



OAKMONT NEWS

Oakmont's Semimonthly Newspaper

www.oakmontvillage.com/news

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Charging Stations Help Oakmont Through Blackout

■Marty Thompson

Oakmont survived the Great October Power Shutdowns, with life returning to near normal in time for Halloween.

Three Pacific Gas & Electric shutdowns took place as the Kincadee wildfire burned in north county, consuming more than 77,000 acres.

There was no order to evacuate Oakmont, although the Sheriff's Department sent an erroneous evacuation notice to cell phones here at 4:15 a.m. on Sunday, Oct. 27. Santa Rosa Police sent a correction about 15 minutes later, although the sheriff's alert probably tipped some people over the edge into leaving.

While there was no mandatory evacuation here, some people chose to leave and stay with relatives or in out-of-area hotels, while others stuck it out.

Many people gathered at the Central Activities and Berger centers, where a generator provided power for lights and to charge cell phones and other electronics. The generator was provided by PG&E thanks to efforts led by Oakmont residents George McKinney and Iris Harrell. While at the recharging stations, people ran into neighbors and made new friends.



Residents at a charging station in the Berger Center. (Photo by Jim Brewer)

The last October blackout here began on Saturday, Oct. 26, with power starting to return the afternoon of Wednesday, Oct. 30, triggering checks of refrigerator and freezer contents to see what had to be thrown away.

The blackouts covered most of Marin and Sonoma Counties. Driving north across the Golden Gate Bridge, the last lights were from the bridge itself. The Robin Williams Tunnels just north of the span were dark, as were the skies over U.S. 101 through Marin and Sonoma.

Driving east from Oakmont in predawn hours of Sunday, Oct. 27, the first lights to be found were in Solano County.

Drivers were asked to treat intersections with dark traffic signals as four-way stops. By the third shutdown, emergency generators were placed to keep some traffic lights working.



Downed tree limbs following high winds on Oct. 27. (Photo by Jim Brewer)

Many people have acquired or are considering gas-fueled generators. A Department of Energy website offers guidelines on safe installation and operation of home generators. To see it, copy this URL and paste it into your browser: <https://www.energy.gov/ceser/activities/energy-security/emergency-preparedness/using-portable-emergency-generators-safely>

You also may Google: "Using portable/emergency generators safely."

Fall Color in Oakmont

Oakmont photographer Maureen McGettigen captured some fall season pictures around Oakmont in October. Here are two from her collection: a vineyard whose leaves are turning and a brilliant sunset.



Huge Turnout for LRPC Solar Presentation

■Jim Brewer

There's nothing like a week the dark to shine a light on solar power. A standing room only crowd filled the Berger Center on Nov. 5 to learn about solar alternatives for Oakmont at an informational program sponsored by the Long-Range Planning Committee's solar group.



It was standing room only for a solar town hall in the Berger Center Nov. 4. (Photo by John Williston)

While the two-hour meeting touched on efforts to bring solar to some community buildings, the focus was on alternatives for individual homeowners.

Elliott Whitehurst, Sonoma County energy and sustainability analyst, discussed potential electric bill savings versus purchase and installation costs and financing alternatives for home solar systems. Two residents who have installed home solar systems, Mark Attebery and Richard Randolph, told how their electric bills have been all but eliminated.



Elliott Whitehurst, county energy and sustainability analyst, speaks at a town hall on solar. (Photo by John Williston)

OVA Director Jess Marzak, the board representative to the solar subcommittee who chaired the meeting, gave a brief overview of efforts to "bring energy independence to downtown Oakmont," an area he defined as the Central Activities and Berger centers, plus the OVA office, banks and the Oakmont Village Market. He said efforts are underway to obtain grants from several sources and stressed that no OVA funds will be involved.

The solar subcommittee now has 130 individuals who have expressed interest in installing home solar. The hope is to be able to obtain a lower installation price. "The next phase will be identifying and requesting proposals from a list of vetted solar power system vendor/installers," said committee member Ken Smith. "We are planning another similar town event for the first quarter of 2020 and discussing the possibility of solar vendor fair, also in 2020," Smith said.

A video of the solar meeting is available on the OVA website www.oakmontvillage.com/videos.

New Answering System at the OVA

■Staff Report

Callers to the Oakmont Village Association are now greeted by a new answering system, offering touch-tone selections to direct calls to the OVA staff member handling their specific needs.

"It allows residents to reach the person they need more quickly," explained Colin Hannigan, OVA's information technology specialist.

A caller may press "1" for general assistance, or select other menu numbers for specialties such as architectural, dues, or events scheduling.

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Regular Oakmont Association Committee Meetings

■OVA Administration

The listed Oakmont Village Association meetings are open sessions. Any interested Oakmont residents are invited and encouraged to participate in these important meetings.

| MEETINGS | DATE | TIME | PLACE* |
|--|--|---------------|-----------------|
| Architectural (No participation) / christel@oakmontvillage.com | 2nd Tues. Monthly | 1:30 PM | Conf. Rm. |
| Oakmont Village Association (OVA) Board Workshops <i>(Check our calendar in the event that a workshop does not occur)</i> | 1st Tues. Monthly | 1–3 PM | Berger Center |
| Oakmont Village Association (OVA) Board Meetings | 3rd Tues. Monthly | 1–3 PM | Berger Center |
| COMMITTEES | DATE | TIME | PLACE* |
| Communications (CC) / oakmontcommittee@gmail.com | 4th Wed. Monthly | 10 AM | Conf. Rm. |
| Community Development (OCDC) / ova-ocdc@sonic.net | 2nd Wed. Monthly | 3 PM | Rm. B |
| Community Education and Transparency Committee (CETC) | 1st Thurs. Monthly | 10 AM | Mgrs. Conf. Rm. |
| Finance (FC) / ova-finance@sonic.net | The Thursday before the Regular Board meeting | 2–3:30 PM | Rm. B |
| Long-Range Planning Committee (LRPC) | 1st & 3rd Mon. Monthly | 1 PM | Conf. Rm. |
| Landscape Improvement Committee (LIC) | 2nd Tues. Monthly | 10 AM–12 Noon | Mgrs. Conf. Rm. |
| League of Maintained Area Associations (LOMAA) | | | |
| Regular Meetings | 1st Mon. Monthly | 12 Noon | Rm. B |
| Quarterly Meetings | 1st Wed. (March, Sept., Dec.) | 7 PM | West Rec. |
| LOMAA Annual Workshop | 2nd Wed. (June) | 9 AM | East Rec. |
| Emergency Preparedness Committee (OEPC) | | | |
| OEPC Board | 1st Thurs. Monthly | 2 PM | Rm. B |
| OEPC Community Meeting | 3rd Thurs. (Jan., May, Sept.) | 2 PM | Berger Center |

A quorum of OVA Board of Directors may be present at these meetings. *It is sometimes necessary to change meeting locations and/or dates and times. Please check the Rec. Center bulletin boards for written notice of change or call the OVA office prior to scheduled meetings for confirmation.

LOCATIONS
Room B is in the Central Activity Center, 310 White Oak Drive. Conf. Rm. is in the OVA Office, 6637 Oakmont Dr., Ste. A. Mgrs. Conf. Rm. is in the OVA Office, 6637 Oakmont Dr., Ste. A

OEPC: Earthquake Rodger's Fault

■Kay Oppenheimer

Perhaps it's too soon after the Kincade Fire to mention this, but it's never too soon to be prepared for Earthquake.

Oakmont sits very close to the Rodgers Fault, a fairly recently researched (2016) fault-line. It runs North-South right through the middle of downtown Santa Rosa, and is probably linked to the Hayward Fault to the south. The Rodgers Creek Fault is thought to be among the most likely faults to produce the next large earthquake in the Bay Area.

Assuming you are prepared, and have stored supplies and water, the things to be aware of when the earth moves are:

1. You may not be able to stand upright at the time, so get down on the floor and crawl to a safe spot, away from windows, next to a strong piece of furniture like a couch. Not under a bed, but beside it.
2. If you can, get outside, but only if there is no chance of falling objects, such as chimneys, trees, or power lines.
3. Turn off your gas supply at the meter. There is a possibility that underground lines may have ruptured. If you smell gas, get away as soon as possible and call PG&E. Do not attempt to turn it back on yourself at

See **OEPC** on page 6

President's Message

■Steve Spanier, OVA Board President

LEARNING AND GROWING

I write this on Wednesday, Oct. 30—Halloween eve. I guess that's appropriate, because it definitely feels like Mother Nature and PG&E are playing tricks on us.

Oakmont has not had electrical power since last Saturday. At one point, it seemed like Oakmont was supposed to evacuate. Roughly 20 minutes later, after some had already left, it seemed like Oakmont was not supposed to evacuate.



At one point, it seemed like Oakmont was in Zone 6. Then I heard a rumor we're actually in Zone 10. Finally, it seems like maybe we're zoneless—on the edge of everywhere, but actually nowhere.

Meanwhile, the weather turned cold. Fire threat during hot weather seems logical. Fire threat during cold weather? Not so much. So, we wait in our dark, cold homes for the threat of very hot fires to pass. Crazy? Perhaps that's the new normal, not just in Oakmont, but everywhere.

Fortunately, due to the dedication of Kevin Hubred and others, Oakmont residents have been able to warm up, charge devices and visit with one another at the Berger Center and the Central Activity Center.

On a wider scale, due to a greatly enhanced communication network and the dedication of those who contribute to it, information has been significantly more plentiful—and available sooner—than two years ago when Sonoma County was overwhelmed almost before we knew what was happening. And, so far and hopefully forever, we know of no deaths from the Kincade fire.

I write frequently about the benefits of living in community. It's not always obvious, but we actually live in many communities. The community we're most familiar with is Oakmont. Nearly 5,000 of us have in common our interests in living amongst people who are roughly the same age and desire the same amenities, beauty and cultural, physical, social, spiritual and intellectual opportunities offered here. Within Oakmont are smaller communities of lawn bowlers, card players, gardeners, music lovers and others.

Beyond Oakmont, we're all part of the city of Santa Rosa, the county of Sonoma and the state of California. Each of these communities, through organizations like Cal Fire, Santa Rosa Fire Department, Sonoma County Sheriff's Office and others, have made significant gains in the last two years to keep us safer and better informed. The work of these communities is the reason we all had advance warning of the high winds and fires. Their work is also the reason that, although many were inconvenienced, no one perished and virtually no one was even injured. That's a victory.

The nature of the human species is to learn and grow. The Kincade fire could have been much more devastating than it has been to date. The reason it hasn't been is that, over the last two years, communities of humans learned, and subsequently

See **PRESIDENT'S MESSAGE** on page 6

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LOMAA League of Oakmont Maintained Area Associations

■John Renwick

Next Board Meeting: Monday, December 2, 12 noon, Room B

General Meeting: Wednesday, December 18, 7 p.m., West Rec.



Special Events | Tournaments & Outings | Bar & Grill | Instruction



The Oakmont Golf Club is member-owned and open for the public to enjoy. Featuring two Ted Robinson designs, the West Course at Oakmont can be played at over 6,300 yards, and was designed for both enjoyment and challenge. The East Course at Oakmont has been frequently referred to as one of Northern California's most challenging executive courses. While it was a golf course designed for seniors and beginners, it has become a challenge for all types of golfers.

Our picturesque Golf Club offers you great family-friendly golf surrounded by the beauty of the majestic Mayacamas Mountains in Sonoma Valley Wine Country. This award-winning wedding venue also provides a picture-perfect setting for special events featuring both ample indoor banquet space as well as an outdoor patio with surrounding Sonoma Wine Country views.

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Golf News



9-Hole Monday Men's Club

■Stan Augustine

Whew! Let's not make the month of October such a strain on our community. Fire, smoke, high winds—enough already.

To catch up, October 7 was a 2-Man Best Ball game with first tie, Dan Levin and Stan Augustine, and Phil Sapp and Neil Huber, 28; third tie, Lee Huff and Pat Lawler, and David Beach and Ron Bickert, 29.

October 14 was an Individual Low Net game attracting 18 players won by Tony D'Agosta, 30; second, John Munkacsy, 31; third tie, David Beach, Ron Bickert, Dan Levin, Tom Massip, and Wayne Mickaelian, 32. Charlie Perotti was closest-to-the-pin at 16'7".

October 21 was 2-Man Scramble won by team of Tony Apolloni and Phil Sapp, 25; second, Dan Levin and John Munkacsy, 25.5; third, D'Agosta and Stan Augustine, 26. Chuck Wood was closest-to-the-pin at 15'3".

No game on October 28 due to power outage and smoke conditions.

The 2020 Men's Niners Club membership registration and \$20 annual dues can be made at the West Pro Shop (Silver Men's Niners cash box) and open for both returning and new members. Please join!



18-Hole Tuesday & Thursday Women's Club

■Debbie Warfel

OWGS

Sweeps results for October 22: Sue Treleaven was the low gross winner of the field of 24 players.

First flight: first, Leslie Clark; second, Sue Treleaven; third, Kathy Mokricky; fourth, Lori Mildren.

Second flight: first, Mary Ann Gibbs; second tie, Joan DiMaggio and Chris Carter; fourth, Noreen Hagerty.

Third flight: first, Becky Hulick; second, Vicki Eschelbach; third, three-way tie, Michele Yturralde, Vanita Collins and Christy Rexford.

No sweeps results for October 29.

TOWGC

Sweeps results for October 24: Joan Seliga was the low gross winner of the field of 20 players.

First flight: first, Joan Seliga; second tie, Kris Peters and Sallie Wood.

Second flight: first, K.C. Cote(Y/R); second tie, Jennifer Huff and Laurie Vree; fourth, Lynn Davis.

Third flight: first, Leslie Wiener; second, Jo Knudsen; third, Yoshi Smith; fourth, Laura Bellows.

No sweeps results for October 31.

OWGS and TOWGC: Unfortunately, our Halloween/Pumpkin Ball was canceled as a result of the power shutdown and air quality. Weekly Sweeps will continue through November 26. There will be Thanksgiving-themed games on November 19—Gobble Gobble and Nov. 21—Turkeys!

Have a wonderful Thanksgiving holiday and we'll have a month and a half to hone our World Handicap System scoring skills.

Just for Fun Game Club

■Phillip Herzog

WHO, WHAT, WHERE, WHEN, WHY?

The Just for Fun Games Club is a great place to make friends and play all sorts of old and new games like: Rummikub, Hand and Foot, Pan, Settlers of Catan, Parcheesi, Spades, Splendor, Uno, Mah Jongg and so much more! We meet in the Card and Game Room at the CAC (Central Activities Center) every Saturday at 1 p.m., and on the second and fourth Thursdays at 6:30 p.m. There are multiple games being played at the same time and you will always be able to choose what game you want to play. We are not too serious—because we play games Just for Fun!

We have a large collection of games on hand and players often bring new and different games as well. If you have any games that you would like to donate or lend to the club, please let us know.

Come check us out even if you are not good at games, we enjoy the extra company. Everyone is welcome to come and have a good time at the Just for Fun Games Club. Come and have fun with us!

For more information contact me at 843-3053 or send an email to goldguyphil@gmail.com.

NEW YEAR'S EVE PARTY

We are happy to announce that we are planning to have our NYE games party again this year. It is free! You don't need to stay up too late, you don't need to leave Oakmont!

There are some logistics involved here in the planning, so stay tuned for more info.

Billiard Club



■Jack Linder

BILLIARD BIO: MEL EHLERS

Snooker, an 18th century British Army invention, was enjoyed for decades by members of the military and the upper-crust gentleman's clubs that flourished throughout the tony enclaves of England. To have a fellow Billiard Club member as a snooker aficionado, a player who embraced the game at age 11 among the corn and soybean fields of Hebron, Nebraska in the 1930's, is a bit of a head-scratcher. "Well, during the summer while my grandmother was shopping for eggs and cream at the grocery store, I watched my grandfather shoot pool at the local saloon against the town's farmers and I quickly became hooked. In high school, after football and basketball practice concluded, I rushed over to the pool hall and rotated between the pool tables and snooker tables. Eventually, snooker became my favorite game."

While serving in the Pacific as a Navy Seabee during World War II, Mel utilized his rare free time to continue playing on the weathered pool tables at the camp rec hall. "I never cared for poker but I loved shooting pool and played as much as time allowed." And that love affair continued for him when he left the Navy and used his G.I. Bill at UCLA, quickly familiarizing himself on the felt tables of Westwood and other L.A. locales.

"To be honest, I probably spent more time in the pool halls than I did in the classroom. My only regret was that I did not earn a saloon-pool diploma." Fortunately for hundreds of lucky kids and parents, Mel earned his degree in English and spent the next 32 years as an English teacher, developing young minds in a career that culminated at Analy High School in Sebastopol.

Stop by the pool hall to meet Mel and the rest of the group. I'm sure he'd be happy to show you a few trick shots that he learned on Kwajalein Island or the Bruin campus and turn you into a snooker buff as well. The club plays on Monday and Friday from 1-4 p.m. The pool hall is open Monday-Sunday from 8 a.m.-9 p.m. at the East Rec. Center. Contact Steve Dieterle at (860) 502-4164 or me at 880-9279 for further info.

Letter to the Editor

Dear Editor:

The recent power shut down gave us all pause to think about what happened, share our stories and responses and talk about the solutions for the next power shut downs. When the lights came on, I found myself flipping wall switches throughout the house, turning my heat up, and charging devices, and finding new appreciation for everyday conveniences.

My digital life was back on. All the emails were flowing in, alerts, messages, the *Press Democrat* and stories of the fire firefighters and National Guard heroes that saved Windsor. I came to appreciate the importance of local news that came to me by my portable radio—tuned to station 1350 AM. It kept me up to date with the Kincade Fire coverage exceptionally well with Pat Kerrigan, just like she did in our 2017 fires.

I can grind and make fresh morning coffee again, but we owe gratitude to the Oakmont Market. Thank you, Laura and Dave, for having a back-up generator, selling hundreds of cups of coffee to us, food, and ice for our homes.

So much is taken for granted. Now we can tell stories of what we missed when the power was out; and share solutions we found. And I feel privileged as I wasn't compromised by health issues and had to leave. I know many had to depart Oakmont for life sustaining needs. We must try and rectify that dangerous situation soon. Enjoy the power till it goes out again.

Julie Kiil

The Oakmont News welcomes letters from residents to express opinion, criticism or praise. See details on how to send at oakmontvillage.com/news or in this issue on the Oakmont Village Association page. While letters may be edited for length and spelling, Letters to the Editor are not edited for accuracy of content. The opinions are that of the writer and not necessarily the Oakmont Village Association.

Thursday Pinochle



■Rod Clark

LOOKING FOR DAYTIME PINOCHLE?

We meet every Thursday morning at 9:15-11:45 a.m. in the Activities Center card room. This is a wonderful way to learn to play pinochle or brush up on your game, as well as for advanced players.

Arrive shortly before 9:15. We draw for partners, so singles or couples are welcome. Cost is 25¢ per game, paid to the winners.

For information or questions call me at (650) 346-0473.

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Employee Appreciation Fund

As the seasons change and the holidays approach, many of our members have asked, "What can we do to recognize the work of the staff of OVA?" In 2016 the OVA Board approved the Employee Appreciation Fund, which provides our members an opportunity to recognize the 16-person non-management team with a special thank-you in the form of a holiday bonus gift.

Donations will be distributed at year-end. Members who wish to donate may contribute via check by December 1 to the OVA Office at 6637 Oakmont Drive, Suite A. Please make checks payable to OVA and on the memo line, please write "EMP APP Fund" (OVA Employee Appreciation Fund).

The team at the OVA office is fortunate to work with the sensational residents who make our jobs so enjoyable.

OEPC Continued from page 3

any time. PG&E will do it for you, and will check out your gas appliances and re-light pilot lights. This is very important!

4. If you can, turn off the house's water at the outside supply valve to preserve whatever water is inside your water heater and toilets. This water supply may be the only one you have for a few days, so don't take showers or flush the toilet until you hear that the water supply is safe from contamination.

OEPC (Oakmont Emergency Preparedness Committee) urges you to be aware of all the possibilities that might happen when an earthquake strikes. There are Zone Communicators, who carry hand-held radios to summon help if communications are cut off. However, if the "Big One" strikes, the emergency services will be overwhelmed, so we urge you to only request help if it is absolutely necessary. That means a life in danger, an uncontrolled fire, or any life-threatening issue that you cannot deal with yourself. Use your common sense. You will be rattled—earthquakes are scary—but don't rely on others to help you, unless you are in immediate danger. Remember, they are rattled too, and taking care of their own needs.

Finally, you are on your own. Be prepared!

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PRESIDENT'S MESSAGE Continued from page 3

put in place more effective systems of notification and response.

This progress will continue. Communities of humans, including the Oakmont Emergency Planning Committee, Oakmont's Citizens Organized to Prepare for Emergencies, our OVA staff and others learn and grow each time we face events such as this. We evolve constantly, and we will continue to evolve and improve our systems to help us better cope with any new realities we face.

Thanks to the work of the small community of individuals on the solar subcommittee of Oakmont's Long-Range Planning Committee—who are collaborating with larger communities of individuals at Sonoma Clean Power, Electric Power Research Institute, the City of Santa Rosa, the County of

Sonoma, and the State of California—we believe that, in a few years, Oakmont will be able to supply its own power when there is none coming from the grid. Much sooner than that, we'll see a more resilient Oakmont.

For its part, PG&E will be forced to better maintain its systems (or it will be taken over), which in turn will diminish the threat of fires. Indeed, a more effective and efficient power company may well make the biggest difference in California fire safety.

And, while communities of individuals dedicated to helping protect us from confusion, frustration and harm learn and grow, communities like Oakmont that suffer together can grow closer in spirit. Just as forests are renewed by fire, our affinity for our community and for each other can be renewed by hardship.

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Lawn Bowling



■Jim Brewer

WAS IT REALLY RAIN?

A small group of lawn bowlers stood in a light rain outside the club room, wondering if the drizzle we were experiencing would prevent our Saturday rolling. Anxiously, we all checked our cell phones to see if the weather reports corroborated the wet conditions. When none could find a single site that mentioned rain, it was agreed that water falling from the sky does not necessarily mean it's raining, so it was decided to ignore the inclement weather and roll on.

As it turned out, the websites were mostly right and for a bonus, we discovered that day that bowls roll truer on damp sand than on dry sand. Still, I couldn't help wondering what would have happened in the decades before mobile phones, when the best way to know if it was raining was to turn your face skyward and see if it got wet.

NO WIND, BUT NO HALLOWEEN PARTY, EITHER

The Halloween gathering didn't exactly turn out as planned. Mary Blake, in announcing the cancellation offered a number of possible reasons: cold weather, smoke, power uncertainty or voluntary evacuation. In the end, so many club members had departed Oakmont after the power went out on Saturday, Oct. 26, if you're keeping score, that an effort to at least play the bowling tournament also was abandoned.

Still, even with the power out and the air quality ranging from fairly poor to downright awful, daily play continued uninterrupted throughout the week. There were seven hearty rollers Monday and again on Tuesday, but that turnout more than doubled on Wednesday. With electricity not yet restored, 16

turned out for some regular noontime bowling on Halloween, a hardy few in costumes. Sorry, no photos were available. The tournament itself, and pizza, was rescheduled for November 8.

Two tournaments that were supposed to be in October didn't. But the Novice Singles was settled on November 1 when Bob Stephens crept by Steve Pickell 18-17 in what was described as a "very exciting" final match. Meanwhile, Women's Pairs (remember that one?) continued its quest to become the most drawn out contest in recent memory, if not ever. Marilyn Garland and Pam Dempsey were expected to play Jeanette Breglio and Janet Johnson on November 3. Probably.



Bob Stephens.



WINTER HOURS CHANGE JANUARY 1, 2020

Starting on January 1, 2020, winter hours will be at 1:30 p.m. instead of 12:30 p.m. That means that we should show up at 1:15 to bowl at 1:30.

ONE FINAL TOURNAMENT IN 2019 AND OTHER IMPORTANT STUFF

Weather permitting, of course! The Thanksgiving tournament will be played on Monday, November 25 at 12:30 p.m. Be sure to sign up for the last tourney of the year. Wear your whites and bring \$3.

And don't forget the Annual Awards Gala and Holiday Party on Friday, December 6, in the Berger at 5:30 p.m. Bring gifts for some foster children in Santa Rosa, watch slides of our members' activity during the past year and stick around for the Pizza Party.

Jeanna Garcia is in contact with foster care to get names of the children. There will be about 70 of them. Their names will be on tags on a Christmas tree in the bowls room where you will be able to select a child to buy for. Look for the notice on the bulletin board. New members will find this activity enjoyable as well as up-lifting.

See more OLBC information at www.oakmontlawnbowling.com.

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Passages



Jane Erhlich passed away December 29, 2018.

Please contact OVA resident Bev Schilpp by phone, 538-4293 or E-mail wallyschilpp1@peoplepc.com, to publish the name and date of death of your loved one in the *Oakmont News*.



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Boomers



■Carolita Carr

COMING UP

WHAT: Boomers Annual Holiday Social, for members only

WHEN: Thursday, Dec. 12 **WHERE:** Berger Center

TIME: 5:30-8 p.m.

It's that time again! Our annual free holiday party! We will have a variety of delicious sandwiches from Mr. Pickle and entertaining videos for you to enjoy

while you socialize with all your Boomer friends. Use the coupon below to register now!

DON'T FORGET! NOVEMBER 21—A FREE EVENT!

WHAT: Movie *In Search of Greatness*

WHERE: Berger Center

TIME: 6:30 doors open, 7 p.m. movie

BOOMERS ANNUAL HOLIDAY MEMBERS ONLY APPRECIATION SOCIAL SIGN-UP FORM THURSDAY, DECEMBER 12, 5:30-8 PM, BERGER CENTER

Deadline for RSVP is no later than 3 p.m. on Friday, December 6.

How many members is this an RSVP for? _____ Name(s) _____

There is no charge for this event, and there is no reserved seating. Please place completed coupon in the Boomers' folder at the OVA office.

Bocce Club



■Linda and Don McPherson

Autumn Tourney winners:



Chris Duda, Bob Cresta and Barbara Newton.



Geoffrey Newton, Tony D'Agosta and Jean-michel Poulnot.



Pam Gilbert, Charlie Huff and Carol Green.

TOURNAMENT NEWS

Winning teams in the October 19 Autumn Tournament, rescheduled because of the power outage, were: Bob Cresta, Chris Duda and Barbara Newton; Tony D'Agosta, Geoffrey Newton and Jean-michel Poulnot; and Pam Gilbert, Carol Green and Charlie Huff.

Winners in the final tourney of 2019, the November 2 Falling Leaves Tournament, men versus women, will be announced and pictured in the next *Oakmont News*.

ANNUAL HOLIDAY PARTY: DECEMBER 14

The always popular Bocce Club holiday dinner

dinner catered by The Oakmont Market at 6 p.m. Entertainment will be provided by the folk music group More Joy.

Cost is \$35 for members, \$45 for non-member guests. Reservations (form below, at the Bocce Courts, and in the Bocce Club folder at OVA) must be received by November 29. Members attending the holiday party also may pay 2020 dues using the party reservation and membership tear-offs below. Members not attending the holiday party can pay 2020 dues using only the Membership form below. (New members paying dues in November or December 2019 are considered paid in full for 2020.)

BOCCE CLUB HOLIDAY PARTY SIGN-UP FORM SATURDAY, DEC. 14, 5 PM, EAST REC. CENTER

A delicious served dinner will be catered by The Oakmont Market, 5 p.m. Cocktail Hour BYOB, 6 Dinner, 7 Entertainment by More Joy. Club members: \$35; Guest non-members: \$45.

___ Beef Filet # ___ Maple Glazed Baked Salmon # ___ Vegetarian (Eggplant Parmesan or Pasta Primavera)

Name _____ Phone # _____ Member ___ Guest ___

Name _____ Phone # _____ Member ___ Guest ___

If you would like also to pay your 2020 Bocce dues, please also complete the Membership form below, listing each member and including an additional \$15 per person in your check.

Check total enclosed: \$ _____ for (#) _____ dinners and (#) _____ annual dues

Return Dinner Reservations to the OVA Bocce folder, along with your check payable to "Oakmont Bocce Club" no later than November 29.

OAKMONT BOCCE CLUB MEMBERSHIP FORM—2020

Please print legibly.

Name(s) _____

Phone(s) _____ Email(s) _____

Address _____

\$15 per person annual dues payable by check (no cash) to "Oakmont Bocce Club" should be left together with this form in the Bocce Club file folder at the OVA office. Bocce Club name badge order forms also are available at the courts and in the OVA Bocce Club folder. Ordered badges are available after the first week of each month in the name badge basket at the Bocce Shed.

Free Windows PC and Smartphone Help

Do you have a smartphone or PC computer with which you need assistance? Andy Holroyd-Sills or Carl Appellof may be able to lend a hand. If you would like to see if they can help, call Carl at 291-5278 or Andy at 775-5220.

We need more volunteers to provide PC help to our Oakmont neighbors! If you're interested in volunteering, call Carl at 291-5278.

OakMUG



Oakmont Macintosh Users Group

■Linda Koeplin

THE END OF THE YEAR REVIEW WITH RONNIE ROCHE SATURDAY, NOV. 16, WEST REC. CENTER

This is the last meeting of the year and Ronnie is coming to share with us all the news of what Apple has been doing this past year.

Plan to come early at 1:30 p.m. for coffee/tea, refreshments and fellowship. The meeting begins at 2 p.m.

Website: <http://www.oakmug.org>

MEMBERSHIP

Annual dues are \$10 per household. Three ways to join: at any meeting; a check made payable to OakMUG and sent to Justine Haugen, Treasurer, 8926 Acorn Lane, Santa Rosa, CA 95409; or you may put your check into our file in the OVA Office.

MAC TECHNICAL HELP

If you need technical help with your Mac or other apple product, call Ronnie Roche, Certified Apple Consultant, 573-9649.

A free service to our membership, send your Mac questions by email to the following email address: OakMUGTechHelp@gmail.com An OakMUG Mac expert will either get you an answer or will recommend someone who can.



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■Rosemary Waller

A QUARTET OF DISTINGUISHED ARTISTS

For some time I have been thinking about bringing to Music at Oakmont a concert featuring a piano quartet: violin, viola, cello and piano. There are so many wonderful pieces written for this combination (Mozart, Beethoven, Mendelssohn, Brahms, Dvorak, Shostakovich and many more). And yet, unlike string quartets—two violins, viola, cello—there are almost no established ensembles dedicated to performing these works.



Scott St. John, violin.

So, I had an idea: I would ask the eminent Canadian violist, Sharon Wei, if she could put together such a group. After all, her husband is the distinguished violinist Scott St. John. Already half a piano quartet! Sharon enthusiastically enlisted two highly respected colleagues: cellist Michelle Djokic and pianist Robert Koenig. On Dec. 12, at 1:30 p.m. in Berger Center, this impressive group will perform works by Josef Suk, William Walton, and Antonin Dvorák.

Violinist Scott St. John is the Director of Chamber Music at the Colburn School in Los Angeles. He is also Concertmaster of the ROCO Chamber Orchestra in Houston, Texas and a frequent participant at the Marlboro Music Festival. After winning the Alexander Schneider Competition and playing a Carnegie Hall debut, he performed frequently with Young Concert Artists. He was recipient of an Avery Fisher Career Grant and a Juno Award for recording Mozart with his sister Lara St. John. An Artist-in-Residence at Stanford University as a member of the St. Lawrence String Quartet, he also served as Associate Professor at the University of Toronto.

Sharon Wei has established herself as one of the most respected violists on today's scene. A soloist, chamber musician, and orchestra principal, she has performed chamber music with such artists as Lynn Harrell, Gary Hoffman, Claude Frank, Joseph Silverstein, and the St. Lawrence String Quartet. She is a co-founder of the award-winning Ensemble Made in Canada.

Grammy-nominated cellist Michelle Djokic enjoys a versatile career as chamber player, soloist, and orchestral musician. She is the founder and director of Concordia Chamber Players based in New Hope PA. Making her debut as soloist with the Philadelphia Orchestra at the age of 12, she has been Principal Cellist with several orchestras, and is currently a member of the New Century Chamber Orchestra.

Since 2007 **pianist Robert Koenig** has served as Professor, Head of Collaborative Piano, and Chair of the Music Department of the University of CA Santa Barbara. Mr. Koenig's performing career has featured a long partnership with the late Aaron Rosand and ongoing appearances with violinist Elmar Oliveira. A favorite at prestigious festivals, he has appeared at Ravinia, Aspen, Caramoor, Banff, Mostly Mozart and many more. Among his acclaimed recordings is a Grammy-nominated CD for Naxos, with violist Roberto Diaz.

Immediately following the Dec. 12 performance, the audience is invited to celebrate our founder Bob Hayden's birthday. Do plan to stay for cake and punch and a toast to Bob!

WHAT: Music at Oakmont

WHEN: Thursday, Dec. 12, 1:30 p.m.

WHERE: Berger Center

ADMISSION: \$25 at the door, or your Season Pass

InvestOAK Club



■Dave White

Our goal is to advance members' knowledge and understanding of investment options and strategies for retirement. Membership experience ranges all the way from investment novice through those who have had a professional career in the financial world. There is no actual monetary aspect to the club's activities. Active member participation is encouraged.

Our more experienced investors often consider Current Market Forces and Long-Term Trends when making investment decisions. Two of our InvestOAK Steering Committee members, Jerry Gladstone and Len Grosso, will direct the presentation focused on these two subjects. You will learn what the important issues are and what resources are available to keep current.

Interested Oakmont residents are invited to attend the next regular meeting which is Friday, November 15, 10–11:30 a.m., Room B, Central Activities Center. For the rest of the year 2019 our meetings will be held on the third Friday of the month. The auxiliary group meets at 10 a.m. at the Umpqua Bank, one week after the regular meeting—November 22.

For further information contact me at dwhite747@hotmail.com.



■Ray Haverson

HAPPY NEW YEAR ALL

New Year's Eve is on the way and I am proud to say Zack is back!

WHAT: New Year's Eve Party

DATE: December 31 **WHERE:** Berger Center

TIME: Assorted crackers and cheese from 5–6 p.m.; dinner 6–7:30 p.m.; dancing 7:30–11 p.m. (by the great Charlie Baker and Company. New Year will be celebrated at 9 p.m.

PRICE: \$80 per person

BUFFET MENU: Scalloped potatoes, oven roasted red potatoes, seasonal vegetables; Chardonnay Chicken, choice prime rib of beef with horseradish cream; green salad with ranch and vinaigrette, Hawaiian rolls with sweet butter, assorted dessert table, coffee, lemon water, well drink mixes and ice. Note: this is a BYOB event (you may bring whatever you want to drink). Note: vegan and gluten free entrees available upon request with your reservation only.

Zack's food is over the top delicious. We lost track of him last year but I did find him again. Everyone two years ago just raved about his food—it was so good.

Please drop off your payment in the Sha-Boom folder in the OVA office.

Looking forward to a great time. See you all there.

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Playreaders



■Norma Doyle

Playreaders meet every Monday at 2–3 p.m. in the Central Activity Center, Room B. Visitors are always welcome. Come early so that we can meet and greet you.

The Play: On November 18 Jackie Kokemor will present the second act of *Life and Beth* by Alan Ayckbourn. Readers are Bernie Cheriff, John Dolan, Norma Doyle, Pete Folkens, Jackie Kokemor, Rebecca Kokemor, Sandy White, Malcolm Wing and Tanya Wing.

This 2008 play was the third part of a trilogy named *Things That Go Bump*. Ayckbourn considered it is his equivalent to Noël Coward's *Blithe Spirit*. A recent widow, Beth, is troubled by her misguided family and a late husband who won't leave her alone. Julia, once a gifted musician is also besieged by a vicar who comes to offer condolences, but obviously has a crush on Beth. Beth, on the other hand is more concerned about her cat, Wagstaff, who disappeared the day of the funeral.

The Playwright: Sir Alan Ayckbourn (1939-) is a prolific writer of comedy plays using satire as he presents middle-class manners. He is considered one of the world's pre-eminent dramatist. He has won numerous awards for his plays, which have been translated into 35 different languages. Seven of his plays have been produced on Broadway. He is an accomplished director of his own and other plays.

The Next Play: On November 25 and December 2 Ron White will present *A Thousand Clowns* by Herb Garner. Readers are Bernie Cheriff, Dennis Hall, Al Johnson, Ron White, Sandy White, Malcolm Wing and Ginna Zoellner.

Unemployed television writer Murray lives in a cluttered studio New York apartment with his 12-year-old nephew, Nick. Murray has been unemployed for five months after quitting his previous job writing jokes for a children's show called "Chuckles the Chipmunk." Nick, the son of Murray's unwed sister, was left with Murray seven years earlier. Nick writes a school essay triggering an investigation by social workers to examine his living conditions and the investigator, Sandra aided by her boyfriend, Albert, initially threatens Murray with removal of the child from his custody unless he can prove he is a capable guardian. A great deal of plotting occurs amongst the characters as they search for the future that best suits each one of them even when it means doing things they dislike.

The play received two 1963 Tony Award nominations: Featured Actor in a Play and Best Play, and won the Tony Award for Featured Actress in a Play.

The Playwright: Herbert Gardner (1934–2003) is best known for this 1962 play *A Thousand Clowns*, which ran for 428 performances. He received an Oscar nomination for the screenplay in 1965. However, Gardner's biggest commercial success was the 1985 play *I'm Not Rappaport*, which won the Tony Award for Best Play and became the basis for a 1996 movie. Gardner's autobiographical novel, *A Piece of the Action*, was published in 1958.



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Garden Club



■Patty McHugh

“Any garden demands as much of its maker as he has to give.”—Elizabeth Lawrence

NOVEMBER MEETING

WHEN AND WHERE: Tuesday, November 19, Berger Center

TIME: Tea and Social at 9:30 followed by speaker from 10–11:15 a.m.

Master Gardener Kim Pearson will demonstrate how to create stunning living wreaths made from succulents. Succulents make great year-round wreaths, adapting well when grown in moss, and continuing to grow for many months, and much longer with good care. Kim will show us how adding decorative, seasonal objects and trims will transform the wreath into the perfect statement for whatever the upcoming holiday. Plan to attend—this is a great demonstration for the season!

Future months: The Garden Club takes December off, returning on January 20 with speaker Marjorie MacLeod from MacLeod Family Vineyards.

THIS MONTH IN THE GARDEN

Leaves, leaves, leaves—everywhere! It’s that time of year and even if you don’t have trees in your own garden, there are sure to be leaves there from a neighboring property. No one escapes. Despite that, the fall is such a beautiful time of year—it lifts our spirits, making it hard to grumble about the fallen leaves. Days are short and it’s cold outside but venture out when we get those sunny, fall days.

- Gather and bring indoors colorful twigs and berries for a seasonal home display.

- Continue to tidy up the garden and remove debris. Rake up leaves (whenever possible, avoid those nasty, noisy gas blowers that disrupt the neighborhood). Leaves make great compost so add them to your pile or start a pile with them. Remove dead or diseased limbs from trees and shrubs.

- Attend to winter protection and if frost is forecasted, cover your non-hardy plants and shrubs. Set stakes in the ground and drape a cover (burlap, frost cloth, old sheets, even newspaper) over the stakes, making certain the covering doesn’t touch the plant. Cardboard boxes make good nighttime covers but be sure to remove in the morning after it warms up. Spraying plants with an antitranspirant is also helpful.

- There’s still time to plant or transplant hardy trees and shrubs and native plants. We should have had a few good rains by now and the ground should be cooperative. You can still plant spring-blooming bulbs.

- If you haven’t done it already, clean, oil and store your garden tools.

HAPPY HOLIDAYS!

The Oakmont Garden Club board and volunteers wish our members (and all readers) a very happy Thanksgiving. We hope you have enjoyed the presentations thus far this year and are looking forward to hearing your suggestions from the Member Survey. Since we take December off and this is our last posting for 2019, we would also like to take this opportunity to wish you a very Merry Christmas, Happy Hanukah and Happy New Year!



Current Events Discussion Group



■Tina Lewis

The Current Events Group consists of lively discussions of current events, from local to international. Informed comments are voiced from across the political spectrum, from liberals to conservatives. Some prefer to just listen and learn, others offer to moderate.

Whatever your comfort level, you will be welcomed when you join us. The discussions are moderated by volunteers within the group, and microphones are passed around to enable everyone to hear. A \$1

donation is requested.

MODERATORS

November 15: Jim Duport

November 22: Bernie Palk

November 29: No meeting the day after Thanksgiving

Join us on Fridays at East Rec. from 1–2:30 p.m. and bring ideas of what you’d like to discuss.

For more information call 539-5546 or send an email to tinalewis31@comcast.net.

New Horizons Band at the Berger Center!

■Helen Hargrave



The New Horizons Concert Band of Sonoma County returns to the Berger Center on Saturday, November 23 at 2 p.m. to delight the Oakmont audience with a variety of musical genres! The annual fall concert will feature light classical selections including several rousing marches by

John Philip Sousa!

So, mark Saturday, November 23 at 2 p.m. at the Berger Center on your calendars and plan to attend an hour or so of easy listening band music played by 85 seniors, many living in Oakmont. The concert is free, but donations are gratefully accepted.

Hikers



■Tony Lachowicz

Please keep checking website for updates: www.oakmonthikingclub.com.

2020 MEMBERSHIP DUES

The Oakmont Hiking Club instituted annual dues of \$10 in 2018. Members receive emails about hike updates, tri-nighters and other events. Revenues help offset costs such as first-aid kits, website hosting and reimbursement of some expenses incurred by tri-nighter planners.

We are starting early this year to be completed prior to the annual Potluck Dinner and membership includes admittance to the event in January. Although not a prerequisite to go on Thursday hikes, membership is strongly encouraged.

Non-members will be charged \$5 to register for a tri-nighter, \$5 to attend the January Potluck Dinner, and \$10 (vs. \$6 for members) at the August Picnic. Please fill out the membership form below and deliver along with your check to the blue folder in the front of the Hiking Club folder in the OVA office.

NOVEMBER 21 INTERMEDIATE HIKE MCDONALD HISTORIC DISTRICT/

NOVEMBER 28—THANKSGIVING

No hikes scheduled.

SR RURAL CEMETERY

Explore Santa Rosa history with a stroll through the McDonald Historic District dotted with architectural gems. We will follow the McDonald Ave. funeral processional route of yesteryear to the Santa Rural Cemetery where the city forefathers and movers and shakers are buried. Total distance 4.5 miles—first half level sidewalks, second in the cemetery is a bit hilly. Short hikers are welcome to join either half. Heavy rain cancels. Leave Berger at 9 a.m. Hike leader is Marilyn Pahr, 541-6430.

NOVEMBER 21 LONG HIKE JACK LONDON EAST SLOPE

This moderately strenuous hike up Sonoma Mountain will pass through redwoods and oaks via the Mountain Trail, Sonoma Ridge Trail and the East Slope Trail. From the top we will enjoy great views of Sonoma Valley, weather permitting. Distance is about 11.5 miles, with about 1,500’ of elevation gain. Leave Berger Center at 8:30 a.m. Hike leader is Chuck Chenault, 539 1093.

OAKMONT HIKING CLUB MEMBERSHIP FORM

Please complete this form and return it to the OVA Hiking Club folder with your check for \$10 payable to Oakmont Hiking Club. Membership details can be found on the club website, oakmonthikingclub.com.

Name: _____

Address: _____ Email: _____

Phone: _____ Emergency Contact: _____ Phone: _____

Hike level preferences (check all that apply): Short Intermediate Long

Willing to lead (check all that apply): Short Intermediate Long

Wii Bowling Oakmont Lanes



■Terry Leuthner, President, and Diane Price, Vice President

Oakmont Lanes Bowling Club is a Bowling League consisting of four-person teams that utilize Nintendo Wii to simulate the experience of bowling without the weight of a bowling ball. Any resident who has the ability of holding a small remote control in their hand while swinging their arm as if they were rolling a bowling ball will be able to join.

Anyone interested in joining our club, either as a team bowler or substitute, please call Terry at 538-9177 or Diane at 538-3365 or stop by the East Recreation Center on Tuesdays from 1:30-4:30 p.m. to see us in action. See www.oakmontlanes.com for club information and schedules to bring cookies and to set up/tear down equipment.

Remaining bowling dates for November: Nov. 19 (Thanksgiving Challenge). No bowling Nov. 26, fourth Tuesday.

OAKMONT LANES CHRISTMAS PARTY FRIDAY, DEC. 13, BERGER CENTER 5:30-8:30 PM

Diane and I are working with Laura from Oakmont Deli to create a delicious Christmas dinner. Menu to follow in Dec. 1 article. Remember to bring a grab-bag

gift (\$15 max., mark for man or women if necessary).

RESULTS AS OF OCT. 15 (THIRD WEEK FALL LEAGUE)

1:30 p.m. League: first place, 4 Tops; second place, Alley Oops; third place, Wii Four; fourth place, Pocket Hits; fifth place, Strikers; sixth place, Wild Turkeys.

Men's High Games: Don Shelhart, 267; Charlie Ensley, 266; Gordon Freedman, 259; Lary Lazzarini, 248.

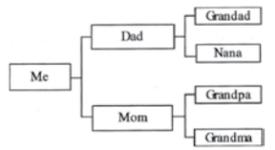
Women's High Games: Joanne Abrams, 279; Robin Schudel, 247; Sandy Osheroff, 237; Tobi O'Neill, 218; Peggy Ensley, 214.

3:15 p.m. League: first place, King Pins; second place, High Rollers; third place tie, Strike Outs and Wii Power; fifth place, Pin Heads; sixth place, Strikes and Spares.

Men's High Games: Ray Haverson, 227; Christian van den Berghe, 208.

Women's High Games: Sandy Osheroff, 277; Joanne Abrams, 268; Mollie Atkinson, 268; Maurine Bennett, 244; Nicole Reed, 244; Sandra Pessner, 224; Judy Lawrence, 209; Barbara Ford, 204; Shirley Jamison, 202.

Genealogy Club



■Melinda Price

JEWISH IMMIGRATION: RUSSIA TO AMERICA

Our next meeting will be on Monday, November 25 at 1 p.m. in the West Rec. Center.

Elihu Smith will present part two of the last June's program by reviewing his prior information about Jewish life in Russia and then continue with his primary presentation on life for the immigrant in New York City. The earlier meeting had a large turnout, so please come and hear the rest of this interesting story.

Of course, the October meeting was cancelled due to the recent fire/electrical outage event.

The Oakmont Genealogy Club regularly meets upstairs in the West Rec. Center on the fourth Monday of each month (except July and December) at 1 p.m. There are no club dues, and everyone is welcome to attend our meetings, both newbies and experienced researchers.

For information about genealogy research or club activities please visit our website at: www.oakgenclub.org. If you have research questions or would like to receive our e-newsletter, email: oakmontancestry@aol.com.



McBride Realty wishes everyone a Happy Thanksgiving



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Denise Scott
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Art Association

Philip Wilkinson

ART SHOW RESCHEDULED

We have re-scheduled our cancelled art show to Friday, January 30 and Saturday, February 1, 2020.

Those of you who have entered the cancelled show will automatically be entered with the same works into the rescheduled show. Art drop off to the Berger will be on Thursday, January 20 at 10:30 a.m.

If you have a conflict and cannot be part of the show, contact Kathy Byrne at kathyb8058@sbcglobal.net or 538-8058, and your entry fees will be refunded.

TWO-DAY WATERCOLOR WORKSHOP WITH FERENC BESZE

This was cancelled because of the power outages. We are going to reschedule it in the near future and will let you know what date. There are still three open spaces in the workshop if anyone is interested.

Contact Dan Fishman at dfishman@pacbell.net to register.



Pickleball Corner



Doc Savarese

THE HEART OF PICKLEBALL

There are many Oakmont pickleballers who watch athletic tournaments either live or through the media. I am most intrigued by the tremendous display of grit exhibited by many of the professional athletes that we observe. They often have to endure weather conditions up to 100% humidity which causes them to sweat even more profusely than normal. Many are subjected to symptoms of dehydration where their level of play was obviously impaired.

Watching them endure painful matches, the one who displays "heart" will emerge as the victor. We often see elite athletes pound their chests following a hard-fought point or game. Heart is the word used in sports when we give it all that we have, resulting in performance way above expectations. This is probably the biggest secret to athletic success where one is usually laser focused, internally motivated, excited about winning, and resilient towards setbacks or failure. In playing pickleball or any other sport, one thing that we all can agree upon is that we all have the ability to play hard with heart and go for it when competing.

Perhaps the most provocative example of heart occurred during a recent commercial narrated by Billy Jean King, the famous tennis pioneer who began by advocating for equity TV network exposure for women. She went on stating that only about 4% of



Cartoon by Peter Copen.

women's sports are shown by the networks. Fact checking confirms that media coverage of women's sporting events is dismal compared to that provided to men within the same sport.

Throughout her career she often exhibited a magnificent display of heart and grit, even during trying times. Her advocacy for equity reflects the growing sentiment of women athletes around the world who are demanding equality.

Pickleball is a sport which I believe demonstrates a shift in the tide where women athletes are beginning to receive equal coverage. I think as people we all should support what is just and fair and that takes heart.

OAKMONT PICKLEBALL PLAY INFORMATION

WHERE: East Rec. Center lower courts, Courts #1 and #4

WHEN: New players (strictly beginners) Introduction to Pickleball and Coached Play (for beginners and novices), Tuesday from 9-10 a.m.

ATTIRE: Court shoes with non-marking soles

EQUIPMENT: Balls are provided. Loaner paddles are available for introduction and coached play. These balls and paddles are for use only on the Oakmont Pickleball courts.

WEBSITE: <https://oakmontpickleball.shutterfly.com>

NEW PLAYER CONTACT: Pauly Uhr, richuhr@gmail.com, 984-4186; and/or Nancy Lande, Nancy_lande@comcast.net, 978-2998



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Leya

Older, wiser, funner!

OK, at 10 years old, I'm old enough to know that funner isn't a proper word... but I'm also wise enough to know how important it is to have fun! My adorable antics will bring a lot of delight to your life - from the way I hide my toys in couch corners to all the smiles I'll bring on our daily walks together. Come meet me, just for fun!

Oakmont Music Lovers

■Judy Walker

THE UNIQUELY AMERICAN SPIRIT OF RAGTIME

Music historian Amy C. Beal and multi-instrumentalist and composer Larry Polansky return to the Oakmont Music Lovers series for a lecture-recital focusing on the influence of 19th-century American music styles on the turn-of-the-20th-century style of ragtime. Focusing on the



pioneering work of composer Scott Joplin (1868–1917) and the lesser-known but equally talented composer May Aufderheide (1888–1972), Beal and Polansky will demonstrate a number of pieces on piano and a variety of plucked strings (guitar, mandolin, etc.).

Please join us for this “toe-tapping-Tuesday” in December!

WHEN: Tuesday, December 3, 10:30 a.m.

WHERE: East Recreation Center

COST: Free



Oakmont Sunday Symposium

Berger Center, 7902 Oakmont Dr.
Sunday, 10:30 a.m.–12 noon
\$3 donation

www.oakmontsundaysymposium.org



■Marilyn Pahr

The *Forever Home* presentation that was cancelled due to the power outage will be rescheduled at a future date.

NOVEMBER 17: KEITH WOODS CHALLENGES OF REBUILDING AFTER THE FIRES

Keith Woods, CEO of the North Coast Builders Exchange, estimates that it will take about nine years to complete the rebuilding of homes lost in the Santa Rosa fires. And, hey, we all know that there was a housing shortage before the fires. So how and when will we handle this crisis? And how is this situation currently impacting on our local economy? Keith will give us his experienced ideas and food for thought on these issues.



Keith Woods is the CEO of the North Coast Builders Exchange, a 1,250-member organization that represents contractors and construction-related firms in Sonoma, Lake, Mendocino, and Napa Counties. A native of the San Francisco Bay Area, Keith majored in Journalism at Fresno State University and is a graduate of the U.S. Chamber of Commerce Institute for Organization Management. His professional experience includes 45 years of organizational management work. Keith served as President of the Santa Rosa Chamber.

NOVEMBER 24: MARK RANDOL MIGRATION AND UPENDING THE WESTERN POLITICAL ORDER

Migration is a fundamental feature of human history. But what is different today? Notwithstanding our humanitarian impulses, no country can accommodate all the people from impoverished countries who would wish to migrate. Leaders equivocated. Voters rebelled. For the first time in decades, leaders of Western nations are questioning the basic principles of democracy—and governing as if those principles no longer apply.



Mark Randol retired after 35 years of military and federal civil service and moved to Oakmont in 2011. He served as the senior specialist in domestic intelligence and counterterrorism at the Congressional Research Service (CRS) in Washington, DC and was also the Director of Counterterrorism Policy at the Department of Homeland Security (DHS).

Mr. Randol is a graduate of the UC Berkeley and Georgetown University and served for 8½ years in the U.S. Air Force. He continues to teach and lecture on the topics of domestic terrorism and counterintelligence.



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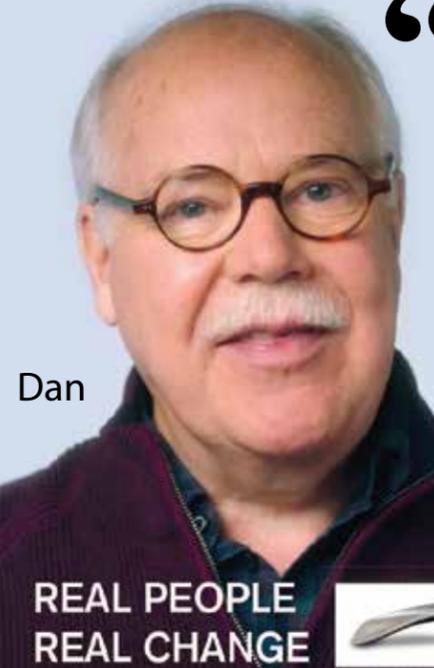
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Oakmont Singles (formerly Single Boomers Social Club)

■Carolita Carr

DECEMBER EVENT: HOLIDAY SOCIAL TUESDAY, DECEMBER 10, 6 PM EAST REC. CENTER

Holiday time! No matter what you're celebrating (maybe it's having reliable electricity—I know it's big on my list!), join us on Dec. 10. We will share some songs and our White Elephant Exchange. You find something you can live without, value under \$15, wrap it up, bring it along, and we will see if it can find a new home. If you have nothing you can part with, that's ok, too. Just come sing and watch the fun. Along with your gift, bring an appetizer to share, the beverage of your choice, and the desire for good company. See you there!

SAVE THE DATE

January 14: Our monthly mixer

NAME CHANGE

After long deliberations, the board feels it is time to change our club's name. There has been too much confusion between our group and the larger Boomers organization. We also realize that we are not all Boomers. Our membership is open to all generations, so from now on, we are the Oakmont Singles.

Oakmont Singles is open to any single person residing in Oakmont. Only an interest in meeting people and socializing is required. We hold monthly mixers within Oakmont and find interesting things to do in the greater Santa Rosa area. We dine out at a different restaurant once a month, and we even arrange to sit together at other Oakmont activities.

If any of this sounds interesting to you, all you have to do is pick up an application form in the Oakmont Singles folder at the OVA office. Our dues are \$12 per year (special rate for remainder of 2019—\$6). Once you join and give us your email address, you will learn of our events and be able to participate.



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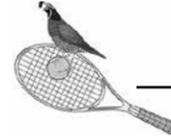
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Tennis Club



■Joanne Phillips

NEED A LITTLE FUN IN YOUR LIFE? JOIN THE OTC!

Are you new to Oakmont? Thinking about resurrecting your tennis game or just beginning to play? Consider joining the OTC for a tame 20 bucks per year. You can play regularly or just be on the sub list. The OTC offers great fun for all levels of players and a chance meet some terrific active residents. Don't believe me? Just ask these folks why they joined:

Dennis McCarty: "The courts are in good shape and I enjoy using the ball machine."

Kathleen Tindle: "The OTC has really friendly people and great parties. I really have lots of fun!"

Grace Barner: "I belong to La Cantera and the Wild Oak Saddle Club but love to play at Oakmont. I can connect easily with other players. The OTC has some of my favorite people."

Claire Tosio: "The courts are in a beautiful setting and close to home."

Ruth Layne: "I wanted to start playing tennis again. I found a great sense of community belonging to the OTC."

Walter Kusener: "Tennis is one of the best ways to meet people. I still play with my old friends in Calistoga but really enjoy playing in Oakmont too."

Still not convinced? There is drop-in tennis on Saturday mornings at 9 a.m., West Courts (unless there is another event). You don't need to be a member to participate, but once you see how much fun we have, you'll want to join too. Contact Membership Chair Joan Kline at joaniebones@gmail.com for more information.

NAVY TORPEDOES ARMY

On November 2, soldiers captained by Olivia Kinzler, battled it out with Admiral Terri Somers and her sailors at the OTC's annual Army vs. Navy mixed doubles tournament. Friendly fire was exchanged by the ten teams and in the end, Navy prevailed. To protect the dignity of our brave soldiers, the final score of this competition is available only on a need-to-know basis.

Battle wounds were soothed with a fantastic post-



Army vs. Navy participants.

tournament lunch of meatloaf, mashed potatoes and gravy, and of course, champagne and wine. A 21-gun salute goes to Edilberto Loaiza, OTC Events Director, for organizing this year's competition and all the participants and spectators who made this tournament so much fun. Hooyah!

NEIL LINNEBALL MOST VALUABLE PERSON

Each year, the OTC recognizes an individual who made significant contributions to our club. This year's MVP award was presented by OTC President-elect Terri Somers, to Neil Linneball, a tireless and steadfast volunteer and OTC advocate. Congratulations Neil and thank you for all you do for us.



Terri Somers presents MVP Award to Neil Linneball.



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Stanford Alumni of Oakmont



■Kay Nelson

Big game day is fast-approaching! November 23 will indeed be a Big game as we try to maintain possession of "the axe."

Come join the band for a fast-paced game and a jolly good time with fellow alums. Time is yet to be determined. Location will be at the East Rec. Center.

Invitations will be mailed shortly with details of food, drink and pricing.

Please send your questions to me at kfnel@aol.com. Friends are welcome!

Jazz Club

■Dolora Hurst

We made it through! The fires, the power outages are now history and we are still here. Let's celebrate!

Our December 4 meeting, 2-5 p.m., will be in our new meeting room in the East Recreation Center, 7902 Oakmont Drive. The remodel is complete and that facility even has a kitchen! We will take advantage of it and have a holiday party.

Please bring a snack type of food if your last name begins with A-M, and bring a sweet treat if you are a N-Z. Also bring what you would like to drink. Katheleen McKeen is in charge of the food, and Judy Quail is in charge of decorations.

We will also have a wonderful party because some of our club members will be entertaining. You may not have previously known that the person sitting next to you may be a virtual jazz guitar player, or? We have twisted some arms and have come up with an exceptional program. What party is not more fun with music? There are some jewels within our group and if we missed you, please come forward.

You do not need to be a star, just a fun loving, somewhat knowledgeable musician. This is truly a "more the merrier" type of endeavor. You can call at 537-7720, tell me what instrument you play, and if you are an individual or a group. Remember please that you do not have to be a virtuoso, but just someone who enjoys playing. The joy that music can bring to our lives is sometimes immeasurable, and it certainly makes for an engaging party!

At our celebration we will announce the club's plan for our January meeting. It will be a very, very special program. OVA has given us the Berger Center for our meeting, which will be on a Wednesday, January 8, because our regular meeting day falls on New Year's Day. We decided to take advantage of the change in venue and can't wait to share the news of our very special program.

Remember, our new club's location, the East Recreation Center, 7902 Oakmont Drive. The party will begin at 2 p.m., December 4. Please, also don't forget to bring your food donation, and what you wish to drink. If you are bringing a guest please also notify me. Please also note: We will need to change our meeting place in January, to Berger Center. The special program will be announced at our Holiday Party.

See you at the party!



Lifelong Learning

■Marlena Cannon

SNEAK PREVIEW—WINTER 2020 CLASSES

CONTEMPORARY COMEDIC GENIUS SERIES: BILLY CRYSTAL

INSTRUCTOR: FILM WRITER, DIRECTOR AND PRODUCER, MARTIN MARSHALL

Mondays, 3-5 PM, Berger Center

4 weeks: Jan. 13-Feb. 3, Class ID: 7867, Cost: \$81

BEETHOVEN AND THE ROMANTICS INSTRUCTOR: CULTURAL HISTORIAN, DR. KAYLEEN ASBO

Wednesdays, 3-5 PM, Berger Center

6 weeks: Jan. 15-Feb. 19, Class ID: 7869, Cost: \$110

THE SCIENCE BEHIND, INSIDE AND UNDER WORLD FAMOUS ARCHITECTURE INSTRUCTOR: AWARD-WINNING SRJC PHYSICS PROFESSOR, SALLY HEATH

Thursdays, 3-5 PM, East Rec. Center

6 weeks: Jan. 16-Feb. 5,

NOTE: This class will not meet on February 6.

Class ID: 7871, Cost: \$110

YOU'RE WRITING A MEMOIR? A HOW-TO WORKSHOP

INSTRUCTOR: FORMER SRJC ENGLISH DEPARTMENT CHAIR, IDA RAE EGLI

Thursdays, 6-8 PM, Central Activities Center, Rm. B
5 weeks: Jan. 16-Feb. 13, Class ID: 7872, Cost: \$126

THE GENIUS OF HITCHCOCK INSTRUCTOR: FILM SCHOLAR, TERRY EBINGER

Mondays 2:30-5 PM, Berger Center

NOTE: Early start time.

4 weeks: Feb. 10-Mar. 2, Class ID: 7876, Cost: \$81

CIDER—HOW AMERICA'S FAVORITE BEVERAGE WAS ALMOST LOST INSTRUCTOR: 30-YEAR VETERAN IN THE ALCOHOL BEVERAGE INDUSTRY, DAVID SANDRI

Wednesdays 3-5 PM, Berger Center

2 weeks: Feb. 26-Mar. 4, Class ID: 7870, Cost: \$52

CLASS PREVIEW: WEDNESDAY, DEC. 11, BERGER CENTER 2:30 MUSIC AND REFRESHMENTS 3 PM PROGRAM

Valley of the Moon Rotary Club



■John Brodey

FAMIGLIA

That seems like an appropriate place to begin, coming as it does at the end of a recent month-long hiatus in Italy. Fortuitously, our return home on October 31 coincided with the return of electricity to the area. Many thanks to Jack Monahan, the editor of this column, who ably filled in for me during that time.

My wife and I are inveterate travelers and hit the road regularly. While I'd like to imply that our focus is of an almost academic nature, we'd be lying if we didn't admit that food and wine grab a lot of our attention. But as we reflect on what attracts us most about this experience, it is clearly the allure of people and cultures different from our own that frames everything. Perspective is probably the word that best describes our take on travel. Perspective is important and yet it tends to become static within the bubble of our daily lives. Nothing much challenges the status quo, natural disasters notwithstanding.

I am fortunate enough to have a sister with a beautiful house in Umbria that is their vacation home. Spending extended time in a particular area, especially one that is not a tourist mecca, allows for a different interpretation of life elsewhere. In the little town of Guardea, our almost daily visits gave us access to life unknown. At first, we were part of the landscape but in short order we became new neighbors. The warmth and acceptance made us jealous of not having the history they all share.

There's an old saying that goes, at a certain age there is no longer enough time left to make old friends. I disagree completely. The connections that bind communities and groups together are timeless and constantly forming. It's enough to alter your perspective on life as we know it. We now have Italian friends with whom we have developed lasting relationships in a fairly short period of time. Family is everything to Italians. They have a profound respect for their elders and each other. There is a civility that accompanies any interaction including politics.

In anticipation of coming back to Oakmont, it was that same sense of family that was most important to us. I have three families: blood/lifelong, pickleball and Rotary. These are the people I had to see and reunite with. I think it's safe to say that many clubs in Oakmont have created that same sense of family. These are your people.

I missed Rotary and found it subtly comforting to see the organization's presence in many cities. A favorite restaurant in Viterbo had a Rotary meeting sign prominently posted. The meeting time didn't work for our visit, but I know I would have been welcomed like a long-lost son. Given its global reach, you could say that Rotary is the biggest and most diverse family on the planet.

If you are looking for a new perspective, join us for breakfast and you won't even have to pack a bag.

Oakmont Square Dancing Club



■Susan McLean

Please join us for "friendship set to music!"

We have two options for square dancing at Oakmont:

WHAT: Club Level Dancing with professional caller Lawrence Johnstone. We've learned most of the basic calls and Lawrence has been mixing them up to keep us moving and having fun.

WHEN: Tuesdays from 6:30-8:30 p.m.

WHERE: West Rec. Center, Upper Level

COST: \$5 donation per person

Phil Herzog is an experienced dancer who can work with newer dancers or those who have missed a few lessons or help you brush up if you haven't danced in 10 or 20 years. Phil also encourages anyone who wants to dance more often to join us on Sunday evenings. He is doing a great job, so come and support him.

WHAT: Workshop with Phil Herzog

WHEN: Sundays from 6:30-8 p.m.

WHERE: West Rec. Center, Lower Level

COST: \$2 per person

For information call Jenny at 367-2102, Susan at 367-0417 or Phil at 843-3053.

Great Decisions 2020

■George McKinney

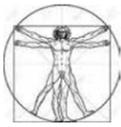
The discussion topics for Great Decisions for 2020 have been announced. We'll have a lot more information in the December 1 issue of the *Oakmont News*, but the discussions will begin in February 2020 and go through May 2020.

Here are the topics: 1. "Climate Change and the Global Order." 2. "India and Pakistan." 3. "Red Sea Security." 4. "Modern Slavery and Human Trafficking." 5. "U.S. Relations with the Northern Triangle." 6. "China's Road into Latin America." 7. "The Philippines and the U.S." 8. "Artificial Intelligence and Data."

We'll limit the discussion groups to four groups of 16 each again. If you would like to reserve a place in one of the groups, or if you have any questions, please email georgwmck@gmail.com.



Fitness Club



■John Phillips

NEW EQUIPMENT

This is probably old news for some of you but there are others who simply may not have heard. We are expecting three new pieces of equipment and removing three older pieces. We have ordered a lateral elliptical, a step mill (basically a stationary escalator), and a new recumbent bike. The pieces being removed are one of the fan bikes, the oldest elliptical machine and the Scifit recumbent bike that is at the end of the recumbent bike line.

One thing that has become apparent is that as we grow older, we do not move in a lateral direction, which can become a hazard. When we are confronted with the need to move lateral, we are sometimes unable to do so and this could cause an accident. That is the main reason we went with a lateral elliptical machine. If you have ever tried an elliptical machine you are already aware of what a good workout you can get.

We have received many requests for a stair master. The problem with regular stair masters is that most people lean on them which defeats the purpose. That is why we went with the step mill. The step mill makes you pick your foot up to move to the next step (similar to going up stairs). This makes it harder for the one to cheat, thus receiving a better workout than on a regular step master.

The recumbent bike should be similar to the ones that we already have. It should be easier to operate than the Scifit bike. I am being told that it has some additional features, i.e. arm rests that are higher than the handles, heart rate monitors and possibly a personal fan. I won't know for sure until we actually receive the equipment and I plan on writing a little note on each machine as soon as we do receive them.

A fourth piece of equipment the Fitness Club is purchasing is a replacement for the cross over cable machine. These machines typically do not wear out but ours is showing some wear. The adjustable pulleys pins are starting to wear which allows the pulleys to drop if they are not secured all the way. In addition, the support bars for the weights have bowed and if they twist a certain way, they will add resistance making one side harder than the other.

If you have any questions, please stop by the center or call 494-9086 or email me at wkuout2@aol.com. I hope to see everyone at the center.

■Tom Kelley

OAKMONT HOLIDAY DINNER/DANCE SPONSORED BY THE FITNESS CLUB

WHEN: Saturday, December 7

WHERE: Berger Center

TIME: 5-6 p.m. social hour/appetizers, dinner to follow

MUSIC: The Invasion Band, preview at www.britrockinvasion.com

PRICE: Price is \$55 person. Limited seating. Please note there was an error in the previous newsletter quoting a \$50 charge.

Open to Oakmont residents. Festive holiday attire.

Reservation forms at the OVA office and the Central Rec. Center, due by Dec. 1.



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Holistic Yoga

■Donna Connell (IYT)

NEW STUDENT SPECIAL: ONE MONTH \$50

WHERE: West Rec. Center:

WHEN: Monday at 8:45 a.m., Friday at 9 a.m.

This ongoing friendly class has been at Oakmont for 20 years. Monday we usually use chairs and Friday mat with light weights. Feel your best everyday as you become more flexible and build strength with this easy to follow class by an experienced instructor. I work with each student individually, so you can progress as your own pace. Come join us with this great starter offer!

All levels welcome.

Please call 799-3099 or email donnapc21@gmail.com before you come.

Forrest Yoga

■Carol King, RYT (Registered Yoga Teacher)

WHERE: West Rec. Center—Lower Level

COST: \$60 for six classes. No perfume please.

INFORMATION: <http://www.carolkingyoga.com>; email carolking1234@yahoo.com; 696-5464

CHAIR STRETCH AND BALANCE CLASS

WHEN: Thursdays 10:30-11:30 a.m.

Feel better in your body! Increase your strength and flexibility with seated movements. Focus on your alignment as well as your breath. Build your core while seated. Students may stay seated for the entire class or safely explore balance. Small free weights are used to tone and strengthen the upper body.

Equipment: bring free weights of 1, 2 or more pounds, the weight you want to work with, bring water

FORREST YOGA CLASSES

WHEN: Tuesdays 12:30-1:30 p.m.; Thursdays 9-10 a.m.

Feel steady and grounded from your yoga practice. Feed your body with deep breathing, movement and strengthening abdominal work. Explore how the poses can bring you into greater balance.

Forrest Yoga does not require strength or flexibility; it only requires that you bring a willingness to learn how to feel authentically and respond honestly. All levels welcome. People with injuries or conditions are encouraged to attend.

Equipment: yoga mat, water, beach towel/yoga blanket.



■Valerie Hulsey

Although the mornings are a little cooler the water is warm so plan to join us for Water Aerobic classes. Now is the time to think about purchasing a warm Swim Parka or warm robe to wear when you get out of the pool. Amazon.com has them in all sizes and price ranges. Or you can google "Swim Parkas" and you will find many other stores to choose from.

No special equipment is needed when you start—plenty of buoys and noodles you can borrow.

The no-fee classes shown below are paid for by the Santa Rosa Junior College Adult Program and the other classes are an \$8 drop-in fee.

MARY'S REGULAR SCHEDULE OF CLASSES

Monday: 9 a.m. \$8; 10 a.m. no-fee SRJC class

Tuesday: 9 a.m. and 10:15 a.m. no-fee SRJC class

Wednesday: 9 a.m. \$8; 10 a.m. no-fee SRJC class

Thursday: 9 a.m. and 10:15 a.m. no-fee SRJC class

Oakmont Health Initiative Free Fitness Classes

■Charlene Bunas

WHAT: YMCA Healthy Living—free classes by JoRene

WHEN: Mondays, Wednesdays and Fridays 9-10 a.m. No classes Nov. 29.

WHERE: Berger Center

THANKSGIVING

Let's talk turkey, and dressing, and mashed potatoes with gravy. While we're at it, how about sweet potatoes with butter and brown sugar, plural pies (pumpkin and pecan, apple and mince)? What wine? Hors d'oeuvres? Just because we're in the thick of the holiday season is no reason to be in the thickening of waistlines.



Counterbalance extra calories with extra workouts and added walks. This Thanksgiving will be one of fitness resolve and nodding thanks for the Oakmont Health Initiative and the classes offered at Berger Center.

Equipment: Non-skid yoga mats, knee pad, 3# hand weights, athletic shoes that are supportive but not too grippy. Water bottle—hydration revitalizes.

Fragrance-free, please. Share the floor with kindness.

Word to the wise: For your safety, good balance and lateral movement are needed for quick aerobic moves. A fall may cause serious injury. Please check with your doctor prior to beginning this or any exercise regimen. All Free Fitness Classes are too large to accommodate those who need special supervision. If you have shoulder, back, knee problems, anything that is painful, it is advisable to join a smaller, well-supervised class first, and consult a personal trainer or medical professional to learn modifications that are suitable to your condition. Participants need to use their judgment and body awareness, altering each exercise to prevent injury. Be careful dear ones.

Interval Training

■John Phillips

Studies have shown that Interval Training helps keep us young and active and promotes weight loss more than any other activity including cardiovascular work. If you need some new ideas on how to work out, then you may want to check out our Interval Training class.

It takes place on Mondays, Wednesdays and Fridays at the Lower West Recreation Center at 2 p.m. Equipment needed: lite hand weights, a non-slip mat and water, and the ability to get off the floor.

The first session is free, drop-in fee is \$8 or you receive 10 sessions for \$64.

Balance and Strength Building

■Betsy Smith

WHO: Those who want to start a fitness program, improve or stay fit

WHAT: Strength and Balance class using weights, large balls, little balls, and bands

WHEN: Thursdays, 4:30-5:30 p.m. No class Nov. 28

WHERE: West Rec. Center downstairs

COST: \$7 per class or four classes for \$24 or eight classes for \$48

WHY: To enjoy keeping fit with friends while working out to catchy music and from your fitness base. You should be able to get up and down from the floor.

INFO: Bring yourself, water, mat, weights, and a large ball you can sit on if you have them.

INSTRUCTOR: Betsy Smith, bsmith@sonic.net

Medical QiGong



■Shera Carlton

Ever wonder why, in spite of the miracles of modern medicine, more than three million Americans practice ancient healing exercises from China? Qigong is one of the world's best researched methods to improve health and vitality. Regular practices make the mind tranquil, reduce stress and deepens your connection with nature.

WHAT: Qigong practice **WHERE:** Lower Rec.
WHEN: Sunday 11 a.m.–12 noon
COST: Free offering
CONTACT: Shera, 5organqi@gmail.com

Aerobics Class

■Betsy Smith

This class is for those who want to start a fitness program or stay fit!

WHAT: Low impact aerobics class
WHEN: Tuesdays. No class Nov. 26
TIME: 4:30–5:30 p.m.
WHERE: West Rec. Center downstairs
COST: \$7 per class or four classes for \$24 or eight classes for \$48
WHY: To enjoy keeping fit with friends while working out to catchy music and from your aerobics base. You should be able to get up and down from the floor.
INFO: Bring yourself, water, mat, weights
INSTRUCTOR: Betsy Smith, bsmith@sonic.net

SRJC Balance and Strength Classes

■Mary Hastings

WHAT: Basic Balance and Strength
WHEN: Fridays at 9:30 a.m.
WHERE: Upper West Rec. Center **FEE:** Free
 Basic elements of balance with strengthening utilizing Therabands. Chairs available to promote confidence while practicing balance exercises. Enrollment in the junior college takes place on site with the instructor.

WHAT: Balance and Strength II
WHEN: Tuesdays at 2 p.m., Thursdays at 1 p.m.
WHERE: Lower West Rec. Center **FEE:** Free
 This balance and strength class is designed to progress balance exercises. This is accomplished utilizing movement and various types of obstacles. The strengthening exercises utilize Therabands. Chairs are also available. Enrollment in the junior college takes place on site with the instructor. All you have to do is show up!
WHAT: Stretch with Mary—Pilates-based stretch and strengthening
WHEN: 7:30 a.m. Tuesday and Thursday
WHERE: Lower West Rec. **FEE:** \$5

Tai Chi for Beginners

■Dr. Katy Ha, faculty at Sonoma State University

If balance is a challenge for you, join our five-class workshop at the Berger Center room G on Thursdays from 9–10 a.m. Tai Chi is an ancient meditation in movement practiced by millions all over the world to improve balance and calmness.

Tuition is \$75 for the five classes which do not need to be consecutive. Preregistration is required, so call me at 318-5284. I will love to answer your questions.

Sleep Apnea Group

■Bob Flandermeyer

Our next meeting is Tuesday, December 3 at 1 p.m. in Berger, Room G.

The Sleep Apnea group assists people with their CPAP—machines and masks. We meet on the first Tuesday of February, April, June, August, October and December.

Often a question regarding your treatment can be answered at these meetings, especially if you are new to using CPAP. Bring your machine and mask if you think it would help, plus questions!

Questions, call me at 538-5277.



■Pastor Brinda

50 YEARS OF MINISTRY SERVICE

Tuesday Bible Study at the Oakmont Gardens at 1:30 p.m.: The Book of Revelation
 Wednesday Bible Study at the OVA office Suite B at 10:30 a.m.: The Lord's Prayer
 Sunday Worship Services at the East Rec. Center at 10:30 a.m.
 Sunday Worship Service for the Oakmont Gardens residents at 1 p.m.

MARK YOUR CALENDARS

November 28: Thanksgiving Dinner at the Pastor's house.

April 20–24: Trip to Kentucky: the Creation Museum and Ark Encounter. Call the church for more details.

How can we serve you? Need prayer, hospital visit, or communion? Call me at 595-0166. The Church Office/Manse: 6687 Oakmont Dr. Website: occsantarosa.org.

Craft Guild



■Nanette Garner

HOLIDAY FAIR

Please join us on Saturday, November 16, East Rec. Center from 12 noon–4 p.m. for our fabulous Holiday Fair. It's a perfect time to do your holiday shopping—jewelry, crafts, cards.

Refreshments served. Everyone is welcome!

Free Movies For Seniors Begin Again!

PRESS RELEASE

The Free Seniors Movie Series begins again on Thursday, November 7. A choice of three or four films will be shown on the first Thursday of every month through June 4, 2020, at the Third Street Cinemas. The theatre is located at 620 3rd Street in downtown Santa Rosa, between Santa Rosa Avenue and "D" Street (in the courtyard behind the Third Street Aleworks and Bibi's Burger Bar), only 1-1/2 blocks from the Transit Mall).

The movies are free for seniors 60 and older, and will begin at 10 a.m. No tickets are needed and the doors open at 9:30 a.m. For a list of the three or four movie titles for each month, call the Third Street Cinemas Recording the week of the series: 525-8909 x 2.

The series is generously sponsored by Santa Rosa Memorial Park and Mortuary/Eggen & Lance Chapel, Kobrin Financial Services, and Hired Hands Homecare.

For more info, contact Gwen Adkins at the Santa Rosa Entertainment Group, 523-1586 x 21 or 484-7328 (cell).

SIR Robert Ripley Branch #53



■Al Haggerty

EXPLORING GENEALOGY

Katherine J. Rinehart, and author and expert in genealogy, will explore the details and techniques of genealogy at the November 27 luncheon of Sons of Retirement Branch #53 at the East Rec. Center.

Many Americans whose families arrived in the United States more than two generations ago often have sketchy to no information about their ancestors. Rinehart will discuss the science of genealogy and how to learn more about families.

Rinehart has worked in the Sonoma County Library's Sonoma County History and Genealogy Department since 2002. In addition to managing an important special collection, she oversees the Sonoma County Archive. She received and MA in History from Sonoma State University in 1994 and has worked in various positions in the fields of cultural resource management and historic preservation for the past 21 years. She is the author of *Petaluma: A History in Architecture*, an occasional contributor to the *Press Democrat* and is proud to be a Petaluma Good Egg.

Branch #53 meets on the fourth Wednesday of each month at the East Rec. Center, 7902 Oakmont Drive. A social hour starts at 11 a.m. with luncheon at noon catered by a La Heart Catering. Any Oakmont man interested in attending this presentation and/or membership should contact Dave McCuan at 539-3028. Ladies are welcome at 1 p.m. to hear the speaker.



The Future of Oakmont Smarter Living Today and Tomorrow

■Marilyn Pahr

BEYOND SPARKLE: RINGS AS PERSONAL VOICE ASSISTANTS WEDNESDAY, DEC. 11, 5–7 PM, EAST REC.

What if you could talk to that ring on your finger and have it answer back? Voice assistants, such as Siri, Amazon Alexa and Google Assistant, respond to our verbal requests and act as points of communication between us and our connected devices. We can ask them to play a song, set an alarm, make a phone call, send a text, turn on/off lights, make checklists, check the traffic or weather, add to calendars and more. Your voice is their command.

Amazon has just released the Echo Loop, an Alexa-powered smart ring. It has an action button to send commands, two microphones and a tiny speaker. You talk into the ring and hold it up to your ear if you need to hear a response. A bit awkward, but hey, handy, especially for women who may not always have their phone on their person. It can be programmed to add one speed dial number which can be called by double pressing on the action button—a plus in emergencies.

Amazon is making the ring compatible with Siri and Google Assistant. The initial version is a plain, black, but can a diamond-encrusted one be far behind?

The Futures Club is designed to identify what we can do to remain current in the world around us and to acquire skills and adopt changes that will help us live smarter both today and tomorrow.

If you want to be on our email list, send your email to futureoakmont@gmail.com.

Women of Faith Bible Study



■Gayle Miller

DANIEL—LIVES OF INTEGRITY, WORDS OF PROPHECY

Presented by Beth Moore on large screen TV with titles for hearing impaired.

Join with us in a faith-building study of prophecy and learn how to live with integrity in today's self-absorbed society. The prophet Daniel faced unbelievable pressures to compromise his faith, to live in a hostile culture, and to confront temptations and threats. Today, believers in Jesus Christ face many of the same trials.

Beth Moore is a Christian speaker and Bible Study author. She enjoys getting to serve women of every age and denomination and she is passionate about

women knowing and loving the Word of God. Beth's presentation of the Bible just brings it to life and her engaging style of speaking keeps you interested and enthralled to the very last word!

This is a weekly, non-denominational study, we meet each Tuesday. Our class is small and informal; a very comfortable setting to meet new people and gain new knowledge of the Bible. Our class has workbooks. Please call for additional information.

DATE: Tuesdays
TIME: 9:30–11:30 a.m.
PLACE: Meeting Room B, CAC
CONTACT: Gayle Miller, 537-9309

Oakmont Cannabis Club



■Heidi Klyn

WHEN: Monday, December 2 **TIME:** 2 p.m.

WHERE: East Rec. Center, bring key card

This meeting was cancelled last month and rescheduled for Dec. 2. Dr. Courtney King, a board certified in both Family Medicine and Integrative Medicine, will be our featured speaker. She is a Functional Medicine Practitioner, a Medical Acupuncturist, and also trained in Ayuvedic Medicine.

As an advocate for science-based natural and holistic treatments, she finds and addresses the root cause of dis-ease for the whole family. Courtney started Golden Road Integrative and Functional Medicine to create more meaningful patient relationships, and to help heal their roots and elevate their minds. She will also cover Alzheimer's and Cannabis.



Also, we will have Alexa Wall from Moonflower Delivery and Nancy Birnbaum, publisher from the new *Sensi Magazine* voted Publication of the Year.

Everyone is invited to attend.

Zentangle™ Art Class in the Afternoon

■Betsy Smith, Instructor

WHO: Anyone who wants to explore being creative

WHAT: If you can draw a dot, line, squiggly, circle or square, etc., you can do the Zentangle™ Art Method. We use repeated patterns to create art pieces. Anyone can do it "one stroke at a time!"

WHEN: Second and fourth Mondays

WHERE: Central Activity Center Art Room

TIME: 4:30–6 p.m.

COST: \$10 per class

INFO: All supplies provided. Be sure to register before class starts to reserve a space. Please email Betsy at bsmith@sonic.net.



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AARP Volunteer Tax Assistance in Oakmont

■Frank Tindal

AARP has been providing free income tax filing assistance for seniors and low income families here in Oakmont for several years. The Tax-Aide program operated by the AARP Foundation in partnership with the IRS has now grown to where there are about 35,000 volunteers serving about 3 million taxpayers at 5,000 sites across the country at senior centers, libraries and other convenient locations. Taxpayers do not need to be a member of AARP or a senior or a resident of Oakmont to take advantage of the free Tax-Aide service.

Right here in Oakmont, the AARP Tax-Aide program had a team of seven volunteers who worked at the Berger Center two days a week, starting in the first week of February, through the 2018 tax filing season ending in April. The Oakmont team is now in the process of gearing up for the 2019 tax filing season.

In order to meet the growing demand for the tax

assistance service, more volunteers are needed across the country. The Oakmont team is hoping to add up to four or five new volunteers for the 2019 filing season. If you are interested in becoming a tax assistance volunteer, either as a tax preparer or as a customer service appointment scheduler, please contact me, Oakmont site coordinator, at 537-6927 to explore how you can prepare for this important service.

You need to be comfortable working on a computer that is provided by the IRS, using a structured software program, while interviewing folks who have received their income tax-related forms for wages, retirement income, investment income and the like. Training classes will be given in December and January in Santa Rosa.

So, if you can handle some computer basics and want to help people, especially those who can't drive to or afford a paid tax preparer, please contact me to hear more about what's involved.

Table Tennis Club



■Keith Sauer

For four days a week, table tennis enthusiasts play ping pong at the Upper West Rec. We play Tuesdays 3:30-5:30 p.m., Wednesdays 12-2:30 p.m., Thursdays 3-5:30 p.m., and Fridays 3-5 p.m. On Sundays we play from 2-4:30 p.m. You can also play on Sundays from noon to 2 p.m., but need to prearrange with

other players to join you.

Players at all levels are welcome. Come and check it out. There are extra paddles if you don't have one. Fun guaranteed.

For more information call me at 694-6574 or Ruthie Snyder at 230-2491.

Oakmont Cat Care Cooperative



■Mary Ellen King, List Coordinator

Looking for care for kitty when you're away? Join the Oakmont Cat Care Cooperative.

It's free! Cat Care Co-op members share care and feeding for kitty when you travel or must be away.

It's easy! Just contact a fellow list member and

arrange for care between you. We have members all around Oakmont.

It works! The more members we have, the easier it is to find help when you need it. So join today!

For more information and to put your name on the list contact me at 849-1581.

Pétanque Club



■Don McPherson

OKTOBERFEST TOURNEY

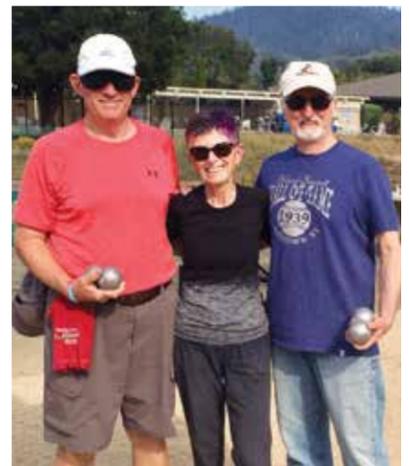
Members braving the impending power outage and deteriorating air quality enjoyed playing in the Oktoberfest Tournament, the second tourney of this year, on October 26.

Teams were randomly drawn. In the championship game Shari Downs and Jean-michel Poulnot bested Linda McPherson, Don McPherson and Jim Tosio, 13-9, to win first place. In the consolation match Nancy LaPorte and Barbara Lowell beat Gordon Blumenfeld, Cindi Clemence and Jeff Clemence, 13-11, to claim third place.



Oktoberfest first place winning team Jean-michel Poulnot and Shari Downs.

An enjoyable potluck social followed in the Fireside Room of Berger. The club extends its thanks to Jean-michel Poulnot for organizing another successful tournament and social.



Second place in the Oktoberfest Tournament went to the team of Don McPherson, Linda McPherson and Jim Tosio.



Oktoberfest Tournament third place (Barbara Lowell and Nancy LaPorte) and fourth place winners (Gordon Blumenfeld, Cindi Clemence and Jeff Clemence).

PÉTANQUE AT OAKMONT

The Oakmont Pétanque Club sponsors open play on Wednesday and Saturday mornings with teams chosen randomly as well as occasional club tournaments and social events.

If you're interested in playing or learning to play, come to the courts (between Berger and the OVA offices/Umpqua Bank and beside the Shuffleboard courts) at 9:45 a.m. on the club play days of Wednesday and Saturday. We have boules to lend and we'll have you playing immediately. No membership fees are required—just sign up to be on the club roster.

The courts also are reserved 9:45 a.m.–noon for club player-arranged pickup games on Monday, Tuesday, Thursday and Friday.



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Santa Rosa Symphony League

A Holiday Concert in the Cave of Deerfield Ranch Winery

■Elizabeth Kern

PRESS RELEASE

DEL SOL BAND—DECEMBER 12

Join the Santa Rosa Symphony League for an evening of holiday music performed by the Del Sol Band in the Cave of Deerfield Winery, Thursday, December 12 at 7 p.m.



Sip a little wine, nibble on an assortment of holiday refreshments, and enjoy the festive music of Del Sol performed in the acoustically perfect cave of Deerfield Ranch Winery. Doug Morton, Charity Goodin, Rob Fordyce and Brad McKeague can be counted on to present a fresh and humorously entertaining mix of holiday music. Award-winning Deerfield Ranch wines will be served.

WHEN: Thursday, December 12, 7 p.m.

WHERE: Deerfield Ranch Winery, 10200 Sonoma Highway, Kenwood

TICKETS: \$50 General; \$45 Symphony League Members

Purchase tickets: online at srsymphonyleague.org, or send check to Santa Rosa Symphony League, attention Festival of Parties, 50 Santa Rosa Avenue, Suite 410, Santa Rosa, CA 95404.

The Santa Rosa Symphony League supports the Santa Rosa Symphony Institute for Music Education in raising funds for music education for youngsters in Sonoma County. This event is part of a series of lectures, musicals, and cultural activities known as the League's Festival of Parties.

Partners Contact Bridge

■Jeff Hickman

The Partners Bridge Group plays in the Card Room of the Central Activity Center on the first and third Mondays of every month. This means we will be playing on Nov. 4 and 18. Play begins at 6:45 p.m. and wraps up about 9 p.m. You keep the same partner throughout the evening and play three different opponent pairs. The cost is \$1 per couple.

If you wish to play, please call me at 282-9350 or email me at jeff@hickman.cc (yes .cc). If you enjoy bridge but haven't played with us before, give me a call. We are always happy to meet new people over the bridge table.

We ask that you call in advance, rather than just show up, so we can be certain that we have full tables and everyone can play. Even if you are a regular player but you did not attend the previous session, please call me so we can keep track of the number of players. It is always a bit of a struggle to ensure that we have full tables for the evening, so when in doubt, call.

See you at the bridge table.

Friday Ladies' Friendship Bible Study



■Nancy Crosby

CHRIST IN THE PSALMS

Looking forward to seeing new and familiar faces as we begin our study this fall! We will be considering twelve selected Psalms that speak of Christ. Join us as we explore the truths expressed, as relevant today as when they were first written.

Our small, welcoming and friendly group meets every Friday morning. Each Stonecroft study book includes easy-to-understand explanations and applications of Bible passages, study questions, and

a journal for notes and prayers. No previous Bible experience necessary! We progress at our own speed, taking time for sharing and discussion. Please call me for more information. Hope to see you there!

DATE: Fridays

TIME: 10:15–11:50 a.m.

PLACE: OVA Office conference room, 6637 Oakmont Drive, Suite A

LEADER/CONTACT: Nancy Crosby, 480-0566



■Barbara Bowman

Movies At Oakmont

WHERE: Berger Center

SCREENING DAYS AND TIMES: Sundays at 2 and 7 p.m.

HOSTS: Barbara Bowman, Ernie Erler, Al Haggerty, Carol Haggerty, Mike McInnis and Jeff Neuman.

NOTE: All films are shown with English subtitles when possible, free of charge—compliments of the OVA

NOVEMBER 17, 2 AND 7 PM

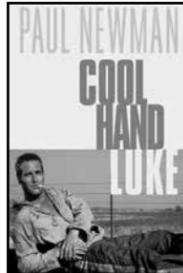
DREAMER



Down-and-out horse trainer Ben Crane (Kurt Russell) rescues a once-great Thoroughbred racehorse severely injured during a mid-race fall. Buoyed by the unwavering faith of his 10-year-old daughter Cale (Dakota Fanning), he sets out on a seemingly impossible goal: to win the Breeders' Cup. Inspired by a true story, this well-acted, beautifully photographed film tells an engaging story of family bonding—and a remarkable horse. The film received a Critics Choice Award nomination. (2005), PG, 106 minutes.

NOVEMBER 24, 2 AND 7 PM

COOL HAND LUKE



Luke Jackson (Paul Newman) is a man who likes to do things his own way, which leads to a world of hurt when he ends up in a Southern prison camp—and on the wrong side of its warden (Strother Martin). George Kennedy won an Oscar as a fellow prisoner who tries to break Luke and later comes to revere him; Newman garnered Oscar and Golden Globe Best Actor nominations. Considered an American Classic drama, the film is included on numerous lists of "Best Movies." (1967), PG, 127 minutes.

DECEMBER 1, 2 AND 7 PM

THE PUBLIC



As Cincinnati endures a freezing blast of Arctic cold, the public library serves as a refuge for all. But as closing time nears—and with emergency shelters already full—a group of homeless patrons refuse to leave, leading to a clash with authorities. This engaging, often funny, story tackles one of our nation's most challenging issues: homelessness. This ode to the public library, one of the last outposts of American democracies, stars Alec Baldwin, Emilio Estevez, and Christian Slater. (2019), PG-13, 109 minutes.

FOR YOUR REFRIGERATOR/WALLET

Sunday, November 17, 2 and 7 p.m.: *Dreamer*, (2005), PG, 106 minutes.
Sunday, November 24, 2 and 7 p.m.: *Cool Hand Luke*, (1967), PG, 127 minutes.
Sunday, December 1, 2 and 7 p.m.: *The Public*, (2019), PG-13, 109 minutes.





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- Classified ads of 150 spaces or less, (payment to accompany this form) \$25 per insert
- Pre-paid standing ads of 150 spaces or less, for a period of 3 months (6 issues) \$120
- Pre-paid standing ads of 150 spaces or less, for a period of 6 months (12 issues) \$216
- Pre-paid standing ads of 150 spaces or less, for a period of 1 year (24 issues) \$384

A space is a letter (including those in the heading), punctuation mark, and a space between the words in the ad. Additional \$4 for the next 40 or less spaces. Whenever applicable, CA state license or certification number must be included.

DEADLINE: 10 days prior to publication.

Classified Order Form

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The **OVA** has contracted with **CJM Productions** to handle typesetting, layout, printing and free distribution of the *Oakmont News*, the latter by U.S. mail, to each home via 3rd class mail.

CJM Productions also handles advertising for the *Oakmont News*.

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Oakmont Village Association

OAKMONT VILLAGE ASSOCIATION

Hours: M–F 9 AM–5 PM—Open during lunch
Tel 539-1611
6637 Oakmont Dr., Ste. A
OVA E-mail: askova@oakmontvillage.com
Website: www.oakmontvillage.com
Go to the members only page to view the monthly calendar, Board Meeting Minutes, criminal activity information and more.

MAINTENANCE OFFICE

Hours: Daily 6 AM–10 PM
Tel 539-6720
Maintenance Building (next to Central Auditorium)

CONDOMINIUM FINANCIAL MANAGEMENT (CFM)

OVA Accounting
Tel 800-585-4297

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Tel 575-7200
E-mail: cjmprod567@gmail.com

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GUEST ACCESS CARD.....\$25 EA
EMERGENCY CONTACTS FOR RESIDENTS
This form is confidential and used only in case of an emergency to notify your named contacts.

BULLETIN BOARDS

There are three OVA bulletin boards, one at each recreation center, where OVA events can be posted. Please bring in notices to the Events Coordinator at the OVA Office. Size is limited to 8.5"x5.5". Items "For Sale", "For Rent" or "Want to Buy" can be put on a 3"x5" card and left at the OVA Office.

LOCKER RENTALS

Annual Locker Fee \$30 (January 1–December 31). If you wish to rent a locker, come to the OVA office and give us a check, your information and the number of the locker you want to rent. You provide the lock. We can prorate the annual fee. Daily use lockers are free. NOTICE: Weekly locker inspections are done by OVA Maintenance. Locks could be sawed off with no prior notice and locker contents removed on all unpaid lockers. Items will be held in OVA Maintenance office for 30 days.

If you have any questions, please contact the OVA Office M-F 539-1611

GUEST PASSES

The following are OVA Guest Pass types and duration: 1) Guest from outside Sonoma County—up to 90 days; 2) House sitters—up to 90 days (OVA host must present written request to OVA Office for approval prior to visit); 3) Guests living in Sonoma County—2 days per card, and no more than 3 cards per month. Guest cards are available during regular hours in the OVA Office for a \$25 non-refundable fee. Guests accompanied by their Oakmont host are not required to have a Guest Pass.

STORAGE UNITS AND PARKING

Call Oak Creek RV & Storage, P.O. Box 2246, Santa Rosa, CA 95405. 707-538-3230

OAKMONT COMMUNITY GARDEN ON STONEBRIDGE

For more info on signing up contact OVA at 539-1611 or email Oakmontcommunitygarden@gmail.com. Spaces are available.

FITNESS CENTER

Central Activity Center, 310 White Oak Dr. Daily 5 AM–9 PM. Closed at 7 PM on Tues. for cleaning. Closed Thanksgiving and Christmas day.

NEED A RIDE? GIVE A RIDE! OAKMONT VOLUNTEER HELPERS

COORDINATOR
Rides to Medical Appointments
Rides Within Oakmont

We provide the following services to Oakmont Residents:

- Transportation to medical/dental appointments in Santa Rosa only
- Grocery shopping to Safeway (at Calistoga Center only)
- Meals on Wheels, 525-0383

Call 9AM–5PM
November 16–30
Dorrelle Aasland
537-1518

December 1–15
Diane Millen
978-2658

If you would like to be a volunteer, please call 539-8996. Donations to Oakmont Volunteer Helpers are appreciated and tax deductible. Mail your check payable to Oakmont Volunteer Helpers, 6637 Oakmont Dr., Ste. A, Santa Rosa, CA 95409. Thank you.

Mon.–Fri. medical rides before 9 AM or after 4 PM are subject to limited volunteer driver availability. No service on weekends or holidays. Please call at least three full working days prior to appointment. **We regret that we are unable to provide either wheelchair or emergency service.**

POOLS & JACUZZIS SUMMER SCHEDULE

Access to OVA pools is by magnetic card. Call OVA Office, 539-1611 if you need a permanent new member pool access card or to register for a temporary guest pool access card.

WEST: 7 AM–9 PM
(Closes 7 PM Wednesdays for cleaning)
EAST: 6:30 AM–9 PM
(Closes 7 PM Mondays for cleaning)
CENTRAL: 5:45 AM–9 PM
(Closes 7 PM Tuesdays for cleaning)

JACUZZI HOURS: Same as facility. No one under 18 years in West and East pools and Jacuzzis.
CENTRAL POOL CHILDREN'S HOURS: 11 AM–2 PM (Exception: 12 Noon–4 PM Memorial Day Weekend thru Labor Day.) Children must be accompanied by an OVA member/resident or adult with a valid guest pool access card. NO LIFEGUARD ON DUTY AT ANY OVA POOL. ALL FACILITIES CLOSED CHRISTMAS DAY.

PASSAGES

Please contact OVA resident Bev Schilpp by phone 538-4293 or by E-mail wallyschilpp1@peoplepc.com if you would like to have published in the *Oakmont News* the name and date of death of your loved one.

BLOOD PRESSURE CLINIC

Wed 10:30 AM–12 PM, Berger Center, Room D. Contact: Del Baker 539-1657.

LETTERS TO THE EDITOR WRITER GUIDELINES

The Oakmont News welcomes residents' letters to the editor about Oakmont life. Email letters of no more than 250 words to news@oakmontvillage.com. Writer's name, address and phone number must be included. Writers will be limited to one letter published every 90 days. Letters may be edited for length and clarity.

STREET CLEANING

City streets in Oakmont are cleaned by the city early on the fourth Friday of each month. Residents who want their streets swept should avoid street parking overnight on those days.

LIBRARY

Central Activity Center, 310 White Oak Dr. Hours: Daily 6 AM–9 PM. Closed Christmas Day. It is run by volunteers. All donations are gladly accepted. Materials we cannot use will be passed on to others.

PUBLIC TRANSPORTATION AVAILABLE IN OAKMONT

- CityBus #16 bus takes residents to 5 different shopping centers weekday mornings and around Oakmont afternoons.
 - Sonoma County Transit #30 bus goes to Memorial and Kaiser Hospitals and downtown Santa Rosa. Returns via Oakmont to Sonoma.
- Schedules available at OVA office.

2019–2020 OVA BOARD OF DIRECTORS

E-mail: askova@oakmontvillage.com

Steve Spanier, President
bod.steve.spanier@gmail.com

Tom Kendrick, Vice President
bod.tom.kendrick@gmail.com

Heidi Klyn, Secretary
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Elke Strunka, Treasurer
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Marianne Neufeld, Director
bod.marianne.neufeld@gmail.com

GENERAL MANAGER
Kevin D. Hubred
kevin@oakmontvillage.com

OVA BOARD MEETINGS

1st and 3rd Tuesdays of the month
1 PM in the Berger Center
All residents of Oakmont are welcome.

The Board of Directors of Oakmont Village Association reserves the right to select those articles submitted for publication that seem appropriate to the purpose of this association.

E-MAIL LIST

Do you want to stay updated on what is going on in Oakmont? Join the OVA E-mail list. You will receive Board Meeting Agendas and Minutes, Oakmont Notices, Meeting Announcements and the weekly Manager's Newsletter. To join, go to the OVA office and fill out a sign-up form, or visit www.oakmontvillage.com/oakmont-residents/. To receive E-Blast by E-mail, click the "join our E-Blast email list" link. If you would like a hardcopy, please come to the OVA Activities office. They are located on the front counter.

Growing Into the Second Half of Life

■Linda Webster

Ever feel you have been living someone else's life? That there is something missing in the life you currently lead? That the real you lies buried deep within and that you are living by the rules and wishes of others?

If these feelings are familiar to you then please accept this invitation to come participate in the formation of a small study group of like-minded women who want to address these and other second half of life questions and issues. The group will meet on a regular basis and be guided by selected readings

and audio tapes of authors whose works specialize in the quest for meaning in later life. Collages and journal writing will be featured in the group sessions.

There is no cost for participation in the study group but regular attendance following an introductory period is important. The location will be in Oakmont and size is limited. Meetings will be approximately 2.5 hours with the day and morning time to be established.

Interested individuals should contact me at 328-0940.



■Jon Kline

HAPPY HOUR ON MONDAY AFTERNOONS

Come to the courts between 4:30-6 p.m. with an appetizer to share. The club will provide bubbly water, cups and plates, everyone is encouraged to BYOB. We invite all OSC members and all Oakmont residents to come to the courts. We will socialize and (learn to) play shuffleboard while enjoying the views of Hood Mtn. and the Annadel hills.

REGULAR CLUB MORNING PLAY

Meanwhile, our regular weekly club play will continue with Winter hours, starting at 9:45 a.m. for instruction, then doubles play from 10-11:30 a.m. on Tuesdays and Thursdays.

A special invitation to Bocce and Lawn Bowling players: since your club times have moved to the afternoon, why don't you stop by the shuffleboard courts and see how your skills translate to this new sport. Remember, if you can't make it on these days, please contact us with your preference for playing on other days and we will try to arrange it.

SAFETY TIPS

When you are playing on the courts please observe these basic safety rules:

- When not shooting, hold your cue vertically with the handle touching the ground.
- Always use the handle of your cue, not the tips, to move discs around the court.
- When discs land off the court surface, place them back on the edge of the court, then move them to the back-standing area with your cue.
- Please avoid walking on the courts and in the adjacent "gutters;" use the 6'-wide walkways on either side of the courts.

The shuffleboard cues and discs are stored in the Shuffleboard Locker at the back of the Berger Center. They are available for all Oakmont residents and their guests every day from 8 a.m.-8 p.m. Although there is plenty of seating and umbrellas for shade, please bring sunscreen and a hat.

For more information about joining the dues-free shuffleboard club or questions about playing Oakmont's newest sport call me at (650) 279-0001 or email alsonjonny@gmail.com.

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