OAKMONT NEWS

Oakmont's Semimonthly Newspaper

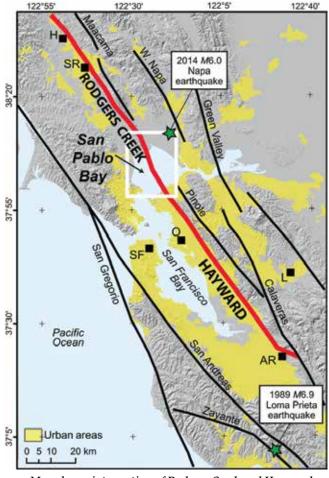
www.oakmontvillage.com/news

August 1, 2019 • Volume 58, Number 15

Earthquake: Are You Prepared?

■Marlena Cannon

Five years ago, Napa Valley experienced a 6.0 magnitude earthquake that killed one person, injured several hundred and caused more than \$500 million in losses. The anniversary of that event and the recent earthquakes in Southern California make this a great time to reflect upon Oakmont's vulnerability, its resources and what individuals can do to be as prepared as possible.



Map shows intersection of Rodgers Creek and Hayward faults beneath San Pablo Bay. (Reprinted from Watt et al. Sci. Adv. 2016; 2: e1601441)

Sonoma County is bracketed by two active faults the San Andreas to the west and the Rodgers Creek to the east. Last summer, the US Geological Survey (USGS) produced a highly detailed map of the Rodgers Creek Fault that showed important new information. For Oakmont, the most significant is that the fault extends south and connects beneath San

Sub-Association Problems Pose Looming Threat

■Al Haggerty

A raft of problems facing Oakmont's 37 subassociations could threaten the long-term well-being of the community as a whole, according to a report delivered at the July 16 Oakmont Village Association board meeting.

Jeff Young, chair, Bob Spaulding and Mary English, members of the board's Aid for Sub-Associations Committee, outlined a situation in which they described some of Oakmont's sub-associations (generally known as HOAs or home owner associations) as "on the brink of failure" and some others facing "critical" and "distressing" problems.

The committee recommends creating a new position of Sub-Association Board Advocate who could be "an expert bridge" between the associations and their property management companies. It suggests that OVA fund the position.

The committee estimated the annual cost at \$200,000. That includes \$184,950 for a senior property manager and an assistant, plus benefits and other costs. Office space, if needed, would add \$19,800 a year. It concluded that having the sub-associations pay for the service would cause adoption of services "too small to effectively address Oakmont's systemic problem of having unhealthy sub-associations."

See **BOARD** on page 3

See **HELP** on page 8

Help For People For Whom Dues Are a Challenge

■Marty Thompson

The idea of a project to help Oakmont residents who struggle to afford their OVA dues was barely public when the first volunteers stepped up, began working and adopted the name "Oakmont Neighbors Together."

Susan Chauncy, a retired investment advisor who is leading the effort, was joined by OVA Board member Marianne Neufeld, whose hand shot up when OVA President Steve Spanier announced the idea at a July 8 town hall, calling it "an opportunity for someone with a passion for helping those who are having trouble affording dues payments." Chauncy described Oakmont Neighbors Together as "a fund established by donors in our own community who



Capt. Bryon Reid of the Santa Rosa Fire Department holds the Oakmont station's red fire danger flag in front of Engine 7. (Photo by Marty Thompson) See story on page 7.

Golf Decisions Focus on Aug. 6 and 8

■Staff Report

An election determining whether Oakmont backs a dues' increase to equip its board to negotiate to buy the Oakmont Golf Club comes to a close Thursday, Aug. 8. That's two days after OGC hopes its members will have voted on a letter of intent the two have signed to pursue a deal.

Enough OVA ballots were in hand two weeks before OVA dues election to reach a quorum. A majority of votes is required for approval.

The golf club board told its members July 19 it had agreed to negotiate exclusively with OVA. The OGC's requirements include member approval of a proposed sale, and it said that it could come at a golf club membership meeting Tuesday, Aug. 6. At least 25% of the golf club's some 260 members must vote, with 60% approval required.

Meanwhile, the OVA ballot asks approval for raising dues a maximum of \$23, from \$75 to \$98 a month. That includes \$17 for golf and \$6 for next year's OVA operations.

State law mandates an election to approve a dues' increase of more than 20%.

Community interest has been reflected in high turnout at town hall meetings, door-to-door campaigning and postings on social media.

The deadline to return OVA ballots by mail is 5 p.m. Wednesday, Aug. 7. Ballots also may be delivered in person at a membership meeting Thursday, Aug. 8 at 1 p.m. in the Berger Center. They will be counted there and results will be announced at 4 p.m. Failure of the dues increase would not make acquiring the golf club impossible, but it would be more difficult. The letter of intent is the first step in a process that could take months to complete. At stake is the future of 250 acres of land running through Oakmont and including two 18-hole golf courses, the Quail Inn and two clubhouses. The golf club board said OVA's proposal best meets criteria its members identified, including maintaining 36 holes of golf. There were other expressions of interest. One did not end in an offer, and other potential buyers included "some element of housing" in their plans, OGC said.

Pablo Bay to the Hayward fault, believed to be one of the most dangerous in the state.

The USGS estimates that there is a 33% chance that a magnitude 6.7 earthquake on the combined Rodgers Creek-Hayward fault system could occur between 2014 and 2043 and could last as long as 100 seconds. By comparison, the 1906 earthquake is estimated at value each homeowner's ability to continue to enjoy this wonderful place we call home."

Spanier said the board had been looking since the 2018 election for a way to help people make ends meet. The idea arose as members are deciding a significant dues' increase to fund a possible Oakmont Golf Club purchase.

See EARTHQUAKE on page 11



See **GOLF DECISIONS** on page 8





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Regular Oakmont Association Committee Meetings

OVA Administration

The listed Oakmont Village Association meetings are open sessions. Any interested Oakmont residents are invited and encouraged to participate in these important meetings.

MEETINGS	DATE	TIME	PLACE*
Architectural (No participation) / mary@oakmontvillage.com	2nd Tues. Monthly	1:30 PM	Conf. Rm.
Oakmont Village Association (OVA) Board Workshops (Check our calendar in the event that a workshop does not oc	1st Tues. Monthly	1–3 PM	Berger Center
Oakmont Village Association (OVA) Board Meetings	3rd Tues. Monthly	1–3 PM	Berger Center
COMMITTEES	DATE	TIME	PLACE*
Communications (CC) / oakmontcommittee@gmail.com	4th Wed. Monthly	10 AM	Conf. Rm.
Community Development (OCDC) / ova-ocdc@sonic.net	2nd Thurs. Monthly	11:15 AM	Rm. B
Community Education and Transparency Committee (CETC)	2nd Thurs. Monthly	10 AM	Mgrs. Conf. Rm
Finance (FC) / ova-finance@sonic.net	The Thursday before the		2
	Regular Board meeting	2–3:30 PM	Rm. B
Long-Range Planning Committee (LRPC)	1st & 3rd Mon. Monthly	1 PM	Conf. Rm.
Landscape Improvement Committee (LIC)	2nd Tues. Monthly	10 AM-12 Noon	Mgrs. Conf. Rm
League of Maintained Area Associations (LOMAA)			2
Regular Meetings	1st Mon. Monthly	12 Noon	Rm. B
Quarterly Meetings	1st Wed. (March, Sept., Dec.)	7 PM	West Rec.
LOMAA Ánnual Workshop	2nd Wed. (June)	9 AM	East Rec.
Emergency Preparedness Committee (OEPC)			
OEPC Board	1st Thurs. Monthly	2 PM	Rm. B
OEPC Community Meeting	3rd Thurs. (Jan., May, Sept.)	2 PM	Berger Center

A quorum of OVA Board of Directors may be present at these meetings. *It is sometimes necessary to change meeting locations and/or dates and times. Please check the Rec. Center bulletin boards for written notice of change or call the OVA office prior to scheduled meetings for confirmation.

BOARD Continued from page 1

HARD TO FIND BOARD MEMBERS

Marianne Neufeld, an OVA board member, said: "It's time we step up and help." She suggested that the sub-associations might pay half the cost and called for the board to hold a workshop for the sub-associations. "We need to work out a way to accommodate you," she told the committee.

A second recommendation of the committee, "since many smaller sub-associations struggle to find board members and enough resources to properly manage their communities," is to work with a lawyer "to create a clear roadmap for how smaller sub-associations might merge." Merging, it acknowledged, presents difficult challenges.

An audience member's suggestion that struggling

At-a-Glance Summary of July 16 OVA Board Actions

■Harriet Palk

Recognitions:

• Dancing Divas: Approved the formation of group to share the joy of line dancing and to perform around the Oakmont community.

• NIA Workout: Approved the formation of a class for non-impact aerobics.

Room B is in the Central Activity Center, 310 White Oak Drive. Conf. Rm. is in the OVA Office, 6637 Oakmont Dr., Ste. A Mgrs. Conf. Rm. is in the OVA Office, 6637 Oakmont Dr., Ste. A

associations dissolve was met with considerable skepticism. Young said association homes have common space rather than separate yards and joint water and sewer bills, making them difficult to dissolve.

Spaulding outlined the problems facing the Twin Lakes Home Owners Association, the largest in Oakmont with 92 homes. As a board member, he said, they've tried for three years to get someone to run for the board with no success.

Young said a survey, which produced only 18 responses from the 37 HOAs, revealed that almost 9 of 10 are having difficulty finding new board members and do not have a succession plan for their board.

Part of the problem, Young said, is that state and local laws and regulations affecting HOAs are more and more difficult to understand and comply with and many board members aren't even aware of them, leading to "significant legal exposures." He said board members are not interested in becoming experts in governing laws, accounting needs and property management functions. "They did not come to Oakmont to become professional level property managers," he added.

Compounding the problem, Young said, is the gap between the services provided by property management companies hired by HOAs and what the law requires. He listed 20 separate areas in which board members need a basic understanding. These include CC&Rs and what they define, bylaws, the role of management companies, pertinent Davis-Stirling Act state law provisions, sample agendas and minutes and insurance policies.

President's Message

Steve Spanier, OVA Board President

AND NOW, FOR YOUR READING PLEASURE, SOME NON-GOLF-RELATED NEWS!

There are exciting things happening here in Oakmont! In today's message, I'll tell you about four of them.

The Aid for Sub-Associations (ASA) Committee, formed not long ago, has been working hard and making great progress. They will report on their work over recent months.



This committee was tasked with figuring out ways to make easier the job of Sub-Association Director. Many of us moved here to retire, not work. Despite this some of us, seeing a real need, step up and serve on their Sub-Association boards. But complex laws and the prospect of acting as a property manager for many households can be daunting. The committee's report will offer an overview of the problem and recommend to the board a possible solution.

Recent earthquakes in the Ridgecrest area and the fires of the last couple years remind us all that Oakmont residents must prepare for emergencies. Two of our residents, Sue Oppenheimer and Brenda Steele, are passionate about this cause, so they worked together to create a tri-fold brochure with basic emergency instructions. We'll be mailing one to each household soon. It will be printed on durable paper, so it'll be something you can keep around for a long time.

Would you like discounts on Comcast service? We're beginning work on a project that could potentially bring Internet costs down here in Oakmont. Imagine cheaper Internet, better wi-fi service throughout our village, and a dedicated Oakmont TV channel that could be viewed for Oakmont news. We also hope to be able to live stream video of our board meetings and town halls via this channel. Recent town hall meetings where many members could not attend due to space limitations would be ameliorated if residents could watch the proceedings from their home TVs or computers.

Finally, a subcommittee of the Long-Range Planning Committee (LRPC) is moving quickly on a project that might eventually bring widespread solar power to Oakmont. This could not only reduce our energy bills, both individually and collectively, it could also provide our own source of backup power in the event of emergencies. Conversations with Sonoma Clean Power are ongoing.

Golf is on everyone's mind these days, but there are other things going on here. Our goal for each of these projects is to make Oakmont an even nicer place to live.



Heidi Klyn with Marianne Neufeld effective immediately. The other two members are Steve Spanier and Tom Kendrick.

Oakmont Community Foundation Volunteer Recognition: Elke Strunka was selected as the first recipient of the Susan Millar Volunteer Award. This allowed Strunka to choose the Oakmont Volunteer Helpers to receive a check in the amount of \$1,000 from the OCF.

Communication Education and Transparency Committee (CETC): Recommended the board consider utilizing all available channels of communication to reach as many residents as possible during the OGC voting period to advise residents how this project will affect future projects and dues. The board voted unanimously to take the recommendation under advisement (*Watch a video of the meeting at www.oakmontvillage. com/videos*)

— Volunteer Opportunity —

■Marlena Cannon

LONG-RANGE PLANNING COMMITTEE

The Long-Range Planning Committee is seeking new members. LRPC is a standing committee of the board and is charged with developing a plan for Oakmont 2030. Its first work effort was presented to Oakmont residents on May 7 this year and is available for review on the OVA website under OVA Board Videos, LRPC Vision Workshop.

Interested individuals should submit their name and resume to askova@oakmontvillage.com. Selected individuals will be contacted for an interview by LRPC members.

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The Oakmont Golf Club is member-owned and open for the public to enjoy. Featuring two Ted Robinson designs, the West Course at Oakmont can be played at over 6,300 yards, and was designed for both enjoyment and challenge. The East Course at Oakmont has been frequently referred to as one of Northern California's most challenging executive courses. While it was a golf course designed for seniors and beginners, it has become a challenge for all types of golfers.

Our picturesque Golf Club offers you great family-friendly golf surrounded by the beauty of the majestic Mayacamas Mountains in Sonoma Valley Wine Country. This award-winning wedding venue also provides a picture-perfect setting for special events featuring both ample indoor banquet space as well as an outdoor patio with surrounding Sonoma Wine Country views.

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Guys and Dolls Golf and Dinner

■Debbie Warfel

MEMBERS AND PUBLIC WELCOME FOR EVENTS

All ability levels can participate in this longstanding social golf group. One Sunday afternoon each month through October, there is 9-holes of shotgun golf on the East Course and Dinner to follow at the Quail Inn.

The next event is August 25, followed by September 15 and October 27. There have been three fun and successful events to date this year.

The August 25 event will include an indoor putting contest after our 9-holes of 4-person scramble golf, followed by dinner. East Course check-in is at 2:15 p.m. with payment of applicable course and cart fees in the East Pro Shop. The fees for the East Course twilight rate: \$20 each to walk, or \$25 each for golf and electric cart rental. In the East Club Room, golfers pay their \$5 cash sweeps fee per person (includes indoor putting contest) and are given a hole assignment. Dinner is \$25 (tip and tax included), and is billed to your membership in advance or by cash/credit card at the Quail Inn Host Desk in the main foyer area. There is a cash bar available also. Dinner is served at 6–6:15 p.m. after the putting contest.

The event is open to men and women, as singles or couples. You may sign up alone, with a partner, or as a four-some. We are happy to do the pairings if you prefer. The sign-up sheet will be on a clipboard in the West Pro Shop starting approximately one month prior to the event until one week prior to the event. You may also call or email the organizers: JoAnn Banayat at (415) 279-2954 (cell) or jbanayat@ sbcglobal.net; Debbie Warfel at (415) 602-0783 (cell) or debbie.jaffe129@icloud.com for signing up and/ or any questions. Hope you can join us for these fun events.

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18-Hole Tuesday & Thursday Women's Club

OWGS

MANNAM Miles

WOU

Sweeps results for July 2: Joan Seliga was the low gross winner of the field of 32 players on the East Course.

First flight: first, Joan Seliga; second, Kathy Mokricky; third tie, Leslie Clark and Kathy Faherty.

Second flight: first, Laurie Vree; second, Mary Ann Gibbs, third, Michele Yturralde; fourth, Debbie Kendrick.

Third flight: first, Judy Duport; second tie, Becky Hulick and Susan Porth; fourth, Linda Yates.

Fourth flight: first, Christie Rexford; second, Patty McHugh; third, Vanita Collins; fourth, Barbara Robinson.

Sweeps results for July 9: June Stephens was the low gross winner of the field of 27 players.

First flight: first, Jan Buell (red tees); second, June Stephens; third, Elisabeth Romayko (red tees); fourth tie, Debbie Kendrick (red tees) and Jan Howard (red tees).

Second Flight: first, Eileen Beltrano; second, Judy Early; third, Noreen Hagerty; fourth, Joan Seliga; fifth, Kathy Faherty.

Third flight: first, Tammy Siela; second, Mary Ann Gibbs; third, Laurie Vree; fourth, Judy Duport; fifth tie, Becky Hulick and Linda Yates.

OWGS Members: General Meeting and food on Aug. 27 following shotgun golf on the East Course. Please try to attend and visit with your fellow golfers.

TOWGC

No sweeps results for July 4 (open play day). **Sweeps results for July 11:** Kathy Mokricky was the low gross winner of the field of 22 players.

First flight: first, Kathy Mokricky; second, Joy Bellomo; third, Joan Seliga; fourth, Joan DiMaggio.

Second flight: first, Noreen Hagerty; second, Michele Yturralde; third tie, Yoshi Smith and Lauri Vree.

Third flight: first, Debbie Warfel; second, Christie Rexford; third, Linda Yates; fourth, Vanita Collins.

TOWGC Members: Home and Home golf day at Silverado North with eight area golf clubs participating and approx. ten OGC participants was a fantastic outing—beautiful setting and weather, excellent meals, prizes and camaraderie. General Meeting with food on Aug. 22—add to your calendar and come and join your club friends.

9 9-Hole Thursday 9 Women's Club

■Valerie Boot

Tews

JULY SWEEPS RESULTS JULY 11, 12 PLAYERS, FRONT NINE

First flight: first, Sheila Sada; second tie, Linda Yates, Elaine Foote.

Second flight: first tie, Ellie Bociocco, Tammy Seila; third, Marie Crimaldi.

Congrats to Roberta Lommori who got a chip-in.

The board unanimously voted not to have an Invitational this year.

WRENS: Watch the Bulletin Board for the next Play Day and sign up.



■John Williston

Rain on May 20 led to cancellation of the first athome Seniors Tournament leaving the only Oakmont Seniors at-home event of 2019 on July 15. A good turnout of competitors enjoyed a warm sunny day with a gentle breeze to keep things just right. The breakfast and lunch served at the Quail Inn were excellent, in keeping with the Seniors tradition, and a good time was had by all.

RIO VISTA, STONE TREE, BERKELEY, SANTA ROSA AND FOUNTAINGROVE AT OAKMONT ON MONDAY, JULY 15 TWO NET BEST BALLS OF FOURSOME

First place: Wally Juchert, Tony Appoloni, Steve Mansfield and Logan Adams, 120; second, Randy Kephart, Bob Montgomery, Paul Wier and Chuck Joseph, 121; third, Dan Crobbe, John Garcia, Stephan Arcuri and Jesse Bedi, 123.

Oakmont players closest-to-the-pin on Hole #16: HDCP 0–15—Sam Wood, 6'3' and HDCP 16+—Wally Juchert, 11'7".

Sadly, the Seniors 2019 season is drawing to a close with only two events left: Windsor Golf Club will host their tournament on August 6 and Santa Rosa two days later on August 8. Results from these events will be reported in the *Oakmont News* edition of September 1.

It has been a good year for the club, even though the weather was less than cooperative at first and caused the cancellation of the initial two tournaments. It will be a long winter before the 2020 season can begin again. Let us hope that the club will still be active by then.

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Home Health Aide Companions







- Art Association –

■Philip Wilkinson

VOLUNTEERS NEEDED

The Art Association needs to fill some vacant positions on the board. We need a recording secretary for our board meetings to prepare minutes. It's an easy job that takes little time. We need a publicity director who can interface with the media and prepare advertising materials for our events. We need a volunteer greeter who welcomes people to our events. We need a trip director to organize trips to museums and other sites of interest.

If you think you could help the OAA in any of these areas, call me at 529-4587 or email at docsevo@ me.com.

ART IN THE OVA OFFICES

If you have been in the OVA Offices lately you saw many new paintings and photos on the previously bare walls. Thanks to donations of works from Oakmont photographers, artists and residents, we have filled the available spaces and made the offices brighter and more interesting. We thank Kevin Hubred and the staff for their enthusiasm and acceptance of this project that allows some of our resident artists to show their work.

TWO-DAY ENCAUSTIC PLAY WITH CAT KAUFMAN

WHEN: September 14 and 15, 10–3:30 p.m. with break for lunch

WHERE: Art Room, CAC COST: \$160 (includes all materials) DEMONSTRATION: Friday,

September 13, 6:30–8 p.m., West Rec. Two days to play with encaustic wax and the many ways that make mixed media wax art so much fun including; collage, wax impressions,



tissue paper immersion, wax carving, glue burning, oil stick color, opaque waxes, embedding skeleton leaves, collage imaging, print transfers, ink abstracts, flocked paper, waxed tea bags, 3D wax relief, adding objects and more! You will leave class with 2-3 finished pieces on wood panels, ready to hang. All materials provided, but you are also welcome to bring papers to incorporate and share such as old letters, book pages, dry tea bags, collage papers, and small objects.

Cat Kaufman is a mixed media artist and teacher with a studio in the SOFA Arts District of Santa Rosa, CA. She has a BA in Teaching and a MPA in Administration and has been a full-time artist since 2008. She teaches classes in Assemblage, Encaustic, Collage, Wire Masks and Plaster.

Her work can be seen in her studio at 312 South A St, Santa Rosa, many arts centers in Sonoma County and open studio events including Sonoma County Art Trails and SOFA Artwalk. Previous shows include Art Basel Miami, Marin MOCA, Mendocino Art Center, Sebastopol Center for the Arts, Sonoma County Museum, Graton Arts Center, Healdsburg Center for the Arts, Art Works Downtown—San Rafael, San Rafael Museum of Propaganda, Cloverdale Arts Gallery, Occidental Center for the Arts, and Art Folk Gallery in San Francisco. Website: www.catkaufman.



George McKinney

WANT TO LEARN ABOUT RESIDENTIAL SOLAR? WEDNESDAY, AUG. 14, 5–7 PM, EAST REC.

There's a lot of interest in residential solar. Many of us have installed solar panels and many more are considering them. This meeting will provide you with a basic understanding of residential solar—the installation, timing, costs and paybacks, batteries.

If you currently have residential solar and were happy with your installer, it's important that you let the OVA know so your solar installer can be added to our list of approved suppliers. Just email the

The Future of Oakmont— Smarter Living Today and Tomorrow

name and phone number of the installer to christel@ oakmontvillage.com. Your name will be kept confidential.

The Futures Club is designed to identify what we can do to remain current in the world around us and to acquire skills and adopt changes that will help us live smarter both today and tomorrow. There are many exciting changes for us to consider, like Solar! Our meetings are open to all Oakmont residents and are intended to expose you to a wide range of options for medical, home, and device applications.

If you want to be on our email list, send your email to futureoakmont@gmail.com.





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Fire Departments to Fly Alerts for Red Flag Warnings

■Staff Report

Fire Departments in Sonoma County, including Oakmont's city fire station, will fly red flags marked "High Fire Danger" when the National Oceanic and Atmospheric Administration's National Weather Service issues red flag warnings. This new initiative is part of the READY, SET, GO Program promoted by the Sonoma County Fire Chiefs Association and Fire Safe Sonoma, and funded by the Pacific Gas & Electric Co.

Red flag warnings are typically issued when frequent wind gusts reach over 25 mph and / or relative humidity is at or below 15%. The physical red flags that fire departments will display will help inform firefighters and local residents that conditions are ideal for wildland fire combustion and rapid spread.

If you see a red flag flying at a nearby fire station, take these steps to be prepared for a fast-moving or unexpected fire:

 Clear away dead vegetation within at least 10 ft. of your home and out of gutters. Remove flammable materials (i.e. firewood stacks, propane tanks) within 30 ft. around your home.

• Ensure that you are signed up for emergency alerts such as SoCoAlert and Nixle.

 Have an emergency bag ready with food, water, important documents and other essentials designed to last 72 hours. Do not engage in any outdoor burning, including in fire pits.

Ensure your home smoke alarms are working.

• Create an escape plan from your home and find two evacuation routes out of your neighborhood with a designated meeting place.

For more information about the READY, SET, GO Program, or the Red Flag Warning System, visit Fire Safe Sonoma at www.firesafesonoma.org.



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Good Works Bring Reward

7

The Oakmont Community Foundation presented its Sue Millar Volunteer Recognition Award to Elke Strunka, OVA treasurer, honoring her community work. As part of the award, Strunka chose the Oakmont Volunteer Helpers to receive a \$1,000 check from OCF. The Oakmont Helpers have been providing rides and Meals on Wheels for Oakmont residents in need for 35 years.



At the July 16 OVA Board meeting, from left: OVH board member Connie Medeiros, Strunka, OVH President Matt Zwerling, and board member Barbara Lowell, and OCF President Paul Heidenreich. (Photo by Julie Kiil)

Single Boomers Social Club

Carolita Carr

COMING UP: HAWAIIAN HIJINKS WHEN: Tuesday, August 13 TIME: 6 p.m. WHERE: East Rec. Center

Aloha! Muumuus, leis and Hawaiian shirts will be seen aplenty as Single Boomers goes native for our August mixer. Nothing of the kind in your closet? Not to worry, summer attire will do. Entertainment will be a hula demonstration by our member, Stephanie Brucker, who might help those who wish, give it a try. The grand finale will be a do-it-yourself ice cream bar. Please bring an appetizer (Hawaiian, if possible) to share, beverage of your choice and a favorite ice cream topping. We will provide the ice cream.

UPCOMING

August 17: Boomers dance party with the Decades band. If you wish to sit with us, get a check for \$15, made out to SBSC to our treasurer, Mary Costa, or deposit it in the Single Boomers folder in the file in the OVA office.

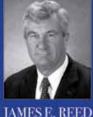
September 10: Experience Wii Bowling with SBSC.

Restaurant visits coming up: "Perch and Plow" and "Bollywood Bar and Clay Oven"

Single Boomers Social Club is open to any single person residing in Oakmont. Only an interest in meeting people and socializing is required. We hold monthly mixers within Oakmont and find interesting things to do in the greater Santa Rosa area. We dine out at a different restaurant once a month, and we even arrange to sit together at other Oakmont activities.

If any of this sounds interesting to you, all you have to do is pick up an application form in the Single Boomers Social Club folder at the OVA office. Our dues are \$12 per year (special rate for remainder of 2019-\$6). Once you join and give us your email address, you will learn of our events and be able to participate.

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Nichols, Catterton, Downing & Reed 6575 Oakmont Drive #9









■Jon Kline

8

LET'S PLAY IN THE EVENING— BEAT THE HEAT!

During hot summer days one of the best times to play shuffleboard is after dinner in the cooler evenings. With that in mind, we are encouraging all OSC members and all Oakmont residents to come to the courts every Monday evening at 7 p.m. We will bring our beverages of choice, a few dessert munchies, socialize, and learn to play shuffleboard while enjoying the views of Hood Mtn. and the Annadel hills.

Meanwhile, our regular weekly club play starts at 9:15 a.m. for instruction and doubles play from 9:30– 11 a.m. on Tuesdays and Thursdays. This is a new sport at Oakmont and the option for club play on days other than Tuesdays or Thursdays is still open just let us know and we'll make it happen.

The shuffleboard cues and discs are stored in the Shuffleboard Locker at the back of the Berger Center; they are available for all Oakmont residents and their guests every day from 8 a.m.–8:30 p.m. Although there is plenty of seating and umbrellas for shade, please bring sunscreen and a hat.

For more information about joining the dues-free shuffleboard club or about the courts at Oakmont call me at (650) 279-0001 or email alsonjonny@gmail.com.



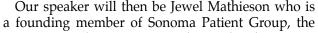
■Heidi Klyn

WHEN: Monday, August 5 TIME: 2 p.m. WHERE: East Rec. Center

Didi Davis will be our speaker. She is co-founder of Sweet Releaf cannabis topicals for pain management. Created of necessity for a family member in chronic pain for life, the product line has grown from its inception in 2015 into a well-known and widely used brand by patients across California.

The purpose of the presentation is to answer the question How Do Cannabis Topicals Work to Relieve Pain for Seniors? Topics covered include a scientific explanation of how the body absorbs cannabis through the skin and why it effectively blocks pain, the best uses of this non-psychoactive form of cannabis delivery, what types of chronically painful conditions it helps, and who benefits the most from localized pain relief.

SAVE THE DATE: MONDAY, SEPTEMBER 2





longest permitted cannabis dispensary in Sonoma County. She is a breast cancer

Central Pool Closure

■Staff Report

Oakmont's largest swimming pool, the Central Pool, will close Monday, Aug. 5, for replastering and conversion to a saltwater system.

During the closure, children's summer swim hours will move to the East Rec. Center pool.

The closure is expected to last five weeks. The replastering requires two weeks, and it takes three weeks for the new saltwater system to cure. The \$104,460 cost is in the OVA's 2019 budget.

When the pool reopens, all three Oakmont pools and spas will have saltwater systems.

HELP Continued from page 1

Chauncy and Neufeld quickly met and prepared to welcome others to help work out how the project can proceed. "There are a lot of compassionate people in our community," Chauncy said. Their initial work focused on how to bring in volunteers and set up the infrastructure for the group. "I'm very optimistic about what we can accomplish here," she said.

Chauncy's community involvement has included serving as vice president of the Oakmont Golf Club, a job that would end with expected sale of OGC.

Spanier's suggestion drew on a program begun some months ago to help residents suffering from loneliness and depression. Legal liability concerns made that impossible for OVA. Anne Marie Sui-Yuan founded an organization to absorb the risks, and volunteers now work through that program to visit and comfort residents who are lonely and depressed.

The idea for Oakmont Neighbors Together is a monetary fund to which all Oakmont residents who wish can contribute, one-time, monthly or occasionally. Funds would be distributed to those with a need. People administering the fund would determine criteria for eligibility.

As an example, Spanier said if 500 residents contributed an average of \$5 a month each for a year that would raise \$30,000, which could provide 100 people with \$300 of dues aid per year. He noted that plan would wipe out the proposed \$23 monthly dues increase proposed for next year.

Spanier's announcement was greeted with applause, and several people in the audience raised their hands as a show of interest.

New East Rec. Officially Opens

■Staff Report

With the snip of a ribbon at 3:30 p.m., Oakmont's renewed East Recreation Center will officially be thrown open to the community in an open house Thursday afternoon, Aug. 1.

From a larger and updated interior to the sparkling new pool and spa, the ERC will welcome Oakmonters to check out the new décor and facilities and enjoy refreshments. Tables will be set up so people can sit, enjoy snacks and the results of the \$2.8 million remodeling of the rec. center.

OVA President Steve Spanier said "the East Rec. renovation is a milestone in Oakmont history. Technical, usability, ADA-compliance and aesthetic upgrades made to both the interior and exterior of this important facility will serve Oakmont residents for decades to come."

The dedication day was to begin with technical walkthroughs hosted by OVA Construction Committee Chair Iris Harrell and the project manager, Deanne Alexander. Reservations for the tours were booked in advance through the OVA office.

GOLF DECISIONS Continued from page 1

The club said it found "the prevailing view of the value of our property is one of rezone, sub-divide and develop. It makes little difference that it might take ten years to get there. Real estate development is a long game."

OVA's board entered the market after the financially pressed OGC put itself up for sale earlier this year at an asking price of \$4.8 million. The amount and terms of the OVA's offer have not been disclosed.

OVA has said it would not operate the golf club itself, but enter into a 30-year lease agreement with an experienced operator, Advance Golf Partners. The company would be responsible for operating costs and invest just over \$3 million over 10 years to upgrade food and beverage and golf operations.

The election is only Oakmont's second communitywide vote in its 55 years. In 1989 Oakmont members rejected a special assessment of \$1,500 to allow OVA to buy the golf courses. It failed by some 300 out of more than 2,400 votes.





Iewel

Mathieson.

survivor, with degrees in Psychology and Education from Sonoma State University. SPG will be registering Oakmont cannabis club members for a Free Delivery Service to Oakmont on Wednesdays.



Hulter.

The featured speaker will be Dr. Marilyn Hulter. Dr. Hulter is a Harvard-trained, board certified, anesthesiologist with 40 years of practice. She served on the UCSF faculty in anesthesia for five years. She was on the Marin General Hospital staff for 11 years, Medical Director of an

ambulatory surgery center, and following that spent 10 years of office-based anesthesia. In her ninth year of medical cannabis consulting, she has consulted more than 15,000 patients.

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Tennis Club

■Ruth Layne

LOTS OF LOVE ON THE COURTS AT SPARKLERS VS. ROCKETS

If you think those young kids Federer and Djokovic have stamina, you should have seen our OTC players during our recent tennis event in NorCal summer heat. We have folks here who just never quit!



Last off the court: Ron Holladay, Yvonne Alexander, Peter Hogan and Eva McGinn.



A beautiful day for Sparklers vs. Rockets.

The sounds of tennis balls popping off strings, a little light-hearted banter, and a whole lot of laughter pervaded the West courts as OTC members met in the July 13 Sparklers and Rockets tennis tournament. By 9 a.m. teams were formed and matches started, as we did our best to get a jump on the rising temperatures. Both mixed and same gender teams met in round robin play of shortened sets, allowing three matches

per team. With 18 players showing up, organizer Edilberto Loaiza did a great job of subbing people in and out to give everyone playing time, and get folks off the court who needed to leave. Although the Sparklers won the overall match, the games were always competitive and super fun.

Doug Smith popped in with his freshly picked plums. Fred Merrill and Jon and Joan Kline provided a nice lunch and drinks to cool down with afterwards. The organizers gave out red, white and blue bandanas so players could wet them and cool down. If you have not participated in one of these tournaments, do yourself a favor and sign up for the next available meet. It's a blast!

IMPROMPTU TENNIS POSSIBILITIES FOR THOSE WITH INITIATIVE

Why not take advantage of cool evenings, to play from around 5 p.m. to dusk. Temperatures drop significantly as the sun lowers, yet folks apparently don't think to go out and play. Use the roster or substitute list or call on old faithful tennis partners to organize a match. Better yet, host a ten-beer gettogether. All you need for ten-beer is for one person to contact a group of friends specifying a time and place, then interested folks show up with their rackets, some easy munchies to share, some personal beverages, and, voila, you have a tennis and beer event (wine works too). Try it—it's cool!

BOARD TO REVIEW ROLL OF HONOR NOMINATIONS

Nominations for the Roll of Honor award, given to a club member who has made outstanding contributions to tennis at Oakmont over many years, were closed July 31. The board wishes to thank members who have submitted names for consideration. The board will review the nominations at their August meeting, and if they determine a worthy nominee, the award will be presented at the November 15 year-end party.

MEN'S TOURNAMENT

Gentlemen, get those rackets ready! It's time to get new strings if needed, before the September 14 Men's Doubles Tournament. Save the date and start practicing. You know you want to beat your best bud on the court.



Hot August Bridge Series

■Kate Hill, Instructor

BIDS AND REBIDS— NOW WHAT SHALL I DO?

Yeah, yeah! We all know our bridge basics—if I have 13 points, I have to open. With six I must respond. But how many are stumped when it comes to our second chance to bid? Which bids are forcing? Can I pass? Who's the captain? Let's perfect our ability to dial in the right contract!

Join us in the Oakmont CAC Cardroom for our August Friday Morning Series from 9:30–11:30 am. on Aug. 2 and 9 (Opener's rebids), 16 and 23 (Responder's rebids). Sign up on Aug. 2 at 9:15 a.m., or just let me know you're coming.

Cost: \$50 for entire series; \$15/per class for dropins. No partner necessary! Drop-ins welcome. Call me with questions or to sign up at 545-3664, or email kate.hill@sbcglobal.net.

Letter to the Editor

Dear Editor,

There is an easy answer to the golf course purchase question: let the proponents form a new business entity and purchase OGC assets. Oakmonters who strongly believe that such purchase will be a good investment could then become happy and willing investors. They will get full control over the property and will no longer have to worry that their house values would drop if OGC goes bankrupt. On the other hand, Oakmonters who are opposed to the purchase, won't be forced to participate in the investment about which they have serious concerns and will not have to pay for it with raised dues and possible future assessments.

If the "Yes" campaign leaders are correct in their estimate that they have a lot of supporters, this solution should be a financially easy one for them. For example, if they have 1000 supporters their initial investment will be around \$5,000 to \$5,500 each. A good deal if they believe that doing otherwise would reduce their house prices by 25 to 30% (\$150,000 to \$180,000 drop for a \$600,000 house).

This is not a novel solution. That's exactly what Oakmonters did in 1989 when the majority voted against the purchase of what is now the OGC property. Unfortunately, over the long run OGC was not able to make their investment a profitable one, but perhaps the new group will be able to succeed. Perhaps they can benefit from the plans already made and paid for by the OVA Board and hit the ground running. Their success will be welcomed and cheered by everyone and they will directly benefit from taking the risk.

Alas, for this win-win solution to be

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implemented, we must first vote "AGAINST" the proposed dues increase and golf course purchase. But such a seemingly negative outcome will, hopefully, provide for a much better result and will allow us to close the divide in our community created by this controversy. Ellen Leznik

The Oakmont News welcomes letters from residents to express opinion, criticism or praise. See details on how to send at oakmontvillage.com/news or in this issue on the Oakmont Village Association page. While letters may be edited for length and spelling, Letters to the Editor are not edited for accuracy of content. The opinions are that of the writer and not necessarily the Oakmont Village Association.

SRJC Class in Genealogy Studying Migration Paths Starts August 20

Denise Beeson, Instructor

WHEN: Tuesdays, Aug. 20–Dec. 16, 9:30–11 a.m. WHERE: East Rec. Center, 7902 Oakmont Drive, upstairs

BECOME YOUR FAMILY'S HISTORIAN

These classes are designed specifically for you if you are interested in learning how to do family research, solve "brick walls or road blocks," and write for future generations about your family history. No computer experience required but recommended. Classes are open to all beginners or advanced students!

SRJC offers non-credit courses for seniors as part of its goal to provide lifelong learning. Free, no-fee

for Older Adults Program courses have no age limit, though they are tailored for seniors. Access SRJC students' discounts and services, too!

How to register: you may sign up for a class by going directly to the location and the instructor will give you an application and assist with registration. Or sign up online at www.santarosa.edu, see Schedule of Classes, click on OAP per the listed section numbers/ description as per above.

You may contact the Older Adults Program at 527-4533 for more information or call me at 694-6826.

Oakmont Technology Learning Center

FALL SCHEDULE

For information and to register, go to oakmont-learning.org. Advance registration is required. No drop-ins.

CLASS	Ρ	SESSIONS	INSTRUCTOR	COST
APPS CLASSES	5 FO	R WEB, MOBILE DEVICES, AND COMPUTERS		
Fun with Apps & Social Media (Sec. 1)		W, F; Oct. 23, 25; 1-3 pm	Marilyn Pahr	\$10
Fun with Apps & Social Media (Sec. 2)		W, F; Nov. 6, 8; 1-3 pm	Marilyn Pahr	\$10
Evernote Basics		F; Nov. 22; 10-12 noon	Marilyn Pahr	\$5
Understanding Google Apps		M, W, F; Sept. 30, Oct. 2, 4; 10-12 noon	Tina Nerat	\$15
Google Search		T; Sept. 10; 1-3 pm	Randi Hulce	\$5
Quicken Basics		T; Th, Nov. 12, 14; 10-12 noon	Jeff Neuman	\$10
Spreadsheet Basics		T; Th, Sept. 10, 12; 10-12 noon	Jeff Neuman	\$10
YouTube		Th; Sept. 19; 1-3 pm	Bob Crosby	\$5
	/INC	DOWS 10 CLASSES FOR PC USERS		70
Learning Windows 10		M, W; Sept. 16, 18; 10-12 noon	Tina Nerat	\$10
Windows 10 File Management		F; Sept. 20; 10-12 noon	Judie Coleman	\$5
	AP	PLE CLASSES FOR MAC USERS		
Photos for Mac		Th, T, Th; Oct. 17, 22, 24; 1-3 pm	Sowers/Canar	\$15
Working with Mac OS Mojave *	Ρ	T, Th; Oct. 29, 31, Nov. 5, 7; 10-12 noon	Pat Barclay	\$20
A	NDF	ROID CLASSES FOR PHONES		
Android Phone Basics		Th; Sept. 26; 10:30 - 12:30 pm	Alma Ortiz	\$5
Exploring Your Android Phone		T, Th; Oct. 1, 3, 10-12 pm	Jeff Neuman	\$10
API	PLE (CLASSES FOR IPHONES AND IPADS	1	
iPhone Basics		W; Oct. 9; 10:30 -12:30 pm	Alma Ortiz	\$5
Exploring Your iPhone	-	M, W, F; Sept. 16, 18, 20; 1-3 pm	Canar, Sowers	\$15
Intermediate iPhone *	Р	M, W, F; Sept. 23, 25, 27; 10-12 noon	Leslie Brockman	\$15
Advanced iPhone - Part 1 *	Р	M, W, F; M Oct. 7, 9, 11, 14, 16, 18; 1-3 pm	Joe Gerardin	\$30
Advanced iPhone - Part 2 *	Р	M, W, F; Nov. 11, 13, 15, 18, 20, 22; 1-3 pm	Joe Gerardin	\$30
iPhone Photography *	Р	M, W, F; Oct. 28, 30, Nov. 1; 1-3 pm	Joe Gerardin	\$15
Exploring Your iPad		T, Th; Oct. 8, 10; 10-12 noon	Fred Polkinghorn	\$10
Intermediate iPad *	Ρ	M, W, F; Oct. 14, 16, 18; 10-12 noon	Leslie Brockman	\$15
Apple Watch		M, W, F; Sept. 30, Oct. 2; 4, 1-3 pm	Joe Gerardin	\$15
Exploring Apple's iCloud (Sec. 1)		T: Sent 17: 1-3 nm	loe Gerardin	ς¤

Oakmont Square Dancing Club

■Susan McLean

We continue to meet on Sunday evenings from 6–8 p.m. at West Rec. Downstairs with the following updated schedule: Professional caller Lawrence Johnstone is booked for August 4 at \$5 per event. Phil will be offering a free review workshop before the August 4 dance. Phil will also be calling on August 11 for \$2 per person. Sometimes another caller surprises us by dropping in!

Both Lawrence and our caller-in-training Phil Herzog have been moving us along through the basic calls, so at this point we would like to invite only experienced dancers to join us. Come for an evening of friendship, exercise and mental stimulation.

For more information call Jenny at 367-2102 or me at 367-0417.

— Free Windows PC and — Smartphone Help

Do you have a smartphone of PC computer with which you need assistance? Andy Holroyd-Sills or Carl Appellof may be able to lend a hand. If you would like to see if they can help, call Carl at 291-5278 or Andy at 775-5220.

We need more volunteers to provide PC help to our Oakmont neighbors! If you're interested in volunteering, call Carl at 291-5278.



■Linda Koepplin

Q&A WITH PAT BARCLAY SATURDAY, AUG. 17, WEST REC. CENTER

Social at starts 1:30 p.m., meeting at 2 p.m.

This OakMUG event is your chance to drive the discussion. Our Q&A meeting has become a popular annual event where attendees get to ask questions and—hopefully—get answers. Or at least point you in the right direction to find the answers.

Our presenter, Pat Barclay, is an OTLC instructor who has been using Apple products for over 30 years and has assisted numerous Oakmont residents with their computer needs. Bring your questions to the meeting, or better yet send them in advance to ensure that they get addressed. E-mail your questions, concerns, or problems to Pat at oakmugtechhelp@ gmail.com so he can include them in the discussion!

Plan to come early at 1:30 p.m. for coffee/tea, refreshments and fellowship. The meeting begins at 2 p.m. in the West Recreation Center. We look forward to seeing you. Website: http://www.oakmug.org

Exploring Apple's Icloud (Sec. 1)	1, Sept. 17, 1-5 pm	Joe Gerarum	ŞS
Exploring Apple's iCloud (Sec. 2)	Th; Sept. 26; 1-3 pm	Joe Gerardin	\$5

*P = These classes have prerequisites. Please check the Course Descriptions for more information.

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MEMBERSHIP

Annual dues are \$10 per household. Three ways to join: at any meeting; a check made payable to OakMUG and sent to Justine Haugen, Treasurer, 8926 Acorn Lane, Santa Rosa, CA 95409; or you may put your check into our file in the OVA Office.

MAC TECHNICAL HELP

If you need technical help with your Mac or other apple product, call Ronnie Roche, Certified Apple Consultant, 573-9649.

A free service to our membership, send your Mac questions by email to the following email address: OakMUGTechHelp@gmail.com. An OakMUG Mac expert will either get you an answer or will recommend someone who can.

EARTHQUAKE Continued from page 1

7.8 magnitude lasting approximately 45 seconds. The Loma Prieta during the 1989 World Series was a 6.9 magnitude lasting only 15 seconds.

If an earthquake strikes, Oakmont's first responders will be volunteers within Oakmont who are part of two different types of organizations: Neighborhoods organized to assist each other in the event of an emergency and an emergency radio communications organization designed to supplement/replace 911 service.

Citizens Organized to Prepare for Emergencies (COPE) is "feet on the ground" in an emergency. COPE teams maintain information on the location of water, gas and electric shut-offs; emergency contact information, critical needs and a listing of special skills or equipment. Some Oakmont neighborhoods have opted not to join COPE and have adopted a similar program endorsed by the Federal Emergency Management Agency (FEMA) called Map Your Neighborhood (MYN).

The Oakmont Emergency Preparedness Committee (OEPC) has members who are armed with walkie-talkies and HAM radios. In a non-evacuation situation, OEPC

is the communication bridge internally between Oakmont residents and, if needed, to the Santa Rosa Emergency Center—the equivalent of a 911 call.

Unlike Spring Lake that has full-time staff, Oakmont is a neighbor-helping-neighbor system. Tom Pugliese, an OEPC volunteer, is a Zone Coordinator for the West Zone and worries that to cover his 471 homes he needs ten Zone Communicators (with walkie-talkies) and currently has only six. This level of neighborhood coverage is typical of Oakmont with an approximate 50% coverage. "We have good systems in place," he says. "We need more drills, more practice, more training and more volunteers. The key is for people to take preparedness more seriously by taking personal accountability for their own safety."

Oakmont's Rainbow Women agree. This year, Ann Benson and Katy Carrel say that after a great amount of planning and time, they have organized a phone tree, assembled "go bags" for fires, "stay bags" for earthquakes and a comprehensive binder of

emergency information for their membership.

In January of this year, the OVA Board approved the recommendation of the OEPC to change it from a standing committee of the board to a club in order to (1) give volunteers more flexibility in assisting residents by eliminating OVA liability concerns; and (2) allow COPE and OEPC to integrate an create a single entity focused on emergency preparedness and response. That has yet to happen.

Whether it's OEPC, COPE, MYN or Rainbow Women, Oakmont's emergency preparedness is run by, and in desperate need of, volunteers. As a result, individual

emergency plans should assume that there might not be someone there to help. As Barclay says, "There is no reason to panic. There is every reason to prepare." Here are some important things you can do:

1. Volunteer! Contact Pat Barclay to work with OEPC or MYN at 537-0909 or pjbarclay49@gmail. com. Contact Sue Hattendorf at 539.2543 or hattsue@ sonic.net to volunteer for COPE.

2. Sign up for the SoCo Alert System to receive emergency notifications by calling 565-1369 or going online to www.socoalert.com.

Valley of the Moon Rotary Club

More Coming

From OVA

A tri-fold brochure with

basic emergency instructions is

being readied for mailing to all

Oakmont residents. It's printed

on durable paper stock, so it can

be kept around while following

Residents Sue Oppenheimer

and Brenda Steele collaborated to

prepare the brochure. The OVA

office will have extra copies to

distribute to new residents as

the suggestions it outlines.

they move into Oakmont.



TCB

Taking Care of Business was Elvis' motto. In fact, if he gave you one of those diamond encrusted TCB bracelets, you were part of his inner circle, you were on his board of directors. Frank was the Chairman of the Board. I was never sure what board it was, the rat pack? If so, what was Joey Bishop in charge of?

Suffice it to say, most boards are pretty important. They make big decisions and have the burden of responsibility to make the right ones. But as I always say, whenever you have two people or more working together there will be drama. My friend Peter has a good joke about boards: The President of the local congregation goes to visit the Temple's rabbi who is in the hospital after suffering a mild heart attack. He walks in the room and says to the rabbi, "I just wanted to let you know that the board voted 10 to 4 to wish you a speedy recovery." We are surrounded by boards and there are some pretty good ones. Personally, I prefer the kind that are manned by volunteers, not by a bunch of corporate hacks who get fat checks for just showing up. The boards of non-profit charitable organizations and neighborhood associations, for example, have fiduciary responsibilities. They are tasked with processing the considerable amount of regular business and making decisions that could not be managed by the membership at large. In boards, we must trust.

in the best interests of the community. It's a thankless job in many ways but those who do the work aren't in it for the glory. They are doing it because someone has to.

VOM Rotary has a board of volunteer members as well. As a charitable/service organization, we are accountable to our generous donors. Our board is made up of our club president and officers, the directors of our avenues of service—youth, international and community (where over 90% of our funds go) as well as club and vocational services. Also, on the board are our fundraising and Rotary Foundation chairs.

Our last board position is filled by our director of membership, Daymon Doss, whose name is mentioned so you know who to contact at drsadoss@ comcast.net if you'd like to join us for breakfast some Friday morning. Some changes are afoot this term and so included in our upcoming meeting schedule for '19 and '20, there will be five Friday afternoon meetings that will include adult beverages (yay). We owe a big thank-you to our boards for their tireless efforts and the integrity with which they serve those who put their faith in them. We also have an at-large board member chosen from our membership. There are some great speakers coming up in August: including a presentation by Winnie Singh from MaitriIndia, a wine tasting (yes in the afternoon) and a report from Sonoma County airport manager John Stout. Join us!

Earthquake: Things You Can Do

Marlena Cannon

If an earthquakes hits, here is a summary from numerous sources of actions that can be taken to optimize personal safety.

1. Duck, cover, hold: Duck or drop down on the floor, take cover under a sturdy desk or table and hold on. Be prepared to move with it.

2. Stand under a doorframe that is at least 15 feet from a window.

3. In a hallway, sit down against the wall and cover your head.

4. If indoors, stay there: at least until the shaking stops.5. If outside, find a clear spot away from buildings, trees and power lines and drop to the ground.6. If you're in a car, slow down and drive to a clear place.

7. After the shaking stops: Get to a safe place outdoors if you think the structure you're in is in danger of collapsing. Provide first aid for anyone slightly injured and seek medical attention for anyone seriously injured.

8. Assume there will be aftershocks: Secure anything heavy that could fall, and eliminate fire hazards.9. Gas and water: If you smell gas, or think it is leaking, shut it off. Only a professional should turn it back on.

10. Tune your radio local stations like KSRO and KZST for news and information.

MORE YOU CAN DO

For more steps you can take to prepare, here are some websites that offer advice:

1. Be Prepared for an Earthquake—FEMA: https://www.fema.gov/media-library-data/ 1527865427503-bbf6d7e61340e203c4607677cb83a69d/

Earthquake_May2018.pdf 2. Earthquakes—FEMA:

https://www.ready.gov/earthquakes

3. Earthquake Preparedness—Sonoma County

https://socoemergency.org/home/prepare/

earthquake-preparedness/

4. Build a Kit—Ready.gov:

https://www.ready.gov/build-a-kit

5. Prepare for emergencies—Red Cross: https://www.redcross.org/get-help/how-toprepare-for-emergencies/types-of-emergencies/ earthquake.html

Zentangle[™] Art Class in the Afternoon

■Betsy Smith, Instructor

WHO: Anyone who wants to explore being creative WHAT: If you can draw a dot, line, squiggly, circle or square, etc., you can do the Zentangle[™] Art Method. WHEN: August 12—no class, on vacation; August 26—Bijou tiles

WHERE: Central Activity Center Art Room

Our OVA board, for example, has shown itself to be very thorough, hardworking and committed to acting

TIME: 4:30–6 p.m. **COST:** \$10 per class

INFO: All supplies provided. Be sure to register before class starts to reserve a space. Please email Betsy at bsmith@sonic.net.



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12

■Terry Leuthner, President, and Diane Price, Vice President

Oakmont Lanes Bowling Club is a Bowling League consisting of four-person teams that utilize Nintendo Wii to simulate the experience of bowling without the weight of a bowling ball. Any resident who has the ability of holding a small remote control in their hand while swinging their arm as if they were rolling a bowling ball will be able to join.

Anyone interested in joining our club, either as a team bowler or substitute, please call Terry at 538-9177 or Diane at 538-3365 or stop by the East Recreation Center on Tuesdays from 1:30-4:30 p.m. to see us in action. See www.oakmontlanes.com for club information and schedules to bring cookies and to setup/teardown equipment.

Bowling dates for August: Aug. 6 (week #6), 13 (week #7) and 20 (week #8). No bowling Aug. 27, fourth Tuesday.

We moved back to the East Rec. on July 9 celebrating with a July 4 Challenge where a Bowler/Substitute won a \$5 gift certificate to Safeway if he/she bowled a strike in the fourth and seventh frames of any game. Hence July 4 (7/4). Winners are:

1:30 PM League: Joanne Abrams, Larry Lazzarini, Sandy Osheroff, Alicia Panizo, Don Shelhart and Beverly Thompson.

3:15 PM League: Barbara Ford, Scott Harris, Vickie Jackanich, Shirley Jamison, Barbara Koch, Judy Lawrence and Nicole Reed.

RESULTS AS OF JULY 9 (THIRD WEEK SUMMER LEAGUE)

1:30 PM League: first place, Wii Four; second place, 4 Tops; third place tie, Strikers, Pocket Hits and Alley Oops; sixth place, Wild Turkeys.

Men's High Games: Don Shelhart, 267; Larry Lazzarini, 259; Gordon Freedman, 248; Charlie Ensley, 226; Terry Leuthner, 206; Juan Fuentes, 202.

Women's High Games: Joanne Abrams, 277; Diane Price, 256; Alicia Panizo, 249; Sandy Osheroff, 248; Robin Schudel, 248; Phyllis Jennings, 237; Tobi O'Neill, 216; Peggy Ensley, 210; Beverly Thompson, 204.

3:15 PM League: first place tie, Strike Outs and Wii Power; third place, King Pins; fourth place tie, Strikes and Spares and High Rollers; sixth place, Pin Heads. Men's High Games: Scott Harris, 223.

Women's High Games: Debbie Miller, 279; Vickie Jackanich, 259; Joanne Abrams, 257; Shirley Jamison, 246; Nicole Reed, 244; Barbara Koch, 225; Sandra Pessner, 214; Judy Lawrence, 207; Barbara Ford, 202; Joan Sena, 201.

Sub's High Game: Terry Leuthner, 219.



■Phillip Herzog

WHO, WHAT, WHERE, WHEN, WHY?

The Just for Fun Games Club is a great place to make friends and play all sorts of old and new games like: Rummikub, Hand and Foot, Pan, Settlers of Catan, Parcheesi, Spades, Splendor, Uno, Mah Jongg and so much more! We meet in the Card and Game Room at the CAC (Central Activities Center) every Saturday at 1 p.m., and on the second and fourth Thursdays at 6:30 p.m. There are multiple games being played at the same time and you will always be able to choose what game you want to play. We are not too serious—because we play games Just for Fun!

We have a large collection of games on hand and players often bring new and different games as well. If you have any games that you would like to donate or lend to the club, please let us know.

Come check us out even if you are not good at games-we enjoy the extra company. Everyone is welcome to come and have a good time at the Just for Fun Games Club. Come and have fun with us!

For more information contact me at 843-3053 or send an email to goldguyphil@gmail.com.

GAME OF THE MONTH FOR AUGUST: 7 WONDERS

You will be the leader of one of the 7 great cities of the ancient world. Gather resources, develop commercial routes, and affirm your military supremacy. Build your city and erect an architectural wonder which will transcend future times. The beauty of this game

is that it can be played with 3–7 players and each game lasts about 30-45 minutes. This is because everyone plays their turn at the same time.

Can you build the greatest city of the ancient world?



Oakmont Emergency Preparedness Club

OEPC -

Just for Fun Games Club

■Kay Oppenheimer

Fire has been the focus of most people in Sonoma County for a couple of years now, and earthquakes have been pushed to the back of our minds-until the first week of July, when a series of quakes hit in Southern California. Now we're all on edge, wondering how close we are to the next "Big One" here. So, preparation is the key word.

Water: However lazy we are, or however unable to get to a store, we need to have a good stock of potable (drinkable) water stored in a safe place. Remember, in the case of earthquakes, you need to stay put. Don't clog the highways—which might be unsafe anywayto make room for emergency vehicles. If you smell gas-then you can leave, but be sure to report it immediately. So, go buy-or have delivered-several gallons of water.

We read and hear about "magnitudes," which are fine to read before and after a quake, but at the time you're in one, you don't really care whether it's a 3.0 or a 7.1. All you need to do is to get into a safe place and follow all the rules about what to do in case of a quake.

So, go get water now. It's the one thing you cannot live without.

Lawn Bowling



Jim MacAlastaire and Linda Pickell.

TOURNAMENTS

Independence Day: 16 rollers competed on four teams when the July 4 competition began, but the winning duo of Jim MacAlistare and Linda Pickell was just too good.

Women's Triples: Competition was stiff for



■Jim Brewer

Demonstration Day turnout was on the light side, but those who took to the green on a hot July 15 morning



DEMO DAY

seemed to be enthusiastic about becoming full-time bowlers. Sandra Pessner was all smiles as she took instruction from Tony Lachowicz. At one point she hit the jack and Tony's bowl grabber on the same shot. Sue Medway took some clean shots, too. But the bottle of wine was won by Joe Black, whose bowl ended up just inches from the Jack. He picked the red. Thanks to everyone who helped make this a great day (Liliane's cheese thingies were nothing short of spectacular), but a special shout-out to Mark Johnston and, of course, Bonnie. We'll do

■Matt Zwerling

WANTED: A FEW GOOD DRIVERS

Actually, more than a few are needed. Due to the loss of a few drivers and increased demand for our services, Oakmont Volunteer Helpers is in urgent need of more drivers. We transport our nondriving Oakmont residents to scheduled medical appointments within Santa Rosa city limits or to events within Oakmont.

Join our organization and meet neighbors, most of whom have wonderful stories to share during your drive.

There are no oral or written exams, nor is driving school required. All that is required is an interest in supporting a wonderful service for members of our community and a few hours a month.

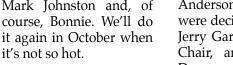
You may contact me at 539-8996 for more information.



Sandra Pessner.



Sue Medway.



DROP-IN DAYS

We are open for dropins, weather permitting, Saturday mornings through September 30.

Anyone interested in learning about our club is invited to drop by and get a little private instruction.

Women's Triples.

this one, ultimately won by Denise Lenahan, Ande Anderson and Sue Tredick. But several of the contests were decided by four or fewer points. And thanks to Jerry Garland, Tournaments and Games Committee Chair, and Members Francis Coryell and Pam Dempsey.

UPCOMING EVENTS

Aug. 5: Men's Singles Tournament, 9:30 a.m. Aug. 13: After Five Social, 5 p.m. Aug. 19: Women's Singles, 9:30 a.m. Aug. 30: Open Singles, 9:30 a.m. Sept. 2: Labor Day / Tom Cuneo Tournament, 9:30 a.m.



E-mail wallyschilpp1@peoplepc.com, to publish the name and date of death of your loved one in the Oakmont News.

■Judy Walker

DOCUMENTARY FILM MASTERWORKS

Music Lovers

During its astonishing 170-year history, the saxophone has been seen by some as both the most seductive and the most feared of musical instruments. From Adolphe Sax's workshop in the 1840's to the era of jazz, playing it was forbidden by both the Nazis and the Communists and it was banned by the Pope, yet it gradually conquered all of the music genres. In his newest award-winning documentary The Devil's

Horn: The Story of the Saxophone, from Noisy Novelty to King of Cool (86 min., 2016), Canadian filmmaker Larry Weinstein illuminates the fascinating story of the saxophone, while featuring some of its most legendary players. The Devil's Horn also explores the sax's longstanding curse that stemmed from the difficult life of its mad inventor, and is still said to affect saxophonists who fall prey to the instrument's dark powers. WHEN: Tuesday, August 6 at 10 a.m. WHERE: East Recreation Center HOST: Ernie Rose COST: Free

Do you have friends or family looking to move to Oakmont, or are you considering selling your home? Call one of our caring and professional agents to assist you with your real estate needs.



477 Falling Star Court — \$819,000 This 1,872 sq.ft. 3 bed/2 bath Matanzas floor plan is located on a peaceful cul-de-sac. The home features vaulted ceilings, a two-way fireplace, formal dining room, living room, family room, and a large kitchen with plenty of cupboards. The master bedroom has two large closets, in addition to a slider to the redwood deck. Come see this tranquil, soothing and relaxing home.



2 Oak Shadow Place — \$729,000 An expanded Manzanita floor plan to 1,600 sq.ft. with 2 bed/2 bath is special. There are hardwood floors throughout, dual-pane windows, crown molding, plantation shutters, cozy alcoves, French doors and so much more. The kitchen features two sinks, a gas stove with impressive hood, and granite counters. Even the yard is delightful and bursting with color, including raised beds for vegetable gardening. Welcome home!

Featured Homes



244 Belhaven Court — \$765,000 Remodeled 3 bed/2 bath, 1,665 sq.ft. Birch floor plan features designer touches throughout this sunny and bright home. The quality of workmanship is evident the minute you open the front door. The high-end appointments and finishes bring this Oakmont beauty into today's modern lifestyle. Enjoy outdoor living from the private yards making this a perfect place for you to relax.



6581 Meadowridge Drive — \$348,000 Very clean 1 bed/1 bath, four-plex unit with new carpet and paint. Located in rear away from the main street. This cozy home has a private patio, gas fireplace, and the washer, dryer and refrigerator are included. HVAC was replaced in 2018. Best of all, the home is conveniently located near "downtown" Oakmont.



7463 Oak Leaf Drive — \$489,000 A 1,145 sq.ft. expanded Poplar floor plan that has been updated and remodeled and includes an interior utility room with a built-in desk not often seen in Oakmont. Additional features are dual-pane windows and laminate flooring. This 2 bed/2 bath, 2-car garage home has a low maintenance backyard with a large patio and mature landscaping, and it is ready to move into and relax.



7410 Oakmont Drive — \$435,000 A 2 bed/2 bath Oakwood floor plan that is waiting for your special touches. It sits on a big lot with a large private backyard. Beautiful cathedral ceiling in the living room with fireplace. The property is near the East Rec with views in the front of the hills. The furnace, air conditioner and hot water heater are relatively new. Come take a look to see how you can make this into a brand new special home.

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Lic. #432558





AUGUST 2019

SUN	MON	This calendar does not reflect all even TUES	ents scheduled. Changes made on or a	after the 15th may not be reflected.	FRI	SAT
	BCBerger CenterBCFSBerger CenterCRCard Room (CDBerger CenterEEast RecreatioECEast RecreatioECEast ConferenGBerger Center	able online at age.com/members htral Activity Center) (Central Activity Center) Fireside Room entral Activity Center) n Center ce Room in OVA Office ecreation Center		1 7:30 AM Fit & Stretch LW 9:00 AM Tai Chi for Beginners G 9:00 AM Forrest Yoga LW 9:00 AM Pinochle Daytime CR 9:30 AM Pinochle Daytime CR 9:30 AM Shuffleboard 9:30 AM Bocce 9:30 AM Painter's Open Studio AR 9:30 AM Lawn Bowling 9:45 AM Pétanque 10:00 AM Spanish Class Inter B 10:00 AM Spanish Class Inter B 10:00 AM Domino Club CR 10:30 AM Chair Stretch Class LW 10:30 AM Men's Bible Study Suite B 12:30 PM Chess CR 1:00 PM Balance & Strength LW 2:00 PM Dance Practice LW 3:00 PM Table Tennis UW 4:30 PM Strength & Balance LW 5:30 PM Kiwanis BC 7:00 PM Bridge Mixed CR	2 7:45 AM Pilates LW 9:00 AM Holistic Yoga LW 9:00 AM OHI Free Fitness BC 9:30 AM Pickle Open Play E Pickleball Ct 9:30 AM Balance and Strength UW 9:30 AM Bridge CR 9:30 AM Bocce 9:30 AM Lawn Bowling 9:45 AM Pétanque 10:15 AM Women's Yoga LW 12:30 PM Duplicate Bridge CR 1:00 PM Ourrent Event ER 1:00 PM Oakmont Billard E Golf Club 1:00 PM Oakmont Billard E Golf Club 1:00 PM Interval Training LW 2:00 PM Oakmont Jazz Club B 3:00 PM Table Tennis UW	3 9:00 AM Drop-In Tennis WT 9:30 AM Pickle Open Play E Pickleball Ct 9:30 AM Bocce 9:30 AM Lawn Bowling 9:45 AM Pétanque 10:00 AM Tap Pratice Adv LW 10:30 AM Meditation B 1:00 PM Just For Fun Game CR
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9:00 AM E-Waste Collection BC Prk Lot 9:30 AM Pickle Open Play E Pickleball Ct 10:00 AM Train Display WR 10:30 AM Community Church ER 2:00 PM Movies at Oakmont BC 4:00 PM Beginners Tap LW 6:00 PM Oakmont Square Dancing LW 7:00 PM Movies at Oakmont BC	9:30 AM Pickle Open Play E Pickleball Ct 9:30 AM Bocce 9:30 AM Lawn Bowling 9:45 AM Pétanque 10:15 AM Women's Yoga LW 11:15 AM Line Dancing LW 11:30 AM A Course of Miracles D 12:00 PM Canasta CR 1:00 PM Oakmont Billiard E Golf Club 1:00 PM Oakmont Billiard E Golf Club 1:00 PM Bridge Practice CR 2:00 PM Interval Training LW 2:00 PM Playreaders B 3:00 PM Circulo Español LCR 4:00 PM Le Cercle Français Suite B 4:00 PM Tap/Clogging LW 6:15 PM Line Dancing BC 6:30 PM Oakmont Progressives ER 7:00 PM Single Malt Scotch Club B 7:00 PM Bunco Ladies Night CR	13 7:30 AM Stretch & Fit LW 8:30 AM Pilates LW 8:30 AM Oakmont Car Club CR 9:00 AM Pickleball Orient E Pickleball Ct 9:30 AM Pickle Open Play E Pickleball Ct 9:30 AM Pickle Open Play E Pickleball Ct 9:30 AM Shuffleboard 9:30 AM Bocce 9:30 AM Lawn Bowling 9:45 AM Pétanque 10:00 AM Tap Class Adv LW 11:00 AM Sir 92 Luncheon Mtg ER 11:15 AM Tap Class Inter LW 12:00 PM Cribbage Players CR 12:30 PM Forrest Yoga LW 1:30 PM Needles & Hooks AR 1:30 PM Needles & Hooks AR 1:30 PM Oakmont Lanes ER 1:30 PM Opp-In Chess CR 2:00 PM Balance & Strength LW 2:00 PM Parliamo Italiano Suite B 3:30 PM Table Tennis UW 4:00 PM Meditation B 4:30 PM Aerobics LW 6:00 PM Dance Practice LW 6:00 PM Duplicate Bridge CR	9:00 AM Holistic Yoga LW 9:00 AM OHI Free Fitness BC 9:30 AM Pickle Open Play E Pickleball Ct 9:30 AM Bridge Practice CR 9:30 AM Bocce 9:30 AM Lawn Bowling 9:45 AM Pétanque 10:00 AM Tai Chi Chuen UW 10:00 AM Greeting Card AR 10:30 AM Men & Women's Yoga LW 10:30 AM Greegiver Support Grp B 10:30 AM Blood Pressure D 12:00 PM Beginning Tap LW 12:00 PM Table Tennis UW 12:15 PM Canasta CR 12:30 PM Bridge CR 1:00 PM Quilting Bee AR 2:00 PM Interval Training LW 2:30 PM OCDC Suite B 4:00 PM Let's Dance Together LW 4:00 PM Collaborative Spirituality CR 5:00 PM Futures Club ER 6:15 PM Line Dancing BC 7:00 PM Oakie Folkies UW	15 7:30 AM Fit & Stretch LW 8:30 AM Kiwanis FS 9:00 AM Tai Chi for Beginners G 9:00 AM Forrest Yoga LW 9:00 AM Pinochle Daytime CR 9:30 AM Pickle Open Play E Pickleball Ct 9:30 AM Pickle Open Play E Pickleball Ct 9:30 AM Bocce 9:30 AM Bocce 9:30 AM Bocce 9:30 AM Painter's Open Studio AR 9:30 AM Bocce 9:30 AM Painter's Open Studio AR 9:30 AM Lawn Bowling 9:45 AM Pétanque 10:00 AM Spanish Class Inter B 10:00 AM Spanish Class Inter B 10:00 AM Domino Club CR 10:30 AM Chair Stretch Class LW 10:30 AM Men's Bible Study Suite B 12:45 PM Chess CR 1:00 PM Balance & Strength LW 2:00 PM Dance Practice LW 3:00 PM Table Tennis UW 4:30 PM Strength & Balance LW 7:00 PM Bridge Mixed CR	16 7:45 AM Pilates LW 9:00 AM Holistic Yoga LW 9:00 AM OHI Free Fitness BC 9:30 AM Pickle Open Play E Pickleball Ct 9:30 AM Balance and Strength UW 9:30 AM Bridge CR 9:30 AM Bocce 9:30 AM Lawn Bowling 9:45 AM Pétanque 10:00 AM InvestOak B 10:15 AM Women's Yoga LW 12:30 PM Duplicate Bridge CR 1:00 PM Current Event ER 1:00 PM Oakmont Billiard E Golf Club 1:00 PM Painter's Open Studio AR 2:00 PM Interval Training LW 3:00 PM Table Tennis UW	9:00 AM Drop-In Tennis WT 9:00 AM Quilting Bee AR 9:30 AM Pickle Open Play E Pickleball Ct 9:30 AM Bridge CR 9:30 AM Lawn Bowling 9:45 AM Pétanque 10:00 AM Tap Practice Adv LW 10:30 AM Meditation B 1:00 PM Parkinson Support Grp B 1:00 PM Just For Fun Game CR 1:30 PM OakMUG UW
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Let's Dance—Together!

■Terry Whitten

INTRODUCTION TO SALSA DANCING

WHAT: Beginning Salsa Partner Dance Classes WHEN: Wednesdays, August 7 and 14 TIME: 4–5:15 p.m.

WHERE: Lower West Rec.

COST: \$9/pp for single class; \$14/pp for both classes In August, come join the fun and learn the basic steps of the lively Salsa. The most basic Salsa steps are easy and the music is fun and upbeat.

Salsa is a Latin dance similar to Mambo and thought to have Cuban origins. Both Salsa and Mambo music were made popular in the United States in the 1940's and 1950's by artists such as Tito Puente and Celia Cruz. More contemporary artists who have had popular songs that can be danced with Salsa are Gloria Estefan and Ricky Martin.

As before, no partners or experience are required. We will rotate partners during the classes. Also, we welcome any ladies who want to learn to lead or men who want to follow. Partner dancing is a fun way to get exercise and it is definitely good for our brains, muscles, balance and spirit!

For any questions, please email me (Terry Whitten) at twhitten@pacbell.net or call me at (415) 265-7590 (cell). I hope to see you on the dance floor!





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Marlena Cannon

Social and cultural historian Karen McNeill may be a new instructor at Oakmont but to her peers, she is highly respected as the foremost authority on Julia Morgan.

While working on her doctoral degree, McNeill became intrigued by the story that Julia Morgan had burned all of her documents. How do you reconstruct a life/ legacy if the traditional documents like diaries and letters are gone?



McNeill was hooked. She looked at blueprints, maps and the buildings themselves, sometimes riding a bicycle to get the feel of neighborhoods. Gathering data from these unconventional resources, McNeill now weaves the history and art of Morgan into a kind of language that tells an unforgettable story of the life and work of this pioneering architect and women's leader.

A lecturer at numerous Bay Area universities, McNeill's has been described by her students as a "passionate," "funny," "intelligent" speaker who uses no notes but consistently demonstrates an "incredible depth of knowledge." Her biography of Morgan is forthcoming.

McNeill will teach a two-session class on "Julia Morgan: California Architect" on September 19 and September 26. She will also present information about her class at the Class Preview on August 28.

LIFELONG LEARNING CLASS PREVIEW WEDNESDAY, AUG. 28, BERGER CENTER

Music and refreshments will be at 2:30 p.m., meet the instructors at 3 p.m.

HOLLAND AND COOTS, JAZZ DUO

"Exciting, exhilarating, and exhausting!" Offering a delightful mix of jazz, blues, stride, boogie, pop, and ragtime, Holland on the piano and Coots on



drums have created something for every taste.

WHEN: Wednesday, August 22, 7 p.m. WHERE: Berger Center COST: \$20 per person, Table Seating, BYOB

REGISTRATION COUPON FOR HOLLAND AND COOTS

To register, go to oakmontll.org, complete this form and return it to the OLL folder at the OVA office or pay at the door.

Name_

Number of tickets to Holland and Coots: _____ at \$20 each

Email	



8836 Hood Mountain Circle—Gorgeous remodeled home bordering a vineyard. Rural living within the city limits.





Phone _

6367 Pine Valley Drive—Beautiful Residence 4 model in the Meadows with views of the hills surrounding Oakmont. \$849,000





*Annual percentage yield (APY) is effective as of December 7, 2018, and is subject to change thereafter without notice. APY assumes all principal remains on deposit for 365 days. Interest will be compounded daily and paid monthly. Fees, or withdrawals of principal or interest, could reduce earnings. To obtain.85% APY on savings, a minimum daily barce of \$10,000 is required. Balances below the minimum daily balance requirement in savings will incur a monthly service charge and decrease the APY to Poppy Bank's standard rate sheet, currently.10% APY. NEW MONEY ONLY.

**Annual percentage yield (APY) is effective as of December 7, 2018, and is subject to change thereafter without notice. APY assumes all principal remains on deposit for 365 days. Interest will be compounded daily and paid monthly. Fees, or withdrawals of principal or interest, could reduce earnings. Early withdrawal penalties apply. Minimum opening balance \$1,000.



7327 Oak Leaf Drive—Cute Poplar model with a delightful garden.

Realty

Marie McBride

322-6843

Private Line

CalBRE #01169355

432 Hillsdale Drive—Expanded and Updated Pinewood model with a garden full of flowers and fruit trees \$635,000



Are you thinking of selling NCBRIDE 6520 Oakmont Drive marie@sonic.net

this summer, or just curious about your home's value? Please call me for a confidential and complimentary COMPARATIVE MARKET ANALYSIS.



■Doc Savarese

HEALTHY AGING

The aging process is an enormous consideration during the later stages of life, unlike the early stages of life where one often experiences the "gonna live forever" attitude. The transition into retirement is a big adjustment which leads to the question: "How can I make the most of my time left on this planet?" In a decade, reports the June/July edition of AARP magazine, 1 in 5 Americans will be 65+ and that 75% of them will have at least two serious health conditions.



Cartoon by Peter Copen.

For most of us, we are not necessarily seeking a longer life, but instead a qualitative one. Look into a mirror and ask yourself: "What is it that adds or detracts from your happiness, self-worth and peace of mind? Do I greet my older self with acceptance, compassion, support and understanding?"

The essence of feeling content and happy is learning to embrace ourselves as we are today by avoiding the killer feelings of inferiority and insecurity. The behavioral manifestations of inferiority are: living with unresolved past conflicts, hypersensitivity, inability to accept compliments and poor self-esteem (physically, socially, and personally). Insecurity is characterized by fear and apprehension of future events which prevents the enjoyment of the present.

Obviously, these "killer feelings" effect all aspects of life including physical (i.e. pickleball), social and personal functioning. It is not healthy to live with the fears, pains, regrets and failed expectations of the past and future.

The goal for healthy aging is to summon love in everyday of life by making peace with life, letting go and finding joy in each and every moment. What better place to find this inner peace and happiness than here in Oakmont? Here we have the opportunity to experience the delight of being with our families and loved ones as well as establishing meaningful social connections. Truly this is a time to reinvent and find meaning for yourself.

Norma Doyle

Playreaders meet every Monday from 2–3 p.m. at the Central Activity Center, Room B. Visitors are always welcome. Come early so that we can meet and greet you.

Playreaders (

The First Play: On August 3 Ron White will present the second act of *Better Late* by Larry Gelbart. Readers are Charley Ensley, Al Johnson, Ron White, Sandy White and Malcolm Wing.

In the play Julian is forced to move in with his exwife and her new husband in order to recuperate from a sudden illness. With each passing day, their awkward situation spirals further and further out of control. As the laughter builds, the question becomes: how long will Julian have to stay? This is a bitingly funny December-December romance. *Better Late* in many ways is a fable of forgiveness: most of us never work up the courage to seize the moments in which amends can be offered and accepted, and the infraction healed.

The Playwright: Gelbart (1928–2009) wrote for Danny Thomas, Jack Paar, Bob Hope, Red Buttons and Sid Caesar. He was one of the main forces behind the creation of the television series M*A*S*H and his best known screen work is *Tootsie*. He co-wrote the long-running Broadway musical farce *A Funny Thing Happened on the Way to the Forum*. His multiple awards include a Tony Award for *A Funny Thing Happened On The Way to The Forum*, and an Emmy Award for Outstanding Comedy Series in 1974 for M*A*S*H.

The Second Play: On August 12 and 19 Ginny Smith will present *Steel Magnolias* by Robert Harding Jr. Readers are Honora Clemens, John Dolan, Norma Doyle, Dennis Hall, Al Johnson, Jackie Kokemor, Ginny Smith, Sandy White and Evelyn Zigmont.

The action is set in Truvy's beauty salon in Louisiana, where all the ladies have their hair done. There is the outspoken, wise-cracking Truvy who dispenses free advice to the town's rich curmudgeon, Ouiser; an eccentric millionaire, Miss Clairee, who

In early July Playreaders read Other Desert Cities by Jon Robin Baitz. Readers were: (standing) Dennis Hall, John Dolan, Stephen Litzenberger; (seated) Ginny Smith, Evelyn Zigmont and Jane Borr.

has a raging sweet tooth; and the local social leader, M'Lynn, whose daughter, Shelby is about to marry a "good ole boy." Filled with hilarious repartee and not a few acerbic but humorously revealing verbal collisions, the play also moves toward tragedy. The underlying strength—and love—gives the play, and its characters, the special qualities to make them truly touching, funny and marvelously amiable company in good times and bad.

The Playwright: Robert Harling Jr. (1951-) originally started his professional life with a law degree but skipped the bar exam and become an actor. After the death of his younger sister, Susan, in 1985 due to diabetes, Harling wrote a short story and adapted it into a play, *Steel Magnolias*, which was produced off-Broadway. Harling also wrote the screenplay for the film version of the play that was produced in 1989, starring Sally Field and Julia Roberts. He played a small role in the film as a minister. He went on to write more screenplays including *Soapdish*, *The First Wives Club*, and *Laws of Attraction*.

■Dolora DeGeer Hurst

Musician Larry Vuckovich has been awarded "The Outstanding Jazz Musician of 2019 in the Bay Area." Wow! And we have him scheduled for an Oakmont program on September 21. How very fortunate we are to have some of the most talented musicians in the entire Bay Area perform here in Oakmont! Before he does our program, Larry will be in Serbia playing at the

Nisville Jazz Festival. He was also recently awarded a "Lifetime Achievement Award" from his native country of Yugoslavia.

For our concert on September 21, Larry will feature two newer jazz musicians: the young 23-year-old



Jazz Club 🏼 📁 –

Miller, one of the outstanding basses in all of jazz. At the age of 20 he performed for Count Basie, who looked him straight in the eye and said, "You did an excellent job!" then added, "I wouldn't be telling you this if it were not true."

We will again offer tables for eight, reserved if all eight chairs are paid together, or by one check for the entire table. Otherwise,

come and share a table and perhaps meet some new friends. You may bring whatever you wish to drink and treats of your own choosing. Please reserve early so as to not be disappointed. The last two concerts have been sellouts and we do not like to send people home! The next Jazz Club Meeting will be on Friday, August 5, 2 p.m. in the Central Activities Center, 310 White Oak Drive. The program will focus on performances by female jazz singers, and will be presented by member Dan Fishman. All jazz lovers are welcome to join us.

0 5

OAKMONT PICKLEBALL PLAY INFORMATION

WHERE: East Rec. Center lower courts, Courts #1 and #4

WHEN: New players (strictly beginners) Introduction to Pickleball and Coached Play (for beginners and novices), Tuesday from 9–11 a.m. The first hour is for newbies and the second hour is for coached play. ATTIRE: Court shoes with non-marking soles EQUIPMENT: Balls are provided. Loaner paddles are available for introduction and coached play. These balls and paddles are for use only on the Oakmont Pickleball courts.

WEBSITE: https://oakmontpickleball.shutterfly.com NEW PLAYER CONTACT: Pauly Uhr, richuhr@ gmail.com, 984-4186; and/or Nancy Lande, Nancy_ lande@comcast.net, 978-2998 guitarist Kai Lyons, and the breathtaking vocalist Charity Goodin-Sanen. Both played in Oakmont with Larry at his outstanding concert—the Valentine's Day Cabaret, and are back by popular demand. Charity and Kai recently joined Larry at Yoshi's, the premier Jazz Club in the Bay Area, and were resoundingly received. On Bass will be Doug

THE LARRY VUCKOVICH CONCERT SIGN-UP FORM BERGER CENTER, SEPTEMBER 21, 7 PM, \$25

Phone

# of tickets	Address_
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Make checks payable to the Oakmont Jazz Club. Please leave ticket orders at the OVA Office, 6637 Oakmont Drive, Suite A.

■Betsy Smith

18

This class is for those who want to start a fitness program or stay fit!

WHAT: Low impact aerobics class

WHEN: Tuesdays **TIME:** 4:30–5:30 p.m.

WHERE: West Rec. Center downstairs

COST: \$7 per class or four classes for \$24 or eight classes for \$48

WHY: To enjoy keeping fit with friends while working out to catchy music and from your aerobics base. You should be able to get up and down from the floor. **INFO:** Bring yourself, water, mat, weights INSTRUCTOR: Betsy Smith, bsmith@sonic.net



■John Phillips

THE BEST EXERCISES FOR YOUR 80s

This is the third part of a three-part series that was featured in the April 22, 2019 edition of the Wall Street Journal. I felt it was appropriated for our Oakmont community.

As we age, variety becomes key and core exercises are recommended. The following exercises are recommended to boost balance long before falls become a risk.

1. Chair Squats: Builds the muscles of the thighs, hips, core and buttocks. Sit in a chair. Rise to a standing position and then sit again. To make it more difficult, perform the exercise with arms crossed over chest or switch to a lower chair. Repetitions: 3 sets of 5.

2. Wall Planks: Increase core strength and improve balance. Stand two feet away from the wall, facing the wall. Assume a push up position against the wall with weight on your forearms. Your body should form a triangle against the wall, with your legs farther away and your forearms resting against the wall. Keep your body straight from head to feet. Hold for 15-30 seconds and work up to one minute. Repeat twice. For more of a challenge, hold the wall plank for 30-60 seconds and then rotate your right arm away from the wall, slowly twisting your torso and head to the right and balancing your weight on your left arm.

3. Modified Lunges: Strengthen the legs, core and back, and enhance balance while reducing stress on the knees. Stand with your feet hip-width apart. Step forward with your right leg and lower your body about a quarter of the way down so that your left knee bends but doesn't touch the floor. Repetitions: 3 sets of 3.

4. Side-lying Windmills: Improve flexibility in the sides, shoulders and back. Lie on left side with a pillow under your head. Keep left leg straight. Bend your right leg at a 90-degree angle and put a pillow under the right knee. Place your arms straight in front of you. Reach the arm on top forward then sweep it



■Charlene Bunas

WHAT: YMCA Healthy Living—free classes by JoRene WHEN: Mondays, Wednesdays and Fridays 9–10 a.m. **WHERE:** Berger Center

HOT AUGUST WORKOUTS

August can be a red-letter month for you. It can also make you red hot. According to Mayo Clinic and Pritikin Longevity Center, the heat of summer demands attention from exercisers. Precaution is the word of the month: 1) Do not exercise in the heat of the day; 2) Drink adequate amount of water all day long, not just during workout sessions; 3) Exercise with moderation; 4) Pay attention to signs of heat fatigue, such as light-headedness, dizziness, headache, muscle cramps, nausea or rapid heartbeat. Exercising in moderation is particularly important in August.

Instructor JoRene understands the rigors of Hot August Workouts and tailor designs class routines with respect to weather and exercise enthusiasts. You are invited to come, exercise and discover what a difference summer work-outs make in your overall wellbeing.

Equipment: Non-skid yoga mats, knee pad, 3# hand weights, athletic shoes that are supportive but not too grippy. Water bottle-hydration revitalizes. Fragrance-free, please. Share the floor with kindness.

Word to the wise: For your safety, good balance and lateral movement are needed for quick aerobic moves. A fall may cause serious injury. Please check with your doctor prior to beginning this or any exercise regimen. All Free Fitness Classes are too large to accommodate those who need special supervision. If you have shoulder, back, knee problems, anything that is painful, it is advisable to join a smaller, wellsupervised class first, and consult a personal trainer or medical professional to learn modifications that are suitable to your condition. Participants need to use their judgment and body awareness, altering each exercise to prevent injury. Be careful dear ones.

Tai Chi for Beginners

Dr. Kate Ha, Faculty at Sonoma State University

If balance is a problem, join us Thursday mornings 9–10 a.m. in Room G of Berger Center for a five-week workshop to address breathing and movement issues where you can never make a mistake.

Tuition is \$75 and classes do not have to be consecutive. Registration is required so call me at 318-5284. I will love to answer your questions and encourage you to try this ancient Chinese practice to improve health, practiced by millions over the world.

The Oakmont News / August 1, 2019

Holistic Yoga

Donna Connell (IYT)

NEW STUDENT SPECIAL! ONE MONTH UNLIMITED CLASSES FOR \$50

WHERE: West Recreation Center

WHEN: Monday at 8:45 a.m., Wednesday and Friday at 9 a.m.

This ongoing friendly class has been at Oakmont for 21 years. All levels welcome. Monday we usually use chairs. Wednesday and Friday class usually utilizes mats and lite weights.

Feel your best everyday as you become more flexible and build strength with this easy to follow class by an experienced instructor. I work with each student individually so you can progress as your own pace.

Come join us with this great offer. Please call 799-3099 or email donnapc21@gmail.com before you come.

Balance and Strength Building

■Betsy Smith

WHO: Those who want to start a fitness program, improve or stay fit

WHAT: Strength and Balance class using weights, large balls, little balls, and bands

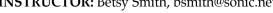
WHEN: Thursdays, 4:30–5:30 p.m.

WHERE: West Rec. Center downstairs

COST: \$7 per class or four classes for \$24 or eight classes for \$48

WHY: To enjoy keeping fit with friends while working out to catchy music and from your fitness base. You should be able to get up and down from the floor.

INFO: Bring yourself, water, mat, weights, and a large ball you can sit on if you have them. INSTRUCTOR: Betsy Smith, bsmith@sonic.net





■Melissa Bowers

WELCOME BACK LAP SWIMMERS!

The new saline pool feels fantastic and the deck's new look is beautiful! So wonderful bring back in our "home" pool. Again, we thank the other two pools' regulars for sharing their "home" pool.

Couple of reminders since it's been 10 months:

1. The backstroke flags had to be moved closer to the wall a bit due to underground pipes so be aware of your stroke count before hitting the end walls. It's different (no ouches!).

2. The two 10'-wide swim lanes on both pool edges are for a minimum of two swimmers. In other words, you share when pool becomes crowded.

3. And finally, the critter catching net is back and is hung where it always was... on the flag wire near the steps. Remember: The frogs like a kiss before you set them free!



in an arc over your head, keeping hand a few inches from floor until you are reaching behind you. Follow hand with your eyes and twist so your right shoulder blade touches the floor. Return to starting position. Repeat 10 times on each side.

5. Overhead Reaches: Stretch sides and improve core flexibility and posture. Stand with feet hipwidth apart. Start with a small weight in right hand at shoulder height. Bend your body to the left, as you raise the weight straight up toward the ceiling. Return to starting position. Repeat on left side. Add light weight for more challenge. Repetitions: 5 each side.

If you are a member of the fitness club you are entitled to a 20-minute check up with me. There is a sign-up board on the wall near my office. If you have any questions or need assistance with your workout program please feel free to contact me at 494-9086 or email me at wkuout2@aol.com.

Interval Training

■John Phillips

Studies have shown that Interval Training helps keep us young and active and promotes weight loss more than any other activity including cardiovascular work. If you need some new ideas on how to work out, then you may want to check out our Interval Training class.

It takes place on Mondays, Wednesdays and Fridays at the Lower West Recreation Center at 2 p.m. Equipment needed: lite hand weights, a non-slip mat and water, and the ability to get off the floor.

The first session is free, drop-in fee is \$8 or you receive 10 sessions for \$64.

Happy lapping and welcome home.





■Valerie Hulsey

The weather has been perfect and the pool is toasty warm and one of the most important things you can do for yourself is to stay healthy and strong. A good way to achieve that is to exercise as often as possible. Several of our class members no longer need to use their canes because exercising in the water has helped them so much. Here in Oakmont we are fortunate to be able to participate in Water Aerobic classes every weekday so we invite you to join one of the classes listed below and see for yourself how good you will feel after a few sessions.

No special equipment is needed when you start lots of available noodles and buoys at the pool for your use.

The Santa Rosa Junior College (SRJC) classes are in full swing and the no-fee classes shown below are paid for by the SRJC Adult Program and the other classes are \$8 drop-in fee.

MARY'S REGULAR SCHEDULE OF CLASSES

Monday: 9 a.m. \$8; 10 a.m. no-fee SRJC class Tuesday: 9 a.m. and 10:15 a.m. no-fee SRJC class Wednesday: 9 a.m. \$8; 10 a.m. no-fee SRJC class Thursday: 9 a.m. and 10:15 a.m. no-fee SRJC class Remember if we don't keep the numbers up for the classes the JC will cancel their sponsorship.

JULIE'S FRIDAY CLASSES

Julie is teaching her 10 a.m. Friday classes. There is a \$6 drop-in fee for those.

Forrest Yoga

■Carol King, RYT (Registered Yoga Teacher)

WHERE: West Rec Center—Lower Level COST: \$60 for six classes. No perfume please. INFORMATION: http://www.carolkingyoga.com; email carolking1234@yahoo.com; 696-5464

CHAIR STRETCH AND BALANCE CLASS WHEN: Thursdays 10:30–11:30 a.m.

Boost your energy. Lift your energy level and invigorate yourself with this lively and gentle class. You choose the level and pace that feels correct for your body. Build core strength while seated! Balance is explored safely. Students can remain seated for the entire class. Small free weights are used to tone the upper body.

Equipment: bring free weights of 1, 2 or more pounds, the weight you want to work with, bring water

FORREST YOGA CLASSES

WHEN: Tuesdays 12:30–1:30 p.m.; Thursdays 9–10 a.m.

Slow down so you can breathe, feel, strengthen and heal. Allow for the healing possibilities that focused

■Mary Hastings

WHAT: Balance and Strength

WHERE: Upper West Rec.

WHEN: Fridays at 9:30 a.m.

Chairs are utilized for balance if needed. Therabands are used for strengthening. Bring your own or purchase one from the instructor for \$5.

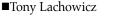
WHAT: Balance and Strength 2

WHERE: West Lower Rec.

WHEN: Tuesdays at 2 p.m., Thursdays at 1 p.m.

This class is designed for balance exercises with

— Hikers



Please keep checking website for updates: www. oakmonthikingclub.com.

AUGUST 8: CLUB PICNIC AT SPRING LAKE

The Annual Hiking Club Picnic is on Thursday, August 8 at the Jackrabbit picnic area of Spring Lake Park. Starts at 11:30 a.m. Hike, cycle or drive over not to be missed! Short, Intermediate and Long Hikes will also terminate at the event—see hike descriptions in this article. We must have a reservation for you so that we have plenty of food for all. No email or phone reservations accepted. Please fill out the form below and drop it and a check for \$5 (members) or \$8 (non-members) in the Hiking Club folder in the OVA office. Deadline to receive forms is Monday, August 5. See website for more details. Questions? Contact marilynpahr@comcast.net or (678) 488-8610.

AUGUST 8: LONG HIKE ANNUAL PICNIC SPRING LAKE

This informal long hike will walk from the community gardens through various trails to Spring Lake and picnic grounds to join rest of the hikers for the annual picnic. We will hike about 6-7 miles depending on the heat and the group. Bring water, hiking poles but no lunch. We will leave Berger center at 8:30 a.m. Hike leader is Lynn Pelletier, yvelinepelletier@gmail.com.

AUGUST 8: INTERMEDIATE AND SHORT HIKES ANNUAL PICNIC SPRING LAKE

This four-mile hike will leave from Berger at 9:30 a.m. We will walk along Channel Drive to the Spring Lake Park entrance on Violetti Road and arrive at the Lower Jack Rabbit picnic area about 11 a.m. Those hiking to the picnic will need to arrange for return transportation or walk back. For information, call Donna McCulloch at 539-5730, dmcculloch2986@ gmail.com.

AUGUST 15: INTERMEDIATE HIKE COASTAL TRAIL: GOLDEN GATE

movement patterns; obstacles of various forms & strengthening with therabands. Again, bring your own theraband or purchase one from the instructor for \$5.

WHAT: Stretch and Core Strengthening WHERE: West Lower Rec. WHEN: Tuesday and Thursdays at 7:30 a.m. COST: \$5/class

Mat class. Bring a neck support also. Stretching for flexibility. Core and overall strength emphasis.





Shell Beach Hikers. (Photo by Keith Sauer)

Land's End Visitor Center, where we will have lunch overlooking the ruins of the Sutro Baths. Fabulous views of the ocean, Marin Headlands, and the Golden Gate Bridge with many historical points of interest. Approximately seven miles and 800' elevation gain. There are several lengthy staircases and a short beach walk. Leave Berger Center at 8:30 a.m. Bring water, lunch (or you can buy sandwiches, salads, beverages etc. at the Visitor Center), hiking poles if you need them, windbreaker advisable. Hike leader is Florentia Scott, 591-1929, email hikingscott@yahoo.com.

AUGUST 15: LONG HIKE HENRY'S KNOB, ANNADEL

We will drive to the top of Oak Mesa, and walk thru Wild Oak to Two Quarry. Connecting with Marsh and Ridge. Henry's Knob has a marvelous almost 360° view. The hike is nine miles and 1,500' of elevation gain. Long sleeves and long pants are recommended, since there are some overgrown areas. Bring lunch, water, hiking poles. We will leave from the Berger Center at 8:30 a.m. Hike leader is Chuck Chenault, 539-1093.

A REMINDER TO ALL HIKERS

If the hiking trail is more than 30 miles round trip

poses and breathwork can nurture.

Forrest Yoga does not require strength or flexibility; it only requires that you bring a willingness to learn how to feel authentically and respond honestly.

All levels welcome. People with injuries or conditions are encouraged to attend.

Equipment: yoga mat, water, beach towel/yoga blanket.

News happens daily in Oakmont. Read the latest online at www. oakmontvillage.com/news BRIDGE TO LAND'S END

Leisurely stroll from the Golden Gate Bridge to the

from Oakmont, it is customary to compensate your driver at least \$5 for gas.

HIKERS AUGUST PICNIC REGISTRATION FORM

If you are planning to attend the picnic, please complete this forma nd return it to the OVA Hiking Club folder. Please include your event fee (\$5/person for members, \$8/person for non-members) payable to Oakmont Hiking Club. Club membership and event fee details can be found on the club website, oakmonthikingclub.com.

1	Name:	Membe	er (Y/N)
I	Number attending: members(s) non-member	r(s)	1
1	Email: Home	phone: Cell phone:	





Cal Alumni Club

■Julie Kiil

20

SADDLE CLUB DINNER—AUGUST 15 "THE OAKMONT COMMUNITY FOUNDATION: HOW OAKMONTERS BEST SUPPORT THEIR VILLAGE" PRESENTED BY BOB CHAPMAN, OCF DIRECTOR

The next Saddle Club Dinner will be held on Thursday, August 15, with cocktails starting at 5 p.m. and buffet dinner at 6 p.m. Our speaker will be Bob Chapman talking about the Oakmont Community Foundation, its purpose, history and ways the foundations raises funds through tax deductible donations to benefit the Oakmont Community.

Please join us to celebrate the end of summer season with Cal Alumni, sipping cocktails on the Saddle Club deck with a spectacular view of the Trione Polo field, the Mayacamas mountains in the Valley of the Moon. Then partake in a delicious meal in the club house with the same view. All alumni are welcome and please consider becoming a "Friend of Cal" and enjoying all our dinners and events.

The menu will be Chicken Cordon Bleu, Rice Pilaf, season vegetables, with a green salad and lemon bar for dessert. The price of the dinner is \$40 and includes cocktails before dinner, tax and gratuity!

Reservations and payment must be made in advance and are due by Monday, August 12. To make reservations please contact Linda Williams at 322-6272. Linda can instruct you on payment to Wild Oak Saddle Club in the amount of \$40 per guest and the where to send your check. Unfortunately, diners/ members/guests sending checks without a call to Linda for the reservations count will be turned away.

Linda can also advise on how to become a "Friend of Cal" and enjoy all our events.

The Wild Oak Saddle Club is located at 550 White Oak Drive.

Kiwanis Club of Oakmont

■Jeff Davis

LIVING WITH LIONS: CO-EXISTENCE WITH AN ICONIC AMERICAN CARNIVORE

Living with Lions is the topic of this month's August 1 evening meeting of the Oakmont Kiwanis Club at 5:30 p.m. in the Berger Center. The public is cordially invited to attend and find out much more about the natural surroundings in which the Oakmont and Kenwood communities are immersed.

In California, mountain lions are at the top of the

Oakmont Community Church

Pastor Brinda

Hello Beloved Community,

Well, we made it to the East Rec. We went kicking and screaming but we are sure glad to be there. It is a great space. We are looking forward to the week when everything from set-up to completion begins to run as a well-oiled clock.

The move was stressful with all that had to be done between the Sundays. We were so blessed that Kevin, the OVA manager came to our rescue with a truck, trailer and manual labor to move the large furniture and risers. He was a blessing sent by God. Thank you, Kevin!

We were also blessed that some of the men from

church were able to build us a shed. I think it is better constructed than our house. They did a fantastic job. We are so grateful that the wooden furniture and Clavanova are able to be safely stored indoors away from the weather. One of the challenges



we had on our first Sunday was the new technology for the lights, sound and media, but that too will be overcome in time.



Our first service was on July 14 and it went well. The room was filled with joy and excitement. The service itself was wonderful, although if you were present then you are aware there was an incident where we needed to call for an ambulance. It ended up being a diabetic seizure. We praise God that we had two nurses and an emergency care person present at the time.

If you have diabetes, let me encourage you to be very careful not to eat what you shouldn't, to eat when you should, and please be careful not to under or over medicate yourself. There are too many things that can go wrong. We care about you and want the best for you, as you do for each one of us.

If you have not joined us, we invite you to come and be a part of our family. I believe God is going to do some wonderful things in us and through us and besides, there is no better place in Oakmont to be on a Sunday morning.

50 YEARS OF MINISTRY SERVICE

Monday Study at Susie Tatum's Home at 10:30 a.m.: Looking Deeper into "The Story"

headary Rible Study at the Oalmont Cardona at





LUNCH MEETING—TUESDAY, AUG. 13

Our nation has more people in jail than ever before. Our August 13 speaker will tell us about his experience and his efforts in rehabbing juveniles. This is a serious issue which all of us need to better understand.

David Koch (pronounced "cook"), Chief Probation Officer, Sonoma County Probation Department since April 2016. He joined the Sonoma County Probation Department in January 2012. Since 1989 he has held a variety of executive management positions in California and Oregon, leading implementation of best practices and organizational change efforts within juvenile and adult community corrections agencies.

As Chief he is responsible for a Probation Department with an annual budget in excess of \$80 million and 280 employees, operation of a 140bed Juvenile Hall and 24-bed Probation Camp, 2,900 youth/adults under supervision, as well as operational and administrative functions supporting supervision and program services.

In his 40-year career David has managed juvenile and adult community corrections agencies in Oregon, and previously served as president of both the Oregon Juvenile Department Directors Association and Oregon Association of Community Corrections Directors.

He has lectured extensively on juvenile justice reforms to national and international delegations and delivered presentations as part of an Oregon delegation visiting Russia. He also served as an adjunct professor in Criminology at Portland State University. He holds a graduate degree in Justice Management from the University of Nevada, Reno, and bachelor's degree in Criminology from Southern Oregon University.

Our lunch at the Berger Center will offer an excellent meal featuring BBQ Tri-tip or BBQ Chicken. We encourage our members to bring guests to this important event.

Interested in joining SIR Branch 92 the Social Activities Club for men? Contact our membership captain John Barrett at 537-6551.



■Jeff Hickman, President, Oakmont Rovers

RV CLUB PICNIC

Oakmont's RV club, the Oakmont Rovers, is holding their annual Picnic on August 16 at 5:30 p.m. The club will provide the grill entrées and members will potluck the appetizers and salads. Rovers members should have already received an email from this year's picnic hosts with details of the event. If you haven't received it yet, contact Jim and Judy Sannar at jim-judy7137@sbcglobal.net. If you are not yet a member of the Rovers but have an RV or are thinking of getting one, please join us at the picnic and join the fun. We would like to meet you. If you would like to come, please contact Jeff Hickman at jeff@hickman.cc or 282-9350 for more information (and I'll let you know where the party is). The Rovers get together four times a year to socialize and also travel to various destinations in California and the West. So far this year we have traveled to Olema/Point Reves and to McCloud and the Rogue River valley in Oregon. Another local trip, this time to Cassini Ranch, will occur just before the picnic. September takes us to Grass Valley for the KMVR Celtic Festival. The final trip of 2019 goes to Zion, Bryce, and Capitol Reef National Parks in Utah. Pack up your RV and join us!

food chain and play critical roles in the maintenance and functioning of our natural ecosystems. Yet mountain lions themselves live a fragile existence as more of us choose to live and play in wild places. Audubon Canyon Ranch is studying our region's mountain lions to identify priority habitats and key wildlife corridors and to promote ecosystem conservation throughout our region.

Audubon Canyon Ranch's Wildlife Ecologist Alex Hettena, Research Associate with Dr. Quinton Martins, will provide an update on the research results of Living with Lions, ACR's mountain lion research and education project. This has included tagging mountain lions and following their movements to learn where they roam throughout our region

Join us at the Berger Center from 5:30–7 p.m. for an evening of learning and discussion around coexisting peaceably in lion country. 1:30 p.m.: The Book of Revelation

Wednesday Bible Study at the OVA office Suite B at 10:30 a.m.: The Book of Acts

Sunday Worship Services at the East Rec. Center at 10:30 a.m.

Sunday Worship Service for the Oakmont Gardens residents at 1 p.m.

NEW LOCATION, EVERY SUNDAY EAST REC.

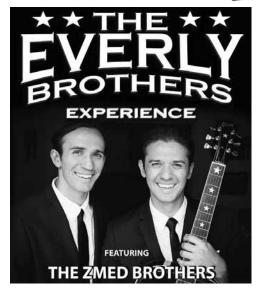
On the horizon:

August 4: Chapter 21: Rebuilding the Walls August 11: Chapter 22: The Birth of a King August 18: Chapter 23: Jesus' Ministry Begins Need prayer, hospital visit, or communion? Call me at 595-0166

The Manse: 6687 Oakmont Dr. Website: occsantarosa.org.

Hope to see you at the picnic and on the road!





COMING SATURDAY, AUGUST 31 AN INTIMATE UNPLUGGED EVENING WITH ZACHARY AND DYLAN ZMED AND THE EVERLY BROTHERS EXPERIENCE

WHEN: Saturday, August 31

WHERE: Berger Center

TIME: Doors open at 5 p.m.; show time at 6 p.m. **COST:** All seats are \$20 per person—no membership needed

The Zmed Brothers skillfully cover The Everly Brothers with a bit of their own style mixed in, and bring a genuine and youthful new experience to the stage with every performance.

■Linda and Don McPherson

TOURNAMENT NEWS

A full contingent of 24 players turned out on a beautiful, warm morning for the Independence Day Tournament on Saturday, July 6. Winning teams were Jeff Clemence, Pi'ilani Edwards, Jule Lifschiz and John Magers; Phil Duda, Steve Edwards, Elaine Foote and Linda McPherson; and Bob Baciocco, Ellie Baciocco, Barb Lowell and Barbara Newton.



Independence Day Tournament winners: Barb Lowell, Barbara Newton, Bob Baciocco and Ellie Baciocco.



The Everlys bridged country and rock with countless classics like "Wake Up Little Susie," "All I Have To Do Is Dream," "Bird Dog," "Cathy's Clown," 'When Will I Be Loved" and "Bye Bye Love," plus they inspired The Beatles, Kinks, Buddy Holly, Simon and Garfunkel and many more legendary sounds.

In this unplugged duo evening, Zach and Dylan bring an intimate version of the Everly Experience that has been bringing them rave reviews, cheering crowds, and standing ovations in concerts and performing arts venues throughout the world. They will also be bringing their takes on other favorites and classics, plus some of their own distinctive compositions.

"... The pair lovingly recreates the genius of Phil and Don without using gimmicks. The end result is somewhat magical."—Keith Valcourt

Seating will be at round tables of eight. If you want to sit with friends all payments must be in one envelope with all names included please. You may bring your own food and drinks. We will have lemon water, coffee, ice and cookies. Note: do not forget to bring your own plates, glasses and silverware please.

This is a show I have been trying to line up for a long time so you will not want to miss it. For the best seats get your reservations in very early, as this show will sell out very fast. Please drop off your payment in the Sha-Boom folder in the OVA Office, or mail you payment to 7111 Oak Leaf Drive, Santa Rosa, CA 95409.



CLUB ACTIVITIES

Following regular play, members enjoyed the club's traditional Summer Picnic on July 20 catered by the Oakmont Market with members bringing appetizers, salads and desserts to share.

The Bocce Club hosted Grandparents' Club Kids Day events on July 24 and 26 at the bocce courts. A full complement of enthusiastic grandchildren, some returning for a third and fourth year, learned and played the game with the help of Bocce Club volunteers.

COMING EVENTS

Mark your calendars: A second summer Evening Bocce members-only social and club play is scheduled for Wednesday, August 21 at 5 p.m. Bring your chairs, a dish to share and beverage of your choice.

CLUB PLAY

All three West Rec. Center bocce courts are reserved for club play Monday through Saturday beginning at 9:30 a.m. and continuing until all games are completed. Players are reminded to arrive early for the teams and court chip draw and also to return all

Soroptimists Seek Volunteers

■Janet Flink

NEW CLUB TO UNDERTAKE PROJECTS HELPING WOMEN AND GIRLS INFORMATIONAL MEETING AUGUST 14

Organizers of a new Soroptimist Club announced today that they will hold an informational meeting on August 14, at 273 Belgreen Place in Oakmont, open to women who are looking for opportunities to improve the lives of women and girls through programs leading to social and economic empowerment. The club will be open to women in Oakmont, Kenwood, Glen Ellen and surrounding areas.

The club will be part of Soroptimist International of the Americas, a global volunteer organization for women with over 30,000 members in 21 countries and territories. Soroptimist volunteer their talents and energy to help women and girls live their dreams every day by giving them the resources to create positive change—for themselves, their families and their communities.

The Soroptimist mission is exemplified by its major project, the Soroptimist Live Your Dream: Education and Training Awards for Women. Each year Soroptimist gives about \$2 million to women who need to improve their job skills through education and training. Most are single moms and many are domestic violence survivors.

The club is being organized by Phyllis Rogers, a long-time Soroptimist member of Soroptimist International of Santa Rosa who said members of the new club will carry out Soroptimist's Dream Programs, including the Live Your Dream Award in the local Sebastopol area.

"Our club will offer opportunities to participate in programs that change lives, as well as to develop lifelong friendships and a network of global connections," said Phyllis Rogers. "The name, Soroptimist, means 'best for women,' and that's what our club will strive to achieve."

If you want to attend the Informational Meeting on August 14 at 6 p.m., please contact Phyllis Rogers at 477-6771. Please bring a dish to share.



You are invited to join us in having fun playing table tennis. With completion of the work on East Rec., we have recently added Tuesday afternoon to our schedule. We now play on Tuesdays from 3:30–5:30 p.m., Wednesdays from 12 noon–2:30 p.m., Thursdays from 3–5:30 p.m., Fridays from 4–6 p.m. and Sundays from 2–4:30 p.m. Members can also

Independence Day Tournament winners: John Magers, Jeff Clemence, Jule Lifschiz, Pi'ilani Edwards, Steve Edwards, Linda McPherson, Elaine Foote and Phil Duda.

Next up is the Let the Good Times Roll Tourney on Saturday, August 3 at 9:30 a.m. Tournaments are limited to the first 24 participants to secure a tag, so be sure to get to the courts at least 15 minutes early to reserve a place for the chip draw.

umbrellas to their "down" position, restore scoring pegs to their pre-game position, and lock the shed securely after play.

New players and prospective players interested in learning about the game are always welcome during daily play. No personal equipment, prior knowledge or experience is required and you'll be on the court right away—we'll be happy to show you the fundamentals and introduce you to the fun of bocce.

SPECIAL THANKS

The club extends special thanks to member Jule Lifschiz for volunteering his time and talents to construct new ball holders for all the courts and to paint all the scoring pegs.

prearrange with other players to join them. We play on four tables in the well-lit and air conditioned second floor of the West Recreation Hall, and we play regardless of rain, wind, heat or other weather issues.

play on Sundays from 12 noon-2 p.m., but need to

We distribute notice of schedule changes and other information of interest to club members who are on our email contact mailing list. If you would like to be added to this list, send your email contact information to TPGilmer@Juno.com.

We play for fun and enjoyment, usually doubles. There are no dues—just show up ready to play. We have paddles and lots of balls, so you don't need to bring anything other than yourself.

We also have occasional social events for members and their significant others, including a New Year's Eve party, and a summer picnic. For additional information contact me at 791-7448 or Ruthie Snyder at 230-2491.

Canasta Club —

■Lorraine Hoffman

The ladies are having a great time playing canasta on Monday and Wednesday afternoons. We are always welcoming new members.

If you are interested in playing canasta, contact me at 303-7089.



■Tina Lewis

The Current Events Group consists of lively discussions of current events, from local to international. Informed comments are voiced from across the political spectrum, from liberals to conservatives. Some prefer to just listen and learn, while others offer to moderate.

Whatever your comfort level, you will be welcomed when you join us. The discussions are moderated by volunteers within the group, and microphones are passed around to enable everyone to hear. A \$1 donation is requested.

MODERATORS

August 1: Joann Keyston

August 8: David Dearden

Join us on Fridays at East Rec. from 1-2:30 p.m. and bring ideas of what you'd like to discuss.

For more information call 539-5546 or send an email to tinalewis31@comcast.net.



Services We Provide

Social Call: Making a Difference—One Chat at a Time

■Sharyl Golway

Friendly conversation can brighten our days with happiness and hope. I know, I've seen it happen. I'm a volunteer for Social Call, a regional organization whose mission is to share the gift of friendly conversation between community volunteers and older adults.

Recently, Social Call came to Oakmont where the need for our service is great. While our village may be filled with opportunities for social interaction, it's also home to those who are looking for more connection or would benefit from in-home visits or phone calls.

You can help us reach these people by contacting



Sharyl, one of Oakmont's Social Call volunteers.

our Oakmont Coordinator to express your interest or refer someone who might benefit from Social Call. We'll do the rest. We'll discuss the program, explain our service is completely free, and then match the participant with a Social Call volunteer.

That's how I came to know Agnes (not her real name). I suppose she's a "participant" but I think of her as a dear friend. Agnes and I meet one day a week. I look forward to our visits that can range from an hour to an afternoon. We chat about everything under the sun. We share our memories, we laugh together and sometimes we cry a bit too. We share a deep bond.

I know our talks have lifted her spirits and made my life better too. One day I was on the floor, playing with her dog. Agnes was watching us, her eyes glistening and said, "Sharyl, I'm so glad you've become my friend. I love the time we spend together."

If you or someone you know would be enriched through good conversation, please contact Social Call. We can make a difference, but need your help.

Contact Social Call Volunteer Coordinator: Casey O'Neill, (415) 535-7741 or coneill@covia.org.

E-Waste Collection in Oakmont

Anita Roraus

SATURDAY, AUGUST 10, 9 AM-5 PM SUNDAY, AUGUST 11, 9 AM-5 PM

E-Waste Collection will be two-day event! They will be parked in the Berger parking lot, 310 White Oak Drive, parallel to the street. There is no appointment needed for this event. We have a new sponsor, Conservation Corps North Bay!

Accepted at the event will be computer equipment (computers, monitors, laptops, keyboards, printers, mice, hard drives) consumer electronics such as DVD players, VCRs, gaming devices, stereo

components, radios, PDAs, cell phones, cables, etc.) televisions

(CRTs and LCDs) office equipment such as telephones, fax machines, copiers, etc.) and kitchen appliances such as blenders, toaster ovens, coffee microwaves; household appliances makers, such as hair dryers, irons, curling irons, vacuum cleaners.

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■Don McPherson

BASTILLE DAY CELEBRATION

An enthusiastic crowd of 22 club members and spouses, companions, partners and guests enjoyed the Pétanque Club's Bastille Day summer social and tournament on July 13.



the rousing singing of the

French National Anthem,

"La Marseillaise."

Six randomly seeded teams played triplets in the Bastille Day Melée Tournament. Winners were: Jim Knapp, Don McPherson and Jim Tosio (first place); Nancy LaPorte, Linda McPherson and Jean-michel Poulnot (second place); and Shari Nina Blake, Downs and Barb Lowell (third place). All

All enjoyed a delicious posttourney potluck lunch

accompanied by a selection of wine, champagne and pastis. Jean-michel Poulnot led the assemblage in a rousing singing of the French National Anthem, "La Marseillaise."

Pétanque Club



Bastille Day Melée Tourney Winners: Jim Knapp, Jim Tosio and Don McPherson (first place) and Nancy LaPorte, Linda McPherson and Jean-michel Poulnot (second place).

PÉTANQUE AT OAKMONT

Pétanque, the French game of boules, is a fun, social game popular worldwide that people of all skill and physical ability levels can play.

If you're interested in playing or learning, come to the courts (between Berger and the OVA offices/ Umpqua Bank and beside the Shuffleboard courts) at 9:45 a.m. on the club play days of Wednesday and



Saturday. We have boules to lend. No membership fees are required—just sign up to be on the club roster.

The courts are also reserved 10 a.m.–12 noon for club player-arranged pickup games on Monday, Tuesday, Thursday and Friday and is otherwise available for use by any Oakmont resident. View the Pétanque Club webpage at: https://oakmontvillage. com/article/category/clubs/petanque/.

Partners Bridge Marathon

■Dorrelle Aasland

Grab your partner and join a group that's been playing bridge in Oakmont over 20 years. It's a great chance to stay with your partner and challenge another partnership in rotation once a month for seven months. We start in September, with a break in December, and through April. We play as a foursome in each other's homes on a mutually compatible date. I total the scores so we have at least a first and second place winner announced at our May luncheon.

Our group is organized to donate a small sum to the very worthy Visual Aids Organization as well as meet other bridge players in Oakmont in the friendly home environment. We are organized into two separate groups: Advanced and Intermediate.

We would love to have you play and if you are interested, please call me at 537-1518 for further information. I would like to hear from you before July 25 so I can make out a schedule for the Fall. Call even if you don't have a partner and maybe I can match you up.





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Oakmont Democratic Club

■Tom Amato

NEW TIME, NEW PLACE

August 22 at 7 p.m. at the newly-renovated East Rec. Center, the Oakmont Democratic Club will resume its regular General Meetings with a presentation on Public Banking. The ODC Board decided to move the regular monthly meeting to the fourth Thursday of each month and meetings will now be held in the East Rec. Center.

SOME GOOD NEWS

A joint team of leaders from the Oakmont Progressives and Oakmont Democrats have formed an issue action team to research and advocate for issues that matter to our community. The first two areas they have chosen to work on are climate change and the local housing crisis. After a series of research meetings, Oakmonters have been attending and speaking at selected public meetings. Working in coalition with others, we are scoring some progress on these issues, namely:

1. Sonoma City Council approved \$15 per hour minimum wage impacting 2,000 low wage workers. This will help low income workers live closer to their jobs. Less commuting is good for our environment and good for their families.

2. Santa Rosa City Council has directed staff to move forward with a Reach Code including "all electric" that will reduce local fossil fuel use in new homes.

3. Santa Rosa City Council's Climate Action Subcommittee agreed to recommend to the full Council moving the City's utility account to Sonoma Clean Energy's Evergreen Program in which the City will use totally 100% local renewable energy.

Want to get involved? At our next meeting we will share ways on how you too can help shape public policy.

UPDATE—PUBLIC BANKS, WHY THEY MATTER?

A team of local civic leaders are pushing the City of Santa Rosa to create a Public Bank to create local control over the city's own investments. Multiple cities across the country are exploring creating Public Banks as a way to remove funds being invested in fossil fuels and other socially questionable areas and put them into creating more investment in local needs.

Chris Petlock from Friends of Public Banking will outline how this might work at the Thursday, August 22 7 p.m. meeting of the Oakmont Democrats. Chris was originally planning to speak at our May meeting but with flood conditions that occurred at that time he was called to an emergency meeting of the Water District. We look forward to an interesting and provocative presentation. All are welcome.

Travel and Adventure Club

■September Holstad

NEWS FLASH!

The Travel and Adventure Club is changing to a new time! We will still meet at the West Rec. Center on the first Monday of the month, but we will now meet at 3 p.m.!

I'm excited about this time change because it will allow many of you who have early evening activities to join us.

On August 5, our guest speaker will be Megan Edelman from G Adventures. I hope that all of you can make it as this is a very unique tour operator. They have trips ranging from budget to partnerships with National Geographic and they cover the globe. They also have barges in France (how fun for a family or friends' trip!), wellness tours, local living and all are small groups. They also have a strong sense of giving back and responsible tourism—it's why I love this company.

Can't wait to see you on August 5 at 3 p.m. at the West Rec.

Remember, we will not have a meeting in September, because the first Monday is Labor Day.

If you are interested in travel and want to hear what various travel companies have to offer, drop by our meetings. Presentations and club membership are free and there is no high-pressure selling.

Oakmont Rainbow Women

Dorothy Webster and Rochia Holmquist

CABARET SEATING FOR AUGUST 3 CONCERT

Enjoy a nice evening out on August 3 at 7 p.m. at Berger. Four beautiful women musicians (Foxes in the Henhouse) will make you smile with acoustic Texas swing, honky-tonk, blues, and pop numbers.

Get a group together. Join others at tables for eight surrounding a dance floor. Bring a bottle of wine (or two). How's your jitterbug?

The show kicks off with comedienne Mary Carouba, who performs at the Luther Burbank Center and on Olivia cruises.

To get tickets, email ORPtickets@gmail.com or go to the OVA office and put a check in the Rainbow Women folder, \$25 per ticket. Pick up your tickets at Will Call the night of the concert. You can also buy a ticket at the door.



Foxes in the Henhouse Dance Band.

Barbara Bowman

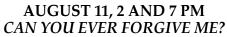


Movies At Oakmont

WHERE: Berger Center SCREENING DAYS AND TIMES: Sundays at 2 and 7 p.m. HOSTS: Barbara Bowman, Ernie Erler, Al Haggerty, Carol Haggerty, Mike McInnis and Jeff Neuman. NOTE: All films are shown with English subtitles when possible, free of charge compliments of the OVA

AUGUST 4, 2 AND 7 PM FAIR GAME

After her husband, Ambassador Joseph Wilson (Sean Penn), writes op-ed columns accusing the Bush administration of misleading the public to justify invading Iraq, Valerie Plame Wilson's (Naomi Watts) status as a covert CIA agent is leaked by administration officials. A powerful, fact-based drama focusing on the effects of the fall-out on the Wilsons' marriage, with a compelling script and first-rate acting by Watts and Penn. (2010), PG-13, 108 minutes.



In this fact-based drama, Lee Isreal (Melissa MacCarthy) is a best-selling celebrity biographer who makes her living in the 1970s and 80s profiling the likes of Katharine Hepburn, Tallulah Bankhead and Estee Lauder. But when Lee finds herself unable to get published as reading tastes shifts, she turns to deception, abetted by her loyal friend Jack (Richard E. Grant). Superb performances by MacCarthy and Grant. The film garnered over 90 awards, including Best Actress and Best Supporting Actor Oscar nominations. (2018), R (language), 106 minutes.

Remember: Dems meetings are at East Rec.







AUGUST 18, 2 AND 7 PM STAN AND OLLIE

With their glory days as Hollywood's premier comedy team long behind them, Stan Laurel (Steve Coogan) and Oliver Hardy (John C. Reilly) begin a grueling farewell tour of England and Ireland, reminding audiences—and themselves—of the magic of their partnership. A touching and sweet tribute to the two comedians who remained old friends through the good and bad times of their careers. Brilliantly acted by Coogan and Reilly, the film strikes just the right balance between comedy and effective drama. (2019), PG-13, 98 minutes.

FOR YOUR REFRIGERATOR/WALLET

Sunday, August 4, 2 and 7 p.m.: *Fair Game*, (2010), PG-13, 98 minutes. Sunday, August 11, 2 and 7 p.m.: *Can You Ever Forgive Me*? (2018), R, 106 minutes. Sunday, August 18, 2 and 7 p.m.: *Stan and Ollie*, (2019), PG-13, 98 minutes.

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Locally owned and operated Dependable Doors offers full servicing, repair, and replacement of garage doors and motors. Call Casey at (707) 775-8009 for all of your garage door needs. Lic. #1016951.

AGING WELL

LIVE LONG—LIVE WELL

An independent consulting and information resource for women and men 60 years and older offers one-on-one consultation for envisioning a renewed story of your life and creating a forwardlooking Personal Action Plan. Call for an initial free consultation. Dr. Sumedha Mona Khanna, Consultant/Educator, 577-0676 or email khannas@msn.org.

PIANO LESSONS IN YOUR HOME

Composition, theory, Chamber music, Classical, eclectic. BA Music, UC Berkeley; MM Composition. SF Conservatory. Please call (415) 489-8835, or email fire@ SarahStiles.com.

DECKS, FENCES, KITCHENS AND BATHROOMS

Finish carpentry and general construction. Licensed, bonded and insured. CA Lic. #1044479. Call 843-9469 or (707) 393-9748.

NOSE TO NOSE PET SITTING

The best care for your best friends. Cat care. Daily visits. Overnight companionship. Insured and bonded. Profile and referrals at petsit.com. Alix Moline, 637-6267.

Oakmont News

... is owned by the **Oakmont Village Association** which, through its board, sets editorial policy.

Oakmont News Classified Rates

Classified ads of 150 spaces or less, (payment to accompany this form) \$25 per insert

- Pre-paid standing ads of 150 spaces or less, for a period of 3 months (6 issues) \$120
- Pre-paid standing ads of 150 spaces or less, for a period of 6 months (12 issues) \$216
- Pre-paid standing ads of 150 spaces or less, for a period of 1 year (24 issues) \$384

A space is a letter (including those in the heading), punctuation mark, and a space between the words in the ad. Additional \$4 for the next 40 or less spaces. Whenever applicable, CA state license or certification number must be included.

DEADLINE: 10 days prior to publication.

MAIL TO: CJM Productions, 2105 Longhorn Circle, Santa Rosa, CA 9540 Tel (707) 575-7200 • cjmprod567@gmail.com

ADDRESS		
\$	Check, Money Order or Cash	
BODY TEXT		
05 Longhorn	Circle, Santa Rosa, CA 95401	

Classified Order Form

The **OVA** has contracted with **CJM Productions** to handle typesetting, layout, printing and free distribution of the *Oakmont News*, the latter by U.S. mail, to each home via 3rd class mail.

CJM Productions also handles advertising for the *Oakmont News*.

CJM Productions and the **Oakmont Village Association** assume no responsibility for the content of any ads that appear in the *Oakmont News* nor do we endorse or recommend any product or service advertised herein.

CA law requires all CA licensed contractors to list their license number in their service advertisements. CA law also requires contractors performing work totaling \$500+ (incl. materials & labor) must be licensed by the Contractor State License Board (CSLB) to work in California. For information contact the Contractor's State License Board at www.cslb.ca.gov.

Oakmont Village Association

OAKMONT VILLAGE ASSOCIATION

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Hours: M–F 9 AM–5 PM—Open during lunch Tel 539-1611 6637 Oakmont Dr., Ste. A OVA E-mail: askova@oakmontvillage.com Website: www.oakmontvillage.com Go to the members only page to view the monthly calendar, Board Meeting Minutes, criminal activity information and more.

MAINTENANCE OFFICE

Hours: Daily 6 AM-10 PM Tel 539-6720 Maintenance Building (next to Central Auditorium)

CONDOMINIUM FINANCIAL MANAGEMENT (CFM)

OVA Accounting Tel 800-585-4297

OAKMONT NEWS Tel 575-7200 E-mail: cjmprod567@gmail.com

ARCHITECTURAL OFFICE Hours: M- Th 9 AM-Noon, 1-5 PM Tel 539-0701 6637 Oakmont Dr., Ste. A E-mail: mary@oakmontvillage.com

PAS MANAGEMENT COMPANY

Hours: M-F 9 AM-Noon, and 1-4 PM Tel 539-5810 6572 Oakmont Dr., Ste. A (for Association Maintained Homes)

AVAILABLE IN OVA OFFICE

GAS SHUT-OFF WRENCH	\$9		
TENNIS COURT KEY	\$2		
VIALS FOR LIFE	FREE		
RESIDENT ACCESS CARD	\$25 EA		
REPLACEMENTS	\$25 EA		
GUEST ACCESS CARD	\$25 EA		
EMERGENCY CONTACTS FOR RESIDENTS			
This form is confidential and used only in case of			
an emergency to notify your named conta	icts.		

BULLETIN BOARDS

There are three OVA bulletin boards, one at each recreation center, where OVA events can be posted. Please bring in notices to the Events Coordinator at the OVA Office. Size is limited to 8.5"x5.5". Items "For Sale", "For Rent" or "Want to Buy" can be put on a 3"x5" card and left at the OVA Office.

LOCKER RENTALS

Annual Locker Fee \$30 (January 1-December 31). If you wish to rent a locker, come to the OVA office and give us a check, your information and the number of the locker you want to rent. You provide the lock. We can prorate the annual fee. Daily use lockers are free. NOTICE: Weekly locker inspections are done by OVA Maintenance. Locks could be sawed off with no prior notice and locker contents removed on all unpaid lockers. Items will be held in OVA Maintenance office for 30 days.

If you have any questions, please contact the OVA Office M-F 539-1611

GUEST PASSES

The following are OVA Guest Pass types and duration: 1) Guest from outside Sonoma Countyup to 90 days; 2) House sitters-up to 90 days (OVA host must present written request to OVA Office for approval prior to visit); 3) Guests living in Sonoma County—2 days per card, and no more than 3 cards per month. Guest cards are available during regular hours in the OVA Office for a \$25 non-refundable fee. Guests accompanied by their Oakmont host are not required to have a Guest Pass.

NEED A RIDE? GIVE A RIDE! OAKMONT VOLUNTEER HELPERS

COORDINATOR

We provide the following services to Oakmont Residents:

- Transportation to medical/ dental appointments
- in Santa Rosa only Grocery shopping to Safeway
- (at Calistoga Center only)

Meals on Wheels, 525-0383

Rides to Medical Appointments Rides Within Oakmont Call 9AM-5PM

August 1–15 Matt Zwerling 539-8996

August 16–31 Maurine Bennett 539-1074

If you would like to be a volunteer, please call 539-8996. Donations to Oakmont Volunteer Helpers are appreciated and tax deductible. Mail your check payable to **Oakmont Volunteer Helpers**, 6637 Oakmont Dr., Ste. A, Santa Rosa, CA 95409. Thank you.

Mon.-Fri. medical rides before 9 AM or after 4 PM are subject to limited volunteer driver availability. No service on weekends or holidays. Please call at least three full working days prior to appointment. We regret that we are unable to provide either wheelchair or emergency service.

POOLS & JACUZZIS SUMMER SCHEDULE

Access to OVA pools is by magnetic card. Call OVA Office, 539-1611 if you need a permanent new member pool access card or to register for a temporary guest pool access card. WEST: 7 AM-9 PM

(Closes 7 PM Wednesdays for cleaning) EAST: 6:30 AM-9 PM (Closes 7 PM Mondays for cleaning)

CENTRAL: 5:45 AM-9 PM

(Closes 7 PM Tuesdays for cleaning) JACUZZI HOURS: Same as facility. No one under 18 years in West and East pools and Jacuzzis. CENTRAL POOL CHILDREN'S HOURS: 11 AM-2 PM (Exception: 12 Noon -4 PM Memorial Day Weekend thru Labor Day.) Children must be accompanied by an OVA member/resident or adult with a valid guest pool access card. NO LIFEGUARD ON DUTY AT ANY OVA POOL. ALL FACILITIES CLOSED CHRISTMAS DAY.

PASSAGES

Please contact OVA resident Bev Schilpp by

BLOOD PRESSURE CLINIC

Wed 10:30 AM-12 PM, Berger Center, Room D. Contact: Del Baker 539-1657.

LETTERS TO THE EDITOR WRITER GUIDELINES

The Oakmont News welcomes residents' letters to the editor about Oakmont life. Email letters of no more than 250 words to news@oakmontvillage.com. Writer's name, address and phone number must be included. Writers will be limited to one letter published every 90 days. Letters may be edited for length and clarity.

STREET CLEANING

City streets in Oakmont are cleaned by the city early on the fourth Friday of each month. Residents who want their streets swept should avoid street parking overnight on those days.

LIBRARY

Central Activity Center, 310 White Oak Dr. Hours: Daily 6 AM-9 PM. Closed Christmas Day. It is run by volunteers. All donations are gladly accepted. Materials we cannot use will be passed on to others.

2019-2020 **OVA BOARD OF DIRECTORS**

E-mail: askova@oakmontvillage.com

Steve Spanier, President bod.steve.spanier@gmail.com

Tom Kendrick, Vice President bod.tom.kendrick@gmail.com

Heidi Klyn, Secretary bod.heidi.klyn@gmail.com

Elke Strunka, Treasurer (Non-voting officer) elke@oakmontvillage.com

Carolyn Bettencourt, Director bod.carolyn.bettencourt@gmail.com

> Noel Lyons, Director bod.noel.lyons@gmail.com

Jess Marzak, Director jmarzak@oakmontvillage.com

Marianne Neufeld, Director bod.marianne.neufeld@gmail.com

GENERAL MANAGER Kevin D. Hubred kevin@oakmontvillage.com

OVA BOARD MEETINGS

1st and 3rd Tuesdays of the month 1 PM in the Berger Center All residents of Oakmont are welcome.

The Board of Directors of Oakmont Village Association reserves the right to select those articles submitted for publication that seem appropriate to the purpose of this association.

E-MAIL LIST

Do you want to stay updated

STORAGE UNITS AND PARKING

Call Oak Creek RV & Storage, P.O. Box 2246, Santa Rosa, CA 95405. 707-538-3230

OAKMONT COMMUNITY GARDEN ON STONEBRIDGE

For more info on signing up contact OVA at 539-1611 or email Oakmontcommunitygarden@ gmail.com. Spaces are available.

FITNESS CENTER

Central Activity Center, 310 White Oak Dr. Daily 5 AM-9 PM. Closed at 7 PM on Tues. for cleaning. Closed Thanksgiving and Christmas day.

phone 538-4293 or by E-mail wallyschilpp1@ peoplepc.com if you would like to have published in the Oakmont News the name and date of death of your loved one.

PUBLIC TRANSPORTATION AVAILABLE IN OAKMONT

 CityBus #16 bus takes residents to 5 different shopping centers weekday

Sonoma County Transit #30 bus goes to Memorial and Kaiser Hospitals and downtown mornings and around Oakmont afternoons. Santa Rosa. Returns via Oakmont to Sonoma.

Schedules available at OVA office.

on what is going on in Oakmont?

Join the OVA E-mail list. You will receive Board Meeting Agendas and Minutes, Oakmont Notices, Meeting Announcements and the weekly Manager's Newsletter. To join, go to the OVA office and fill out a sign-up form, or visit www. oakmontvillage.com/oakmont-residents/. To receive E-Blast by E-mail, click the "join our E-Blast email list" link. If you would like a hardcopy, please come to the OVA Activities office. They are located on the front counter.

Toxic Waste Collection

■Anita Roraus

AUGUST EVENT

Four times a year Oakmont has a Community Toxic Collection from 2–7 p.m. Location and date will be provided when you call to schedule an appointment.



LIMITS: 15 gallons of liquid (with a maximum of five gallons per container) or 125 pounds of solid material. Never mix chemicals. Place in sealed containers in the trunk, packed to prevent spills.

Syringes/needles in sealed, approved Sharps containers.

NOT ACCEPTED: Explosives or ammunition, radioactive materials, biological waste (except syringes), TVs, computer monitors and other electronics, business waste.

Please call 795-2025 to schedule an appointment or ask your questions. Must schedule 24 hours prior to event.

Sleep Apnea Group

Bob Flandermeyer

Our next meeting is Tuesday, August 6 at 1 p.m. in Berger, Room G.

The Sleep Apnea group assists people with their CPAP-machines and masks. We meet on the first Tuesday of February, April, June, August, October and December.

Often a question regarding your treatment can be answered at these meetings, especially if you are new to using CPAP.

Bring your machine and mask if you think it would help, plus questions, plus machine and mask model information.

Questions before meeting, call 538 5277.

Carolita Carr

NEXT EVENT

WHAT: Dancing Through the Decades WHEN: August 17 WHERE: Berger Center, TIME: 5:30 p.m. (doors open), 6:30 (music begins) **BAND:** Decades

COST: \$15per member (each member may bring one guest at an additional charge of \$15)

We hear you Oakmont—you love this band. And Boomers is bringing them back! They play it all, from Chuck Berry to Katy Perry. Come "Dance Through the Decades" with your Boomer friends. Registration is necessary, either with the coupon below returned to the Boomer folder in the OVA office or on the website (oakmontboomers.org).

The Picazo Food Truck will serve in the parking lot beginning at 5 p.m. Don't cook, come and enjoy tasty fare from this popular venue.

A WORD ABOUT MEMBERSHIP

You must be a member to attend our functions,



but joining is easy. Just go to our website, follow the directions, and pay the annual dues of \$10 per person. Or drop a check into the Boomers folder in the OVA office.

UPCOMING EVENTS

September 19: Piano Man Meets Rocket Man Concert. A tribute to Billy Joel and Elton John, \$15 per person.

DANCING THROUGH THE DECADES RESERVATION COUPON SATURDAY, AUGUST 17, BERGER CENTER, 5:30–9:30 PM

Boomers

Doors open at 5:30 p.m. Cost is \$15 per member and guest. Limit of one non-member guest per member. **Reserved table for eight:** Reservation must be accompanied by full payment of \$120 and the names of all the people sitting at the table.

Names:

Amount enclosed: \$_

Unreserved seating: If you chose unreserved seating and wish to sit with friends, you should plan to arrive together when the doors open at 5:30 p.m. Full payment must accompany the reservation.

Name:

Amount enclosed: \$_

The deadline for reservations is no later than 3 p.m. Tuesday, August 13. You may also register and pay online. If you have any questions about reservations, please contact info@oakmontboomers.org.

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Tierney Muscatell 326-1355 CalDRE# 02092107

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