

OAKMONT NEWS

Oakmont's Semimonthly Newspaper

www.oakmontvillage.com/news

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Club Leader Survey Being Conducted This Month

■Marlena Cannon Tremont and Tom Kendrick, Oakmont 2030 Co-Chairs

Work on ideas arising from the Oakmont 2030 initiative is building at a rapid pace. An example is a survey of club leaders about facility usage and technology needs that will be conducted this month. Working with OVA staff members Chrystal Antone and Anita Roraus, a group of volunteers plans to personally interview more than 150 club leaders, for which they will need help.

"The purpose of the survey is to gain a better understanding of the current and future facility needs

See **CLUB LEADER SURVEY** on page 4



Ydrogo, Randol, Dearden, Spillman Elected to OVA Board

■New Staff Report

In a closely contested election, Olga Ydrogo, Mark Randol, Steve Spillman and Dave Dearden were elected to two-year terms on the Oakmont Village Association Board of Directors. Ydrogo and Randol were reelected while Spillman and Dearden are new board members.

The results were announced at an organizational meeting following the counting of ballots April 3. The new board then elected Marianne Neufeld, President; Ydrogo, Vice President; Iris Harrell, Secretary, and Elke Strunka, Treasurer. The treasurer does not have to be a board member.

Ydrogo received the most votes, 1187, followed by Randol, 917; Dearden, 886; Spillman, 864; Ken Smith, 835, and Matt Oliver, 802.

Roadside Library



This "roadside library" with a bench outside Debbie Devoto's home on Oakmont Drive is a lending library offering books to share with the community. Another nice thing about life in Oakmont. (Photo by Maureen McGettigan)

Impactful Year Seen For Oakmont Village

■Al Haggerty

With a look back and a look forward, OVA Board President Mark Randol reflected on a "very eventful" past year and predicted an "equally impactful" 2023 for the community in his "State of the Association" address at OVA's 57th Annual Meeting April 3 at Berger Center.

In a sweeping overview of 2022, Randol reflected on the golf course operation, upgrades of Oakmont facilities, safety improvements and personnel changes.

Randol reported that the OVA and CourseCo "have established a mutually-supportive relationship." Over the past three years, he said, CourseCo has made the required investment of \$1 million in improving the courses and addressing long-deferred maintenance. While the recent rains have reduced the number of rounds of golf, he said, course operators have had great success with their events, including live music and other activities that keep people coming to the Valley of the Moon Club.

Randol reflected on the rehabilitation of the West Rec. Center after flooding from faulty sprinklers, the refresh of the Berger Center, expanded pool hours and vastly improved pool maintenance, including professional service.

With the successful Junk the Juniper Program, the creation of safety standards for landscaping, gates and fences and removal of flammable vegetation by homeowners, Oakmont has become a "Firewise Community," he said, and has reduced insurance costs for some residents.

Regarding Oakmont 2030, Randol said, working groups have produced some 200 ideas to be reviewed in the coming year, while 30 of these have been slated for accelerated review and consideration by the Board. Also, OVA has contributed to the new Santa Rosa General Plan, resulting in a new zoning designation being recommended for Oakmont's central area.

In the personnel department, Randol called the hiring of Christel Antone as general manager, the most important board accomplishment and noted the hiring of Crissi Langwell as the new communications director.

The annual meeting also featured recognition of the contributions of volunteers to every aspect of life in Oakmont. Marlena Tremont and Tom Kendrick received the Susan C. Millar Volunteers-of-the Year Award for their "energy and exemplary leadership" of a broad menu of services and needs. Jackie Ryan, president of the Oakmont Community Foundation, singled out their "countless hours of work" in launching and sustaining the Oakmont 2030 Project. Tremont and Kendrick also received a \$1,000 grant from the Oakmont Community Foundation, which they will pass on to an Oakmont organization of their choosing. Millar, a long-time Oakmont volunteer who headed the foundation, died in 2018.



Tom Kendrick and Marlena Tremont.



Sue Hattendorf.

Also, Sue Hattendorf was named the Community Service Volunteer of the Year for her years of dedicated work leading Citizens Organized To Prepare For Emergencies (COPE).

Travel Cybersecurity

■Tina Nerat

Now that spring has arrived and the rains are subsiding, most of us are thinking about planning travel for later in the year. As part of the planning and the trip(s) themselves, cybersecurity considerations are important.

Planning. Be careful to use reputable online booking sites to avoid fake vacation rentals and cheap hotel scams. There is an article from 9/11/2021 at oakmont-learning.org under tech articles about different vacation rental resources. Also be sure to visit travel.state.gov for federal warnings about dangerous places for travel. Google "covid travel information" to get to the State Department site for Covid travel information. Make sure you have RFID sleeves for your passport and credit cards.

Before leaving on your trip. Backup critical data. Remove sensitive data. Update to the latest versions: OS, apps, anti-virus software, malware apps. Check privacy and location settings. Clear your history and cookies on your browsers. Turn off WiFi auto-connect and disable Bluetooth as much as possible. Update passwords. Limit the number of devices you take on the trip (more devices=more risk). Do NOT list specific dates if you look for a pet- or house-sitter online and think carefully about where you post this. Do you really want to ask in Oakmont only or thousands of people in Sonoma/Napa counties on Nextdoor?

While traveling. Beware of "shoulder-surfing" or get a privacy screen. Pay attention to physical security of your electronics. Do not use public WiFi; use a VPN for more security. Ditto for hotel WiFi. Using your cellphone as a WiFi hotspot is more secure. Do not use public computers in hotels (could have spyware or keystroke loggers). Get receipts or keep track of purchases.

Be careful with ATMs that might have skimming devices attached. Be aware of the scam where the ATM machine card reader is jammed and you have to tap your credit/debit card to get the money out

See **TRAVEL CYBERSECURITY** on page 3



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As an Oakmont resident, I will be there for you throughout the entire process.

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Learn to Firescape for Wildfire

■News Staff Report

Matt Walter, a landscape architect, will present “Firescaping: Landscaping with Wildfires in Mind” on Wednesday, April 26 at the East Rec. Center from 10:30–11:30 a.m.

Walter, who owns Refuge Firescaping, says he is confident the lecture will give participants a way “to have both beautiful landscapes and firewise landscapes at the same time.” He is also a certified wildfire mitigation specialist and a volunteer firefighter and has expertise in using native plants.

“Oakmont is blessed to be surrounded by beautiful forests, vineyards and mountains. Unfortunately,



these surroundings make our community more susceptible to wildfires, and we can lower our risk by taking actions in our landscapes,” said Dave Watts, chair of the Firewise Resource Committee.

Walter’s presentation will also cover plant selection and maintenance, fire behavior and design ideas, such as using planting islands.

“Firescaping: Landscaping with Wildfires in Mind” is presented by Oakmont’s Firewise Resource Committee and will be available in-person and as a Zoom event. Find the link to Zoom on the OVA website events page.



New Horizons Band at Berger Center

■News Staff Report

The New Horizons Band of Sonoma County will give its spring concert in the Berger Center on Saturday, April 29 at 2 p.m.

This year’s program will offer a classical waltz, two famous marches, a unique rag, blues, jazz and more. The 70-member band includes several Oakmonters.

They are Dan Derham, trumpet; Linda Green, clarinet; Roger Morcomb, percussion, Sharon Neely, clarinet, and John Z. Ray, trombone and associate director.

Michael Milbrath will make his debut as the band’s new director. The concert is free, with donations gratefully accepted.

Letter to the Editor

WALK ON THE SIDES

Dear Editor,

I am writing to voice my concern about people walking down the middle of Oak Mesa Drive. Oak Mesa Drive is not a pedestrian walkway, but a city-owned street. People needing to walk down the drive should keep to the extreme right or where possible use the sidewalks.

With quite a few winding turns, drivers coming down Oak Mesa might not see a person walking down the middle of the road in time to stop. Serious injury or even death might be the result.

Twice now I have driven slowly down the drive to encounter individuals walking in the middle of the road. So please I ask people to exercise caution on the drive and be alert to vehicles coming up and down the street. This way everyone will be more safe.

Stephen Laruccia

CPR and First Aid Course

■Crissi Langwell, OVA Communications Director

Survival CPR will offer Oakmont residents a non-certified CPR course and certified CPR and First Aid training on Monday, May 8 at the East Rec. Center.

At 9 a.m., the emergency trainers will provide a friends-and-family course, which is a non-certified CPR training that will still offer lifesaving skills. This course covers how to do hands-only CPR, use of an AED, and how to aid someone who is choking. The cost for this non-certified CPR course is \$30.

At 10:30 a.m., there will be a CPR certification and First Aid course that will use manikins to perform CPR, chest compressions, and rescue breathing, and will also cover using an AED and aiding someone who is choking. The First Aid portion of this course will cover bleeding control, stroke, and heart attacks, among other ailments. The cost for this certified CPR and First Aid course is \$99.

Residents who are interested in taking a Survival CPR course should sign up and pay at the OVA office for the CPR class they prefer. Sign up by May 4.

Questions? Contact Dawn McFarland at dawn@oakmontvillage.com.

TRAVEL CYBERSECURITY Continued from page 1

— make sure you get the receipt and log out of the transaction completely before walking away. Think before posting on social media or wait until you get home—do you really want people to know your home is empty?

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Third Annual Oakmont Fire Safe Fair

■News Staff Report

**MARK YOUR CALENDAR
FRIDAY, MAY 12, 3:30–6:30 PM
AT BERGER CENTER**

Save the date for an afternoon of fun and learning about actions you can take as a homeowner to reduce wildfire risk. Several vendors will be on site to demonstrate and talk about products and services that are wildfire related, including products new to the marketplace.

The Firewise Resource Committee, OEPC, and representatives of the new emergency preparedness program will all be sharing information. Popular Sonoma County food trucks will be available to purchase dinners.

Read *Oakmont News* on Your Computer

■Crissi Langwell, OVA Communications Director

Are you interested in reading *Oakmont News* online in a digital, reader-friendly format? The print edition of our community newspaper is now also available online at the OVA website, oakmontvillage.com. Oakmont residents who subscribe to OVA e-blasts should receive an email with a link to the digital newspaper every second and fourth Saturday, the same day the print edition publishes.

The OVA has provided a digital issue of *Oakmont News* since 2014. Previously, it was displayed using ISSUU, a digital display that allows users to flip pages as they read. Recent complaints about this program inspired OVA to switch to a PDF format, with a link for users to download and read or print an article for more convenient reading.

With two ways to read *Oakmont News*, residents may choose the format that works best for them, ensuring they are up to date on community news and happenings.

Welcome Committee

■Katy Carrel

NEW RESIDENT PACKET READY FOR DOWNLOAD!

A PDF of the "New Resident Welcome Packet" is now available to any Oakmont resident to download or just read online at oakmontvillage.com/WelcomePacket. Created by the Welcome Committee, this packet contains much of the information one needs when moving to Oakmont, some of the information that was previously in the "Oakmont Directory," and some key policies, guidelines, and emergency preparedness actions.

CLUB LEADER SURVEY Continued from page 1

of our community," explains Rex Fuller, Oakmont 2030 Steering Committee member. "We need people to help conduct the interviews and we need the cooperation of club leaders to spend about 20 minutes answering key questions."

Club Council leader George McKinney adds, "The Club Council has identified the space issue as very important to the leaders of clubs, sub-HOA's, and other organizations in Oakmont. This survey will help Oakmont understand the availability of space, the most efficient way to manage it and ultimately, improve Oakmont's ability to make space available as needed."

The club survey is an action item that grew out of the Community Conversations held last summer where residents identified the need to ensure adequate space for clubs, events, organizations and sports groups and to ensure new spaces for future activities. The survey results will update and expand upon the pre-COVID Club Survey that was conducted in 2020 by the Long-Range Planning Committee.

In addition to surveying existing clubs, the group is asking people who are thinking about organizing a new club that will need to use Oakmont facilities to contact Oakmont 2030 so that you can also participate in the survey. If you would like to help conduct some interviews or want to learn more about this, please contact Oakmont 2030 at 2030@oakmontvillage.com.

Cal Alumni Club of Oakmont



■Linda Williams

TOMB OF UNKNOWN SOLDIER GUARD TO SPEAK TO CAL ALUMNI

The April dinner for the Cal Alumni Club of Oakmont will be held on Thursday, April 20, at the Wild Oak Saddle Club. Our featured speaker will be Larry Seaton, who served as a Tomb Guard Sentinel with the 2nd Relief at the Tomb of the Unknown Soldier. He is a founding member of the Society of the Honor Guard for the Tomb of the Unknown Soldier.

Larry served as a Tomb Guard from December, 1970 to November, 1971. Larry says, "Serving as a Tomb Guard remains most of the significant periods of my life. Spending days and nights in Arlington cemetery surrounded by the final resting places of the people who explored, served and protected this country is a very emotional experience."

Upon leaving the military, he began working in construction and currently works as a construction management consultant, primarily for the wine industry. One of Larry's recreational pastimes is mountaineering and he has climbed five of the seven summits—Denali, Kilimanjaro, Aconcagua, Mt. Vinson, and Mt. Elbrus. His attempt to climb Mt. Everest was aborted due to earthquakes and has been chronicled in the book by Jennifer Hull.

The cost of the dinner is \$55 for members of the Cal Alumni Club and their guests and \$65 for non-members. Non-alumni are welcome to join the Cal Alumni Club as "Friends of Cal." Dues are \$20 per year per household. Donations to our scholarship program, which benefits SRJC students who transfer to Cal, and which also support the Cal Alumni Association scholarship programs, are also welcome.

Cocktails will begin at 5 p.m. and are included in the price. Dinner will be served at 6. The dinner will be Chicken Piccata, mashed potatoes, roasted vegetables, and garden salad. Dessert will be strawberry cake. There will also be wine on the tables.

Reservations and payment must be received by Friday, April 14. Call (707) 322-6272 for payment and reservation information.



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Oakmont Evacuation Route Awaits Burbank EIR For Elnoka

■ Al Haggerty

Negotiations with Burbank Housing for an emergency evacuation route from Oakmont through Elnoka cannot begin until Burbank discloses its plans for the site, according to OVA Board President Mark Randol.

Randol, in his report at the March 21 board meeting, said that Burbank, which recently purchased Elnoka, is sorting out how it will develop the property. "Until they publicly disclose their plans and submit an Environmental Impact Report," he said, "we cannot begin negotiations with them about an evacuation route."

Noting the heavy congestion and long delays when residents left by way of Oakmont Drive or Pythian Road during the wild fire seasons he said "unfortunately these are our only exits out of Oakmont."

He said there are two other possible evacuation routes for Oakmont. One is along Channel Drive that leads to a very narrow road near Spring Lake Park and then to a stop sign on Montgomery Drive. However, because in an emergency it is used by fire trucks and emergency vehicles, there are likely to be considerable delays.

A second option on the east side of Oakmont, he said, would involve construction of a road between Oakmont and Lawndale Road. This is complicated because of the terrain and it would involve negotiations with land owners along the route. "Nevertheless," he said, "this is an option that merits investigation and the Board of Directors will do so."

In a move to significantly increase the maintenance of Oakmont's three pools and spas, the board approved spending up to \$46,000 for new equipment and filtering media. The current filtering material is sand, which can compact over time and need replacement every 1.5 to 2 years. It will be replaced by glass, which can last 10-15 years. In addition, two filters will be replaced at the West Pool and three pool/spa pumps will be purchased for the East pool.

OVA Treasurer Elke Strunka, in response to public concerns over the banking industry, said Oakmont's investments are safe. She said none of Oakmont's funds are invested in banks involved in the recent industry problems. Funds are in 11 banks, all with balances under the insured limit of \$250,000, Strunka said.

At-a-Glance Summary of March 21 OVA Board Meeting

■ Harriet Palk

COMMITTEE REPORTS

Landscape: Old Phormiums at Berger removed and replaced; rock mulch ordered for front of CAC; awaiting bids to remove older plants on median; meeting with consultant to discuss erosion issues at West Rec. where True North will redo drainage swale and re-rock area south of tennis courts; manzanita and broom plants removed at East Rec.; will redo landscape at Pythian entrance when rains end.

The number of allowed members is changed to seven. Jeanna Garcia, Carolyn Greene and John Blevens were added as members.

Welcome: Completed extensive version of the "New Resident Packet," a complete resource designed to help new residents transition more easily when they move to Oakmont; Committee asking for volunteers be on the Welcome Team; working out details to provide a hard copy of the packet rather than asking new residents to print it out at home; started advertising for new residents to meet with a volunteer.

Planned Development Document Update: Oakmont documents filed with city in 1963 are

outdated. A conditional use permit is required for something as small as putting up a basketball hoop, an expensive process for both Oakmont and the city. OVA is working with the city to change the requirement for small modifications, and the city is being very cooperative.

Evacuation Study: With board approval, a consultant was hired to do such a study, but his proposal was over budget. Representatives from five city agencies are willing to work with OVA on preparation of plans inside Oakmont. Meanwhile, alternate proposals have been received and will be presented at the April OVA Board meeting.

Pool and Spa Pump Media Replacements: Board approved a not-to-exceed amount of \$21,000 for the general manager to purchase replacement filter media (sand to glass) for each of the pools and spas.

Pool Pumps: Approved purchase of three pool/spa pumps for \$10,441.90 with a not-to-exceed amount of \$11,000 (three pumps at \$2,147.30 each and two installations at \$2,000 each).

West Pool Filters: Approved a not-to-exceed amount of \$14,000 for the general manager to purchase two replacement pool filters for the West pool.

Pickleball Corner



■ Connie Medeiros

TOURNAMENT SEASON

Tournament season is coming up! How to prepare for a tournament? Watch a great YouTube video located at youtu.be/HptZu-pMGo0. This video tells you what you need to do to prepare for a tournament and what to expect. Time to get a partner and start practicing.

There are many members in the OPC who have participated in and won medals in tournaments and would be glad to help you prepare. Here are some words of wisdom and advice from Senior Games Tournament medalists:

Mark: "Relax & have fun."

Diane: "It was very fun to be a part of it, to test our skills against different people. I thought I would be too nervous, but once I started playing it was just fun! Also, winning a medal was something I was more proud of than I imagined!"

Doc: "I read that there are three levels of Pickleball players: recreational, serious/ tournament, and professional. Reading about and talking with serious and pro players, almost all state that they drill more than they play games. When I started playing an advanced gold metal player told me: 'the more I play, the worse I get.' She stated that playing only won't improve your game and contributes to continuing bad habits. Ben John's states that he doesn't play recreationally and only drills and play tournaments. My advice is: if you have to be a good painter, it's too

risky to paint. Have fun!"

And from Yours Truly (who didn't win a medal): "At least I got a T-shirt!"

Details on OPC Tournament at Oakmont will be forthcoming. Other tournaments/dates to note:

May 12-14: Wine Country "Pickleball for All" Spring Classic at Finley Park. All skill levels and ages, including 60+.

June 9-11: Wine Country Senior Games at Sunrise Park, Rohnert Park. This pickleball event is for 50+ seniors only and all skill levels.

SAVE THE DATES

April 17: OPC Quarterly Meeting—2 p.m. at the East Rec Center

May 11: OPC Wine & Dine Dinner (and of course, music) at the Saddle Club

June 21: New Members Social

July 19: OPC Quarterly Meeting

New Player Orientation: 9 a.m. on Tuesday mornings. Arrangements can be made by contacting Nancy Lande at (707) 978-2998 to schedule a session.

Demo loaner paddles are available to club members by contacting Doc Savarese at (707) 349-96065.



Graphic by Peter Copen.

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■Greg Fauss



Easter rocks hand-painted and placed in parks in Berlin.

JOIN US THIS EASTER!

We invite you to join us this Easter Sunday for a celebration of hope at 10:30 a.m. at the East Rec Center at 7902 Oakmont Dr.

Easter is in one sense the most significant Christian celebration of the year. Without it there would be no Christian faith as we know it.

On this day we affirm our belief that the historical figure, and world-recognized prophet, healer and teacher, Jesus of Nazareth, was more than just a great man. We confess our belief that this Jesus not only died for the wrongdoing of all people, but actually came back to life in order to give us new life. We celebrate that through Jesus there is supernatural hope for everyone and everything. We rejoice that death does not need to have the final word in life.

While this might sound confounding to some, there are many good reasons to believe and embrace this life-giving story. We welcome anyone who has questions or who just wants to check us out.

For more information about our Sunday services, our Wednesday morning Bible study, Alpha (an open forum to discuss the Christian faith) that meets on Wednesday evenings over a meal, Saturday Prayer and other gatherings visit our website at www.occantarosa.org,

Write us at occantarosa@gmail.com or call at (707) 595-0166.

Oakmont Caregivers Support Group

■Vickie Jackanich

HOW DO YOU KEEP YOUR ILL SPOUSE ACTIVE?

Many of us caring for an ill family member struggle at home with ways to keep him or her engaged with life. Sometimes there are physical limitations, such as the inability to walk. Sometimes there are memory problems, so he or she can no longer participate in what used to seem like simple tasks or games.

You might feel understandably frustrated or depressed, stuck in this situation.

Come join the discussion of the Oakmont Caregiver Support Group! We have been sharing ideas and experiences—and laughter—as we talk about how to care for our loved ones and keep our own spirits lively.

The Oakmont Caregiver Support Group meets the second and fourth Wednesday of each month, 10:30 a.m. to noon, in the Central Activities Center, Room B. It is facilitated by Alexis Glidewell, LCSW. For more information, call me at 595-3054 or email dicnvic@comcast.net.

Let's Dance—Together!

■Terry Whitten, Instructor

INTRODUCTION TO SALSA DANCING

WHAT: Beginning Salsa Partner Dance Classes

WHEN: Wednesdays, May 10, 17 and 24

TIME: 4–5:15 p.m. **WHERE:** Lower West Rec.

COST: \$10 pp for single class. \$8 pp if 2 or more classes are purchased at the same time

In May, come join the fun and learn the basic steps of the lively Salsa. The most basic Salsa steps are relatively easy and the music is upbeat. The basic steps will be taught over the course of three classes and each class will build on the material taught in the previous session.

Salsa is a Latin dance similar to Mambo. Both Salsa and Mambo music were made popular in the United States in the 1940s and 1950s by artists such as Tito Puente and Celia Cruz. More contemporary artists who have had popular songs that can be danced with Salsa are Gloria Estefan, Ricky Martin and Enrique Iglesias.

No partners or experience are required. We will rotate partners during the classes. Also, any ladies that want to lead and any men that want to follow are very welcome.

At this time, full Covid vaccination plus at least one booster will be required. Face masks will be optional but highly recommended.

Aside from being fun and a great way to get exercise, a number of studies have shown that partner dancing on a regular basis may reduce the possibility of cognitive decline and may actually increase mental acuity. It is definitely good for our brains, muscles, balance and spirit!

To register or for any questions, please contact me at twhitten@pacbell.net or call (415) 265-7590. Please bring your vaccination card or photo of it to the first class you take.



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■Ray Haverson

CINCO DE MAYO DINNER AND PARTY

WHEN: Friday, May 5 **WHERE:** Berger Center
TIME: Doors open at 4:30 p.m.; dinner from 5–6:30 p.m.
COST: \$50 per person

FOOD: Chips, salsa, enchiladas, tamales, rice, beans and a make your own taco stand (soft and hard shell)
MUSIC: The great J Silver Heels Band ('50s-'70s music)

You do not want to miss this great party as this is the only one all year with great door prizes. You will not want to miss our famous Conga Line.

You need to get your reservation with payment early for the best seats.

Please make checks payable to Sha-Boom and put them in our folder at the OVA office or you can mail them to 7111 Oak Leaf Drive, Santa Rosa, CA 95409.

Please remember to include all names in one envelope with payment for all to guarantee your seats together.

You may call me at (707) 539-6666 or e-mail haversonr@comcast.net.

See you all on Friday, May 5.

Oakmont Singles



■Deb Ponts

Are you single? New to Oakmont? Join our club to mix and mingle with other singles. Our club offers the opportunity to network with other singles that may have your same interests. Develop new friendships, enjoy meals out with Bon Appetit or reserve a seat at a singles table for Oakmont events.

APRIL MIXER

WESTERN-THEMED, BBQ, SQUARE DANCE

WHEN: Friday, April 21, 6 p.m.

WHERE: Berger Center

Our very own Square Dancers, the Oakmont Squares, will be performing for us. They will then invite guests to participate in steps and calls. Think western wear... Cowboy boots, bolo ties, hats, jeans and fringe!

Bring an appetizer or a dessert to share that you'd enjoy at a hoedown. Be ready to kick up your heels, do-si-do, and have fun. Be there and be "Square."

Wear your name badge, bring BYOB, key card and proof of Covid vaccination (if a first-timer). RSVP to Priscilla, proslyn49@aol.com by April 17.

MAY BON APPETIT

WHEN: Thursday, May 4, 6 p.m.

WHERE: Kettles Vietnamese Bistro, 1202 Steele Ln, Santa Rosa

Kettles source local artisanal products. Natural and fresh food, free range chicken, gluten free, vegan and dairy free options available. Great food!

Reservation limited to 20. Indoor dining. Bring cash for your meal, one check per table. RSVP to Marilyn, marilyn_mckeever@hotmail.com by May 1.

MEMBERSHIP

To join or renew your membership, complete a membership form located in the Singles folder at the OVA office. Place the form along with your check for \$12 payable to OSC in the membership folder.

NAME BADGES

We encourage you to wear a name badge. You're welcome to wear a name badge from other clubs, it could be a conversation starter. To order a name badge complete the name badge form located in the Singles folder along with your check for \$10 payable to OSC.

Canine Club



■Randi Hulce

UPCOMING CLUB ACTIVITIES

Walk Your Dog! Woofers Yappy Hour, 10 a.m.: Friday, April 21—meet at Catholic Church Parking Lot; Monday, May 1—meet at the corner of Oakmont Dr. and Greenfield Cir. Walk is 1–2 miles (round trip). These are casual, self-paced walks; a chance to "smell the roses," or in the dogs' case, smell every bush and weed. Bring water for yourself and pup. Wear comfortable walking shoes. Yappy Hour dog walks are open to all Oakmont Residents, all dog sizes and breeds. Rain cancels!

Members-only Spring Picnic: The Annual Canine Club Picnic is Saturday, April 8, noon –2 p.m., West Rec. Picnic Area. Picnic is free for all members who RSVP'd. Hamburgers, Hot Dogs, provided by Oakmont Market. Potluck-style for appetizers, salads, and desserts. Did you RSVP to periolinger@yahoo.com by the March 31 deadline? Then you are all set, and Peri sent you email confirmation.



WHAT'S HAPPENING AT THE DOG PARK

Happy Tails Dog Park, located behind Community Garden, 6300 block—Stone Bridge Rd. Available Daily, Sunrise to Sunset, for all Oakmont residents.

Volunteers Still Needed: Please contact periolinger@yahoo.com or call (707) 479-6961 if interested. Commitment—one hour per week. Duties include removing trash, returning balls to baskets, refilling waste bag dispenser, picking up "doggie deposits" missed by owners, reporting any behavioral issues by humans or doggies, and any maintenance needs. Why not play with your pup at the dog park and volunteer at the same time?

Rescue Dogs Play Date—Saturday, April 15, 10 a.m.–Noon: If your fur baby came from a rescue organization or was rehomed to your new "forever home," then this event is for you. Any breeds any size pups invited. Come meet other Oakmont residents who have rescued a pup in need and find out more about their experiences.

Small Dog Hours: Will continue for pups 25lbs. or less, 3–4 p.m. every Sunday and every Wednesday. Club members thank you for respecting safety concerns by observing the 2-hour window per week for small dogs.

LOCAL COMMUNITY DOG EVENTS

Dogwood Animal Rescue Adoption Event: Saturday, May 13, 10 a.m.–1 p.m., Berger Lawn. Meet and greet some Dogwood's adoptable animals. Volunteers from Dogwood will be on hand to share rescue stories and sell crafts and merchandize. All funds raised benefit dogwood's mission of supporting animals and people who love them, through rescue, rehoming, spay/neuter, and education. Dogwood alumni are invited to stop by with your rescue pups.

Paws for Reading: Still time to join this program offered by Paws for Healing at local schools. Students get one-on-one time reading to a dog. If you would like to share your dog's love with kids in this way, join the next training series. It runs three consecutive Saturday mornings starting April 15. For more information, call Donna Forst, (707) 775-9241.

NOTE: All club activities are listed on Canine Club website: www.oakmontcanineclub.org under the Meetings/Events tab.

Current Events Discussion Group



■Tina Lewis

Every Friday from 1–2:30 p.m. Current Events meets at the East Rec. There is Zoom available for those who can't attend in person.

We are working to make Current Events more educational and inclusive. Look for in-depth reports and issues discussed from opposing points of view. Another innovation is our social gatherings following the meetings. We meet at a place determined at the end of each meeting for Happy Hour, places such as Salt & Stone, Oak, Cielito Lindo, and Tips Roadside.

If you are not on the Zoom mailing list and wish to be, email tinalewis31@comcast.net or call (707) 758-9739. Judie Coleman, host of the meetings, will add your name to the list.

Oakmont Cannabis Club



■Heidi Klyn

LEARN WHAT CANNABIS CAN DO FOR YOU

WHEN: Monday, May 1 **TIME:** 2 p.m.
WHERE: East Rec Center (bring key card)

The Oakmont Cannabis Club, in partnership with Solful and Rosette Wellness, presents Improving Your Health With Cannabis. Join Eli Melrod, Co-Founder and CEO of Solful, and Chris Muffoletto, an expert member of the Rosette Wellness team. Chris will share the impactful and natural healing powers of cannabis with an interactive presentation.

Learn how cannabis functions to address a myriad of potential therapeutic applications such as improving sleep quality, relieving aches and pains, managing inflammation (i.e. arthritis), and reducing stress/anxiety. Chris and Eli will also be available for any more questions after the presentation.

Oakmont Music Lovers

■Judy Walker

JAZZ—A VERY BRIEF HISTORY AND DEMONSTRATION

For our April 2023 session, Oakmont resident Louise Bettner will present a program devoted to her wide interest in Jazz. She will cover many elements including:

- The origins and development of jazz music and the integration of cultures and musical styles
- Ragtime, Dixieland, BePop, West Coast Jazz, R&B;
- Influence of the recording industry and Civil Rights Movement;
- Evolution of jazz through the period 1942 to 1972;
- Establishment of jazz as high art with national appeal.

She will also talk about her personal interest in jazz elaborating on her continuing evolution from classical musician to jazz theory and technique (use of rhythm, jazz harmony and thematic improvisation). She will include a demonstration of jazz improvisation on a standard tune.

Louise will conclude with a summary of why jazz matters to her as an art form and how it has contributed to music the world over.

Louise Bettner, Ph.D. is a psychologist with a degree in piano performance. After retiring from practice, she has focused on her lifelong interest in jazz and enhancing her jazz piano skills.

Please note the following: due to some scheduling difficulties, this session will take place at a different day and time (see below). To make it special, wine and snacks will be served after the presentation. Hope you can join us to celebrate a nice spring evening.

WHEN: Friday, April 28 at 6 p.m. (different time and day)
WHERE: East Rec. Center
ADMISSION: Free—donations gratefully accepted

Wii Bowling Oakmont Lanes



■Terry Leuthner

Oakmont Lanes Bowling Club is a Bowling League consisting of four-person teams that utilize Nintendo Wii to simulate the experience of bowling without the weight of a bowling ball. Any resident who has the ability of holding a small remote control in their hand while swinging their arm as if they were rolling a bowling ball will be able to join.

Anyone interested in joining our Club, either as a team bowler or substitute, please call me at (707) 291-3023 or stop by the East Recreation Center on Tuesdays from 1:30-4:30 p.m. to see us in action.

We charge \$25 for a ten-week tournament that includes the play-offs. We bowl every Tuesday of the month except for the fourth Tuesday. Both, 1:30 p.m. League and 3:15 p.m. League, have 6 teams, 4 bowlers per team. Each bowler bowls three games and has his/her own handicap (80%) and average. Bowler and team results are recorded each week.

See www.oakmontlanes.com for club information, bowling dates, week results, schedules to bring cookies and to set up/tear down equipment.

Summer League: Time change from previously announced: Starting April 18, the 1:30 League will continue to bowl at 1:30 p.m. and the 3:15 League will continue to bowl at 3:15 p.m.

Bowling Challenges: We have various bowler challenges during the year where a bowler can win a \$5 gift certificate to Safeway if he/she bowls a strike in determined frames.

Bowling Dates for April: Apr. 11 (Play-off Tournament where top 3 teams from 1:30 League bowl the top 3 Teams from 3:15 League to determine the Summer League Team Champion) and Apr. 18 (start of Summer League). No bowling Apr. 25 (fourth Tuesday).

RESULTS AS OF MARCH 21 (WEEK #9 WINTER LEAGUE)

1:30 PM League: first place, Pocket Hits; second place, 4 Tops; third place, Alley Oops; fourth place, Wii

Four; fifth place, Phantom Strikers; sixth place, Strikers.

Men's High Games: Don Shelhart, 266; Gordon Freedman, 264; Frank Schepergerdes, 259; Glen Hewitt, 236; Terry Leuthner, 236; Larry Lazzarini, 202.

Women's High Games: Joanne Abrams, 300; Peggy Ensley, 278; Sandy Osheroff, 246; Euroasia, 237; Robin Schudel, 234; Lynda Rebsamen, 219; Diane Price, 204.

3:15 PM League: first place, High Rollers; second place tie, Strikes & Spares and King Pins; fourth place, Phantoms.

Oakmont Squares



■Barbara Wooley

IN THE SPOTLIGHT: NEAL WOOLEY

Oakmont Squares is excited to begin its Spring Class with an Open House at 7 p.m. on Tuesday, April 25 at the East Rec. Center. Come meet the dancers and recent graduates and see what fun Square Dancing can be.

Veteran dancer, Neal Wooley, came to Square Dancing over 40 years ago. He joined a singles dancing club hoping to meet girls; and found out how much fun square dancing was. Not only has Neal danced locally, he has danced in several states (including Hawaii), and in other countries,

including England and Brazil. He was happily surprised at how welcoming and accommodating all the clubs were no matter where he found himself.

Neal took a 20-year break from dancing and was glad to find that he was able to pick up right where he left off when joining the Oakmont Squares last October. Neal has been happy to help the newbies learn and practice the steps during this last class of students and looks forward to a new group.

Neal has lived in Oakmont since last August, although, he has been traveling up here for almost 20 years for the wine, the beautiful parks, and open space. When asked why he chose to move to Sonoma County, Neal said that this area reminded him of all of the orchards, farmland and open space from where he grew up in Santa Clara Valley (aka The Valley of the Heart's Delight). He enjoys the small-town feel in Santa Rosa along with the benefits of a city. Neal comes to Oakmont from the Santa Cruz Mountains. There, he designed and built his own home. Except for three years living in Brazil, Neal has lived in California his whole life.

Neal has been retired for almost eight years from his 30+ years teaching career. Neal taught pretty much everything from pre-school to adult ed. After teaching math, history, and English in middle school for over 15 years, he finished his career teaching woodshop in a shop he designed and then built with his students.

When asked what he would tell people thinking about joining a square dancing club, Neal said, "Squared dancing is great exercise and a wonderful way to socialize." He stated that Oakmont Squares is lucky to have a great caller, and he has been glad to have made some wonderful friends. Finally, he stated, "Remember that you are not in this alone, experienced dancers are more than happy to help the newcomers. All members of Oakmont Squares, old and new, are there to have fun and to help everyone have a great time."

Catch the Oakmont Squares in action at the Singles Club April Mixer on Friday, April 21 at the Berger Center at 6 p.m.

The Oakmont Squares meet Tuesday evenings from 7-9 p.m. at the East Rec. Center. Come dance in a square and make a circle of friends.

For information call Jenny at (707) 367-2102.



Neal Wooley.
(Photo by Barbara Wooley)

Volunteer Resources Committee



■Bev Leve

VOLUNTEER OPENINGS

Nine volunteer club openings were fill by attendees at the first Volunteer Open House recently.

This month the Volunteer Resources Committee is listing volunteer opportunities on six OVA committees. To be considered for a committee, members should submit a short biography to the contact person for the open committee position. Each committee has a charter that is approved by the Board of Directors and defines the committee's work and purpose. The following committees have openings:

OEPCC: Oakmont Emergency Preparedness. Focuses on keeping Oakmont safe and educating residents in neighborhood communications, radio communication, and emergency preparedness at the community, neighborhood, and personal level. Contact Katy Carrel (ktcarrel@mac.com) for more information.

OCDC: Oakmont Community Development. Monitors and advises the BOD on activities, change of uses, proposals, projects and plans for commercial properties within the boundaries of Oakmont or on local land use proposals germane to Oakmont, including the development of any plans for the Central Area and works with the owners of non-OVA properties. Temporarily send emails of interest to the Volunteer Resource Committee (volunteers@oakmontvillage.com).

LRPC: Long Range Planning. The recent 2030 project in Oakmont is analyzing and gathering information on what changes Oakmonters would like to see in the foreseeable future. This group will possibly undertake feasibility studies for ideas presented. Creative thinking skills are a big plus. Temporary contact for these openings is (volunteers@oakmontvillage.com).

CETC: Community Educational and Transparency Committee. Keeps a finger on the pulse of the community and reports ideas to the Board that will enhance good governance. An example of what they do is that through their recommendation the Volunteer Resource Committee came into being. Contact Sue Aiken if interested (slaiken5440@gmail.com).

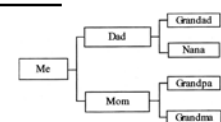
VRC: Volunteer Resource Committee. Provides information on volunteer opportunities and works to fill volunteer openings within the community. This committee is working on a fun new approach to volunteer appreciation week April 19-26. Please do visit during a regular meeting and see what fun we have. If interested, please contact Bev Leve (volunteers@oakmontvillage.com).

Welcome Committee. Supports new residents by providing both written materials and person-to-person communication during the move in process. Contact Chair Katy Carrel (ktcarrel@mac.com) for more information.

As always, any questions you have about other openings for volunteers or to share what your interests are in volunteering, please email volunteers@oakmontvillage.com and a committee member will assist.

Genealogy Club

■Melinda Price



LEARN ABOUT THE DAR AND SAR

The next meeting of the Genealogy Club will be on Monday, April 24 at 1 p.m. in the East Rec. and will also be available on Zoom. Watch your email for info you'll need to join the Zoom meeting. Everyone with an interest in family history is welcome to come to the meetings.

We will learn about Daughters of the American Revolution (DAR) and Sons of the American Revolution (SAR). The DAR and SAR are organizations that you can join by showing descendancy from a Revolutionary War soldier.

George McKinney will give an overview of the information available on the DAR and SAR websites and how you might use it to add information to your own family tree. Additionally, two Oakmont residents will discuss their experiences with these organizations.

Florentia Scott will talk about the DAR. She is a Registrar for the Sonoma County DAR, and she'll be talking about how to qualify for membership in the DAR. Don Edwards will talk about the SAR. He's been a member and knows their process in a less detailed fashion.

The Oakmont Genealogy Club meets from 1-3 p.m. on the fourth Monday of each month (except July and December), both via Zoom and in the East Rec. For information about genealogy research or club activities please visit our website at: www.oakmontgenclub.org. Past programs are posted there as well as tips and internet links.

Email us at: oakmontancestry@gmail.com if you have research questions or would like to receive our e-newsletter.

Oakmont Artists Contribute to Symphony Fundraiser

PRESS RELEASE



Among the masks at the May concerts at Weill Hall are these three by Kay Oppenheimer, one of the many Oakmont artists who contributed to the "Festival of Masks" fundraiser.

A treasure trove of more than 70 colorful masks—many of them hand-painted by Oakmont artists—will be offered for sale to Santa Rosa Symphony attendees in May at Weill Hall. The "Festival of Masks" silent auction benefits music education programs of the Symphony.

Among the artists contributing from Oakmont are Dan

Fishman, Cherie Gooler, Jean Gillen, Wendy Lalanne, Catherine Lecce-Chong, Elizabeth Kern, Esther Munger, Kay Oppenheimer, James Oswald, Barbara Pascal, Sue Rodgers, Janice Rowley, Joan Rumrill, Pam Simpson, Tomi Speed and Julia Wilkinson.

Organized by the Santa Rosa Symphony League, the decorative masks depict a variety of themes, including some that are reminiscent of Mardi Gras and the annual Venice Carnivale celebrations as well as music and nature.

A selection of the masks will be on display before the performances and during intermission at each of the May 6, 7 and 8 concerts, according to Julia Wilkinson, League president. The masks will be ready for pickup and payment at the conclusion of each of the concerts.

Bocce Club



■Gale Schlee

SAINT PATRICK'S DAY TOURNAMENT

The Saint Patrick's Day Bocce Tournament was held on March 18 at the Bocce Club Courts. It was a great turnout of members and a good time was had by all. There were two tie-breaking games with the girls dominating the field.

The next tournament will be held on April 15 at 1 p.m. We encourage all members to join in the fun.

The Sonoma Wine Country Games will be hosting a tournament at Juilliard Park in Santa Rosa on Saturday, June 3 and Sunday, June 4. All Bocce members are encouraged to join the tournament. It is presented by Sonoma County Council on Aging.



Photos by Gale Schlee.

OAK at the VOM Golf Club



■Hilary Gruendle

CELEBRATE MOTHER'S DAY AT OAK FOR BRUNCH ON MAY 14

Menu: Eggs Benedict and Florentine, scrambled eggs, grilled asparagus with lemon, breakfast potatoes, bacon and sausage, mixed green salad, Caesar salad, salmon piccata, garlic mashed potatoes, roasted chicken in pan gravy, assorted fruit platter, assorted desserts, assorted rolls.

COST: \$60 per person, \$30 kids under 10

TIME: 10 a.m. seating and 12:30 p.m. seating

RESERVATIONS: Call (707) 539-0415 x5 to reserve

Valley of the Moon Fellowship

■Larry Hallett

JOIN IN THE FELLOWSHIP!

Valley of the Moon Fellowship (VOMF) is a bi-monthly gathering for fellowship, open discussions on items of interest, opportunities for community service, and spiritual reflection and renewal. The group is non-sectarian and is welcoming and inclusive to all.

Please join us on the second and fourth Sunday of the month, from 4-5:30 p.m. We meet at 6637 Oakmont Drive, Suite B, just around the corner from the OVA office. Bring along a snack to share, if you wish, and engage in fellowship, make new friends, discover new horizons, and depart feeling renewed. Hope to see you!

NOTE: Due to the Easter holiday, there will be no meeting on April 9. Please join us the following Sunday, April 23. Blessings!

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Jewish Interest Group



■Howard Sidorsky

JEWISH MEDICAL ETHICS: BIRTH, DEATH AND EVERYTHING IN BETWEEN



Rabbi Steven Chester.

On Sunday April 16 at 2 p.m. in the East Recreation Center, Rabbi Steven Chester will be making a presentation on This will be a fascinating presentation dealing with Judaism and how it effects Medical Ethics. Rabbi Chester is well known in the Bay Area.

Everyone in Oakmont is invited to attend.

Last month the Jewish Interest Group had an author of a book, discuss how she came about to write the book and the issues about its creation. Normally when people think in terms of the Holocaust, one makes the direct association of the Jews in Germany and Poland who were put into concentration camps and died. They do not think in terms of Jews who were sent to Russia and wound up in Siberia. Few made it out of Siberia and endured the long trek to finally wind up in Israel. Such was the story of the book .

The recorded video of this presentation can be seen here on the Jewish Interest Groups YouTube channel, <https://youtu.be/81Lvn9UpGI8>.



Movies At Oakmont

WHERE: Berger Center

SCREENING DAY AND TIME: Sundays

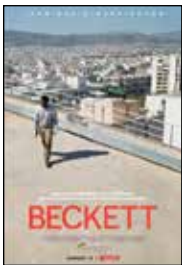
HOSTS: Al and Carol Haggerty, Mike McInnis, Jeff Neuman and Deborah Davidson.

NOTE: All films are shown with English subtitles, when possible, free of charge—compliments of OVA.



APRIL 9 AT 2 PM LAND

A bereaved woman seeks out a new life, off the grid in Wyoming. 2021, PG-13, 1:29.



APRIL 16 AT 2 PM BECKETT

Following a tragic car accident in Greece, an American tourist finds himself at the center of a dangerous political conspiracy and on the run for his life. 2021, MA, 1:50.



APRIL 23 AT 2 PM THE FABELMANS

Growing up in post-WWII Arizona, young Sammy Fabelman aspires to become a filmmaker as he reaches adolescence, but soon discovers a shattering family secret and explores how the power of films can help him see the truth. 2022., PG-13, 2:31

GREEN ACRES MANOR

Residential Care Home

Elizabeth Lopez

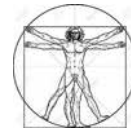
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Fitness Club



■Janice Weekes

APPRECIATION PICNIC AND ANNUAL MEETING

Oakmont Fitness Club members—mark your calendars now for the free Appreciation Picnic and Annual Meeting on Sunday, May 7 from noon to 2 p.m. at the West Rec. Picnic Area. We'll have a brief meeting followed by a delicious barbecue lunch with beer and wine. Everyone who attends will receive a complimentary raffle ticket. Prizes include valuable gift cards. Guests may attend with the purchase of a

\$22 meal ticket.

Please fill out the registration form located in the Fitness Center folder in the OVA office, then return it to the folder, or bring it to the Fitness Center. You must register to attend. Deadline is May 4.

If you are not yet a member of the Fitness Club, now is a great time to join. For the \$30 membership fee you will be able to attend the barbecue and receive four 20-minute personal training sessions with John Phillips, our Oakmont personal trainer.

Kiwanis Club of Oakmont



■Beverly Singer

CHILDREN'S HOME NEEDED ITEMS DRIVE

The Valley of the Moon Children's Home, close to Oakmont, accepts children in dire emergency situations who are in need of care. During the month of April, the Kiwanis Club has a drive to collect requested items the home is in need of. These items include gently used clean beach towels, swim goggles, toothbrushes and paste, body wash, lotions and shampoo. You can bring these items to the Kiwanis Thursday morning meeting at the Berger Center, 8:30-9:30 a.m.



Photo by Beverly Singer.

Kiwanis invites you to come at 8 a.m. for breakfast and to consider joining Kiwanis to help in the many services we support for children and the community. Just let President Ann Isaacs know ahead so we have enough eggs, fruit and breads on hand. Contact Ann at (916) 261-7270 or annisaacs1@att.net.

Oakmont Kiwanis needs all the help it can get. Come

join us in friendship and fellowship as we provide needed services to the community. Volunteering in worthwhile activities feels good, try it on for size.

The Kiwanis Club recent speaker was Luther Burbank Elementary School principal, Victoria Nelson, and school librarian, Brenda Consani. The Kiwanis Club makes a yearly monetary donation to the school library. Mrs. Consani brought a stack of books she purchased with the donation from the Kiwanis Club. Members enjoyed her talk about each of these books.

The Kiwanis Club gave Mrs. Consani and Mrs. Nelson another donation to purchase more books. Best of all, the Maria Carrillo High School Kiwanis sponsored Key Club is having a drive in April to collect gently used, clean children's books and toys to donate to the Luther Burbank School, Valley of the Moon Children's Home, The Living Room and the YWCA.

Key Club members plan to read with students at Luther Burbank School in their after-school program. These students are as eager to assist children and adults as their adult sponsors.

Where does the Kiwanis Club get money for all donations to needy children's and adults' organizations? Why, of course, it comes from your support of our fundraisers: the Shred-A-Thon on May 18, 9 a.m.-noon and the "Carnitas and Margaritas" fun dinner event on Saturday, August 19 at the Berger Center.

We hope to see all of you at these events.

Edward Jones

> edwardjones.com | Member SIPC

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Oakmont Health Initiative Free Fitness Classes

■Charlene Bunas

\$20 ENABLES FREE OHI CLASSES

Oakmont Health Initiative is lucky having JoRene and Nicole lead classes. It's their dedication and guidance that encourage class members to reach a little higher, balance a little longer stand a little straighter. It is because of this leadership combo that the free fitness classes are such a success.

And yet... Fitness is not "free," even if classes are. Classes are free to participants, but additional funds to supplement basic expenses are needed. Hence: the May 6 fundraiser. "Soundtracks of Our Lives" will be a theater-in-the-round, with dancers and singers entertaining a variety of fitness-inspired performances. The last fundraiser was held in 2012.



One class participant describes why he will respond to this 2023 appeal. OHI regular, Gary, will be there. He compares costs of three exercise venues: 35 years in JC fitness classes; two-decade membership in a local gym; and fitness classes at Oakmont. He concludes: "It's a no brainer. Charlene and I see any OHI fundraiser as preference to JC tuition or gym memberships."



Gary.

Others agree and have already made reservations by going to OVA office/Oakmont Health Initiative and filling out the registration form, leaving it with their check (\$20/person made out of Oakmont Health Initiative) and names of all registering in the OHI folder. You can also send check to 7024 Fairfield Drive, Santa Rosa, CA 95409.

The Billie Holiday Project Coming to Oakmont

■Crissi Langwell

Oakmont Village Association is thrilled to announce The Billie Holiday Project is coming to the Berger Center on Thursday, April 27 at 6 p.m. Featuring the talented Stella Heath and some of the Bay Area's finest musicians, this special performance will tell the story of Billie Holiday's life and career through storytelling and her incredible songs.

Take a trip back to the 1930s as Stella Heath sings song treasures that will include "Them There Eyes," "Lover Boy," "Blue Moon," "God Bless the Child," and "Strange Fruit."

One of jazz's most influential singers, Billie Holiday's career spans three decades with numerous memorable hits across

12 studio albums. Posthumously, Holiday won four Grammy Awards for her music, was inducted into the National Rhythm & Blues Hall of Fame, the Grammy Hall of Fame, and the Rock & Roll Hall of Fame.

Inspired by Billie Holiday's contributions to jazz, Stella Heath has been bringing Holiday's music to life through The Billie Holiday Project since 2019. With a childhood steeped in musical influences, Stella Heath holds a deep appreciation of jazz through musicians that includes Louis Armstrong, Bob Dylan, Ella Fitzgerald, and, of course, Billie Holiday. Her background in classical acting, cultural geography, and music has paved the way for this special music and history performance.

Tickets for the Billie Holiday Project are \$25 and available in advance at the OVA office. No reserve seating. Doors open on April 27 at 5:30 p.m. at the Berger Center, and the show starts at 6 p.m.



Stella Heath.

Oakmont Birders

■Barbara Kendrick

CHANGING OF THE GUARD

With the arrival of Spring, the types of birds who are visiting our yards and feeders are changing. Here's what to expect in the next month or two.

So Long, Farewell, Auf Wiedersehen: Some of the species leaving us are many varieties of Sparrows, including Golden-Crowned, most White-Crowned, Fox, and White-Throated; Hermit Thrushes (to be replaced in some cases by similar-looking Swainson's Thrushes); Ruby-Throated Kinglets; and Yellow-Rumped Warblers—who are looking their very best just before they go.

Hello Again: Returning for the breeding season are Allen's Hummingbirds; the gorgeous Lazuli Buntings; Pacific-Slope Flycatchers; Black-Headed Grosbeaks, with their inspired singing; flashy Hooded and Bullock's Orioles; Western Tanagers;



Bullock's Oriole arriving any day now. (Photo courtesy of Tom Grey)



Lazuli Bunting could be in a tree near you. (Photo courtesy of Tom Grey)

Cassin's and Warbling Vireos, so much easier heard than seen; and

a whole passel of Warblers, including Black-Throated Gray, Orange-Crowned, Wilson's, and Yellow.

Never Can Say Goodbye: Among the birds who find our area too pleasant to leave are Anna's Hummingbirds; Bewick's Wrens; California Quail; California and Spotted Towhees; Chestnut-Backed Chickadees; Dark-Eyed Juncos; House Finches; Lesser Goldfinches; Oak Titmouses; Scrub and Steller's Jays; Western Bluebirds; White-Breasted Nuthatches; Hutton's Vireos; and an assortment of woodpeckers including Acorn, Nuttall's, and the very large Pileated.

None of these lists is anywhere near complete—just a listing of the more common varieties. And there are always unusual visitors who find their way here. With birds, almost anything is possible (which is why I keep looking for that condor over Hood Mountain). Serendipity is such a big part of what makes birdwatching fun—there's a special thrill when you and an unexpected bird manage to show up at the exact same time and place in this big, crazy world. So keep your eyes open and your feeders and birdbaths clean and full!

For helpful bird ID information online, try at www.allaboutbirds.org. To find out who's singing around you, download the free Merlin app to your phone.

Got bird questions? Have a bird photo you want to share or ID? Want a "Birds Seen in Oakmont" checklist? Send an e-mail to bkendrick@jps.net.



Marie McBride
322-6843
Private Line

6520 Oakmont Drive
marie@sonic.net

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Charming Laurelwood duet with a creekside setting has an updated eat-in kitchen and interior laundry room. The spacious dining/living area features a gas burning fireplace and built-in cabinetry. Two glass sliders open to the patio that overlooks the association's greenbelt. Other features include double-pane windows, air conditioning, lots of sun tubes, and a two-car garage. This sweet home is waiting for its new owner. **\$589,000**



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Oakmont Garden Club



■Patty McHugh

“After the Garden of Eden, man’s great temptation occurred when he first received his seed catalog.”
—Henry Wadsworth Longfellow



APRIL MEETING REMINDER TOPIC: GUESTS OR PESTS?

WHEN: April 12, 9:30 a.m. Social, 10 a.m. Speaker Program

SPEAKER: Anne Lowings, Master Gardener

Learn to appreciate all the insects in your garden. A healthy garden will usually have some of each. Anne will help us sort them out. Since all insects play a part in the ecosystems of our gardens Anne doesn’t label them as Good or Bad. With experience in Integrated Pest Management (IPA) Anne will share ideas for maintaining healthy home gardens without the use of harmful chemicals. Did you know that some insects can be used as a biological control of harmful insects?

Spring is here! Let’s get out of our homes, stretch our legs on a hike, visit public gardens and start

digging in our own!

Just for fun, here are some Gardener’s Commandments by Art Wolk, :

- Thou shalt covet thy neighbor’s plants. Go ahead—ask for cuttings.
- Thou shalt either be eccentric or find eccentrics charming.
- Thou shalt forsake thy fingernails.
- Thou shalt obsess about the weather.
- Thou shalt keep an open mind.
- Thou shalt order twenty times more seeds than thou needest.
- Thou shalt not care a whit about soil split in your car or trunk.
- Thou shalt appreciate each day and the joys it reveals.

Men’s Bible Study

■Lou Lacson

EASTER SUNDAY

Easter is a celebration of Love, Hope, and Redemption. As Christians, we believe that Christ suffered, died, was buried and on the third day rose again and ascended to heaven. We hold on to the hope of eternal life in God’s kingdom because of Jesus’ work on the cross.

Come and learn from Les Feldick’s bible teachings every Thursday at 10:30 a.m., West Rec. Center.

Playreaders



■D. Hall

THRILLERS, COMEDIES, FULL AUDIENCES

Oakmont Playreaders’ President John Dolan announced the formal recognition of Jim Preston as our resident Artistic Director. Jim will share his ample knowledge of professional theater with our members as they produce plays for reading, and will coach individuals who seek his help in defining and expressing characters for presentation. This is another big step for Playreaders in their efforts to upgrade performances and to continue delighting their audiences.

We just completed by Victor Cahn, in which strategy, betrayal and deception leads to a thriller. It featured Star Power, Ron Levy, Sandy White and Ginny Smith.

A return to comedy on April 10 and 17, Ron White presents the sentimental comedy by Tom Dudzick. That will be followed by Sandy White presenting by A.R. Gurney, on April 24.

In May, we’re hoping to bring the midcentury melodrama by Fredrick Knott and a comedy by Yasmina Reza.

Join us Mondays at 2 p.m. in Room B of the Central Activities Center.



On March 20 Playreaders presented the one-act play, *The First and the Last* by John Galsworthy, a morality tale with an unhappy ending. Readers were Mark Rosen, Marcel Coder, John Dolan and Jeff Sheff.

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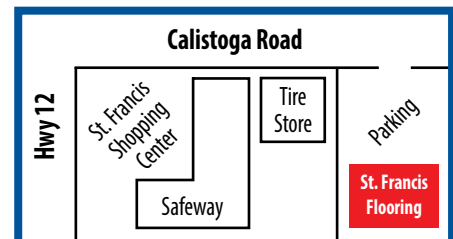
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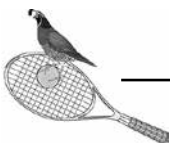
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Tennis Club



■Gary Purece

MEET OTC PRESIDENT, JOHN HUGHSON

Pastor John Hughson has assumed the President's role of the Oakmont Tennis Club. John, a lifelong tennis player, who graduated from Loma Linda University where he pursued his high school academy dream of being a theology major. For over 20 years, he was the administrative pastor at Pacific Union College. John is also a retired Army Chaplain in which he spent 20 years. He received his Doctorate in Ministry from Fullerton College in Pasadena.

John grew up in Mount Pleasant, Michigan watching and admiring college players at Central Michigan University. In his childhood years he had a dream of playing tennis just like the players at Central Michigan. In those early years John could be seen on the courts with his Spalding Poncho Gonzalez Signature wood racquet.

John and Joan, his wife of 55 years, a Loma Linda Nursing School graduate and daughter of a church pastor, moved to Oakmont three years ago from Angwin near Saint Helena. John maintains his ties to

St. Helena where he plays tennis twice a week with tennis friends from his previous neighborhood.

John is very active. Between his tennis time in Saint Helena and Oakmont, he now plays tennis 3 to 4 times per week.

John recognizes that the pandemic impacted all OTC activities. It is his intention to bring tennis activities back to the Oakmont calendar. John said that, pre-pandemic, the OTC was so popular, that many Oakmont residents joined OTC for the social activities. John and his new board have re-opened membership to active players and those who want to take part in just the social activities. John's leadership style inspired the OTC board to begin planning an active schedule of member tennis events for the 2023 season.

He is very excited about the energy his new board has brought to board meetings. The board has already begun to calendar tournaments and social activities for 2023. He encourages residents of all skill levels to connect with the OTC. John noted that there are Thursday afternoon clinics at the West Courts, in addition to weekday play with numerous groups on both the West and East courts.

There are plans for picnics following the tournaments and social activities for those who want to socialize with their Oakmont neighbors. He encourages both skilled tennis players and new players to join as, in John's words, there is room for all to join in. He said that you will find a home in the OTC. John's philosophy is that age should not hold you back from playing tennis. Tennis is a game you can play at any age.

Questions regarding information, membership and events should be directed to hellooakmonttennis@gmail.com.

See you on the courts!

Star of the Valley

■Peter Hardy

HOT DOG BINGO

Star of the Valley will present its monthly Bingo and Dinner on April 11 at 4 p.m.

Bingo will take place at the Star of the Valley Msgr. Fahey Center located at 495 White Oak Dr. Bingo begins promptly at 4 p.m. with dinner being served at approx. 5:30 p.m. This month's menu will include Miller All Beef Hot Dogs, Potato Salad, Chili and Dessert.

Cost for dinner is \$8 and Bingo Cards are \$2. If you don't play bingo, come for dinner and meet some new people. The event is open to all Oakmont residents.

Lifelong Learning



■Marlena Tremont

SPRING CLASSES START APRIL 10!

Never miss a class again! All classes are available in-person or by Zoom and are recorded for class members who have paid. The Class Preview featuring presentations by the class instructors is available at OakmontLL.org.

ANTISEMITISM: THE DYNAMICS AND HISTORY OF THE LONGEST HATRED

Instructor: Rev. Bruce Bramlett

Mondays, April 10–May 15, 3–5 p.m., Berger Center
6-week session, Cost: \$95

One of our most popular classes, this 2,400-year journey shows how the hatred of Jews provides a powerful cultural mirror that former students say will "bowl you over."

Rev. Bruce Bramlett is an Episcopal priest, a Religious Studies scholar and an instructor of Jewish-Christian classes at Bay Area universities.

CALIFORNIA LITERATURE: ECHOES OF MANIFEST DESTINY

Instructor: Ida Rae Egli

Wednesdays, April 12–May 17, 3–5 p.m., Berger Center
6-week session, Cost: \$95

California literature, like the state itself, is extraordinary and bold. Oakmont writer, Ida Rae Egli takes students on a literary tour that showcases our famous California writers.

Ida Rae Egli, English instructor, and former SRJC English Department chair has authored two non-fiction books: and a novel,

SICILY—THE KEY TO EVERYTHING

Instructor: Douglas Kenning

Thursdays, April 13–May 18, 3–5 p.m., East Rec,
6-week session, Cost: \$95

Dr. Douglas Kenning helps students discover Sicily from its mythic roots through its peak as the wealthiest part of the ancient Greek world that taught civilization to the Romans and later helped to ignite

the Renaissance.

Dr. Douglas Kenning spends six months a year in the Bay Area lecturing on Mediterranean histories and cultures, and the other six in Sicily operating "Sicily Tour."

MARINE ECOLOGY

Instructor: Isabelle Neylan

Wednesdays, May 24–June 7, 3–5 p.m., Berger Center
3-week session, Cost: \$50

Marine biologist Isabelle Neylan explores diverse habitats like coral reefs and kelp forests and the marine organisms that live there. Understand the impact of humans and some possible paths to mitigating or addressing those challenges.

Isabelle Neylan is a Ph.D. candidate at UC Davis based out of the Bodega Marine Laboratory, researching how marine invertebrates are adapting to changing environments.



MORE JOY!

FRI., MAY 19, 7 PM, \$25. THEATER SEATING

Oakmont's beloved folk, country, and blues quartet perform our favorites from across the years. With amazing harmonies, unforgettable sound, and homespun humor, Iris Harrell, Ann Benson, Chris Finn and Deborah Knapp will make you laugh and cry in the same concert.

Three Ways to Register for Classes and Concerts: 1. Go to OakmontLL.org; 2. Fill out a form in the OLL folder in the OVA office; 3. Pay at the door.



Oakmont Progressives

■Edward Biglin

FACTS NEVER HEARD ON THE TV COMMERCIALS FOR MEDICARE ADVANTAGE

DATE: Monday, April 10

TIME: 6:30 p.m. social, 7 p.m. presentation/discussion

PLACE: East Rec. Center and on Zoom



Dr. McDevitt.

Baffled by the conflicting claims of Medicare Advantage plans and traditional Medicare? Doctor Mary McDevitt will review the structure of Medicare and its sources of funding as well as the differences between Traditional Medicare and Medicare Advantage. She will also review State efforts to pass a Single Payer Healthcare bill.

How, exactly, do Medicare Advantage plans work? How are they funded? What are their benefits and drawbacks? What about all those deductibles and co-pays? Many seniors find themselves lost in the woods of all the plans, claims and promises advertised on TV and in their mailboxes. What are the differences and how do they really work?

Dr. McDevitt has become an expert at analyzing those claims and the complexities of the system. She is a retired Internist/Pulmonary physician with experience in hospital administration from her positions as Medical Director of San Jose Medical Center and Marin General Hospital. She is also Chair of the Sonoma/Napa Chapter of Physicians for a National Health Program (PNHP), and she will explain the efforts to create CalCare, a single payer healthcare system in California.

The Kaiser Family Foundation reports that at the present time 2/3 of bankruptcies are related to medical bills. They report that over the last 10 years, employer insurance deductibles have risen 111% while wages have increased 27%. Covid-19 has shown the need to separate health insurance from employment. Among other things, the proposed CALCARE program would include expanded services, including dental, vision, hearing, long-term care and in-home health support.

Should Americans continue to pay more for their health care than other similar countries? The United States devotes more of its national income to healthcare relative to other OECD countries. On average, healthcare spending across those countries has remained in line with overall economic growth in the past decade. Between 2010 and 2019, health spending across the OECD averaged about 8.7% of gross domestic product (GDP) annually. Healthcare spending in the United States, however, rose from 16.3% to 17% of GDP in that same period.

Though the Federal government is unlikely to create a national single payer program at this time, California is big enough to create its own.

Dr. Mary McDevitt, originally from Philadelphia, came West to finish her medical training at Mt. Zion Hospital in San Francisco. After 14 years in her San Francisco practice of Internal Medicine and Pulmonary Disease, she became the Medical Director of San Jose Medical Center. In 1995 she took the position of Medical Director of Marin General Hospital. After retirement in 2009, she moved to the town of Sonoma.



Silver Guys of Oakmont

■D. Hall

SPRING POTLUCK IN APRIL

Silver Guys of Oakmont and their guests will hold a potluck in the East Rec. Center on Sunday, April 9, from 2–5 p.m. All attendees are encouraged to bring a food preparation and beverage to share.

Silver Guys of Oakmont provides an opportunity for Oakmont gay men and their friends to enjoy non-political social, educational, and community service activities together. Although the group is primarily gay men, all men living in Oakmont are welcome to join us.

Help with Your Gardening

This is one of a series of articles provided by the Oakmont Technology Learning Center on the use of technology by seniors.

■Shirley Phillips

As a lifelong organic gardener from Illinois, it's fortunate to be living in Oakmont, which is in Plant Hardiness Zone 9. This means we can garden year-round. Even better, there are an abundance of online resources to assist us.

Before you go to a nursery or grab your garden gloves, check with the OVA. There are guidelines on what can and cannot be planted. Either visit the Architectural Office or go to oakmontvillage.com and search on "Do Not Plant List" to find valuable links to assist with Firewise planting. Now on to other websites especially suited for Oakmont gardeners:

Sonoma County Master Gardeners (sonomamg.ucanr.edu): This is a goldmine of information for ALL gardening in Sonoma County with science-based research provided by University of California. In-depth topics include: Food Gardening, (what to plant when, best varieties), Plant Articles, Monthly Garden Tips, Soils and Composting, Waterwise Gardening, etc. If one has to choose only one online resource, SCMG would be it!

University of California Integrated Pest Management (ipm.ucanr.edu): Clicking on the photo that says "Home, garden, turf, and landscape pests" will give great information about garden pests, how to recognize, alternatives to pesticides, and more.

University of California, The California Backyard (homeorchard.ucanr.edu): This has everything you'd ever want to know about growing and caring for fruit trees.

CalScape (calscape.org): This is the California Native Plant Society. Enter your ZIP code and see the recommended native plants for your area. Click on an individual plant for a complete overview.

Sanhedrin Nursery Blog (SanhedrinNursery.com): Although written for Zone 8 in the Willits area, the month by month garden blog has lots of useful information written by Jenny Watts, a California Certified Nursery Professional.

Sonoma Ecology Center (SonomaEcologyCenter.org): This organization is working to keep "a better quality of life" for all residents.

Local Nurseries have helpful websites, with most having online catalogs, plant finders, good descriptions of plants, and more. Some of these nurseries include: California Flora Nursery (Fulton), Urban Tree Farm (Fulton), Harmony Farm Supply (Sebastopol), Prickett's Nursery (near Oakmont and in Healdsburg), Swede's Feeds (Kenwood), Emerisa Gardens (Santa Rosa), and Annies Annuals (Richmond).

Contributing to this article were: Stephanie Wrightson, Carolyn Greene, Vicki Chase and Jenny Watts. To get an electronic copy of this article and clickable links to the listed local nursery websites, visit oakmont-learning.org under Tech Articles.

Oakmont Boomers

■Carolita Carr



COMING UP NEXT

THE UNAUTHORIZED ROLLING STONES

WHERE: Berger Center **WHEN:** April 22
TIME: Doors open at 5:30, music at 6:30 p.m.
COST: \$20 per person. Each member may bring one non-member guest. Bring snacks for your table and BYOB.

Since their beginning in 2001, Rudy Colombini and the Unauthorized Rolling Stones have brought the excitement, energy and all the hits of a live Rolling Stones show to stages across the country. Now Boomers are bringing them to the Berger stage right here in Oakmont.

Colombini's fabulous Jaggeresque showmanship will blow you away. Register for this show as soon as you can. You won't want to be left out.

Our Mardi Gras dance sold out, and many of you were disappointed. We would like to open our events to all members and guests, but we can't. Unfortunately, there are only so many seats available. So please do your part and get your reservations in when you get our email message announcing the show.

REFUNDS?

The Boomers club does not issue refunds. If you have registered and cannot attend, find someone to take your place. All they have to do when they check in for the event is say they are replacing the person registered but not attending.

MEMBERSHIP

If you are new to Oakmont or have simply forgotten to renew your membership, joining is easy. The cost is \$15 per person, and you can sign up by visiting our website, oakmontboomers.org. You can even pay at the site. Check it out today.

Lawn Bowling



■Mary Blake

INTERESTED IN JOINING THE LAWN BOWLING CLUB?

Save the date! Our first Demo Day of the year is Monday, May 8, 10 a.m. to noon. We'll supply refreshments and equipment for any Oakmont resident interested in Lawn Bowling.

COMING EVENTS

The next tournament is the Men's Pairs Tournament on Tuesday, April 18 at 12:30 p.m.

Lawn bowling members can sign up online or on the sign-up sheet on the shed. To sign up online, click on the "Sign Up" button on our home page or in the e-blast. For the tournament, bring \$3, show up at 12:15 to bowl at 12:30, and wear your whites.



Bob Dodd, Steve Pickell and Gerry Macintosh wear green for our St Patrick's Day Tournament. (Photo by Mary Blake)

ST. PATRICK'S DAY TOURNAMENT

The weather was iffy for our March 17 tournament. Forecast was for rain, then not, then rain. Pam and

Oakmont Futures



■George McKinney



WHY DO YOU ENJOY PAYING PG&E SO MUCH MONEY?

The Futures Club meeting on April 12 at 4 p.m. will cover several ways to reduce your PG&E bill. The meeting will be in East Rec. and on Zoom.

You May Qualify for Lower Electric Rates. Many seniors qualify for lower electric rates. It's not something that might be expected, but lower rates are based on medical qualifications (do you have a CPAP machine?) and income (as a senior, your income may fall within a range that qualifies you for lower rates).

You Can Reduce or Eliminate Your Use of Natural Gas. Heat pumps can replace water heaters and furnaces. There are current rebates and tax credits for installing heat pumps—and more rebates are coming later this year or in 2024, particularly for seniors whose incomes qualify (if your income less than \$118,000 for one person or \$135,000 for 2).

Install Solar Panels With a Battery. The world of solar has changed. Just getting solar panels no longer saves you as much money as it used to, but if you get a battery as well you can get a good return by investing in solar and a battery. And if you have the necessary medical qualifications, you may be able to get a discount on the battery. And if you have an electric car and a heat pump, with the right solar system you can be almost off the grid entirely. Almost no PG&E bill.

Join Zoom Meeting. Meeting ID: 860 6299 0770; Passcode: 809582.

The Oakmont Futures Club is chartered to keep Oakmont residents up to date with technical advances that will impact us during the next 2-10 years. Our website is OakmontFuture.com. Our email is futureoakmont@gmail.com.

Steve called around to see if rescheduling was an option—it wasn't. The clouds held back just long enough for our tournament. As we bowled, the wind picked up and the clouds started to roll in (yet again). But we had a good day and a great tournament.

Jim Krause (skip), Marilyn Garland, and Janet Johnson took first place. See more on our website!

DAILY DRAW MOVES TO MORNINGS

As the days warm up, we move from bowling afternoons to mornings. Starting on May 1, the daily draw will be at 9:30 a.m.

TIP OF THE DAY: #3 JACK DELIVERY

Place the mat's leading edge at least 2 meters from the ditch—and as far up as the Hog Line. The leading edge is the one towards the direction you will bowl. Be sure to center the mat. Deliver the Jack to where your Skip is standing. Then guide your skip in centering the jack: stand on the mat and signal how far left or right the jack needs to go to be on the center line, then signal when it is reasonably centered. You don't need absolute precision.

How far is 2 meters? For some, it's two "big" steps. If you're not sure, mark 2 meters and see how many steps you need to take. Vary the position to reduce wear and tear on the green.

Email: oakmontlawnbowling@gmail.com. Website: www.oakmontlawnbowling.com.

Hikers



■Scott Finn

UPCOMING HIKES

We welcome you to join us on a hike whether you are a member yet or not and the annual membership is only \$15. Go to our website at www.oakmonthikingclub.org to join the club, get more hike details, club information, photos and lots more.

Please keep checking our website for updates:

APRIL 13: INTERMEDIATE HIKE TENNESSEE VALLEY/MARIN HEADLANDS

This 6-mile hike with 1,000' elevation gain is moderately steep in places. We'll climb the Miwok Trail out of Tennessee Valley (in Mill Valley) to the Coyote Ridge Trail, which provides stunning 360° views of the ocean, bay, valleys, and Mount Tam. Descending on the Coastal Trail fire road to Tennessee Valley, we'll walk to the beach for lunch. From the beach it's an easy 2-mile walk back to our cars on mostly flat trails through beautiful Tennessee Valley.

Bring lunch, water, hiking poles. Heavy rain cancels. Hike leader is Linne McAleer, (415) 847-4420. Leave Berger at 9 a.m.

APRIL 13: LONG HIKE MT. ST. HELENA

This 9.7-mile out-and-back trail near Calistoga is

generally considered a challenging route. Take in awesome eye-popping views at the summit of the highest peak in the Wine Country when we gaze upon the stunning panorama at the 4,342 summit of Mount St. Helena in Robert Louis Stevenson State Park. The five-mile hike to the summit has over 2,000' of elevation gain, so be ready for a workout.

The hike starts on Stevenson Memorial Trail, climbing just under a mile and passing through the area where the famed author Robert Louis Stevenson (,) honeymooned with his new bride in 1880.

Bring your poles and lunch and I'll bring those fabulous Brownies from Bonnie. Depart Berger at 8:30 a.m. Hike leader is Gary Andersen, (360) 778-9604, garyandersen66@gmail.com.

APRIL 20: INTERMEDIATE HIKE SUGARLOAF STATE PARK

We'll start at the main parking lot, walk on Creekside to Meadow and proceed on gravel to climb up Vista (includes stairs). Upper Vista levels out with lovely mountain and city views. At Bald Mtn. trail we will begin downhill and meet Lower Bald trail for the return walk to our cars.

Bring sun protection, water, and poles if desired. Four miles, 850' elevation. Depart from Berger at 9 a.m. Hike leader is Georgene Bonovich, (925) 787-3751.

APRIL 20: LONG HIKE ANNADEL—BENNETT MOUNTAIN AND BACK

This is a challenging 10-mile figure-eight hike with an elevation gain of about 1,600'. We'll enter the park at the Woodley trailhead for a hike up Frey Canyon to the Marsh Trail. From there we'll make our way to the Ridgeline Trail and hike up Bennett Mountain and then down to Henry's Knob for lunch and the views. From there we'll return on the Ridge Trail past Ledson Marsh to the Lawndale Trail and finally to the East Rec parking lot.

Bring water and a snack. Hiking poles will be useful. Leave the Berger at 8:30 a.m. Hike leader is Bill Stacy, (408) 694-7161.



Oakmont Hikers enjoying the shade of this Heritage oak tree.

Oakmont Democratic Club



■Thomas Amato

FIGHTING FOR SENIOR HEALTH CARE

Will future senior health services be better or worse? Jodi Reid, as the Executive Director of CARA, is leading the push to improve future senior services. She will present at the ODC hybrid meeting at East Rec. at 7 p.m. on Thursday, April 27.

The California Alliance for Retired Americans (CARA) was formed in 2003 in order to build a statewide network of hundreds of organizations and individuals to win social and economic justice, full civil rights, and a better, more secure future for seniors, our families and future generations.

Sponsored by CARA, recently, a team of four Oakmonters joined 700 other seniors journeying to Bakersfield to encourage House Speaker Kevin McCarthy to not cut social security or other critical services for seniors and others. People came from as far away as Eureka to the north and San Diego to the south on a clear sunny day to meet the Speaker at a park near his office. But in spite of numerous invitations, the Speaker chose not to join us. This CARA effort is part of a larger national and state campaigns to strengthen the safety net for all Americans.



Oakmonters Sue Aiken, Robin Jurs, Tom Amato and Chris Thompson at Bakersfield Rally.

Representing over 1 million seniors and growing, CARA's broad-based coalition includes senior centers, resident associations, union retirees, retired public employees, community-based organizations, and a variety of other senior agencies and advocacy organizations. CARA is the state affiliate of the 4.3-million-member national Alliance for Retired Americans.

CARA provides valuable information about how best to navigate the complex issues seniors face. It is also the major grassroots organizing effort pushing California decision makers to improve a social safety net that too many seniors fall through. California, as well as the rest of the nation, faces major challenges as the population ages. Neither the state nor nation have a clear and comprehensive plan to address future challenges and gaps in everything from poorly regulated nursing homes, rising medical expenses, lack of medical and home care professionals etc. CARA is deeply involved organizing seniors to win concrete victories on these issues by organizing Community Action Teams (CATS) in each part of our state.

The Oakmont Democratic Club invites all Oakmonters to join us for this hybrid meeting. See the ODC website for a zoom link or join us at East Rec. for a social at 6:30 p.m. followed by the presentation at 7 p.m. Please feel free to bring a treat to share and your favorite beverage.

Heritage

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Gavin Anderson, local Sonoma resident. 20+ years experience. Senior pricing. Free estimates. Call 935-6334.

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Locally owned and operated Dependable Doors offers full servicing, repair, and replacement of garage doors and motors. Call Casey at (707) 775-8009 for all of your garage door needs. Lic. #1016951.

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Home, office, move-outs. Window, bed linens and much more. 19+ years of experience. References upon request. 548-9482 or marthal1041@att.net.

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Oakmont resident available for hire to assist Oakmont residents in their home. \$25 per hour. Very reliable, references, vaxed/all boosters. Please call to discuss your needs. Benita Jeppson, (707) 291-0032.

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We are a local plumbing company that can take care of all your plumbing needs from service and repair, to remodels and additions. Call today to schedule a free estimate. (707) 800-2043.

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OAKMONT COMPUTERS

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Gutter Guard installation, window cleaning, pressure washing. 20 years in Oakmont. Call Alex, (707) 291-0429.

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HAVING TROUBLE GETTING YOUR GARBAGE TO THE CURB FOR PICK-UP?

I can come to your home to put your trash receptacle to the curb Wednesday afternoon, and bring it back on Thursday afternoon. Call Dan Lennox, (707) 889-0205.

HANDYMAN RESIDENT

Ask for Ricky, a personable "Jack of all Trades" with great attention to detail. I meet your quality goals and prioritize Oakmont residents. Let's discuss the work and its cost. (408) 838-5618.

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Oakmont Special—\$10 per panel. 2+ years Solar experience. Justin Drew, So Clean Solar Panel Services, (707) 245-2443, Drewsolar23@gmail.com.

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Need help organizing your home? Have a desire to downsize? Moving and need help packing? Call Step by Step Senior Move at (707) 293-5455 for the assistance you need! Website: sbs-seniormove.com.

HOUSE RENTAL AVAILABLE

House to rent in Oakmont Village. Available Apr. 1. Shared rental with one other person (me). 2080 sq feet, 3 bed, 2.5 bath. \$1,125 per month (your share) + ½ utilities. No smoking, no kids, no pets, no \$ problems, no drama. If sounds OK, call/text "Matt" at (707) 867-9970. Good luck in your search. MATTINLG@Yahoo.com.

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Oakmont News Classified Rates	Classified Order Form
<ul style="list-style-type: none"> Classified ads of 150 spaces or less, (payment to accompany this form) \$25 per insert Pre-paid standing ads of 150 spaces or less, for a period of 3 months (6 issues) \$120 Pre-paid standing ads of 150 spaces or less, for a period of 6 months (12 issues) \$216 Pre-paid standing ads of 150 spaces or less, for a period of 1 year (24 issues) \$384 <p>A space is a letter (including those in the heading), punctuation mark, and a space between the words in the ad. Additional \$4 for the next 40 or less spaces. Whenever applicable, CA state license or certification number must be included.</p> <p>DEADLINE: 10 days prior to publication.</p>	<p>NAME _____</p> <p>ADDRESS _____</p> <p>CITY, ZIP _____</p> <p>\$_____ Check, Money Order or Cash</p> <p>HEADLINE _____</p> <p>BODY TEXT _____</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p>
<p>MAIL TO: CJM Productions, 2105 Longhorn Circle, Santa Rosa, CA 95401 • Tel (707) 206-1957 • cjmprod567@gmail.com</p>	

Oakmont News

... is owned by the **Oakmont Village Association** which, through its board, sets editorial policy.

The **OVA** has contracted with **CJM Productions** to handle typesetting, layout, printing and free distribution of the *Oakmont News*, the latter by U.S. mail, to each home via 3rd class mail.

CJM Productions also handles advertising for the *Oakmont News*.

CJM Productions and the **Oakmont Village Association** assume no responsibility for the content of any ads that appear in the *Oakmont News* nor do we endorse or recommend any product or service advertised herein.

CA law requires all CA licensed contractors to list their license number in their service advertisements. CA law also requires contractors performing work totaling \$500+ (incl. materials & labor) must be licensed by the Contractor State License Board (CSLB) to work in California. For information contact the Contractor's State License Board at www.cslb.ca.gov.

Oakmont Village Association

OAKMONT VILLAGE ASSOCIATION

Hours: M–F 9 AM–5 PM—Open during lunch
Tel 707-539-1611
6637 Oakmont Dr., Ste. A
OVA E-mail: askova@oakmontvillage.com
Website: www.oakmontvillage.com
Book appointments with staff at: oakmontvillage.com/staff

MAINTENANCE OFFICE

Hours: Daily 6 AM–10 PM
Tel 707-539-6720
Maintenance Building (next to Central Auditorium)

CONDOMINIUM FINANCIAL MANAGEMENT (CFM)

OVA Accounting
Tel 800-585-4297

OAKMONT NEWS

Tel 707-206-1957
E-mail: cjmprod567@gmail.com

PAS MANAGEMENT COMPANY

Hours: M–F 9 AM–Noon, and 1–4 PM
Tel 707-539-5810
6572 Oakmont Dr., Ste. A
(for Association Maintained Homes)

ARCHITECTURAL OFFICE

Hours: M–Th 9 AM–Noon, 1–5 PM
Tel 707-539-1611
6637 Oakmont Dr., Ste. A-1
E-mail: ale@oakmontvillage.com
Violations: dani@oakmontvillage.com

AVAILABLE IN OVA OFFICE

GAS SHUT-OFF WRENCH.....\$12
TENNIS COURT KEY.....\$2
VIALS FOR LIFE.....FREE
RESIDENT ACCESS CARD.....\$25 EA
REPLACEMENTS.....\$25 EA
GUEST ACCESS CARD.....\$25 EA

BULLETIN BOARDS

There are three OVA bulletin boards, one at each recreation center, where OVA events can be posted. Please bring in notices to the Events Coordinator at the OVA Office. Size is limited to 8.5"x5.5". Items "For Sale", "For Rent" or "Want to Buy" can be put on a 3"x5" card and left at the OVA Office.

LOCKER RENTALS

Annual Locker Fee \$30 (January 1–December 31). If you wish to rent a locker, come to the OVA office and give us a check, your information and the number of the locker you want to rent. You provide the lock. We can prorate the annual fee. Daily use lockers are free. NOTICE: Weekly locker inspections are done by OVA Maintenance. Locks could be sawed off with no prior notice and locker contents removed on all unpaid lockers. Items will be held in OVA Maintenance office for 30 days. If you have any questions, please contact the OVA Office M-F 707-539-1611

GUEST PASSES

The following are OVA Guest Pass types and duration: 1) Guest from outside Sonoma County—up to 90 days; 2) House sitters—up to 90 days (OVA host must present written request to OVA Office for approval prior to visit); 3) Guests living in Sonoma County—2 days per card, and no more than 3 cards per month. Guest cards are available during regular hours in the OVA Office for a \$25 non-refundable fee. Guests accompanied by their Oakmont host are not required to have a Guest Pass.

STREET CLEANING

City streets in Oakmont are cleaned by the city early on the fourth Friday of each month. Residents who want their streets swept should avoid street parking overnight on those days.

NEED A RIDE? GIVE A RIDE! OAKMONT VOLUNTEER HELPERS

We provide the following services to Oakmont Residents:

- Transportation to medical/dental appointments in Santa Rosa only
- Meals on Wheels, 707-525-0383

COORDINATOR Rides to Medical Appointments

April 1–15
Marianne Neufeld 707-953-5302

April 15–30
Ron Kaufman 707-541-6713

If you would like to be a volunteer, please call 707-539-8996. Donations to Oakmont Volunteer Helpers are appreciated and tax deductible. Mail your check payable to Oakmont Volunteer Helpers, 6637 Oakmont Dr., Ste. A, Santa Rosa, CA 95409. Thank you.

Mon.–Fri. medical rides before 9 AM or after 4 PM are subject to limited volunteer driver availability. No service on weekends or holidays. Please call at least three full working days prior to appointment.
We regret that we are unable to provide either wheelchair or emergency service.

LETTERS TO THE EDITOR WRITER GUIDELINES

The *Oakmont News* welcomes letters of up to 250 words from residents to express opinion, criticism or praise. They must include the writer's name and Oakmont address, although the address won't be published. See details on how to send them at <https://oakmontvillage.com/submit>. While letters to the editor may be edited for length and spelling, they are not edited for accuracy. Opinions are that of the writer and not necessarily the Oakmont Village Association.

POOLS & JACUZZIS

Access to OVA pools is by magnetic card. Call OVA Office, 707-539-1611 if you need a permanent new member pool access card or to register for a temporary guest pool access card.
WEST: 7 AM–9 PM
(Closes 7 PM Wednesdays for cleaning)
EAST: 6:30 AM–9 PM
(Closes 7 PM Mondays for cleaning)
CENTRAL: 5:45 AM–9 PM
(Closes 7 PM Tuesdays for cleaning)
JACUZZI HOURS: Same as facility. No one under 18 years in West and East pools and Jacuzzis.
CENTRAL POOL HOURS FOR PEOPLE UNDER 18:
Labor Day–Memorial Day: 11 AM–2 PM daily
Memorial Day–Labor Day: 12–4 PM daily
Children must be accompanied by an OVA member/resident or adult with a valid guest pool access card.
NO LIFEGUARD ON DUTY AT ANY OVA POOL.
ALL FACILITIES CLOSED CHRISTMAS DAY.

STORAGE UNITS AND PARKING

Oak Creek RV & Self Storage
SP176, www.storagepro.com
707-913-7326

LIBRARY

Central Activity Center, 310 White Oak Dr.
Hours: Daily 6 AM–9 PM. Closed Christmas Day. It is run by volunteers. All donations are gladly accepted. Materials we cannot use will be passed on to others.

OAKMONT COMMUNITY GARDEN ON STONEBRIDGE

For more info on signing up, email Oakmontcommunitygarden@gmail.com. Contact for current availability.

HAPPY TAILS DOG PARK

6302 Stone Bridge Rd
Open to residents of Oakmont Village Association from sunrise to sunset. Small Dog Hours are from 3–4 p.m. on Sundays and Wednesdays.

FITNESS CENTER

Central Activity Center, 310 White Oak Dr.
Daily 5:45 AM–9 PM. Closed at 7 PM on Tues. for cleaning. Closed Thanksgiving and Christmas day.

BE ON OVA E-MAIL LIST

Know what's going on in Oakmont. You'll receive the weekly "Inside Oakmont" newsletter, Board Meeting notices and agendas, special notices and meeting announcements. To join the OVA's e-mail list, visit oakmontvillage.com/inside and enter your information to subscribe.

2022–2023 OVA BOARD OF DIRECTORS

E-mail: askova@oakmontvillage.com

Mark Randol, President
mark.randol@oakmontvillage.com

Heidi Klyn, Vice President
bod.heidi.klyn@gmail.com

Iris Harrell, Secretary
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Jeff Neuman, Director
jeff.neuman@oakmontvillage.com

Marianne Neufeld, Director
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Olga Ydrogo, Director
olga.ydrogo@oakmontvillage.com

Jess Marzak, Director
jmarzak@oakmontvillage.com

Elke Strunka, Treasurer
(Non-voting officer)
elke@oakmontvillage.com

GENERAL MANAGER
Christel Antone
christel@oakmontvillage.com

OVA BOARD MEETINGS

Townhalls 1st Tuesdays of the month and board meetings 3rd Tuesdays of the month, 1 PM

Always online via Zoom and in-person when possible. All residents are welcome. Information to join online is e-blasted out to the community for every meeting along with the in-person location when applicable. Sign up for e-blasts from OVA at oakmontvillage.com/inside.

The Board of Directors of Oakmont Village Association reserves the right to select those articles submitted for publication that seem appropriate to the purpose of this association.

HOW TO CONTACT YOUR LOCAL OFFICIALS

County Supervisor Susan Gorin District 1

Phone 707-565-2241
Address: 575 Administration Drive,
Rm. 100A, Santa Rosa 95403
Email: Susan.Gorin@sonoma-county.org

City Councilwoman Dianna MacDonald District 3

Email: dmacdonald@srcity.org
Address: City Hall, 100 Santa Rosa Ave.,
Rm. 10, Santa Rosa 95404

PUBLIC TRANSPORTATION AVAILABLE IN OAKMONT

- CityBus #16 bus takes residents to 5 different shopping centers weekday mornings and around Oakmont afternoons.
- Sonoma County Transit #30 bus goes to Memorial and Kaiser Hospitals and downtown Santa Rosa. Returns via Oakmont to Sonoma.
- Schedules available at OVA office.

Oakmont Pétanque Club

■Don McPherson

SPRINGTIME TOURNAMENT—APRIL 29

The Oakmont Pétanque Club holds its 2023 Homage to Spring Tournament and Potluck Picnic Lunch on Saturday, April 29. As with all tournaments, the French tricolor will decorate the court. Players are encouraged to wear spring colors.

The festivities will kick off at 9:30 a.m. at the Pétanque Courts with registration for the tournament. If you are playing, please be there by 9:30 a.m.—the Oakmont courts can accommodate 18 players for tournaments. Play will begin as soon as the teams are drawn. Winners' photos will be taken at the conclusion. Spectators are welcome!

The tournament will be played in *mêlée* format with randomly assigned teams as drawn and organized by Club Tournament Director Jean-Michel Poulnot, with the club's "Fanny" looking on. "The Goddess of Pétanque," Fanny is the focal point of a traditional ritual should any team suffer a 13-0 shutout loss.

A potluck picnic lunch will begin at approximately 12 noon, pending completion of the tournament. All club members, whether playing or not, and their significant others are invited. Please bring your own beverage, cups, plates, tableware, and a lunch dish to share.

PLAYING TIPS

Summarized from Sam Porter, "2 Balls & ½ a Brain:" Think only in images. Visualize throwing your boule TO the target—not AT it—so that the target can "catch" it. Don't calculate the throw: give the image to your brain and let it control the instinctive conversion to physical action. Focus only on the target. Ignore everything else.

Never think about "what I mustn't hit." If coaching



Springtime Tournament Winners in 2022: Jean-Michel Poulnot and Barbara Newton (first place); Richard and Cynthia Goodwin (second place); and Don McPherson, Barbara Lowell, and Gordon Blumenfeld (third place).

a teammate, be positive and encouraging: "Play right up to it!" rather than "Don't be short!" Keep an open mind and learn. "Remember what you did well, forget what you did badly. It will not have been intentional."

TRADITIONAL COURT COURTESIES

Which team throws first is decided either by agreement or by a coin toss. If a match rather than a single game, the loser throws first in the next game. Traditionally, players greet each other at the beginning of a game or match with a handshake or knuckle bump and "bonne chance" (good luck) or "bon courage" (play well). Another handshake or knuckle bump with perhaps a "bien joué" (well played) or "bien fait" (well done) to the victors follows the conclusion of a game.

PETANQUE IN OAKMONT

French in origin, Pétanque (pay-tonk), also known as Boules, has been played in Oakmont since the 1980s. The club, founded in 1996, encourages all Oakmonters who may be interested in playing or learning to play pétanque to come to the courts between Berger and the OVA offices at 9:45 a.m. on the Club Play days of Monday, Wednesday, and Saturday.

Pétanque is fun to play, learned quickly, and endlessly fascinating in its deeper levels of execution and strategy. Club Play days are casual friendly games with teams randomly assigned. The club has boules to lend while you're learning, and you'll be playing right away.

Art Association

■Philip Wilkinson

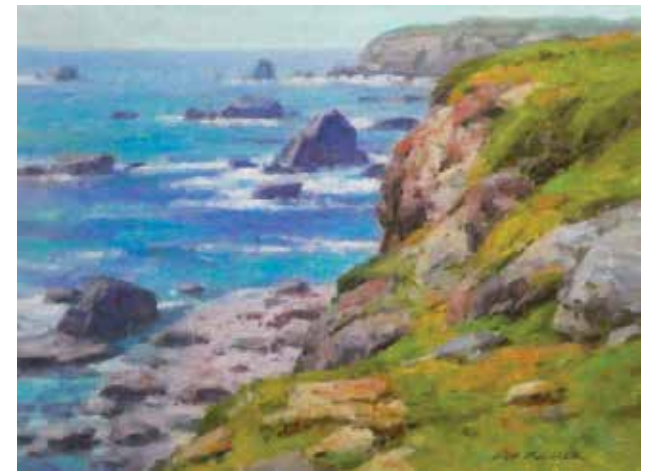
A NEW 3-DAY PAINTING WORKSHOP WITH MASTER ARTIST NED MUELLER

WHEN: May 5, 6 and 7, 9:30 a.m.–4:30 p.m.
PLACE: In the Art Room, CAC **COST:** \$300
REGISTRATION: Contact Dan Fishman to register and for more info, dfishman@pacbell.net

In this workshop the student has the choice of painting in either pastels or oils. The subject will be landscapes, and the emphasis will be on "how we see as an artist," focusing on shapes, colors and edges as opposed to literal objects.

Rather than trees, mountains, and water, etc., we look for an interesting arrangement of shapes, colors and textures! Thinking in this way opens us up to painting more subjects, since we could then see paintings everywhere, in our kitchen, our backyard, or in a pile of clothes, etc.!


We will work from photos, either your own, or from my large collection of great landscape photos from all over the world. I will also have a few figure photos to work from if you like.



Painting by Ned Mueller.

Ned Mueller is a very accomplished and highly respected artist, having been drawing and painting for over 65 years. He has been designated a "Master Artist" with both the Oil Painters of America and the American Impressionist Society. He has participated in many of the major invitational shows in the country, including Artists of America, Great American Artists, and National Academy of Western Art among several others. Ned's work has been exhibited in some of the finest shows and galleries in the country and he has won numerous awards.

For a more complete view of his background, check out Ned's website: www.nedmueller.com.




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*Wes, Carol and Will Daniels
with Patricia Daniels,
Oakmont Resident*

Oakmont Craft Guild

■Carolita Carr

ART AND CRAFT FAIRE RETURNS

WHEN: Saturday, May 20
WHERE: CAC Parking Lot **TIME:** 10 a.m.–3 p.m.

Calling all artists and craftspeople! The Oakmont Craft Guild is once again staging the popular outdoor Art and Craft Faire under the solar panels in the CAC parking lot. There will be lots of artwork, photography, handcrafts, jewelry, assorted jams and jellies, etc., on display and for sale.

If you would like to participate in this fun and profitable event, fill out the form on file in the Craft Guild club folder in the OVA office and place the completed form back in the folder. You can also email your information to me at jbcarr35@gmail.com. Please include your name, address, email, phone number, and if you will need an oblong table (2.5 x 8 ft) or square table (3 x 3 ft), and if you would like to rent a display panel (\$10 to Art Association, limited availability).

Spaces (the size of a parking space) will be assigned by the middle of May.



■Rosemary Waller

FINAL TWO CONCERTS OF 2022-23 SEASON

Two eagerly awaited concerts will cap the current season of Music at Oakmont. Thursday, April 13 at 1:30 p.m. in Berger Center will feature a pair of distinguished artist/faculty of the prestigious Curtis Institute of Music in Philadelphia: Ida Kavafian, violin and Peter Wiley, cello, both recipients of coveted Avery Fisher Career Grants. Performing with them will be Curtis alumni Yehun Jin, violin; Cara Pogossian, viola; and Francis Carr, cello. The ensemble will be heard in a work specially commissioned for them, Richard Danielpour's "A Shattered Vessel," as well as Franz Schubert's beloved C-Major Quintet. This concert was cancelled twice by Covid, and Music at Oakmont is especially happy to be able at last to reschedule it.

On Thursday, May 11 at 1:30 p.m. Music at Oakmont will welcome Scott St. John and Friends in a program of piano quartets (piano, violin, viola, cello), in works by Mozart and Brahms, and a quartet written in 1905 by Melanie Helene Bonis, a student of Cesar Franck. The musicians to be heard at this concert are Scott St. John, violin; David Samuel, viola; Christopher Costanza, cello; and John Novacek, piano. This event will conclude Music at Oakmont's 2022-23 season, in an all-too-rare opportunity to enjoy this particular combination of instruments, for which a wealth of beautiful music has been written.

At the April 13 concert Music at Oakmont will inaugurate our annual Donor Drive. We are an entirely volunteer staff, but, as with all performing arts presentations, we face the reality that admission costs cover, at best, only half the actual costs. We are most grateful to the Oakmont Community Foundation



Photo provided by Curtis Institute of Music.

for partnering with us in this endeavor, and to our generous donors who help make these concerts possible. Donor envelopes will be found in programs at the April and May concerts. Donation checks should be made out to the Oakmont Community Foundation, with "Music at Oakmont" on the memo line.

Also at the April 13 concert, the exciting roster for 2023-24 will be made available, and sale of passes for the upcoming season will commence. There will be a small increase in price, necessitated by increased costs across the board, but the package will remain an outstanding bargain: \$150 for the season, or six concerts for the price of five. Checks for season passes should be made out to Music at Oakmont. The cost of single admissions in the 2023-24 season will be \$30.

WHAT: Music at Oakmont

WHEN: Thursday, April 13 and Thursday, May 11, 1:30 p.m.

WHERE: Berger Center

ADMISSION: \$25 at the door, cash or check made out to Music at Oakmont

Oakmont Sunday Symposium



10:30 a.m. Now live in Berger (not zooming)
\$3 donation requested, for Oakmont residents and their guests

Go to www.oakmontsundaysymposium.org for more info and updates

■Harriet Palk

Coffee and tea, pastries and fruit will be available for sale in Berger from 9:45-10:15 a.m. before the presentation begins.

APRIL 9: NO PRESENTATION HAPPY EASTER!

APRIL 16: ALZHEIMER'S ASSOCIATION THE TEN WARNING SIGNS OF ALZHEIMER'S

Sponsored by the Oakmont Fitness Club. Club members are invited to attend gratis.

Learn the 10 warning signs of Alzheimer's and what to watch for in yourself and others. You'll learn how to tell the difference between normal age-related cognitive changes and what could be early signs of dementia. You'll get tips on how to approach someone about memory concerns. Is early detection and diagnosis beneficial? Strategies will be covered for managing Alzheimer's as well as ways to support loved ones who are dealing with the disease.



APRIL 23: LORI LAIWA THOMAS STORIES OF THE LAND, STORIES OF THE PEOPLE

Using compelling storytelling, Lori Laiwa Thomas, a citizen of the Hopland Band of Pomo Indians and descendant of the Coast Miwok and Huchnom tribes, will captivate us with the history of the amazing people who lived in organized communities in Sonoma County for tens of thousands of years before the Europeans first arrived.



APRIL 30: MELANIE PARKER, DIRECTOR SONOMA COUNTY REGIONAL PARKS

We all love our beautiful local parks. The Sonoma County Regional Parks include more than 50 parks and beaches from Petaluma to Bodega Bay. These are irreplaceable natural and cultural resources and offer diverse opportunities for recreation and education for all who visit. What's happening to these lands and who is responsible for their stewardship? Director Parker will give us her insights for this land.



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