# OAKMONT NEWS

Oakmont's Semimonthly Newspaper

www.oakmontvillage.com/news

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## **Oakmont 2030 Update**

■Marlena Cannon and Tom Kendrick, 2030 Co-Chairs

Oakmont 2030's Steering Committee, Long Range Planning Committee and volunteers have sorted Join The Conversation



more than 200 ideas and proposals into 30 projects that have gained priority as both long-term and shortterm initiatives. A crowd of more than 100 residents heard summaries of those proposals at a 2030 meeting in the Berger March 15.



Oakmont 2030 Update, crowd fills Berger Center. (Photo by Julie Kiil)

"I want everyone to see that we heard you," said Marlena Tremont. "These ideas reflect what you told us was important and what's exciting is that many of the ideas are already underway. Some of them are big ideas that will need a lot of volunteers and will take considerable time. Some are ideas that will be the subject of community conversations or surveys in the coming months. But they are your ideas and if you'd like to help on one or several, please send us an email at 2030@oakmontvillage.com and let us know how you would like to help."

Co-chair Tom Kendrick said, "Many, many great ideas came out of last year's hard work. To make progress, we will be focusing our current efforts on a prioritized subset of the most promising ideas based on the evaluations gathered from OVA volunteers."

An Activities Status Report describing the 30 selected proposals is online at oakmontvillage. com/2030. You can also find more details on these short-term and long-term ideas there, as well as the full 2030 ideas lists that include all the additional ideas for future consideration.

The Town Hall audience heard from OVA General Manager Christel Antone and several of the volunteer leaders who are spearheading work to enhance Oakmont's safety, infrastructure, communications, diversity, environment, and many other aspects of life in our community. You can find a recording of the meeting at https://oakmontvillage.com/article/3-15-23-town-hall-2030-update.

## **Merged Emergency Programs Benefit Oakmont**

■Jackie Ryan

The recent OVA Board decision to merge Map Your Neighborhood (MYN) and Citizens Organized to Prepare For Emergencies (COPE) is the first step in developing a comprehensive emergency preparedness strategy for all of Oakmont that relies on the tried and true model of neighbors helping neighbors to save lives.

"Having a single emergency preparedness organization, whether for the dissemination of information, training or community-wide drills, will reduce redundancy and confusion and lead to a more efficient response to an emergency," said Katy Carrel, who is coordinating the development of the new program with Matt Zwerling.

Zwerling said a consolidated program will be able to streamline emergency actions through a single source of training and education that encourages all residents to follow the same procedures during an emergency.

Many, but not all, Oakmont neighborhoods have long been organized under one of the two programs that use neighborhood or zone leaders to enhance disaster preparedness, response and recovery at the neighborhood level. The impetus to merge the two programs grew out of last summer's 2030 community conversations when a Life Safety workgroup identified the need to reduce duplication and simplify guidelines in the event of an emergency. The new organization comes under the umbrella of the Oakmont Emergency Preparedness Committee and will operate as a subcommittee.



Pat Barclay, Kay Oppenheimer, Tom Pugliese and a potential zone volunteer try out tan emergency radio. (Photo by Julie Kiil)

"We will have a stronger relationship with OEPC to coordinate neighborhood zones with Zone Communicators (ZCs) and Ham radio operators. During a disaster such as major earthquake, communications from the city to Oakmont's Ham radio operators and ZCs could be the only source for communications with the world outside of Oakmont," Zwerling said. "Merging COPE and MYN will

See **EMERGENCY PROGRAMS** on page 3

## **A Spring Welcome**



A flowering tree and bright yellow daffodils greeted people in front of the East Recreation Center in early March, when both kinds of spring blooms could be seen in yards around Oakmont. (Photo by Maureen McGettigan)

## **OVA Election Nearing Close**

■News Staff Report

Voting for four seats on the Oakmont Board of Directors continues for another week, with results to be announced at the OVA annual meeting on April 3.

To be sure they are counted, mail-in votes should be sent by March 29. Ballots may also be turned in at the Annual Meeting at the Berger Center prior to the start of ballot counting at 10 a.m. on April 3. Ballot envelopes must be signed to be counted.

Six candidates, including two incumbents, are competing to fill four two-year terms on the Oakmont Board of Directors. Three seats would normally be up this year, but an additional opening was created after former OVA President Jess Marzak announced he would be stepping down a year early.

Current board president Mark Randol and appointed incumbent Olga Ydrogo are joined on this year's ballot by Matt Oliver, David Dearden, Steve Spillman and Ken Smith.

A Candidates' Night question-and-answer session was held Feb. 22 at the Berger Center. It can be viewed on the OVA website:

https://oakmontvillage.com/article/candidatesnight-2020/

An organizational meeting of the new board is scheduled for 2 p.m. on April 3 to announce election results and to appoint board officers.

### **OVA Election At-a-Glance**

**April 3, Berger Center:** 

- 10 a.m. Annual meeting of OVA members. Introduction of board candidates, president's annual report and announcement of annual volunteer and service awards.
- Last opportunity to turn in signed ballots in
- Opening of ballots begins. Members may observe from a distance.
- 2 p.m. Election results announced.
- Board organizational meeting; members elect

## FABULOUS SPRING LISTINGS



336 Pythian Road

Beautifully remodeled & expanded Monterey plan home on an owner maintained lot with golf course views. 3 bed/2 ba, 2,029 sq ft. \$975,000



6716 Fairfield Drive

Close to Oakmont's main facilities this 3 bed/2 ba owner maintained
Juniper plan home has great golf course views. \$799,000



6344 Stone Bridge Road

Immaculate updated Juniper plan home overlooking greenbelt with peaceful creekside setting. 3 bed/2 ba, 1,870 sq ft \$849,500



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#### **COMING SOON**

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The Oakmont News / March 25, 2023

## Read *Oakmont News* on Your Computer

■Crissi Langwell, OVA Communications Director

Are you interested in reading *Oakmont News* online in a digital, reader-friendly format? The print edition of our community newspaper is now also available online at the OVA website, oakmontvillage.com. Oakmont residents who subscribe to OVA e-blasts should receive an email with a link to the digital newspaper every second and fourth Saturday, the same day the print edition publishes.

The OVA has provided a digital issue of *Oakmont News* since 2014. Previously, it was displayed using ISSUU, a digital display that allows users to flip pages as they read. Recent complaints about this program inspired OVA to switch to a PDF format, with a link for users to download and read or print an article for more convenient reading.

With two ways to read *Oakmont News*, residents may choose the format that works best for them, ensuring they are up to date on community news and happenings.

#### **EMERGENCY PROGRAMS** Continued from page 1

provide needed centralization of zone configuration with input from zone leaders, particularly those who have been working with COPE. We are asking them to provide street addresses, not any personal information, in their zones."

In existing COPE zones, leaders will no longer need to update resident changes. The emphasis is on zone configuration. We will use that information to create comprehensive maps that are aligned with correct contact information, particularly for residents who may not be in an organized area. In those areas, the coordinators said residents can get assistance, including forms and guidelines, for setting up a program.

Carrel said the community is being asked to help name the new organization. Suggestions are welcome at MYNOakmont@gmail.com.

Materials and training documents are also available on the Oakmont association website at www.oakmontvillage.com/myn.

## Third Annual Oakmont Fire Safe Fair

■News Staff Report

#### MARK YOUR CALENDAR FRIDAY, MAY 12, 3:30–6:30 PM AT BERGER CENTER

Save the date for an afternoon of fun and learning about actions you can take as a homeowner to reduce wildfire risk. Several vendors will be on site to demonstrate and talk about products and services that are wildfire related, including products new to the marketplace.

The Firewise Resource Committee, OEPC, and representatives of the new emergency preparedness program will all be sharing information. Popular Sonoma County food trucks will be available to purchase dinners.

# Welcome Committee Presents New Resident Packet

■Katy Carrel

The "New Resident Welcome Packet" is now available to any Oakmont Resident to download at oakmontvillage.com/WelcomePacket. Created by the Welcome Committee, this packet contains much of the information one needs when moving to Oakmont, some of the information that was previously in the "Oakmont Directory," and some key policies, guidelines, and emergency preparedness actions.

The Welcome Committee is a newly formed committee whose purpose is to meet and greet new residents, welcome them to Oakmont, and give them practical information with the hopes that their transition into Oakmont will be smooth.

All new residents meet with the OVA staff to take care of the confidential, business, and financial stuff, and afterwards they will have the option to meet with a Welcome Team volunteer, take a tour of Oakmont, review the information in the new "New Resident Welcome Packet," and ask questions.

Contact me at OakmontWelcomeCommittee@ gmail.com if you are interested in being a volunteer on the Welcome Team.

## DMV Takes Safety Seriously for Senior Age Drivers

■Jackie Reinhardt

Oakmonters learned at a Town Hall about a Senior Ombudsman Unit of the California Department of Motor Vehicles that was created just to help older drivers navigate agency red tape and drive safely.

Jerrod Sieberg, a 25-year veteran of the DMV and the driver safety manager assigned to Northern California, said the unit was created in 2003 after a senior driver killed 10 and injured 25 people at a Santa Monica Farmers Market when he confused the gas pedal for his brake.

Sieberg and his Bay Area counterpart, Rafael Maldonado, also conduct investigations that may result in restrictions on a senior's driver license or having the license suspended or revoked due to mental or physical conditions such as diabetes, dementia, or stroke.

The DMV learns a driver may be a safety risk from a local health department that is required to report if he or she has had a seizure, a letter from a doctor, law enforcement observations during a stop or a referral by any citizen. The unit follows up with the person being investigated to determine if their condition is under control, focusing on recently- prescribed medications that may cause side effects. If their doctor advises against driving, the license is suspended immediately. Individuals may also be asked to retake driving and written tests.

"Sixty five percent of drivers over 65 years of age don't pass the driving test the first time," Sieberg told the March 7 Berger Center audience. He said the reason is they drive too cautiously. As an example, he cited driving 15 miles per hour in a residential area where the speed limit is 25. Changing lanes causes issues since many people have grown dependent on back up cameras which cannot be used during the driving test.

The current fee for renewing your license is \$41 for five years. If you have a vision problem such as glaucoma or macular degeneration, you may only receive a two-year renewal, according to Sieberg. Drivers with dementia are licensed one year at a time. If a seizure is reported to the DMV, the license is taken away for three months due to the likelihood of having a second seizure.

If you're over 70 years old, you can no longer renew your license online or by mail, Sieberg informed attendees. You can take the test at one of the touch screen terminals at a local DMV or ask for the test to be printed out. It can also be taken online as long as your computer has an operational web camera to monitor your responses. He recommended taking the educational component online, which goes through the handbook and takes up to 2 ½ hours.

Sieberg reminded residents that Disabled Person Placards must be self-certified on paper every six years. If the placard is used by someone other than the registered holder, the fine is \$400 and loss of the placard.

Oakmont residents were urged take advantage of the ombudsman services for clarification of any processes, assistance in finding forms, to review issues related to an investigation or help finding alternate forms of transportation. The contact numbers are (916) 657-6464 for Northern California and (510) 563-8998 for the Bay Area.





## Warming Trends Oakmont Special

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## Oakmont Sunday **Symposium**



10:30 a.m. Now live in Berger (not zooming) \$3 donation requested, for Oakmont residents and their guests Go to www.oakmontsundaysymposium.org for more info and updates

■Harriet Palk

Coffee and tea, pastries and fruit will be available for sale in Berger from 9:45-10:15 a.m. before the presentation begins.

#### **MARCH 26: KIM BANCROFT** PRESERVING YOUR FAMILY'S LEGACY

Kim Bancroft discovered the informative writings of two 19th-century women in her family, the wives of H.H. Bancroft, the founder of The Bancroft Library at UC Berkeley. From their stories, Kim penned Writing Themselves into History: Emily and Matilda Bancroft in Journals and Letters that reveals the texture of long-ago women's private lives. Kim shares both the social history these women illuminate and her own journey using these archives, setting us on the path for capturing family legacies and memories.

#### APRIL 2: KATE FEIBUSCH, MD DOING THE IMPOSSIBLE HEALTHCARE IN RURAL GUATEMALA

Health care in developing countries can often be substandard, hard to come by and often corrupt. In this moving and stimulating account, Dr. Feibusch will explain how she worked with the local Guatemalan farmers and overcame

#### **APRIL 9: NO PRESENTATION HAPPY EASTER!**

#### **APRIL 16: ALZHEIMER'S ASSOCIATION** THE TEN WARNING SIGNS OF ALZHEIMER'S

Sponsored by the Oakmont Fitness Club. Club members are invited to attend gratis.

Learn the 10 warning signs of Alzheimer's and what to watch for in yourself and others. You'll learn how to tell the difference between normal agerelated cognitive changes and what could be early signs of dementia. You'll get tips on how to approach someone about memory concerns. Is early detection and diagnosis beneficial? Strategies will be covered for managing Alzheimer's as well as ways to support loved ones who are dealing with the disease.

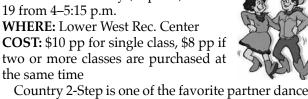
## Let's Dance—Together!

■Terry Whitten

#### LEARN BASIC COUNTRY 2-STEP IN APRIL

WHEN: Wednesdays, April 5, 12 and

WHERE: Lower West Rec. Center **COST:** \$10 pp for single class, \$8 pp if two or more classes are purchased at



Country 2-Step is one of the favorite partner dances in Sonoma County especially on Sunday nights at Santa Rosa's Monroe Hall. It is an upbeat and fun partner dance that can be danced to lots of great Country Western music as well as to some Swing music. The basic steps will be taught over the course of the three classes and each class will build on the material taught in the previous session.

At this time, full Covid vaccination plus at least one booster will be required. Face masks will be optional but highly recommended.

Partner dancing has been shown to be good for our muscles, balance, brains and spirit! Please join us for a fun way to get exercise and meet great people.

To register or for any questions, please contact me at twhitten@pacbell.net or (415) 265-7590. Please bring your vaccination card or photo of it to the first class you take.

## **Lawn Bowling**

■Mary Blake

#### **COMING EVENTS**

The next tournament is April Fools' Day Tournament on Saturday, April 1.

Sign up by March 29 online or on the sign-up sheet on the shed. For the tournament, bring \$3, show up at 12:15 p.m. to bowl at 12:30, and feel free to supplement the usual whites with something foolish.

As I write this, we have our fingers crossed that the St. Patrick's Day Tournament won't get rained out. Kudos to Steve Pickell and Pam Dempsey for their hard work in a very unpredictable time.

#### **SONOMA WINE COUNTRY GAMES:** JUNE 2 AND 3

At this point, we have five full teams signed up to bowl for Oakmont and lots of interest from outside clubs. We'd like to have six Oakmont teams and six outside teams. Jim Krause is working to get the Green in the best shape possible before our guests show up.

Contact Steve Pickell or Pam Dempsey if you'd like to participate in the games or can volunteer to help.

#### NEW AND IMPROVED GREEN BOOK

The good news is that we have too many members to easily fit into the old layout of the Green Book. So, we had to expand it. With the extra pages came room

Hikers

■Gary Andersen

#### **UPCOMING HIKES**

We welcome you to join us on a hike whether you are a member yet or not and the annual membership is only \$15. Go to our website at www. oakmonthikingclub.org to join the club, get more hike details, club information, photos and lots more.

Please keep checking our website for updates.

#### MARCH 30 INTERMEDIATE HIKE SAN PABLO BAY NATIONAL WILDLIFE

Over four miles sea level walking on the out and back Eliot Trail at the edge of a 10,000-acre tidal wetland restoration project, with scenic views of Mt. Tam and East Bay/San Francisco skylines. No shade on the trail. Depart Berger 9 a.m.; 45-minute drive to trailhead (carpooling encouraged), park in free lot at 7699 Reclamation Rd, Sears Point/Petaluma (near Highway 37/Lakeville Highway intersection).

Bring lunch for optional picnic. Return to Berger 1:30 p.m. Binocs useful—loaners available. Rain cancels. Check OHC website for updates. Please RSVP. Hike leader id Carolyn Greene, cgnpark@icloud.com, (805) 443-7289.

#### MARCH 30 LONG HIKE **OAT HILL MINE**

Our 9-mile, 1950 ft. elevation hike follows the Oat Hill Mine Road from the Calistoga trail head. The trail head is only 17 miles from the Berger Center and is just left of the intersection of Hwy. 29 and the Silverado Trail on the edge of Calistoga. We will hike to the halfway point of the road at the Holms homestead and return on same route. The hike is quite exposed to the sun.



Short Hikers at Shollenberger Park.





Last year's Wine Country Game Winners: Denise Lenahan, Jim Krause and Jeana Garcia. (Photo by Mary Blake)

for more information and a better layout. Books are available in the Bowls Room.

#### TIP OF THE DAY: **#1 POSSESSION OF THE RINK**

It's an international rule that as soon as the other team's bowl stops, you have "possession" so you can signal (score, position of jack, position of other bowls, length of last bowl). When your bowl stops, the other team has "possession" and your team should be quiet and quit signaling. In Daily Draw we do allow for a quick signal just as a bowl comes to rest, but otherwise observe the rule.

Email: oakmontlawnbowling@gmail.com. Website: www.oakmontlawnbowling.com.



Bring water, hat, lunch and consider poles for the descent. Leave the Berger at 8:30 a.m. Hike leader is Frank Galli, (763) 360-9756.

#### **APRIL 6 SHORT HIKE BOUVERIE PRESERVE AND "LAST** HOUSE" TOUR, GLEN ELLEN

Three miles leisurely walking through the 500+ acres of the private Bouverie nature preserve, owned by Audubon Canyon Ranch, in Glen Ellen; 200' gain and loss. Trails will take us along Stuart Creek, through oak woodlands, redwoods and grasslands to a view of Mt. Tamalpais. After the hike, we'll have a tour of writer MFK Fisher's "Last House," on the Bouverie property (donations encouraged).

Depart Berger 9 a.m. for short drive to trailhead. Bring water, poles, lunch for optional picnic; return to Berger by 12:15 p.m. Limited to first 16 hikers who RSVP. Heavy rain cancels. Check OHC website for updates. Hike leader is Carolyn Greene, cgnpark@ icloud.com, (805) 443-7289.

#### **APRIL 6 LONG NIGHT HIKE BALD MOUNTAIN FULL MOON**

Join the Oakmont Long Hikers as we enjoy the Pink Full Moon on Thurs., April 6. This is a special evening hike which is normally done only once a year. Sunset is at 7:39 p.m. and Moonrise is at 9:30 p.m. This hike is 6.5 miles long with an elevation gain of 1650 ft.

Please bring a headlamp or flashlight. Hiking poles are suggested. Our route up will be via Gray Pine Fire Rd. and back down by Bald Mtn Rd. Depart from the Berger lot at 7 p.m. Hike leader is Dave Chalk, (707) 972-8988.



Long Hikers at Skyline Napa.

### **Oakmont Art Association**

■Philip Wilkinson

#### **ANNUAL ART SHOW**

Come to the Art Association Annual Art Show from 11 a.m.–5 p.m., on Friday, March 31 and Saturday, April 1 in the Berger Center. There will be art for sale by members of the art association and vendor tables with art and craft items.

Our raffle is a popular event and winners will be drawn at 3 p.m on April 1.

## **Playreaders**

■D. Hall



Come on, guys. We know you're out there. Become a member of Playreaders and give yourselves a lift to start every week. We especially need male readers but welcome all comers—readers and audiences—to our Monday happenings.

We're getting ready to present *Fit to Kill* by Victor Cahn, on March 27 and April 3. This play is a thriller about strategy, betrayal, and deception as a self-indulgent chess master is schemed by a zealous reporter. Star Power presents. Players are Ron Levy, Sandy White, and Ginny Smith.

A return to comedy on April 10 and 17, Ron White presents *Miracle on So. Division Street* by Tom Dudzick. That will be followed by Sandy White presenting *The Love Cou*rse by A.R. Gurney, on April 24.

Join us at Playreaders each Monday at 2 p.m. in Room B of the Central Activities Center.



Butterflies are Free by Leonard Gershe, an unconventional and complicated tale of young love. Readers were Star Power, Dennis Hall, Jane Borr and Marcel Coder.



■Ray Haverson

#### CINCO DE MAYO DINNER AND PARTY

WHEN: Friday, May 5 WHERE: Berger Center TIME: Doors open at 4:30 p.m.; dinner from 5–6:30 p.m. COST: \$50 per person

**FOOD:** Chips, salsa, enchiladas, tamales, rice, beans and a make your own taco stand (soft and hard shell) **MUSIC:** The great J Silver Heels Band ('50s-'70s music)

You do not want to miss this great party as this is the only one all year with great door prizes. You will not want to miss our famous Conga Line.

You need to get your reservation with payment early for the best seats.

Please make checks payable to Sha-Boom and put them in our folder at the OVA office or you can mail them to 7111 Oak Leaf Drive, Santa Rosa, CA 95409.

Please remember to include all names in one envelope with payment for all to guarantee your seats together.

You may call me at (707) 539-6666 or e-mail haversonr@comcast.net.

See you all on Friday, May 5.

### Sleep Apnea

■Robert Flandermeyer

#### LEARN TIPS ON USING YOUR CPAP DEVICE

On Tuesday, April 4, from 1–3 p.m., the Sleep Apnea club will be meeting at the Berger in Room G. We will be meeting to ask questions and provide possible suggestions for users of "CPAP" breathing devices.

Please bring your CPAP mask and machine. We all learn and have an opportunity to help each other in a confidential setting.

## Wii Bowling Oakmont Lanes



■Terry Leuthner

Oakmont Lanes Bowling Club is a Bowling League consisting of four-person teams that utilize Nintendo Wii to simulate the experience of bowling without the weight of a bowling ball. Any resident who has the ability of holding a small remote control in their hand while swinging their arm as if they were rolling a bowling ball will be able to join.

Anyone interested in joining our club, either as a team bowler or substitute, please call me at (707) 291-3023 or stop by the East Recreation Center on Tuesdays from 1:30–4:30 p.m. to see us in action. We charge \$25 for a 10-week tournament that includes the play-offs. We bowl every Tuesday of the month except for the fourth Tuesday. Both 1:30 p.m. and 3:15 p.m. Leagues have 6 teams, 4 bowlers per team. Each bowler bowls three games and has his/her own handicap (80%) and average. Bowler and team results are recorded each week.

See www.oakmontlanes.com for club information, bowling dates, week results, schedules to bring cookies and to set up/tear down equipment.

Starting our Summer League on April 18, the 1:30 and 3:15 Leagues will merge into one league bowling at 1:30 p.m.

Team Championship Tournament: We have three 10-week Team Championship Tournaments a year where the top three teams from the 1:30 League bowl the top three teams from the 3:15 League to determine the Winter, Summer or Fall League Team Champion. Winning team name is engraved on the Team Champion Trophy.

**Bowling Challenges:** We have various bowler challenges during the year where a bowler can win a \$5 gift certificate to Safeway if he/she bowls a strike in determined frames.

We enjoyed bowling with you in March. Remember, no bowling Mar. 28 (fourth Tuesday).

#### RESULTS AS OF FEB. 21 (WEEK #6 WINTER LEAGUE)

1:30 p.m. League: first place, Alley Oops; second place, 4 Tops; third place, Pocket Hits; fourth place, Wii Four; fifth place, Phantom Strikers; sixth place, Strikers. Men's High Games: Don Shelhart, 267; Terry

Men's High Games: Don Shelhart, 267; Terry Leuthner, 233; Charley Ensley, 231; Frank Schepergerdes, 208; Richard Adamczyk, 203.

Women's High Games: Joanne Abrams, 300; Peggy Ensley, 290; Sandy Osheroff, 255; Diane Price, 235; Robin Schudel, 234; Laurel Earles, 214; Shirley Jamison, 206; Jeanne Harden, 202; Karen Palmiotti, 200.

3:15 p.m. League: first place, High Rollers; second place, Strikes & Spares; third place, King Pins; fourth place, Phantoms.

Men's High Games: Scott Harris, 249; Frank Schepergerdes, 229.

Women's High Games: Valerie Hulsey, 257; Vickie Jackanich, 246; Nicole Reed, 201.

Most of us have all bowled on a bowling league some time in our lives and here's your chance to do it again without the weight of a heavy bowling ball. Come by to see us in action and join in on the fun and camaraderie we all share together.

## Oakmont Singles MR



■Deb Ponts

Are you single? New to Oakmont? Join our club to mix and mingle with other singles. Our club offers the opportunity to network with other singles that may have your same interests. Develop new friendships, enjoy meals out with Bon Appetit or reserve a seat at a singles table for Oakmont events.

#### **APRIL BON APPETIT**

WHEN: Thursday, April 6, 6 p.m.

**WHERE:** Kina's Kitchen, 19101 Highway 12—Maxwell Village, Sonoma (El Verano)

This is a fun restaurant with an eclectic menu and a full bar. Choose from burgers, salads, ribs, fish and some Mexican dishes—great margaritas!

We'll be sitting inside, seating limited to 24 guests, bring cash for your meal. Reservation cut-off April 3, RSVP to Marilyn at marilyn\_mckeever@hotmsil.com.

#### APRIL MIXER WESTERN-THEMED, BBQ, SQUARE DANCING

**WHEN:** Friday, April 21, 6 p.m. **WHERE:** Berger Center

Our very own Square Dancers, the Oakmont Squares, will be performing for us. They will then invite guests to participate in steps and calls. Think western wear... Cowboy boots, bolo ties, hats, jeans and fringe!

Bring an appetizer or a dessert to share that you'd enjoy at a hoedown. Be ready to kick up your heels, do-si-do, and have fun. Be there and be "Square."

Wear your name badge, bring BYOB, key card and proof of Covid vaccination (if a first-timer). RSVP to Priscilla, proslyn49@aol.com by April 17.

#### **MEMBERSHIP**

To join or renew your membership, complete a membership form located in the Singles folder at the OVA office. Place the form along with your check for \$12 payable to OSC in the membership folder.

#### NAME BADGES

We encourage you to wear a name badge. You're welcome to wear a name badge from other clubs, it could be a conversation starter. To order a name badge complete the name badge form located in the Singles folder along with your check for \$10 payable to OSC.

## Insuring Oakmont Since 1963

After nearly 50 years of serving the Oakmont community, George Petersen Insurance Agency continues to provide customized services that focus on security and value.

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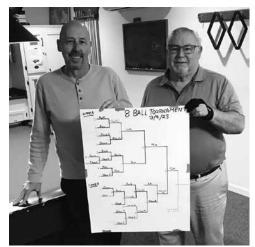
707.525.4150 | www.gpins.com 175 W. College Ave. | Santa Rosa, CA 95401 License # 0603247

## **Billiard Club**

■Steve Dieterle

#### 8 BALL "SPRING FORWARD" POOL TOURNAMENT

March Madness is upon us.... No, I am not talking about the NCAA men's and women's basketball tournament! The Oakmont Billiards Club held it's "spring forward" 8 Ball Double Elimination tournament on Thursday, March 9. When most of the folks in the bay area were preparing to hunker down as the next big "atmospheric river" driven storm was ramping up, the Oakmont pool club participants were making their way to the East Rec. pool room to compete in their first 2023 pool tournament!



Winner Tom Kelber (left) and runner-up Steve Martin.

The basic pretournament ritual starts about 60 minutes before the tournament begins, when most of the competitors are already at the pool room playing warm up matches with each other. Of course, the room is filled with loud talk and nervous laughter while exchanging compliments like "nice shot" or "good attempt" and maybe a little trash talking. As the start time approaches the conversations turn to clarification of the BCA tournament rules. If you were to ask each participant to explain their understanding of the rules, you would probably get several variations that were fostered back when we all played at various hometown pool halls in our younger lives.

As the competition gets started the only thing you can hear is the knocking of the pool balls and balls dropping into pockets. The pool room has the capacity of supporting three matches at a time. Today's tournament will require that a minimum of 18 matches be played to decide a winner. This tournament turned out to be one of the most evenly matched group of competitors we have had in a while. Lots of close and fun games to watch.

Halfway through the tournament it became obvious that Tom Kelber had the hot shooting stick which carried him through to the finals with no losses. As with all double elimination play, someone will lose a match along the way, but will still have the opportunity of making it to the finals. Today that was Steve Martin. He lost a match early on, but proceeded to run through and win the rest of his matches to get into the finals!

The final match turned out to be just as competitive as the previous matches but Tom's hot shooting continued and was just too much for Steve to overcome. Congratulations goes to Tom Kelber for winning the Billiards Club 8 ball "spring forward" tournament!!

Thank you to all the tournament participants for making this a fun and enjoyable event.

On a personal note, the Billiard Club would like to do a shoutout to club member Michael James to please get well and heal up quickly. Your missed. Our thoughts are with you.

## Canine Club 🕵

■Randi Hulce

Walk Your Dog! Woofers Yappy Hour, 10 a.m.: Monday, April 3—meet East Rec. Parking Lot. Walk is 1–2 miles (round trip). These are casual, self-paced walks; a chance to "smell the roses", or in the dogs' case, smell every bush and weed. Bring water for yourself and pup. Wear comfortable walking shoes. Yappy Hour dog walks are open to all Oakmont Residents, all dog sizes and breeds. Rain cancels!

Members-Only Spring Picnic: The Annual Canine Club Picnic is Saturday, April 8, noon–2 p.m., West Rec. Picnic Area. Picnic is free and open to any member(s) who has paid 2023 Membership Dues. Hamburgers, Hot Dogs or Garden Patties, with all the condiments, provided by Oakmont Market. Potluck style for appetizers, salads, and desserts. If your last name starts with: A–H—bring appetizer; I–O—bring dessert; P–Z—bring salad.

Must RSVP to periolinger@yahoo.com by March 31. Provide name(s) and your entrée choice, and Peri will send you email confirmation.

Never Too Late to Join! Club dues are \$12 individual and \$20 per household. Please make checks payable to Oakmont Canine Club. Mail to club Treasurer: Dick Ayres, 6429 Meadow Creek Lane, Santa Rosa, CA 95409. Or drop off your check in Dick's secure garage mailbox. You may also leave checks in Canine Club folder in OVA office.

NOTE: New Members joining 2023—please include completed membership application with your check. Contact information on that form is needed so you receive future club communications. Obtain form from Canine Club folder in OVA office or download from club website oakmontcanineclub.org.

#### **DOG EVENTS** AROUND THE COMMUNITY

Dogwood Rummage Sale: Sebastopol Grange, 6000 Sebastopol Ave./Hwy. 12, Sebastopol. Sunday, March 26, 10 a.m.-2 p.m., rain or shine. All funds raised benefit dogwood's mission of supporting animals and people who love them, through rescue, rehoming, spay/neuter, and education.

Paws for Reading: A program offered by Paws for Healing at local schools. Students get one-on-one time reading to a dog. If you would like to share your dog's love with kids in this way, join the next Paws training series. It runs three consecutive Saturday mornings starting April 15. For more information, call Donna Forst, (707) 775-9241.



Cricket Forst doing Paws for Reading at Dunbar Elementary School. (Photo by Donna Forst)

#### WHAT'S HAPPENING AT THE DOG PARK?

Happy Tails Dog Park, (located behind Community Garden, 6300 block—Stone Bridge Rd.) Available to all Oakmont residents, daily, Sunrise to Sunset.

**Volunteers Still Needed:** Please periolinger@yahoo.com or call (707) 479-6961 if interested. Commitment—one hour per week. Duties include removing any trash, returning balls to baskets, refilling waste bag dispenser, picking up "doggie deposits" missed by owners, reporting any behavioral issues by humans or doggies, and any maintenance needs. If you already play with your dog 1 hour per week, why not do it at the dog park and volunteer at the same time?



### **Medicare Answers**

■Crissi Langwell, OVA Communications Director

Navigating the ins and outs of Medicare can be a complex process, especially when you need answers in a timely manner. On Tuesday, April 4 at 1 p.m., attend a Town Hall on Medicare at the Berger Center, led by Medicare Specialist Jamie Cabrera of NorCal Medicare.

The program will cover the differences between plans, such as Medigap, Medicare Advantage and drug coverage, when to enroll in Medicare as you approach 65, and so much more.

## Oakmont Progressives

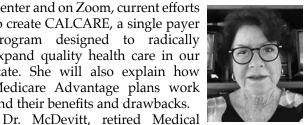


■Edward Biglin

#### HEALTHCARE IN CALIFORNIA—SINGLE PAYER AND MEDICARE ADVANTAGE

The pandemic has made clear the many weaknesses of the American healthcare system. But at 7 p.m. on Monday, April 10, Dr. Mary McDevitt will present, at the Oakmont Progressive's meeting in the East Rec

Center and on Zoom, current efforts to create CALCARE, a single payer program designed to radically expand quality health care in our state. She will also explain how Medicare Advantage plans work and their benefits and drawbacks.



Dr. McDevitt.

Director in San Jose and Marin, will present how CALCARE works and how it will address some of the major gaps in our current system.

The Kaiser Family Foundation reports that at the present time two thirds of bankruptcies are related to medical bills. They report that over the last 10 years, employer insurance deductibles have risen 111% while wages have increased 27%. Covid-19 has shown the need to separate health insurance from employment. Among other things, the proposed CALCARE program would include expanded services, including dental, vision, hearing, long-term care and in-home health support.

Should Americans continue to pay more for their health care than other similar countries? The Peter G. Peterson Foundation reports that the Organization for Economic Co-operation and Development's (OECD) 2020 Health Statistics—a comprehensive source of comparable statistics on healthcare systems across OECD member countries—provide insights on how America's healthcare system compares to others. The United States devotes more of its national income to healthcare relative to other OECD countries. On average, healthcare spending across those countries has remained in line with overall economic growth in the past decade. Between 2010 and 2019, health spending across the OECD averaged about 8.7% of gross domestic product (GDP) annually. Healthcare spending in the United States, however, rose from 16.3% to 17% of GDP in that same period.

Though the Federal government is unlikely to create a national single payer program at this time, California is big enough to create its own.

Dr. Mary McDevitt, originally from Philadelphia, came West to finish her medical training at Mt. Zion Hospital in San Francisco. After 14 years in her San Francisco practice of Internal Medicine and Pulmonary Disease, she became the Medical Director of San Jose Medical Center. In 1995 she took the position of Medical Director of Marin General Hospital. After retirement in 2009, she moved to the town of Sonoma. She is an active member of Physicians for a National Health Plan and the Sonoma Valley Democratic Club.

All Oakmonters are invited to join the Oakmont Progressives meeting Monday, April 10, 6:30 social and 7 p.m. presentation and discussion. For more information and the Zoom link, check www.oakmontprogressives. org, or email ebiglin@gmail.com.

## Sen. McGuire Talks California at Oakmont Town Hall

■Crissi Langwell

State Sen. Mike McGuire talked to a full house March 3 at the Berger Center, leading a rapid-fire discussion on issues close to home and across the county and state. With wildfire on his constituents' minds, McGuire shared the podium with local and state fire officials to highlight both the struggles and advancements in safety and evacuation.



State Sen. McGuire greets members of the Berger Center audience. (Photo by Maureen McGettigan)

Santa Rosa Fire Chief Scott Westrope and Fire Marshal Paul Lowenthal described new early detection systems and reminded the audience about the need to use alerts and know evacuation routes and zones. Cal Fire Unit Chief Mike Marcucci also discussed the new Cal Fire Hood Mountain facility that will strengthen the response to fires in the area. McGuire said the state has received \$490 million in funds for fire prevention, including the removal of dead and dying trees.

McGuire, a vocal critic of PG&E, talked about his bill, SB 884, that would safeguard communities by expediting the undergrounding of 10,000 miles of the highest fire risk electric lines. The senator said moving lines underground will lower rates as well as decrease fire danger. He said a credit that will be applied on an upcoming PG&E bill that will amount to a \$90-\$120 rebate.

In a long list of topics of interest to Oakmont, McGuire also talked about homelessness legislation that would build almost 50,000 new units statewide with mental health services, affordable and free college, job training opportunities and transportation.

McGuire said residents with questions, concerns, or comments about California issues are urged to call his office at (707) 576-2771.

## **Dermatologist Retires**

■News Staff Report

Dale Westrom, MD, PhD, a dermatologist who has been part of Redwood Empire Dermatology here, announced his retirement this month. Dr. Westrom is a longtime resident of Oakmont and has been serving the Santa Rosa community for 40 years.

"Fortunately, I am not leaving due to any health concerns and I am not giving up medicine entirely," Dr. Westrom said. He plans to volunteer in a medical clinic that treats homeless and underserved persons.

Redwood Empire Dermatology's office is on Oakmont Drive near Star of the Valley Church.

## **Bunco Ladies Night** §



■Barbara Wooley

#### **ROLL, CHAT, LAUGH!**

Bunco Ladies Night is a popular and fun activity held twice a month for Oakmont residents. Bunco is a simple, no skill required, dice game that is played with partners. You do not need to arrive with a partner since partners change with each round of play. Beginners are always welcome. Several players win cash prizes at the end of each night!



Jill Morgenstein, Shari Woogen, Jill Butler and Debbie Lombardi.

Our usual nights are the second and fourth Monday of each month. However, there are exceptions, so always check your Oakmont News calendar. Please arrive by 6:45 p.m. for check-in. Games runs from 7–9 p.m. WHERE: Card Room, Central Activity Center WHEN: Second and fourth Monday of each month check calendar, 6:45 p.m. (play is 1-1/2 to 2 hrs.) **COST:** \$5 fee/night is required for each participant CONTACT INFORMATION: Jill Butler, (760) 468-1743; Email: jillivannili@sbcglobal.net





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## Men's Bible Study

■Lou Lacson

Let's be like spring as we start fresh, cleansing our minds and souls, strengthening our desire to seek God's Kingdom of Heaven first...

Come and fellowship with us as we continue to learn and study the Bible, East Rec., Thursday at 10:30 a.m.



■Bob Chapman

#### 2022: ANOTHER ACTIVE YEAR FOR THE OAKMONT COMMUNITY FOUNDATION

Your Oakmont Community Foundation (OCF) Board of Directors was quite busy in 2022, and issued a total of 26 grants to several valued Oakmont groups. These recipients represent a diverse variety of Oakmont interests, ranging from health and wellness, music and its appreciation, entertainment and education. But our activities ventured beyond Oakmont borders!

As in years past, OCF has maintained a strong relationship with the Santa Rosa Fire Foundation. Last August the SRFF, supported by OCF, unveiled plans for a firewise and drought resistant landscape at an event at Oakmont's Fire Station 7. Fire officials, OCF and SRFF board members attended, station tours were provided, and high-tech fire trucks were on display. OCF was an SRFF charter donor, and our intention is to maintain our support and keep Oakmont fire safe!



Photo by Julie Kiil.

It's been nearly five years since Sue Millar—beloved Oakmont volunteer and past OCF president—has passed away. To keep her memory alive and to reward outstanding Oakmonters, OCF created the Susan C. Millar Volunteer of the Year award (as chosen by the OVA Board of Directors). The very deserving 2022 winner was Alan McLintock, who was chairman of the Golf Course Advisory Committee and an active Oakmont contributor. Alan chose to split the award, and OCF provided grants of \$500 each to the Volunteer Helpers and to the Caregivers Support Group.

OCF has now provided support to Oakmont groups for over 15 years, and is now recognized as an organization considered worthy as a bequest recipient. What this means for you is we're ready and able to help your group (if it satisfies our requirements) get what it needs to become more successful! If you haven't lately, check out our improved website: OakmontCommunityFoundation.com. There, you'll find out how to apply for a grant, easily make donations online, contact our board members—and see everything OCF has to offer!

And finally, thinking about bequests, is it time for you to consider creating your own legacy fund to benefit Oakmonters through OCF?

Yes, 2022 was a busy year, and challenging in lots of ways. But Oakmonters, just like they always do, joined with us at OCF to make things better. Thank you for helping us to keep Oakmont a safe and wonderful place to live. You're the reason why our motto continues to be "Neighbors Helping Neighbors!"

## **Oakmont Squares**



■Barbara Wooley

#### AN EARLY ST. PATRICK'S DAY AT OAKMONT SQUARES

A good time was had by all as the Oakmont Squares celebrated an early St. Patrick's Day!

After several months of outstanding instruction by club caller Lawrence Johnstone, the Fall Class has come to a close. Thanks to Lawrence, and the incredible support of the more experienced dancers,

the newest class of dancers have had a wonderful experience of learning and practicing 50 calls in fun

and challenging combinations.

Oakmont Squares is excited to begin its Spring Class with an Open House at 7 p.m. on Tuesday, April 25 at the East Rec Center. Come meet the dancers and recent graduates and see what fun Square Dancing can be. As always, experienced dancers are welcome any/every Tuesday.

You can also catch Oakmont Squares in action at the Singles Club April Mixer on Friday, April 21 at the Berger Center at 6 pm.

> The Oakmont Squares meet Tuesday evenings from 7–9 p.m. at the East Rec. Center. Come dance in a square and make a circle of friends. For information call Jenny at (707) 367-2102.



### **Oakmont Women Niners**

■Debra Kiddoo

#### SPRING TOURNAMENT AND BOX LUNCH

The Oakmont Women Niners will tee off the 2023 golf season with a Tournament, Box Lunch and General Meeting on April 13. Check-in for the Tournament will be 8:30 a.m. at the Sugarloaf Pro Shop; a shotgun will start at 9 a.m. on the back 9. The box lunch and general meeting will be held at the CAC back patio following the tournament around 11 a.m.

Required costs are \$18 for lunch and a \$3 entry-fee to the prize money for a putts-only game. Sugarloaf golf and cart fees are extra and due to the pro shop at check-in. Contribution to the chip-in prize pot and a 50-50 raffle is optional.

Guests are encouraged to participate. This is a great opportunity to learn more about the Oakmont Women Niners while

playing in a fun golf activity. If you are not a member and would like to join in, contact JoAnn Banayat. The sign-up sheet for tournament participants/teams will be at the Sugarloaf Pro Shop. Lunch only participants, sign up below the tournament entries.

Deadline for sign-up is Friday, April 7 at 2 p.m. Contact JoAnn Banayat at (415) 279-2954 or jbanayat@ sbcglobal.net with any questions.



Photo by JoAnn Banayat.

## **WE'RE GIVING** \$10,000

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**■**Charlene Bunas

#### **EVEN "FREE" COSTS**

In 2012, Tom and Theresa Woodrum lobbied for a free Oakmont exercise class. They got their wish and built the three times a week group to between 40 and 70+ attendees each session. Though they no longer live in Oakmont, their spirit of camaraderie while exercising lives strong.

Today, two highly educated teachers pay close attention to exercise form and safety while incorporating bands, weights, big balls, tiny balls and chairs. Under their leadership, exercise is challenging and fun. Volunteers set up the meeting and provide the exercise equipment each instructor requests. These same volunteers clean up and keep a watch on supplies.

In spite of ongoing expenses—an updated speaker, resupplying worn-out equipment—these classes remain free!





Photos from Ann Marie Siu Yuan.

To maintain that status, OHI will host a community-wide fundraising event on May 6 at 3 p.m. at Berger. "Soundtrack of Our Lives" will be filled with music, energy and fun. Dancers, singers and musicians will share their talents so that the free exercise program can continue. To support health in Oakmont, accept this invitation to come and celebrate.

To purchase tickets, fill out the form in the OVA Office and return it to the OHI folder, or mail to 7024 Fairfield Dr. Santa Rosa, CA 95409. Make checks payable to OHI.

## **Oakmont Garden Club**

■Patty McHugh

"The most noteworthy thing about gardeners is that they are always optimistic, always enterprising, and never satisfied. They always look forward to doing something better than they have ever done before."—Vita Sackville-West, British novelist, poet, garden designer, 1892–1962

#### APRIL MEETING BENEFICIAL INSECTS IN THE GARDEN

WHEN: Wednesday, April 12, 2023 – 9:30am Social, 10:00am Program

**SPEAKER:** Anne Lowings, Master Gardener **TOPIC:** Guests or Pests? Learn to appreciate all the insects in your garden.

A healthy garden will usually have some of each. Anne will help us sort them out. Since all insects play a part in the ecosystems of our gardens Anne doesn't label them as good or bad. With experience in Integrated Pest Management (IPA)



Anne will share ideas for maintaining healthy home gardens without the use of harmful chemicals. Did you know that some insects can be used as a biological control of harmful insects?

This presentation is another in our quest to plant seeds of knowledge that may inspire you to make changes in your own gardens that, in some small way, benefit the environment and provide for nature's creatures. That said, we are still a Garden Club and have and will continue to bring you information on tried, true and loved garden plants and their care, as well as garden dos and don'ts. Sometimes we just want to learn about famous gardens in our area and around the world. We hope to find a good balance. Please let us know if we get off the beaten track a bit.

#### **CLUB ANNOUNCEMENT**

We announced at the last two meetings and in newspaper/website postings that we hope to hold another Oakmont Garden Tour this year. We have been working on it but as of this writing we only have one committed garden owner. For a worthwhile tour, we need four or five gardens. So as not to compete with the Firewise Committee tour on June 14, ours will have to be held just before or just after the Memorial weekend, weather permitting.

Please help us find those Oakmont persons whose gardens you think would be good candidates. If it's your garden, or one you visit, and you get a sense of peace or joy while being there, most likely others will feel the same when they visit. You do not need to be a Garden Club member. Don't be shy!

Contact me (President) at patriciamchugh3@comcast. net or Susan Novak, Vice President at susnovak3@gmail.com (don't drop the '3' in our email addresses).

Thank you in advance for your help.

## **Grandparents' Club**

■Leslie Brockman

## THE EASTER BUNNY IS VISITING OAKMONT GRANDCHILDREN ON APRIL 8

Rain, rain go away ... come again another day ... but not Saturday, April 8 at 1 p.m. at the Berger Plaza! That's the day Oakmont's Easter Bunny will be here, along with lots of Oakmont grandchildren.

Don't miss our Easter Eggstravaganza! Not only

will there be egg hunts, but there will be bounce houses, beanie babies for each child, prizes for all, and music by the wonderful Mello-Tones, Oakmont's finest.

The registration form can be found in the Grandparents' Club folder in the OVA office. Deadline for sign-up is April 3. Grandparents' Club members' fees are only \$5 per child, so join the club today.



The Easter Bunny visits with Oakmont grandchildren. (Photo by Julie Kiil)

## **Genealogy Club**

■George McKinney

#### DID YOUR ANCESTORS OWN SLAVES?

The Genealogy Club's meeting will be March 27 at 1 p.m. in East and on Zoom. The topic is research on enslaved ancestry.

If your ancestors lived in the states that seceded from the Union in 1861, then many of them probably owned slaves: 30% of households in these states had at least 1 enslaved person. Many other white households who didn't own slaves benefitted from the slave economy—many lived or worked on plantations, and many were related to slaveowners and "borrowed" slaves to help on their farms when needed.

Even if you're not into genealogy, in the modern world where Black Lives Matter has become an important concept, it's time to look at our own ancestors.

This meeting will involve a discussion of how to research your own ancestors and how to research ancestors of those who are descended from enslaved people.

If you are a genealogy researcher with ancestors in the slave states, go back to your notes. When we record census records for 1800–1860, we often ignore the part of the record that relates to slaves. Before coming to the meeting, look up your own ancestors, perhaps focusing on the 1850 and 1860 slave censuses.

Zoom Meeting ID: 862 2760 9536; Passcode: 030213. See you there.

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## **Tennis Club**



■Gary Purece

#### DATES OF FIRST TENNIS TOURNAMENT OF THE YEAR

The Oakmont Tennis Club Board set the date for the first social tournament of 2023. The Get Acquainted Mixed Doubles Tournament and Picnic will be on Friday, March 31, 10 a.m.-1 p.m. on the West Rec. Tennis Courts (balls are provided by the OTC).

In addition to the tennis, the OTC also announces that the tournament will be followed by a catered picnic lunch at the West Rec. picnic area (BYOB).

This sure-to-be-fun social is free to OTC members. Your spouses/partners are welcome at no charge for this event and are encouraged to join as an OTC social member for future events.

The OTC always welcomes players of all levels. To secure your spot in the Get Acquainted Social Mixed Doubles and Picnic, you must register by Monday, March 27 to HelloOakmontTennis@gmail.com.

Memberships, both active and social memberships, in the Oakmont Tennis Club are \$20 per person per year.

## **Movies At Oakmont**

WHERE: Berger Center **SCREENING DAY AND TIME:** Sundays HOSTS: Al and Carol Haggerty, Mike McInnis, Jeff

Neuman and Deborah Davidson. **NOTE:** All films are shown with English subtitles, when possible, free of charge—compliments of OVA.



#### MARCH 26 AT 2 AND 7 PM TILL

Emmett Till is murdered in a brutal 1955 lynching. His mother vows to expose the racism behind the attack and work to have those involved brought to justice. 2022, PG-13, 2:14.



Down on her luck and saddled with debt, Emily gets involved in a credit card scam that pulls her into the underworld of LA, leading to deadly consequences. 2022, R, 1:37.

#### **APRIL 9 AT 2 PM** LAND

A bereaved woman seeks out a new life, off the grid in Wyoming. 2021, PG-13, 1:29.





## The Billie Holiday Project **Coming to Oakmont**

■Crissi Langwell

Oakmont Village Association is thrilled to announce The Billie Holiday Project is coming to the Berger Center on Thursday, April 27 at 6 p.m. Featuring the talented Stella Heath and some of the Bay Area's finest musicians, this special performance will tell the story of Billie Holiday's life and career through storytelling and her incredible songs.

Take a trip back to the 1930s as Stella Heath sings song treasures that will include "Them There Eyes," "Lover Boy," Blue Moon," "God Bless the Child," and "Strange Fruit."

One of jazz's most singers, influential Billie Holiday's career spans three decades numerous with memorable hits across 12 studio albums.



Stella Heath.

Posthumously, Holiday won four Grammy Awards for her music, was inducted into the National Rhythm & Blues Hall of Fame, the Grammy Hall of Fame, and the Rock & Roll Hall of Fame.

Inspired by Billie Holiday's contributions to jazz, Stella Heath has been bringing Holiday's music to life through The Billie Holiday Project since 2019. With a childhood steeped in musical influences, Stella Heath holds a deep appreciation of jazz through musicians that includes Louis Armstrong, Bob Dylan, Ella Fitzgerald, and, of course, Billie Holiday. Her background in classical acting, cultural geography, and music has paved the way for this special music and history performance.

Tickets for the Billie Holiday Project are \$25 and available in advance at the OVA office. No reserve seating. Doors open on April 27 at 5:30 p.m. at the Berger Center, and the show starts at 6 p.m.

### Oakmont Futures



■George McKinney



#### WHY DO YOU ENJOY PAYING PG&E **SO MUCH MONEY?**

The Futures Club meeting on April 12 at 4 p.m. will cover several ways to reduce your PG&E bill. The meeting will be in East Rec. and on Zoom.

You May Qualify for Lower Electric Rates. Many seniors qualify for lower electric rates. It's not something that might be expected, but lower rates are based on medical qualifications (do you have a CPAP machine?) and income (as a senior, your income may fall within a range that qualifies you for lower rates).

You Can Reduce or Eliminate Your Use of Natural Gas. Heat pumps can replace water heaters and furnaces. There are current rebates and tax credits for installing heat pumps—and more rebates are coming later this year or in 2024, particularly for seniors whose incomes qualify (if your income less than \$118,000 for one person or \$135,000 for 2).

Install Solar Panels With a Battery. The world of solar has changed. Just getting solar panels no longer saves you as much money as it used to, but if you get a battery as well you can get a good return by investing in solar and a battery. And if you have the necessary medical qualifications, you may be able to get a discount on the battery. And if you have an electric car and a heat pump, with the right solar system you can be almost off the grid entirely. Almost no PG&E bill.

Join Zoom Meeting. Meeting ID: 860 6299 0770; Passcode: 809582.

The Oakmont Futures Club is chartered to keep Oakmont residents up to date with technical advances that will impact us during the next 2-10 years. Our website is OakmontFuture.com. Our email is futureoakmont@gmail.com.



The Oakmont News / March 25, 2023

### **Cafe Mortel**

■Gary Anderson

#### LEARN ABOUT GREEN BURIALS

Nicole Vitali from Pleasant Hills Memorial Park in Sebastopol is our guest speaker at our next monthly Café Mortel meeting on Wednesday, April 5 at 3 p.m. at the Central Activity Center, room B.

Pleasant Hills is an absolutely beautiful, well-maintained cemetery and final resting spot for Charles Schulz. This is the only cemetery in Sonoma County that offers Green Burials—an option that allows natural decomposition without the traditional cement "vault." A wood casket can be used as long as there are no metal nails or screws, but one can also use a simple shroud. All green burials are in a natural and non-irrigated section of the cemetery with an engraved rock used as a headstone.



Pleasant Hills Memorial Park in Sebastopol, nestled between the fruit trees and vineyards and the final resting spot for Charles Schulz.

If you haven't heard of Café Mortel, allow me to share my story about how I joined. A couple years ago, my wife Bonnie and I were enjoying an ice cream cone outside Screaming Mimi's in Sebastopol following a hike with the Oakmont Hiking Club. I'm not sure how the subject came up, but our dear friend Carolyn Greene overheard me talking to another fellow member about planning ahead for a cemetery and funeral arrangements. Carolyn pulled me aside and mentioned that "Oakmont has a club for that." Well, of course it does... we have club for everything, right?

Not knowing what to expect, we attended our first meeting and discovered that Café Mortel is a group that offers open discussion on many topics relating to the time we have left here on earth. We talk about how to make the most meaningful use of our time, preparations for the end of our life and our loved ones, options for medical aid in dying and many other topics.

In our case, we were most interested in making as many end-of-life arrangements as possible now to make it easier for the surviving spouse or our daughter. That included deciding on burial or cremation, a prepaid funeral plan and selection of a final resting spot. In addition to that, we wanted to prepare a "Just In Case" binder for the surviving spouse or our daughter with all of the details of finances, accounts, passwords, even a monthly finance plan for the survivor. How many times have we heard about a surviving family member who is suddenly left totally in the dark without a clue as to how to proceed? Having now made all of these decisions ahead of time, we feel very much at peace.

Beginning April 5, the monthly Café Mortel meeting will be led by Linda Suhr who graciously stepped up to replace Chris Sork, our devoted leader for the past eight years. Thank you, Chris, for all of the time you have devoted to this valuable group. We are not a glum lot and everyone is welcome to join us!

Questions? Contact Linda Suhr, linda@ autumnoflifeplanning.com.

### **Gakm**⊗nt Pétanque Club

■Don McPherson

#### ELEMENTS OF PÉTANQUE: THE CIRCLE

Two key changes to the rules of the ancient game of Boule Lyonnaise (Jeu Provençal) led to the emergence of Pétanque as a separate sport in 1910. The new

Steve Edwards, in the

circle, considering

the situation and

preparing to throw.

Foot fault: both feet

must remain inside

the circle and may

not touch or extend

beyond its edges.

rules cut the court length in half and eliminated running up to a foul line before throwing. Instead, Pétanque required that a player's feet must remain planted and may not be lifted from the ground until the thrown boule lands. This new rule was foundational: derives "Pétanque" from the Occitan "pés tanca" (feet planted). As the foot foul line, Pétanque introduced a circle (le rond) within which the player's feet must remain planted. The circle is thus a fundamental element of Pétanque.

Originally, players drew their circles in the dirt using a toe, a finger, or a stick. As the game evolved, some players began to use a drawing tool (la circulaire) often made from polished or elaborately carved horn. Article 6 of the modern Rules provides that "a drawn circle may not measure less than 35 cm or more than 50 cm in diameter," i.e., large enough that a player's feet will fit inside.

Around 2005 manufactured plastic circles 50 cm in diameter

were introduced, and these predominate today. Article 6 provides: "Where a prefabricated circle is used, it must be rigid and have an internal diameter of 50 cm (tolerance: + or - 2 mm)." Newer players often do not realize that the fabricated circle itself is out of bounds - the feet must remain planted inside its diameter and may neither extend beyond nor even touch its edges.

Beyond the rules, the circle occupies a singular place in the customs of the game. A player steps into the circle to do all the mental and physical work required to execute a throw. Once inside the circle the player is totally alone. The goal is to shut out all distractions to concentrate solely and intently on the situation in preparation to point or shoot.

Thus the "zen" of Pétanque is within the circle. Once a player steps inside to prepare to throw, other players—teammates and opponents alike—are expected to be quiet and still. While not per se against a rule, making noise, chatting with another, making comments to or about the player in the circle, or moving within the player's line of sight are shunned as discourteous faux pas that violate the spirit of the game.

#### PÉTANQUE IN OAKMONT

French in origin, Pétanque (pay-tonk), also known as Boules, has been played in Oakmont since the 1980s. The Club, founded in 1996, encourages all Oakmonters who may be interested in playing or learning to play pétanque to come to the court between Berger and the OVA offices at 9:45 a.m. on the Club play days of Monday, Wednesday, and Saturday. Club Play days are casual friendly games with teams randomly assigned. The club has boules to lend while you're learning, and you'll be playing right away.



■Rosemary Waller

#### CURTIS ON TOUR BRINGS SCHUBERT TO OAKMONT

An unusual and exciting musical event is scheduled at Berger on April 13 at 1:30 p.m.: a presentation of the Nina von Maltzahn Global Touring Initiative of the Curtis Institute of Music.

A few works of explanation: this prestigious project, emanating from the premier music school in the US, features extraordinary emerging professional artists performing alongside celebrated Curtis faculty and alumni, in concerts around the globe. Grounded in Curtis's "learn by doing" philosophy and steeped in the school's history of artistic excellence, the Initiative has become an integral component of a uniquely Curtis education. Begun in 2008, students, faculty, and alumni have presented more than 375 concerts in over 100 cities in Europe, Asia, and the Americas.

The ensemble performing in Oakmont is a string quintet: two violins, viola, and two cellos. The distinguished Curtis faculty artists in the group are violinist Ida Kavafian and cellist Peter Wiley. Ms. Kavafian, acclaimed both as violinist and violist, is an artistmember of the Chamber Music Society of Lincoln Center and former violinist of the Beaux Arts Trio. For 35 years she served as Artistic Director of Music from Angel Fire, in New Mexico. As soloist she has premiered numerous works, including concertos by Toru Takemitsu and Michael Daugherty, whose "Fire and Blood" she recorded with the Detroit Symphony. She has toured and recorded with jazz artists Chick Corea and Wynton Marsalis, and with fiddler/composer Mark



Violinist Ida Kavafian.



Cellist Peter Wiley.

Peter Wiley, a 1974 graduate of the Curtis Institute, has performed at leading venues including the Marlboro Music Festival, for which he also tours and records. As recitalist he has appeared at the Metropolitan Museum of Art and Lincoln Center's Alice Tully Hall. A member of the Beaux Arts Trio from 1987 to 1998, Mr. Wiley succeeded his teacher David Soyer as cellist of the Guarneri String Quartet, from 2001 to 2009. He is a member of the piano quartet Opus One, with fellow Curtis faculty members Ida Kavafian and Steven Tenenbon, and pianist Anne-Marie McDermott.

Mr. Wiley entered Curtis at age 13. At 20 he was named Principal Cellist of the Cincinnati Symphony, a post he held for 10 years. He made his concerto debut at Carnegie Hall in 1986 with the New York String Orchestra conducted by Alexander Schneider.

Both Ms. Kavafian and Mr. Wiley are recipients of the coveted Avery Fisher Career Grant. They will be joined by violinist Lun Li, violist Cara Pogossian, and cellist Francis Carr. Two very special works will be performed on April 13: the beloved two-cello quintet by Franz Schubert, and a composition by the eminent American writer Richard Danielpour, "A Shattered Vessel," which was co-commissioned for this group by the Curtis Institute.

WHAT: Music at Oakmont

WHEN: Thursday, April 13, 1:30 p.m.

WHERE: Berger Center

**ADMISSION:** \$25, cash or check made out to Music at Oakmont, or your season pass



■Hilary Gruendle

#### **OAK SPRING HOURS**

We are happy to announce our new Spring hours began March 13: 11:30 a.m.–7 p.m., Monday–Saturday; 10 a.m.-6 p.m. Sundays.

We will also be announcing a new menu in late March early April.

Reminder that all Oakmont residents get 10% off at OAK.



#### **OAKMONT GAY MEN** TO CONVENE IN APRIL

Silver Guys of Oakmont and their guests will hold a potluck in the East Rec. Center on Sunday, April 9, from 2-5 p.m. All attendees are encouraged to bring a food preparation and beverage to share.

Silver Guys of Oakmont provides an opportunity for Oakmont gay men and their friends to enjoy nonpolitical social, educational, and community service activities together. Although the group is primarily gay men, all men living in Oakmont are welcome to join us.





#### **COMING UP NEXT** THE UNAUTHORIZED ROLLING STONES

WHERE: Berger Center WHEN: April 22 TIME: Doors open at 5:30, music at 6:30 p.m. **COST:** \$20 per person. Each member may bring one non-member guest. Bring snacks for your table and

Since their beginning in 2001, Rudy Colombini and the Unauthorized Rolling Stones have brought the excitement, energy and all the hits of a live Rolling Stones show to stages across the country. Now Boomers are bringing them to the Berger stage right here in Oakmont.

Colombini's fabulous Jaggeresque showmanship will blow you away. Register for this show as soon as you can. You won't want to be left out.

Our Mardi Gras dance sold out, and many of you were disappointed. We would like to open our events to all members and guests, but we can't. Unfortunately, there are only so many seats available. So please do your part and get your reservations in when you get our email message announcing the show.

#### **REFUNDS?**

The Boomers club does not issue refunds. If you have registered and cannot attend, find someone to take your place. All they have to do when they check in for the event is say they are replacing the person registered but not attending.

#### **MEMBERSHIP**

If you are new to Oakmont or have simply forgotten to renew your membership, joining is easy. The cost is \$15 per person, and you can sign up by visiting our website, oakmontboomers.org. You can even pay at the site. Check it out today.

## Lifelong Learning 7



■Marlena Tremont

#### **FOLK LEGACY TRIO**

Back popular demand, former Kingston Trio singers George Grove and Rick Dougherty team up with Jerry Siggins to perform an evening of songs we all remember from the



great Folk Era of the '50s through the mid-'70s. WHEN: Thursday, April 6, 7 p.m.

WHERE: Berger Center COST: \$25, theater seating

#### SPRING CLASSES START SOON

Never miss a class again! All classes are available in-person or by Zoom and are recorded for class members who have paid.

The Class Preview featuring presentations by the class instructors is available at OakmontLL.org.

#### ANTISEMITISM: THE DYNAMICS AND HISTORY OF THE LONGEST HATRED **INSTRUCTOR: REV. BRUCE BRAMLETT** Mondays, April 10-May 15, 3-5 p.m., Berger Center 6-week session, cost: \$95

One of our most popular classes, this 2,400-year journey shows how the hatred of Jews provides a powerful cultural mirror that former students say will "bowl you over."

Rev. Bruce Bramlett is an Episcopal priest, a Religious Studies scholar and an instructor of Jewish-Christian classes at Bay Area universities.



#### CALIFORNIA LITERATURE: ECHOES OF MANIFEST DESTINY **INSTRUCTOR: IDA RAE EGLI**

Wednesdays, April 12-May 17, 3-5 p.m., Berger Center 6-week session, cost: \$95

California literature, like the state itself, is extraordinary and bold. Oakmont writer, Ida Rae Egli takes students on a literary tour that showcases our famous California writers.

Ida Rae Egli, English instructor, and former SRJC English Department chair has authored two nonfiction books: No Rooms of Their Own: Women Writers of Early California, and Gold Rush Women and a novel, Krisanthi's War: In Hitler's Greece.

#### SICILY—THE KEY TO EVERYTHING **INSTRUCTOR: DOUGLAS KENNING** Thursdays, April 13–May 18, 3–5 p.m., East Rec. 6-week session, cost: \$95

Dr. Douglas Kenning helps students discover Sicily from its mythic roots through its' peak as the wealthiest part of the ancient Greek world that taught civilization to the Romans and later helped to ignite

Dr. Douglas Kenning, spends six months a year in the Bay Area lecturing on Mediterranean histories and cultures, and the other six in Sicily operating "Sicily Tour."

#### MARINE ECOLOGY **INSTRUCTOR: ISABELLE NEYLAN** Wednesdays, May 24-June 7, 3-5 p.m., Berger Center 3-week session, Cost: \$50

Marine biologist Isabelle Neylan explores diverse habitats like coral reefs and kelp forests and the marine organisms that live there. Understand the impact of humans and some possible paths to mitigating or addressing those challenges.

Isabelle Neylan is a Ph.D. candidate at UC Davis based out of the Bodega Marine Laboratory, researching how marine invertebrates are adapting to changing environments.

Three ways to register for classes and concerts: 1. Go to OakmontLL.org; 2. Fill out a form in the OLL folder in the OVA office; 3. Pay at the door.

## **Pickleball Corner**



■Peter Copen

#### NO RAIN, NO GAIN: PICKLEBALL WHEN IT'S POURING

Playing pickleball in the rain isn't the most pleasant activity but if you must, then please be informed that there are multiple issues involved with weathering the rain while playing pickleball.

**Cold:** Typically, rain brings with a change in the climate. A lowering of temperature. And unless you are looking to cover yourself from head to toe with a windcheater, there is a good possibility of the cold getting through to you.

Wearing a windcheater while playing pickleball is hardly an option but then again, what does one do to overcome the cold hitting your chest? There is that distinct possibility of the cold and wetness leading to illness.

**Slipping:** Playing any sport in the rain can lead to slippage but more so a sport like pickleball where the movements are restricted to a small court area. There are also some stopping and sudden movements involved in pickleball, and rain could cause a lack of proper grip with the surface. This could lead to losing balance and slipping on the court, causing injuries like fractures and muscle-related fitness woes.

**Sighting Issues:** There is a possibility of reduced sighting of the pickleball while playing in rain especially if it gets cloudier and darker. While this has a direct impact on the quality of the game, it could also lead to eye-related injuries from late sighting of the ball coming at the players.

Paddle Damage: Pickleball paddles can get affected by moisture and sustained play in rain could have an adverse effect on your equipment. Selkirk, one of

the most famous manufacturers pickleball equipment that paddles have a honeycomb core which could allow water to seep in and trap inside it and over time



Cartoon by Peter Copen.

cause faster aging of the paddles. Playing in rain, therefore, becomes a sure-shot way of letting water accumulate in the pickleball paddles, especially if it's made a regular feature and the damage to the equipment could be long-lasting.

Given the sadness and frustration some of us feel from not being able to play our beloved game in the rain, here are a few thoughts—to either smile or tear up this article:

What happens to 5.0 arrogant pickleball players when it's raining? They get wet just like everyone else. Why do cows always lie on each other in the rain? To keep each udder dry.

Knock, Knock, Who's there? Wendy.

Wendy who? Wendy today, rainy tomorrow.

Getting wet playing pickleball in the rain makes me run fast. I'll either escape the rain in time or cry drying. Ugh!

New Player Orientation: 9 a.m. on Tuesday mornings. Arrangements can be made by contacting Nancy Lande at (707) 978-2998 to schedule a session. Demo loaner paddles are available to club members by contacting Doc Savarese at (707) 349-9065.

## Valley of the Moon Rotary Club

■John Brodey

#### AN UNCOMFORTABLE REALITY

The problem that requires the most attention right now, and perhaps gets the least amount of press, is Dementia. The numbers should give us all (those of a certain age range) pause for thought because they are increasing as the baby boomer population ages.

We received a very sober assessment of the trend and what problems it will present at a recent VOM breakfast meeting. In addition to membership, we had more guests than ever before which underscores how important this topic is to a community like ours.

In attendance was Kate Bond who provides a vital perspective in her role as a Geriatric Care Manager. She goes to the homes of people who are developing cognitive issues and assesses their needs on every level from diet to safety to individual needs, etc. She devises a comprehensive plan for care. The fact that she is very busy attests to the fact that soon there will not be enough care facilities to handle the number of people needing them. This means most will ultimately

have to rely on family and other service agencies. The numbers don't lie.

Our main speaker was Whitney Evans of Oakmont who knows the subject well. By 2030, the number of those with dementia will reach 9 million. By age 85+, the percentage of that population with the disease is 22%. These percentages climb quickly by 2040. Women experience a slightly higher incidence of dementia compared to men: 11% to 8%. More than four times as many people with the disease live in traditional settings than do in nursing homes, etc. Money becomes another factor. Informal (family) caregivers comprise about 30% of all caregivers. If the care they provide over term was done by professionals the cost would be around \$283,000.

A crisis is brewing and Whitney, who is his wife's caregiver and Board Chair for Care Partners Initiative, shared their gameplan to help address it. It involves helping communities like ours develop a Care Partners Model to support caregivers and patients alike. The plan

involves having an available space where patients go 3-4 days a week, as a group, to participate in art, meals, music, hand eye coordination exercises, relationship-based activities. They provide joy ultimately. This structure is important both therapeutically and in terms giving caregivers a respite.

But how to get there? Care Partners is a non-profit organization. The strategy is to assemble a task force in relevant communities of 3-4 residents to interface with the organization. Funding is key and so they are building working relationships with government agencies as well as corporate and charitable trust entities around the country. There are already 27 locations in operation all of which were partially funded by grants from the Alzheimer's Foundation of America. Reaching out to other non-profit partners is a continuing process.

If you'd like to know more please contact Whitney at wevans1114@sbcglobal.net or visit, www. carepartnersinitiative.org.

## **CLASSIFIEDS**

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Warming Trends has been cleaning, servicing and installing fireplaces, stoves and inserts for 30 years. Call 578-9276 for any fireplace needs.

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Oakmont Onsite Personal Computer Services. Call Chuck for all things computer. VOM Rotary member, computer instructor. References available, many satisfied Oakmont customers. One hour minimum. \$50/hr. 293-8011.

#### HANDYMAN SERVICES

Carpentry, drywall, electrical, plumbing, installation and assembly. Other imaginative jobs welcome! Fair hourly rate. www.thehandylance.com. (707) 881-7292.

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A personal transportation service for airports, cruises and vacations, doctor visits, shopping and so much more. Flat fee per trip. Larger vehicles on request. All drivers Covid vaccinated. Commercially licensed and insured. TCP #40474. Call Babe's for reservations at (707) 545-2850.

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Gavin Anderson, local Sonoma resident. 20+ years experience. Senior pricing. Free estimates. Call 935-6334.

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Home, office, move-outs. Window, bed linens and much more. 19+ years of experience. References upon request. 548-9482 or marthal 1041@att.net.

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Oakmont resident available for hire to assist Oakmont residents in their home. \$25 per hour. Very reliable, references, vaxed/all boosters. Please call to discuss your needs. Benita Jeppson, (707) 291-0032.

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We are a local plumbing company that can take care of all your plumbing needs from service and repair, to remodels and additions. Call today to schedule a free estimate. (707) 800-2043.

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#### **OAKMONT COMPUTERS**

PC and Apple repair in Oakmont Village. Technical services and onsite repair. Media transfers. 6536 Oakmont Dr., (707) 282-9046.

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General landscape, mowing, yard maintenance (free fertilizer included, so your grass and plants can be greener than ever), high weed clearance, clean-up, hauling, trimming, pruning and gutters. Free estimates. Ref. available. Tony Sandoval, (707) 321-2958.

## HAVING TROUBLE GETTING YOUR GARBAGE TO THE CURB FOR PICK-UP?

I can come to your home to put your trash receptacle to the curb Wednesday afternoon, and bring it back on Thursday afternoon. Call Dan Lennox, (707) 889-0205.

## LIVE-IN PRIVATE PAY CAREGIVER AVAILABLE

American-born, English speaking, university-educated older woman is seeking a live-in position as a caregiver with woman or man. I can enable you to continue living in your home. Meal prep, medical appointments, pet care, shopping, etc. \$25 per hour or trade labor for a free bedroom Call Carol at (707) 860-3393.

#### MASSAGE THERAPY

Massage studio now open in Oakmont. One-hour custom massage, \$80. Book your session now. Brittany Koop, CMT, #91724. Call (707) 849-3915. By appointment only.

#### **HANDYMAN RESIDENT**

Ask for Ricky, a personable "Jack of all Trades" with great attention to detail. I meet your quality goals and prioritize Oakmont residents. Let's discuss the work and its cost. (408) 838-5618.

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House cleaning, cooking, light yard work, errands. References, reasonable rates. Contact Erin, (707) 860-6376.

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Electric Bikes for all riders. Trusted brand, 5-year warranty. 20+ models including Tricycle. Local delivery and service. Pedegosantarosa.com. Call Colin, (707) 540-0253.

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Done with an emphasis upon a natural look since 2007. Small jobs OK. Handyman as well. Richard, 833-1806. Oakmont resident.

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Pruning, trimming, hedges. Over 20 years of experience. Free estimates. Call Alex, (707) 281-8185.

## ORGANIZER/PROFESSIONAL PACKING SERVICES

Need help organizing your home? Have a desire to downsize? Moving and need help packing? Call Step by Step Senior Move at (707) 293-5455 for the assistance you need! Website: sbs-seniormove.com.

#### HOUSE RENTAL AVAILABLE

House to rent in Oakmont Village. Available Apr. 1. Shared rental with one other person (me). 2080 sq feet, 3 bed, 2.5 bath. \$1,125 per month (your share) + ½ utilities. No smoking, no kids, no pets, no \$ problems, no drama. If sounds OK, call/text "Matt" at (707) 867-9970. Good luck in your search. MATTINLG@ Yahoo.com.

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Oakmont Onsite Personal Computer Services. 11+ years helping Oakmonters. Call Chuck for all things computer and Tutoring. References available, 100's of satisfied Oakmont customers. \$50/hr., one hour minimum. (707) 293-8011.

To place an ad, contact: CJM Productions, 2105 Longhorn Circle, Santa Rosa, CA 95401 • (707) 206-1957 • cjmprod567@gmail.com

## Oakment Village Association

#### **OAKMONT VILLAGE ASSOCIATION**

Hours: M—F 9 AM—5 PM——Open during lunch
Tel 707-539-1611
6637 Oakmont Dr., Ste. A
OVA E-mail: askova@oakmontvillage.com
Website: www.oakmontvillage.com
Book appointments with staff at: oakmontvillage.com/staff

#### **MAINTENANCE OFFICE**

Hours: Daily 6 AM—10 PM Tel 707-539-6720 Maintenance Building (next to Central Auditorium)

## CONDOMINIUM FINANCIAL MANAGEMENT (CFM)

OVA Accounting Tel 800-585-4297

#### **OAKMONT NEWS**

Tel 707-206-1957 E-mail: cjmprod567@gmail.com

#### PAS MANAGEMENT COMPANY

Hours: M—F 9 AM—Noon, and 1—4 PM Tel 707-539-5810 6572 Oakmont Dr., Ste. A (for Association Maintained Homes)

#### ARCHITECTURAL OFFICE

Hours: M— Th 9 AM—Noon, 1—5 PM Tel 707-539-1611 6637 Oakmont Dr., Ste. A-1 E-mail: ale@oakmontvillage.com Violations: dani@oakmontvillage.com

#### **AVAILABLE IN OVA OFFICE**

GAS SHUT-OFF WRENCH		\$12
TENNIS COURT KEY		\$2
VIALS FOR LIFE	F	REE
RESIDENT ACCESS CARD	\$25	EA
REPLACEMENTS	\$25	EA
GUEST ACCESS CARD	\$25	EA

#### **BULLETIN BOARDS**

There are three OVA bulletin boards, one at each recreation center, where OVA events can be posted. Please bring in notices to the Events Coordinator at the OVA Office. Size is limited to 8.5"x5.5". Items "For Sale", "For Rent" or "Want to Buy" can be put on a 3"x5" card and left at the OVA Office.

#### **LOCKER RENTALS**

Annual Locker Fee \$30 (January 1—December 31). If you wish to rent a locker, come to the OVA office and give us a check, your information and the number of the locker you want to rent. You provide the lock. We can prorate the annual fee. Daily use lockers are free. NOTICE: Weekly locker inspections are done by OVA Maintenance. Locks could be sawed off with no prior notice and locker contents removed on all unpaid lockers. Items will be held in OVA Maintenance office for 30 days. If you have any questions, please contact the OVA Office M-F 707-539-1611

#### **GUEST PASSES**

The following are OVA Guest Pass types and duration: 1) Guest from outside Sonoma County—up to 90 days; 2) House sitters—up to 90 days (OVA host must present written request to OVA Office for approval prior to visit); 3) Guests living in Sonoma County—2 days per card, and no more than 3 cards per month. Guest cards are available during regular hours in the OVA Office for a \$25 non-refundable fee. Guests accompanied by their Oakmont host are not required to have a Guest Pass.

#### STREET CLEANING

City streets in Oakmont are cleaned by the city early on the fourth Friday of each month. Residents who want their streets swept should avoid street parking overnight on those days.

## NEED A RIDE? GIVE A RIDE! OAKMONT VOLUNTEER HELPERS

We provide the following services to Oakmont Residents:

- Transportation to medical/dental appointments in Santa Rosa only
- Meals on Wheels, 707-525-0383

COORDINATOR
Rides to Medical
Appointments

**March 16–31** Maggie Schmidt 707-890-1347

April 1–15

We regret that we are unable to provide either wheelchair or emergency service.

If you would like to be a volunteer, please call 707-539-8996.

Donations to Oakmont Volunteer Helpers are appreciated and tax deductible. Mail your check payable to Oakmont Volunteer Helpers, 6637 Oakmont Dr., Ste. A, Santa Rosa, CA 95409. Thank you.

Marianne Neufeld 707-953-5302 Santa Rosa, CA 95409. Thank y Mon.—Fri. medical rides before 9 AM or after 4 PM are subject to limited volunteer driver availability. No service on weekends or holidays. Please call at least three full working days prior to appointment.

## LETTERS TO THE EDITOR

WRITER GUIDELINES
The Oakmont News welcomes letters of up to 250 words from residents to express opinion, criticism or praise. They must include the writer's name and Oakmont address, although the address won't be published. See details on how to send them at https://oakmontvillage.com/submit. While letters to the editor may be edited for length and spelling, they are not edited for accuracy. Opinions are that of the writer and not necessarily the Oakmont Village Association.

#### **POOLS & JACUZZIS**

Access to OVA pools is by magnetic card.
Call OVA Office, 707-539-1611 if you need a permanent new member pool access card or to register for a temporary guest pool access card.
WEST: 7 AM—9 PM

(Closes 7 PM Wednesdays for cleaning) EAST: 6:30 AM—9 PM

(Closes 7 PM Mondays for cleaning) CENTRAL: 5:45 AM—9 PM

(Closes 7 PM Tuesdays for cleaning)
JACUZZI HOURS: Same as facility. No one under 18
years in West and East pools and Jacuzzis.
CENTRAL POOL HOURS FOR PEOPLE UNDER 18:
Labor Day—Memorial Day: 11 AM—2 PM daily
Memorial Day—Labor Day: 12—4 PM daily
Children must be accompanied by an OVA member/
resident or adult with a valid guest pool access card.
NO LIFEGUARD ON DUTY AT ANY OVA POOL.
ALL FACILITIES CLOSED CHRISTMAS DAY.

## STORAGE UNITS AND PARKING

Oak Creek RV & Self Storage SP176, www.storagepro.com 707-913-7326

#### **LIBRARY**

Central Activity Center, 310 White Oak Dr. Hours: Daily 6 AM—9 PM. Closed Christmas Day. It is run by volunteers. All donations are gladly accepted. Materials we cannot use will be passed on to others.

## OAKMONT COMMUNITY GARDEN ON STONEBRIDGE

For more info on signing up, email Oakmontcommunitygarden@gmail.com. Contact for current availability.

#### **HAPPY TAILS DOG PARK**

6302 Stone Bridge Rd

Open to residents of Oakmont Village Association from sunrise to sunset. Small Dog Hours are from 3–4 p.m. on Sundays and Wednesdays.

#### **FITNESS CENTER**

Central Activity Center, 310 White Oak Dr. Daily 5:45 AM—9 PM. Closed at 7 PM on Tues. for cleaning. Closed Thanksgiving and Christmas day.

#### **BE ON OVA E-MAIL LIST**

Know what's going on in Oakmont.
You'll receive the weekly "Inside Oakmont"
newsletter, Board Meeting notices and
agendas, special notices and meeting
announcements. To join the OVA's e-mail list,
visit oakmontvillage.com/inside and enter
your information to subscribe.

#### 2022-2023 OVA BOARD OF DIRECTORS

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Iris Harrell, Secretary
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Jess Marzak, Director jmarzak@oakmontvillage.com

Elke Strunka, Treasurer (Non-voting officer) elke@oakmontvillage.com

GENERAL MANAGER
Christel Antone
christel@oakmontvillage.com

#### OVA BOARD MEETINGS

Townhalls 1st Tuesdays of the month and board meetings 3rd Tuesdays of the month, 1 PM

Always online via Zoom and in-person when possible. All residents are welcome. Information to join online is e-blasted out to the community for every meeting along with the in-person location when applicable. Sign up for e-blasts from OVA at oakmontvillage.com/inside.

The Board of Directors of Oakmont Village Association reserves the right to select those articles submitted for publication that seem appropriate to the purpose of this association.

## HOW TO CONTACT YOUR LOCAL OFFICIALS

## County Supervisor Susan Gorin District 1

Phone 707-565-2241
Address: 575 Administration Drive,
Rm. 100A, Santa Rosa 95403
Email: Susan.Gorin@sonoma-county.org

#### City Councilwoman Dianna MacDonald District 3

Email: dmacdonald@srcity.org Address: City Hall, 100 Santa Rosa Ave., Rm.10, Santa Rosa 95404

#### PUBLIC TRANSPORTATION AVAILABLE IN OAKMONT

- CityBus #16 bus takes residents to 5 different shopping centers weekday mornings and around Oakmont afternoons.
- Sonoma County Transit #30 bus goes to Memorial and Kaiser Hospitals and downtown Santa Rosa. Returns via Oakmont to Sonoma.
- Schedules available at OVA office.

The Oakmont News / March 25, 2023

## **Quilting Bee**

#### ■Elizabeth McDonnell

#### PHOTOS TO QUILTS

Judy Dieter, a Santa Rosa quilter, was our guest on March 8. Judy creates not only lovely art quilts, but quilts made replicating her husband's photos. She



Judy Dieter.

jackets each displaying a variety of stitches and fabric manipulation designs throughout. Judy described the many techniques she used. We very much enjoyed her presentation and I'm sure some of us will think of her techniques and try them out in future quilt projects.

Celeste White continues

also brought along quilted

with her New Year's resolution to make a small tabletop quilt each month between January and July, and to complete it by the 29th of each month. She showed her February quilt which, of course, had hearts. On each corner of the quilt were

various little hearts with sayings on them, each of which was covered by clear vinyl. She also showed her March

quilt entitled "I gnome I'm lucky." The gnomes have

wonderful textured chenille beards.

Janet Chosa finely felt well enough to use her long arm machine and, with the help of her husband, made and quilted a large quilt for her grandson. Janet used a large dinosaur panel. Her grandson will be thrilled with his new quilt! Cathy Rapp shared a tip she recently learned to take leftover blocks and stitch them onto the canvas or cloth bags we accumulate and use for shopping. Presto-Chango: one has a "new" bag.

Kar Hofmann didn't have show-and-tell, but a tell. She read to us a heartwarming essay about three little honeybees who became covered in honey and were unable to fly. They were slowly dying. Those three little bees were saved by others from their hive who worked tirelessly to remove the honey from the bees. The little bees lived because they were surrounded by family and friends who would not give up on them, family and friends who refused to let them drown in their own stickiness and resolved to help until the last little bee could be set free. The story reminds us to "Bee Sisters. Bee Peers. Bee Teammates. We could all learn a thing or two from these bees. Bee kind always." The author is unknown. It was a "feel good" story. Thanks, Kar.

The Quilting Bee meets on the second and fourth Wednesday of each month in the Arts and Crafts room from 1–4 p.m. and the third Saturday of each month from 9 a.m.–4 p.m. to machine and hand sew our own projects. For further information please call me at (707) 538-2523.



*15* 

■Jane Rinaldi

#### PINOCCHIO CON ROBERTO BENIGNI IN ITALIAN WITH ENGLISH SUBTITLES

Watching Roberto Benigni as Pinocchio (in the live version of *Pinocchio*) may be a new experience for many of you, but one you will remember for a long time!

This film will be shown in Italian with English subtitles on Tuesday, April 4 at 2:–3:30 "ish" in Room 6 of the CAC Building. We will do our very best to make sure everything works. Come and join us!



■Greg Fauss



Ostereierbaum-Easter egg tree in Germany.

#### **NEW LIFE**

Spring has arrived and with it comes all kinds of new life. It's hardly a season of stability, however. One day seems like early summer, the next like winter again. Snow is even possible in some places. If nothing else, spring is a time of hopeful change.

During spring, the Christian community celebrates hope, change and new life in a big way. On Palm Sunday, April 2 this year, we remember when Jesus entered Jerusalem as a celebrity of sorts. He was greeted by a crowd, waving palm branches. On this Sunday, we often receive a Palm frond as a token of remembrance.

Holy Week begins the next day, when we remember that by the end of this week Jesus went from being treated as a celebrity to being falsely accused by a mob and quickly executed.

On Maundy Thursday of that week, we recall how Jesus washed his followers' feet as an example of humble service and then ate his last meal with them, commanding them to love one another.

Good Friday celebrates, oddly enough, the crucifixion of Jesus—"good" because Jesus claimed to accept death on our behalf for our bad behaviors as one who himself did only good. This sacrificial act would soon achieve a very good end.

Easter Sunday, April 10 this year, is the day we celebrate that good achievement. We remember that Jesus came back to life to give us new life, a fresh start, forgiveness, hope, help, purpose and eternal life.

Just like spring is full of change and new life, so are the weeks leading up to Easter in the Christian faith. And we'd like nothing more than to share a bit of that with you.

If you have questions about all this, please consider joining in on a safe discussion about the Christian faith over a meal—Alpha—on Wednesdays at 5:30 p.m. in local Oakmont homes. Write or call for more details.

And, of course, you can join us on any Sunday at 10:30 a.m. in the East Rec. Center, but especially on Palm and Easter Sundays.

Go to www.occsantarosa.org for more information about us, about Alpha, our various social gatherings, Saturday Prayer, and Bible Study on Wednesdays at 10:30 a.m. in the OVA outer office, Suite B. You can also email us at occsantarosa@gmail.com or call us at (707) 595-0166.



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