWGS AND TOWGC

Remember to renew or join the sections!

Joint Halloween Luncheon and Shotgun on Thursday, November 1!

Save the date for Monday, November 5 for the Maintenance Crew Thank-You Potluck. Sign-up sheet is posted on the TOWGC bulletin board!

Reminder: OWGS sign-up for Tuesday golf by the preceding Friday and TOWGC sign up for Thursday golf by the preceding Sunday.

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Single Boomers Social Club



■Carolita Carr

NEXT EVENT—THANKSGIVING POTLUCK

WHAT: Our Annual Thanksgiving Dinner

WHEN: Sunday, November 11, 3 p.m.

WHERE: West Rec. Center

BRING: The dish you signed up for, either at our last event or through email

It's time to indulge in all the fine, tasty dishes we all put together at this time of year. This is our best attended event of the year, and it's not surprising. The food is delicious and the company is fascinating. The club will provide the turkeys and pumpkin pies, members bring the rest. This is a special event you won't want to miss.

SAVE THE DATE

December 2: Member appreciation evening

BOARD DOINGS

The SBSC Board has elected Gale O'Brien as our

seventh board member. Gale will serve as our dining out coordinator.

BON APPETIT

This is the name of our dining out event, and we now have a schedule of visits to restaurants running through March. Last month, 12 of us had a tasty dinner at La Hacienda in Sonoma. It was a delightful evening and we look forward to many more.

Single Boomers Social Club is open to any single person residing in Oakmont. Only an interest in meeting people and socializing is required. We have monthly mixers, organize outings to restaurants, attend Happy Hours at restaurant/bars around the area, and join in other Oakmont activities.

Join us by filling out the application form in the Single Boomers Social Club folder at the OVA office.



THANKSGIVING DAY

Buffet

November 22, 2018
Seating's every half hour | 1pm-5:30pm

Greens

Flamingo Waldorf | Cranberries, Gravenstein apples, Grapes, Walnuts, Cinnamon spiced dressing
Spinach Salad | Balsamic, Pecans, Bacon bits, Orange segments, Feta cheese
Roquefort Pear Salad | Shaved bosc pears, Local greens, Candied walnuts, Cranberry vinaigrette
Broccoli Salad | Grapes, Almonds, Raisins, Heirloom carrots, Bacon dressing
Classic Caesar Salad | Herb scented croutons, Shaved parmesan

Hors d'Oeuvres

Local artisanal cheeses, Charcuterie board,
 Chilled jumbo prawns with spicy horseradish and cocktail sauce,
 Clams on the half shell with mignonette sauce, Farm fresh fruits, - Berries and nuts

Accompaniments

Chive mashed potato's, Baked sage and apple stuffing, Butternut squash,
 Pecan rice pilaf, Baked ziti, Candied yams, Pecan butter marshmallows
 Maple- ginger glazed red kobocho squash, Point Reyes bleu cheese potato gratin,
 House-made green bean casserole, and cranberry sauce

Traditional Entrées

Roasted turkey with giblet gravy, Honey baked ham, Prime rib
 King salmon with white rice, honey citrus glaze

Something Sweet

Seasonal pies, Tiramisu, Carrot cake, Black forest cake, Pumpkin cheesecake,
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■Ray Haverson.

Mark your calendars for February 7, 2019. We have just signed the Entertainer of the Year, Mr. Doug Gabriel and Family—all new variety show, live all the way from his theater in Branson, Missouri. This is one show you do not want to miss!

Seats will be at the tables. Cost will be \$40 each for members; guest seats will be \$45 each.

**SHA-BOOM EVENTS CLUB
IS PROUD TO PRESENT
THE DECADES DANCE AND SHOW
CHRISTMAS PARTY**

WHAT: Decades Dance and Show Christmas Party

WHEN: Sunday, December 9

WHERE: The Berger Center

TIME: Doors open at 5:30 p.m., music from 6:30–9:30 p.m.

COST: Members \$22, member's guest \$25 and non-members \$30. Best deal \$34 includes one-year membership and the party.

FOOD: You may bring your own food, snacks and beverage of choice. The Sha-Boom Events Club will supply lemon water, ice, coffee and cookies for all to enjoy.

Please note this show is now 65% sold out—you have been warned.

You watched them on the Green at the golf course last summer now you can see them up close and personal. Are you ready for a great night of music and dancing to ring in the Christmas season then you will not want to miss?

Do not forget the Sha-Boom Club will put on the New Year's Eve Party on December 31. Details to follow.

If you have any questions please feel free to call us at 539-6666 or E-mail us at haversonr@comcast.net.

See you all there. You should hurry as this will sell out fast.

Please do not forget to put all names of your party and payments in one envelope to guarantee you will all be sitting together as we fill seats at a table as your payment is received. If someone pays later they may not be able to sit at your table. Make checks payable to Sha-Boom and you may put them in our folder at the OVA office or mail them to 7111 Oak Leaf Drive, Santa Rosa, Ca. 95409. Or drop them in my mail box—right side of my driveway, brass mail slot.

Table Tennis Club



■Tom Gilmer

The Oakmont Table Tennis Club invites players of all ages and skill levels to join in the fun. We play in the air conditioned second floor of the West Recreation Center.

We recently added Friday afternoon from 4–6 p.m. to our playing schedule. This is a significant enhancement to the reduced schedule we were originally assigned as a result of the East Rec. repairs.

We now have open play on Wednesdays from noon to 2:30 p.m., Thursdays from 3–5:30 p.m., Fridays from 4–6 p.m. and Sundays from 2–4:30 p.m. Members can also play on Sundays from noon to 2 p.m., but need to prearrange with other players to join them.

We play for fun and enjoyment, usually doubles. There are no dues—just show up ready to play. We also have occasional social events for members and their significant others, including a New Year's Eve Party and a summer picnic.

Contact me at 791-7448 or Ruth Snyder at 230-2491 for additional information.



Let's Dance—Together!

■Terry Whitten

INTRODUCTION TO WEST COAST SWING

WHAT: Beginning West Coast Swing partner dance classes

WHEN: Wednesdays, November 7 and 14 from 4–5:15 p.m.

WHERE: Lower West Rec.

COST: \$9 pp for single class; \$14 pp for both classes

West Coast Swing (WCS) is the official state dance of California and is one of the most popular partner dances in Sonoma County as well as throughout the US and internationally.

WCS was born in California in the 1940's and is a smooth swing dance that is usually danced to slower music than Jitterbug or East Coast Swing. It is a fun and versatile dance that can be danced to a wide range of music including Rhythm & Blues, Country Western, Disco, Rock and contemporary Pop tunes.

Because of the upcoming holiday season, we are limited to two classes in which the most basic steps of WCS will be taught. If there is interest in more classes, they can be scheduled for the future.

As before, no partners or experience are required. We will rotate partners during the classes.

Join us for a fun way to get exercise. Some studies also indicate that partner dancing may actually increase mental acuity and reduce the possibility of cognitive decline. It is definitely good for our muscles, balance, brains and spirit!

Please let me know if you have any questions. You can email me (Terry Whitten) at twhitten@pacbell.net or call me at (415) 265-7590 (cell.) I hope to see you on the dance floor!

SIR Robert Ripley Branch #53



■Al Haggerty

NEW ACTIVITY GROUPS

SIR Robert Ripley Branch #53 is not just a social group that meets once a month for lunch and congenial conversation. The branch is establishing new activity groups to give members a chance to interact throughout the month.

These groups include golf, dining with friends, poker, day tours, historical interests and wine tasting, according to Ed Kelleher, chair of the Member Relations and Recruiting Committee. With the theme "Have Fun with Your Friends," Kelleher stressed that SIR members can engage in activities with fellow members all month long, not just at the monthly meeting.

The first event of the day tours group, set for Saturday, Dec. 1, will be a visit to the annual open house at the Luther Burbank Gardens in Santa Rosa. The group will carpool from the Berger Center at 10 a.m. The open house runs from 10 a.m. to 4 p.m. and includes a fascinating tour of the holiday-themed center and its surrounding gardens. Refreshments include mouth-watering cookies.

The golf group, which holds a variety of cash-prize tournaments throughout the golfing season, will hold a luncheon at 1:30 p.m. on Nov. 9 at the Quail Inn.

The historical interest group is seeking a speaker for its first event, tentatively scheduled for next January. For more information, contact Kelleher at 521-9851.

The book discussion group, currently inactive, will be reactivated if there is enough interest among the members.

Zentangle™ Art Classes



■Betsy Smith

Explore your creative side with the Zentangle™ art technique. If you can draw a dot, line, squiggly, circle or square, etc., you can do the Zentangle™ Art Method. You do not have to have attended any other Zentangle™ class to come. Everyone is welcome!

Monday, October 22: Let's tangle leaves. It is time for fall decorations!

Monday, November 12: Cornucopias

Monday, November 26: Holiday trees

TIME: 4:30–6 p.m.

WHERE: Central Activity Center Art Room

COST: \$10 per class

INFO: All supplies provided. Be sure to register before class starts to have a space. Please E-mail me at bsmith@sonic.net

GOODWIN

Continued from page 1

In announcing Goodwin's resignation at the Oct. 16 board meeting, Spanier said, "I want to thank Greg for his service to the community. We are all in debt for the many hours he has spent working for the community."

In his letter to Spanier, Goodwin stressed that he had "always based my decisions and voted with my original pledge to always keep three things uppermost in mind: safety of the community; budget (fiscal responsibility); and service ensuring that our recreational facilities were properly maintained and upgraded."

But, he said, "I became aware that it is now time for me to leave because I realize that while being in the arena is an achievement, it is a hollow experience when I have little or no board influence and cannot make a difference in the direction Oakmont is heading. I wish this board well in its future endeavors."

Oakmont governing rules require a special election to be held if the board does not appoint a replacement member within 30 days. "We want to encourage everyone who might be interested in being appointed to the remainder of Greg's term to put together a résumé and submit it to the OVA office," Spanier said. He said several residents have already applied.

BUDGET

Continued from page 1

The budget totally funds the organization's formal capital improvement fund (CIF) for the first time and puts Oakmont on a pay-as-you-go status, according to Elke Strunka, OVA Treasurer.

Strunka said the CIF, which provides for newly constructed or acquired assets and for major renovations, sits at \$700,000, and will be shored up by a \$465,000 transfer in 2019. "At the end of 2019, after paying for budgeted expenditures of approximately \$459,000, we will see what our capital expenses are for the following year and replenish the fund as needed," she said.

The budget calls for transferring \$1.034 million to the Asset Replacement Fund for work at the Central Activities Center, including replastering the pool and spa, converting the pool to saltwater and updating the cabana. The CAC landscaping also will be upgraded.

A \$1.6 million loan earmarked as part of the East Rec. renovation project will be used in the "short run to smooth out the dues on an annual basis," Strunka said.

The budget is based on 4,785 paying members, up from 4,730 in 2018.

VETERANS Continued from page 1

based in Italy, 1st Lt. Douglas flew 30 missions as a B-17 pilot before being shot down over Hungary. He and his crew were forcibly marched to prisoner of war camp Stalag 7A in Southern Germany where they were liberated by General Patton's Army. Douglas, 95 years old, has lived in Oakmont for 20 years.

Gordon Duffy: A gunnery officer on cruiser and cargo ships in the Philippines during the war, Navy Lieutenant j.g. Duffy had the crucial job of making sure the ship's guns were in crack condition for battle. Lt. Duffy, who is 94 and has lived in Oakmont for 15 years, says: "My war was partly boring and partly sheer terror." Stationed in the Pacific, he was in range of the Kamikaze, the Japanese suicide bombers notorious for crashing into warships and destroying them. More than 7,000 naval servicemen were killed by Kamikaze attacks during the war.

Taylor Finlay: Based in England with the Army Air Corps, Finlay piloted C-47s with a Troop Carrier Group that dropped British paratroopers. He participated in the famed Varsity Paratroop in 1945, a massive operation that secured an Allied foothold in Germany. It involved more than 16,000 paratroopers and several thousand aircraft, the largest single-day airborne operation in history. Finlay, an Oakmont resident for 22 years, is well known for his love of music. During the war, he often played saxophone with morale boosting bands that entertained troops.

Arend Folkens: Not your ordinary Oakmonter, Folkens is 98 years old, has lived in Oakmont for 38 years, and during World War II participated in the New Guinea Campaign in the South Pacific that resulted in a crushing defeat for Japan. A Coast Guard radarman, Folkens was responsible for operating and maintaining radar equipment, handling emergency repairs as his warship went into combat areas in the Pacific. "We followed in the path of MacArthur on his trek to the Philippines," he's proud to tell you. These days, you'll find Folkens playing a mean game of dominoes at the CAC.

Wendell Freeman: A Technical Sergeant in the Marine Corps, Freeman was assigned to the operating crew of the first radar equipment obtained by the Corps and was out at sea with radar equipment for installation on Wake Island when Pearl Harbor was attacked. Sgt. Freeman fought in both the invasion of Saipan and the surprise attack on the Tinian Islands, strategic Pacific campaign victories that left the Japanese mainland within range of Allied bombers. Freeman, who is 96, has lived in Oakmont for 31 years.

Bob Kalsey: In 1942, Bob Kalsey was 17 and working at an iron works converted to wartime manufacturing of Liberty Ship engines and rocket launchers when he was required to register for the draft. "I could have received a duration deferment since I was in the defense industry," he says, "but I chose to register and was inducted into the Army." His assignment to the 89th Infantry Signal Corps was short-lived. While in training, he was severely injured and discharged. He returned to his job at the defense plant. Kalsey, now 93, is a member of Disabled American Veterans.

Lee Kendall-Paine: A special wall in Oakmont Gardens named the "Wall of Honor" proudly displays framed portraits of residents with recognition of their service in major wars. Here you will find Lance Cpl. Lee Kendall-Paine who was drafted at 18 to serve in England's Auxiliary Territorial Service (ATS), the women's branch of the British Army during World War II. ATS women did essential work, from repairing trucks to ambulance driving. Lee's job was to drive small tanks. She is 92 and a resident of Oakmont for 15 years.

Wendell McHenry: McHenry, known by all as "Mac," was appointed to the Naval Academy at Annapolis in 1940 and commissioned an Ensign in 1945. McHenry stayed in the Navy 35 years, ending

up a 2-Star Admiral. "I enjoyed the Navy, I had a wonderful career," he says. "And I worked blasted hard to become a two-star admiral." McHenry served during World War II, the Korean War and Vietnam War. Now 96, he recently moved to Oakmont Gardens where his photo will be placed on the Wall of Honor.

Eldon Modisette: "Armed invasions are dangerous. Some of the infantry companies who stormed Omaha Beach and went to fight in France and Germany had casualty rates of 100 per cent." This from Eldon Modisette, who served in the Army in the European Theater. After victory in Europe and the end of the European War, Modisette's infantry division was scheduled to engage in a later invasion of Japan. "Luckily," he said, "I was saved by the atom bomb." Modisette returned to the United States and two days later heard "with enormous relief" that Japan surrendered. Now 94, he has lived in Oakmont for 30 years.

Rosemary Parks: An Oakmont resident for a record book 44 years, Parks was born in London and a member of England's spunky WAAFs during World War II. The Women's Auxiliary Air Force was the female auxiliary of the Royal Air Force. Parks was in the Transport division, driving Britain's young air crews to assignments all over England. "During the 4½ years of my service I learned to co-exist with all types of human beings," she says, "including sharing a house with the daughter of a knight." Parks moved to the United States in 1974, marrying a man who lived in Oakmont.



■Rosemary Waller



FABULOUS LINCOLN TRIO SEASON OPENER

Chicago's distinguished Lincoln Piano Trio opens Music at Oakmont's 2018-19 season. Members of the Trio are Desirée Ruhstrat, violin; David Cunliffe, cello; and Marta Aznavoorian, piano. For their Nov. 8 concert, the longtime Oakmont favorites have selected works by Fauré, Piazzolla, Brahms, and Daron Hagen. For program details and complete notes, please visit our website www.musicatoakmont.org.

DONOR DRIVE AND SEASON PASSES

Many thanks to the Oakmont Community Foundation for partnering in our 2018 Donor Drive, and to all who have so generously donated. If you haven't yet contributed and would like to do so, donor envelopes will be available at the concert. Make checks out to Oakmont Community Foundation, "Music at Oakmont" on the memo line.

You may purchase 2018-19 season passes at the Nov. 8 concert. The pass provides admittance to all eight concerts, including Nov. 8. The cost is \$140: eight concerts for the price of seven, cash or check made out to Music at Oakmont. For those with 2017-18 passes, your cost is just \$120, since you have already paid for the rescheduled Jan. 31 concert. Single admission remains at \$20, at the door, cash or check made out to Music at Oakmont. Doors open at 1 p.m. Seating is unreserved.

PROGRAM NOTES EXCERPT

Astor Piazzolla, Autumn, from The Four Seasons of Buenos Aires: Almost 250 years after Vivaldi's *Seasons*, Piazzolla began his *Four Seasons of Buenos Aires*. Born in Argentina to Italian parents, Piazzolla grew up in New York City. His father spotted a bandoneón (a small accordion-like instrument, mainstay of the tango band) in a pawn shop and bought it for his son. By age 13 Astor was a prodigy. Tango master Carlos Gardel invited him to join his concert tour. Astor's father said no, the boy was too young. A fortuitous decision: on that tour, Gardel and his entire band perished in a plane crash.

In 1937 Piazzolla returned to Argentina to study composition with Alberto Ginastera. He won a grant in 1954 for lessons in Paris with the legendary Nadia Boulanger. Piazzolla colorfully describes the experience: "When I met her I showed her my kilos of symphonies and sonatas. She started to read them and suddenly came out with a horrible sentence: 'It's very well written.' And stopped, with a big period, round like a soccer ball. After a long while, she said: 'Here you are like Stravinsky, like Bartók, like Ravel, but I can't find Piazzolla.' She kept asking, 'You say that you are not a pianist. What instrument do you play?' Finally I confessed that I was a bandoneón player, and she asked me to play a tango of my own. She suddenly took my hand and told me: 'You idiot, that's Piazzolla.' And I took all the music I had composed, ten years of my life, and sent it to hell in two seconds."

WHAT: Lincoln Piano Trio
WHEN: Thursday, November 8, 1:30 p.m.
WHERE: Berger Center
ADMISSION: \$20, or season pass

Create Share Inspire
Craft Guild Meeting

■Nanette Garner

Monday, November 12 at 1 p.m. at the Upper West Rec. Center is the Craft Guild's end-of-the year party and our last gathering until January. Please bring a snack or dessert to share. A preview of next year's activities will be presented.

Star of the Valley Women's Club

■Joey Cuneo

PRESS RELEASE

Star of the Valley Women's Club in Oakmont, has launched its 2019 Membership Drive, and invites all women in the area—not just Catholics—to become members.

The Women's Club promotes the spiritual and social life of its members, and engages in community service and fund raising for parish needs. There are five luncheons during the year including the annual Fashion Show and Silent Auction to be held on May 8, 2019. In addition, there are six Bridge luncheons throughout the year.

Members will receive an annual directory of members at the January 9, 2019 meeting. Annual dues are \$20 and payable at the Parish Center Office, 495 White Oak Drive. Please make checks payable to SOV Women's Club and place in the Women's Club box at the Parish Center. To be included in the 2019 directory, dues must be received no later than November 30.

For questions please contact Paula Scull, Membership Chair, (760) 809-2760, pscull@me.com.

NOVEMBER 2018

This calendar does not reflect all events scheduled. Changes made on or after the 15th may not be reflected.

SUN MON TUES WED THURS FRI SAT

Monthly Event Calendar
is also available online at
www.oakmontvillage.com/calendar

AR Art Room (Central Activity Center) **D** Berger Center
B Meeting Room (Central Activity Center) **E** East Recreation Center
Suite B OVA Office **EC** East Conference Room
BC Berger Center **G** Berger Center
BCFS Berger Center Fireside Room **LCR** Large Conference Room in OVA Office
CR Card Room (Central Activity Center) **LW** Lower West Recreation Center
UW Upper West Recreation Center

1
 9:00 AM Tai Chi for Beginners **BC**
 9:00 AM Forrest Yoga **LW**
 9:00 AM Pickle Open Play **E Pickleball Ct**
 9:00 AM Pinochle Daytime **CR**
 9:30 AM Painter's Open Studio **AR**
 10:00 AM Spanish Class Inter **B**
 10:00 AM Domino Club **CR**
 10:30 AM Chair Stretch Class **LW**
 10:30 AM Men's Bible Study Suite **B**
 11:30 AM A Course of Miracles **G**
 12:00 PM Art Association Drawing **AR**
 12:30 PM Lawn Bowling
 12:30 PM Chess **CR**
 1:00 PM Bocce
 2:00 PM Dance Practice **LW**
 3:00 PM Table Tennis **UW**
 4:30 PM Strength & Balance **LW**
 6:00 PM Enneagram **B**
 7:00 PM Bridge Mixed **CR**

2
 9:00 AM Holistic Yoga **LW**
 9:00 AM Pickle Open Play **E Pickleball Ct**
 9:00 AM OHI Free Fitness **BC**
 9:30 AM Balance and Strength **UW**
 9:30 AM Bridge **CR**
 10:15 AM Women's Yoga **LW**
 10:15 AM Ladies Friendship Bible **LCR**
 12:30 PM Lawn Bowling
 12:30 PM Duplicate Bridge **CR**
 1:00 PM Bocce
 1:00 PM Oakmont Billiard **E Golf Club**
 1:00 PM Painter's Open Studio **AR**
 2:00 PM Interval Training **LW**
 2:00 PM Oakmont Jazz Club **B**
 4:00 PM Table Tennis **UW**

3
 7:30 AM Pilates **UW**
 8:45 AM Pilates **UW**
 9:00 AM Drop-In Tennis **WT**
 9:00 AM Pickle Open Play **E Pickleball Ct**
 9:30 AM Bridge **CR**
 9:45 AM Petanque
 10:00 AM Tap Practice Adv **LW**
 10:30 AM Meditation **B**
 12:30 PM Lawn Bowling
 1:00 PM Bocce
 1:00 PM Just For Fun Game **CR**

4
 9:00 AM Pickle Open Play **E Pickleball Ct**
 10:30 AM Community Church **CR AR**
 12:00 PM Table Tennis **UW**

5
 8:45 AM Holistic Yoga **LW**
 9:00 AM Pickle Open Play **E Pickleball Ct**
 9:00 AM OHI Free Fitness **BC**
 9:00 AM Visual Aids **UW**
 10:00 AM Women's Yoga **LW**
 11:30 AM Line Dancing **LW**
 12:00 PM Canasta **CR**
 12:30 PM Lawn Bowling
 12:30 PM American Mah Jongg **Suite B**
 1:00 PM Bocce
 1:00 PM Oakmont Billiard **E Golf Club**
 1:00 PM Bridge Practice **CR**
 2:00 PM Interval Training **LW**
 2:00 PM Playreaders **B**
 2:00 PM Oakmont Cannabis Club **UW**
 3:00 PM Oakmont Lifelong Learning **BC**
 3:00 PM Circulo Español **LCR**
 4:00 PM Le Cercle Français **D**
 6:15 PM Line Dancing **BC**
 6:45 PM Contract Bridge **CR**

6
 7:00 AM Sonoma County Elections **UW**
 8:30 AM Oakmont Car Club **CR**
 8:45 AM Foam Roller **LW**
 9:00 AM Pickle Open Play **E Pickleball Ct**
 9:00 AM Women's of Faith Bible **B**
 10:00 AM Pickle Beg **E Pickleball Ct**
 10:00 AM Tap Class Adv **LW**
 10:00 AM Pickle Orient **E Pickleball Ct**
 10:00 AM Card Making **AR**
 10:30 AM Oakmont Music Lovers **BC**
 11:15 AM Tap Class Inter **LW**
 12:00 PM Cribbage Players **CR**
 12:30 PM Forrest Yoga **LW**
 12:30 PM Lawn Bowling
 1:00 PM Bocce
 1:00 PM OVA BoD Mtg Wrkshop **BC**
 1:30 PM Needles & Hooks **AR**
 1:30 PM Drop-In Chess **CR**
 2:00 PM Chair Stretch Class **LW**
 3:00 PM Women's Discussion Group **B**
 3:30 PM Le Cercle Français **G**
 4:00 PM Meditation **AR**
 4:00 PM Short Story Book Club **Suite B**
 4:30 PM Aerobics **LW**
 6:00 PM Dance Practice **LW**
 6:00 PM Duplicate Bridge **CR**

7
 8:30 AM Pilates **LW**
 9:00 AM Pickle Open Play **E Pickleball Ct**
 9:00 AM OHI Free Fitness **BC**
 9:30 AM Bridge Practice **CR**
 9:45 AM Petanque
 10:00 AM Tai Chi Chuen **LW**
 10:00 AM Art Association Drawing **AR**
 10:30 AM Blood Pressure **D**
 10:45 AM Men & Women's Yoga **LW**
 12:00 PM Beginning Tap **LW**
 12:00 PM Table Tennis **UW**
 12:00 PM Canasta **CR**
 12:30 PM Lawn Bowling
 12:30 PM Bridge **CR**
 1:00 PM Bocce
 2:00 PM Interval Training **LW**
 3:00 PM Cafe Mortel **B**
 3:30 PM Let's Dance Together **LW**
 6:15 PM Line Dancing **BC**
 7:00 PM Women to Women **CR**

8
 9:00 AM Tai Chi for Beginners **G**
 9:00 AM Forrest Yoga **LW**
 9:00 AM Pickle Open Play **E Pickleball Ct**
 9:00 AM Pinochle Daytime **CR**
 9:30 AM Painter's Open Studio **AR**
 10:00 AM Spanish Class Inter **B**
 10:00 AM Domino Club **CR**
 10:30 AM Chair Stretch Class **LW**
 10:30 AM Men's Bible Study **Suite B**
 11:30 AM A Course of Miracles **G**
 12:00 PM Art Association Drawing **AR**
 12:30 PM Lawn Bowling
 12:30 PM Chess **CR**
 1:00 PM Bocce
 1:00 PM Music at Oakmont **BC**
 2:00 PM Dance Practice **LW**
 4:30 PM Strength & Balance **LW**
 6:30 PM Just For Fun Game **CR**
 6:30 PM Pinochle **CR**

9
 9:00 AM Holistic Yoga **LW**
 9:00 AM Pickle Open Play **E Pickleball Ct**
 9:30 AM Balance and Strength **UW**
 9:30 AM Bridge **CR**
 10:00 AM Ikebana **AR**
 10:00 AM InvestOAK **B**
 10:00 AM Art Association **BC**
 10:15 AM Women's Yoga **LW**
 10:15 AM Ladies Friendship Bible **Suite B**
 12:30 PM Lawn Bowling
 12:30 PM Duplicate Bridge **CR**
 1:00 PM Current Event **UW**
 1:00 PM Bocce
 1:00 PM Oakmont Billiard **E Golf Club**
 1:00 PM Painter's Open Studio **AR**
 2:00 PM Interval Training **LW**
 4:00 PM Table Tennis **UW**

10
 7:30 AM Pilates **UW**
 8:45 AM Pilates **UW**
 9:00 AM Drop-In Tennis **WT**
 9:00 AM Pickle Open Play **E Pickleball Ct**
 9:30 AM Bridge **CR**
 9:45 AM Petanque
 10:00 AM Tap Practice Adv **LW**
 10:30 AM Meditation **B**
 12:30 PM Lawn Bowling
 1:00 PM Bocce
 1:00 PM Just For Fun Game **CR**

11
 9:00 AM Pickle Open Play **E Pickleball Ct**
 10:30 AM Sunday Symposium **CR AR**
 10:30 AM Community Church **BC**
 12:00 PM Table Tennis **UW**
 2:00 PM Movies at Oakmont **BC**
 7:00 PM Movies at Oakmont **BC**

12
 8:45 AM Holistic Yoga **UW**
 9:00 AM Pickle Open Play **E Pickleball Ct**
 9:00 AM Visual Aids **UW**
 10:00 AM Women's Yoga **LW**
 11:30 AM Line Dancing **LW**
 12:00 PM Canasta **CR**
 12:30 PM Lawn Bowling
 1:00 PM Bocce
 1:00 PM Craft Guild **UW**
 1:00 PM Oakmont Billiard **E Golf Club**
 1:00 PM Bridge Practice **CR**
 12:00 PM Veterans Day Event **BC**
 2:00 PM Interval Training **LW**
 2:00 PM Playreaders **B**
 3:00 PM Circulo Español **LCR**
 4:00 PM Le Cercle Français **D**
 4:30 PM Zentangle **AR**
 6:00 PM Oakmont Progressives **UW**
 6:15 PM Line Dancing **BC**
 7:00 PM Single Malt Scotch Club **B**
 7:00 PM Bunco Ladies Night **CR**

13
 8:30 AM Oakmont Car Club **CR**
 8:45 AM Foam Roller **LW**
 9:00 AM Pickle Open Play **E Pickleball Ct**
 9:00 AM Women's of Faith Bible **B**
 10:00 AM Pickle Beg **E Pickleball Ct**
 10:00 AM Tap Class Adv **LW**
 10:00 AM Pickle Orient **E Pickleball Ct**
 11:00 AM Sir-92 Luncheon Mtg. **BC**
 11:15 AM Tap Class Inter **LW**
 12:00 PM Cribbage Players **CR**
 12:30 PM Forrest Yoga **LW**
 12:30 PM Lawn Bowling
 1:00 PM Bocce
 1:30 PM Needles & Hooks **AR**
 2:00 PM Chair Stretch Class **LW**
 3:00 PM Oakmont Lanes **UW**
 3:30 PM Le Cercle Français **G**
 3:30 PM Parliamo Italiano **D**
 4:00 PM Meditation **AR**
 4:30 PM Aerobics **LW**
 6:00 PM Dance Practice **LW**
 6:00 PM Duplicate Bridge **CR**

14
 8:30 AM Pilates **LW**
 9:00 AM Pickle Open Play **E Pickleball Ct**
 9:00 AM OHI Free Fitness **BC**
 9:30 AM Bridge Practice **CR**
 9:45 AM Petanque
 10:00 AM Tai Chi Chuen **UW**
 10:00 AM Card Making **AR**
 10:30 AM Caregiver Support Group **B**
 10:30 AM Blood Pressure **D**
 10:45 AM Men & Women's Yoga **LW**
 12:00 PM Beginning Tap **LW**
 12:00 PM Table Tennis **UW**
 12:00 PM Canasta **CR**
 12:30 PM Lawn Bowling
 12:30 PM Bridge **CR**
 1:00 PM Bocce
 1:00 PM Quilting Bee **AR**
 2:00 PM Interval Training **LW**
 3:30 PM Hiking Club **B**
 3:30 PM Let's Dance Together **LW**
 6:15 PM Line Dancing **BC**
 7:00 PM Oakie Folkies **UW**

15
 8:30 AM Kiwanis **BC FS**
 9:00 AM Tai Chi for Beginners **G**
 9:00 AM Forrest Yoga **LW**
 9:00 AM Pickle Open Play **E Pickleball Ct**
 9:00 AM Pinochle Daytime **CR**
 9:30 AM Painter's Open Studio **AR**
 10:00 AM Spanish Class Inter **B**
 10:00 AM Domino Club **CR**
 10:30 AM Chair Stretch Class **LW**
 10:30 AM Men's Bible Study **Suite B**
 11:00 AM Sir 53 Luncheon Mtg **BC**
 11:30 AM A Course of Miracles **G**
 12:00 PM Art Association Drawing **AR**
 12:30 PM Lawn Bowling
 12:30 PM Chess **CR**
 1:00 PM Bocce
 2:00 PM Dance Practice **LW**
 3:00 PM Table Tennis **UW**
 4:30 PM Strength & Balance **LW**
 6:30 PM Democratic Club **Suite B**
 6:00 PM Enneagram **B**
 7:00 PM Bridge Mixed **CR**

16
 9:00 AM Holistic Yoga **LW**
 9:00 AM Pickle Open Play **E Pickleball Ct**
 9:00 AM OHI Free Fitness **BC**
 9:30 AM Balance and Strength **UW**
 9:30 AM Bridge **CR**
 10:15 AM Women's Yoga **LW**
 10:15 AM Ladies Friendship Bible **LCR**
 12:30 PM Lawn Bowling
 12:30 PM Duplicate Bridge **CR**
 1:00 PM Current Event **UW**
 1:00 PM Bocce
 1:00 PM Oakmont Billiard **E Golf Club**
 1:00 PM Painter's Open Studio **AR**
 2:00 PM Interval Training **LW**
 4:00 PM Table Tennis **UW**

17
 7:30 AM Pilates **UW**
 8:45 AM Pilates **UW**
 9:00 AM Drop-In Tennis **WT**
 9:00 AM Pickle Open Play **E Pickleball Ct**
 9:30 AM Bridge **CR**
 9:45 AM Petanque
 10:00 AM Tap Practice Adv **LW**
 10:30 AM Meditation **B**
 12:30 PM Lawn Bowling
 1:00 PM Bocce
 1:00 PM Parkinson Support Group **B**
 1:00 PM Just For Fun Game **CR**
 1:30 PM OakMUG **UW**

18
 9:00 AM Pickle Open Play **E Pickleball Ct**
 10:30 AM Sunday Symposium **BC**
 10:30 AM Community Church **CR AR**
 12:00 PM Table Tennis **UW**
 2:00 PM Movies at Oakmont **BC**
 7:00 PM Movies at Oakmont **BC**

19
 8:45 AM Holistic Yoga **LW**
 9:00 AM Pickle Open Play **E Pickleball Ct**
 9:00 AM OHI Free Fitness **BC**
 9:00 AM Visual Aids **UW**
 10:00 AM Women's Yoga **LW**
 10:30 A Bridge to Nowhere
 11:30 AM Line Dancing **LW**
 12:00 PM Canasta **CR**
 12:30 PM Lawn Bowling
 12:30 PM American Mah Jongg **Suite B**
 1:00 PM Bocce
 1:00 PM Oakmont Art Critique **AR**
 1:00 PM Oakmont Billiard **E Golf Club**
 2:00 PM Interval Training **LW**
 2:00 PM Playreaders **B**
 2:00 PM Bridge Practice **CR**
 3:00 PM Canine Club **UW**
 3:00 PM Circulo Español **LCR**
 4:00 PM Le Cercle Français **D**
 6:15 PM Line Dancing **BC**
 6:45 PM Contract Bridge **CR**

20
 8:30 AM Oakmont Car Club **CR**
 8:45 AM Foam Roller **LW**
 9:00 AM Pickle Open Play **E Pickleball Ct**
 9:00 AM Women's of Faith Bible **B**
 9:30 AM Garden Club **BC**
 10:00 AM Pickle Beg **E Pickleball Ct**
 10:00 AM Tap Class Adv **LW**
 10:00 AM Pickle Orient **E Pickleball Ct**
 11:15 AM Tap Class Inter **LW**
 12:00 PM Cribbage Players **CR**
 12:30 PM Forrest Yoga **LW**
 12:30 PM Lawn Bowling
 1:00 PM Bocce
 1:00 PM OVA BoD Monthly Mtg. **BC**
 1:30 PM Needles & Hooks **AR**
 1:30 PM Drop-In Chess **CR**
 2:00 PM Parliamo Italiano **G**
 2:00 PM Chair Stretch Class **LW**
 3:00 PM Women's Discussion Group **B**
 3:00 PM Oakmont Lanes **UW**
 3:30 PM Le Cercle Français **G**
 4:00 PM Meditation **AR**
 4:30 PM Aerobics **LW**
 6:00 PM Dance Practice **LW**
 6:00 PM Duplicate Bridge **CR**

21
 8:30 AM Pilates **LW**
 9:00 AM Pickle Open Play **E Pickleball Ct**
 9:00 AM OHI Free Fitness **BC**
 9:30 AM Bridge Practice **CR**
 9:45 AM Petanque
 10:00 AM Tai Chi Chuen **UW**
 10:00 AM Art Association Drawing **AR**
 10:30 AM Blood Pressure **D**
 10:45 AM Men & Women's Yoga **LW**
 12:00 PM Beginning Tap **LW**
 12:00 PM Table Tennis **UW**
 12:00 PM Canasta **CR**
 12:30 PM Lawn Bowling
 12:30 PM Bridge **CR**
 1:00 PM Bocce
 2:00 PM Interval Training **LW**
 3:30 PM Let's Dance Together **LW**
 6:15 PM Line Dancing **BC**

22

 Happy Thanksgiving

23
 9:00 AM Holistic Yoga **LW**
 9:00 AM Pickle Open Play **E Pickleball Ct**
 9:00 AM OHI Free Fitness **BC**
 9:30 AM Balance and Strength **UW**
 9:30 AM Bridge **CR**
 10:00 AM Ikebana **AR**
 10:15 AM Women's Yoga **LW**
 12:30 PM Lawn Bowling
 12:30 PM Duplicate Bridge **CR**
 1:00 PM Current Event **UW**
 1:00 PM Bocce
 1:00 PM Oakmont Billiard **E Golf Club**
 1:00 PM Painter's Open Studio **AR**
 2:00 PM Interval Training **LW**
 4:00 PM Table Tennis **UW**

24
 7:30 AM Pilates **UW**
 8:45 AM Pilates **UW**
 9:00 AM Drop-In Tennis **WT**
 9:00 AM Pickle Open Play **E Pickleball Ct**
 9:30 AM Bridge **CR**
 9:45 AM Petanque
 10:00 AM Tap Practice Adv **LW**
 10:30 AM Meditation **B**
 12:30 PM Lawn Bowling
 1:00 PM Bocce
 1:00 PM Just For Fun Game **CR**

25
 9:00 AM Pickle Open Play **E Pickleball Ct**
 10:30 AM Community Church **CR AR**
 12:00 PM Table Tennis **UW**
 2:00 PM Movies at Oakmont **BC**
 7:00 PM Movies at Oakmont **BC**

26
 8:45 AM Holistic Yoga **LW**
 9:00 AM Pickle Open Play **E Pickleball Ct**
 9:00 AM OHI Free Fitness **BC**
 9:00 AM Visual Aids **UW**
 10:00 AM Women's Yoga **LW**
 11:30 AM Line Dancing **LW**
 12:00 PM Canasta **CR**
 12:30 PM Lawn Bowling
 1:00 PM Genealogy **UW**
 1:00 PM Bocce
 1:00 PM Oakmont Billiard **E Golf Club**
 2:00 PM Interval Training **LW**
 2:00 PM Playreaders **B**
 3:00 PM Circulo Español **LCR**
 4:00 PM Le Cercle Français **D**
 4:30 PM Zentangle **AR**
 6:15 PM Line dancing **BC**

27
 8:30 AM Oakmont Car Club **CR**
 8:45 AM Foam Roller **LW**
 9:00 AM Pickle Open Play **E Pickleball Ct**
 9:00 AM Women's of Faith Bible **B**
 10:00 AM Pickle Beg **E Pickleball Ct**
 10:00 AM Tap Class Adv **LW**
 10:00 AM Pickle Orient **E Pickleball Ct**
 11:15 AM Tap Class Inter **LW**
 12:00 PM Cribbage Players **CR**
 12:30 PM Forrest Yoga **LW**
 12:30 PM Lawn Bowling
 1:00 PM Bocce
 1:30 PM Needles & Hooks **AR**
 1:30 PM Drop-In Chess **CR**
 2:00 PM Parliamo Italiano **G**
 2:00 PM Chair Stretch Class **LW**
 3:00 PM Oakmont Lanes **UW**
 3:30 PM Le Cercle Français **G**
 4:00 PM Meditation **AR**
 4:30 PM Aerobics **LW**
 6:00 PM Dance Practice **LW**
 6:00 PM Duplicate Bridge **CR**

28
 8:30 AM Pilates **LW**
 9:00 AM Pickle Open Play **E Pickleball Ct**
 9:00 AM OHI Free Fitness **BC**
 9:30 AM Bridge Practice **CR**
 9:45 AM Petanque
 10:00 AM Tai Chi Chuen **LW**
 10:00 AM Art Association Drawing **AR**
 10:30 AM Caregiver Support Group **B**
 10:30 AM Blood Pressure **D**
 10:45 AM Men & Women's Yoga **LW**
 12:00 PM Beginning Tap **LW**
 12:00 PM Table Tennis **UW**
 12:00 PM Canasta **LW**
 12:30 PM Lawn Bowling
 12:30 PM Bridge **CR**
 1:00 PM Bocce
 1:00 PM Quilting Bee **AR**
 2:00 PM Interval Training **LW**
 3:30 PM Let's Dance Together **LW**
 6:15 PM Line Dancing **BC**
 7:00 PM Oakie Folkies **UW**

29
 8:30 AM Kiwanis **BC FS**
 9:00 AM Tai Chi for Beginners **G**
 9:00 AM Forrest Yoga **LW**
 9:00 AM Pickle Open Play **E Pickleball Ct**
 9:00 AM Pinochle Daytime **CR**
 9:30 AM Painter's Open Studio **AR**
 10:00 AM Spanish Class Inter **B**
 10:00 AM Domino Club **B**
 10:30 AM Chair Stretch Class **LW**
 10:30 AM Men's Bible Study **Suite B**
 11:30 AM Course of Miracles **G**
 12:30 PM Lawn Bowling
 12:30 PM Chess
 1:00 PM Bocce
 2:00 PM Dance Practice **LW**
 3:00 PM Table Tennis **UW**
 4:30 PM Strength & Balance **LW**
 5:00 PM Enneagram **B**
 6:30 PM Pinochle **CR**

30
 9:00 AM Holistic Yoga **LW**
 9:00 AM Pickle Open Play **E Pickleball Ct**
 9:00 AM OHI Free Fitness **BC**
 9:30 AM Balance and Strength **LW**
 9:30 AM Bridge **CR**
 10:15 AM Women's Yoga **LW**
 10:15 AM Ladies Friendship Bible **LCR**
 12:30 PM Lawn Bowling
 12:30 PM Duplicate Bridge **CR**
 1:00 PM Current Event **UW**
 1:00 PM Bocce
 1:00 PM Oakmont Billiard **E Golf Club**
 1:00 PM Painter's Open Studio **AR**
 2:00 PM Interval training **LW**
 4:00 PM Table Tennis **UW**

30
 7:30 AM Pilates **UW**
 8:45 AM Pilates **UW**
 9:00 AM Drop-In Tennis **WT**
 9:00 AM Pickle Open Play **E Pickleball Ct**
 9:30 AM Bridge **CR**
 9:45 AM Petanque
 10:00 AM Tap Practice Adv **LW**
 10:30 AM Meditation **B**
 12:30 PM Lawn Bowling
 1:00 PM Bocce
 1:00 PM Just For Fun Game **CR**

InvestOAK Club

■Dave White

Our goal is to advance members' knowledge and understanding of investment options and strategies for retirement. Membership experience ranges all the way from investment novice through those who have had a professional career in the financial world. There is no actual monetary aspect to the club's activities. Active member participation is encouraged.

The main topic will be Wealth Transfer, Part II: A Continuation of Ylisa Sanford's, CFP presentation by the InvestOAK members.

Interested Oakmont residents are invited to attend the next meeting which is Friday, November 9, 10–11:30 a.m., Room B, Central Activities Center. For further information contact me at dwhite747@hotmail.com.

Monday Night Partners Bridge

■Helen Hargrave

We meet the first and third Mondays from 6:45–8:45 p.m. in the Card Room in the Central Activity Center. We keep the same partner as we rotate through each table and keep a running score.

This is an ideal way to get started with contract bridge. Perhaps you are an experienced player and you'd like to work with a new partner, or just convince your spouse to try the game! Bring a partner and try an evening of bridge with us!

Questions: call coordinators Jeff Hickman at 282-9350 and me at 539-5511.



OAKMONT SUNDAY SYMPOSIUM

Berger Center, 7902 Oakmont Dr.
Sunday, 10:30 a.m.–12 noon
\$3 donation

www.oakmontsundaysymposium.org

NOVEMBER 4

No meeting in order to accommodate Oakmont Health Initiative fundraiser at Berger.

NOVEMBER 11: MARK RANDOL THE U.S. MERCHANT MARINE: UNSUNG HEROES OF WORLD WAR II

Mark Randol retired in 2011 after 35 years of military and federal civil service. He served as the senior specialist in domestic intelligence and counterterrorism at the Congressional Research Service in Washington D.C where he provided non-partisan research and policy analysis for members of Congress and their staffs. He currently consults on homeland security issues and teaches online undergraduate courses in terrorism and intelligence at Eastern Kentucky University.

One of the greatest and largely untold stories of World War II is the contribution of U.S. merchant mariners who manned the cargo ships and oil tankers bringing the arms, ammunition and other supplies to support fighting forces in Europe and the Pacific. Mr. Randol will discuss the importance of U.S. merchant shipping to support the allied war effort and describe how these ships and tankers provided critical supplies to sustain Great Britain and the Soviet Union as they fought the Nazi onslaught.

All Oakmont residents and their guests are welcome.

Pickleball Corner

■Melissa Bowers



CLUB BUSINESS

Mark your calendars to attend the bi-annual meeting on November 16 at 3 p.m. in Berger. We have a full agenda as a new club with six courts.

"LESSON FOR AN OLD DOG" BY VISITING AUTHOR DOC SAVARESE, AN OLD DOG HIMSELF!

With all the hoopla of the advantages of taking lessons to improve your game, a friend and I finally signed up to afford us the opportunity to experience it firsthand. The lesson started with a presentation of how important it is to bend your knees while hitting.

This was easier said than done considering my friend is 6'6", wears compression socks for better circulation, has arthritis, wears a back brace and is overweight. For me, I was standing there reflecting that I was wearing orthopedic insoles, knee brace, back brace, elbow brace, and kinesthetic tape on my shoulder and ankle. My doctor



Old Dog

Cartoon illustrated by top dog
Peter Copen.

says that it is even a marvel that I'm able to play with all my arthritis, and he wants us to bend our knees.

We started hitting by practicing dink shots where it was observed that grip pressure for better control should be at a four or five level on a one to ten basis and that we were gripping the paddle on a seven or eight level. It was also pointed out that side stepping is much better than cross stepping in retrieving a ball. Of course we both cross-stepped which often got us out of court position since you had to take an extra step in the direction you are going. I couldn't help but think that I was glad just to get to the ball.

We practiced the various routines to work on the third shot. Actually, we both did pretty well even though I seldom use this shot during a game. It was pointed out that I didn't approach the kitchen line after the third shot. Yep, I would just stay back and marvel at my good third shot and watch my opponent place a winning dink shot. We also worked on improving our serves. The best advice was that the lower you strike the ball, the more powerful the serve.

We concluded with a dialogue on what we learned and realized that practice must accompany the lesson if one wanted to improve. It's assumed that I will remember all of the lesson, given the fact that at times I can't even remember the score.

OAKMONT PICKLEBALL PLAY INFORMATION

WHERE: East Rec. Center lower courts, Courts # 1 and # 4

WHEN: New players (strictly beginners) introduction to Pickleball every Tuesday at 10 a.m. sharp. Coached play for beginners and novices every Tuesday at 11 a.m. Pacific Standard Time

ATTIRE: Court shoes with non-marking soles

EQUIPMENT: Balls are provided. Loaner paddles are available for introduction and coached play. these balls and paddles are for use only on the Oakmont Pickleball courts.

WEBSITE: <https://oakmontpickleball.shutterstock.com>

NEW PLAYER CONTACT: Shirley Lieberman, shirliber@sbcglobal.net, 537-9871



Playreaders



■Norma Doyle

PLAYREADER MEETINGS

Playreaders meet every Monday from 2–3 p.m. in the Central Activity Center, Room B. Visitors are always welcome. Come early so we can meet and greet you.

The Play: On November 5 Honora Clemens will present the second act of *Butterflies Are Free* by Leonard Gershe. Playreaders will be Honora Clemens, John Dolan, Dennis Hall, Penny McKenzie, and Malcolm Wing.

Don has moved away from his mother and insists that she (Mrs. Barker) not visit for at least two months. When Jill moves into an apartment next door she is shocked to discover that Don has lived a very sheltered life, tells him that her favorite quote is: "I only ask to be free. Butterflies are free."

Soon they unlock the door separating their apartments opening other vistas. Mrs. Baker fears that Jill will break Don's heart and tries to talk her out of Don's life. Jill tells Mrs. Baker that if there is someone who should get out of Don's life, it is she. Is heartbreak in the future for the couple or will it be freedom, independence and maybe love?

Eileen Heckhart won an Oscar playing Mrs. Barker in the movie.

The Playwright: Leonard Gershe (1922–2002) was an American playwright, screenwriter and lyricist. Gershe began on Broadway as a lyricist, in the musical stage adaptation of *Destry Rides Again*. He won an Oscar for Best Writing for *Funny Face* and the Writers Guild of America Award for Best Comedy Adapted from Another Medium for *Butterflies Are Free*.

The Next Play: On November 12, Dennis Hall will stage the one-act play *The Proposal* by Paul Siemens (a modern adaptation of the same title by Anton Chekhov). A marriage proposal goes awry when a series of misunderstandings sends the characters careening across the line between love and hate. This is a modern twist on the classic Chekhovian comedy. Readers are being finalized.

The Playwright: Paul received the Harvard Jonathan Levy Prize for the most promising actor at the university. He is the co-founder and former Producing Director of The Immediate Theater Company. He wrote three plays that were produced in New York and is also an author of fiction.

The Second Play: On November 12, Hall will also stage another one-act play called *Post-its... Notes on a Marriage* by Paul Dooley and Winnie Holzman. This is a hilarious, heart-breaking and tale of a couple's journey that spans the duration of their lives together as read from Post-It notes. From their young, vibrant days to an elderly couple it mentions therapy sessions, babies and mothers-in-law to "home late" and "I'm sorrys." Readers are being finalized.

The Playwrights: Paul Dooley is an American actor, writer and comedian who has appeared in many movies and television productions such as *Hairspray* and *Little Shop of Horrors*. His wife, Winnie Holzman is an American dramatist and screenwriter, who wrote the book for the musical *Wicked*, based on the novel by Gregory Maguire.



In early October Playreaders staged *Same Time, Next Year* by Bernard Slade. Play readers were Norma Doyle, Sandy White and Hal McCown.

Holiday Boutique Sponsored by P.E.O. JO

WHEN: Saturday, November 3, 9:30 a.m.–2 p.m.

WHERE: Oakmont Gardens, 301 White Oak Drive

There will be a wide variety of handcrafted items, delicious baked breads and many other food items. There will also be jewelry, children's games, books and much more.

All proceeds go toward the advancement of women through scholarships.



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Hikers



■ Tony Lachowicz

Please keep checking website for updates: www.oakmonthikingclub.com.

NOVEMBER 1 SHORT HIKE ARMSTRONG REDWOODS STATE PARK

This will be a cool and easy 2-3-mile stroll on the park's level nature trail through some very impressive giant redwoods, including the Burbank Circle and the Parson Jones, Colonel Armstrong and Icicle Trees. A beautiful stroll through the redwoods. Two miles plus. Hike leaders are Dick and Sharon Shlegeris, 537-6514. Leave Berger at 9 a.m.

NOVEMBER 8 INTERMEDIATE HIKE ANNADEL—LAKE ILSANJO

Start from Park Trail Drive on to Rough Go Trail. This trail is a steep rough path to Lake Ilsanjo. Continue on Lake Trail around the lake. Lunch at picnic area by the lake. Return via Spring Creek Trail and Canyon Trail. Hike distance is 5.8 miles, elevation gain 644'. Bring lunch, water and poles if you need them. Leave Berger Center at 9:00 a.m. Hike leader is Zlatica Hasa, (510) 331-2165.

NOVEMBER 15 LONG HIKE FOLLOW THE HISTORIC 1916 ROAD

The first half of this seven-mile, 1,800' elevation gain hike, is all off trail (with permission).

Be prepared for a strenuous journey through some historic property part of Sugarloaf Ridge SP. After our ascent and lunch we'll gradually wander down Bald Mountain Rd., Red Mountain Trail, Headwaters Trail, Vista Trail and Pony Gate Trail. Wear weather appropriate clothing, bring a lunch with liquids, hiking poles, and an adventurous spirit. Leave Berger at 8:30 a.m. Hike leader is Dave Chalk, 539-8847.



Jack London Intermediate Hike. (Photo by Linn McAleer)



North Sonoma Mountain. (Photo by Keith Sauer)

A REMINDER TO ALL HIKERS

If the hiking trail is more than 30 miles round trip from Oakmont, it is customary to compensate your driver at least \$5 for gas.

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November 1—December 6

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Receive one raffle ticket for each coat you donate & enter to win a bottle of wine & a \$100 gift basket full of goodies for your holiday get togethers. Drawing will be held December 7.



Please go through your closets & donate your extra coats to those in need. Ask your family & friends to help donate too! We will be collecting coats for men, women & children. Donated coats will go to:

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- Redwood Covenant Church Charities • Redwood Gospel Mission



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Stanford Club



■Jean Nattkemper



Stanford students show off the axe, a tradition followed by the winner of every Big Game.

COME JOIN THE BAND!

Come to Berger Center and give a cheer for Stanford red on November 17. Following a yearly tradition, Stanford and Cal alums will meet at Berger Center to watch the Big Game live on TV. The starting time for the game has not yet been announced, so watch for that in the next issue of the *Oakmont News*.

The menu features heavy appetizers: sliders, assorted salamis and cheeses, chicken skewers, and

cookies and brownies. Drinks are BYO except for coffee and water, which will be provided. The price is \$20 per person.

The event is always festive, with tables decorated

in either red and white or blue and gold. Adding to the spirit of rivalry are the alums, decked out in their school colors. So come support your team at the Stanford Club's premiere event.

BIG GAME PARTY SIGN-UP FORM NOVEMBER 17

Name(s): _____

Address: _____ E-mail: _____

Phone #: _____ Number of people: _____ Total: \$ _____

Price per person is \$20. Send coupon and check to 405 Pythian Road, Santa Rosa 95409, or place in the Stanford Club folder in the OVA office.

Oakmont Art Association

■Philip Wilkinson

NOVEMBER 9 GENERAL MEETING 10 AM, BERGER CENTER

Our speaker will be Alfred Escoffier, who has given many wonderful talks to us as a docent from the de Young Museum. Alfred will give us a preview of the upcoming Gauguin exhibition called *Gauguin, A Spiritual Journey*, which will be opening about a week after the talk.

It will feature paintings, wood carvings and ceramics from a renowned collection from Copenhagen on view for the first time in SF. It will explore Gauguin's inner quests and imaginings, and how his intimate relationships shaped his artistic development.

OAA BOARD MEMBERS NEEDED

We need a Trip Director and a Publicity Director now, and next year we will need elected members of the board. If you think you could help or need further information, call me at 529-4587. In the past, we have had a bus trip in November, but there will be none this year due to lack of a Trip Director.

Help us out with your skills, or double up with a friend to fill a vacant position.

THE OAKMONT ART ASSOCIATION

We have approximately 240 members, people interested in art and artists. We hold monthly meetings in the Berger Center on the second Friday of the month, except December and the summer months of June through August. These are usually presentations by docents from the San Francisco Museums who talk about current exhibitions.

In October, we have an Annual Art Show, and profits from that go towards art scholarships for students at the SRJC who are continuing on to a four-year art major. In June, we have an annual Open Studio weekend with approximately 20 to 30 artists opening their working spaces to the public for viewing and sales.

We hold three to four workshops a year in the CAC art room at which artists can learn new techniques from other artists. We have a monthly art critique group and a plein air painting group.

If you are an artist or someone interested in art and an Oakmont resident, we invite you to join us at our events. Dues are \$20 a calendar year. Our email is oakmontart@gmail.com.



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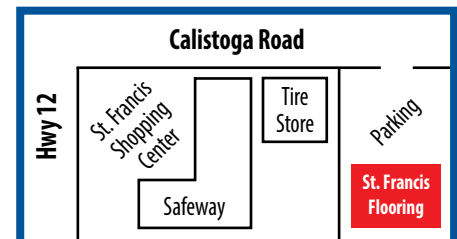
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Does your Smoke Alarm Still Work?

■Pat Barclay, OEPC

We all know the value of smoke alarms and the feeling of comfort knowing that they will alert us to dangerous conditions. But can we rely them when the time comes? We all know that we need to replace batteries every year, but did you know that these devices can wear out?

Most smoke alarms have a lifespan of eight to 10 years. After their usable life, their sensors can begin to lose sensitivity and need to be replaced. The test button on these devices only confirms that the battery, electronics and alert system are working; it doesn't

mean that the sensors are actually working.

Both battery-operated and hard-wired smoke detectors need to be replaced after they exceed their usable life, typically 8-10 years. How old are the ones in your house? If you are like most of us, the hard-wired smoke detector in our houses may be 25-50 years old—well past their useful life and likely useless in warning us of smoke or fire. If your smoke alarms are older than 8-10 years, it is time to replace them. Do yourself a favor and don't wait—your life might depend on it!

Bocce Club



■Linda and Don McPherson

TOURNAMENT NEWS

Winning teams in the October 13 Autumn Tournament were Phil Duda, Gil Gilbert, Don McPherson and Jean Reed; Bob Cresta, Ellean Huff, Linda McPherson and Geoffrey Newton; and Chris Duda, John Magers, Ann Miller and Betty Van Voorhis.

Next up is the Falling Leaves Tournament, men versus women, on Saturday, November 3 at 1 p.m. (note time change to Winter hours).

ANNUAL BUSINESS MEETING

At the October 13 Potluck Lunch and Annual Business Meeting members elected the nominated slate of officers for 2019: Jean Reed, President; Barbara Lowell, Vice President; Bev Schilpp, Secretary and "Sunshine Lady"; Eric Neilsen, Treasurer; Ellie and Bob Baciocco, Barbara James, and Elaine Foote, Social Committee; Linda and Don McPherson, Publicity; Barbara Newton, Historian and Badge Coordinator; Tony D'Agosta, Court Maintenance Overseer. President Sherry Magers presided.

Members warmly expressed their sincere appreciation for the service of outgoing officers: President Sherry Magers, Vice President Jean Reed, Treasurer Carol Huseby, Social Committee members Pat and Donn Paulson, and Court Maintenance Overseer Jim Huseby.

ANNUAL HOLIDAY PARTY: DECEMBER 8

The Bocce Club holiday dinner and party for members and guests will be on Saturday, December 8 at the West Rec. Center starting with appetizers at 5:30 p.m. and a catered Italian buffet dinner at 6 p.m. Entertainment follows at 7 p.m. The cost is \$35 for club members and \$40 for guest non-members. BYOB

Dinner reservation and 2019 Membership forms are included below. Dinner reservations must be returned

Autumn Tournament team winners included: (front row) Geoffrey Newton, Ellean Huff, Linda McPherson and Betty Van Voorhis and (back row) Bob Cresta, Ann Miller, Chris Duda and John Magers.



Autumn Tournament winning team members Jean Reed, Don McPherson, Phil Duda and Gil Gilbert.

to the Bocce Club folder in the OVA Office no later than December 1. Club dues are \$15 per person per calendar year. New members who join in the last quarter of 2018 will be considered as also paid in full for 2019.



Oakmont Democratic Club

■Tom Amato

FINAL PUSH FOR BLUE WAVE AND FOR LOCAL HOUSING

With the November 6 election days away and with many having already voted by mail, supporters of the local Housing Bond, Measure N are making the final push for votes. And Congressional Candidate Josh Harder who received a warm welcome in Oakmont, is working hard to become part of the Democratic Party Blue Wave that takes Congress away from Trump's supporters.

Locally on October 4 to a crowd of over 120 at the Berger Center, Councilman Jack Tibbetts shared his perspectives on state and local ballot measures. In particular, he voiced strong support for Measure N. After the fire, for most of us, this meant we were able to return to our homes and to normal life. But during this historic conflagration, in Santa Rosa over 5,000 homes were destroyed.

This catastrophe greatly deepened the already existing housing crisis. Many seniors and others on fixed incomes found themselves faced with soaring rents. Councilman Tibbetts spoke of how many young people have a hard time affording rents and how more and more are having to move out of the area. Measure N helps address this crisis by building quality low- and moderate-income housing in the central areas of our city. More info is available on line at <https://votehousingnow.com/>

For the Harder Campaign turnout will be key. But there is some good news regarding Josh Harder's campaign to replace Trump Republican Jeff Denham. *The Modesto Bee*, which is the largest daily in Congressional District 10, recently endorsed Harder and a poll by Berkley IGA shows Democrat Harder with a five-point lead. However, while these are positive signs, the outcome will depend on making sure Harder's supporters show up and vote. Oakmonters continue to push for a win including traveling to Tracy in the Central Valley.

ELECTION DAY SPECIAL

Election Day itself is a key day where the Harder Campaign will need volunteers for a host of tasks. For example, some voters have trouble getting to the polls or need reminding. Help flip Congress by traveling on election day to Tracy. The Harder Campaign will need help at their office, on the streets, or "poll watching." For more information contact Tom at amatothomposn@gmail.com.

ReStyle Marketplace Truck at Star of the Valley Catholic Church

PRESS RELEASE

Help support the works of Catholic Charities in challenging poverty, counseling immigrants and caring for seniors by donating your gently used items.

ReStyle Marketplace's donation truck will be in the Star of the Valley Catholic Church parking lot, 495 White Oak Drive, on Saturday, November 3 from 12 noon to 4 p.m. to accept donations of high-end/vintage furniture, jewelry, clothing, accessories, housewares, pottery, garden statuary, art, rugs, tools, hardware, craft and office supplies.

Call Paula at ReStyle Marketplace with any questions at 284-1700.

BOCCE CLUB HOLIDAY PARTY SIGN-UP SATURDAY, DECEMBER 8, 5:30 PM, WEST REC. CENTER

Please complete this form and return it to the OVA Bocce folder, along with your check (payable to Oakmont Bocce Club), no later than December 1.

Club members: \$35; Guest non-members: \$40.

Names _____

For your convenience, if you also would like to pay your 2019 Bocce dues, please complete the form below, listing each member and including an additional \$15 per person in your check.

Total enclosed: \$ _____

BOCCE CLUB MEMBERSHIP FORM

Those not attending the Holiday Party can pay 2019 dues by completing the form below and returning it, with check payable to the Oakmont Bocce Club, to the OVA Bocce Club file folder. Please print legibly.

Name _____ Email _____

Address _____ Phone # _____

Payable to Oakmont Bocce Club: \$15 per person.



Afternoon Exercises Classes

■Betsy Smith, Instructor

WHEN: Tuesdays, 4:30–5:30 p.m.—Aerobics; Thursday, 4:30–5:30 p.m.—Strength and balance
WHERE: Classes are held at the West Rec. Center downstairs

COST: \$7 per class, four classes for \$24 or eight classes for \$48

INFO: Please bring water, mat, and weights, balls if you have them. We have equipment to share if not, so come on by!

INSTRUCTOR: Betsy Smith, bsmith@sonic.net

Keep going with your Fall weather workout. Stay in shape with exercise in the afternoon exercise classes. Low impact aerobics meets on Tuesdays at 4:30 p.m., Strength and Balance meets Thursdays at 4:30 p.m.

Catchy music and meeting new friends are some of the features of both classes. You can join at any time! You work from your base of aerobic and fitness strength. You should be able to get up and down from the floor.

Bring yourself, water, mat, weights, and a ball if you have them. We do have equipment to share if you do not have any of your own, so come on by. Be sure to wear tennis or exercise shoes, not street shoes.

Foam Roller

■Sandra Shaner

WE'RE ROLLIN'—CHECK US OUT!

WHAT: Foam Roller Class—Stretching, Core Work, and Self-Myofascial Release Therapy

WHEN: Tuesdays, 8:45–9:45 a.m.

WHERE: Lower West Rec Center

COST: \$50/6 classes

WHAT TO BRING: Yoga mat and a foam roller (see below)

This class uses movements from Yoga to increase flexibility and balance; movements from Pilates to build core strength; and movements from myofascial release therapy to target trigger points soothing and releasing tight muscles.



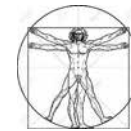
Foam rolling has been shown to be beneficial in reducing chance of injury and increasing recovery by hydrating the muscles with increased blood flow and breaking up adhesions between skin, muscles and bones. Range of motion is greatly increased, and the bottom line is, you just feel and move better in your body.

I am a Yoga Alliance certified instructor, certified in Mat Pilates, and ACE-certified as a personal trainer. I developed this class in conjunction with the physical therapists at a health care facility where I taught for 18 years.

This is a “feel good” class, but so good for your body. Come roll with us! The only requirements are a foam roller (which you will love having at home to do self-massage) and a yoga mat.

Feel free to come and try a class to see if foam rolling is for you. Questions? Call me at 636-532-4690 or email at shaner.sandy@gmail.com.

Fitness Club



■John Phillips

SLOW BURN UPDATE

Quick update on how the slow burn workout is going. I believe I'm finishing up on my seventh week. I missed one week due to scheduling conflicts, running out of time, etc. The one thing I do like about the workout is that it only needs to be performed once a week for the 30-second contraction/eccentric movements. If you are performing 10-second movements then you probably should be doing the workout two times a week.

I found that I do not ache in the same way as I do when I'm performing a regular workout. It seems to be a little deeper and lasts for a longer period of time. I find it hard to reach my point of failure in the 5–6 rep. range which is where you are supposed to reach it. Sometime it takes me longer and I find it in the first or second rep.

This method is also supposed to work for cardio and I don't seem to be able to get my heart rate up enough to call it cardio. I do, however, feel like I get a good workout but do get bored with the exercises because I perform mostly the same ones each workout. The ultimate finding is that no matter what workout you perform, you need to enjoy it, so that you will do it and you must perform it to muscular failure.

■Peggy Clark

FITNESS CLUB HOLIDAY DINNER/DANCE

WHEN: Saturday, December 8

WHERE: Berger Center

TIME: 5–6 p.m. Social Hour/appetizers; dinner to follow

MUSIC: By 7th Sons Band

PRICE: \$50 per person



MENU

Appetizers: Antipasti platter with salami, olives, dried fruits, baguettes, assorted cheese platter with fig tapenade and assorted nuts.

Salad: Spring mix with gorgonzola cheese, dried cranberries, pears, red onion, pecans and white balsamic and shallot salad dressing.

Entrée choice: 1. Prime Rib with au jus and creamy horseradish sauce, mashed potatoes and vegetable medley. 2. Baked Salmon filet with maple citrus glaze, rice pilaf with toasted almonds and vegetable medley. 3. Chicken Piccata, rice pilaf with roasted almonds and vegetable medley. 4. Eggplant Parmesan Stack with penne and vegetable medley. Dinner rolls and butter, coffee, hot tea, water.

Dessert: Chocolate Mousse Cake.

BYOB—we will provide water and ice.

Reservations accepted through Dec. 1. Make check payable to the Oakmont Fitness Club. Place your check with the form below in the OFC Fitness Folder at the OVA or drop it in the OFC mail slot outside the trainer's office. Questions? Call me at (650) 274-4137.

HOLIDAY DINNER/DANCE RESERVATION FORM

Name _____

Phone _____ Email _____

Price is \$50 per person. Please indicate your name and choice of entrée. If you wish to guarantee a table of eight please submit your reservation for the full table.

Name _____ Entrée _____

Name _____ Entrée _____

Oakmont Health Initiative Free Fitness Classes

■Tom and Teresa Woodrum

FREE DAFFODIL BULBS

Prickett's Nursery and Oakmont Health Initiative are proud to promote “Daffodils in Bloom: Planting Pride in Oakmont.”

Prickett's Nursery is offering a neighborly assist to help beautify Oakmont. They are gifting Oakmont residents with free daffodil bulbs.

To pick up your free daffodil gift bag, containing five bulbs, stop by Prickett's Nursery, 5875 Sonoma Hwy. Prickett's is open every day from 9 a.m.–5:30 p.m., 539-3030. Supply is limited.



YMCA HEALTHY LIVING MONDAYS, WEDNESDAYS AND FRIDAYS FREE CLASSES BY JORENE 9–10 AM, BERGER CENTER

No class the second Friday each month. Fragrance-free please. Share the floor with kindness.

Equipment: Non-skid yoga mats, resistance bands

(available in class), a towel that can be folded to serve as a knee cushion and cervical support, athletic shoes that are supportive but not too grippy, and water bottle—hydration revitalizes.

Being healthy means more than simply being physically active. It's about maintaining a balanced spirit, mind, and body. This YMCA class is a place where you can work toward that balance by challenging yourself and fostering connections with friends. In this class, it's not about your fitness level as much as it is about the benefits of living healthier on the inside as well as the outside.

The fine print: Welcome to Free Fitness. For your safety, good balance and lateral movement are needed in these quick aerobic classes. A fall may cause serious injury. Please check with your doctor prior to beginning this or any exercise regimen.

All Free Fitness Classes are too large to accommodate those who need special supervision. If you have shoulder, back, knee problems, anything that is painful, it is advisable to join a smaller, well-supervised class first, and consult a personal trainer or medical professional to learn modifications that are suitable to your condition. Participants need to use their judgment and body awareness, altering each exercise to prevent injury. Be careful, dear ones.



Lap Swim Club



■Melissa Bowers

GOOD TO THE LAST LAP!

What is it about a sleeping lion awakening? He stretches, yawns, and shakes his shiny coat, and takes his first step to begin another day. This club is reawakening.

That being said, you may have forgotten we have an official recognized Lap Swim Club since 2012; and please forgive me for being amiss in publishing, but I took on the presidency of another somewhat active sport May of 2017 and simply became distracted.

So, if you are a dedicated lap swimmer and plan on continuing through the coming winter, then don't let the first cooler/cold mornings keep you away. The wise man says, "If you stop your workouts during the changing climate, it's difficult to take the plunge again." So, persevere, grab your rash guard for added layer and hit the pool.

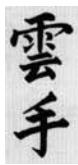
Yes, the Central is our home pool for now but the good news is remodeling is moving along smoothly and let's hope the East is reopened in mid-January. We should thank our swim buddies at the Central for graciously welcoming us.

FLIP TURN NEWS

If swimming year-round in all types of weather is you, then send your name and email to lapswim@sonic.net. No dues, no parties. We have a Shutterfly website for any pool issues. We let maintenance staff know if a bulb is out or shower drainage needs attention. Otherwise, we are very independent swimmers enjoying the sport, the workout, the lifestyle.

Happy lapping!

Tai Chi for Beginners



■Dr. Kate Ha, Faculty at SSU

If you are having balance challenges you may want to take our five-class Tai Chi workshop to learn how to move in a way that will enhance your ability to move. Tai Chi is based on animals and scenes from nature that exercise the body, improve breathing and build stamina. Tai Chi is an excellent and ancient movement in meditation and it just may be right for you.

The five-class workshop meets on Thursdays from 9-10 a.m. in the Berger Center. The classes do not have to be consecutive in case you have other appointments to attend to. Pre-registration is required so please call me at 318-5284. Tuition is \$75 for the five classes.

I will love to talk to you and encourage you to try this ancient eastern practice for balance and stress reduction. Class is small and friendly and fun.

Water Fitness



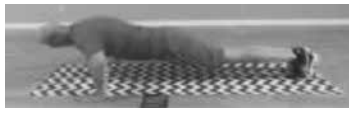
■Valerie Hulsey

The Santa Rosa Junior College (SRJC) sponsors many classes for seniors here in Oakmont including Water Aerobic classes. The no-fee classes shown below are paid for by the SRJC Adult Program.

Winter is fast approaching but the water is toasty warm. Grab a swim jacket and join us as often as possible at the West pool for fun, friendship and a great workout.

MARY'S REGULAR SCHEDULE OF CLASSES

- Monday: 9 a.m. \$6; 10 a.m. no-fee SRJC class
- Tuesday: 9 a.m. and 10:15 a.m. no-fee SRJC class
- Wednesday: 9 a.m. \$6; 10 a.m. no-fee SRJC class
- Thursday: 9 a.m. and 10:15 a.m. no-fee SRJC class



Interval Training

■John Phillips

Studies have shown that Interval Training helps keep us young and active and promotes weight loss more than any other activity including cardiovascular work.

We meet Mondays, Wednesdays and Fridays at 2 p.m. at the Lower Level at the West Recreation Center. The cost is \$8, or \$64 for 10 sessions (first session free).

Equipment needed: light hand weights, none slip mat and water.

Check it out at: <https://www.youtube.com/watch?v=0-Yvm2cXLYo>.

Get a great workout in 40 minutes or less!



Forrest Yoga Chair Stretch and Balance Class

■Carol King, RYT (Registered Yoga Teacher)

FEEL BETTER IN YOUR BODY

WHAT: Chair Stretch and Balance Class

WHEN: Tuesdays from 2-3 p.m.; Thursdays from 10:30-11:30 a.m.

WHERE: West Rec. Center—Lower Level

COST: \$50 for six classes. First class is free with the

purchase of a class series

Energize yourself and gain core strength while seated. Do as much or as little as your body needs. The class focuses on breath work combined with movements, mostly while seated. Students may stay seated for the entire class or explore balance safely. Stretch every part. Small free weights are used to tone and strengthen the upper body.



Equipment: Bring a set of free weights—your choice of 1, 2 or more pounds—the weight you want to work with. Please bring water.

IT'S FALL TUNE-UP TIME!

WHAT: Forrest Yoga Classes

WHEN: Tuesdays from 12:30-1:30 p.m.; Thursdays from 9-10 a.m.

WHERE: West Rec. Center—Lower Level

COST: \$50 for six classes. First class is free with the purchase of a class series

Our bodies, just like cars need attention and periodic maintenance to order to perform well and avoid problems. Use Forrest Yoga and experience the healing potential of your practice. Focus on your breath and allow tight areas to relax. Build strength with core work and standing poses. My classes are appropriate for all levels. People with injuries or conditions are encouraged to attend. Connect with yourself and others in a safe and supportive setting. Appropriate for all levels

Forrest Yoga does not require strength or flexibility; it only requires that you bring a willingness to learn how to feel authentically and respond honestly.

Equipment: Bring your mat, water and props you have—like blocks, straps and yoga blankets. A beach towel can be used in place of a yoga blanket so please bring one. I supply a limited amount of props to share.

I am a certified Forrest yoga instructor. I am passionate about helping others feel better in their bodies. I have several years of experience teaching Chair Stretch and Balance classes in addition to yoga classes and private sessions. Please see <http://www.carolkingyoga.com> for more information about me, Forrest Yoga, local classes near Oakmont and Saturday workshops.

Feel free to contact me at carolking1234@yahoo.com, 696-5464.

Women's Yoga

■Osha Hayden

FREE YOGA CLASS—

REFRESH BODY, MIND AND SOUL

WHAT: Free class for women—stretch and strengthen, relax and release tension, improve balance

WHEN: Mondays 10-11 a.m.; Fridays 10:10-11:10 a.m. during East Rec. remodel, then 10-11 a.m.

WHERE: Lower West Rec. Center

BRING: Yoga mat

One of the earliest clubs formed in Oakmont, our Women's Yoga class has met continually for over 45 years. Since each class is taught by one of our eight yoga leaders, you'll experience a variety of teaching styles and poses.

Although some experience is helpful, none is needed. We will encourage you to be mindful of your body's signals, know your limits and adapt poses to meet your needs.

Please join us for a body, mind and soul nourishing practice. Class is free and always open to new members. Feel free to call me at 537-8891 or email circle4healing@gmail.com.

Free Windows PC and Android Smartphone Help

■Al Medeiros

Do you have an Android smartphone or PC computer with which you need assistance? Andy Holroyd-Sills, Carl Appellof and Al Medeiros may be able to lend a hand.

Al has been aiding members of the Oakmont Community since the days of the Oakmont PC Users Group, and Andy and Carl have just joined him.

If you would like to see if they can help, call Al at 843-4447, Andy at 775-5220, or Carl at 291-5278, .

OakMUG



Oakmont Macintosh Users Group

■Linda Koepplin

SATURDAY, NOVEMBER 17

WEST REC. CENTER

THE END OF THE YEAR REVIEW WITH RONNIE ROCHE

This is the last meeting of the year and Ronnie is coming to share with us all the news of what Apple has been doing this past year.

Plan to come early at 1:30 p.m. for coffee/tea, refreshments and fellowship. The meeting begins at 2 p.m. in the West Recreation Center.

Website: <http://www.oakmug.org>

MEMBERSHIP

Annual dues are \$10 per household. Three ways to join: at any meeting; a check made payable to OakMUG and sent to Justine Haugen, Treasurer, 8926 Acorn Lane, Santa Rosa, CA 95409; or you may put your check into our file in the OVA Office.

MAC TECHNICAL HELP

If you need technical help with your Mac or other apple product, call Ronnie Roche, Certified Apple Consultant, 573-9649.

A free service to our membership: send your Mac questions by email to the following email address: OakMUGTechHelp@gmail.com. An OakMUG Mac expert will either get you an answer or will recommend someone who can.

iPAD SIG meetings have been suspended until further notice.



Boomers



■Carolita Carr

TRIVIA NIGHT

WHEN: Thursday, November 15

TIME: Doors open at 5:45 p.m., first round of questions begins at 6 p.m.

WHERE: Berger Center

PRICE: Free to members

BRING: Beverage of your choice and snacks for your table

Questions will be geared for the Boomer generation (mostly from the 50s and 60s), with categories such as sports, music, historical events, TV shows, movies, etc. You and seven other friends can enter as a team, or simply show up and form teams of eight that evening. The games will be fast-paced, with breaks in between rounds. Prizes will be given to the top three teams in each round. Come join in the fun.

SAVE THE DATE

Boomers annual Member Appreciation Night is coming!

WHEN: Thursday, Dec. 13, 6 p.m.

WHERE: Berger Center

This is a free event for members only—an evening of food and fellowship. Relax in the middle of the often-hectic holiday season. Mingle with other members and enjoy the seasonal background music of the Brook Edwards Quintet. Evenings like this remind us of why we join the Boomers!

Oakmont Futures Club

■George McKinney

EXPLORING OUR FUTURE IN OAKMONT

FOCUS ON THE "SMART HOME"

NEXT MEETING: November 8, 5:30–7 p.m.

WHERE: Room B, CAC

This meeting will focus on the technologies and trends that are creating the "Smart Home." We will discuss what's available, what's coming, and how you might actually implement these technologies in your own home.

Today it is possible to control the garage, lights, your thermostat and some appliances using "Smart Home" technology. It's also possible to set up home security systems and/or to change the way your existing home security system operates.

There's also a wide range of entertainment options that are available—from Roku and Amazon TV to Smart TV's. Your various "Smart Home" systems may be controlled with your cell phone, your "Alexa"-type device, and/or through your computer or tablet.

Come join the discussion and share your experiences, your knowledge and your questions. Our charter: "To understand the technologies and trends that will impact us in Oakmont in the next 5 to 10 years, and to communicate our findings to the broader Oakmont community."

Members should be ready to work—none of us are experts—we want to explore these topics as a group and learn together how these new technologies work and share our learning with each other and all of Oakmont.

If you'd like to contact the club with your thoughts or simply be on our mailing list, we can be reached at futureoakmont@gmail.com.

Garden Club



■Patty McHugh

NOVEMBER MEETING

WHEN AND WHERE: Tuesday, November 20, Berger Center

TIME: Tea and Social at 9:30 a.m., followed by meeting from 10–11:15 a.m.

TOPIC/GUEST SPEAKER: Winter Color in the Garden presented by Friedman Brothers. A selection of winter annuals will be offered. More information will follow in the next post.

NOVEMBER IN THE GARDEN

There's still time to:

- Plant frost-hardy perennials, trees, shrubs and native plants.
- Sow sweet pea seed pods, or plant six-packs.
- Plant cool season annuals (i.e. primrose, calendula, pansies, violas, Iceland poppies (preferably from 4" or one-gallon pots).
- Plant artichoke roots, garlic, rhubarb.
- Clean-up any leftover fall leaves and general debris.

TOOLS NEED TENDING, TOO

Maintenance helps your garden tools last longer and perform better, so take the time to properly tend to them. Well maintained tools make the job easier on you, the tool and the plant.

Take stock of the tools in your cache. Toss any tools that are broken and have been sitting in your tool shed for a couple of years, waiting for you to get around to repairing them (except, of course, for the ones passed down from grandpa). You're probably not ever going to make the repair(s) or, if you do, you may find there is now a much better product on the market, maybe even for less money than the broken tool originally cost you (although, keep in mind you usually get what you pay for).

Here are some maintenance tips:

- Remove any dirt or residue from your digging tools. Simply rinse off with a garden hose, using a stiff bristle brush if needed and dry thoroughly. Stubborn dried dirt may need a soak in warm soapy water and a steel wool pad.
- Pruners need to be cleaned and disinfected. You may recall Master Gardener Dave Gould recommended Lysol spray, though rubbing alcohol or hydrogen peroxide will do a decent job as well.
- Once your tools are clean, they're ready for sharpening. Sharp blades ensure cleaner cuts when digging, pruning and trimming. Unless you have your own stones/files and are handy person, this may be something you want to hire done.
- To prevent the wood handles from cracking and the metal rusting, oil cleaned tools with linseed oil or camellia oil.
- Store in a protected, dry space.

Finally, gather together friends and family this month and add laughter to your home. November is the month we give thanks for all our bounty, including the love we share with each other.



Buddhist Meeting November 24

■Penni Jean Savage

A CHANGE ON THE INSIDE CHANGES OUR ENVIRONMENT

"Buddhism is a way of life that—on the most fundamental level—makes no distinction between the individual human being and the environment in which that person lives. Like a fish in water, the two are not only inseparable, but each serves as a catalyst for the other. Thus, to a Buddhist, self-improvement and enhancement of our circumstances go hand in hand. The two are actually so interlocked that it is incorrect to consider them separate entities. In treating the sufferings and delusions of human beings, there is the accompanying benefit of better social conditions, since the one is the source of the other—for better or worse."—*The Winning Life, An Introduction to Buddhist Practice*, pg. 3

You are cordially invited to join us on Saturday, November 24, and learn more about the benefits of this Buddhist practice and life philosophy.

WHEN: Saturday, November 24, 11 a.m.–12 noon (new time!)

WHERE: 7 Oak Leaf Place. Look for SGI sign at entrance on Oak Leaf Drive.

Monthly SGI Nichiren Buddhist discussion meetings of chanting, study and dialogue are open to all Oakmonters and are free of charge. Call Judy at 548-0225, Elaine Stanley at 539-3642 or Pj Savage at 595/- 5648 for directions or more information.

See www.sgi-usa.org for additional information on Nichiren Buddhism.

Travel and Adventure Club

■September Holstad

The October meeting discussing travel insurance ins and outs and credit cards that provide travel insurance was well attended and we had a good discussion on the topics.

Basically, travel insurance isn't something that we should just ignore, as we all know from the fire last year, anything can happen! We discussed the different levels of insurance, different types of insurance and how your Medicare plan may cover you when you are outside the US, as well as what credit cards give you travel protection when you use their cards.

As for the cards, hands down the Chase Preferred Sapphire is the most generous, but the Costco Visa card also has benefits. You can take advantage of these card benefits and then buy a smaller coverage if you exceed the credit card's offering. We discussed pre-existing conditions, and covered reasons for cancelling.

There will be no November meeting due to voting taking place the next day. With the East Rec. out of service, space is very limited.

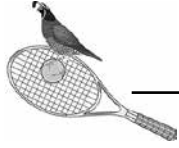
We will meet again on December 3 at the West Rec. at 5:30 p.m. Since this will be December, perhaps we should bring some holiday treats! We will be discussing the Airbnb, house swap, SERVAS and other alternatives to hotels. If you'd like to share some of your experiences we will have open mic.

I will also have on hand information for the Travel Club trip to Morocco in November of 2019. Roundtrip air, transportation from and back to Oakmont is included. Come hear all about it.

See you in December.



Tennis Club



■Ruth Layne

END OF YEAR PARTY

We're starting early this year. You will want to be at the Berger Center on November 9 from 6–9 p.m. to celebrate with the tennis fanatics of Oakmont. Music will be provided by the Rock and Roll Rhythm Review and dinner will be made by kids from the Juvenile Probation Camp's Culinary Program: meatloaf, mashed potatoes, veggies, bread and butter, homemade pimento cheese spread and a surprise dessert. As always, bring your own alcoholic beverages.

This event is open to all OVA residents, and space is limited so sign up fast. Fill out the coupon below and place it and your payment in the Tennis Club folder in the OVA office no later than Nov. 2.

NOVEMBER 10 TOURNAMENT

The General and the Admiral are waiting for you. Army and Navy meet again with mixed level, mixed gender tennis teams in which everyone can participate. Players will meet at the West courts to get organized by their team leaders at 8:30 a.m.

Sign up online using the OTC website Sign-Up tab, or contact Phil House directly. You will need to indicate your skill level (A, B, or C) when you register so teams can be organized in a balanced manner. Not sure of your level? Descriptors are available at the bottom of the sign-up page online; scroll down to read them.

Please note the actual date of this tournament has been changed from the original November 3 date. The tournament is dedicated to the memory of Mel Ruiz, who battled in war and on the tennis courts

CHECK IN TO THE OTC WEBSITE

The club website is one of the best places to find current information about club tennis and social events. In addition, you can view the sub list, OTC



Maureen Pennal and Kathleen Tindle—first place in Women's Tournament.



Grace Barner and Terri Somers—second place in Women's Tournament.

Bylaws, Tony's tennis tips, photos of events, notices of forming USTA teams, court rules, the where and when of drop-in tennis and tennis lessons, "pop-up" events and much more.

We know there are a number of members missing out because there are 16 dues-paying members whose invitations to the website are "pending." Perhaps they thought the email invitation from Shutterfly (the web host) was spam and deleted it. Don't despair! You can still join the site by going to <https://oakmonttennisclub.shutterfly.com/> and adding the requested information (don't forget to uncheck the box about receiving commercial emails from Shutterfly). When you sign in, the site will notify the webmaster (Stephanie Wrightson) who will check your dues-paying status and grant you access.

OTC USO BLOW-OUT SIGN-UP FORM FRIDAY, NOV. 9, 6–9 PM, BERGER CENTER

Name(s): _____

of attendees at \$35/each: _____ Total enclosed: \$ _____ Phone #: _____

Only \$35 per person! Submit this coupon and payment to the Tennis Club folder in the OVA Office no later than 4 p.m., Friday, November 2.

If you want to reserve a table for eight, submit the total payment (\$280) at one time.

New Horizons Band of Sonoma County at Berger Center

■Helen Hargrave



SATURDAY, NOVEMBER 17, 2 PM

The New Horizons Band of Sonoma County (aka the Band of Seniors) returns on Saturday, November 17 at 2 p.m. to fill Berger Center with music from many genres. The NHB is noted for its eclectic programming, and this Fall concert will feature a Sousa march, something reflective, a slow tango to

quicken the emotions, a salute to the Big Bands of the '30s and '40s, and a selection to amuse the feline lovers in the audience.

As always, the NHB concerts are free, donations gratefully accepted. We hope you will come and fill Berger Center. We guarantee you will see some of your Oakmont neighbors playing in the band!

Pinochle



■Rod Clark

THURSDAY MORNING PINOCHLE

Looking for daytime pinochle? We meet every Thursday morning at 9:15–11:45 a.m. in the Activities Center card room. This is a wonderful way to learn to play pinochle or brush up on your game, as well as for advanced players.

Arrive shortly before 9:15 a.m. We draw for partners, so singles or couples are welcome. Cost is 25¢ per game, paid to the winners.

For information or questions call me at (650) 346-0473.

Just for Fun Game Club

■Phillip Herzog

WHO, WHAT, WHERE, WHEN, WHY?

The Just for Fun Games Club is a great place to make friends and play all sorts of old and new games like: Rummikub, Hand and Foot, Pan, Settlers of Catan, Parcheesi, Spades, and so much more! We meet in the Card and Game Room at the CAC (Central Activities Center) every Saturday at 1 p.m., and on the second and fourth Thursdays at 6:30 p.m. There are multiple games being played at the same time and you will always be able to choose what game you want to play. We are not too serious—because we play games just for fun!

We have a large collection of games on hand. Players often bring new and different games as well. If you have any games that you would like to donate or lend to the club, please let us know.

Come check us out even if you are not good at games. Everyone is welcome to come and have a good time at the Just for Fun Games Club. Come and have fun with us!

For more information contact me at 843-3053 or send an email to goldguyphil@gmail.com.

Please note: There will be no games on Thanksgiving Day.

NEW YEAR'S EVE PARTY

Last year's New Year's Eve games were so successful that we will be doing it again this year. We all have many options for New Year's Eve parties, but we like this party for many reasons: we like to play games; we don't have to leave Oakmont, we don't have to stay up too late, it's fun and it's free!

We will meet around 6 p.m. and eat, drink and play until about 10 p.m. Bring something to share: finger foods, drinks, or surprise us! There will be further information in the next issue.

PAN GAMES IN NOVEMBER

Join us in November for Pan (Panguingue) Games and Lessons.

WHEN: Thursday, November 8 at 6:30 p.m.; Saturday, November 17 at 1 p.m.

We can always use new Pan players and are happy to teach newcomers. If you think you might be interested in learning this very sociable—anything can happen—kind of card game, just give Jeri Phillips a call at (714) 883-3126 or email her at jeriphillips@earthlink.net. Thank you!

AMERICAN MAH JONGG LESSONS COMING SOON!

We are planning to have American Mah Jongg lessons for beginners in January. Please contact Jeri Phillips, as noted just above, if you would like to participate.



Oakmont Cannabis Club



■Heidi Klyn

WHEN: Monday, November 5
TIME: 2 p.m.

WHERE: Upper West

Our speaker is Eli Melrod, the CEO and Co-Founder of Solful, Sonoma County's premier cannabis dispensary launched in 2017 in Sebastopol. Solful is incredibly involved in the community on education, improving health and wellness. Eli also consciously curates a product selection from small farmers and local purveyors that have been farmed using sustainable and regenerative farming techniques with no additives or pesticides.



Everyone is welcome to attend.

Our website is OakmontCannabisClub.com.




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wecarehomeassistants.com

Jazz Club

■Dolora Hurst

Last month we were delighted to be invited to an evening Dessert Jazz Party for Jazz Club members, given by Dr. Jim Knapp and his wife Debbie. Debbie is an accomplished pianist of both classical and jazz music. She and Jazz Club member Stephen Herrick, who is also a stellar musician playing both flute and saxophone, gave us a lovely evening of beautiful music.

We were also delighted to have the extremely talented Larry Vuckovich give a listening session concert of rare gems of exciting jazz from the USA and the world, with storytelling commentary in the Berger Center, on Friday, October 26. Having played with so many of the jazz greats, he has acquired an extensive repertoire of various jazz gems—the best America has to offer musically. We are very fortunate

to have him come to Oakmont and give such an interesting concert sponsored by our new Oakmont Jazz Club.

Jazz Club member Tom Murray has planned a fascinating program for the club's next meeting on Friday, November 2, in our new meeting room in the Central Activities Center, room B, 2 p.m. The address is 310 White Oak Drive. Tom plans to present two 30-minute recordings of a jazz program that was broadcast on WGBH, the public TV station in Boston, in the 1960's. The show was hosted by Herb Pomeroy. He also will play a show featuring trumpeter Dizzy Gillespie and his quintet as well as one other show.

You will not want to miss this meeting. All persons who love jazz are invited.

Women's Meditation Circle

■Halima JoAnn Haymaker

The Women's Meditation Circle will be held on Wednesday, November 7, at 11 a.m. at my home, 147 White Oak Drive. All women are welcome in our circle of peace.

Please join us for music, meditation, poetry, and

words of Sufi wisdom. Let me know if you plan to come at jhay@pacbell.net. We will welcome your sacred light in the circle.

"I wish I could show you, when you are lonely or in darkness, the astonishing light of your own being."—Hafiz



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■Marlena Cannon

SPECIAL LECTURE: A POST ELECTION ANALYSIS



Dr. McCuan

Dr. David McCuan, Chair, Department of Political Science of Sonoma State University looks at the results of the mid-term elections on Saturday, November 10, at the Berger Center from 1-3 p.m.



The Folk Legends

THE FOLK LEGENDS THURSDAY, DECEMBER 6, BERGER CENTER, 7 PM, \$20

Rick Dougherty and George Grove from the Kingston Trio join up with baritone Jerry Siggins to perform a high-energy evening of folk songs.

WINTER CLASS PREVIEW

WHEN: Wednesday, December 12, 3 p.m.
WHERE: Berger Center

SIGN-UP COUPON

To register go to oakmontll.org or place this coupon in the OLL folder at the OVA office.

Name _____

Email _____ Phone _____

Dr. David McCuan at \$20 each _____ Folk Legends at \$20 each _____



Canine Club

■Randi Hulce

GREAT TURNOUT AND MORE NEW MEMBERS

All Oakmont residents were invited and certainly did turn out to attend our special meeting on Monday, October 29. I think we were all impressed with the creativity and hard work that the Best Friends Animal Society does in their efforts to rehome so many of our lonely 4-legged friends. Plus, everyone seemed to enjoy the musical entertainment by the Oakie Folkies. Guess we didn't know there were so many songs about doggies?



OUR NEXT EVENT IS JUST DAYS AWAY

Do you have our First Annual Canine Club Picnic on your calendar? It will be on November 3, 12 noon-2 p.m. at the West Rec. picnic area. It's a potluck and the club is providing chicken. Additional refreshments such as bottled water, sodas and juice will be provided; but if you care to drink something else, such as beer, wine or Margaritas, please feel free to bring your own.

RSVP deadline was October 21. Did you forget to RSVP? We may have had some cancellations so send an email note to periolinger@yahoo.com and we will let you know if we can still accommodate a few more last-minute dog lovers, And we will tell you what type of dish to bring.

Do note that this event is for current club members only. Reminder: even though this is an outdoor event, sorry—no pups allowed, humans only.

You can bring pictures though! WOOF!

NOT A MEMBER YET? YOU CAN JOIN AT THE PICNIC!

Membership forms are always available in the Canine Club folder in the OVA office or download from our website www.oakmontcanineclub.org but if you want to join the picnic fun and you're not a member yet, you're welcome to join at the picnic. We'll provide the application; you just bring your checkbook (or cash).



Marie McBride
322-6843
Private Line

6520 Oakmont Drive
marie@sonic.net

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JUST LISTED

9325 Oak Trail Circle
Affordable and adorable Patio A home in the Orchard features an open kitchen, spacious living room, three bedrooms, two bathrooms, and two sliders that access a private patio. Other features include dual-paned windows, laminate flooring, high ceilings, double glass doors to the den/third bedroom, gas range, and indoor laundry just to name a few. **\$383,648**



SOLD

422 Trail Ridge Drive
Enjoy panoramic views of the Valley of the Moon and its surrounding mountains. Upgrades and features include new roof/gutters, fresh exterior paint, hardwood flooring, dual-paned windows, 2 gas burning fireplaces, alarm system, A/C, and enclosed golf cart parking. Separate deck off master with hot tub and outdoor shower. Private pathway to the East Rec Center.

*Are you thinking of selling this autumn, or just curious about your home's value?
Please call me for a confidential and complimentary COMPARATIVE MARKET ANALYSIS.*



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Windsor CA
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838-6000

Mortuary Lic. FD1925
Crematory Lic. CR-383

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- Se Habla Español • Cremation options start at \$1095.00





Oakmont Progressives

■Tom Amato

ELECTION CONFUSION? RIGHT, CENTER, OR LEFT? THIS MIGHT HELP

On Monday, October 8, over 100 Oakmonters packed the West Rec. Center in an event sponsored by the Oakmont Progressives. Vince Taylor presented an analysis of what 16 different organizations—from very progressive to very conservative—are recommending on State Propositions. This is a great tool for those of us confused by some of the ballot measures and the link is below.

The analysis ranks each ballot measure based on which organizations endorse or oppose a given measure. Each Proposition then gets a total score and ranking to show how progressive it is. The chart also goes into detail listing the support or opposition of all 16 organizations. A great thing for conservative voters is it is easy to reverse the score to see what conservative groups like! Maybe this will unite the left and right?

In attendance on Oct. 8 was Councilwoman Julie Combs, who strongly supports Measure N. She pointed out that all council members, both progressive and even the one Republican on the council, all backed Measure N.

Vince Taylor's Analysis Chart can be found at: <http://www.oakmontprogressives.com>.

Women's Discussion Group

■Julie Morcomb

Join a lively diverse group of women every first and third Tuesday of the month at 3 p.m. in Room B at the Central Activity Center for conversation. We meet in a non-structured environment to share thoughts and ideas on a wide range of topics from what books we are reading or movies we have seen to health and family topics. It is always a learning experience.

The group size is limited to 12 women. Currently, there is room for a few more women. If interested, please contact me at 537-7192 or julie_morcomb@hotmail.com or Bunny Schmidt at 537-1111 or bookwormbunny@yahoo.com. This is a no-fee activity.

Free Movies For Seniors Begin Again!

PRESS RELEASE

The Free Seniors Movie Series begins again on Thursday, November 1. A choice of three or four films will be shown on the first Thursday of every month through June 6, 2019, at the Third Street Cinemas.

The theatre is located at 620 3rd Street in Downtown Santa Rosa, between Santa Rosa Avenue and "D" Street (in the courtyard behind the Third Street Aleworks and Bibi's Burger Bar), only 1½ blocks from the Transit Mall).

The movies are free for seniors 60 and older, and will begin at 10 a.m. No tickets are needed and the doors open at 9:30 a.m. For a list of the three or four movie titles for each month, call the Third Street Cinemas Recording the week of the series at 525-8909 x 2.

The series is generously sponsored by Santa Rosa Memorial Park & Mortuary, Eggen & Lance Chapel and Kobrin Financial Services.

For more info, contact Gwen Adkins at the Santa Rosa Entertainment Group: 523-1586 x 21 or 484-7328 cell.

Valley of the Moon Rotary Club



■John Brodey

YOUTH WASTED ON THE YOUNG?

That appears not to be the case after all. As we discover, immaturity isn't all it's cracked up to be. Having been teenagers, we can all attest to the fact that unbridled energy doesn't protect you from bad judgement. As a psychologist friend of mine pointed out, "The prefrontal cortex of the brain is where cognitive behavior resides. Planning, decision making, judgement are moderated by this region, and it doesn't fully develop until the age of 26 at best." She was serious about what that meant and had told her children as they went off to college that if they decided to get married before that age, she would not be attending the wedding, period. That seemed to work.

Most of us were pretty lucky that our mistakes weren't fatal, although I came close. My father had a mid-life crisis when I was in high school in the 60's. He went out and bought a Pontiac Le Mans coupe with a 325 hp engine. Mistake. My good buddy Bob, who had more bad ideas than Wile E. Coyote, suggested we take it out late one night on the broad thoroughfares of town to see what it could do. Well, apparently it could do about 80 in a 25mph zone before one got arrested. In those days, they called your parents down to the police station. They were not pleased and advised me that I wouldn't be touching a steering wheel for an entire year.

The ultimate point here is that most kids make mistakes because they can't help it. So how to handle those errors in judgement that lead to more serious



David Koch, Chief Program Officer for Sonoma County, recently spoke to our club about the Juvenile Justice system.

consequences? Enter David Koch, the chief probation officer for Sonoma County. He oversees a budget of \$72 million and a staff of 291. As he recently told our VOM Rotary club, this includes the 140-bed juvenile hall and 24-bed probation camp.

This office is the silent arm of the courts with three divisions: adult/youth supervision (2,400), juvenile justice center and VOM children's center. The main thrust is to identify and work with at-risk youth before they get into real trouble, often due to abuse, dysfunctional families or homelessness. These are the kids most likely to offend. Programs like Cognitive Behavior Therapy are designed to help these young adults develop coping skills. It's a team effort with SR teachers, case managers working together to change their way of thinking which in turn alters behavior.

Perhaps the greatest boost comes from the judicial system. Much shorter sentences for youthful offenders are intended to address the fact that the longer they are in detention the more likely they are to come back. Does it work? Well, the statistics say that it does. From a maximum of 11,000 youth in the system some years back, it is now down to 620, which is nothing short of miraculous!

Check out our upcoming speaker schedule at: vomrotary.org.



Movies At Oakmont



■Barbara Bowman

WHERE: Berger Center

SCREENING DAYS AND TIMES: Sundays at 2 and 7 p.m.

HOSTS: Barbara Bowman, Chris Decker, Ernie Erler, Al Haggerty, Carol Haggerty, Mike McInnis and Jeff Neuman.

NOTE: All films are shown with English subtitles when possible, free of charge—compliments of the OVA

NOVEMBER 4

NO FILMS SHOWN: HEALTH INITIATIVE EVENT AT BERGER

NOVEMBER 11, 2 AND 7 PM

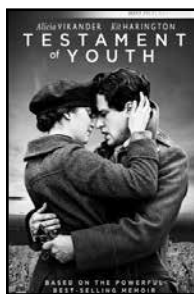
TESTAMENT OF YOUTH

Sunday, November 11 is Veteran's Day, marking the 100th anniversary of the end of World War I. In conjunction with a celebration for veterans and first responders set for Monday, November 12 in Berger Center, MAO will screen *Testament of Youth*, a powerful story of love, war and remembrance based on the First World War memoir by Vera Brittain (Alicia Vikander.) When Brittain ends her studies at Oxford to become a battlefield nurse, we see the war through a woman's eyes. An outstanding performance by Vikander. (2015), PG, 130 minutes.

NOVEMBER 18, 2 AND 7 PM

TWO DAYS, ONE NIGHT

After being released from the hospital and on the verge of losing her job, Sandra (Marion Cotillard) comes up with a last-ditch strategy: get her workmates to sacrifice their much-needed bonuses so that she can stay on. With a single weekend to make it work, Sandra and her husband take her crusade for sympathy all over town. The film, a powerful statement on community solidarity, received numerous honors, including a Best Actress Academy Award nomination for Cotillard. (2014), PG-13, 95 minutes. (In French.)



FOR YOUR REFRIGERATOR/WALLET

Sunday, November 4: No film shown, Health Initiative Event at Berger

Sunday, November 11, 2 and 7 p.m., *Testament of Youth*, (2015), PG, 130 minutes.

Sunday, October 21, 2 and 7 p.m., *Two Days, One Night*, (2014), PG-13, 95 minutes. (In French.)



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HERITAGE ROOFING CO.

Specializing in residential re-roofing. Top quality workmanship. Honest and reliable. Oakmont references. Free estimates. Lic. #673839. 539-4498.

COMMUNITY AMBASSADOR HOME GREETING SERVICE

Welcoming new residents since 1975. Have valuable local community information given on every visit. If you are new to Oakmont and have not had a home visit, please call Charlotte at 538-9050.

MIKE'S REPAIR

Plumbing, electrical, appliance, heating and air conditioning, general handyman (I can fix just about anything). 30 yrs. experience. Honest and reliable. Lic. #B32925. Call 536-9529, emergency—328-6635.

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A to Z home maintenance and repair. Kitchen and bath remodel. Carpentry, tile, plumbing, electric and painting. All phase construction. Lic. #966203. Call Lee Moen, 318-5591.

FURNITURE REPAIR

George's furniture repair and refinishing, antiques and caning. Oakmont references. 30 years experience. Free estimates. Call George at 987-3059.

PAINTING, WALLPAPERING, FAUX FINISHES

Reasonable rates, free estimates, Oakmont references. Lic. #573530. Gary Luurs, 528-8489.

B&J CONSTRUCTION BRUCE JOHNSON, GENERAL CONTRACTOR

Remodeling, kitchens and baths. Reasonable rates. Small jobs OK. Free estimates. Lic. #428073. Call 996-1454.

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All home repairs. Everything from fixing that leaking toilet to hanging pictures, to replacing that broken light switch. Serving the Santa Rosa area since 1985. \$35 per hour. Quality workmanship and excellent ref. Just make a "to do" list and call me. Local Oakmont references on request. 888-2013.

CBABE'S TRANSPORTATION

A personal transportation service for airports, cruises and vacations. Call for reservations. Plus Babe is on the road again for local doctor visits, shopping, etc. Call Stephany at 545-2850.

GOLF CARTS

Huge selection of value-priced, new, used and re-conditioned golf carts for sale. Professional repairs, service. Many years servicing our friends in Oakmont. 584-5488.

FIREPLACE CLEANING AND SERVICE

Warming Trends has been cleaning, servicing and installing fireplaces, stoves and inserts for 30 years. Call 578-9276 for any fireplace needs.

BODEN PLUMBING, HEATING AND AIR

For all your plumbing and heating needs. Local plumbers in business since the late 20th century, licensed, bonded and insured. Same day service is often available. Money-saving coupons! CA Lic. #659920. Please call (707) 996-8683 or go to www.BodenPlumbing.com.

COMPUTER OOPS??

Oakmont Onsite Personal Computer Services. Call Chuck for all things computer. VOM Rotary member, computer instructor. References available, many satisfied Oakmont customers. \$45/hr. 293-8011.

ARPET, UPHOLSTERY AND TILE CLEANING

Gavin Anderson, local Sonoma resident. 17 years experience. Senior pricing. Free estimates. Call 935-6334.

WeCare IS HIRING!

Caregivers to work in our community. Flexible shifts, 2-24 hours. Hiring bonus. Call 843-3838 or drop by 6528 Oakmont Dr.

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Established 1963. Old fashion haircuts at a reasonable price. No appointment needed. 120 Calistoga Rd—down the breeze way by Safeway.

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Home, office, move-outs. Window, bed linens and much more. 19+ years of experience. References upon request. 548-9482 or marthal1041@att.net.

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Little fix-its and knotty problems. All trades repairs. Fixtures assemblies, yardwork, general labor and clean-up. Lic. #560098. Jay Williamson, 539-5217.

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COOL CUTS HAIR SALON

No appointment for haircuts. Coloring, perms, styling. Great people, great prices. Open 7 days. 140 Calistoga Rd., Santa Rosa. www.coolcutshair.com. 538-3277.

GO-TO TECH GUY

Desktop/Laptop repair and setup. Tablet setup: make your sign-ins easier with Apple TouchID, or transfer data to a new device. Device running slow? It could be time for a replacement. Contact me for a free, quick over-the-phone estimate. Use "SENIOR25" to get 25% off of my services. (707) 536-1527.

GUTTER CLEANING, GUTTER GUARD INSTALL, WINDOW WASHING AND POWER WASHING

20 years in Oakmont. Call Alex, (707) 291-0429.

HELP WANTED

Austin Creek Elementary is hiring for the 2018-19 school year! Noon Duty—3+ hrs. a day; Day Care—3+ hrs. a day; Instructional Assistant—3+ hrs. a day. M-F or flexible work schedule, \$12.33/hr. Contact Jenny Lynch, 538-2122 or jlynch@rvusd.org.

THANKSGIVING AND CHRISTMAS DECORATING SERVICE

Will personify your passion for the holiday season and allow you to celebrate the holidays with family and friends. Free consultation! \$30/hr. Some the services: decorating Christmas trees, doors, wreaths, fireplace mantels, staircases, dining tables. Gift wrapping. Call or text Mimi at 591-4069 (cell) or email to mimi1957wa@gmail.com.

NOSE TO NOSE PET SITTING

The best care for your best friends. Over 25 years exp. Cat and dog care. Daily visits, overnight companionship. Insured and bonded. Alix Moline, (707) 637-6267. For profile and testimonials visit petsit.com.

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We specialize in home non-medical care for seniors, Alzheimer's, hospice, disability and others. Call (707) 978-1457 or (707) 304-9179. Website: www.divinefijiancare.com.

GUTTER CLEANING

Time to clean those gutter again. Free estimates. Steve, 538-8265.

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Quality work done at a reasonable rate and with an emphasis upon a natural look. Since 2007. Richard, 833-1806.

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Performance and maintenance of many tasks. Indoor: carpentry, plumbing, painting, electric, gas, drywall. Outdoor: irrigation installation, low water plant design, pruning. Call Phil at (707) 332-5003.

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Professional, experienced locksmith for all your security needs. Senior discount. Call today! 539-6268. Wayne Carrington, LCO #2411.

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Let me help you walk, talk and play with your dog. \$25/hr., 15/half-hr. Call for free meeting. Terri, (707) 480-0786. Local references.

NOTARY PUBLIC

Oakmont resident, retired Escrow Officer. Carol Palombino, 953-8324, carolpal3@yahoo.com.

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We offer affordable prices on junk removal and much more. Please call or text today, (707) 217-7721.

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- Classified ads of 150 spaces or less, (payment to accompany this form) \$25 per insert
- Pre-paid standing ads of 150 spaces or less, for a period of 3 months (6 issues) \$120
- Pre-paid standing ads of 150 spaces or less, for a period of 6 months (12 issues) \$216
- Pre-paid standing ads of 150 spaces or less, for a period of 1 year (24 issues) \$384

A space is a letter (including those in the heading), punctuation mark, and a space between the words in the ad. Additional \$4 for the next 40 or less spaces. Whenever applicable, CA state license or certification number must be included.

DEADLINE: 10 days prior to publication.

Classified Order Form

NAME _____
 ADDRESS _____
 CITY, ZIP _____
 \$ _____ Check, Money Order or Cash
 HEADLINE _____

 BODY TEXT _____

MAIL TO: CJM Productions, 2105 Longhorn Circle, Santa Rosa, CA 95401
Tel (707) 575-7200 • cjmprod567@gmail.com

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... is owned by the **Oakmont Village Association** which, through its board, sets editorial policy.

The **OVA** has contracted with **CJM Productions** to handle typesetting, layout, printing and free distribution of the *Oakmont News*, the latter by U.S. mail, to each home via 3rd class mail.

CJM Productions also handles advertising for the *Oakmont News*.

CJM Productions and the **Oakmont Village Association** assume no responsibility for the content of any ads that appear in the *Oakmont News* nor do we endorse or recommend any product or service advertised herein.

CA law requires all CA licensed contractors to list their license number in their service advertisements. CA law also requires contractors performing work totaling \$500+ (incl. materials & labor) must be licensed by the Contractor State License Board (CSLB) to work in California. For information contact the Contractor's State License Board at www.cslb.ca.gov.



Oakmont Village Association

OAKMONT VILLAGE ASSOCIATION

Hours: M–F 9 AM–5 PM—Open during lunch
Tel 539-1611
6637 Oakmont Dr., Ste. A
OVA E-mail: askova@oakmontvillage.com
Website: www.oakmontvillage.com
Go to the members only page to view the monthly calendar, Board Meeting Minutes, criminal activity information and more.

MAINTENANCE OFFICE

Hours: Daily 6 AM–10 PM
Tel 539-6720
Maintenance Building (next to Central Auditorium)

CONDOMINIUM FINANCIAL MANAGEMENT (CFM)

OVA Accounting
Tel 800-585-4297

OAKMONT NEWS

Tel 575-7200
E-mail: cjimprod567@gmail.com

ARCHITECTURAL OFFICE

Hours: M–Th 9 AM–Noon, 1–5 PM
Tel 539-0701
6637 Oakmont Dr., Ste. A
E-mail: mary@oakmontvillage.com

PAS MANAGEMENT COMPANY

Hours: M–F 9 AM–Noon, and 1–4 PM
Tel 539-5810
6572 Oakmont Dr., Ste. A
(for Association Maintained Homes)

AVAILABLE IN OVA OFFICE

GAS SHUT-OFF WRENCH.....\$9
TENNIS COURT KEY.....\$2
VIALS FOR LIFE.....FREE
RESIDENT ACCESS CARD.....\$25 EA
REPLACEMENTS.....\$25 EA
GUEST ACCESS CARD.....\$25 EA
EMERGENCY CONTACTS FOR RESIDENTS
This form is confidential and used only in case of an emergency to notify your named contacts.

BULLETIN BOARDS

There are three OVA bulletin boards, one at each recreation center, where OVA events can be posted. Please bring in notices to the Events Coordinator at the OVA Office. Size is limited to 8.5"x5.5". Items "For Sale," "For Rent" or "Want to Buy" can be put on a 3"x5" card and left at the OVA Office.

LOCKER RENTALS

Annual Locker Fee \$30 (January 1–December 31). If you wish to rent a locker, come to the OVA office and give us a check, your information and the number of the locker you want to rent. You provide the lock. We can prorate the annual fee. Daily use lockers are free. NOTICE: Weekly locker inspections are done by OVA Maintenance. Locks could be sawed off with no prior notice and locker contents removed on all unpaid lockers. Items will be held in OVA Maintenance office for 30 days. If you have any questions, please contact the OVA Office M-F 539-1611

GUEST PASSES

The following are OVA Guest Pass types and duration: 1) Guest from outside Sonoma County—up to 90 days; 2) House sitters—up to 90 days (OVA host must present written request to OVA Office for approval prior to visit); 3) Guests living in Sonoma County—2 days per card, and no more than 3 cards per month. Guest cards are available during regular hours in the OVA Office for a \$25 refundable deposit. Guests accompanied by their Oakmont host are not required to have a Guest Pass.

STORAGE UNITS AND PARKING

Call Oak Creek RV & Storage, P.O. Box 2246, Santa Rosa, CA 95405. 707-538-3230

OAKMONT COMMUNITY GARDEN ON STONEBRIDGE

For more info on signing up contact OVA at 539-1611 or email Oakmontcommunitygarden@gmail.com. Spaces are available.

FITNESS CENTER

Central Activity Center, 310 White Oak Dr. Daily 5 AM–9 PM. Closed at 7 PM on Tues. for cleaning. Closed Thanksgiving and Christmas day.

NEED A RIDE? GIVE A RIDE! OAKMONT VOLUNTEER HELPERS

COORDINATOR
Rides to Medical Appointments
Rides Within Oakmont

We provide the following services to Oakmont Residents:

- Transportation to medical/dental appointments in Santa Rosa only
- Grocery shopping to Safeway (at Calistoga Center only)
- Meals on Wheels, 525-0383

Call 9AM–5PM
November 1–15
Jack Lucetti
833-1110

November 16–30
Maurine Bennett
539-1074

If you would like to be a volunteer, please call 539-8996. Donations to Oakmont Volunteer Helpers are appreciated and tax deductible. Mail your check payable to Oakmont Volunteer Helpers, 6637 Oakmont Dr., Ste. A, Santa Rosa, CA 95409. Thank you.

Mon.–Fri. medical rides before 9 AM or after 4 PM are subject to limited volunteer driver availability. No service on weekends or holidays. Please call at least three full working days prior to appointment. **We regret that we are unable to provide either wheelchair or emergency service.**

POOLS & JACUZZIS SUMMER SCHEDULE

Access to OVA pools is by magnetic card. Call OVA Office, 539-1611 if you need a permanent new member pool access card or to register for a temporary guest pool access card.

WEST: 7 AM–9 PM
(Closes 7 PM Wednesdays for cleaning)

EAST: 6:30 AM–9 PM
(Closes 7 PM Mondays for cleaning)

CENTRAL: 5:45 AM–9 PM
(Closes 7 PM Tuesdays for cleaning)

JACUZZI HOURS: Same as facility. No one under 18 years in West and East pools and Jacuzzis.

CENTRAL POOL CHILDREN'S HOURS: 11 AM–2 PM (Exception: 12 Noon–4 PM Memorial Day Weekend thru Labor Day.) Children must be accompanied by an OVA member or adult with a valid pool access card. NO LIFEGUARD ON DUTY AT ANY OVA POOL. ALL FACILITIES CLOSED CHRISTMAS DAY.

PASSAGES

Please contact OVA resident Bev Schilpp by phone 538-4293 or by E-mail wallyschilpp1@peoplepc.com if you would like to have published in the *Oakmont News* the name and date of death of your loved one.

STREET CLEANING

City streets in Oakmont are cleaned by the city early on the fourth Friday of each month. Residents who want their streets swept should avoid street parking overnight on those days.

BLOOD PRESSURE CLINIC

Wed 10:30 AM–12 PM, Berger Center, Room D. Contact: Del Baker 539-1657.

LIBRARY

Central Activity Center, 310 White Oak Dr. Hours: Daily 6 AM–9 PM. Closed Christmas Day. It is run by volunteers. All donations are gladly accepted. Materials we cannot use will be passed on to others.

LETTERS TO THE EDITOR WRITER GUIDELINES

The Oakmont News welcomes residents' letters to the editor about Oakmont life. Email letters of no more than 250 words to news@oakmontvillage.com. Writer's name, address and phone number must be included. Writers will be limited to one letter published every 90 days. Letters may be edited for length and clarity.

PUBLIC TRANSPORTATION AVAILABLE IN OAKMONT

- CityBus #16 bus takes residents to 5 different shopping centers weekday mornings and around Oakmont afternoons.
 - Sonoma County Transit #30 bus goes to Memorial and Kaiser Hospitals and downtown Santa Rosa. Returns via Oakmont to Sonoma.
- Schedules available at OVA office.

2018–2019 OVA BOARD OF DIRECTORS

E-mail: askova@oakmontvillage.com

Steve Spanier, President
bod.steve.spanier@gmail.com

Tom Kendrick, Vice President
bod.tom.kendrick@gmail.com

Marianne Neufeld, Secretary
bod.marianne.neufeld@gmail.com

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bod.heidi.klyn@gmail.com

Carolyn Bettencourt, Director
bod.carolyn.bettencourt@gmail.com

Greg Goodwin, Director
bod.greg.goodwin@gmail.com

Elke Strunka, Treasurer
(Non-voting officer)
elke@oakmontvillage.com

GENERAL MANAGER
Kevin D. Hubred
kevin@oakmontvillage.com

OVA BOARD MEETINGS

1st and 3rd Tuesdays of the month
1 PM in the Berger Center
All residents of Oakmont are welcome.

The Board of Directors of Oakmont Village Association reserves the right to select those articles submitted for publication that seem appropriate to the purpose of this association.

E-MAIL LIST

Do you want to stay updated on what is going on in Oakmont? Join the OVA E-mail list. You will receive Board Meeting Agendas and Minutes, Oakmont Notices, Meeting Announcements and the weekly Manager's Newsletter. To join, go to the OVA office and fill out a sign-up form, or visit www.oakmontvillage.com/oakmont-residents/. To receive E-Blast by E-mail, click the "join our E-Blast email list" link. If you would like a hardcopy, please come to the OVA Activities office. They are located on the front counter.

Lawn Bowling



■Mary Blake

INTERESTED IN LEARNING TO BOWL?

If you've wondered about the game being played on the lawn next to the Activity Center, it's Lawn Bowling. Drop by any Saturday afternoon from noon to 1:30 p.m. for a demo/mini-lesson. A rink and equipment will be waiting for you!

Smooth soled shoes only, please, to keep invasive seeds out of our lawn.

OTHER BOWLING NEWS

Annual Member Meeting: Thursday, November 1, 1 p.m. at the Berger. If you're reading this article on Nov. 1, you may still have time to make it to the annual member meeting. We need you! We need your ideas, suggestions, even your politely worded complaints. We also need enough of you to elect our next board of directors. Cookies and lemonade will be served!

Thanksgiving Tournament: Tuesday, November

20, 12:30 p.m. With the cooler weather arriving, we've just about finished up with our tournaments. All that's left for the year is the Thanksgiving Tournament. Sign up on the equipment shed board. There will be refreshments, of course. Thanks to Frank G for making all these tournaments happen!

Awards Gala: Save the date for our holiday awards gala (and don't be fooled by the date in the Green Book!) Our Wonderful Awards Gala will be Friday, December 7 at the Berger. Please thank Jeana for all she's done to make our social events happen!

Help Needed: As we continue to encourage new



Our Demo Day Team!

members to learn about bowling, we need volunteers to help with our Give-it-a-Roll on Saturdays. Contact Frank G if you can help.

Contact Oakmont Lawn Bowling:
oakmontlawnbowling@gmail.com;
www.oakmontlawnbowling.com.

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Opens and closes your door...even when the power is out

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Battery Backup

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http://thegaragedoordepot.com/

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Feel safe and secure with the quality of in-home care that Sequoia Senior Solutions is known for.



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Excellence in In-Home Care

Compare us to any other care provider:

- Certified by California Association for Health Services at Home (CAHSAH)
- Accredited by the Better Business Bureau with a rating of A+
- Eight time winner of the North Bay Business Journal "Best Place to Work Award"

Some of our services:

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- Meal Planning and Preparation
- Transportation and Errands
- Light Housekeeping
- Medication Reminders
- Assistance with Bathing and Grooming



Owners, Gabriella Ambrosi, CEO and Stanton Lawson, CFO

Serving Oakmont residents for over 12 years!

6572 Oakmont Drive, Suite E, Santa Rosa, CA 95409



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Linda Frediani Broker/Owner, 322-4519 CalDRE# 00610124



Jolene Cortright 477-6529 CalDRE# 01469046



Paula Lewis 332-0433 CalDRE# 01716489



Mike & Leila O'Callaghan 888-6583 CalDRE# 00788134 & 00544689



Joey Cuneo 694-2634 CalDRE# 01013909



6484 Meadowridge Drive \$450,000



497 Oak Vista Place \$499,000



7301 Oakmont Drive \$695,000



456 Hillsdale Drive \$725,000



8963 Oakmont Drive \$735,000



439 Pythian Road \$949,900



Randy Ruark 322-2482 CalDRE# 00337150



Kay Nelson 538-8777 CalDRE# 00882159



Sue Senk 318-9595 CalDRE# 01188242



Nancy Shaw 322-2344 CalDRE# 01893987



Roberta Lommori 539-3200 CalDRE# 00677185



Cheryl Peterson 974-9849 CalDRE# 01052258

707-539-3200

6580 Oakmont Drive Santa Rosa 95409

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