

<u>Water</u>

- •1 gallon per person, minimum 3 days
- •2 large collapsible water bottles
- Portable water pouches
- Pump or flexible hose for pouring from container
 - Purification tablets
 - Water filter
 - Water storage containers

Food - Go Bag

- 3-day supply of non-perishable food
- Energy bars
- Keep contents light

Food - Shelter in Place

- 10-day supply of non-perishable food
- •Use food from refrigerator and freezer first
- Use whatever is in the pantry
- Gas grill/gas
- Manual can opener
- ***remember to rotate food supply***

First-Aid – Basic Kit

- Gauze
- Antiseptic wipes and antibacterial cream
- •Bandages and band aids of varying sizes
- •EMT-type shears (not just scissors)
- Irrigation syringe for cleaning out wounds
- Tylenol, Ibuprofen, and aspirin

First-Aid - Expanded Kit

- Basic kit, plus
- •Common medications
- CPR face shield(s)
- Essential tools
- •Sterile materials for wounds, blisters, burns
- Splint(s)
- •Supplies for fracture and sprain care
- ***remember to replace supplies every 2 years***

Shelter/Warmth - Go Bag

- Emergency blanket(s)
- Emergency sleeping bag(s)

Shelter/Warmth - Shelter In Place

- •Body, hand, and foot warmers
- Ponchos
- •Tent with lengthy rope
- Waterproof tarp or sheeting

Personal Hygiene

- •Toothbrush/toothpaste/Washcloths
- Dental floss
- Soap
- Bug repellant
- Hand/body lotion
- Lubricant eye drops
- Sunscreen

Personal Supplies

- •1 change of clothes
- •5-gallon bucket toilet seat
- Baby wipes
- Bandana
- Bank card
- Cash in small bills
- Check book(s)
- Contact lens case and solution
- Credit card
- Ear plugs
- Gloves
- Hand sanitizer (e.g., Purell)
- Hat
- Heavy-duty garbage bag
- •Important family documents (digital/hard copy) in waterproof, portable container
- List of meds (prescription/nonprescription), names and prescription numbers
 - Mini sewing kit
 - •N95 respirator masks
 - Pair of nitrile gloves
 - Pair of prescription glasses (sun/reading)
 - Stool softeners
 - Sturdy shoes
 - Toilet paper
 - Warm jacket

Light

- Headlamp
- Flashlight
- Lantern
- Glow sticks
- Long-burning candle
- •Waterproof matches in waterproof case
- •Fire starter/disposable lighter

Communication

- Airhorn
- •Battery back-up for fiber-optic, home phone
 - Battery pack
 - Cell phones/chargers
 - Disposable batteries
 - Emergency radio
 - Contact info
 - Rechargeable batteries
 - Solar charger
 - Walkie talkies/CB radio optional
 - Whistle

Tools – Go Bag

- Multi-function tool
- Duct tape
- Local map & compass
- Swiss army knife

Tools - Go Bag and Shelter in Place

- Blue tarp
- Convertible shovel/pickaxe
- Flat pry bar
- •Forks, spoons and knives, paper plates &

towels

- •Hammer
- Lava soap
- Leather work gloves
- •Manual can opener
- Pair of dikes
- Pencil & note pad
- •Plastic ties and extra bungie cords
- Pliers
- Rags
- Rake
- Rope at least 50 feet
- Safety goggles
- Fire extinguisher

Entertainment

- Tablet/charger
- Books
- Coloring book/pencils
- Games
- Playing cards
- Puzzles

Proof of ownership

Rabies certificate

Storage

- Bucket with tight-fitting lid for food storage
 - Emergency storage supplies container

Misc.

•Take a first aid and CPR class

<u>Pets</u>

- •3-day supply of food/water per pet (minimum)
 - Collapsible food and water bowls
 - Disinfectant
 - Emergency light stick
 - Emergency mylar blanket for pets
 - •Food for up to 2 weeks
 - Kitty litter and box
 - •Leash, collar, harness
 - Medications
 - Metal stake with tie-down leash
 - Non-spill collapsible water bowls
 - •Nylon cord − 50 feet
 - Pet carriers
 - Pet emergency decal
 - •Pet first-aid kit/manual/survival guide
 - Plastic bags for waste disposal
 - Single water pouches
 - Toys
 - Water purification tablets

Pet Documents

- Current photos of you and your pet
- •Emergency contacts, including vet
- •ID chip number and name of company
- •List of animal shelters & pet-friendly

hotels

- Medical and vaccination records
- Pet identification info/ID tags
- Proof of pet insurance and contact info.

<u>Customize</u>	list fo	<u>r YOUR</u>	<u>Needs</u>

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