



# OAKMONT NEWS

Oakmont's Semimonthly Newspaper

www.oakmontvillage.com/news

December 15, 2019 • Volume 58, Number 24

## East Rec. Renovation Provides Valuable Lessons

■Al Haggerty

In addition to the \$2.77-million price tag, the renovation of the East Recreation Center provided Oakmont with a wealth of invaluable information on how to improve its approach to future projects. This was just one takeaway from a detailed evaluation of what was described as a "herculean" project at a town hall meeting Dec. 3 at Berger Center.

Billed as a "project lookback," it included a PowerPoint presentation by Tom Kendrick, vice president of the Oakmont Village Association board of directors and board liaison for the project. Iris Harrell, chair of the Building Construction Committee, offered insights on various stages of the project. "It was a journey," she said.

Kendrick said the renovation extends the life of the center by 35 years or more, adding that replacing it would likely exceed one estimate of \$4.6 million. He described the \$2.77 million cost as "completely reasonable." Kendrick said that Harrell, BCC vice chair David Dearden and other committee members "contributed immeasurably" and saved OVA "an awful lot of money."

Prior to the grand opening Aug. 1, the project faced enormous complications, including the increased costs and scarcity of contractors in the wake of the October 2017 wildfires, the exceptionally heavy rains in the fall of 2018 and difficulties complying with the Americans With Disabilities Act in a building built before ADA.

An indication of the overall approval of the renovation by Oakmont residents was a member forum in which residents were encouraged to critique the project. It produced only one or two minor criticisms. One noted a lack of expert input for the

Rec. Center's upgraded audio-visual system.

### AIM: BETTER CONTROL

The first recommendation produced by the project lookback is to use a "five-phase project oversight process to improve continuity and for better control over big projects." The phases include identifying and assessing the opportunity, generating alternatives, developing detailed specifications for the preferred alternative, executing the preferred alternative and closing the project with a lookback.

Other recommendations include ensuring that professionals are engaged early in estimating costs and planning the work, approving costs as a whole, planning work requiring permits and approval far in advance and aligning expenses and invoices with specific assets and facilities being replaced.

Hindsight led to a number of observations. Starting the project in the fall led to weather issues and while funding the project in stages did not increase the cost, it did generate confusion. In addition, for large projects OVA Board decisions suffer due to board turnover, a tendency to defer expense and a lack of project management orientation for board members. Also, ADA work was "unexpectedly complicated" and the Santa Rosa Building Department was slowed down issuing permits in the wake of the 2017 fires.

Harrell explained that one of the ADA requirements involving the slopes of the parking lot and other areas presented a "very complicated geometrical problem." She said it finally was solved when they discovered an exception in the code allowing elimination of the pool equipment room because only employees walk into that room.

## Long-Running Project Ends

■Julie Kiil

The Oakmont Drive sewer project wound up Nov. 27, in time for Thanksgiving. No more delays, one-way traffic and steel plate bumps, the order of the day since Sept. 1 as sewer pipes were enlarged and cut-down curbs installed at the Hillsdale and Ridge Green intersections. The area's power outages delayed the job scheduled to wrap up Oct. 31.



Charlie Young, project manager, supervised as the last equipment was loaded to be hauled away. (Photo by Julie Kiil)

## It's Back: The Coffee Cart

■Staff Report



Julie Kay behind the coffee cart in the CAC lobby. (Photo by Kathy Sowers)

The Central Activities Center coffee cart has returned. After an absence during the fall months, it returned Dec. 1 under the guidance of a new operator, Julie Kay.

The cart has been a focus of the CAC lobby gathering spot. Kay's menu includes coffee, tea, iced tea, espresso, cappuccino and bottled water, plus muffins and scones. Hours planned are 8:30 a.m. until around 11:30 a.m., Monday through Wednesday and Friday-Saturday.

"I'm especially excited to become a part of the Oakmont community and to get to know the folks there," Kay said.

Kay is a longtime Sonoma County resident with plans to scale down a career as a mortgage banker and who confesses to a longtime desire to be a barista. "When this opportunity came up, I was thrilled."

Also, an avid sailor, Kay has crossed the Atlantic Ocean from the Caribbean.

## Golf Club Final Sale Moving Into 2020

■Jackie Ryan

With sales and lease agreements signed and ready, delays in financing have pushed escrow on the Oakmont Golf Club into the new year and triggered a reduction in services and staff that will mean closing the courses at least until the sale is final.

"At this point, we anticipated we'd be days away from close of escrow. Unavoidable loan delays have prevented this. We are hoping to close in January or February to complete transition activities, and at long last close escrow," said Steve Spanier, OVA board president.

Spanier gave a rundown on the status of the golf purchase at a town hall Dec. 10. He told a large Berger Center crowd the OVA Board had met its goals in

pursuing the purchase of the Oakmont Golf Club, which went on the market last spring after years of troubled operations. He listed control of the land and subsequent protection of property value as high priorities for buying the courses.

"We've achieved that and more," he said. "Our board was motivated by what is happening in golf communities around the country. Golf course failure has the potential to devastate golf course communities. Fortunately, Oakmont residents voted in overwhelming numbers for a purchase that adds significantly to our dues burden. We believe it was, and is, a good investment," he said.

See **GOLF CLUB SALE** on page 4

PSRT STD  
U.S. POSTAGE  
PAID  
SANTA ROSA, CA  
PERMIT NO. 323







# Is a Reverse Mortgage right for you?



Contact me to learn more about:

- The benefits of a reverse Mortgage
- Our application process

Loans made or arranged pursuant to Real Estate Corporation License Endorsement #01104032, California Bureau of Real Estate (877.373.4542). Business services and products do not originate from HUD, FHA, the Government of the United States, or any Federal, State or Local Government Agency.

**Tracy Kline** | Residential Mortgage Representative  
 707.541.1486 | Tracy.Kline@exchangebank.com  
 NMLS# 277734 | exchangebank.com



Our sincerest thanks and warmest wishes to all of you who have shown your friendship and support throughout the years.



We wish you a joyous holiday season with good health and happiness in 2020.

— Team Devoto  
 Nancy, Vanessa & Debbie

MCBRIDE Realty

707-539-1530  
 teamdevoto@comcast.net



Vanessa  
 CalBRE #01976215



Nancy  
 CalBRE #00771931



Debbie  
 CalBRE #01893275

*The Professional Team  
 That Delivers*



## Regular Oakmont Association Committee Meetings

■OVA Administration

The listed Oakmont Village Association meetings are open sessions. Any interested Oakmont residents are invited and encouraged to participate in these important meetings.

MEETINGS	DATE	TIME	PLACE*
Architectural (No participation) / christel@oakmontvillage.com	2nd Tues. Monthly	1:30 PM	Conf. Rm.
Oakmont Village Association (OVA) Board Workshops <i>(Check our calendar in the event that a workshop does not occur)</i>	1st Tues. Monthly	1-3 PM	Berger Center
Oakmont Village Association (OVA) Board Meetings	3rd Tues. Monthly	1-3 PM	Berger Center
COMMITTEES	DATE	TIME	PLACE*
Communications (CC) / oakmontcommittee@gmail.com	4th Wed. Monthly	10 AM	Conf. Rm.
Community Development (OCDC) / ova-ocdc@sonic.net	2nd Wed. Monthly	3 PM	Rm. B
Community Education and Transparency Committee (CETC)	1st Thurs. Monthly	10 AM	Mrgs. Conf. Rm.
Finance (FC) / ova-finance@sonic.net	The Thursday before the Regular Board meeting	2-3:30 PM	Rm. B
Long-Range Planning Committee (LRPC)	1st & 3rd Mon. Monthly	1 PM	Conf. Rm.
Landscape Improvement Committee (LIC)	2nd Tues. Monthly	10 AM-12 Noon	Mrgs. Conf. Rm.
League of Maintained Area Associations (LOMAA)			
Regular Meetings	1st Mon. Monthly	12 Noon	Rm. B
Quarterly Meetings	1st Wed. (March, Sept., Dec.)	7 PM	West Rec.
LOMAA Annual Workshop	2nd Wed. (June)	9 AM	East Rec.
Emergency Preparedness Committee (OEPC)			
OEPC Board	1st Thurs. Monthly	2 PM	Rm. B
OEPC Community Meeting	3rd Thurs. (Jan., May, Sept.)	2 PM	Berger Center

A quorum of OVA Board of Directors may be present at these meetings. \*It is sometimes necessary to change meeting locations and/or dates and times. Please check the Rec. Center bulletin boards for written notice of change or call the OVA office prior to scheduled meetings for confirmation.

**LOCATIONS**  
Room B is in the Central Activity Center, 310 White Oak Drive. Conf. Rm. is in the OVA Office, 6637 Oakmont Dr., Ste. A Mrgs. Conf. Rm. is in the OVA Office, 6637 Oakmont Dr., Ste. A

## Reminder: Locker Rental Fee For 2020 Due January 2

■Ofelia Roman, OVA Admin. Assistant

Locker rental fees are \$30 per year. Please send your \$30 check to the OVA Office by January 2, 2020. Please let us know if you no longer use your assigned locker

(if dues are not received by January 31, 2020, we will assume you are releasing the locker and contents will be removed).

Name: \_\_\_\_\_

Facility: Central \_\_\_ East \_\_\_ West \_\_\_ Locker #: \_\_\_\_\_ Amount enclosed: \$ \_\_\_\_\_

Make checks payable to OVA.

## LOMAA

### League of Oakmont Maintained Area Associations

■John Renwick

#### SUPPORT YOUR LOCAL BOARD— VOLUNTEER FOR YOUR BOARD!

New board members will be required for the new year very shortly.

This is a reminder to boards/nominating committees and members that it is once again time convince association members to serve on the board for the coming year. Many times this is a hard job, as members have other things they would rather be doing.

All association members should remember that the reason they have time for many activities is because other members are working on their behalf. Not only is a term served on your board a rewarding experience but also a commitment you accepted

when you moved into a maintained area.

Remember: This is your home and only you, as an association member can keep it nice.

All board members and prospective board members should review the first part of the LOMAA Handbook through Section 1. The basic duties and responsibilities are outlined and it is a good guide to a successful term.

The LOMAA Board is prepared to assist new and returning board members with advice and suggestions (learned the hard way by previous association board members and reported to LOMAA). Contact the LOMAA Board President or other board member.

Next Board Meeting: Monday, January 6, 2020, 12 noon, Room B

## Oakmont Neighbors Together (ONT)

■Susan Chauncy

As you may have read recently in the *Oakmont News*, ONT is now able to receive donations. We are pleased to be collaborating with the professionals at Council on Aging and they will be doing assessments for applicants very soon. However, our ability to meet the needs of members in our community is contingent upon the generosity of many.

If you would like to make a donation, please write a check payable to Council on Aging, for benefit of Oakmont Neighbors Together. Checks may be left in the OVA office or mailed to CoA at 30 Kawana Springs Rd., Santa Rosa, CA 95404.

On behalf of our community, thank you!

## Architectural Committee



### JUST A REMINDER

All homeowners and HOA's are required to keep the public right of way (sidewalks and streets) clear of all landscape plants and materials. This can create additional aesthetic problems of appearance. Some plants will need to be severely pruned which will leave a very unsightly and woody plant.

If you choose to prune back a plant, it needs to be pruned completely off any portion of the sidewalk. If you prune just to the exact edge of the sidewalk the plant will very soon find a way to recreate the problem. It is recommended that you prune behind the sidewalk a sufficient distance (6"-12") to allow the plant to green back up without intruding over the sidewalk for a while.

In many situations, consideration should be given to the fact that the plant has probably outlived its useful life at that location and should be replaced.

Also, other landscape materials such as mulch or gravel must be installed so as the vertical edge of the sidewalk or curb is used to restrict these materials from encroaching onto the sidewalk or curb.

Additionally, all trees that overhang a public sidewalk or street curb, must be pruned to eight feet (8') above the sidewalk or curb.

## Insuring Oakmont Since 1963

After nearly 50 years of serving the Oakmont community, George Petersen Insurance Agency continues to provide customized services that focus on security and value.

Call our Santa Rosa office for assistance with:

- Homeowners Insurance
- Auto
- Earthquake
- Long-Term Care
- Life & Health
- Estate Planning



George Petersen Insurance Agency

707.525.4150 | www.gpins.com  
175 W. College Ave. | Santa Rosa, CA 95401  
License # 0603247

**Home Health Care, Inc.**  
When Experience Matters  
707-538-0679

Offers a full range of Home Care services including RN, LVN, CNA, Home Health Aide Companions

**Robin A. Lowitz, M.D.**  
Board Certified, Medical Acupuncture  
"Giving You The Wellness You Deserve!"

6570 Oakmont Drive, Suite #D, Santa Rosa, CA 95409  
www.wellnessacupuncturetherapy.com  
Call/Text: (707) 293-3686  
wellnessacupuncturetherapy@yahoo.com

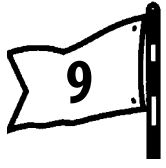
**Discount Offer: Mention this ad & get a discount on treatment!**

**George Petersen Insurance Agency**

707.525.4150 | www.gpins.com  
175 W. College Ave. | Santa Rosa, CA 95401  
License # 0603247



# Golf News



## 9-Hole Thursday Women's Club

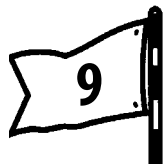
■Valerie Boot

### A MESSAGE FROM LINDA YATES

The Niners Holiday Party is next Thursday, December 19.

We look forward to fun golf and parties with the Niners in 2020.

Merry Christmas and Happy New Year to all from the Oakmont Women Niners!



## 9-Hole Monday Men's Club

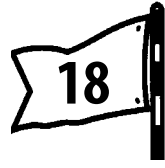
■Stan Augustine

Fifteen Men's Niners players turned out on November 18 2-Man Team, Yellow Ball game. First place was a tie at 73 between the teams of Phil Sapp/Stan Augustine and Neil Huber/Tony D'Agosta; third, Joe Lash/Chuck Wood, 76. Otis Brinkley was closest-to-the-pin at 34'11".

November 25 was Individual Low Net game, attracting 12 players. Dan Levin, Charlie Perotti, and Ernie Pricco each shot 30 for lowest score; fourth tie, Neil Huber and Joe Lash, 31; sixth tie, Phil Sapp and Al Bentham, 33. Neil Huber was closest-to-the-pin on hole #8 at 28'6", followed closely by Ernie Pricco at 31'5".

The 2020 Men's Niners Club membership registration and \$20 annual dues can be made at the West Pro Shop (silver Men's Niners cash box) and open for both returning and new members. Please join!

Happy Holidays to All!



## 18-Hole Tuesday & Thursday Women's Club

■Debbie Warfel

### OWGS

**Sweeps results for Nov. 19, Gobble Gobble Game:** Joan Seliga and Eileen Beltrano were the low gross winners of the field of 23 players.

First flight: first, Mary Ann Gibbs (Y/R); second, Judy Early; third, Eileen Beltrano; fourth tie, Joan Seliga and Lori Mildren.

Second flight: first, three-way tie, Mary Jobson (Y/R), Susan Porth and Becky Hulick; fourth, Jan Howard(Y/R).

Third flight: first, Barbara Robinson; second tie, Debbie Warfel and Christy Rexford; fourth tie, Linda Yates and Patti Schweizer.

The Nov. 26 Sweeps results will be included in the next edition.

### TOWGC

**Sweeps results for Nov. 21, 3 Turkeys game:** Mattie Rice was the low gross winner of the field of 16 players.

First flight: first, Penny Wright; second, Eileen Beltrano; third, Sallie Wood; fourth tie, Kris Peters and Leslie Clark.

Second flight: first, Christy Rexford; second, Vanita Collins; third, Debbie Warfel; fourth, Jo Knudsen.

No Sweeps on Nov. 28—Thanksgiving Day.

**OWGS and TOWGC:** December is an Open Play Day month; no Sweeps.



Penny Wright got a hole-in-one on Nov. 21 on the 13th hole, West Course.

## GOLF CLUB SALE Continued from page 1

The purchase price of the property is \$3.6 million, and roughly \$17 of the \$23 increase in dues in 2020 is earmarked for the purchase and maintenance of the golf asset. Under a signed lease agreement with Advance Golf Partners (AGP), OVA will now spend \$1 million to renovate the club and is responsible for insurance costs over \$80,000 a year, if any. The change in contract terms does not affect dues.

"AGP backed away from this when the loan terms they could get were unsatisfactory. During the power outages and the fire threats, they also backed away from paying all the insurance costs and wanted a cap," said Spanier. When negotiations with AGP changed, the board solicited new bidders, and three golf companies submitted proposals. "Ultimately due to the strengths AGP brings to the table, the board chose to remain with AGP as our operating partner," he said.

Several weeks ago, Ellen Leznik, an OVA member and former board president, filed a lawsuit in small claims court claiming election violations and seeking an injunction to stop the golf course sale from going forward. No ruling has been issued on the case, which was heard Nov. 27 and could take up to 90 days. "The Board and our legal counsel believe the claims have no merit and that an injunction would be extremely unlikely," Spanier said in response to a member's questions, noting if successful an injunction could have impact on the process.

The cost of a social golf club membership, originally set at \$10, will be \$8.50 per person per month paid for in members' dues. The social membership provides agreed upon benefits from grounds access to enhanced dining and events. Initial negotiations granted AGP the first \$200,000 of profit. That amount has been reduced to \$100,000 a year. AGP's 20-year lease also has a list of financial commitments for AGP, including putting 3% of annual gross revenues into capital improvements and equipment and 50% of annual net income over \$100,000 into a reserve fund.

"This agreement incentivizes AGP to excel. This is not business as usual. As a lessee, they get no management fee. For AGP to profit they need to turn the club around," Spanier said.

The OGC notified its members Dec. 5 that the club would "severely reduce club operations effective Dec. 16." Staffing will be reduced to "skeleton" levels. Both courses will close and the Quail Inn restaurant will be limited to bar and bar food only service on Thursdays through Mondays from 11 a.m. to 7 p.m.

Calling employees "heroic as they deal with difficult times," the OGC announcement expressed regret for a decision "that could not be much worse."

"The current delay in completing the deal is beyond our control and that of OVA—but do know that both parties are trying to get over the final hurdles," the notice to Golf Club members said. "This is certainly a tragic end to 2019 for OGC. Our hearts go out to Kemper and OGC employees and their families," Spanier said. Kemper has been the OGC's operating company.

After escrow closes, AGP will keep the club closed for about four weeks and then host a grand opening. At that time, OVA will also appoint an advisory committee to review financial statements provided by the lease partner. Meanwhile, Spanier said the board will explore allowing members to walk on paths while the course is closed.

To see the town hall presentation, visit <https://oakmontvillage.com/article/12-10-2019-special-meeting-agenda/>



## Warming Trends Oakmont Special Only available to Oakmont Residents 15% OFF

- High-Efficiency Inserts • Decorative Gas Log Sets
- Clean Burning & Clean House • Push Button Fire
- No More Spare-the-Air Alerts

We provide a complete line of high-efficiency, clean-burning gas inserts, stoves, fireplaces, and decorative log sets, as well as all EPA certified wood-burning units.

We are the premier hearth shop in Northern California and are the only hearth shop in the North Bay that offers our own in-house installation.

So, whether you prefer the traditional warmth and feeling of a wood fire or choose the more convenient option of gas, Warming Trends, Inc. is your clear choice.



Sonoma County's Premier Hearth Shop

578-9276

#4 South A St., Santa Rosa • [www.warmingtrendsinc.com](http://www.warmingtrendsinc.com)

**MENIOTA**  
AMERICA'S LUXURY FIREPLACE

## Billiard Club



■Jack Linder

### BILLIARD BIO: BARBARA PASCAL

When Barbara joined our Billiard Club nearly two years ago, one of the first things she noticed upon entering the pool room was that, at least on that particular day, she was the only girl there. That realization brought back a flood of memories to a similar situation in her childhood home in Fairfield, Connecticut when she was only eight years old. “Well, one cold afternoon I stumbled down to my Daddy’s basement, and there he was with all my brothers and their friends shooting pool. At first, they seemed annoyed by my presence. However, I must have been a good influence on their behavior because shortly after Daddy rewarded me with my own short pool cue to play with. When the boys weren’t playing, I practiced every chance I had.”

Thus began her love of shooting pool, a game she shared with her two daughters and husband David. “Between the time constraints and responsibilities of school, a career, and raising two kids, I didn’t get to play as much as I would have liked over the years. But once I discovered your club, (unlike when I was

little) I was warmly welcomed and encouraged by all the members. It’s been a truly fun and rewarding experience for me.”

And the fate of that tiny cue? “Oh, who knows, it’s probably stashed somewhere up in my brother’s attic.”

No worries Barbara, we have over 30 pool cues to choose from, plus eight new Brunswick sticks on order for shooting on our three refurbished pool tables and snooker table. In addition to Barbara, our club has a sizeable number of women members who’ve joined and enjoy the camaraderie and fun this great game has provided for us.

We meet every Monday and Friday from 1–4 p.m. for member play. Open hours are Monday–Sunday from 8 a.m.–9 p.m. The pool hall is located at the East Rec. Center just under the upper pool deck. Contact Steve Dieterle at 282-9117 or email diebis27@aol.com for more information. And when you stop by, have Barbara show you her beautiful watercolor painting adjacent to the pool hall that the OVA hung up during the East Rec. Center redevelopment.



■Ray Haverson

### HAPPY NEW YEAR ALL

New Year’s Eve is on the way and I am proud to say Zack is back!

**WHAT:** New Year’s Eve Party

**DATE:** December 31 **WHERE:** Berger Center

**TIME:** Assorted crackers and cheese from 5–6 p.m.; dinner 6–7:30 p.m.; dancing 7:30–11 p.m. (by the great Charlie Baker and Company. New Year will be celebrated at 9 p.m.

**PRICE:** \$80 per person

**BUFFET MENU:** Scalloped potatoes, oven roasted red potatoes, seasonal vegetables; Chardonnay Chicken, choice prime rib of beef with horseradish cream; green salad with ranch and vinaigrette, Hawaiian rolls with sweet butter, assorted dessert table, coffee, lemon water, well drink mixes and ice. Note: this is a BYOB event (you may bring whatever you want to drink). Note: vegan and gluten free entrees available upon request with your reservation only.

Zack’s food is over the top delicious. We lost track of him last year but I did find him again. Everyone two years ago just raved about his food—it was so good.

Please drop off your payment in the Sha-Boom folder in the OVA office.

Looking forward to a great time. See you all there.

## Oakmont Ends the Year With Parties



■Grace Boyle

“What an interesting year 2019 has been!” reflects Oakmont Board President Steve Spanier. “It featured power outages, high winds, insignificant rain until almost December and, although it never really threatened us, the Kincadee fire. The good news is that the future is bright and the holiday season is here.”

It’s holiday party time in Oakmont.

“Let’s celebrate!” said Dolora Hurst, spokesperson for Oakmont Jazz Club. “The fires, the outages are now history.” The Jazz Club met for a holiday party Dec. 4 at the newly-remodeled East Rec. Entertainment at the festive party was provided by club members.

The holidays saw the return of the coffee cart to the Central Activities Center. Coffee and pastries will be available in the comfortable lobby Monday to Wednesday and Friday/Saturday from 8:30–11:30 a.m.

The Pickleball Club rang in the season Dec. 10 with friends, holiday music, hot apple cider and mimosas. Club members met at the pickleball courts for the party (some even played pickleball).

Once again, Lawn Bowlers had a pizza party in lieu of a dinner and dance and spent the funds on Christmas gifts for foster children in Santa Rosa. Gifts were collected at the Annual Awards Gala and Holiday Party Dec. 6 at the Berger. Jeanna Garcia collected names of 70 foster children whose Christmas this year will be brighter.

### REACHING OUT FOR HOLIDAYS

Oakmont Kiwanis Club celebrated the holidays with a unique and commendable performance on Dec. 7: Kiwanis members were bell ringers for the Salvation Army at Safeway on Calistoga.

The holiday dinner dance sponsored by the Fitness Club was Dec. 7 at the Berger. A social hour and dinner were followed by dancing to rock and roll music of the Invasion Band.

Oakmont Singles (formerly Single Boomers Social Club) gathered for a holiday mixer Dec. 10 at the East Rec. Members brought “things you can live without” for a White Elephant Exchange. Oakmont Singles is open to single people residing in Oakmont. Only an interest in meeting people and socializing is required.

It was a lively holiday party for the Oakie Folkies on Dec. 11 at the Upper West Rec. The eclectic musicians gathered for jamming, partying, snacks and drinks.

At their holiday lunch at the East Rec. Dec. 11, Quilting Bee members unveiled the “challenge quilts” they made following the theme “all creatures great and small.” Making the challenge quilts is a Quilting

Bee tradition at holiday time.

The Boomers, Oakmont’s largest social club at 500 strong, celebrated the holidays with a Members Appreciation Dinner on Dec. 12 at the Berger. “The dinner was free,” reports spokesperson Heidi Klyn. “We wanted to spend the money we had left at the end of the year on our members who have made Boomers such a fantastic club.”

Bay Area comedian Karen Ripley entertained at the Oakmont Rainbow Women’s holiday party Dec. 12. Dinner and dessert were free.

On Dec. 13, Oakmont Lanes members enjoyed a Christmas dinner and exchanged “grab bag” gifts at the Berger.

The Bocce Club’s catered holiday dinner Dec. 14 at the East Rec. included music by the talented music group More Joy.

### UKESTERS ENTERTRAIN

Oakmont’s popular Ukesters are busy at holidays. They entertained at the Rotary Club’s holiday party at the Saddle Club on Dec. 12, and are a popular addition to Oakmont Gardens Christmas schedule. The Ukesters, 15 to 25 musicians who play the ukulele (proper Hawaiian pronunciation ooo-koo-leh-leh) gather every Tuesday morning (10:30 a.m.–12:30 p.m.) at Oakmont Gardens to practice, including during the holidays.

In addition to entertainment by the Ukesters (and a visit from Santa), Oakmont Gardens residents participate in a “giving tree.” The lobby tree is laden with stickers that residents pick and then select gifts for needy children named on the stickers.

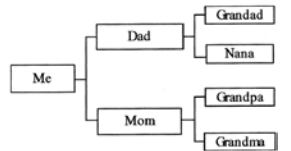
What are you doing New Year’s Eve? If you are looking for a good party check out the New Year’s Eve dinner and dance at the Oakmont Golf Club, hosted by both the Golf Club and Oakmont Village Association. A full course dinner with complimentary champagne will be served followed by music for dancing by the Stephanie Rickher and Friends band playing your favorite songs. For reservations call 537-3671.

The Just for Fun Games Club has again planned a New Year’s Eve games party at the CAC, 6:30–10 p.m. Contact person Philip Herzog says: “It’s fun. It’s free. It’s local. It’s not too late!” Everyone is welcome to come. For more information contact Herzog at 843-3053.

Also on tap for New Year’s Eve is Sha-Boom’s New Year’s Eve party at the Berger with a buffet menu and Charlie Baker and Company for dancing. Appetizers start at 5 p.m., dinner at 6 p.m.

And that winds up 2019 in Oakmont.

## Genealogy Club



■Melinda Price

### HAPPY HOLIDAYS TO ALL

There will be no meeting of the Oakmont Genealogy Club for the next two months, in either December or January. We will gather again on February 24, 2020 at 1 p.m. in the West Rec. Center. Stay tuned for news about what that program will be.

On November 26 Elihu Smith presented the second half of his June program by reviewing the prior information about Jewish life in Russia and then continued with his presentation on life for the immigrant in New York City. Thank you Elihu for sharing this interesting program.

The Oakmont Genealogy Club regularly meets upstairs in the West Rec Center on the fourth Monday of each month, except July and December (and for this one time also January 2020) at 1 p.m. There are no club dues, and everyone is welcome to attend our meetings, both newbies and experienced researchers.

For information about genealogy research or club activities please visit our website at: [www.oakgenclub.org](http://www.oakgenclub.org). If you have research questions or would like to receive our e-newsletter, email: [oakmontancestry@aol.com](mailto:oakmontancestry@aol.com).

## ROD MAHONEY BUILDER

REMODEL SPECIALIST



“Foundation to Finish”

Cabinetry • Plumbing • Electrical • Tile

30 YEARS OF LOCAL REFERENCES

Oakmont Resident

707•843•4155

GEN. CONTR. LIC. No. 429641





**OAKMONT**  
COMMUNITY CHURCH  
Loving Community. Supportive Fellowship

■Pastor Brinda

Hello Beloved Community,

What a fabulous time of year. There is so much to be thankful for. I love how Thanksgiving a day to give thanks for the abundance that God has given is followed by the Advent of Christ. For those who are not familiar with this term, the word "Advent" is derived from the Latin word *adventus*, meaning "coming." The season of Advent lasts for four Sundays leading up to Christmas. Advent symbolizes the present situation of the church in these "last days" (Acts 2:17, Hebrews 1:2), as God's people wait for the return of Christ in glory to consummate his eternal kingdom.

The church, during Advent, looks back upon Christ's coming in celebration while at the same time looking forward in eager anticipation to the coming of Christ's kingdom when he returns for his people. While it is difficult to keep in mind in the midst of holiday celebrations, shopping, lights and decorations, and joyful carols our faith knows for whom and for what it is waiting. During Advent we look at the various aspects that the birth of Christ brought into the world Hope, Peace, Joy and Love. Although Christmas comes "but once a year," Christ's love is with us always. Have a Merry and Blessed Christmas.



#### 50+ YEARS OF MINISTRY SERVICE

Please note: No Bible Study on Dec. 24, 25, 31 and Jan. 1.

Tuesday Bible Study at the Oakmont Gardens, 1:30 p.m.: Book of 1st Timothy

Wednesday Bible Study at the OVA office, Suite B, 10:30 a.m.: Book of John

Sunday Worship Services at the East Rec. Center at 10:30 a.m.

Sunday Worship Service for the Oakmont Gardens residents at 1 p.m.

#### MARK YOUR CALENDARS

December 15, 11:30 a.m.: Pre-Christmas potluck following the service

December 18, 4-7 p.m.: Pastor's Annual Open House, appetizers galore (members only)

December 21, 5-8 p.m.: Annual Prayer and Light Parade (decorate your car and join us)

December 22, 11:30 a.m.: Homemade cookie exchange, bring a dozen and take a dozen

December 24, 3:30-5 p.m.: Christmas Sing-a-long and Candle Lighting, East Rec. (all are

How can we serve you? Need Prayer, hospital visit, or communion? Call me at 595-0166.

The Church Office/Manse: 6687 Oakmont Dr. Website: occsantarosa.org



## Great Decisions 2020

■George McKinney

It's time to sign up for Great Decisions for 2020. Great Decisions is a national program developed by the Foreign Policy Association (FPA) which features eight discussion topics. The FPA produces a book with background material for each topic. Participants read the background material and then meet in discussion groups to discuss each topic in turn.

Meetings for 2020 are 10 a.m.-12 noon on Monday mornings in the East Rec. We plan on four groups this year, with each group 14-16 people. Each group meets every other week.

Groups 1 and 2 will meet February 3 and 17, March 2, 16 and 30, April 13 and 27, and May 11.

Groups 3 and 4 will meet February 10 and 24, March 9 and 23, April 6 and 20, May 4 and 18.

Topics for 2020 will be: 1. "Climate Change and the Global Order." 2. "India and Pakistan." 3. "Red Sea Security." 4. "Modern Slavery and Human Trafficking." 5. "U.S. Relations with the Northern Triangle." 6. "China's Road into Latin America."

7. "The Philippines and the U.S." 8. "Artificial Intelligence and Data."

More information is available on our website: <https://sites.google.com/site/oakmontgreatdecisions/>

We purchase the FPA book in bulk so we get a reduced cost. Cost for the program is \$25 (to purchase the book). If two of you will be working together, you can work with one book or two as you prefer. If you have a preference on dates, please indicate so, or we'll just assign you to one group or the other as space allows. Please be sure to let us know if two people will be participating but sharing one book.

NOTE: there are large print books available. Please let me know if you need a large print book. These are just print-outs of the text of the articles. The cost is \$35. There are also DVD's available for \$35.

To sign up, bring your check made out to Oakmont Great Decisions to the OVA office and leave it in our folder there. If you have any questions, please email us at oakmontgd@gmail.com.

## Oakmont Sunday Symposium

Berger Center, 7902 Oakmont Dr.  
Sunday, 10:30 a.m.-12 noon  
\$3 donation



[www.oakmontsundaysymposium.org](http://www.oakmontsundaysymposium.org)

■Marilyn Pahr



#### JANUARY 5: GORDON LITHGOW INCREASING YOUR HEALTH SPAN

The average lifespan of someone born in 1900 was 47 years. Since then, improvements and discoveries in science and medicine have added approximately two years per decade to that average. What has been discovered is that while aging is indeed inevitable, it is malleable. Scientists can now change the rate of aging and the occurrence of age-related diseases. Dr.

Lithgow will discuss how, due to recent advances in science and technology, the ability to change or even reverse the rate of aging in humans is no longer science fiction but science fact.

Buck Institute professor Gordon Lithgow, Ph.D., studies molecular stability, which often goes askew with aging. His research lab is focused on discovering and developing ways to prevent this loss of stability, especially as it relates to Alzheimer's and Parkinson's.



#### JANUARY 12: CAROLINE KELLER LEAVING OAKMONT: NEXT PHASE OF OUR LIVES

All Oakmont residents and their guests are welcome.

## Boomers



■Carolita Carr

#### RECAP

What a great year it has been! We had a dance with a DJ, dances with live bands (The 7th Sons, Captain Paisley, Decades, and The Sun Kings), two tribute concerts (Fleetwood Mask and Piano Man Meets Rocket Man), a sock hop with a 50's playlist, and our annual holiday party. What fun we had!

That's a lot to live up to, but we are up to the challenge. The year 2020 will be an even greater year. In order to make each event extra special, we are presenting six super events.

#### 2020 CALENDAR

March 19: Dance with Pride and Joy

April 16: Eagles tribute concert

May 15: Concert with More Joy  
August 15: Dance with Funky Dozen  
October 24: Dance with Decades  
December 17: Annual holiday party

#### RENEW NOW

The new year will be upon us in just two weeks, and that means it's time to renew your membership. Dues remain at \$10 per person. You can pay on our new website by typing oakmontboomers.org into your browser, and once at the site, clicking on the Blog option, or simply fill out the form below and drop it and your check into the Boomers folder in the file at the OVA office.

#### OAKMONT BOOMERS 2020 MEMBERSHIP RENEWAL FORM

Please print.

Name \_\_\_\_\_

Street Address \_\_\_\_\_

Phone \_\_\_\_\_ E-Mail \_\_\_\_\_ Dues aid (\$10/yr/pp) \_\_\_\_\_

Please make checks payable to Oakmont Boomers and place in the Boomers Dues folder at the OVA office. You may also register and pay online at [www.oakmontboomers.org](http://www.oakmontboomers.org).

## Oakmont Cannabis Club



■Heidi Klyn

**DATE:** Monday, January 6

**TIME:** 2 p.m.

**WHERE:** East Rec. Center (bring key card)

Our speaker will be Connie Grauds, who is a pharmacist and healthcare advocate. She is a President of the Association of Natural Medicine Pharmacists, Adjunct Faculty, University of Minnesota, Center for Spirituality and Healing, and Executive Director of the Living Amazon Peru Project. She is trained in Western Medicine, alternative and integrative medicine, as well as indigenous healing arts.

Connie is author of several books, including *The*

*Energy Prescription, Amazon Speaks,* and others. She is active in Amazon conservation—the Amazon is the greatest expression of life on Earth. Connie’s passion is healthcare advocacy ([www.ConnieGrauds.com](http://www.ConnieGrauds.com)), helping individuals receive the best healthcare for themselves.



Connie Grauds.

Connie lives in Oakmont Village.

Also speaking will be Joanna Cedar from Cannacraft of Santa Rosa, a leading company of the finest cannabis products.

## Hikers



■Tony Lachowicz

Please keep checking website for updates: [www.oakmonthikingclub.com](http://www.oakmonthikingclub.com).



Lake Ilsanjo in Annadel.

Distance is about seven miles, with about 1,250’ of elevation gain. Leave Berger Center at 8:30 a.m. Hike leader is Chuck Chenault, 539-1093.

### DECEMBER 26 INTERMEDIATE HIKE BOTHE-NAPA STATE PARK

Coyote Peak Trail has expansive views of the valley. This trail is a 4½-mile loop that climbs out of the canyon offering you views of the upper canyon and Napa Valley. By adding an optional Redwood Trail out and back, it makes a total of about six miles. Leave Berger Center at 9 a.m. Hike leader is Jason Wilkenfeld, 978-2385.

### DECEMBER 26 LONG HIKE BALD MOUNTAIN, SUGARLOAF RIDGE STATE PARK

We hike up Brushy Peaks Trail to the summit of Bald Mountain in Sugarloaf Ridge State Park. Approximate distance: eight miles with 1,800’ elevation gain. Leave Berger Center at 8:30 a.m. Hike leader is Dave Stein, (650) 215-0327 or [ggds162@gmail.com](mailto:ggds162@gmail.com).

### JANUARY 2 LONG HIKE ANNADEL BUBBLY

The long hikers will be in Annadel for the “Bubbly Hike.” The trails will be determined depending on the weather and trail conditions. It will be around eight miles and 1,000’ elevation gain. We will try to meet the short and intermediate hikers to toast the New Year. Leave Berger Center at 8:30 a.m. Hike leader is Chuck Chenault, 539-1093.

### JANUARY 2 INTERMEDIATE AND SHORT HIKES ANNADEL BUBBLY

Oak Mesa Drive to Two Quarry, Marsh trails to Laura’s Table to meet the long hikers for lunch and a toast to the New Year. Short hikers return for a total hike of about five miles and 400’ vertical gain/loss. Intermediate hikers continue to the Pig Flat and Ridge Trail loop, about another two miles. Bring lunch, water and hiking poles. Rain cancels. Hike leaders are Carl Appellof, 291-5278 and Carolyn Greene, (805) 443-7289. Depart Berger Center at 9 a.m.

**A reminder to all hikers:** If the hiking trail is more than 30 miles round trip from Oakmont, it is customary to compensate your driver at least \$5 for gas.

### DECEMBER 19 INTERMEDIATE HIKE NORTH SONOMA MOUNTAIN RIDGE TRAIL

We will start from the parking lot at North Sonoma Mountain Trailhead and take the North Sonoma Mountain Ridge Trail to Bennett Valley Overlook with 750’ elevation gain of switchbacks. Round trip approx. 4.5 miles. Bring poles, liquids, lunch and Sonoma County Regional Park Parking Pass. Leave Berger Center at 9 a.m. Hike leaders are Zlatica Hasa, (510) 331-2165 (cell) and Linne McAleer.

### DECEMBER 19 LONG HIKE BIG ROCK NORTH

Switchbacks will take us past George Lucas’s Skywalker Ranch to the summit of Big Rock Ridge at 1,895’, the second-highest point in Marin County.

### HIKERS JANUARY POTLUCK REGISTRATION FORM

Please complete this form and return to the OVA Hiking Club folder. If you are not yet a club member, please include your \$5 per person fee payable to Oakmont Hiking Club. This fee is waived for club members. Membership is \$10 per person. Club membership and event fee details can be found on the club website: [oakmonthikingclub.com](http://oakmonthikingclub.com).

Name: \_\_\_\_\_ Member ( Y / N )

Street address: \_\_\_\_\_ Email: \_\_\_\_\_

Home phone: \_\_\_\_\_ Cell phone: \_\_\_\_\_

I’ll bring: Appetizer \_\_\_\_\_ Salad \_\_\_\_\_ Entrée \_\_\_\_\_ (plan to serve 10-12, club provides desert)

## Free Windows PC and Smartphone Help

Do you have a smartphone or PC computer with which you need assistance? Howard Neckel, Carl Appellof or Andy Holroyd-Sills may be able to lend a hand. If you would like to see if one of them can help, call Howard at 282-9030, Carl at 291-5278, or Andy at 775-5220.

We are looking for additional people to help our Oakmont neighbors with their PC problems. If you’d like to volunteer, please call Carl at 291-5278. Thanks.



■Jon Kline

### ON RAINY DAYS WE CAN PLAY SHUFFLEBOARD !

Unless it is raining on the courts at 10 a.m., we are meeting for instruction and doubles play on Tuesdays, Wednesdays and Thursdays. Our new Poly Courts love afternoon, night and early morning rain that cleans them off and drains right through them. So don’t be discouraged by general rainy weather—when there is standing water on the tennis, pickleball and bocce courts, come over to play shuffleboard.

The courts are located adjacent to the Umpqua Bank parking lot between the back of the Berger and the OVA offices.

### REGULAR CLUB MORNING PLAY— WEDNESDAYS ADDED!

Due to requests from several people, we have added Wednesdays to our regular weekly club play times. So, we are now meeting on Tuesday, Wednesday and Thursday mornings starting at 10 a.m. for orientation and doubles play until 11:30 a.m.

A special invitation to Bocce and Lawn Bowling players: since your club times have moved to the afternoon, why don’t you stop by the shuffleboard courts and see how your skills translate to this new sport. Remember, if you can’t make it on these days and you want to learn how to play, please contact us we will arrange an alternate meeting time.

### HAPPY HOUR ON MONDAY AFTERNOONS—TIME CHANGE

Come to the courts every Monday between 4–5 p.m. with an appetizer to share. The club will provide bubbly water, cups and plates, everyone is encouraged to BYOB. We invite all OSC members and all Oakmont residents to come to the courts. We will socialize and (learn to) play shuffleboard while enjoying the views of Hood Mtn. and the Annadel hills.

### SAFETY TIPS

When you are playing on the courts please observe these basic safety rules:

- When not shooting, hold your cue vertically with the handle touching the ground.
- Always use the handle of your cue, not the tips, to move discs around the court.
- When discs land off the court surface, place them back on the edge of the court, then move them to the standing area in the back with your cue.
- Please avoid walking on the courts and in the adjacent “gutters”; use the 6’-wide walkways on either side of the courts.

The shuffleboard cues and discs are stored in the Shuffleboard Locker at the back of the Berger Center; they are available for all Oakmont residents and their guests every day from 8 a.m. until dark.

For more information about joining the dues-free shuffleboard club or questions about playing Oakmont’s newest sport call me at (650) 279-0001 or email [alsonjonny@gmail.com](mailto:alsonjonny@gmail.com).



## Pétanque Club



■Don McPherson

### PÉTANQUE WORLD CHAMPIONSHIPS

The 17th Women and Juniors Pétanque World Championships, a six-day competition involving 449 athletes from 49 countries, concluded November 24 in Phnom Penh, Cambodia's National Olympic Stadium. The Women and Juniors championships are held every two years.

Demonstrating that pétanque is perhaps even more popular in Asia than in Europe, teams from Thailand and Cambodia won first and third place, respectively. The team from Laos, which finished fourth overall, lost in the Junior Triples championship to France, which won second place overall. Thailand won in Junior's Shooting, beating Madagascar in the semi-finals and Monaco in the championship.

Cambodia's 54-year-old Ke Leng won her fourth consecutive World Championship gold medal, setting a new record that eclipsed the three consecutive championship titles she had shared with Angélique Papon of France.

Rounding out the top finishers, teams from Monaco, China, Spain, Madagascar and Myanmar each won one bronze medal in the overall competition.

### PÉTANQUE AT OAKMONT

The club welcomes all Oakmont residents to enjoy the challenge and satisfaction of pétanque. The club sponsors open, friendly games on Wednesday and Saturday mornings with teams chosen randomly as well as tournaments and social events.

If you're interested in playing or learning to play, come to the courts (between Berger and the OVA offices/Umpqua Bank and beside the Shuffleboard courts) at 9:45 a.m. on the club play days of Wednesday and Saturday. We have boules to lend and we'll have you playing immediately. No membership fees are required—just sign up to be on the club roster.

The courts also are reserved 9:45 a.m.–12 noon for club player-arranged pickup games on Monday, Tuesday, Thursday and Friday.



Players gather on a recent Saturday to socialize and to choose random teams prior to beginning club friendly games at 10 a.m.

## Dancing Is 4 Everyone

■Mariellen Munson

Oakmont has been in a power-off mode this fall. Now, let's "power up" and dance. We have a new Beginning Line Dance Class with instructor, Steve Luther.

You will enjoy a wide diversity of music and dance styles, including Country, Disco, Latin, Cajun, Rock and Roll!

**WHAT:** Beginning Line Dance Class

**WHEN:** Mondays starting January 13. The class will continue weekly throughout the year.

**TIME:** 7:15–8:30 p.m.

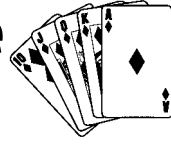
**WHERE:** Berger Center

**COST:** A four-week monthly session is only \$28 (or \$7 a class); individual classes \$10

**QUESTIONS:** Mariellen Munson at 538-4142

This beginning class series is only offered one time during the year, so jump right in and give line dance a try. There are no reservations so come early to allow time to sign up. Class size is limited. Fragrance free!

## Duplicate Bridge Twice a Week



■Jackie Reinhardt

The Duplicate Bridge Club has two games a week: 6 p.m. on Tuesdays and 12:30 p.m. on Fridays, all in the card room of the Central Activity Center. It is a friendly, low-key group who enjoy a more challenging way of playing bridge. There is a small fee, currently \$4 per person, which pays for a professional club director who organizes the game and pays for our club membership with the American Contract Bridge League.

If you enjoy bridge and want a fun, friendly and competitive way to improve your skills, bring your partner and try us out. Or if you don't have a partner, call Wally Schilpp at 538-4293. Another plus, if you're an ACBL member, is that you can collect master points when you win since this is a sanctioned game. You'll also be able to see your results online.

What is Duplicate? In rubber bridge, a new hand is dealt every time, and a player's score often reflects quite a bit of luck. In duplicate bridge the hands are dealt only once, and then played by nearly everyone. Your overall score is based on how well you do with each hand compared to everyone else who played those hands. Another significant difference is that bidding is silent, using a bidding box.

First-time players may play for free.

## Thursday Pinochle



■Rod Clark

### LOOKING FOR DAYTIME PINOCHLE?

We meet every Thursday morning at 9:15–11:45 a.m. in the Activities Center card room. This is a wonderful way to learn to play pinochle or brush up on your game, as well as for advanced players.

Arrive shortly before 9:15. We draw for partners, so singles or couples are welcome. Cost is 25¢ per game, paid to the winners.

For information or questions call me at (650) 346-0473.

## Oakmont Cat Care Cooperative



■Mary Ellen King, List Coordinator

Looking for care for kitty when you're away? Join the Oakmont Cat Care Cooperative.

It's free! Cat Care Co-op members share care and feeding for kitty when you travel or must be away.

It's easy! Just contact a fellow list member and arrange for care between you. We have members all around Oakmont.

It works! The more members we have, the easier it is to find help when you need it. So join today!

For more information and to put your name on the list contact me at 849-1581.

## Bocce Club



■Linda and Don McPherson



Pam Gilbert and Tony D'Agosta rolling for their respective teams during a recent match.

### NEW BOARD ELECTED

Officers for 2020 who were elected at the annual business meeting are: Jean Reed, President; Barbara Lowell, Vice President; Carol Green, Secretary; Eric Neilsen, Treasurer; Bob Cresta, Elaine Foote, Barbara and Frank James, Social Committee; Linda and Don McPherson, Publicity; Barbara Newton, Historian and Badge Coordinator; Tony D'Agosta, Court

Maintenance Overseer; and Bev Schilpp, "Sunshine". Members also thanked outgoing Social Committee Co-chairs Ellie and Bob Baciocco. New board members were introduced at the Annual Holiday Dinner on December 14.

### 2020 DUES

If you haven't paid 2020 dues yet, please complete the dues form below and place it together with your check for \$15 per member in the Bocce Club folder at the OVA office as soon as possible and no later than January 31. We want the 2020 Roster, which will be available to club members, to be accurate including current contact information. The schedule of events and tournaments for 2020 will be available and distributed soon after the New Year.

### WINTER BOCCE AT 1 PM MONDAY TO SATURDAY

Bocce Club play continues throughout the winter months, Monday through Saturday at 1 p.m. at the West Rec. bocce courts, with the chip draw for teams at 12:45. Drop by to see what "the joy of bocce" is all about—anyone can play and all are welcome.

### OAKMONT BOCCE CLUB MEMBERSHIP FORM—2020

Please print legibly.

Name(s) \_\_\_\_\_

Phone(s) \_\_\_\_\_ Email(s) \_\_\_\_\_

Address \_\_\_\_\_

\$15 per person annual dues payable by check (no cash) to "Oakmont Bocce Club" should be left together with this form in the Bocce Club file folder at the OVA office. Bocce Club name badge order forms also are available at the courts and in the OVA Bocce Club folder. Ordered badges are available after the first week of each month in the name badge basket at the Bocce Shed.





## Tennis Club



■Joanne Phillips

### AND A GOOD TIME WAS HAD BY ALL!

In keeping with the OTC's most infamous traditions, the 2019 Social Calendar was closed with the annual OTC Dinner Dance and Awards Ceremony at the Berger. This year's party had a British theme. Guests were greeted with scrumptious appetizers of fish and chips, bangers and mash, and toad in the hole for starters followed by a main course of delicious shepherd's pie, salad, and yummy chocolate mousse cake for dessert.

Live music was provided by Hey Jude, a Beatles tribute band that had the dance floor packed with OTC members and non-members alike. "I had always heard that the OTC gave the best parties. Now I know it's true!" said Micki Sabourin, who attended as a guest. Thanks to all who worked so hard to put on a smashing event!



OTC members and Oakmont residents dance the night away to the live music of Hey Jude.

## Just for Fun Games Club

■Phillip Herzog

### WHO, WHAT, WHERE, WHEN, WHY?

The Just for Fun Games Club is a great place to make friends and play all sorts of old and new games like: Rummikub, Hand and Foot, Pan, Settlers of Catan, Parcheesi, Spades, Splendor, Ticket to Ride, Uno, Mah Jongg and so much more! We meet in the Card and Game Room at the CAC (Central Activities Center) every Saturday at 1 p.m., and on the second and fourth Thursdays at 6:30 p.m. There are multiple games being played at the same time and you will always be able to choose what game you want to play. We are not too serious—because we play games Just for Fun!

We have a large collection of games on hand and players often bring new and different games as well. If you have any games that you would like to donate or lend to the club, please let us know.

### NEW YEAR'S EVE PARTY

Please join us for a fun, free and local night of New Year's Eve entertainment that does not run too late.

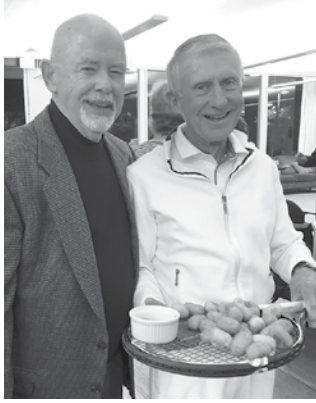
This year, NYE is on a Tuesday night. Our party will run from 6–10 p.m. at the East Recreation Center. Arrive any time that is convenient for you. Please feel free to bring some food and/or drink to share—savory or sweet, it is up to you.

We have games on hand and you can bring your own game(s) to play too. All you need to do is show up on your schedule. We look forward to having lots of fun on the last night of the year as well as welcoming the next year of fun and games! See you there.

Come check us out even if you are not good at games, we enjoy the extra company. Everyone is welcome to come and have a good time at the Just for Fun Games Club. Come and have fun with us!

For more information contact me at 843-3053 or send an email to goldguyphil@gmail.com.

### MICHAEL GOUGH RECEIVES THE OTC ROLL OF HONOR AWARD



2019 OTC Roll of Honor recipient Michael Gough and Fred Merrill enjoy a few appetizers served up OTC-style.

During the OTC Dinner/Dance, President Jon Kline and President-Elect Terri Somers presented Michael Gough with the OTC Roll of Honor Award following Cinda Gough's tribute to Michael's years of volunteerism in support of the Oakmont Tennis Club. This is the club's most prestigious award and is not given every year. It recognizes substantial service to and positive impact on the club over many years. Michael humbly stated that he was very moved by this honor—that he had only two honors in his life: one being married to Cinda and the

other receiving this recognition.

Michael conceived of a favorite annual event, Woods and Whites, and, with Cinda, ran this event for many years. He served as OTC President in 2011 and 2012 and then as court maintenance chair for a number of years. Over this time, he fostered a positive environment and experience for Oakmont tennis players, and represented the club's best interests to the OVA. Thank you, Michael!

### DON'T PROCRASTINATE! (RE)JOIN THE OAKMONT TENNIS CLUB FOR 2020!

Paying dues in December helps the board plan for the next year's activities. Dues are \$20/person/year. Please complete this coupon and put it with your check made out to OTC in the Tennis Club folder in the OVA office. Membership questions? Contact Jon Kline, (650) 279-0001, alsonjonny@gmail.com.

Members who (re)enroll by March 2 are included in the annually printed roster. Providing your email address implies permission to include it in the printed roster, the only place where email addresses are listed.

### OAKMONT TENNIS CLUB MEMBERSHIP FORM

Please print clearly.

Number of members at \$20 each: \_\_\_\_\_ Check amount enclosed: \_\_\_\_\_

Name: \_\_\_\_\_ Phone #: \_\_\_\_\_

Email address: \_\_\_\_\_

Oakmont address: \_\_\_\_\_

New members: after providing your email address, you will receive an email invitation from our OTC members-only website that is hosted by Shutterfly.

## A Variety Show sponsored by the Oakmont Jazz Club

■Dolora DeGeer Hurst

### A CALL FOR TALENT

The Oakmont Jazz Club is sponsoring a talent show featuring gifted persons living in Oakmont. It's a thrill always to discover that the gal down the street can dance like Ginger Rogers, or Bill, whom you play Bocce with, can sing like Perry Como. We are planning a Variety Show featuring our friends and neighbors in Oakmont. What fun it will be.

I know that we have concert quality pianists living here. I've heard them. What other unknown treasures may be down the street, or just around the corner? This venture became possible because the Jazz Club meets the first Wednesday of the month, in the East Recreation Center, and next month this date falls on New Year's Day (when the East Center is closed). To be able to still have our meeting, OVA graciously gave us Berger Center on January 16, and we, all of a sudden, had a stage, microphones, proximity and lots of room for an audience. What an opportunity to sponsor a show!

We were primed for this because we had just had the Jazz Club Show, presented by our members, and

it was truly great! We then realized what a delight it would be to experience the talents of many other people in Oakmont, especially when we had an opportunity to use the large Berger Center facility.

The show will be free for all Oakmont residents to enjoy. We will have tables, so that you may bring snacks, and whatever you would like to drink. This will be an afternoon program on Wednesday, January 16, 2 p.m. in Berger Center. Doors open at 1:30 p.m.

We now invite all talented persons, in any part of the entertainment field, to come forth and participate in this fun show. We would welcome singers, magicians, comics, dancers, and certainly musicians, even clowns. If you have another talent, try us. If you are one of these fortunate persons with a special ability, please come forth and help us present a wonderful show.

Please submit your application to perform early so that we may plan a wonderful program. This kind of show is really entertaining and fun!

For more information please call me at 537-7720 or email hurstfurn@aol.com.

### APPLICATION TO PARTICIPATE IN THE VARIETY SHOW

Please sign this coupon as soon as possible and deposit into the OVA office file.

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Field of talent \_\_\_\_\_

### THE OAKMONT VARIETY SHOW ATTENDEES SIGN-UP FORM

Please fill out the coupon below so that we know the number of tables and chairs that will be needed. Deposit into the OVA office file.

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

## Valley of the Moon Rotary Club



■John Brodey

### “OK BOOMER”

It came as a surprise to me that this is now a thing. I recently saw a show explaining the nuances of this somewhat critical Gen Z response to any boomer offering advice. Part kidding, part dismissive, it is undeniably intended to remind us of our fading relevance.

To be clear, things have gotten complicated since the end of the Greatest Generation's reign. A tough act to follow indeed. The world is now mostly populated by the four subsequent generations: Boomers (1946–1964), Gen X (1965–1976), Millennials (1977–1995) and those whipper snappers, the Gen Z (1996–TBD). Social scientists make these designations based on several markers, such as the things that shaped each generation, current characteristics, expectations, thought processes and what their priorities are for the long term.

We Boomers have been in charge for a long time. And while the X-ers/millennials have shown a degree of patience with our stewardship of the planet (they are our kids and grandkids), the Z'ers are not having any of it. It reminds me a bit of the early boomer days when our generation first made their voices felt and worked for change. I can't pretend that we really are leaving the world better than we found it.

As for the US, the Gen Z will be the first generation to not exceed the standard of living of a previous one. We have some serious issues that we have failed to address. Last week it was announced that the life expectancy of the average American dropped for the third straight year. Much of this is due to the ravaging of the younger demographics by social ills, poverty, addiction and suicide.

I get the fact that to those who will have to deal with the resulting national and global crises are not going to mince words. I don't know the answer. Our time behind the wheel is almost up and it's tempting to let go and coast. But it could be that key thing for us to do now is to stay in the fight. Most of us have the luxury of free time and relatively good health. What we do with it now is the question.

The mindset at the VOM Rotary is all about doing what we can, wherever we can. Being visible and involved in an array of world changing projects still gives us the ability to inspire those who will lead in the decades to come. Rotary gives us that opportunity. We go small and help so many of the disadvantaged in our community and we can go big. Eradicating polio has been a long-term Rotary project and it is within our grasp. There are also more ambitious ways to engage internationally like the upcoming East Africa project fair in Tanzania.

It's a forum for enabling Rotarians from the world over to form relationships and partnerships with members of local clubs there and work together on a variety of projects. Turns out a Rotary pin might just spare you any “OK Boomers.”



## Current Events Discussion Group



■Tina Lewis

The Current Events Group consists of lively discussions of current events, from local to international. Informed comments are voiced from across the political spectrum, from liberals to conservatives. Some prefer to just listen and learn, others offer to moderate.

Whatever your comfort level, you will be welcomed when you join us. The discussions are moderated by volunteers within the group, and microphones are passed around to enable everyone to hear. A \$1 donation is requested.

### MODERATORS

December 20: Barry Katz

December 27: No meeting

Join us on Fridays at East Rec. from 1–2:30 p.m. and bring ideas of what you'd like to discuss.

For more information call 539-5546 or send an email to [tinalewis31@comcast.net](mailto:tinalewis31@comcast.net).



## Oakmont Progressives

■Vince Taylor

### BERNIE OR ELIZABETH?

The Democratic Primary has within it two major camps: Moderate/Mainstream and Progressive. The clear frontrunners in the Progressive camp are Bernie Sanders and Elizabeth Warren.



Elizabeth Warren.



Bernie Sanders.

If you subscribe to progressive values, Bernie and Elizabeth are your only two realistic choices. Others can't win or are centrist Democrats. Which one will you vote for? Or, even if you are a Progressive, are you leaning toward voting for a mainstream candidate because you think he or she is more likely to beat Trump?

To help you with your voting decision, come to the Oakmont Progressives' meeting at the East Rec.

Center on Monday, January 13 at 7 p.m. I will compare and contrast Bernie's and Elizabeth's positions on major issues, as well as their overall strategies for making our political system more responsive to the needs of working people and those left behind by our capitalist economy. We will also address the question of whether a centrist or progressive candidate is more likely to beat Trump.

There will be plenty of time for you to put forth your own views and ask your questions.

The California Democratic Primary will be held on March 3, 2020, and mail-in ballots will be arriving weeks earlier. There's not much time left! It's time to get serious about selecting and working for a candidate of your choice.

To learn more, come to our January 13, 2020 Progressives Meeting at the East Rec. Center. Social time begins at 6:30, meeting at 7 p.m. If you plan to come, please register at [www.oakmontprogressives.com](http://www.oakmontprogressives.com). Questions: call me at 583-9490.

*Oakmont Progressives is an educational and social club inspired by the visions of FDR and Bernie Sanders. We seek a government that works for the people instead of banks, corporations and billionaires. For more information see [www.oakmontprogressives.com](http://www.oakmontprogressives.com): How Progressives and Democrats Differ.*



## The Future of Oakmont Smarter Living Today and Tomorrow

■Marilyn Pahr

### TECHNOLOGY AND TRAVEL, TECHNOLOGY FOR THE HOLIDAYS WEDNESDAY, JAN. 8, 2020, 5–7 PM EAST REC.

Plan for your future with smart technology to help you live smarter. With a smartphone, smart plugs and a personal assistant like Alexa or Siri, you can use your voice to turn on your holiday lights, play holiday music, get notifications when your Amazon package has arrived or remind you of items on your “naughty or nice” list when you're out shopping.

With the latest upgrade of the Apple maps app, you'll never wonder where your car is parked. It not only marks the location, but using Siri will even get you walking directions to your parked car.

A fitness tracker like Fitbit can monitor your heart rate and sleep, track your daily steps and remind you to move. The latest Apple Watch has a fall detection feature that can get you help when you need it.

Wireless charging pads allow you to forgo dealing with cables and have your phone or watch charging on your desk or nightstand and simply grab it when it's time to get up and go. If you don't already have one, put a smartphone or smartwatch on your wish list—it will open up a world of possibilities.

The Futures Club is designed to identify what we can do to remain current in the world around us and to acquire skills and adopt changes that will help us live smarter both today and tomorrow.

If you want to be on our email list, send your email to [futureoakmont@gmail.com](mailto:futureoakmont@gmail.com).

## Soroptimists Seek Volunteers

■Phyllis Rogers

### NEW CLUB TO UNDERTAKE PROJECTS HELPING WOMEN AND GIRLS

The club will be part of Soroptimist International of the Americas, a global service organization for women with members in 212 countries and territories. Soroptimists volunteer their talents and energy to help women and girls live their dreams every day by giving them the resources to create positive change—for themselves, their families and their communities.

The Soroptimist mission is exemplified by its major project, the Soroptimist Live Your Dream: Education and Training Awards for Women. Each year Soroptimists give about \$2 million to women who want to improve their job skills through education and training. Most are single moms, and many are domestic violence survivors.

The club is being organized by me, a long-time member of Soroptimist International of Santa Rosa. Members of the new club will carry out Soroptimist's Dream Programs, including the Live Your Dream Award in the local area.

This club will offer opportunities to participate in programs that change lives, as well as to develop lifelong friendships and a network of global connections. The name “Soroptimist” means “Best for Women,” and that's what our club will strive to achieve.

If you want to attend our next meeting, contact me at 477-6771.



## Pickleball Corner



■Doc Savarese

Next OPC meeting will be on January 16, at 3 p.m. at the East Rec.

### HEALTHY LIVING

I love to play pickleball, and in fact, it has become an essential component for me to maintain a happy and healthy lifestyle. Like many of us who live in Oakmont and encounter various age-related symptoms, my affliction is rheumatoid arthritis. I have reached the point where my soreness (sometimes pain), stiffness, inflammation, diminished movement and reduced recovery time associated with playing pickleball needs to be addressed.



Cartoon by Peter Copen.

Research studies on this subject state that there are a number of factors that contribute to arthritis, with proper nutrition as a key component. Yep, not to my surprise eating the wrong foods can cause arthritic flair-ups (damn!) which will also reduce recovery time. Continued inadequate diet will result in stress, fatigue, and metabolic waste to accumulate in your body.

The research studies strongly indicated that I needed to make changes in my daily lifestyle in order to feel better and improve my physical capacities. Along with diet, sleep deprivation is also a key indicator in reducing performance. I wasn't too concerned about this factor since my wife will attest that including my daily naps I get plenty of sleep. I avoid the recommendation for prescriptive solutions as a possibility and subsequently dismissed that as an option. It is important to note that alcohol consumption interferes with the synthesis of protein needed for muscle recovery. I also wear various compression garments as a recommended solution for arthritis.

I decided that my major focus is to concentrate on proper nutrition. My first strategy started with cleansing my body of waste and toxins by emphasizing a plant-based diet (nothing with eyes). Of course, my comic friend Peter reminded me that potatoes have eyes. Stage 2 will be composed of limiting my meat consumption to two days per week, and reduce sugar consumption (I have a strong sweet-tooth) to twice a week. Unfortunately, sugar is the number one contributor to arthritic problems.

I also will reduce my barbeque consumption (grilled foods increase the creation of glycation), dairy and processed fast foods (saturated fats). I will also try to avoid, as recommended, night shade plants (tomatoes and potatoes) since they are the number two offender in arthritic flair-ups. This is going to be very difficult with my Italian ancestry since pasta is also in that category. Some of the foods which are highly recommended are: whole plant foods rich in anti-inflammatory compounds such as dark green leafy and high carotenoid yellow vegetables, nuts, pineapple, turmeric and ginger.

Having completed the first week, I have noticed a reduction in my body weight which puts less stress on my joints. Wish me luck, I'll report on my results in a future article.

### OAKMONT PICKLEBALL PLAY INFORMATION

**WHERE:** East Rec. Center lower courts, Courts #1 and #4

**WHEN:** New players (strictly beginners) Introduction to Pickleball and Coached Play (for beginners and novices), Tuesday from 9-10 a.m.

**ATTIRE:** Court shoes with non-marking soles

**EQUIPMENT:** Balls are provided. Loaner paddles are available for introduction and coached play. These balls and paddles are for use only on the Oakmont Pickleball courts.

**WEBSITE:** <https://oakmontpickleball.shutterfly.com>

**NEW PLAYER CONTACT:** Pauly Uhr, richuhr@gmail.com, 984-4186; and/or Nancy Lande, Nancy\_lande@comcast.net, 978-2998

**WILLS & TRUST  
ATTORNEY  
IN OAKMONT**



**JAMES E. REED**

**(707) 282-9225**

Nichols, Catterton, Downing & Reed  
6575 Oakmont Drive #9

# McBride Realty

in conjunction with the

**Santa Rosa Chapter of Realtors**

invites you to share the warmth in its annual

## 2019 Winter Warmth Coat Drive

November 1—December 20

**Drop-off Box at McBride Realty**

**6520 Oakmont Drive (at the entrance to Oakmont)**

**Receive one raffle ticket for each coat you donate & enter to win a bottle of wine & a \$100 gift basket full of goodies for your holiday get togethers. Drawing will be held December 20.**



*Please go through your closets & donate your extra coats to those in need. Ask your family & friends to help donate too! We will be collecting coats for men, women & children. Donated coats will go to:*

- **Vets Connect** • **Catholic Charities Homeless Service Center**
- **Redwood Covenant Church Charities** • **Redwood Gospel Mission**



**MCBRIDE**  
Realty

**707-538-2270**

**www.OakmontGolfHomes.com • 6520 Oakmont Drive, Santa Rosa, CA 95409**

CalBRE #01151843



# Social Call

■ Anne Marie Siu Yuan

About 200 people attended The ABBA Song and Dance Revue on Saturday, November 16, at the Berger—a fundraiser for Social Call, a Covia program which started in Oakmont this year. Social Call is a friendly visiting program, which matches elderly Oakmonters with fully vetted Oakmont volunteers for weekly in-home visits.



Everyone on the floor for "Dancing Queen."

The show featured performances by The Oakmont Dancing Divas, The Oakmont Cloggers, and sing-alongs with The Oakmont Rainbow Jammers. It was a fun-filled afternoon of dancing, singing, and even a little comedy from the hilarious "Lay All Your Love On Me" ensemble of Brad Wallis, Troy Sowers, Joe

Keegan, James and Debbie Knapp. The show ended with the cast inviting audience members to join them on the floor for "Dancing Queen."

Casey O'Neill, the Social Call program manager, and Katherine Miller, Executive Director of Covia, were both in attendance at the event. Several Social Call volunteers were also there helping out at the event, including Priscilla Roslyn, Karen McMillen, Carolyn Greene and Joe Keegan—who also appeared in the cast.

If you or anyone you know could benefit from this free program, or if you would like more information, please contact Casey O'Neill at coneill@covia.org or call her at (415) 535-7741.



Casey O'Neill and Kathleen Miller

**OAKMONT RENTALS**  
*Locally Owned - Internationally Known*



**Full Property Management**

- Vacation Rentals
- Single Family Homes
- Duplexes, Triplexes
- Quality Free Market Analysis
- Find Tenant
- Screen Applicant

**Linda Frediani**  
 Full Service Property Management ✓ References ✓ Credit  
 Or Placement Only ✓ Eliminate The Stress  
 DRE 00010124

**707-303-3555** 6580 Oakmont Drive



**OAKMONT GENERAL & IMPLANT DENTISTRY**  
 FAMILY • COSMETIC • IMPLANT DENTISTRY  
 DR. MICHAEL RICE  
 6575 Oakmont Drive, Santa Rosa, CA 95409  
 (707)539-8956



**USE IT OR LOSE IT**

Dental insurance is unique in that what you don't use each year, you lose. Call us today to find out how to maximize your insurance benefits!

**NEW PATIENT SPECIAL**  
 x-rays • exam • professional cleaning • oral cancer screening  
 & gum health evaluation  
**ONLY \$199** (valued at \$399)




**Sonoma Patient GROUP**  
 Longest permitted dispensary in Sonoma County



**happy holidays**

**Free Delivery Available Daily**  
**Seniors & Veterans 10% Discount**  
[www.SonomaPatientGroup.com](http://www.SonomaPatientGroup.com)

Open Daily 10 am - 7 pm  
 2425 Cleveland Ave., #175  
 Santa Rosa, CA 95403  
 707-526-2800 C10-0000285-LJC

**Robert A. Schulman, MD**

**Non-Surgical Treatment for Arthritis & Musculoskeletal Pain**

**Regenerative Orthopedic Medicine:**  
 (Ultrasound Guided) Prolotherapy  
 Platelet-Rich Plasma Injections  
 Perineural injection Therapy  
 Ozone injections

**Board Certified Physical Medicine & Rehabilitation**  
 Pain Medicine  
 Integrative Medicine  
 Medical Acupuncture

**Medicare provider**

**Call (707) 247-4060**  
[westcountyintegrativemedicine.com](http://westcountyintegrativemedicine.com)  
 95 Montgomery Dr, Suite 120  
 Santa Rosa, CA 95404



## Rhinestone Show—Sponsored by OVA

■Ashlea Thomas



“Rhinestone,” a show saluting the songs and career of contemporary music legend, Glen Campbell, will be performed by rising star Andy Kahrs at the Berger Center on Thursday evening, February 20.

Glen Campbell’s music career is decorated with Grammy Awards, No. 1 country albums, and CMA Awards. His legacy includes hit songs “Gentle On My Mind,” “Galveston,” “Wichita Lineman,” “By The Time I get to Phoenix,” and “Rhinestone Cowboy.”



Born and raised in Atlanta, Andy Kahrs hopes his soulful bends and country twang will pay tribute to Campbell’s work.

Tickets are available for \$20 at the OVA office beginning December 15. No reserved seats or tables. Please bring your own snacks and drinks. Doors open at 5:30 p.m. on February 20, and the concert will begin at 6 p.m.

## Oakmont Woman to Woman Dinner

■Nancy Caldwell

WEDNESDAY, JANUARY 15

Our informal dinner group club invites all Oakmont women to our quarterly potluck from 5:30–7 p.m. in the card room at the CAC. We welcome all women who’d like to make new friends, and enjoy food and fellowship. All Oakmont women are welcome.

RSVP to [ncaldwellster@gmail.com](mailto:ncaldwellster@gmail.com) or call 538-4153 by January 10. We’ll divide potluck items to bring by your last name. We go green, so don’t forget to bring your own reusable eating utensils. Decorating help is always appreciated.

I look forward to meeting some folks I have not yet met!

## Compass...Virginia Katz...Trusted. COMPASS

Compass sells Oakmont! Here are a few featured homes sold in 2019:

• • • •



**7618 Oak Leaf Dr**  
\$950,000



**431 Twin Lakes Cir**  
\$844,997



**6564 Stone Bridge Dr**  
\$415,000

9233 Oak Trail Cir | \$925,000

8837 Hood Mountain Ct | \$799,000

8829 Oakmont Dr | \$615,000

20 Valley Green St | \$420,000

136 Mountain Vista Cir | \$410,000

255 Mountain Vista Ln | \$399,000

• • •  
• • •  
• • •



**Virginia Katz**  
SRES® | REALTOR®  
707.486.4491 | DRE 00898612  
FYE

Compass is a real estate broker licensed by the State of California and abides by Equal Housing Opportunity laws. License Number 01866771. All material presented herein is intended for informational purposes only and is compiled from sources deemed reliable but has not been verified. Changes in price, condition, sale or withdrawal may be made without notice. No statement is made as to accuracy of any description. All measurements and square footage are approximate. This is not intended to solicit property already listed.

**Ready to sell? Contact me today!**

## Oakmont Exclusive MEMORY CARE PRESENTATION



Villa Capri invites you to join us as we learn about the different types of dementia, what to expect and how Oakmont’s Traditions memory care program can help your loved one.

**Thursday, December 19th**  
5:00-7:00pm

Dr. Nina Krebs will be doing a book signing for her new publication, *Shades of Love and Loss, Caring for a Partner with Dementia*. Enjoy gourmet appetizers and discover the quality caring environment awaiting your loved one.

Kindly RSVP to 707-595-9108 by December 17th to RSVP.



1397 Fountaingrove Parkway  
Santa Rosa, CA 95403  
707-595-9108  
[oakmontofvillacapri.com](http://oakmontofvillacapri.com)

RCPE #496802026

**HUMANE SOCIETY** of sonoma county  
Santa Rosa & Healdsburg  
[HumaneSocietySoCo.org](http://HumaneSocietySoCo.org)

*Our heartfelt thanks*  
to Virginia Katz and the Oakmont community  
for helping us place these pets into loving  
homes this year!





## Quilting Bee

■Elizabeth McDonnell

With power outages, some evacuations and the Thanksgiving holiday, our Quilting Bee had trouble getting together to meet during October and November. We did manage a sewing day/meeting on November 13 at which we discussed our upcoming holiday party.

Bonnie Butler-Sibbald told of her adventures on a weekend shop hop, traveling to quilt stores in the bay area and as far away as Livermore. She visited all of the shops except in Winters and Vacaville and found at each shop she could always find something new in fabric or patterns. The trip was worth doing but it does take all three days, "unless you wear roller skates!"

Mary Ann Allen announced she has arranged a quilt retreat at Bishop's Ranch near Healdsburg next March. So far there are eight quilters signed up and there is room for more to go along.

Betsy Smith showed a quilt made for her school principal's daughter and wife who are expecting a baby. Betsy worked for her wonderful principal for 23 years. She also showed a beautiful quilt she made



Betsy Smith.

and we look forward to seeing the finished quilt. Joan Chalk showed a "watercolor" quilt she made to give to her granddaughter. She also showed Dresden plate quilt blocks she purchased at an estate sale. The blocks were applied on green fabric, but she is removing the green fabric and hand appliqueing the blocks on white fabric.



Kat Stephens.

Kim Taddei is working on another quilt block created by a young person through the Social Justice Center. The block maker's statement on the block is "White lies matter" and includes a likeness of Donald Trump.

The following Saturday Paula Scull took her Accuquilt cutting machine to the sewing room and several members spent the day cutting out fabrics. We were amazed how accurately and quickly our fabrics were cut in the shapes we desired and we left anxious to start putting together our new quilt projects.

The Quilting Bee meets on the second and fourth Wednesday of each month in the Arts and Crafts room from 1-4 p.m. and the third Saturday of each month from 9 a.m.-4 p.m. to machine and hand sew projects. For further information please call me at 538-2523.

using handkerchiefs given to her by Cathy Rapp. It was unique and nicely done. Elizabeth Marrs showed "Suburb," her pretty quilt of houses and a smaller quilt made with leftover house blocks. As she played with the houses and fabrics, she realized they could be the focus of another challenge in which she is involved. Kat Stephens used many patterns to create her fun Fall Harvest quilt which she machine-applied.

Another hankie quilt, still in the making, was shown by Carol Jarvis. The quilt holds many memories as the hankies were hers and her mother's



**Alan and Denise Scott**  
707-486-8256

**We Wish You Happy Holidays and a Delightful New Year!**

**McBRIDE AND ASSOCIATES Realty**

6520 Oakmont Drive, Santa Rosa  
alan-denisescott@comcast.net  
www.oakmontseniorhomes.com  
CalBRE # 01376399 & 01766149

**Good news. Rates just got lower.**

Kathy Crim, Agent  
Insurance Lic#: 0A54498  
4777 Sonoma Highway  
Santa Rosa, CA 95409  
Bus: 707-538-7093

I'm excited to announce auto insurance rates just went down. I can help you find coverage that works for you.  
**LET'S TALK TODAY.**

**State Farm**

State Farm Mutual Automobile Insurance Company, State Farm Indemnity Company, Bloomington, IL 1901155  
State Farm County Mutual Insurance Company of Texas, Richardson, TX

**ADULTS \$65++**  
**KIDS under 12 \$27++**

**DECEMBER 25, 2019 || 1PM - 5PM**

**Flamingo RESORT AND SPA**

*We're Dreaming of a Pink Christmas*

**CARVING STATION:**  
Rosemary-Garlic Leg of Lamb || Herb Roasted Diestel Turkey

**SALADS:**  
Mixed Greens  
Mediterranean Pasta  
Hearts of Palm Pomegranate  
Wild Mushroom & Truffle Potato  
Lemon Garlic Green Bean

**STARTERS:**  
Smoked Salmon Platter  
Roasted Eggplant Caponata  
Pulled Turkey & Puffed Quinoa  
Salumi Board with Accoutrement  
Local & Imported Cheese Display

**PROTEINS:**  
Spiced Chicken  
Anson Mills Grits  
Marinated Pork Tenderloin  
Coconut, Kaffir Lime, Shallots  
Petrale Sole  
Capers, Lardons, Roasted Parsnips

**VEGETABLES:**  
Charred Broccoli & Breadcrumbs  
Roasted Brussels Sprouts  
Heirloom Bean Stew  
Butternut Squash Gratin  
Crème Fraiche Whipped Potatoes  
Roasted Winter Vegetables

**DESSERT**  
Bourbon Pecan Tart with Fuji Apple Compote & Spiced Crème  
Pumpkin Pie with Cream Cheese Frosting & Dark Chocolate Peppermint Topping  
Mini Lemon Pudding Cups with Cardamom Crumbs & Candied Orange  
Rhubarb Brown Sugar Mess Galettes  
Chocolate Decadent Mousse Cake with Raspberry Coulis  
Chef's Selection of Assorted Mini Cookies

**DEC. 25, 2019 || 707.303.8608 || RESERVATIONS REQUIRED**  
FLAMINGO RESORT 2777 FOURTH ST., SANTA ROSA, CA





## Lawn Bowling



■Topher Gayle

### INVITATION

If you're curious about this relaxed, friendly game, stop by the green (next to the CAC) on any non-rainy Saturday afternoon (roughly 2-3 p.m.) and ask anybody in the area what we're doing. Also, check out our website for fun photos, instructional video links, club info, and much more—www.oakmontlawnbowling.com.

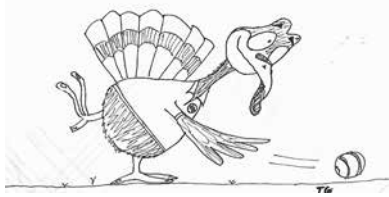
### NEW TIME FOR DAILY DRAW

As of Jan. 1, 2020, the daily draw time will change to 1:30 p.m., which means we should show up at 1:15. If you show up at 12:15 and wonder where everybody else is, this is why.

### DUES

Hey, and while you're at the green, I recommend you mosey on over to the OVA office and renew your membership for 2020. It's easy!

### THANKSGIVING TOURNAMENT RESULTS



Turkey Bowl 2019!

The mighty team of Denise Lenahan, Kathleen Connelly and Phil Bowman strutted away with two awards at the 2019 Thanksgiving Tournament: Highest Score and Largest Spread (which was 20-3). My team, sadly got the 3. Boo hoo! Second place went to Bob Stephens, Bonnie Johnston and Sandra Pessner. And in third was Jerry Garland, Kevin Johnson and Pam Dempsey.



Victorious Denise, Phil and Kathleen.

### UPCOMING EVENTS

Jan. 1, 2020: Daily draw time moves to 1:30 p.m., so show up at 1:15 to drop your chip in the bucket. Did I already mention this? Oh, I guess I did. It's worth repeating.

### OTHER THOUGHTS

I'm writing this note right before Thanksgiving. The local posse of turkeys has dined in our yard today, gobbling the red pistache berries, never suspecting that they have a deceased cousin nearby in our refrigerator. We had a good deluge last night, hopefully ending fire season for the year, and bringing lots of yummy water to the green.

I am thankful for many things—life is good. One reason it's so good is the comradery on the green. It's fun to go down there every couple of days and roll some bowls around with my pals. For a couple hours, I can try to make the darn thing go where I want it to, and when it does (which indeed does sometimes happen!) I get a thrill out of it.

Have a wonderful holiday season, and I hope to see you all at the green in 2020!



## Let's Dance—Together!

■Terry Whitten

### LEARN FOXTROT FOR YOUR NEW YEAR'S RESOLUTION

**WHAT:** Beginning Foxtrot partner dance classes

**WHEN:** Wednesdays, January 8, 15 and 22; 4-5:15 p.m.

**WHERE:** Lower West Rec.

**COST:** January New Year's Special—\$5 per person per class

The New Year will be a good time to get those toes tapping and learn some basic Foxtrot dance moves!

Foxtrot is a fun dance to a variety of music ranging from Frank Sinatra and Ella Fitzgerald standards to songs by Rod Stewart, James Taylor, Adele, Aretha Franklin and more.

No partners or experience are required and we will rotate partners during the classes. We also welcome any ladies that want to learn to lead. Likewise, we welcome any men who want to learn to follow.

Please let me know if you have any questions. You can email me (Terry Whitten) at twhitten@pacbell.net or call me at (415) 265-7590 (cell.) I hope to see you on the dance floor!

## Oakmont Music Lovers

■Judy Walker

### THE LIFE AND LIEDER OF FRANZ SCHUBERT



With an intriguing collection of photos and video clips, Jean Wong will explore the life and lieder of Franz Schubert. Lacking the dazzling force of personality and glittering elegance of composers such as Beethoven, Paganini, or Chopin, Jean will walk us through Schubert's life and times and unearth the treasures of his musical gifts.

Live classical music, including a singer performing some Schubert *Lieder*, will be part of the program.

Jean Wong is a pianist and member of the Upbeat Trio and Twenty Fingers. She is also an award-winning author writing fiction, memoir, poetry. Her work has been produced at Sixth Street Playhouse and a variety of other theatrical venues. She is the author of *Sleeping with the Gods*, and *Hurling Jade and Other Tales of Personal Folly*.

**WHEN:** Tuesday, January 7 at 10:30 a.m.

**WHERE:** East Rec.

**COST:** Free

## Drop-In Chess



■Richard Duncan

The Drop-In Chess players meet on Tuesday afternoons between 1-4:30 p.m. in the Card Room at the Central Activity Center, 310 White Oak Drive. Beginners are welcome and there are no fees or cost—just your time as you see fit. Bring a board and chess set if you have one. The atmosphere is casual and players of varying proficiency, both men and women, take part in these games.

If you have not played chess in a while, are new to our Oakmont community, or are just curious and would like to know more about the "Game of Kings," drop in and check us out. If you have any questions or would like to know more, feel free to contact us at richardgduncan@comcast.net or at 707-225-0661.

## Canine Club



■Randi Hulce



### GET OUT YOUR NEW 2020 CALENDAR AND SAVE THE DATES

January 29: First club meeting for the New Year, East Rec., 2-4 p.m. Our guest speaker and a terrific door prize will be announced soon.

February 13: Our first "Yappy Hour" is scheduled. Meet-up place for the first one is Berger Plaza parking lot 3 p.m. "Yappy Hour" provides a chance to meet other club members and their dogs at designated locations around Oakmont. Walk, chat, get some exercise, and meet new dog loving friends all at the same time. Other "Yappy Hour" dates for your calendar: April 16—3-4 p.m., East Rec. Parking; June 11—3-4 p.m., West Rec. Parking; October 15—3-4 p.m., Berger Plaza Parking.

March 28: Our make-up for the cancelled one—Annual Fall Picnic. Plan to join us indoors at the West Rec., 12-2 p.m. Enjoy free food, games, prizes, and most of all a chance to meet other Oakmont "dog people" who are members of the club. More details soon.

### NOW IS A GREAT TIME TO JOIN OR RENEW YOUR MEMBERSHIP FOR 2020

Although January is our official membership renewal month, we offer an "Early Bird" Discount for all eligible 2019 members to renew, and for all new members to join. Before January 1 pay annual dues of \$10/individual or \$16/household. After January 1 our regular 2020 membership dues of \$12/individual or \$20/household will still be a bargain. You can also renew or join at our January 29 meeting and become eligible for a terrific door prize. Membership forms are always available in the Canine Club folder at the OVA office or download from our website: www.oakmontcanineclub.org.

### UPDATE ON THE DOG PARK

Not much to report as we are in "hurry up and wait" mode. A full update will be given at our January Meeting.

Have a happy holiday everyone. WOOF!



## Oakmont Health Initiative Free Fitness Classes

■Charlene Bunas

**WHAT:** YMCA Healthy Living—free classes by JoRene

**WHEN:** Mondays, Wednesdays and Fridays 9–10 a.m. No class Dec. 25

**WHERE:** Berger Center



How are the December goals coming along? Remember, just because you didn't make your goal one day doesn't mean the rest of the

month is shot. Get back to basics: set a smaller goal (perhaps for one day) and make a plan on how to achieve it, one day at a time. Meanwhile, December Fitness Class has some special days to celebrate:

December 18: Ugly Sweater—will you win the prize?

December 18: Day to thank JoRene for her leadership (a card, perhaps with money, suggested—\$20 or more, if desired).

December 18: Day to thank Tom and Theresa for making sure Free Fitness Class continues.

December 30: Potluck celebration after exercise class.

Equipment: Non-skid yoga mats, knee pad, 3# hand weights, athletic shoes that are supportive but not too grippy. Water bottle—hydration revitalizes.

Fragrance-free, please. Share the floor with kindness.

Word to the wise: For your safety, good balance and lateral movement are needed for quick aerobic moves. A fall may cause serious injury. Please check with your doctor prior to beginning this or any exercise regimen. All Free Fitness Classes are too large to accommodate those who need special supervision. If you have shoulder, back, knee problems, anything that is painful, it is advisable to join a smaller, well-supervised class first, and consult a personal trainer or medical professional to learn modifications that are suitable to your condition. Participants need to use their judgment and body awareness, altering each exercise to prevent injury. Be careful dear ones.

## Water Fitness



■Valerie Hulsey

Please join us at the West Pool for the best Water Aerobics class you have ever experienced. If you are not already a member you will automatically become a member of Mary's Polar Bear Club. Although the mornings are a little colder the water is warm so no excuses for skipping your very important exercise class.

Now is the time to think about purchasing a warm Swim Parka or warm robe to wear when you get out of the pool. Amazon.com has them in all sizes and price ranges. Or you can google "Swim Parkas" and you will find many other stores to choose from.

No special equipment is needed when you start—plenty of buoys and noodles you can borrow.

The no-fee classes shown below are paid for by the Santa Rosa Junior College Adult Program and the other classes are an \$8 drop-in fee.

### MARY'S REGULAR SCHEDULE OF CLASSES

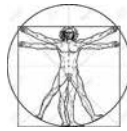
Monday: 9 a.m. \$8; 10 a.m. no-fee SRJC class

Tuesday: 9 a.m. and 10:15 a.m. no-fee SRJC class

Wednesday: 9 a.m. \$8; 10 a.m. no-fee SRJC class

Thursday: 9 a.m. and 10:15 a.m. no-fee SRJC class

## Fitness Club



■Tom Kelley

### OUR FAVORITE EXERCISE EQUIPMENT

Popular equipment in most gyms are the treadmill, the elliptical machine and the recumbent bike. How does this compare with the Oakmont Fitness Center users and what is the most popular exercise equipment here?

A survey of 70 people, about equally divided between men and women, was conducted. The question posed: "What is the one piece of equipment that you feel provides the most physical benefits for you?" The number one choice was, the envelope please, the elliptical trainer, including the elliptical with the arm pulls, with 16 votes. Followed closely in second place with 14 votes, was the treadmill. The recumbent bike, the recumbent bike with arm pulls, and the stationary bike, my personal favorite, was favored by seven people.

Almost all the other equipment was picked by someone, which included the inversion board, rowing machine, lat pull, cross pull, fan bike flex rider, ab roller, free weights, stretching area, fly machine, sit reflex, sitting leg press, nautilus personal circuit, balance equipment, stationary bike and two enthusiastic votes for the wobbler (body vibrator). Lastly, three people responded that all the equipment was equally beneficial.

This small sampling demonstrates there is a piece of equipment at the Fitness Center for everyone. What is yours? See you at the gym.

## SRJC Balance and Strength Classes

■Mary Hastings

SRJC fall semester classes end Friday, December 20. SRJC spring semester classes begin Monday, January 13.

**WHAT:** Basic Balance and Strength

**WHEN:** Fridays at 9:30 a.m.

**WHERE:** Upper West Rec. Center **FEE:** Free

Basic elements of balance with strengthening utilizing Therabands. Chairs available to promote confidence while practicing balance exercises. Enrollment in the junior college takes place on site with the instructor.

**WHAT:** Balance and Strength II

**WHEN:** Tuesdays at 2 p.m., Thursdays at 1 p.m.

**WHERE:** Lower West Rec. Center **FEE:** Free

This balance and strength class is designed to progress balance exercises. This is accomplished utilizing movement and various types of obstacles. The strengthening exercises utilize Therabands. Chairs are also available. Enrollment in the junior college takes place on site with the instructor. All you have to do is show up!

**WHAT:** Stretch with Mary-Pilates-based stretch and strengthening

**WHEN:** 7:30 a.m. Tuesday and Thursday

**Where:** Lower West Rec. **FEE:** \$5

## Tai Chi for Beginners

■Dr. Katy Ha, Faculty at Sonoma State University

If you are having trouble with balance and or breathing join us for a new five-week series beginning the first of the year in room G of the Berger Center. Classes do not have to be consecutive in case you have other appointments to attend too.

Tuition is \$75 for the series and preregistration is required, so call me at 318-5284. I will be delighted to answer your questions and encourage you to practice this ancient meditation in movement 5,000 years old from China

## Forrest Yoga

■Carol King, RYT (Registered Yoga Teacher)

**WHERE:** West Rec. Center—Lower Level

**COST:** \$60 for six classes. No perfume please.

**INFORMATION:** <http://www.carolkingyoga.com>; email [carolking1234@yahoo.com](mailto:carolking1234@yahoo.com); 696-5464

### CHAIR STRETCH AND BALANCE CLASS

**WHEN:** Thursdays 10:30–11:30 a.m.

Give yourself the gift of feeling more ease and comfort in your body. Join the class and increase your range of motion and strength with seated movements. Focus on alignment and working with your range. Challenge your core while seated. Students may stay seated for the entire class or safely explore balance. Small free weights are used to tone and strengthen the upper body.

Equipment: bring free weights of 1, 2 or more pounds, the weight you want to work with, bring water

### FORREST YOGA CLASSES

**WHEN:** Tuesdays 12:30–1:30 p.m.; Thursdays 9–10 a.m.

Feel steady, grounded and focused from your yoga practice. Nourish yourself with deep breathing, movement and strengthening abdominal work. Explore how the poses can bring you into greater balance.

Forrest Yoga does not require strength or flexibility; it only requires that you bring a willingness to learn how to feel authentically and respond honestly. All levels welcome. People with injuries or conditions are encouraged to attend.

Equipment: yoga mat, water, beach towel/yoga blanket.

## Balance and Strength Building

■Betsy Smith

**WHO:** Those who want to start a fitness program, improve or stay fit

**WHAT:** Strength and Balance class using weights, large balls, little balls, and bands

**WHEN:** Thursdays, 4:30–5:30 p.m. No class Dec. 26 and Jan. 2

**WHERE:** West Rec. Center downstairs

**COST:** \$7 per class or four classes for \$24 or eight classes for \$48

**WHY:** To enjoy keeping fit with friends while working out to catchy music and from your fitness base. You should be able to get up and down from the floor.

**INFO:** Bring yourself, water, mat, weights, and a large ball you can sit on if you have them.

**INSTRUCTOR:** Betsy Smith, [bsmith@sonic.net](mailto:bsmith@sonic.net)

## Holistic Yoga

■Donna Connell (IYT)

### NEW STUDENT SPECIAL: ONE MONTH \$50

**WHERE:** West Rec. Center:

**WHEN:** Monday at 8:45 a.m., Friday at 9 a.m.

This ongoing friendly class has been at Oakmont for 20 years. Monday we usually use chairs and Friday mat with light weights. Feel your best everyday as you become more flexible and build strength with this easy to follow class by an experienced instructor. I work with each student individually, so you can progress as your own pace. Come join us with this great starter offer!

All levels welcome.

Please call 799-3099 or email [donnape21@gmail.com](mailto:donnape21@gmail.com) before you come.



## Aerobics Class

■Betsy Smith

This class is for those who want to start a fitness program or stay fit!

**WHAT:** Low impact aerobics class

**WHEN:** Tuesdays. No class Dec. 24 and 31

**TIME:** 4:30–5:30 p.m.

**WHERE:** West Rec. Center downstairs

**COST:** \$7 per class or four classes for \$24 or eight classes for \$48

**WHY:** To enjoy keeping fit with friends while working out to catchy music and from your aerobics base. You should be able to get up and down from the floor.

**INFO:** Bring yourself, water, mat, weights

**INSTRUCTOR:** Betsy Smith, bsmith@sonic.net

## Interval Training

■John Phillips

Studies have shown that Interval Training helps keep us young and active and promotes weight loss more than any other activity including cardiovascular work. If you need some new ideas on how to work out, then you may want to check out our Interval Training class.

It takes place on Mondays, Wednesdays and Fridays at the Lower West Recreation Center at 2 p.m. Equipment needed: lite hand weights, a non-slip mat and water, and the ability to get off the floor.

The first session is free, drop-in fee is \$8 or you receive 10 sessions for \$64.

## Oakmont Singles (formerly Single Boomers Social Club)

■Carolita Carr

### LOOKING BACK

2019 was a great year. We had monthly mixers filled with fun—line dancing, trivia games, Irish bingo, pickleball, Wii bowling, table games, etc. Our Bon Appetit dine outs were always filled to capacity. The board was able to provide a great picnic in June, and turkey for our annual Thanksgiving blow out. But it was and is our membership that make our events so much fun. Keep enjoying life, ladies and gentlemen!

### 2020—TIME TO RENEW MEMBERSHIP

With the new year comes renewal time. Please make out your checks for \$12 to Oakmont Singles Club and write “renewal” on the memo line. Either give it to Mary Costa, our Treasurer, or drop it off in our folder at the OVA office.

### 2020 SCHEDULE

Monthly mixers will be held, with only a few exceptions, on the fourth Monday of the month. That means our first one in January will be Jan. 27. Save the date, and respond to our email invitation. We are working hard to bring you enjoyable evenings.

Oakmont Singles Club is open to any single person residing in Oakmont. Only an interest in meeting people and socializing is required. We hold monthly mixers within Oakmont and find interesting things to do in the greater Santa Rosa area. We dine out at a different restaurant once a month, and we even arrange to sit together at other Oakmont activities.

If any of this sounds interesting to you, all you have to do is pick up an application form in the Oakmont Singles Club folder at the OVA office, fill it out and put that, along with a check, back in the folder. Our dues are \$12 per year. Once you join and give us your email address, you will learn of our events and be able to participate.



## Lifelong Learning



■Marlena Cannon

### SIGN UP FOR WINTER CLASSES!



### CONTEMPORARY COMEDIC GENIUS SERIES: BILLY CRYSTAL

**INSTRUCTOR: MARTIN MARSHALL**

**Mondays, Jan. 13–Feb. 3, 3–5 PM, Berger**

**4-week session, Class ID: 7867, Cost: \$81**

Laugh out loud with Marshall as he explores the comedy and career of the very funny Billy Crystal on Saturday Night Live, as the star in *When Harry met Sally*, the urban cowboy in *City Slickers*, the Tony-winning *700 Sundays* and more.



### BEETHOVEN AND THE ROMANTICS

**INSTRUCTOR: DR. KAYLEEN ASBO**

**Wednesdays, Jan. 15–Feb. 19, 3–5 PM, Berger**

**6-week session, Class ID: 7869, Cost: \$110**

Fill your ears during Asbo’s exploration into Beethoven’s musical evolution from imitator to hero and discover how his late quartets influenced Schubert and Mendelssohn and how his symphonies inspired and guided Liszt, Brahms, Berlioz, Wagner and Tchaikovsky.



### THE SCIENCE BEHIND, INSIDE AND UNDER WORLD FAMOUS ARCHITECTURE

**INSTRUCTOR: SALLY HEATH**

**Thursdays, Jan. 16–Feb. 27, 3–5 PM, East Rec.**

**6-week session, Class ID: 7871, Cost: \$110**

Note: This class will not meet on February 6.

Discover why buildings stand or collapse through the exploration of the science, engineering and materials of iconic structures like the Pyramids, the Colosseum, Hagia Sophia, the Golden Gate Bridge, the World Trade Center and Burj Khalifa.

**Five ways to register:** oakmontll.org, communityed.santarosa.edu/Oakmont, credit card by phone 527-4372, pick up and fill out a form at the OVA office, pay at the door on the first day of class.

## Table Tennis Club



■Keith Sauer

For four days a week, table tennis enthusiasts play ping pong at the Upper West Rec. We play Tuesdays 3:30–5:30 p.m., Wednesdays 12–2:30 p.m., Thursdays 3–5:30 p.m., and Fridays 3–5 p.m. On Sundays we play from 2–4:30 p.m. You can also play on Sundays from noon to 2 p.m., but need to prearrange with

other players to join you.

Players at all levels are welcome. Come and check it out. There are extra paddles if you don’t have one. Fun guaranteed.

For more information call me at 694-6574 or Ruthie Snyder at 230-2491.



### YOU’RE WRITING A MEMOIR? A HOW-TO WORKSHOP

**INSTRUCTOR: IDA RAE EGLI**

**Thursdays, Jan. 16–Feb. 13, 6–8 PM, CAC, Rm. B**

**5-week session, Class ID: 7872, Cost: \$126**

Back by popular demand, this interactive class teaches the skills needed for memoir writing in an interactive, experiential way that is personalized to each student. Teacher and student feedback on in-class writings are offered in addition to traditional classroom instruction.



### THE GENIUS OF HITCHCOCK

**INSTRUCTOR: TERRY EBINGER**

**Mondays, Feb. 10–Mar. 2, 2:30–5 PM, Berger**

**4-week session, Class ID: 7876, Cost: \$81**

Note: Early start time.

Join film scholar Ebinger for a suspenseful journey into understanding Hitchcock’s visionary approach, symbolism, cinematic innovations, psychological depths and mythic storytelling in four classic films: *The 39 Steps*, *Shadow of a Doubt*, *Notorious* and *Strangers on a Train*.

Terry Ebinger is a passionate educator and group leader who approaches film studies through art, history, psychology, anthropology, myth and dream.



### CIDER—HOW AMERICA’S FAVORITE BEVERAGE WAS ALMOST LOST

**INSTRUCTOR: DAVID SANDRI**

**Wednesdays, Feb. 26–Mar. 4, 3–5 PM, Berger**

**2-week session, Class ID: 7870, Cost: \$52**

In early America, cider was the beverage of choice. But, by the first part of the 20th century cider production almost stopped. Why did it fall out of fashion and why has its popularity roared back in recent times?





## AARP Volunteer Tax Assistance in Oakmont

■Frank Tindal

AARP has been providing free income tax filing assistance for seniors and low income families here in Oakmont for several years. The Tax-Aide program operated by the AARP Foundation in partnership with the IRS has now grown to where there are about 35,000 volunteers serving about 3 million taxpayers at 5,000 sites across the country at senior centers, libraries and other convenient locations. Taxpayers do not need to be a member of AARP or a senior or a resident of Oakmont to take advantage of the free Tax-Aide service.

Right here in Oakmont, the AARP Tax-Aide program had a team of seven volunteers who worked at the Berger Center two days a week, starting in the first week of February, through the 2018 tax filing season ending in April. The Oakmont team is now in the process of gearing up for the 2019 tax filing season.

In order to meet the growing demand for the tax assistance service, more volunteers are needed across

the country. The Oakmont team is hoping to add up to four or five new volunteers for the 2019 filing season. If you are interested in becoming a tax assistance volunteer, either as a tax preparer or as a customer service appointment scheduler, please contact me, Oakmont site coordinator, at 537-6927 to explore how you can prepare for this important service.

You need to be comfortable working on a computer that is provided by the IRS, using a structured software program, while interviewing folks who have received their income tax-related forms for wages, retirement income, investment income and the like. Training classes will be given in December and January in Santa Rosa.

So, if you can handle some computer basics and want to help people, especially those who can't drive to or afford a paid tax preparer, please contact me to hear more about what's involved.

## Fawn Rescue of Sonoma County

### PRESS RELEASE

A lifelong lover of Sonoma County's magnificent array of wildlife, Marjorie Davis has devoted many of her 99 years to preserving and protecting our wild wonders, with a heartfelt focus on safeguarding the elusive, majestic creatures we call deer.

It didn't take long for Marjorie to realize how overlooked and underserved the local Black-tailed deer and fawn population was. With countless roadside deaths, traumatic accidents and unexplained illnesses haunting and hindering the defenseless species, Marjorie decided to take action.

In 1989, Marjorie Davis formed Fawn Rescue, which remains the only 501(c)(3) organization licensed to care for ill, injured or orphaned fawns in Sonoma County.

Fawn Rescue of Sonoma County provides 24/7 support during fawn season (April-September) to county residents, Animal Regulation, Humane Society, animal care agencies, Sonoma County wildlife centers, Police and Sheriff's Departments, Park Rangers and veterinarians' calls for assistance. Each fawn season Fawn Rescue of Sonoma County responds to and rescues an average of 100 fawns.

It is important to reiterate that fawns, deer are wild animals. Although gentle in appearance, they can cause humans, domestic animals great harm if

alarmed, handled or captured. In addition, deer carry and can spread infectious diseases like Lyme disease or Rocky Mountain Spotted Fever by way of insects such as mosquitos, ticks, fleas or mites. This is why Fawn Rescue plays such an important public safety role.

Fawn Rescue's professionally licensed animal care volunteers are trained handlers, transporters and rehabilitators of fawns. If you seek assistance, please call 931-4550.

To date, Fawn Rescue of Sonoma County has fielded over 35,000 calls for assistance, rescued more than 3,000 fawns, raised 360, rehabilitated and successfully reunited nearly 1,800 back into the wild.

With every success comes expense, however. As a non-profit public benefit 501(c)(3) association, Fawn Rescue of Sonoma County depends solely on public and private donations, legacy gifts, sponsorships, partnerships or grants to keep functioning. Operational costs like

ensuring the "Fawn-mobile" is running and at the ready, pen materials, tools and formula can and do quickly add up.

If you are interested in learning more, or supporting this incredible organization, go to [www.fawnrescue.org](http://www.fawnrescue.org) or follow Fawn Rescue of Sonoma County on Facebook and Instagram @fawnrescue.

Every dollar gifted will help save the lives of our local Black-tailed population. Be FAWNtastic and fund-a-fawn today!



Marjorie Davis, Founder of Fawn Rescue of Sonoma County.



A Sonoma County Black-tailed fawn.



## E-Waste Collection

■Anita Roraus

**SATURDAY, JANUARY 18, 2020, 9 AM-5 PM**  
**SUNDAY, JANUARY 19, 2020, 9 AM-5 PM**

E-Waste Collection will be two-day event! They will be parked in the Berger parking lot, 310 White Oak Drive, parallel to the street. There is no appointment needed for this event. We have a new sponsor, Conservation Corps North Bay!

Accepted at the event will be computer equipment (computers, monitors, laptops, keyboards, printers, mice, hard drives, consumer electronics such as DVD players, VCRs, gaming devices, stereo components, radios, PDAs, cell phones, cables, etc.), televisions (CRTs and LCDs), office equipment such as telephones, fax machines, copiers, etc., and kitchen appliances such as blenders, toaster ovens, coffee makers, microwaves; household appliances such as hair dryers, irons, curling irons, vacuum cleaners.



## Free Shredding Event!

■Anita Roraus

**SPONSORED BY**  
**OAKMONT KIWANIS AND OVA**  
**FRIDAY, JANUARY 17, 9 AM-12 PM**  
**BERGER PARKING LOT**

It's time to shred again. Oakmont residents and businesses are invited to bring their documents and other shreddables to the truck that morning. Please limit your documents to the equivalent of five banker's boxes.

## Medical QiGong



■Shera Carlton

QiGong is an ancient self-healing practice, which literally means cultivating life energy in and around us. Through gentle qiGong movements, sound healing for the organ systems and conscious intention, this ancient practice connects us to the boundless life energy field, creating more emotional wellbeing and helping to heal physical conditions. The body strives constantly to stay harmonized.

Daily life has a way of disrupting these frequencies. The Chinese, known for their longevity, practice daily as a prevention and derive many good health benefits from doing so.

QiGong practice: Saturday, lower West Rec., 9-10 a.m., free.

Please contact me at [5organqi@gmail.com](mailto:5organqi@gmail.com).

## Canasta Club

■Lorraine Hoffman

The ladies are having a great time playing canasta on Monday and Wednesday afternoons. We are always welcoming new members.

If you are interested in playing canasta, contact me at 303-7089.







Bill Lucker

**HELP YOUR COMMUNITY BY MAKING AN ONGOING, NO-COST GIFT TO THE OCF WHEN YOU SHOP AT OLIVER'S AND AMAZON**

The Oakmont Community Foundation, now in its 12th year, has expanded the many ways Oakmonters can help their neighbors and sustain many of the activities that are signature characteristics of this great community. OCF has given out more than \$350,000 in grants to qualifying Oakmont organizations and clubs. Many of the funds are donor directed to specific clubs or groups; others are grants awarded by the OCF board to groups that have filed a grant proposal.

In the past year, OCF has added an easy way for Oakmonters to donate an ongoing gift to the foundation through a special program at Oliver's. Oliver's has committed to supporting local communities by donating 3% of all purchases to local charities. When you get and use an Oliver's Community Card, you can help the Oakmont community at no cost to you.

Obtaining your card is easy! Just ask the cashier when you check out to give you a new Oliver's Community Card. Complete the simple registration form and make sure to designate the Oakmont Community Foundation as your preferred charity. By the time you have completed your transaction, you will be registered and be donating to Oakmont. Use the card every time you shop and watch your contribution grow.

If you already have a card and want your donations to go to the Oakmont community, simply ask the cashier for a new form and designate Oakmont Community Foundation as your new beneficiary.

If you shop online at Amazon and use the AmazonSmile website for every purchase (<https://smile.amazon.com/>), the AmazonSmile Foundation will donate 0.5% of the purchase price of eligible products to the charitable organization of your choice. The following webpage gives instructions on how to designate Oakmont Community Foundation as your charitable recipient: <https://www.amazon.com/gp/help/customer/display.html?nodeId=201365360>.

**InvestOAK Club**



Dave White

Our goal is to advance members' knowledge and understanding of investment options and strategies for retirement. Membership experience ranges all the way from investment novice through those who have had a professional career in the financial world. There is no actual monetary aspect to the club's activities. Active member participation is encouraged.

You are invited to InvestOAK's Holiday Party which will be held at our regular meeting on Friday, December 20, 10-11:30 a.m. in Room B, Central Activities Center. This is an opportunity to meet other investors and hear about the club. In addition to coffee and champagne, cookies and scones, we'll have the "Current Market Update" from Joe Pundyk. This InvestOAK party would not be complete without applauding the winner of our year-long contest, "Financial Predictions of 2019." The party is open to all.

For the rest of the year 2020 our meetings will be held on the third Friday of the month. The auxiliary group meets at 10 a.m. at the Umpqua Bank, one week after the regular meeting, Dec. 27.

For further information contact me at [dwhite747@hotmail.com](mailto:dwhite747@hotmail.com).

**Playreaders**



Norma Doyle

Playreaders meet every Monday from 2-3 p.m. in the central Activity Center, Room B. Visitors are always welcome. Come early so that we can meet and greet you.

**The Play:** On December 16 Norma Doyle will present the second act of *The Trip to Bountiful* by Horton Foote. Readers are Jane Borr, Norma Doyle, Kay Hardy, Dennis Hall, Al Johnson, Hal McCown and Ginna Zoellner.

Mrs. Watts, an aging widow, lives in a three-bedroom apartment in Texas with her loving son, Ludie and the selfish supervision of her daughter-in-law, Jessie Mae. Mrs. Watts feels if she can only visit her hometown of Bountiful, she will be able to regain dignity, strength and peace of mind. She attempts to run away and makes a lonely pilgrimage. Along the way she meets people with their own difficulties and joys and makes brief friendships and corrections. When she reaches Bountiful, she has to rely heavily on her courage but finds memories and quiet experiences to enrich herself in her remaining years.

"...the rarest of theater experiences, an evening which will prove an indelible memory."—*World Telegraph*

**The Playwright:** Albert Horton Foote Jr. (1916-2009) was an American playwright and screenwriter, perhaps best known for his screenplays for the 1962 film *To Kill a Mockingbird* and the 1983 film *Tender Mercies*. He received the Pulitzer Prize for Drama in 1995 for his play *The Young Man From Atlanta* and two Academy Awards, one for adapted screenplay (*To Kill a Mockingbird*). In 1995, Foote was the inaugural recipient of the Austin Film Festival's Distinguished Screenwriter Award and in 2000, he was awarded the National Medal of Arts.

**The Next Play:** On December 23 and 30 Al Johnson will present *The Book Club Play* by Karen Zacharias. Readers are Honora Clemens, John Dolan, Dennis Hall, Kay Hardy, Al Johnson, Carole Johnson and Ron White.

Loads of laughter and literature collide in this smart hit comedy about books and the people who

love them. Ana is a Type A personality who lives in a letter-perfect world with her greatest passion: Book Club. When her cherished group becomes the focus of a documentary film, their intimate discussions take a turn for the hilarious in front of the inescapable camera lens. These six friends are bound for pandemonium. *The Book Club Play* is a delightful new play about life, love, literature and the side-splitting results when friends start reading between the lines.

**The Playwright:** Karen Zacarias (1969-) is a Latina playwright whose grandfather was a movie director and writer during the Golden Age of Mexican cinema in the 1930-40s.

Zacarias was invited to write a family play about the White House. The play *Chasing George Washington* and subsequent book included a foreword by First Lady Michelle Obama.

Her multiple awards include the Charles MacArthur Award for outstanding new play in 2000, the New Voices Award, the 2010 Steinberg Citation-Best New Play, the Paul Aneillo Award, the National Latino Play Award and the 2018 Helen Hayes Award for Outstanding Original Play or Musical Adaptation (*Ella Enchanted*).



In late November Playreaders presented *Life and Beth* by Alan Ayckbourn. Readers were: (standing) Bernie Cheriff, Jackie Kokemor, Norma Doyle, Dennis Hall, Ginna Zoellner, Hal McCown; (seated) Rebecca Kokemor, Al Johnson and Sandy White.

**Women of Faith Bible Study**



Gayle Miller

**A BRAND NEW YEAR—  
A BRAND NEW BIBLE STUDY  
STARTING ON JANUARY 7, 2020**

If you have ever wanted to take an in-depth study of the book of Revelation this is your opportunity. This new series is taught by Beth Moore on our full screen TV. Beth Moore is a Christian speaker and Bible Study author. She enjoys getting to serve women of every age and denomination and she is passionate about women knowing and loving the Word of God.

Beth's presentation of the Bible just brings it to life and her engaging style of speaking keeps you interested and enthralled to the very last word!

Quote from Beth's Revelation Workbook: "...I grow increasingly convinced that God meant for parts of the New Testament book of unveiling to retain certain measure of mystery and wonder, as paradoxical as it may seem to us. His intentional use of symbols

and pictures in the divine inspiration to John could support such an implication, particularly as we consider that God sometimes offers an interpretation in the text and other times does not. The longer I've studied, the more certain I've become that God is as deliberate about what He doesn't tell as what He does. Neither is accidental."

This is your personal invitation to come and explore the mystery of Revelation with us. This is a weekly, non-denominational study. Our group is small and informal, the perfect place to meet new friends and learn exciting things from the Bible.

We have workbooks, and a time for sharing. For more information please call the number listed below.

**DATE:** Tuesdays  
**TIME:** 9:30-11:30 a.m.  
**PLACE:** Meeting Room B (Central Activity Center)  
**CONTACT:** Gayle Miller, 537-9309





## Oakmont Square Dancing Club



■Susan McLean

Please join us for “friendship set to music!”

The club has made good progress and we now have about 30 dancers participating in our two options for square dancing at Oakmont. We invite you to one or both of the following:

**WHAT:** Club Level Dancing with professional caller Lawrence Johnstone. We’ve learned most of the basic calls and Lawrence has been mixing them up to keep us moving and having fun.

**WHEN:** Tuesdays from 6:30–8:30 p.m.

**WHERE:** West Rec. Center, Upper Level

**COST:** \$5 donation per person

Phil Herzog is an experienced dancer who can work with newer dancers or those who have missed a few lessons or help you brush up if you haven’t danced in 10 or 20 years. Phil also encourages anyone who wants to dance more often to join us on Sunday evenings. He is doing a great job, so come and support him.

**WHAT:** Workshop with Phil Herzog

**WHEN:** Sundays from 6:30–8 p.m.

**WHERE:** West Rec. Center, Lower Level

**COST:** \$2 per person

For information call Jenny at 367-2102, Susan at 367-0417 or Phil at 843-3053.



## Oakmont Volunteer Helpers

■Matt Zwerling

Are you interested in a volunteer opportunity? Are you good at organizing? Do you have some time to devote to helping fellow Oakmonters with transportation needs? Then joining Oakmont Volunteer Helpers might be a wonderful opportunity to be of service.

Oakmont Volunteer Helpers (OVH) is unique in being the only Oakmont service organization which supports Oakmont residents. Our primary mission is to provide transportation to medical appointments within Santa Rosa and to events and services within Oakmont for those who no longer drive.

Are you service oriented? Do you enjoy meeting new people, listening to stories, sharing thoughts and ideas? Then you might be interested in driving residents to the medical appointments or events and services within Oakmont. Our organization requires a sizable pool of drivers to accommodate our rider list of around 90 residents.

Of most importance to our continued function we need coordinators, those who connect residents requiring rides with volunteer drivers. This position requires only a two-week commitment of time and we are urgently needing to expand our pool of coordinators. Typically, a coordinator will spend less an hour a day on arranging rides, leaving plenty of time for all other activities.

If you are interested in either (or both) of these opportunities you may contact me at 539-8996 or [mzwerling1@sbcglobal.net](mailto:mzwerling1@sbcglobal.net) for more information.



## Movies At Oakmont

■Barbara Bowman

**WHERE:** Berger Center

**SCREENING DAYS AND TIMES:** Sundays at 2 and 7 p.m.

**HOSTS:** Barbara Bowman, Ernie Erler, Al Haggerty, Carol Haggerty, Mike McInnis and Jeff Neuman.

**NOTE:** All films are shown with English subtitles when possible, free of charge—compliments of the OVA.



### DECEMBER 15, 2 AND 7 PM THE NUTCRACKER

Narrated by Kevin Kline, this movie version of Tchaikovsky’s timeless yuletide fantasy—produced by George Balanchine—features the breathtaking dancing of the New York City Ballet. In the Palace of Pleasure, angels and sugarplums dance, candy canes whirl, a jack-in-the-box performs acrobatics, a dreamy young girl twirls across the stage. And, in this enchanting adaptation, the film places you directly under a spectacular Christmas tree that magically grows to be 40 feet tall. (1993), G, 89 minutes.



### DECEMBER 22, 2 AND 7 PM SECOND-HAND LIONS

In 1960s Texas, timid teen Walter (Haley Joel Osment) is forced by his irresponsible mother to spend the summer with his rich and eccentric great-uncles Garth (Michael Caine) and Hub (Robert Duvall) on their farm, where, over time, he learns surprising tidbits about their mysterious and dangerous pasts. A sweet comedy-drama full of all sorts of characters interested in Garth and Hub’s fortune, with a lion named Jasmin included in the mix. (2003), PG, 107 minutes.



### DECEMBER 29, 2 AND 7 KELLY'S HEROES

Private Kelly (Clint Eastwood) extracts some interesting intelligence from a captured German colonel: the location of \$16 million in gold bullion. The problem is, it’s behind German lines in occupied France. Kelly and crew (Telly Savalas, Don Rickles, Donald Sutherland and Carroll O’Connor) decide to risk everything for a life of luxury—and may help defeat the Germans in the process. A humorous, lively and entertaining movie. (1970), GP, 144 minutes.



### JANUARY 5, 2 AND 7 PM TEMPLE GRANDIN

Emmy winner Claire Danes stars as Temple Grandin, a brilliant young woman coping with the stigma of autism at a time when it was misunderstood. With the support of her loving family, Temple dedicates herself to learning and becomes a famed animal behaviorist. Her passion for animals gives her a unique ability to understand them, and her love of education is fulfilled by teaching about autism and humane animal treatment. Danes won a Golden Globe, and the film won an Emmy. (2010), NR, 120 minutes.

#### FOR YOUR REFRIGERATOR/WALLET

Sunday, December 15, 2 and 7 p.m.: *The Nutcracker*, (1993), G, 89 minutes.

Sunday, December 22, 2 and 7 p.m.: *Second-Hand Lions*, (2003), PG, 107 minutes.

Sunday, December 29, 2 and 7 p.m.: *Kelly's Heroes*, (1970), PG, 144 minutes.

Sunday, January 5, 2 and 7 p.m.: *Temple Grandin*, (2010), NR, 120 minutes.





# CLASSIFIEDS

**HERITAGE ROOFING CO.**

Specializing in residential re-roofing. Top quality workmanship. Honest and reliable. Oakmont references. Free estimates. Lic. #673839. 539-4498.

**PAINTING, WALLPAPERING, FAUX FINISHES**

Reasonable rates, free estimates, Oakmont references. Lic. #573530. Gary Luurs, 528-8489.

**A SENIOR HELPING SENIORS**

All home repairs. Everything from fixing that leaking toilet to hanging pictures, to replacing that broken light switch. Serving the Santa Rosa area since 1985. \$35 per hour. Quality workmanship and excellent ref. Just make a "to do" list and call me. Local Oakmont references on request. 888-2013.

**BABE'S TRANSPORTATION**

A personal transportation service for airports, cruises and vacations. Call for reservations. Plus Babe is on the road again for local doctor visits, shopping, etc. Call Stephany at 545-2850.

**CHRISTO LIMO**

Commercially licensed, transportation for Oakmont residents. P.U.C. 32055 owner-operated with several years experience. Oakmont homeowner too. Call Chris, (707) 206-5018.

**GARDENING**

Done with an emphasis upon a natural look and without the dreaded roar of a leaf blower machine. Richard, 833-1806, Oakmont.

**B&J CONSTRUCTION**

**BRUCE JOHNSON, GENERAL CONTRACTOR**  
Remodeling, kitchens and baths. Reasonable rates. Small jobs OK. Free estimates. Lic. #428073. Call 996-1454.

**GOLF CARTS**

Huge selection of value-priced, new, used and re-conditioned golf carts for sale. Professional repairs, service. Many years servicing our friends in Oakmont. 584-5488.

**FIREPLACE CLEANING AND SERVICE**

Warming Trends has been cleaning, servicing and installing fireplaces, stoves and inserts for 30 years. Call 578-9276 for any fireplace needs.

**BODEN PLUMBING, HEATING AND AIR**

For all your plumbing and heating needs. Local plumbers in business since the late 20th century, licensed, bonded and insured. Same day service is often available. Money-saving coupons! CA Lic. #659920. Please call (707) 996-8683 or go to [www.BodenPlumbing.com](http://www.BodenPlumbing.com).

**COMPUTER OOPS??**

Oakmont Onsite Personal Computer Services. Call Chuck for all things computer. VOM Rotary member, computer instructor. References available, many satisfied Oakmont customers. \$50/hr. 293-8011.

**ST. FRANCIS BARBER SHOP**

Established 1963. Old fashion haircuts at a reasonable price. No appointment needed. 120 Calistoga Rd—down the breeze way by Safeway.

**NOTARY PUBLIC**

Oakmont resident, retired Escrow Officer. Carol Palombino, 953-8324, [carolpal3@yahoo.com](mailto:carolpal3@yahoo.com).

**SUE CARRELL & ASSOCIATES**

PROPERTY MANAGEMENT SERVICES  
Offering tenant placement. Managed accounts provide service to tenants and owners for repairs, periodic inspections, accounting and monthly reports. (707) 282-9268 (office), (707) 291-3655 (cell).

**COOL CUTS HAIR SALON**

No appointment for haircuts. Coloring, perms, styling. Great people, great prices. Open 7 days. 140 Calistoga Rd., Santa Rosa. [www.coolcutshair.com](http://www.coolcutshair.com). 538-3277.

**MARTHA L PROFESSIONAL HOUSE CLEANING**

Home, office, move-outs. Window, bed linens and much more. 19+ years of experience. References upon request. 548-9482 or [marthal1041@att.net](mailto:marthal1041@att.net).

**WC'S LOCKS AND KEYS**

Professional, experienced locksmith for all your security needs. Senior discount. Call today! 539-6268. Wayne Carrington, LCO #2411.

**CARPET, UPHOLSTERY AND TILE CLEANING**

Gavin Anderson, local Sonoma resident. 18 years experience. Senior pricing. Free estimates. Call 935-6334.

**REPAIRS PILING UP? CALL RAY**

No job too big or too small. Heating, water heaters, plumbing, electrical, drywall, patching, painting, appliance repairs, honey do's, etc. Quality and affordable. Ray, (707) 280-2699.

**FOR ALL YOUR PAINTING NEEDS**

Quality affordable work at reasonable rates. Interior painting including rooms, cabinets, railings, decks, fencing. Pressure washing and more. Call Michelle, (707) 378-3600.

**PAINTER/HANDYMAN**

Interior/Exterior. 30 yrs. experience. Single rooms or full interiors. Friendly and honest. Morse Painting. Lic. #656306. Call Dan, (707) 799-5823.

**DIVINE FIJIANS IN-HOME CARE**

We specialize in home non-medical care for seniors, Alzheimer's, hospice, disability and others. Call (707) 978-1457 or (707) 304-9179. Website: [www.divinefijiancare.com](http://www.divinefijiancare.com).

**GARAGE DOOR SERVICES**

Locally owned and operated Dependable Doors offers full servicing, repair, and replacement of garage doors and motors. Call Casey at (707) 775-8009 for all of your garage door needs. Lic. #1016951.

**ENTRY DOORS**

Local professional installation. Wood and Fiberglass Doors. Free estimates. Call Brad Chiaravalle, 539-3196. View photos at [www.doorbeautiful.com](http://www.doorbeautiful.com). Lic #527924.

**HANDYPERSON**

Little fix-its and knotty problems. All trades repairs. Electrical and plumbing fixtures, carpentry, assemblies, labor. 30 years helping Oakmont. Lic. #560098. Jay Williamson, 539-5217.

**DECKS, FENCES, KITCHENS AND BATHROOMS**

Finish carpentry and general construction. Licensed, bonded and insured. CA Lic. #1044479. Call 843-9469 or (707) 393-9748.

**NOSE TO NOSE PET SITTING**

The best care for your best friends. Cat care. Daily visits. Overnight companionship. Insured and bonded. Profile and referrals at [petsit.com](http://petsit.com). Alix Moline, 637-6267.

**ERIC WILSON, GENERAL CONTRACTOR**

Remodeling specialists. Kitchens, baths, roofing, plumbing and electrical. Fire and water damage repair. Quality service, reasonable rates. Proudly serving locally for over 25 years. Free estimates. Lic. #669482. Call today (707) 328-3555.

**WINDOW WASHING, GUTTER CLEANING**

Also, pressure washing and Gutter Guard installation. Careful, professional and reliable. Free estimates. Call Alex, (707) 291-0429.

**REAL ESTATE CLIENT REBATES**

Dean Mitchell RE Broker offers generous rebates. Go to [deanmitchell.com](http://deanmitchell.com), see bio and testimonials. (707) 477-2593. DRE #01095182.

**HI NAILS & SPA**

Walk-ins and appointments welcome. 10% OFF for seniors. Mon.–Sat: 9:30 a.m.–7 p.m. 4930 Sonoma Hwy, Santa Rosa. (707) 919-3144.

**DANIELLY'S FITNESS**

We bring a mobile gym with personal trainers from Sonoma Valley directly to your home or outdoor. Now training is easy! Let us map your fitness plan to help you achieve your goals. Danielly was elected one of the top 3 personal trainers of Sonoma Valley Best Professionals 2018. Danielly Rocha-Lanter, (707) 343-5777.

**HOUSESITTING**

Are you going out of town? I will manage your local affairs: e.g., mail, forwarding, water plants, coordinate vendors, and assure peace of mind. Need some other help, I'm flexible and open, just ask! Insured by Lloyds of London, and former OVA staff. Marsha 707-494-3504

**ONE WAY PLUMBING, INC.**

Dependable, experts serving you and your neighbors with excellence and integrity for over 20 years. Licensed, bonded and insured. Senior discounts available. CA Lic. #854537. Find us on the web at [www.onewayplumb.net](http://www.onewayplumb.net) or call us at 537-1308 for all your plumbing needs.

**YOUR PERSONAL CAREGIVER AND ADVOCATE QUALIFIED TO CARE FOR ALL YOUR NEEDS**

Available 24/7 (w/backup, if needed). 20+ yrs. of honest, reliable, competent experience. Native Californian, bonded, fingerprinted and DMV clear. Specialize in Alzheimer's. A flat rate for 24-hr or overnight care. Starla, (925) 698-6312.

**Oakmont News Classified Rates**

- Classified ads of 150 spaces or less, (payment to accompany this form) \$25 per insert
- Pre-paid standing ads of 150 spaces or less, for a period of 3 months (6 issues) \$120
- Pre-paid standing ads of 150 spaces or less, for a period of 6 months (12 issues) \$216
- Pre-paid standing ads of 150 spaces or less, for a period of 1 year (24 issues) \$384

A space is a letter (including those in the heading), punctuation mark, and a space between the words in the ad. Additional \$4 for the next 40 or less spaces. Whenever applicable, CA state license or certification number must be included.

**DEADLINE: 10 days prior to publication.**

**Classified Order Form**

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY, ZIP \_\_\_\_\_

\$\_\_\_\_\_ Check, Money Order or Cash

HEADLINE \_\_\_\_\_

BODY TEXT \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

MAIL TO: CJM Productions, 2105 Longhorn Circle, Santa Rosa, CA 95401  
Tel (707) 206-1957 • [cjmprod567@gmail.com](mailto:cjmprod567@gmail.com)

**Oakmont News**

... is owned by the **Oakmont Village Association** which, through its board, sets editorial policy.

The **OVA** has contracted with **CJM Productions** to handle typesetting, layout, printing and free distribution of the *Oakmont News*, the latter by U.S. mail, to each home via 3rd class mail.

**CJM Productions** also handles advertising for the *Oakmont News*.

**CJM Productions** and the **Oakmont Village Association** assume no responsibility for the content of any ads that appear in the *Oakmont News* nor do we endorse or recommend any product or service advertised herein.

CA law requires all CA licensed contractors to list their license number in their service advertisements. CA law also requires contractors performing work totaling \$500+ (incl. materials & labor) must be licensed by the Contractor State License Board (CSLB) to work in California. For information contact the Contractor's State License Board at [www.cslb.ca.gov](http://www.cslb.ca.gov).

# Oakmont Village Association

## OAKMONT VILLAGE ASSOCIATION

Hours: M-F 9 AM-5 PM—Open during lunch  
Tel 539-1611  
6637 Oakmont Dr., Ste. A  
OVA E-mail: askova@oakmontvillage.com  
Website: www.oakmontvillage.com  
Go to the members only page to view the monthly calendar, Board Meeting Minutes, criminal activity information and more.

## MAINTENANCE OFFICE

Hours: Daily 6 AM-10 PM  
Tel 539-6720  
Maintenance Building (next to Central Auditorium)

## CONDOMINIUM FINANCIAL MANAGEMENT (CFM)

OVA Accounting  
Tel 800-585-4297

## OAKMONT NEWS

Tel 707-206-1957  
E-mail: cjimprod567@gmail.com

## ARCHITECTURAL OFFICE

Hours: M-Th 9 AM-Noon, 1-5 PM  
Tel 539-0701  
6637 Oakmont Dr., Ste. A  
E-mail: christel@oakmontvillage.com

## PAS MANAGEMENT COMPANY

Hours: M-F 9 AM-Noon, and 1-4 PM  
Tel 539-5810  
6572 Oakmont Dr., Ste. A  
(for Association Maintained Homes)

## AVAILABLE IN OVA OFFICE

GAS SHUT-OFF WRENCH.....\$9  
TENNIS COURT KEY.....\$2  
VIALS FOR LIFE.....FREE  
RESIDENT ACCESS CARD.....\$25 EA  
REPLACEMENTS.....\$25 EA  
GUEST ACCESS CARD.....\$25 EA  
EMERGENCY CONTACTS FOR RESIDENTS  
This form is confidential and used only in case of an emergency to notify your named contacts.

## BULLETIN BOARDS

There are three OVA bulletin boards, one at each recreation center, where OVA events can be posted. Please bring in notices to the Events Coordinator at the OVA Office. Size is limited to 8.5"x5.5". Items "For Sale", "For Rent" or "Want to Buy" can be put on a 3"x5" card and left at the OVA Office.

## LOCKER RENTALS

Annual Locker Fee \$30 (January 1-December 31). If you wish to rent a locker, come to the OVA office and give us a check, your information and the number of the locker you want to rent. You provide the lock. We can prorate the annual fee. Daily use lockers are free. NOTICE: Weekly locker inspections are done by OVA Maintenance. Locks could be sawed off with no prior notice and locker contents removed on all unpaid lockers. Items will be held in OVA Maintenance office for 30 days.  
If you have any questions, please contact the OVA Office M-F 539-1611

## GUEST PASSES

The following are OVA Guest Pass types and duration: 1) Guest from outside Sonoma County—up to 90 days; 2) House sitters—up to 90 days (OVA host must present written request to OVA Office for approval prior to visit); 3) Guests living in Sonoma County—2 days per card, and no more than 3 cards per month. Guest cards are available during regular hours in the OVA Office for a \$25 non-refundable fee. Guests accompanied by their Oakmont host are not required to have a Guest Pass.

## STORAGE UNITS AND PARKING

Call Oak Creek RV & Storage, P.O. Box 2246, Santa Rosa, CA 95405. 707-538-3230

## OAKMONT COMMUNITY GARDEN ON STONEBRIDGE

For more info on signing up contact OVA at 539-1611 or email Oakmontcommunitygarden@gmail.com. Spaces are available.

## FITNESS CENTER

Central Activity Center, 310 White Oak Dr.  
Daily 5 AM-9 PM. Closed at 7 PM on Tues. for cleaning. Closed Thanksgiving and Christmas day.

## NEED A RIDE? GIVE A RIDE! OAKMONT VOLUNTEER HELPERS

<p><b>COORDINATOR</b> <b>Rides to Medical Appointments</b> <b>Rides Within Oakmont</b> Call 9AM-5PM December 16-31 Marianne Neufeld 953-5302 January 1-15 Matt Zwerling 539-8996</p>	<p>If you would like to be a volunteer, please call 539-8996. Donations to Oakmont Volunteer Helpers are appreciated and tax deductible. Mail your check payable to Oakmont Volunteer Helpers, 6637 Oakmont Dr., Ste. A, Santa Rosa, CA 95409. Thank you.</p>
--	---

Mon.-Fri. medical rides before 9 AM or after 4 PM are subject to limited volunteer driver availability. No service on weekends or holidays. Please call at least three full working days prior to appointment. **We regret that we are unable to provide either wheelchair or emergency service.**

## POOLS & JACUZZIS

Access to OVA pools is by magnetic card. Call OVA Office, 539-1611 if you need a permanent new member pool access card or to register for a temporary guest pool access card.  
WEST: 7 AM-9 PM  
(Closes 7 PM Wednesdays for cleaning)  
EAST: 6:30 AM-9 PM  
(Closes 7 PM Mondays for cleaning)  
CENTRAL: 5:45 AM-9 PM  
(Closes 7 PM Tuesdays for cleaning)  
JACUZZI HOURS: Same as facility. No one under 18 years in West and East pools and Jacuzzis.  
CENTRAL POOL CHILDREN'S HOURS: 11 AM-2 PM (Exception: 12 Noon-4 PM Memorial Day Weekend thru Labor Day.) Children must be accompanied by an OVA member/resident or adult with a valid guest pool access card. NO LIFEGUARD ON DUTY AT ANY OVA POOL. ALL FACILITIES CLOSED CHRISTMAS DAY.

## PASSAGES

Please contact OVA resident Bev Schilpp by phone 538-4293 or by E-mail wallyschilpp1@peoplepc.com if you would like to have published in the *Oakmont News* the name and date of death of your loved one.

## BLOOD PRESSURE CLINIC

Wed 10:30 AM-12 PM, Berger Center, Room D.  
Contact: Del Baker 539-1657.

## LETTERS TO THE EDITOR WRITER GUIDELINES

The Oakmont News welcomes residents' letters to the editor about Oakmont life. Email letters of no more than 250 words to news@oakmontvillage.com. Writer's name, address and phone number must be included. Writers will be limited to one letter published every 90 days. Letters may be edited for length and clarity.

## STREET CLEANING

City streets in Oakmont are cleaned by the city early on the fourth Friday of each month. Residents who want their streets swept should avoid street parking overnight on those days.

## LIBRARY

Central Activity Center, 310 White Oak Dr.  
Hours: Daily 6 AM-9 PM. Closed Christmas Day. It is run by volunteers. All donations are gladly accepted. Materials we cannot use will be passed on to others.

## PUBLIC TRANSPORTATION AVAILABLE IN OAKMONT

- CityBus #16 bus takes residents to 5 different shopping centers weekday mornings and around Oakmont afternoons.
  - Sonoma County Transit #30 bus goes to Memorial and Kaiser Hospitals and downtown Santa Rosa. Returns via Oakmont to Sonoma.
- Schedules available at OVA office.

## 2019-2020 OVA BOARD OF DIRECTORS

E-mail: askova@oakmontvillage.com

**Steve Spanier, President**  
bod.steve.spanier@gmail.com

**Tom Kendrick, Vice President**  
bod.tom.kendrick@gmail.com

**Heidi Klyn, Secretary**  
bod.heidi.klyn@gmail.com

**Elke Strunka, Treasurer**  
(Non-voting officer)  
elke@oakmontvillage.com

**Carolyn Bettencourt, Director**  
bod.carolyn.bettencourt@gmail.com

**Noel Lyons, Director**  
bod.noel.lyons@gmail.com

**Jess Marzak, Director**  
jmarzak@oakmontvillage.com

**Marianne Neufeld, Director**  
bod.marianne.neufeld@gmail.com

**GENERAL MANAGER**  
**Kevin D. Hubred**  
kevin@oakmontvillage.com

## OVA BOARD MEETINGS

1<sup>st</sup> and 3<sup>rd</sup> Tuesdays of the month  
1 PM in the Berger Center  
All residents of Oakmont are welcome.

The Board of Directors of Oakmont Village Association reserves the right to select those articles submitted for publication that seem appropriate to the purpose of this association.

## E-MAIL LIST

Do you want to stay updated on what is going on in Oakmont?  
Join the OVA E-mail list. You will receive Board Meeting Agendas and Minutes, Oakmont Notices, Meeting Announcements and the weekly Manager's Newsletter. To join, go to the OVA office and fill out a sign-up form, or visit www.oakmontvillage.com/oakmont-residents/. To receive E-Blast by E-mail, click the "join our E-Blast email list" link. If you would like a hardcopy, please come to the OVA Activities office. They are located on the front counter.



## Art Association

■Philip Wilkinson

### ART SHOW RE-SCHEDULED

We have re-scheduled our art show to Friday, January 31 and Saturday, February 1, 2020 (in the last *Oakmont News* the show's dates were incorrect).

Those of you who have entered the cancelled show will automatically be entered with the same works into the rescheduled show. Art drop-off to the Berger will be on Thursday, January 30 at 10:30 a.m.

If you have a conflict and cannot be part of the show, contact Kathy Byrne at [kathyb8058@sbcglobal.net](mailto:kathyb8058@sbcglobal.net) or 538-8058, and your entry fees will be refunded. If you want to change your entry, fill out a new entry form available at the OVA office or download a form from our website [www.oakmontart.com](http://www.oakmontart.com).

Lastly, if you did not previously enter the show

but would like to do so now, complete the entry form available as listed above and send it with your check (\$5 per entry), to the address on the form before January 6, 2020.

### JANUARY GENERAL MEETING THE WORLD OF JANE AUSTEN: ART, FASHION, AND ELIGIBLE GENTLEMEN

**WHEN:** January 10, 2020 **WHERE:** Berger Center  
**TIME:** 10 a.m. refreshments, 10:30 a.m. presentation  
**SPEAKER:** Kathryn Zupsic from DeYoung Museum

This entertaining presentation explores the world of beloved English author, Jane Austen, by looking at the arts of her time. We'll discuss the established social roles of English ladies and gentlemen, and how



the industrial revolution was bringing "new money" into society. We'll look at trends in fashion, hairstyles, country estates, garden design, and proper tea service. Featuring paintings by Joshua Reynolds, Thomas Gainsborough and J. M. W. Turner, among others.

DESIGNER FRAMES CLEARANCE

# SALES EVENT

UP TO

# 75% OFF\*

EYE EXAM

# \$69<sup>†</sup>

BOOK APPOINTMENT ONLINE TODAY!





FASHION FOR EVERYONE

## Site for Sore Eyes®

SANTA ROSA | Montgomery Village | 2320 Midway Drive | 707.526.2020  
SiteforSoreEyes.com | Most insurance plans accepted | Financing available  
Use your Flex Dollars before they expire!

\*On frames from a select group with the purchase of prescription lenses. Discounts may vary. Not combinable with insurance or other offers. Some restrictions may apply. See store for details. Offer expires 01/15/20. †Contact lens exam additional. Eye exams available by an Independent Doctor of Optometry, conveniently located at Site for Sore Eyes.





Scott Carston Owner  
LIC# 29894

• CARPET • HARDWOOD • LAMINATE • AREA RUGS  
 • HUNTER DOUGLAS WINDOW COVERINGS • TILE  
 GOOD DEALS. GOOD DEEDS. GOOD BUSINESS.




3023 SANTA ROSA AVENUE  
 SANTA ROSA CA 95407  
 707-524-1450  
[www.worldofcarpetsantarosa.com](http://www.worldofcarpetsantarosa.com)

LOCALLY OWNED BY THE CARSTON FAMILY SINCE 1968



# OAKMONT

## DENTAL



IMPLANT, COSMETIC & GENERAL DENTISTRY

Wishing Everyone a Warm Winter Holiday!



Digital Dentures 3D Printed Here

## Tony Sanchez, DDS


Debra A. Riker, RDH, BS, MS

# 707-539-0336

6594 Stone Bridge Road

Located between McBride and the Fire Station

info@oakmontdentist.com



WeCare Home Assistants provides in-home care aides for you when you need help. We provide a span of services that you will benefit from while being in your own home. Our diverse services make it possible for you to remain at home or in your preferred living environments.

Could you benefit from our services? Do you know a family member, friend, church member or neighbor that could benefit from our services?

What does home care consist of?

- Personal Care • Respite Care • Errands
- Medication Reminders • Safety Monitoring
- Companionship • Meal Preparation • Light Housekeeping • Appointment Transportation

Being compassionate is not just what we do. It's what we simply are. Compassion is the heart of our service, the very reason why we give a hand the way we do and it's all for you.

Call Lisa at 707-843-3838

---

WeCare Home Assistants

6528 Oakmont Drive, Santa Rosa, CA 95409

A Licensed California Home Care Provider  
#494700017





## WINDSOR HEALDSBURG CREMATORY & MORTUARY

9660 Old Redwood Hwy.  
Windsor CA  
info@whcmortuary.com

**838-6000**

Mortuary Lic. FD1925  
Crematory Lic. CR-383

- Family owned & operated • Serving all Faiths
- Cremation & burial services offered where you define tradition
- Our on-site crematory eliminates the need to have your loved one transported from one facility to another
- Pre-planning & pre-funding are also available for those who wish to reduce the burden on your family at the time of need
- Most complete & economical cremation package in Sonoma County
- Se Habla Español • Cremation options start at \$1095.00



# LiftMaster

## Get in your garage, EVERY TIME

**Opens and closes your door...even when the power is out**

- The Battery Backup System ensures your garage door opener continues to work
- Powerful DC motor belt drive system is durable, ultra-quiet and maintenance-free
- MyQ® technology enables you to close your garage door or turn the lights on or off using a smart phone or computer from anywhere
- Lifetime motor and belt warranty



# 707-575-9103

# Garage Door Depot

<http://thegaragedoordepot.com/>

Northern California's premier source for all of your garage door needs. Serving homeowners and contractors since 1983.