# OAKMONT NEWS

Oakmont's Semimonthly Newspaper

www.oakmontvillage.com/news

*November 11, 2023 • Volume 61, Number 21* 

### **Community Garden Story**

■News Staff Report

### **GARDEN GETS NEW EXTENSION**

Oakmont's Community Garden on Stone Bridge Drive has long been a gathering spot for Oakmonters with a green thumb and a love of planting everything from sunflowers to cabbage. But the designated spots have always been in high demand and short supply and the small bit of real estate often has a waiting list.



The Community has 14 new plots expanding the Stone Bridge Drive garden to a total of 84. (Photo by Carol Pence)

To ease the supply side of the space shortage for a popular activity, OVA recently extended the garden area, adding fencing and 14 new plots to the garden, bringing the total up to 86—all spoken for quickly. Members of the club took on the job of measuring the extension for the new beds, and with the help of a professional landscaper, were able to complete the work within a month. Gardeners pay a club membership of \$5, which goes toward some shared implements.

During the pandemic, gardening took on a renewed interest, as a safe and healthy outside activity, said Sue Aiken, club president. "We're grateful to OVA for supporting the garden. It's proven to be a good activity to build community among people who have a common interest and share ideas and information," she said.

Club membership is now at a record high of 135. The club veterans have also held orientation for new members to learn the ropes of community gardening. By early October, members started putting fall and winter plants into the ground and adding the proverbial scarecrows to keep birds away from the harvest.

The club's board members are: Sue Aiken, Shirley Phillips (secretary), Carol Pence (treasurer), Elihu Smith, Joe Valencia, Jonathan Hayden and Mary Rychly.

# Vaccine Clinics Administered Thousands of Doses

■News Staff Report

When the Covid-19 vaccine finally became available in early 2021, Heidi Klyn, then an OVA director, struck an important partnership with Safeway Pharmacies, bringing the shot to Oakmont clinics where hundreds of residents here lined up to roll up their sleeves. Since then, that partnership has delivered every available booster (and more) at 20 clinic events. October events delivered the new bivalent Covid vaccine, flu, RSV and even shingles vaccines—and many opted for more than one.

Susan Chauncy, who rallied and organized Oakmont volunteers to run the clinics, said she filled more than 280 slots from 2021 to 2023. The first clinic, restricted to those over 65 first by county health officials, provided 300 vaccines a day, then increased to 400 and 500 at subsequent clinics. She estimates a total of some 8,000 appointments were made through the Safeway website.

"Our early clinics were the neediest people and the toughest because Covid vaccine was in short supply," she said. "People were wheeled in, held up because they were too frail to walk, given shots in cars and assisted by so many caring volunteers. We had hot days, rain and freezing cold days. We had people who had literally not been out of their homes for all of 2020."

Many of the clinics even included wait lists filled at the end of the day and dependent on left-over vaccines. "It seems so long ago since we began, but we've gotten

See **VACCINE CLINICS** on page 3

### **Halloween House**



The home of Cathy and Ernie Carter at 9269 Oak Trail Circle was ghoulishly decorated for the Halloween Season.
(Photo by Kathy Sowers)

### **Golf Memorial**



Friends of Diane Graziani, who helped found Oakmont's Nine and Wine golf group, gathered on November 3 to commemorate Diane Graziani, who passed away Oct. 6 following a brief battle with cancer. They each hit a golf ball in her honor and had a champagne toast. (Photo by Maureen McGettigan)

## Annual Turkey Drive Set For Nov. 18

■News Staff report

Oakmont will hold the Seventh Annual Turkey Drive from 10 a.m. to 1 p.m. Nov. 18 in the Berger parking lot. Donations of frozen turkeys benefit the Redwood Gospel Mission's Great Thanksgiving Banquet, an annual feast held at the Fairgrounds. Your donation of food or money can also help to provide food boxes to families in need. The drive marks the seventh year Oakmont has participated in this important community outreach.

If you are unable to purchase a turkey, you may still make a donation during the hours of the drive. Please drop off a check made payable to the Redwood Gospel Mission or call drive organizer Susan Chauncy, (775) 313-7911, to make arrangements for check pick-up.

# OVA Employee Appreciation Fund

■News Staff Report

As the seasons change and the holidays approach, many of our members have asked, "What can we do to recognize the work of the OVA staff?" In 2016, the OVA Board approved the Employee Appreciation Fund to recognize the non-management team with a special thank-you in the form of a holiday bonus gift.

Donations will be distributed at year-end. Members who wish to donate may contribute via check by December 8 to the OVA Office at 6637 Oakmont Drive, Suite A.

Please make checks payable to OVA, and on the memo line, please write "EMP APP Fund" (OVA Employee Appreciation Fund).

The team at the O VA office is fortunate to work with the wonderful residents who make our job so enjoyable.



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## **Oakmont Volunteer Helpers**

■Matt Zwerling



### AGING IN PLACE **SONOMA COUNTY 211 SERVICE**

At a recent emergency preparedness program sponsored by Emergency Prep Help for Seniors I was introduced to the 211Sonoma.org program. While I had heard about 211 previously, like so many other things it found itself lodged in the unchartered recesses of my brain. So, what is 211 and how can it be helpful to our Oakmont community?

2-1-1 Sonoma is a free service, available 24/7, providing non-disaster information. It is managed by the United Way and funded by PG&E.

2-1-1 Sonoma "...is the comprehensive information and referral service for Sonoma County. We connect Sonoma County callers, website-users and texters each year with information about health and human services available to them."

Their website (211Sonoma.org) has a wealth of information on such things as Food Assistance, Income and Expense, Health Care, Seniors, Transportation, Legal Services, etc. There is up-to-date information on Covid, Sonoma County Health Department orders and guidelines, and current incidents such as fires or earthquakes.

I would encourage everyone to explore this valuable website and service, particularly if you are in need of support or information which might not be available within Oakmont.

### **VACCINE CLINICS** Continued from page 1

a lot done in the last three years. Most importantly, we provided our community with access to a muchneeded service and through every clinic, the words we heard most often were, thank you," said Chauncy.

Klyn echoed the praise for the volunteers who so willingly stepped up to man the six-hour clinics. "We do this because it's important, and we have to keep our peeps in Oakmont healthy," she said.

### **Letters to the Editor**

Dear Editor:

As Chair of the OVA's Firewise Resource Committee I made a statement as part of my committee's report to the OVA's October 17 Board meeting that I need to correct.

I told the committee that the City of Santa Rosa's Fire Department will be designating that all of Oakmont will be considered to be in the Wildland Urban Interface or WUI next year. Since that report I have found out that the City's Fire Department may or may not change the WUI designations for Oakmont. The City is waiting to see what changes that CAL FIRE will be making in their fire hazard severity ratings for Oakmont before they make any changes to Oakmont's current WUI designations.

WUI designations have consequences such as higher insurance premiums for residents, so it is important that residents have correct information on this issue. Regardless, we must recognize that whether or not we are in a WUI designated area that all of Oakmont is at a heightened risk of wildfire and that actions to lessen wildfire risks are very important to take.

Dave Watts

Dear Editors:

I am writing to say how elated I am that a community voice was heard by the Board. Those of us who disagreed with our Board were heard. Board members were voted in by us and are our representatives of a common voice. Sadly, several of the current members appear to be promoting their personal agendas over community response. We must continue to oversee our community by demanding accountability from our Board. Alexis Harrit

## **Spirit of Halloween**



The OVA staff showed their Halloween spirit on Oct. 31. Left to right: Dawn McFarland, Chandra London, Anita Roraus, and Crissi Langwell. (Photo by Danielle Hannigan)

# **Movies at Oakmont Presents** *Trustworthy*

■News Staff Report

On Sunday, November 12, Movies at Oakmont presents a special viewing of *Trustworthy,* a documentary



that addresses media and trust, along with democracy and finding common ground. In early October, the Progressives Club showed the documentary to a full house in the East Rec. Center, which prompted Movies at Oakmont to present it again for those who missed it, or anyone who wants to see it again. The film will be shown at 7 p.m. at the Berger Center, and will begin with an introduction by producer Stephany Zamora.

Trustworthy documents a 5300-mile journey across the United States, from small towns to urban regions. Including voices of journalists, experts, and everyday Americans, the film addresses how the country reached this place of media distrust, how to be a better news and information consumer, and how the country can come together and fight the divisive nature of misinformation and discourse.

Produced in 2023, the movie is 67 minutes long.



### Sunday, December 10th 10:30 am-1:30 pm

\$18 per guest at the door (cash or check only)

301 White Oak Drive Santa Rosa, California 95409

RSVP by December 6th at 707-899-1263 or oakmontgardens.com/news-events.



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# Valley of the Moon Rotary Club



■Star Power

### **VOLUNTEERISM**

How can you say "no" to a hungry child or an elderly person in need of help? Sometimes we get in over our heads trying to be helpful in solving the problems of the world. We're a bunch of bleeding hearts. But what would this world be like without volunteers?

I once had a dear friend (since passed) that didn't believe in volunteerism. He would literally get angry when I would tell him that I drove someone to a doctor appointment or the grocery store. He would even chastise me for giving to the food bank. For the most part, he was a very intelligent and interesting person, but this attitude really shocked me. Worse yet, he was a retired San Francisco policeman, a public servant. I always wondered how he developed such a contrarian point of view. He never told me. He really berated me when I told him I joined Rotary, whose motto is "Service Above Self." I didn't care what he thought. I learned to keep my latest volunteer adventures to myself. We remained friends (cautiously) until his death a few years ago.

This world is a better place because of volunteers – see a need, fill it. Valley of the Moon Rotary exemplifies this credo. Not that I'm tooting our horn or anything, but our club recently helped Oakmonters with some challenging chores to get ready for winter, i.e. change the batteries in smoke detectors, new filters for their heater, etc. A small thing, but necessary for someone who shouldn't be on a ladder. VOM Rotary also joined in with the local Kiwanis Club for the Veteran's Day Celebration (that was us directing traffic).

VOM Rotary supports education, women in distress, food banks, youth and community services, and so much more. Plus, we rally on the international level, Rotary International. RI was instrumental in almost ridding the world of Polio with the help of the Bill & Melinda Gates Foundation, WHO and others. VOM Rotary supports several international projects within our own small club, such as Opportunities for Guatemalans where our club supplied a small Guatemalan village with sewing machines, taught the women to sew which enabled them to help support their families.

That's just a small look at an exciting, rewarding adventure this Rotary club found joy in "Service Above Self." Members can literally be involved and travel to these sites or just feel rewarded that our club raises funds to support these projects. There are needs everywhere and Rotary realizes we can't solve all of the issues, but when millions of Rotarians around the world have the same idea, a lot is accomplished and the world is a better place (in my humble opinion anyway, in spite of that negative friend!)

VOM Rotary welcomes you to drop in, have a cup of coffee plus enjoy some interesting speakers. Meetings begin at 8 a.m. at the East Rec. Center on most Thursdays but come earlier and meet our friendly members.



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# Lifelong Learning

■Marlena Tremont





#### MADS TOLLING AND THE MADS MEN

Two-time Grammy award winning violinist and his group have "jazz chops and classical creds" that make an unforgettable performance. Re-imagining classic songs from 50's and 60's television, film and radio, Mads pushes the boundaries of where a violin can go. You've never heard "Meet the Flintstones" sound like this!

**WHEN:** Saturday, November 18, 7:30 p.m. **PLACE:** Berger Center. Table seating.

### CHEF KARL COOKS HOLIDAY APPETIZERS



He's back! The incredibly popular Chef Karl returns to the Berger on Monday, November 20 from 2–4 p.m. preparing a smorgasbord of tasty treats for the holiday season. Learn kitchen hacks and techniques while watching a Chef Karl prepare Brie en Croute with cranberries and pecans; Pot de Choux swans

with garlic, rosemary and boursin cheese; reinvented hard-boiled eggs; and much more!

Recipes and food samples are included in the \$25 cost for the class which is offered live, by Zoom or by recording.

For more information or to register for a class, go to OakmontLL.org, fill out a form in the OLL folder in the OVA office or pay at the door.

Chef Karl has cooked for the Academy Awards, four Presidents, Fountain Grove and Marin Country Clubs, Vintner's Inn at John Ash and other prestigious hotels and resorts.

### **WINTER 2024 CLASS PREVIEW**

Wednesday, December 13, Berger Center Music and refreshments at 2:30 p.m.; Program at 3

WHAT TECHNOLOGY MEANS: REINVENTING HUMANITY INSTRUCTOR: NELSON KELLOGG Mondays, January 8–22, 3–5:00 p.m., Berger Center

ART AND HISTORY
INSTRUCTOR: CHRISTIAN QUINTIN

3-week session. Cost: \$50

INSTRUCTOR: CHRISTIAN QUINTIN Wednesdays, Jan. 10–Feb. 14, 3–5 p.m., Berger Center 6-week session. Cost: \$95

THE FAMILY IN GLOBAL PERSPECTIVE: A GENDERED JOURNEY INSTRUCTOR: DR. ELAINE LEEDER Thursdays, Jan. 11–Feb. 15, 3–5 p.m., East Rec. 6-week session. Cost: \$95

ENVIRONMENTAL ETHICS AND GLOBAL CLIMATE CHANGE INSTRUCTOR: ANGELA NARDO-MORGAN Thursdays, Feb. 22–Mar. 14, 3–5 p.m., East Rec. 4-week session. Cost: \$65

For more information, to purchase tickets or to register for a class, go to OakmontLL.org. Purchase multiple classes at the same time for the same person and save 25% off the total. Classes available in-person, on Zoom or by recording.

# New and Exciting Volunteer Opportunities

■Bev Levy, Volunteer Resources Committee Chair

Two top notch organizations request you join their team: Lifelong Learning and the AARP Tax-Aide assistance program here in Oakmont.



### LIFELONG LEARNING

Lifelong Learning program offers both classes and concerts and is in need of volunteers to help set up beforehand or administer during the programs. Duties vary, as do dates. There is also a specific date, December 13, that needs volunteers in the afternoon for the Class Preview event.

If interested, please contact Charlene Bunas (2charbee@att.net) or leave message at (707) 282-9230. There is also an opening for an audio-visual backup person to be trained, interned, and then responsible for A/V for one of the four classes offered in a term.

### **AARP FOUNDATION TAX-AIDE**

The nation's largest volunteer-based free tax preparation service is looking for compassionate and friendly people to join the Oakmont team this upcoming tax season. Volunteers are needed to prepare tax returns, greet clients, help organize paperwork and/or work from home making appointments. No prior experience necessary.

The asked for commitment is five hours per week February through April 15, 2024. Oakmont location schedules Monday and Wednesday and Sonoma location is on Fridays.

New Volunteer Orientation Meetings are 10–11:30 a.m. on Nov. 17 and Dec. 5 at the Franklin Park Clubhouse, 2095 Franklin Avenue, Santa Rosa. Oakmont contact is Diane Ethier, (651) 210-0805 or dianeethier@earthlink.net.

Volunteers keep this program strong and growing in Sonoma County. This past year, 75 Tax-Aide volunteers here prepared and filed around 2,500 tax returns for Sonoma County residents with low to moderate income.

There are many other volunteer opportunities here in Oakmont for you to consider. Please contact volunteers@oakmontvillage.com for a current list of needs and the contact person.

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## Save the Date for Special MYN Guest Speakers

■Katy Carrel and Matt Zwerling, MYN Co-Chairs

A special Meet Your Neighbors (MYN) meeting on Thursday, Nov. 16, 3 p.m. at the East Rec. Center will focus on emergency preparedness advances in Sonoma County and the City of Santa Rosa with guest speaker Nancy Brown, Ph.D., community preparedness program manager for Sonoma County. Joining Dr. Brown are Paul Lowenthal, Santa Rosa Division Chief Fire Marshal, and Neil Bregman, Santa Rosa Emergency Preparedness Manager, who will address changes and improvements in the Santa Rosa Fire Department.

Dr. Brown's presentation looks at the significant changes in the county emergency management system since 2017. Topics include alerts and warning,

new emergency operations standards, preparedness programs, and more. Dr. Brown's long-term objectives include continued development of pragmatic ways to build disaster resilience that engage communities and businesses in a systemic way—resulting in a culture of resilience. The county and city have initiated several new programs in preparedness over the past six years and many of those measures will be discussed.

There will also be prizes at this meeting: a stocked Go-Bag, NOAA radio and more.

This meeting will also be held on Zoom: Meeting ID 871 8537 5477, Passcode 853153.

## "Waste Not, Want Not"

■Lesli Lee, Oakmont Environmental Stewardship Committee

As the holiday season approaches, when many people share meals together in celebration, let's be aware that in the United States, more than 1/3 of all food is thrown away. In Sonoma County alone, 60,000 low-income households—about 1/3 of county residents—couldn't afford enough food to eat three healthy meals a day, according to the Sonoma County Hunger Index report (County of Sonoma, 2018).

Food waste also contributes to 9-12% of total global greenhouse gas emissions (Regeneration-Ending the Climate Crisis in One Generation, 2021). When organic material like food rots in the landfill it creates methane, a greenhouse gas 28 times more powerful at warming the Earth than carbon dioxide (over a 100-year timescale) (US EPA).

We in Oakmont can help! Reducing food waste is one of the easiest and most impactful actions we can do as individuals. Here are some tips to consider:

- Plan meals and making a grocery list to avoid overbuying.
- Learn what "sell-by," "use-by," "best by" or "expiration" food labels mean.
- Label with dates and store food correctly to extend its shelf life.
  - Use leftovers in soups, smoothies, or baked

goods, or freeze them for later.

- Donate excess produce, unopened, unexpired food to food banks, shelters, or other community organizations (e.g., Farm to Pantry, Meals on Wheels).
- Support local farmers and food producers by buying fresh, seasonal, and locally sourced foods.

Composting is one of the most effective ways to reduce the amount of methane released from landfills into our atmosphere.

We're fortunate that our waste management company Recology collects yard trimmings and all food scraps. When we put them (e.g., soiled napkins, pizza boxes, parchment paper) into our green bins, in 12 weeks, these organic materials that would have otherwise ended up in a landfill are transformed into a nutrient-rich soil amendment. For questions about what goes where, search for the "WhatBin" tool on their website. They also have resources for planning a zero-waste event (www.recology.com).

When planning our next Oakmont event, by reducing food waste and choosing compostables over disposables, we help the hungry, conserve water and energy, improve our soils, save money, and help address the climate crisis.





■Linda Suhr

### BETTER PLACE FORESTS— A TRANQUIL PLACE FOR ASHES

Are you interested in learning about a natural and sustainable alternative to cemeteries? Please join Alethea Valley and Gillian Nye from Better Place Forests at Café Mortel on November 1 at 3 p.m. to learn more about America's First Memorial Forest.

Many people want to have their ashes spread in nature—in a place that is private, peaceful and beautiful. Better Place Forest's serene forest and experienced forest team provide this option. It is a protected forest and home to Memorial Trees, which are established, growing trees that serve as a resting place for cremated remains. Ashes are mixed with native soil from the forests and spread at the base of the tree forever becoming part of the environment.

The experienced team helps people navigate difficult conversations about end-of-life with meaningful outcomes. Planning provides peace of mind and is a gift to those left behind. People select a Memorial Tree for themselves, their families and even their pets if they want to include them. The Memorial Tree can stand as a living legacy for friends and family for many generations to come.

Better Place Forests are located across the country. The closest to Santa Rosa is in Point Arena, CA, a small coastal town on the southern border of Mendocino.

What better time than the afternoon before Day of the Dead to contemplate our final resting place. Join Café Mortel on Wednesday, November 1, at 3–4:15 p.m. in the Central Activity Center, Room B or via Zoom to hear about this meaningful way to honor those who have passed.

Zoom Meeting ID: 823 7271 5083. Passcode: 480387. Email linda@autumnoflifeplanning.com for more information.



# OVA Presents Barbara Higbie & Friends

■OVA Staff

On Friday, Dec. 15, bring in the holidays with Barbara Higbie and Friends—a Grammy-nominated Windham Hill pianist, vocalist and fiddler, and her mega-talented band. Held at the Berger Center, doors open at 5:30 p.m. and the event starts at 6. Tickets are \$30 per person and are available now at the OVA office.

Barbara Higbie's family moved to Ghana, West Africa when she was 13. It was there she first fell in love with music and studied with master drummer Mustafa Tetty Addy. Later in life, after musical studies at Mills College, studies at the Sorbonne, and a sojourn performing in Paris, she returned to West Africa with a Watson Fellowship to collect traditional music. A professional musician since age 17, Barbara has played everything from traditional jazz, bluegrass, and Irish to new classical music, blues, and African pop. She is known for her ability to compose in a style that is both genre-bending and accessible.

A Grammy-nominated, Bammy award-winning composer, pianist, fiddler, singer-songwriter, and multi-instrumentalist, Barbara Higbie has performed on more than 100 albums, including songs with Carlos Santana and Bonnie Raitt.

Performing with Barbara Higbie on Dec. 15 will be Mia Paxley, Vicki Randle, Michaelle Goerlitz and Dewayne Pate. For more about Barbara, visit barbarahigbie.com.



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### "GHOSTLY NIGHT RETURNS" A GREAT SUCCESS!

Thank you, Boomers and friends, for making our "Ghostly Night Returns" the most fun Halloween Party we've had. Even better than last year!

The idea of coming in a costume has caught on, and everyone was into it. The variety of costumes was amazing. Even Frida Kahlo showed up. The Big Bad Wolf deserves honorable mention for a great mask. Of course, there were the traditional witches, flappers, and butterflies, among others.

The winners each received a bottle of wine. They were: Best couple—Theresa Noe and Jeff Wolinsky as Pilot and Stewardess Most Original—Dawn Longoria



as the Cake Lady; Spookiest—Ernie and Cathy Carter as Voodoo spirits.

We also wish to thank our volunteer judges for doing a great job. It wasn't easy, but they came through for us, selecting the best of the greatest costumes ever.

> Photos by Kathy Sowers.



### UP NEXT: DECEMBER 7 ANNUAL MEMBER-ONLY HOLIDAY PARTY

We will have a buffet dinner with ham, turkey and all the trimmings. This is free to members, and open to members only, so join Boomers to take advantage of this event and many more to come in the new year. See our website (oakmontboomers.org) for more information.



# **Oakmont Squares**



# A BIG WELCOME TO THE NEWEST MEMBERS!

The Oakmont Squares dancing club is happy to welcome an influx of new dancers for the fall class. The new members have come in with various levels of experience from complete beginners to lapsed experts. What they all have in common is a desire to learn Square Dancing in a fun and supportive atmosphere. The fall class is now closed, but new classes begin periodically and will be announced in the future.

Experienced dancers who wish to join the group, or to just drop in, are welcome to come dance at Mainstream Level at any time. No partner is necessary since it is customary to switch partners often to get more dancers on the floor.

Come dance in a square and make a circle of friends!

The Oakmont Squares meet Tuesday evenings from 7–9 p.m. at the East Rec. Center. Donation is \$8 per person/night or \$25 for the month.

For information call Jenny at (707) 367-2102.



New members Anna and Dale Friesen. (Photo by Barbara Wooley)



New member Steve Pimental joins veteran Karen Martin. (Photo by Barbara Wooley)

### MOVIES AT OAKMONT

# **Movies At Oakmont**

WHERE: Berger Center

SCREENING DAY AND TIME: Sundays HOSTS: Al and Carol Haggerty, Mike McInnis, Jeff Neuman and Deborah Davidson.

**NOTE:** All films are shown with English subtitles, when possible, free of charge—compliments of OVA.

### NOVEMBER 12 AT 2 PM THE DEVIL WEARS PRADA

A smart but sensible new graduate lands a job as an assistant to Miranda Priestly, the demanding editor-in-chief of a high fashion magazine. 2006, PG-13, 1:49.



### NOVEMBER 12 AT 7 PM TRUSTWORTHY

How the country reached a place of media distrust, how to be a better news and information consumer, and how the country can come together and fight the divisive nature of misinformation and discourse. 2023, NR, 1:07.



### NOVEMBER 19 AT 2 PM SPOTLIGHT

The true story of how the *Boston Globe* uncovered the massive scandal of child molestation and cover-up within the local Catholic Archdiocese, shaking the entire Catholic Church to its core. 2015, R, 2:09.



Two terminally ill men escape from a cancer ward and head off on a road trip with a wish list of to-dos before they die. 2007, PG-13, 1:37.





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# **Tennis Club**



■Jack Breibart

### THE BOARD'S ALL HERE

Ever wonder who is behind those tennis tournaments, social-mixer tennis events and a yearly gala night of dining and dancing? Well, even if you haven't, it's worth knowing. It's the Tennis Club Board. And you will have a chance to meet the Board in person on November 13 at the Berger Center from 1û3 p.m. That's annual meeting time. You don't have to a member of the club to attend, and there will be food and beverage goodies for all.

John Hughson is the President, Frank Passaglia the Vice President, Judy Passaglia the Secretary, David Coar the Treasurer, Maureen Pennal the Events Director, Mellie Gott the Communications Director and Arnie Herskovic the Maintenance Director.



Left to right, Mellie Gott, Arnie Herskovic, Judy Passaglia, John Hughson, Maureen Pennal, David Coar. Frank Passaglia (recovering from knee surgery) was absent. (Photo by Maureen Pennal)

And here are those members of the board, in their own words (briefly).

John Hughson: I moved to Oakmont with my wife Joan going on four years ago from Pacific Union College in Angwin in the Napa Valley. I had worked as the Executive Pastor at the campus church for over 20 years and Joan taught in the Nursing Department. I played tennis for years in St. Helena. Right now, I'm recovering from neck surgery and plan to be back playing tennis in January.

Mellie Gott: Though the Gotts stay in Oakmont has been brief, my favorite activity is Coach Tony's tennis clinic, where I finally get the expert training that's been missing from my tennis game all her life! Plus meeting all the other fun tennis players is just bonus.

Maureen Pennal: I grew up in foggy San Francisco and after high school I joined Shipstad's & Johnson's Ice Follies, performing in the U.S. and Canada. After settling back in California to raise my son, Ken, I worked for various banks and architects. and ran an art gallery. I retired in Aug. 2020. I was working in Santa Rosa as an Executive Assistant for Viavi Solutions, a global company. I play tennis, pickleball, petanque or work on an oil painting.

Arnie Herskovic: I've been an Oakmont resident for 11 years, am a retired Economic Consultant and an avid tennis player. As the current Maintenance Coordinator, I am tasked with looking after all the equipment needs and court conditions at both court locations.

Judy Passaglia: My husband, Frank, and I moved to Oakmont full time, one year ago, after having a second home here for five years. Born and raised in San Francisco. I am a semi-retired RN who practiced for 48 years. I am enjoying tennis immensely. I love the outdoors and the quiet. I am a voracious reader and enjoy skiing.

Frank Passaglia: I was born in Lucca, Italy. Immigrated to San Francisco when I was five, I started my career as a SF Police Officer, then went on to law school in San Diego. I enjoyed 40 years of practice, especially years as a SF District Attorney. When I was 18, I took tennis for PE and have been playing ever since. I also play golf and I love to hike.

# **Oakmont Progressives**

■Ed Biglin

### PROGRESSIVES WELCOME MOVE TO AMEND SPEAKER

On January 10, 2010, the Supreme Court ruled in Citizens Unites v. Federal Elections Commission that corporations are persons under the law, with the same constitutional rights that citizens have. The ruling held that the right to free speech allows wealthy corporations to spend virtually unlimited amounts of money to support candidates and influence elections in their own interests. In his dissent, Justice John Paul Stevens wrote:

"... corporations have no consciences, no beliefs, no feelings, no thoughts, no desires. Corporations help structure and facilitate the activities of human beings, to be sure, and their 'personhood' often serves as a useful legal fiction. But they are not themselves members of 'We the People' by whom and for whom our Constitution was established."

On Monday, Nov. 13, at 7 p.m. in the East Rec. Center, the Oakmont Progressives Club will present Lawrence Abbott from Move to Amend. He will explain the legal background which led to the Citizens United decision, the impact and prospects for the proposed Amendment, and answer our questions.



Lawrence Abbott from Move to Amend.

The meeting will start with a social at 6:30 (feel free to bring libations and light appetizers to share) and the presentation/discussion at 7 p.m. For more information, go to www.oakmontprogressives.org.

Move to Amend is a nationwide group of citizens formed to create and support a constitutional amendment to remove corporate personhood from the Constitution. Their "We the People" Amendment had over 90 co-sponsors in the last congress, including our own representative, Mike Thompson. They wish to establish clearly that money is not speech, and that human beings, not corporations, are the persons entitled to constitutional rights.

Mr. Abbott's passion for democracy and strengthening the labor movement led him to serve as a delegate to the Alameda Labor Council and volunteer with the ALC Environmental Caucus to ensure that the newly forming East Bay Community Energy would create more "high road jobs" as we transition to renewable energy. He also helped pass an ALC support resolution and petition to the AFL-CIO to support the We the People Amendment, which would overturn Citizens United and regulate money in politics.



### **CARES AND CARDIAC ARREST** NOV. 14, 11:30 AM—1:30 PM BERGER CENTER, 6633 OAKMONT DR.

There will be an outstanding menu featuring turkey, a great topic presentation and our world famous 50/50 raffle.

Many of us could be subject to cardiac arrest outside of a hospital. Our presenter is well qualified to make this important presentation. Carly Sullivan is an Advanced Life Support Coordinator for Coastal Valleys EMS (CVEMS) agency since January 2015.



Carly Sullivan.

Reservations are a must! We welcome nonmembers of SIR to check us out. To make a reservation contact sgroubert@hotmail.com. One may make a reservation using a credit card at our website: www. sir92oakmont.org.

# Domino Club



■Brian Huckins

### MIX THOSE DOMINOES

The Oakmont Domino Club meets every Thursday morning at 9:30 a.m. in the Central Activity Center Card Room.

We play the popular Five-up Game (more commonly referred to as the San Francisco Five-up Game). Two, three or four can play. The four handed or partners game is our preferred format.



A slight wager has been known to add to the interest. It is easy to learn and anyone who can add, subtract and divide can play the game. The fundamentals are simple and can be learned quickly. The finer points can be managed with a little study and practice.

Looking for players of all abilities to join. Lessons

Please contact me at (415) 602-9083 or bvhuckins@ gmail.com.

## **Oakmont Sunday Symposium**



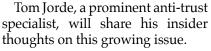
Berger Center, 7902 Oakmont Dr. Sunday, 10:30 a.m.-12 noon / \$3 donation www.oakmontsundaysymposium.org

■Harriet Palk

Season passes are still available for \$50. Coffee, tea and individually wrapped snacks are available for sale in Berger from 9:45-10:15 a.m. before the presentation begins.

### **NOVEMBER 12: BIG TECH,** ANTI-TRUST AND YOU **TOM JORDE**

"Big Tech" companies have changed how we communicate, shop and get our news. What is the impact on our privacy, free speech, competition and more?





### **NOVEMBER 19: OUR SANTA ROSA** CITY COUNCIL REPRESENTATIVE **DIANNA MACDONALD**

Some of the biggest impacts on our everyday lives start in our local city government. Dianna's knowledge, gained from working with our communities, and her background in finance and policy benefit the City of Santa Rosa. She will be with us to talk about what's going on and to listen to us.



### **NOVEMBER 26: ENIOY YOUR LEFTOVER TURKEY!**

### **DECEMBER 3: INNOVATION AND** ENTREPRENEURSHIP: MAKE IT HAPPEN MICHELE CHABOUDY

How do people go from having an idea to making it happen? How do they stick with it when things get tough?

Michele Chaboudy became an entrepreneur in the media startup world, teaches at Golden Gate University and Santa Rosa Junior



College and is currently President of the World Affairs Council of Sonoma County.

# Silver Guys of Oakmont

■D. Hall

### NOVEMBER 12 FALL POTLUCK FOR GUYS

Silver Guys of Oakmont and their invited guests will convene for their fall potluck from 2–5 p.m. on Sunday, Nov. 12 at the East Recreation Center. As usual, bring food and beverage to share.

Silver Guys of Oakmont provides an opportunity for Oakmont gay men and their friends to enjoy nonpolitical social, educational, and community services activities. All men in Oakmont are invited to join.

# **Pickleball Corner**

■Peter Gavin

### **MEET PETER COPEN**

It's hard to miss Big Pete Copen when he's on the courts, as he stands at 6 feet, 6 inches. Not only is he big in stature, but he also has a big, jovial spirit and an expansive mind. So, it won't surprise you to learn Peter has lived a big life, full of experience, adventure and a lot of jokes and stories.

Peter was born in Brooklyn and raised on Long Island, attending high school in Great Neck where he discovered his love for basketball and one of his classmates was Francis Ford Coppola.

After his freshman year of college at Tufts University, Peter took a couple years off so he could find out who he was, become financially selfsufficient and return to school when



Photo by Nancy Copen.

ready. During that time he worked the nightshift in a cardboard factory, later as a gardener, and then in the billing department for a liquor distributor. He finished college at Boston University, graduating with a degree in English literature.

After college he moved back to New York and worked in advertising for a while before going into the pocket business—who knew there was such a thing—with his father and uncle in New York City's garment district. After learning the ins and outs of pockets, Peter started his own pocket business, and within two years, sold it to a much larger holding company, staying on as a chief officer for another eight years.

During this time Peter married and had two kids. He moved to Westchester County and endured a three-and-a-half-hour round-trip commute for five years. When Peter had accomplished his financial goals, he decided to follow his heart, founding a school for high school juniors and seniors stressing building self-esteem, community service and academics through experiential learning based on the Outward Bound philosophy of self-reliance and ingenuity. It was there that Peter met Nan, the love of his life.

By the 1980s, Peter's school was well established and Peter felt a new calling to use his entrepreneurial skills to help reduce the chances of nuclear war. He started an organization called iEARN (https://www.iearn.org/) connecting American school children and teachers with Soviet school children and teachers. iEARN is still going strong and has expanded its mission to 140 countries, 30 languages, 50,000 educators and 2 million youth. iEARN promotes projects that align with the United Nations Sustainable Development Goals to improve the quality of life on the planet.

Wow, what a life Peter has lived! And he's still a young man—well, pretty young at least.

Next time you see Peter on the courts, go on over and say hello and you will see how kind and approachable (and funny) he is. You will also see this big man has a big heart and a welcoming presence.

**New Player Orientation:** 9 a.m. on Tuesday mornings. Arrangements can be made by contacting Nancy Lande at (707) 978-2998 to schedule a session. Call Jim Howard at (209) 761-8517 for demo loaner.

## Men's Bible Study

■Lou Lacson

### KALEIDOSCOPE

Our lives have been a constant change through the years, from our infancy to now I must say. But one thing that will not change is God's love for us. We simply have to believe that His promise for everlasting life is there for us to seize.

Join us every Thursday at 10:30 a.m. at the East Rec. Center, and find the "How" and the "Why Not?"

# **Lawn Bowling**

■Mary C Blake

### **NEWS FROM THE GREEN**

Jim Krause is making a list and checking it twice. He's gonna find out who gets a trophy or not at our annual Holiday Party and Awards Gala.

The 2023 Intraclub tournaments are complete. And our final tournament for 2023 will be the Thanksgiving Tournament. It's the one holiday tournament that isn't on the holiday—too many people will be too busy eating that day to also bowl.

#### **COMING EVENTS**

Bowling is Mondays through Saturdays at 12:30 p.m., so don't forget to bowl! And we have a few events still on our calendar:

Monday, November 13 at noon: Our annual member meeting. This year we'll meet in East Rec.

Tuesday, November 21: Thanksgiving fun tournament.

And our Awards Gala and Holiday Party is Friday, December 8 at the Berger. Jeana, Linda, Pam, and Marilyn are working on creating invitations and gathering a list of children in need of Christmas presents. The tree with tags for the children will be in the bowls room on November 1st along with instructions. Pick one or more children you'd like to buy presents for, bring the presents to the holiday party where we'll wrap them up and then deliver them.

### **NEW BOWLERS**

We had eight people interested in joining our club after the September Open House. Please remember to be patient with our newest members as they learn the ropes.

### TIP OF THE DAY # 13: ESTIMATING A HEAD #3— WILL A BOWL CHANGE THE SCORE?

If it seems clear that an incoming bowl is unlikely to change the Head, you don't have to do anything; and if it is clearly going to change the count, you can signal without having to change your position. But remember that looking at the Head from an angle can be deceptive! If the incoming bowl doesn't change the count, don't signal because it is just a distraction.

### TODAY'S PHOTO

The photo for this article is one of my favorites from

Email: oakmontlawnbowling@gmail.com. Website: www.oakmontlawnbowling.com.



From 2023 Open Triples: John Jaye, Bob Hoffman, Richard Adamczyk, Mark Johnston Steve Pickell, Jodi Darby, Ande Anderson and Pam Dempsey. (Photo by Mary Blake)

# Canine Club & & &

■Randi Hulce

### "EARLY BIRD GETS THE "DISCOUNT" AND MORE FALL EVENTS

Current Club Members Early Bird Special: If you plan to remain in the pack for 2024, why not renew early and save? Members renewing in November or December pay only \$10





"I want to be an Early Bird not a Turkey!

After December 31 annual dues are regular price \$12 Individual and \$20 Household. Make check payable to Oakmont Canine Club and drop it off in the Canine Club folder at the OVA office.

Individual or \$16 Household.

**Canine Club Members Appreciation Party** was a Paw-

Some Success, attended by 75 members. Event photos are now uploaded on the club website, ready to view.

Woofers Dog Walks "Yappy Hour:" Walks are 1-2 miles (round trip). These casual, self-paced walks are open to all Oakmont residents, all dog sizes and breeds. Bring water for yourself and pup. Wear comfortable walking shoes. Rain cancels!

Wednesday, Nov. 16, 10:30 a.m. (note special start time for this off-site walk). Meet up: St. Francis Winery Parking Lot located across from Pythian at Hwy. 12.

Friday, Nov. 24, 10 a.m. (new time). Meet up: Corner of Oakmont Dr. and Singing Brook.

For December dates visit the club website: www. oakmontcanineclub.org.



### WHAT'S HAPPENING AT THE DOG PARK?

Happy Tails Dog Park, located at 6302 Stone Bridge Rd (behind the Community Garden) and is available to all Oakmont residents, daily, sunrise to sunset.

Important Reminders: please do not bring any dog treats, food, or drink of any kind, other than water, into the Dog Park; and remember your responsibility, as a dog owner, to pick up any "dog deposits" left by your dog in the park or on the path.

Small Dog Hours (dogs 25lbs or less): Every Sunday and Wednesday, 3-4 p.m. Dog owners, with breeds larger than 25lbs., please observe the 2-hour windows each week. The Dog Park is open all other daylight hours and every day of the week for everyone to enjoy!

Save the Date: Saturday, December 3—Big Dogs Get Their Day! Big Dog Play Date is for any breed over 35 lbs. Bring your Frisbees and Ball Slings, 9–11 a.m. the park is all yours without little dogs underfoot!

Volunteers/Doggy Docents Needed! Please contact periolinger@yahoo.com or (707) 479-6961 for more information. If you have 1 hour per week to help assist at the Dog Park, you'll play an important role in keeping the park safe and clean for all to enjoy.

### **LOCAL HAPPENINGS**

**Dogwood Crafters Inventory Blowout Sale:** Saturday, Nov. 11, 10 a.m.–2 p.m., 2042 Rolling Hill Drive. Your support makes it possible for 100% of proceeds to benefit Dogwood Animal Rescue and so many animals! Clearing out their storage facility brings awesome pricing on some of their most popular merchandise! Get a jump on your holiday shopping, and support Dogwood at the same time. Note: event will be in an open, residential garage, rain or shine.

For Your Future File—Meet and Greet Adoptable Dogwood Pups: Saturday, Dec. 9, 10 a.m.–12 p.m., Berger Lawn.





# a Happy Thanksgiving!





Susan Irvine (707) 696-4648 DRE 01346710



**Denise Paup** (707) 696-0023 DRE 01218751



Linda Clark (707) 339-3711 DRE 01290894



Vanessa Devoto (707) 583-4202 DRE 01976215



Barbara Lynch (707) 696-4431 DRE 00642851



Jim Tosio (707) 480-3870 DRE 00324887



Ululani McBride (707) 396-0499 DRE 01853778



Kristen Preuss (707) 835-4897 DRE 02131496



Barbara Sloan (707) 741-1733 DRE 02092832



Peter Schmidt (707) 890-1335 DRE 01472650



**Karen Sites** (707) 888-5044 DRE 01439227



Nancy Devoto (707) 953-5458 DRE 00771931



**Donn Paulson** (707) 953-5975 DRE 00988223



Fran Berger (707) 477-0987 DRE 00807430



Marie McBride (707) 322-6843 DRE 01169355



**Peggy Cummins** (707) 538-2270 Admin Assistant

# McBride Realty

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# 2023 Winter Warmth Coat Drive

November 15—December 22

**Drop-off Box at McBride Realty** 6520 Oakmont Drive (at the entrance to Oakmont)

Receive one raffle ticket for each coat you donate & enter to win a bottle of wine & a \$100 gift basket full of goodies for your holiday get togethers. Drawing will be held December 22.

> Please go through your closets & donate your extra coats to those in need. Ask your family & friends to help donate too! We will be collecting coats for men, women & children.





### **Oakmont Birders**

■Barbara Kendrick

### **RETURN OF THE** WHITE-THROATED SPARROW

It's such a jolt of pleasure to see a bird return to your vard after a half-year absence! I felt that a few weeks ago when I saw the first White-throated Sparrow of the fall on the back fence. This bird—I like to think he's the same one, and if not, maybe an offspring comes faithfully every year in October and stays into April, dining on the birdseed I throw on the ground. He comes alone, unlike the Gold-crowned Sparrows, Lesser Goldfinches, Pine Siskins, and House Finches, which all arrive in large gangs. But one handsome White-throated Sparrow is enough.

You may well have White-throated Sparrow in your yard. They come to our area in small numbers, but regularly. Look on the ground – they don't use feeders but prefer the birdseed that is tossed out by rambunctious eaters like House Finches. This bird is the



A well-named White-throated Sparrow, ready to dine. (Photo courtesy of Tom Grey)

typical sparrow size and shape (on the plump side), similar to the more common Gold-crowned or Whitecrowned Sparrows. It has a brown back and wings, white wing bars, black and white stripes on the crown of the head, a yellow spot on the face between the eye and bill, a pale grayish breast, and—most important for ID—a dazzling white throat.

That white throat is a great marking. If you see it, you can say "There's a White-throated Sparrow!" and be right 99.9% of the time. Birds that are this easy to ID are delightful.



crowned Warbler. (Photo courtesy of Tom Grey)

What's also nice about the White-throated Sparrow is that it is so aptly named—a perfect description of the bird's outstanding feature. Not all birds are so fortunate. The bird name that irks me most is the Orange-crowned Warbler. This unassuming little warbler is around here A poorly named Orange- most of the year, though most people never see one. A much better name would be the

Leaf-colored Warbler, because it's a drab olive-yellow color that blends perfectly with most foliage.

This, combined with the fact that it usually stays high in trees and doesn't flit around much, makes it quite tough to spot. And the orange crown? Do not bother looking for it! I've been watching for many years and may have seen it once—a tiny sliver of feathers that the bird can expose when it feels like it (which is apparently almost never).

Enough digression—back to our featured bird. When you see sparrows in your yard this fall and winter, especially on the ground under your feeder, take a moment to look at them closely. Most will be White-crowns or Golden-crowns, but keep an eye out for one that has a patch of white like a napkin tied around its throat. When you see it, you've got a White-throated Sparrow!

Do you have bird questions? Have a bird photo you want to share or ID? Want a "Birds Seen in Oakmont" checklist? Send an e-mail to bkendrick@jps.net.



■Don McPherson

### **3** akmnt Pétanque Club

An abundance of clothing in fall colors contributed to the festive atmosphere of the Oktoberfest Tournament and potluck picnic lunch celebration on October 21. As always, the bleu-blanc-rouge French Tricolore decorated the scoreboards and the club banner.

**OKTOBERFEST 2023** 

The celebration began with the fifth annual Oktoberfest Tournament, the last of the 2023 season. Tournament Director Jean-Michel Poulnot handled registration and randomization of teams with the club's iconic "Fanny" looking on. Fanny, "the Goddess of Pétanque," is the focal point of a traditional ritual that follows a 0-13 shutout loss. Fortunately, there were no Oktoberfest shutouts, so Fanny-in the end—was not needed.

Six doubles teams played in the tournament representing the maximum three simultaneous games that can be accommodated on the Oakmont courts. The level of competition was the highest for any Oakmont tournament thus far, with nearly all games close in scoring, often advancing single point by single point, and most games lasting an hour or more before the winning point was scored. There were also several dramatic come-from-behind games.

In the first round, Don McPherson and Barbara Newton defeated Cynthia Goodwin and Steven Payette 13-10; Ernest Culver and Linda McPherson defeated Richard Goodwin and Margi Nielsen 13-10; and Max Hinchman and Jean-Michel Poulnot defeated Sheila Culver and Ellean Huff 13-12.

In the playoff round, D. McPherson-Newton defeated E. Culver-L. McPherson, 13-10 to win the championship. Hinchman-Poulnot defeated S. Culver-Huff, 13-8 to take third place, and C. Goodwin-Payette defeated R. Goodwin-Nielsen, 13-10 to take fifth place.

A potluck picnic lunch at the courts followed the announcement of winners and photos. Jean-Michel Poulnot was presented a Club Cap in recognition of his six years of volunteer service as Tournament

### PÉTANQUE IN OAKMONT MONDAY, WEDNESDAY, SATURDAY

The club encourages all Oakmonters who may be



Oktoberfest Tourney 2023 Championship Round (l to r): Ernest Culver and Linda McPherson (2nd place), Barbara Newton and Don McPherson (1st place).



Oktoberfest Tourney 2023 Runners-up (l to r): Jean-Michel Poulnot and Max Hinchman (3rd place), Sheila Culver and Ellean Huff (4th place).

interested in playing or learning to play pétanque (pay-tonk) to come to the courts between Berger and the OVA offices at 9:45 a.m. on the Club play days of Monday, Wednesday, and Saturday. The club has boules to lend while you're learning, and you'll be playing right away. No dues are required—just sign up to be on the club roster.

Club play days are casual friendly games with teams randomly assigned. Anyone, regardless of experience, is welcome to enjoy the challenge and camaraderie of a simple game that is inexpensive, fun to play, learned quickly, and endlessly fascinating in its deeper levels of execution and strategy.





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### FREE ESTIMATES

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### Hikers



We welcome you to join us on a hike whether you are a member yet or not and the annual membership is only \$15. Go to our website at www. oakmonthikingclub.orgto join the club, get more hike details, club information, photos and lots more.

Please keep checking our website for updates.

### INTERMEDIATE HIKE: NOVEMBER 16 LAKE SONOMA DRY CREEK/ BUMMER LOOP

Starting at Little Flat parking lot, we'll take the Dry Creek Trail to No Name and Bear Scat, returning via Half a Canoe and Bummer Trails. About 6 miles, 1100 ft. elevation gain. Great views of the lake, mostly on shaded forest trails, some sections exposed. Restrooms at the visitor center at the entrance to the park, or at the Warm Springs Recreation area nearby. About an hour's driving time to trailhead. Dress in layers with hat and wind jacket.

Bring water, lunch, sunscreen, poles if needed. Leave Berger parking lot 9 a.m. Estimated return



View from above Lake Sonoma.



time about 3 p.m. Hike leader is Florentia Scott, hikingscott@yahoo.com, (707) 591-1929.

### LONG HIKE: NOVEMBER 16 (Postponed on October 16 due to heat) BALD MOUNTAIN VIA THE VISTA TRAIL

Starting from the Observatory parking lot we will work our way up to the top of Bald Mountain starting on the Meadow Trail over to the Vista and then Headwaters Trail. Small streams are still running as we make our way over to Red Mountain followed by the final ascent up the Gray Pine trail. We will have time to enjoy the 360-degree view and lunch at the top before our descent down Bald Mountain and back to civilization, 7.5 total miles and about a 1,750-foot elevation gain when completed.

Bring water, snack/lunch, poles, State Park required for drivers. Depart Berger 8:30 a.m. Hike leader is Scott Finn; (619) 884-0977, scottfinn50@gmail.com.



Communications Tower view from Bald Mountain.

# **Billiard Club**



■Steven Dieterle

### CALIFORNIA DREAMIN'

Well, fall is upon us. and we fell back in time (possibly getting younger?) to help brighten our mornings.

The Billiards Club just held another 8 Ball Double Elimination Tournament on October 19, which included 14 participants. We have not seen that many participants since before COVID reared its ugly head. This turned out to be another great club competition with a good cross section of players including a few new members. The general mood in the pool room was good with the peaceful background sounds of music playing, providing a calm and quiet place to play pool.

The Oakmont community has provided a "cocoon" environment for residents which extends to the pool room at the east recreation center. It is a great refuge to feel safe and comfortable on a Thursday afternoon in October. We are all very fortunate to have it.

As competitors prepared to play, the sense of being in a pleasant place with friends who enjoy playing pool was evident. During the competition there are two paths a player can follow to make it to the final game of the tournament. The first is to win all your matches and the second is to only lose one match, and then win all the rest of your matches.

Frank Corvell, seasoned club member, recently had knee surgery replacement back in May. After some time off from playing pool Frank came back stronger than before with his new "bionic knee." Frank proceeded to float around the pool table like a butterfly and sting his opponents like a bee, dropping shot after shot into the here). Frank Coryell



pockets (no rope a dope here) Frank Corvell Winner Frank Corvell runner-up Rich Winston.

took the short route and won all his matches, while a new member, Rich Winston, did it the roundabout way by only losing one match and then winning the rest. It is comforting to know that if you lose one match, you still can have the opportunity to come back and play for the title.

So, the title game was set between a previous Oakmont tournament winner, Frank Coryell, and an unknown newcomer Rich Winston. Frank was apparently determined to get back to the winner's circle and no one was going to stop him. Frank took control of the final match early on, as he did with all previous matches and won decisively. We just may see a surge of knee replacement surgeries for some of our other wounded knee Billiards Club members.

Congratulations goes to Frank on winning the 8 Ball Double Elimination Tournament and many thanks to all participants for making this a fun and enjoyable tournament!

For a few hours we all took refuge into the Oakmont pool room "cocoon" environment to help us briefly forget about the world in conflict and war going on outside. Well, almost.



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# **Current Events Discussion Group**



Every Friday from 1–2:30 a.m. Current Events meets at the East Rec. There is Zoom available for those who can't attend in person.

■Tina Lewis

There's a lot to talk about, from Oakmont to Santa Rosa to California to national to international. Look for special reports and in-depth issues discussed from opposing points of view. Following each meeting, we gather for Happy Hour at a place determined at the end of the meeting, places such as Oak, Palooza, Salt & Stone, and The Saloon at Jack London Lodge.

If you are not on the Zoom mailing list and wish to be, email tinalewis31@comcast.net or call (707) 758-9739.



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Oakmont Meals on Wheels Driver
Volunteer at Redwood Empire
Food Bank

Meadowstone Owners Association Board Member Jim Tosio Associate Broker 707-480-3870 jimtosio@hotmail.com



**■**Charlene Bunas

### GRATEFUL FOR OAKMONT HEALTH INITIATIVE

November offers a chance to be grateful and OHI students express gratitude for instructors Nicole and JoRene and also for each other.

"Nicole's workouts wear me out... and make me feel so good!" Krista adds: "No question about it, I've seen such a difference and it's because of weight training." Another student agrees, "She inspires. When she encouraged us to 'increase your hand weights, if you want to and if your doctor doesn't advise against it,' I grabbed the next weight up and was proud I took on the challenge."



Olivia and Kathy follow Nicole's weight training.

Nicole realizes OHI classes have men and women in their 50s and also 80s. Somehow, she tests each and every exerciser. Every time!

JoRene's playlists and mental puzzles are only part of the over-all workout she provides. Long loved by OHI, she continues to motivate and invite classes to have fun while getting fit. Carla says, "If it weren't for JoRene, I'd be pretty sedentary. I was shocked when she called me by name and complimented my good form."

JoRene postponed her retirement because of OHI. Her dedication helps Oakmont get fit!

And those who want to become fit need to start somewhere. That somewhere is under the tutelage of these two very experienced, highly educated physical fitness instructors. That somewhere is where the beginner will be encouraged by more



JoRene encourages from stage.

seasoned exercisers, those who know what it's like, trying to keep up and feeling like a fool.

The corret? A coording to Pat "I sugh, have a good

The secret? According to Pat, "Laugh, have a good time, but whatever you do, keep moving... and come back for more. You'll be glad you did."

Meeting ID: 849 7221 1947; Passcode: 558819.

# **Meditation Together**

■Joanne Davey

We invite you to join one or both of our weekly drop-in meditation sessions which have been taking place for many years. Beginning and experienced meditators are welcome. We approach meditation as a non-denominational practice.

**Saturdays**, 10:30 a.m., in the CAC Building, Room B: This is a 35-min. meditation. This session frequently begins with a short 15-20-minute talk about various aspects of meditation.

**Tuesdays,** 4 p.m. in the CAC Building, Art Room: This is a 30-min. meditation.

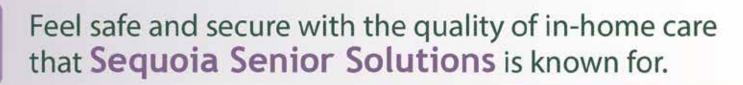
If you have questions, please contact Trisha Mitchell, (650) 255-4026, or Liz Buckley, (707) 538-3235.



■Valerie Hulsey

Although the weather is a little colder the pool is a toasty 86 degrees so please join us at the West Pool for a terrific Water Aerobics class. Mary teaches Monday through Thursday at 9:30 a.m. There is laughter and fun in the pool and sometimes in the hot tub, not to mention this is great way to exercise with no strain on your body.

Santa Rosa Junior College (SRJC) is not sponsoring these classes so there is an \$8 drop-in fee for all classes.

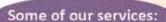




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# **Strength and Balance Class**

■Valerie Hulsey

Strength and Balance classes are held every Friday at 9:30 a.m. at the East Rec. Center. The classes are not sponsored by the Santa Rosa Jr. College (SRJC) so there is a \$5 drop-in fee for each class.

Classes are limited to 72 people so come early to ensure you get a chair. Bring your Theraband for strengthening, if you do not have one you can purchase one for \$5 when you arrive.

Bring water and come and have some fun and improve your balance at the same time.

### **Fitness Club**



■John Phillips

### **MOTIVATION, PART 2**

This is the second of a two-part article about motivation. You have to show up for yourself! If you are not able to be there for yourself, you should not expect someone else to be there for you. There are many different types of motivation, some are positive, and others are not. For example, achievement or incentive can provide positive motivation while fear or intimidation can demotivate.

Much of our motivation seems to come down to body image. A way to reframe this is to think about what the body can do. In this, it may motivate you into doing something other than sitting. According to CDC recommendations, you can be overweight and healthy as long as your waist is under 35 inches for women and 40 inches for men and if you don't have any of these underlying conditions, high blood pressure, high blood sugar or high cholesterol.

Exercise can help with maintaining healthy conditions and can help with body fat loss. It is also true that as we grow older, we should maintain a little extra body fat just in case of illness. But if you're not a healthy overweight person, then you need to find something to motivate yourself (not relying on others). Just trying to discover some of the wonderful things you can do can be the motivation that you need. If the reason you're not going to the Fitness Center is because you are overweight or you are selfconscious, then it is time to change your thinking.

I hope to see everyone at the Fitness Center, no matter what kind of shape you are in. If you have a question regarding this article or any question on fitness, you can reach me at the center, or by text/ call (707) 494-9086 or email wkuout2@aol.com. Remember I do seminars every Tuesday at 1 p.m. and Thursdays at 3 and Orientations every other Friday at 10 a.m. and Mondays at 4:30 p.m. Stop by the center to verify subjects and dates.

# **Grief Support Group**

■Robert Larry Hallett

### HELP FOR THE JOURNEY

Grieving the loss of a loved one can be challenging, daunting, and exhausting, but you don't have to do it alone. Consider joining the weekly Grief Support Group in Oakmont which meets weekly on Tuesday mornings from 9-10:30 a.m. at 6637 Oakmont Drive, Suite B.

This is an open-ended, drop-in group, led by a local hospice bereavement counselor. Come and share with others who are going through similar loss, hear how others are coping, find strength in community!

For more information on the group or if you feel you would like individualized grief counseling, please call (310) 415-6133 or email larry.hallett@gmail.com.



# **Playreaders**

■D. Hall

### **CONTENTIOUS BATTLE BREAKS OUT AT COLLEGE**

Jim Preston and Ginna Zoellner present British playwright Willy Russell's Educating Rita on November 13 as Oakmont Playreaders delve into the often-not-collegiate world of the college campus. The play follows the relationship between a 26-year-old Liverpudlian working class hairdresser and Frank, a middle-aged university lecturer, during the course of

Susan (who initially calls herself Rita), dissatisfied with the routine of her work and social life, seeks inner growth by signing up for and attending an Open University course in English Literature. The play opens as Rita meets her tutor, Frank, for the first time. Frank is a middle-aged, alcoholic career academic who has taken on the tutorship to pay for

The two have an immediate and profound effect on one another: Frank is impressed by Susan's verve and earnestness and is forced to re-examine his attitudes and position in life; Susan finds Frank's tutelage opens doors to a bohemian lifestyle and a new selfconfidence. However, Frank's bitterness and cynicism return as he notices Susan beginning to adopt the pretensions of the university culture he despises. Susan becomes disillusioned by a friend's attempted suicide and realizes that her new social niche is rife with the same dishonesty and superficiality she had previously sought to escape.

The play ends as Frank, sent to Australia on a sabbatical, welcomes the possibilities of the change.

Playreaders will be in rehearsals on November 20 and 27 for special holiday presentations in December. January, 2024, will see a raucous comedy.

Join Playreaders the first two Mondays of every month at 2 p.m. in Room B of the CAC.

### **Wii Bowling Oakmont Lanes**



■Terry Leuthner

Oakmont Lanes Bowling Club is a Bowling League consisting of four-person teams that utilize Nintendo Wii to simulate the experience of bowling without the weight of a bowling ball. Any resident who has the ability of holding a small remote control in their hand while swinging their arm as if they were rolling a bowling ball will be able to join.

Anyone interested in joining our club, either as a team bowler or substitute, please call me at (707) 291-3023 or stop by the East Recreation Center on Tuesdays from 1:30–4:30 p.m. to see us in action. We charge \$25 for a ten-week tournament that includes the play-offs.

We bowl every Tuesday of the month except for the fourth Tuesday. Both 1:30 p.m. and 3:15 p.m. Leagues have 6 teams, 4 bowlers per team. Each bowler bowls 3 games and has his/her own handicap (80%) and average. Bowler and team results are recorded each week. See www.oakmontlanes.com for club information, bowling dates, week results, schedules to bring cookies and to set up/tear down equipment.

**Bowling date for October:** Oct. 31.

Christmas Party: Our Christmas party will be held on Saturday, Dec. 2 at the West Recreation Center from 5-8:30 p.m. All bowlers, substitutes and their guests are welcome. More info as date nears. Mark your calendars.

Most of us have all bowled on a bowling league some time in our lives and here's your chance to do it again without the weight of a heavy bowling ball. Come by to see us in action and join in on the fun and camaraderie we all share together.

### **Oakmont Singles Social Club**



■Bailey Penzotti, Priscilla Roslyn and Diane Soshnik

### NOVEMBER CLUB MIXER— ANNUAL THANKSGIVING FEAST

DATE AND TIME: Sunday, November 19, 4 p.m. **LOCATION:** East Rec. Center

Another year for a delicious catered meal to celebrate friends, fun and camaraderie. Watch for a more formal email Invitation, with all of the details. For this celebratory mixer, your RSVP will be in the form of writing a check in the amount of \$40 to OSSC, placing it in a manila envelope in the SINGLES folder, and signing your name, at the OVA office. The deadline for your RSVP is November 13.

As always, it's BYOB, bring your key card for entry, wear your name badge and bring a Covid proof of vaccination if it' first time attendance.

Do you live in Oakmont? Are you single? If so, join our club to mix and mingle with other singles. Oakmont Singles Social Club offers the opportunity to network with other singles who may have your same interests. By joining us, you develop new friendships, enjoy meals out with Bon Appetit or reserve a seat at a singles table for Oakmont events.

To join or renew your membership to the Singles Social Club, complete a membership form in the Singles folder located at the OVA office. Place the form along with your check for \$12 payable to "OSSC" in the membership folder.

In addition, we encourage our members to wear a name badge. You're welcome to wear a name badge from any club you may belong to; it could be a conversation starter. To order your very own generic name badge, complete the name badge form located in the Singles folder located at the OVA office. Then, place the form and your check for \$10 payable to "OSSC" in the name badge folder.



# Star of the Valley

■Peter Hardy

### PANCAKE BREAKFAST

On Sunday, Nov. 12, 8 a.m. to noon, Star of the Valley Catholic Church will present its annual Neighbor-To-Neighbor Pancake Breakfast at the Msgr. Fahey Parish Center located at 495 White Oak Dr.

The breakfast supports our Neighbor-To-Neighbor Program which provides food to 38 families on a weekly basis through "Nick's Pantry." The program also provides for between 150-170 families at Christmas time to receive \$100 Safeway cards per family and \$15 Target cards to purchase gifts for each child in the family. During the year, the Neighbor-to-Neighbor Program is supported by the parishioners through five Sunday collections designated specifically for the program.

The Pancake Breakfast will serve all-you-can-eat pancakes, ham, sausage and scrambled eggs, along with coffee and orange juice. A glass of champagne or a mimosa will also be provided to the adult attendees.

Cost of the breakfast is \$15 for adults and \$10 for children under 12.

Please come out and support this worthwhile cause that Star of the Valley has supported for the past 25

### **Just For Fun Games Club**

■Phillip Herzog

### **ABOUT THE CLUB**

The Just for Fun Games Club is a great place to make friends and play all sorts of old and new games including board games, card games, tile games and dice games! We meet every Saturday at 1 p.m. in the Card and Game Room at the CAC. However, sometimes we also play online. To do so, we use Zoom for communication and the website Board Game Arena for the games.

Please call or email ahead to confirm the schedule. There are multiple games being played at the same time, so you will always be able to choose what game you want to play. It's never too serious—because we play games Just for Fun!

The club has a large collection of games on hand and players often bring new and different games as well. We like to teach how to play the games too. Everyone is welcome to come and have a good time. For more information contact us at Just4FunGamesClub@earthlink.net or me at (707) 843-3053.

### HAND AND FOOT

We play Hand and Foot in person each week. Please come and join us. The more players, the better the experience! If you would like to learn to play Hand and Foot send us an email to Just4FunGamesClub@earthlink.net so we can schedule lessons.

### **BOARD AND CARD GAMES**

As stated above, we play lots of other games too, including board games, card games and tile games. What would you like to play? Learn how to play new

games, or teach us how to play your game!

Some of our favorite games are: Wingspan, Catan, Ticket to Ride, Splendor, Cubirds, Rummikub, Saint Petersburg. There are so many games out there to play, something for everyone.



## **Party Bridge**

■Paul Wycoff

Please come join us for party bridge and make some friends. We are a group of people who enjoy playing bridge together. We play four rounds of six hands changing partners after each round. We ask that you pitch in a \$1 and at the end of the day's play there is a small dollar prize for the player that wins the table and small dollar prize for the grand winner of the day.

We meet every Wednesday at the Central Activities Center, card room from 12:30–3:30 p.m. and every Saturday from 9:30 a.m.–12:30 p.m. Please arrive 10 minutes early to get a seat.

Contact Information: Paul Wycoff, (707) 537-7019, pnlwycoff@yahoo.com; Patricia Hoffman, (707) 799-8124, pitthoff@yahoo.com.

# **Oakmont Cat Care Coop**

■Mary Ellen King

NEED CARE FOR KITTY WHILE YOU ARE AWAY?

Join the Oakmont Cat Care Coop and share the care! For Oakmont residents only. Active participation for over 15 years.

For information and to get on the list contact me at (707) 849-1581.



### **Great Decisions**

■George McKinney

# JOIN YOUR NEIGHBORS IN DISCUSSING GREAT DECISIONS

"Great Decisions" is America's largest discussion program on world affairs. It focuses on the most critical global issues facing America today. The program involves reading the *Great Decisions Briefing Book*, and meeting in a discussion group with your Oakmont neighbors. There are 30-minute videos to supplement the *Briefing Book*.

You don't need to be an international affairs expert to participate. Each of us brings a fascinating personal perspective from a lifetime of learning, experiencing, and traveling. Occasionally

a lifetime of learning, experiencing, and traveling. Occasionally we have a neighbor with particular knowledge of the part of the world being discussed, and we all benefit from that.



Meetings are 10 a.m.–12 noon on Monday mornings every other week from February through mid-May in the East Rec. Center.

The eight topics for 2024 are: 1: Mideast Realignment; 2: Climate Technology and Competition; 3: Science Across Borders; 4: U.S.–China Trade Rivalry; 5: NATO's Future Since Ukraine; 6: Understanding Indonesia; 7: High Seas Treaty; and 8: Pandemic Preparedness.

The only cost to participate is \$28 for the *Briefing Book*. The videos are free online. Deadline to register is Dec. 1, and meetings will begin in February, 2024.

We look forward to having you with us discussing Great Decisions.

For more information and to join a Great Decisions discussion group, contact me at oakmontgd@gmail.com.

# **Genealogy Club ■**-



■Melinda Price

### **NOV. 2: GOT GERMAN ANCESTORS?**

The next Genealogy Club meeting will be on Monday, Nov. 27 at 1 p.m. in the East Rec. The meeting will be in person and also by Zoom. Watch for emails giving directions on joining by Zoom.

Wendy Wheelwright will be giving our November 27 lecture, the focus being on German-language genealogy research tips, specifically exploring how to trace your lines back "across the pond" and navigate older German scripts. The intent is to help you learn where your German ancestors came from in Germany.

Wendy is a family history consultant at the Family History Center at the LDS church, among other specialties. She has talked with our group before with a focus on adoption research. Anyone with an interest in German genealogy is encouraged to come to the meeting.

Last month's program was on DNA research, so check out our website for updates for the last meeting.

The Oakmont Genealogy Club meets from 1–3 p.m. on the fourth Monday of each month (except July and December) both via Zoom and live in the East Rec. There are no club dues, and anyone who is interested in their family history can join.

For information about genealogy research or club activities, please visit our website at: www. oakmontgenclub.org. Past programs are posted there as well as tips and internet links. Email us at oakmontancestry@gmail.com if you have research questions or would like to receive our e-newsletter.





# UPCOMING NOT-TO-MISS SHA-BOOM EVENTS

### THE GREAT AMERICAN SONGBOOK

Crooner Ed has never been here before, so this will be a brand-new show. We will have a dance floor available, if you wish to dance. This is a can't-miss event! For best seats, get your reservation in now please. This is a great entertainer with a movie screen background. Re-live some of the past and sing along if you want.

WHAT: Crooner Ed Show WHEN: Tuesday, November 28

WHERE: Berger Center

**TIME:** Doors open at 5:30 p.m.; show from 6:30–9:30 p.m.

**COST:** \$25 per person (Table Seating)

We will have reserved seating at tables. You are welcome to bring your favorite food and snacks. We will have lemon water, ice, coffee, cookies and cups. Feel free to BYOB.

Check out Eddie's website for more information: www.croonered.com/promotional-materials.

### HAPPY NEW YEAR'S PARTY

WHAT: New Year's Eve Party WHEN: Sunday, December 31

WHERE: Berger Center
TIME: Doors open at 4 n m : and

**TIME:** Doors open at 4 p.m.; appetizers from 4:30–5:30 p.m. (approx.); buffet dinner from 6–7 p.m. (approx.); music from 7:30–11 p.m.

COST: \$ 128 per person (sorry the costs have gotten so high for everything)

**MUSIC:** By The Poyntlyss Sistars (back by popular request)

MENU: Prime Rib, Chicken Chardonnay, Green Salad, roasted vegetables, Potatoes Au Gratin, pesto pasta, rolls and butter, coffee and lemon water, Chocolate Tuxedo Cake and a Citrus Cake as well. Dinner will be on linen table covers, linen napkins, China plates and silverware.

This is our best party of the year and you will not want to miss it! Make your reservations early as this party sells out very fast every year. Last year we had 195 attend and a wait list of 49 people, so do not get left out.

**RESERVATIONS:** Make your checks out to Sha-Boom Events Club. You can put your checks with all the names at your table in our folder in the OVA office (if you do not have all the names, you may pay for the seats and give me the names later). Please remember, no refunds. You may also mail them to me to 7111 Oakleaf Drive, Santa Rosa, CA 95409. You can also drop them in my mail slot (right side of my garage door).

Any questions feel free to call me at (707) 539-6666 or e-mail me at haversonr@comcast.net.

And now that you know, I'll see you all there!

### **New to Oakmont?**

Meet with a volunteer from the New Resident Welcome Committee to learn about everything Oakmont—from governing rules, important phone numbers, activities, services, facilities and emergency prep.

Contact us at welcome@oakmontvillage.com. The Welcome Packet is available at oakmontvillage.com/article/new-resident-welcome-packet.

# Jazz Club

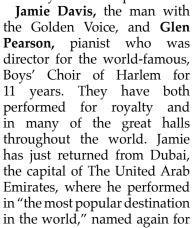
■Dolora Hurst

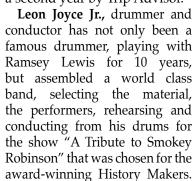
### JAZZ AT ITS BEST

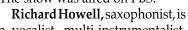
All Jazz Music Lovers will want to attend the incredible show we are presenting on November



25, on our Berger Stage. We have had the Berger filled with extraordinary musicians in the past, but this show will top them all. Each of these musicians has played internationally, either solo, or with other of the gifted and







as well as a composer. He has played with Etta James.



Chris Amberger.

Chris Amberger, bassist, is a Bay Area Legend, composer, bandleader, educator humorist. He toured the world with Cal Tiader, Rosemary Clooney, Art Blakey and the Jazz Messengers, as well as the George Sheering Quintet. He was house

bassist at the legendary Keystone Corner in North Beach where he played and recorded with Dexter Gordon, Art Pepper and Bobby Hutcherson.

This is a dream group of musicians, both extremely knowledgeable of their instrument, and amazingly able to project the true feeling of what they play.

The concert is Saturday, November 25, 7 p.m. Doors open at 6:30 p.m. at the Berger Auditorium, 6633 Oakmont Dr. Admission \$40. Bring or mail tickets to the OVA office and leave in the Jazz Club folder. Please fill out the coupon in the folder. Make checks out to the Oakmont Jazz Club. Names held at the door.

Cabaret seating. Drinks and snacks permitted. Tables reserved for the Singles Club and the Jazz Club. Reservations for eight permitted. For information call (707) 537-7720.

It is a little overwhelming to believe these fellows will now be here on a small stage in Oakmont. Please, don't miss the opportunity to hear "Jazz Played At Its Very Best!"





### PRESSED FLOWER WORKSHOP WEDNESDAY, DEC. 13, 9:30-11:30 AM EAST REC., 7902 OAKMONT DRIVE

The Oakmont Garden Club does not hold a general meeting in the month of December, a month filled with holiday celebrations and a time for gatherings of family and friends. We are, however, offering another Pressed Flower Workshop for those interested in learning a new craft and perhaps creating a special gift for someone special.

The pressed flower workshop is conducted by the talented Jan Lochner of Sebastopol. Each participant will leave with at least five items including a bookmark, a note card, an ornament and a magnet. Jan arrives with trays and trays of colorful pressed flowers and all the materials you need to complete your items.



The cost of the hands-on workshop is \$35 per person and enrollment is limited. The workshop is open to all Oakmont residents, however, Garden Club members have priority. If you would like to attend, place your check, made payable to Oakmont Garden Club, in our folder at the OVA office. Your check is your reservation. Checks received after the class has filled will be returned.

# OakMUG A **Oakmont Macintosh Users Group**

■Peggy Clark

### **NOVEMBER 11** WHAT'S NEW WITH APPLE

Attention all OakMUG members! On November 11, Ronnie Roach will return to share everything Apple. She will speak about what is new with Apple devices, especially the iPhone 15 and iPad, as well as the iOS 17 software and what it means for older devices. In addition, Apple has introduced Mac OS 14 aka Sonoma.

Not only will we be having a wonderful speaker, but we will be having a social prior to the event. We will be providing coffee and snacks. Please arrive at 1:30 for social time followed by Ronnie to speak at 2 p.m.

If you wish, you may renew your membership at this time for \$10 and it will cover you through 2024.



Marie McBride 322-6843 **Private Line** 6520 Oakmont Drive marie@sonic.net





11 Meadowgreen Court

Sweet Sycamore 18 duet is within walking distance to Oakmont's many amenities! This home has a den that many owners of this floor plan convert to a second bedroom. The all white kitchen with gas stove opens to the dining area that looks out to a

beautiful olive tree and common area plantings. Other features include a gas burning fireplace for cozy evenings, new furnace in 2017, ceiling fans, and french doors in the primary bedroom that lead to the spacious sunroom where you'll find a stacking washer and dryer and extra storage behind closet doors. The double carport was enclosed and is now a shared garage. Don't miss the large exterior storage closet. \$489,000



**455 Deerfield Circle** 

This expanded Beechwood floor plan shows pride of ownership inside and out. A new front door, gorgeous herringbone brick porch and fresh landscaping welcome you to this two bedroom home with an additional office/hobby space that is rare for this floor

plan. Some of the features include wood flooring, dual pane windows, smooth ceilings, solar tubes, and newer A/C and ceiling fans. The eat-in kitchen has nice views, as do both bedrooms and the living room with picture windows overlooking the special backyard. You'll love the pond and cascading waterfall as you relax on the expansive patio and admire nature all around you. This home backs to the open space of a neighboring Oakmont subdivision. \$695,000





Leon Joyce Jr., drummer and conductor has not only been a famous drummer, playing with Ramsey Lewis for 10 years, but assembled a world class band, selecting the material, the performers, rehearsing and conducting from his drums for the show "A Tribute to Smokey Robinson" that was chosen for the

The show was aired on PBS. a vocalist, multi-instrumentalist,

Chaka Kahn. Della Reese, Don Cherry, Charlie Haden, Regina Carter, Taj Mahal and has played in many famous venues.

# ■Patty McHugh





Glen Pearson.

Leon Joyce Jr.

Richard Howell.

a second year by Trip Advisor.

**Passages** We are sad to announce Frances Fagan died

peacefully in her home on September 6. We will hold a memorial celebration for her life in Oakmont on Saturday, Nov. 25. Please contact or text (707) 529-4981 to RSVP.

Claire Vincent passed away on October 24. She was a resident of Oakmont for more than 20 years.

Please contact OVA Communications Director Crissi Langwell by e-mail at crissi@oakmontvillage.com, to publish the name and date of death of your loved one in the *Oakmont News*.

# **CLASSIFIEDS**

### BODEN PLUMBING, HEATING AND AIR

For all your plumbing and heating needs. Local plumbers in business since the late 20th century, licensed, bonded and insured. Same day service is often available. Money-saving coupons! CA Lic. #659920. Please call (707) 996-8683 or go to www.BodenPlumbing.com.

### **GARDENING**

Done with an emphasis upon a natural look since 2007. Small jobs OK. Handyman as well. Richard, 833-1806. Oakmont resident.

#### **BABE'S TRANSPORT**

A personal transportation service for airports, cruises and vacations, doctor visits, shopping and so much more. Flat fee per trip. Larger vehicles on request. All drivers Covid vaccinated. Commercially licensed and insured. TCP #40474. Call Babe's for reservations at (707) 545-2850.

#### **MASSAGE THERAPY**

Massage studio now open in Oakmont. One-hour custom massage, \$100. Book your session now. Brittany Koop, CMT, #91724. Call (707) 849-3915. By appointment only.

#### **SEMI-RETIRED RN**

Seeking clients in Oakmont. Providing professional caregiving services in your home. Companion care, meal prep, shopping, light housekeeping, dementia care, assist with bathing, personal advocate, transportation to medical appointments, looking in on loved ones in Assisted Living or SNF facilities. Three-hour minimum, excellent local references, not an agency. Kai, (707) 833-5078.

### **OAKMONT COMPUTERS**

PC and Apple repair in Oakmont Village. Technical services and onsite repair. Media transfers. 6536 Oakmont Dr., (707) 282-9046.

### ONE WAY PLUMBING, INC.

Dependable experts serving you and your neighbors with excellence and integrity for over 20 years. Licensed, bonded and insured. Senior discounts available. CA Lic. #854537. Find us on the web at www. onewayplumb.net or call us at 537-1308 for all your plumbing needs.

### **HANDYMAN SERVICES**

Carpentry, drywall, electrical, plumbing, installation and assembly. Other imaginative jobs welcome! Fair hourly rate. www.thehandylance.com. (707) 881-7292.

#### FOR ALL YOUR PAINTING NEEDS

Quality affordable work at reasonable rates. Interior painting including rooms, cabinets, railings, decks, fencing. Pressure washing and more. Call Michelle, (707) 378-3600.

#### **GARAGE DOOR SERVICES**

Locally owned and operated Dependable Doors offers full servicing, repair, and replacement of garage doors and motors. Call Casey at (707) 775-8009 for all of your garage door needs. Lic. #1016951.

### **REPAIRS PILING UP? CALL RAY**

No job too big or too small. Heating, water heaters, plumbing, electrical, drywall, patching, painting, appliance repairs, honey do's, etc. Quality and affordable. Ray, (707) 280-2699.

# MARTHA L PROFESSIONAL HOUSE CLEANING

Home, office, move-outs. Window, bed linens and much more. 19+ years of experience. References upon request. 548-9482 or marthal 1041@att.net.

# CARPET, UPHOLSTERY AND TILE CLEANING

Gavin Anderson, local Sonoma resident. 20+ years experience. Senior pricing. Free estimates. Call 935-6334.

### **TREE TRIMMING**

Pruning, trimming, hedges. Fruit trees, stump grinding. Fall clean-ups. Over 20 years of experience. Free estimates. Call Alex, (707) 322-1646. Lic. #06530716.

### HANDYMAN RESIDENT

Ask for Ricky, a personable "Jack of all Trades" with great attention to detail. I meet your quality goals and prioritize Oakmont residents. Let's discuss the work and its cost. (408) 838-5618.

# YOUR PERSONAL CAREGIVER AND ADVOCATE

Qualified to care for all your needs. Available 24/7 or hourly. 20+ yrs. experience providing honest, reliable, dedicated, competent, compassionate care, with a sense of humor. Native CA, clear background check with fingerprinting. Specialize in Dementia. Starla, (925) 698-6312. Many references and website available. Not an agency.

### **TONY'S GARDENING SERVICES**

General landscape, mowing, yard maintenance (free fertilizer included, so your grass and plants can be greener than ever), high weed clearance, clean-up, hauling, trimming, pruning and gutters. Free estimates. Ref. available. Tony Sandoval, (707) 321-2958.

### **CUSTOM WORKS CONTRACTING**

Licensed, Bonded, Insured Contractor, Lic. #833926 (check lic. # on CLSB website). USMC Veteran-operated and owned. Here to help out the Oakmont community in all trades for repairs and maintenance, door/windows replacements, kitchen and bathroom remodels, decks, fences, and much more. Please call Jamie Flatt for free estimates on projects. (707) 721-4002.

### **VALLEY OF THE MOON PLUMBING**

We are a local plumbing company that can take care of all your plumbing needs from service and repair, to remodels and additions. Call today to schedule a free estimate. (707) 800-2043.

## RESIDENTIAL POWER WASHING AND WINDOW CLEANING

Servico Window Cleaning Co. Free estimates. Call today, (707) 249-3343.

#### THE VINE LANDSCAPING

Professional fruit tree pruning, ornamentals. All aspects of general landscaping. Monthly service. Older experienced gardener. Call (707) 252-3138 or (707) 338-1807.

#### **COMPUTER OOPS?**

Oakmont Onsite Personal Computer Services. 11+ years helping Oakmonters. Call Chuck for all things computer and Tutoring. References available. Over 350 satisfied Oakmont customers. \$50/hr., one hour minimum. (707) 293-8011.

# MALTA SENIOR INSURANCE SERVICES

Helping seniors and those on disability choose a Medicare health plan. Local independent Agent. Free consultation. Call or text Rosanne Malta, (707) 775-7520. License #4167037.

### FELIX'S TREE SERVICE

Trimming, pruning, topping, removal, stump grinding. Fire protection. Licensed and fully insured. CA Lic. #955271. Free estimates. Call Felix at (707) 753-3032.

### **PROTECT YOUR LEGACY**

Safeguard your estate with a living trust. Plan for tomorrow, today! Kobrin Financial Services, www.canyouretire. com, (707) 566-6775.

### **CAREGIVER LIVE-IN OR LIVE OUT**

25 years of experience, good references. Please call for details. Justine, (707) 280-4786.

### **DUMP RUNS**

Yard waste, construction debris, junk garbage. Reasonable rates, free estimates. Call Erick, (707) 537-5459.

#### **BALANCE AND BODY WORK**

Learn to improve your balance and move easier. Brain based exercises and therapeutic massage. Downtown Santa Rosa studio. Contact Christopher Cormier, (707) 478-2512, ewithchris.com.

### **HOME FOR RENT**

Newly remodeled 2 bed/2 bath in quiet cul-de-sac. Available now. Seniors 55+. No pets. \$3,600 per month and \$5,000 security deposit. Call (707) 595-3413 for more details.

### **SONOMA VALLEY LEGAL SERVICES**

Providing legal services for Estate Planning, including preparation or amendment of wills, trust, healthcare directives and powers of attorney, Family Law Mediation and other non-litigation family law services. Call for a free 30-minute consultation. Attorney Bailey Penzotti, (707) 615-3220.

#### PAINTER/HANDYMAN

Interior/Exterior. 30 yrs. experience. Single rooms or full interiors. Friendly and honest. Morse Painting, Lic. #656306. Call Dan, (707) 799-5823.

#### **SKILLED HOME ORGANIZER**

Need help with everyday chores? The holidays are coming. I can set up for parties and events. Can do shopping for gifts and groceries. Drive to appointments and help organize closets. I have referrals. Call Cindy, (510) 909-6780.

# HAVING TROUBLE GETTING YOUR GARBAGE TO THE CURB FOR PICK-UP?

I can come to your home to put your trash receptacle to the curb Wednesday afternoon, and bring it back on Thursday afternoon. Call Dan Lennox, (707) 889-0205.

### **Oakmont News Classified Rates**

- Classified ads of 150 spaces or less, (payment to accompany this form) \$25 per insert
- Pre-paid standing ads of 150 spaces or less, for a period of 3 months (6 issues) \$120
   Pre-paid standing ads of 150 spaces or less, for a
- period of 6 months (12 issues) \$216
  Pre-paid standing ads of 150 spaces or less, for a period of 1 year (24 issues) \$384

A space is a letter (including those in the heading), punctuation mark, and a space between the words in the ad. Additional \$4 for the next 40 or less spaces. Whenever applicable, CA state license or certification number must be included.

**DEADLINE: 10 days prior to publication.** 

### **Classified Order Form**

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\$	_ Check, Money Order or Cash	
HEADLINE		_
BODY TEXT		_
		_
		_
		_

MAIL TO: CJM Productions, 2105 Longhorn Circle, Santa Rosa, CA 95401 Tel (707) 206-1957• cjmprod567@gmail.com

### **Oakmont News**

...is owned by the **Oakmont Village Association** which, through its board, sets editorial policy.

The **OVA** has contracted with **CJM Productions** to handle typesetting, layout, printing and free distribution of the *Oakmont News*, the latter by U.S. mail, to each home via 3rd class mail.

**CJM Productions** also handles advertising for the *Oakmont*News.

**CJM Productions** and the **Oakmont Village Association** assume no responsibility for the content of any ads that appear in the *Oakmont News* nor do we endorse or recommend any product or service advertised herein.

CA law requires all CA licensed contractors to list their license number in their service advertisements. CA law also requires contractors performing work totaling \$500+ (incl. materials & labor) must be licensed by the Contractor State License Board (CSLB) to work in California. For information contact the Contractor's State License Board at www.cslb.ca.gov.

# Oakmont Village Association

### **OAKMONT VILLAGE ASSOCIATION**

Hours: M—F 9 AM—5 PM——Open during lunch Tel 707-539-1611 6637 Oakmont Dr., Ste. A OVA E-mail: askova@oakmontvillage.com Website: www.oakmontvillage.com

Book appointments with staff at: oakmontvillage.com/staff

### **MAINTENANCE OFFICE**

Hours: Daily 6 AM—10 PM Tel 707-539-6720 Maintenance Building (next to Central Auditorium)

# CONDOMINIUM FINANCIAL MANAGEMENT (CFM)

OVA Accounting Tel 800-585-4297

### **OAKMONT NEWS**

Tel 707-206-1957 E-mail: cjmprod567@gmail.com

### **PAS MANAGEMENT COMPANY**

Hours: M—F 9 AM—Noon, and 1—4 PM Tel 707-539-5810 6572 Oakmont Dr., Ste. A (for Association Maintained Homes)

### **ARCHITECTURAL OFFICE**

Hours: M—Th 9 AM—Noon, 1—5 PM Tel 707-539-1611 6637 Oakmont Dr., Ste. A-1 E-mail: ale@oakmontvillage.com Violations: dani@oakmontvillage.com

### **AVAILABLE IN OVA OFFICE**

GAS SHUT-OFF WRENCH	\$12
TENNIS COURT KEY	\$2
VIALS FOR LIFE	FREE
RESIDENT ACCESS CARD	\$25 EA
REPLACEMENTS	\$25 EA
GUEST ACCESS CARD	\$25 EA

### **BULLETIN BOARDS**

There are three OVA bulletin boards, one at each recreation center, where OVA events can be posted. Please bring in notices to the Events Coordinator at the OVA Office. Size is limited to 8.5"x5.5". Items "For Sale", "For Rent" or "Want to Buy" can be put on a 3"x5" card and left at the OVA Office.

### **LOCKER RENTALS**

Annual Locker Fee \$30 (January 1—December 31). If you wish to rent a locker, come to the OVA office and give us a check, your information and the number of the locker you want to rent. You provide the lock. We can prorate the annual fee. Daily use lockers are free. NOTICE: Weekly locker inspections are done by OVA Maintenance. Locks could be sawed off with no prior notice and locker contents removed on all unpaid lockers. Items will be held in OVA Maintenance office for 30 days. If you have any questions, please contact the OVA Office M-F 707-539-1611

### **GUEST PASSES**

The following are OVA Guest Pass types and duration: 1) Guest from outside Sonoma County—up to 90 days; 2) House sitters—up to 90 days (OVA host must present written request to OVA Office for approval prior to visit); 3) Guests living in Sonoma County—2 days per card, and no more than 3 cards per month. Guest cards are available during regular hours in the OVA Office for a \$25 non-refundable fee. Guests accompanied by their Oakmont host are not required to have a Guest Pass.

### **STREET CLEANING**

City streets in Oakmont are cleaned by the city early on the fourth Friday of each month. Residents who want their streets swept should avoid street parking overnight on those days.

### NEED A RIDE? GIVE A RIDE! OAKMONT VOLUNTEER HELPERS

We provide the following services to Oakmont Residents:

- Transportation to medical/dental appointments in Santa Rosa only
- Meals on Wheels, 707-525-0383

COORDINATOR Rides to Medical Appointments

November 1–15 Alice Hastings 707-303-0437

**November 16–30**Barb Lowell 707-538-0333

If you would like to be a volunteer, please call 707-539-8996.
Donations to Oakmont Volunteer Helpers are appreciated and tax deductible. Mail your check payable to Oakmont Volunteer Helpers, 6637 Oakmont Dr., Ste. A, Santa Rosa, CA 95409. Thank you.

Mon.—Fri. medical rides before 9 AM or after 4 PM are subject to limited volunteer driver availability. No service on weekends or holidays. Please call at least three full working days prior to appointment. **We regret that we are unable to provide either wheelchair or emergency service.** 

# LETTERS TO THE EDITOR WRITER GUIDELINES

The Oakmont News welcomes letters of up to 250 words from residents to express opinion, criticism or praise. They must include the writer's name and Oakmont address, although the address won't be published. See details on how to send them at https://oakmontvillage.com/submit. While letters to the editor may be edited for length and spelling, they are not edited for accuracy. Opinions are that of the writer and not necessarily the Oakmont Village Association.

### **POOLS & JACUZZIS**

Access to OVA pools is by magnetic card. Call OVA Office, 707-539-1611 if you need a permanent new member pool access card or to register for a temporary guest pool access card. WEST: 7 AM—9 PM

(Closes 7 PM Wednesdays for cleaning) EAST: 6:30 AM—9 PM

(Closes 7 PM Mondays for cleaning) CENTRAL: 5:45 AM—9 PM

(Closes 7 PM Tuesdays for cleaning)
JACUZZI HOURS: Same as facility. No one under 18
years in West and East pools and Jacuzzis.
CENTRAL POOL HOURS FOR PEOPLE UNDER 18:
Labor Day—Memorial Day: 11 AM—2 PM daily
Memorial Day—Labor Day: 12—4 PM daily
Children must be accompanied by an OVA member/
resident or adult with a valid guest pool access card.
NO LIFEGUARD ON DUTY AT ANY OVA POOL.
ALL FACILITIES CLOSED CHRISTMAS DAY.

# STORAGE UNITS AND PARKING

Oak Creek RV & Self Storage SP176, www.storagepro.com 707-913-7326

### **LIBRARY**

Central Activity Center, 310 White Oak Dr. Hours: Daily 6 AM—9 PM. Closed Christmas Day. It is run by volunteers. All donations are gladly accepted. Materials we cannot use will be passed on to others.

# OAKMONT COMMUNITY GARDEN ON STONEBRIDGE

For more info on signing up, email Oakmontcommunitygarden@gmail.com. Contact for current availability.

### **HAPPY TAILS DOG PARK**

6302 Stone Bridge Rd Open to residents of Oakmont Village Association from sunrise to sunset. Small Dog Hours are from 3–4 p.m. on Sundays and Wednesdays.

### **FITNESS CENTER**

Central Activity Center, 310 White Oak Dr. Daily 5:45 AM—9 PM. Closed at 7 PM on Tues. for cleaning. Closed Thanksgiving and Christmas day.

### **BE ON OVA E-MAIL LIST**

Know what's going on in Oakmont.
You'll receive the weekly "Inside Oakmont"
newsletter, Board Meeting notices and
agendas, special notices and meeting
announcements. To join the OVA's e-mail list,
visit oakmontvillage.com/inside and enter
your information to subscribe.

### 2023-2024 OVA BOARD OF DIRECTORS

E-mail: askova@oakmontvillage.com

Marianne Neufeld, President marianne.neufeld@oakmontvillage.com

Olga Ydrogo, Vice President olga.ydrogo@oakmontvillage.com

Iris Harrell, Secretary iris.harrell@oakmontvillage.com
Jeff Neuman, Director

jeff.neuman@oakmontvillage.com Mark Randol, Director

mark.randol@oakmontvillage.com **Steve Spillman, Director** 

steve.spillman@oakmontvillage.com

David Dearden, Director
david.dearden@oakmontvillage.com

Elke Strunka, Treasurer
(Non-voting officer)
elke@oakmontvillage.com

GENERAL MANAGER
Christel Antone
christel@oakmontvillage.com

### **OVA BOARD MEETINGS**

Townhalls 1st Tuesdays of the month and board meetings 3rd Tuesdays of the month, 1 PM

Always online via Zoom and in-person when possible. All residents are welcome. Information to join online is e-blasted out to the community for every meeting along with the in-person location when applicable. Sign up for e-blasts from OVA at oakmontvillage.com/inside.

The Board of Directors of Oakmont Village
Association reserves the right to select
those articles submitted for publication
that seem appropriate to the purpose
of this association.

# HOW TO CONTACT YOUR LOCAL OFFICIALS

# County Supervisor Susan Gorin District 1

Phone 707-565-2241 Address: 575 Administration Drive, Rm. 100A, Santa Rosa 95403 Email: Susan.Gorin@sonoma-county,org

### City Councilwoman Dianna MacDonald District 3

Email: dmacdonald@srcity.org Address: City Hall, 100 Santa Rosa Ave., Rm.10, Santa Rosa 95404

### PUBLIC TRANSPORTATION AVAILABLE IN OAKMONT

- CityBus #16 bus takes residents to 5 different shopping centers weekday mornings and around Oakmont afternoons.
- Sonoma County Transit #30 bus goes to Memorial and Kaiser Hospitals and downtown Santa Rosa. Returns via Oakmont to Sonoma.
  - Schedules available at OVA office.

## **Oakmont Democratic Club**



**■**Thomas Amato

### **NOVEMBER 17: LOOKIN' FOR LOVE**

If you like songs and personal stories about social justice, love gone wrong and hope for the future you will want to purchase your tickets to the More Joy Concert on Friday, November 17 at 7 p.m. in the Berger Auditorium. Tickets are \$25 per person.

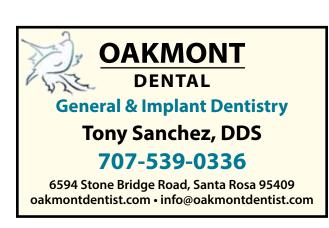


More Joy.

This concert is co-sponsored by the Oakmont Democratic Club and the Oakmont Progressive Club. All proceeds will help fund efforts and activism pursued by these two clubs.

More Joy members promise to make you cry and laugh, as well as compel you to join in a few songs whose lyrics are buried deep in your soul! Tickets are available on the Oakmont Democratic Club website: oakmontdemclub.com.

Don't miss out on this opportunity to enjoy great music while supporting a great cause!





■Hilary Gruendle

### LIVE MUSIC AT OAK

Every Monday, enjoy Live Music at OAK. Call today to reserve a table (707) 539-0415 x 5.

Check our events page for more events: www. playvom.com/events.

Here is our Live Music schedule from now until the end of the year. Reservations are required to attend.

Nov. 13: Jami Jamison, 5–7:30 p.m.

Nov. 20: Second Street Band, 5–7:30 p.m.

Nov. 27: The Retro Rockers, 5–7:30 p.m.

Dec. 4: The Magic Band, 5–7 p.m.

Dec. 11: Jami Jamison, 5–7:30 p.m. Dec. 18: Two of Us, 5-7 p.m.

### TWO WAYS TO CELEBRATE THANKSGIVING AT OAK

Celebrate Thanksgiving on November 23 with OAK Restaurant. There are two ways to celebrate—dine in or order out. Both options require a reservation. Please call (707) 539-0415 x 5.

Dine in Seatings 2 p.m. and 4 p.m., \$50/pp: Tricolored roasted beet salad w/goat cheese, spinach salad w/pomegranate and blood orange, roasted turkey, mashed potatoes, sweet potatoes with marshmallows, green beans with toasted almonds, turkey gravy, cranberry sauce, apple sage stuffing, yeast rolls, apple cobbler, pumpkin pie, or pecan pie, seasonal breads, coffee and tea.

To Go Tray for Pick up, Heat and Serve, \$30/pp: Roasted turkey, mashed potatoes, green beans w/ toasted almonds, turkey gravy, cranberry sauce, apple sage stuffing, yeast roll, pumpkin pie.

### NYE AT OAK WITH THE MAGIC BAND

Celebrate the New Year with dinner and dancing with The Magic Band at OAK on Dec. 31.

WHEN: Sunday, December 31, 6–9:30 p.m.

**COST:** \$80 per person

TIME: Doors open at 5:45 p.m. with Cash Bar.; Music from 6–9:30 p.m.; Appetizers from 6–6:30 p.m.; Dinner Buffet 6:30–7:15 p.m.; Celebrate the New Year at 9 p.m.; event ends 9:30 p.m.

**DINNER MENU:** Assorted appetizers; Seared Salmon, Prime Rib, Butternut Squash Ravioli, Grilled asparagus, garlic mashed potatoes, mixed green salad, bread rolls and butter; Flourless Chocolate Cake, mixed berries and whipped cream.

Link to purchase tickets: https://bit.ly/3DQmIEj.

# Women's Golf Club at Valley of the Moon

■Kathy Faherty

### OAKMONT RESIDENT RECEIVES PRESTIGIOUS AWARD

Oakmont resident, KC Coté, has been a golf rules official for over 30 years. During that time, she has officiated countless tournaments in the Northern California region serving the Women's Golf Association of Northern California (WGANC) and the Northern California Golf Association (NCGA). NCGA has over 185,000 members across 1,300 golf clubs from Fresno to the Oregon border.

Each year the NCGA selects a "Hall of Fame," and these people are honored at an elaborate ceremony at NCGA headquarters in Pebble Beach. This year's recipients included Jack Fleming, Karen Swanson and John Brodie who were joined by Distinguished Service Award honoree, KC Coté! KC was introduced at the ceremony on September 21 by Gail Rogers, who, in 2018, became the 92nd president of NCGA and the first woman to hold the position. To view KC's acceptance speech, go to NCGA.org and locate the 2023 Hall of Fame.



KC (holding the flag) with friends after completing a round at Poppy Hills the morning after the ceremony.

KC has been the rules official for the Thursday women's 18-hole group since 2008, and, since moving to Oakmont in 2021, has also served as rules official for the Tuesday women's 18-hole group. She has boundless energy and is never too busy to answer a question about the rules of golf!

KC has always been considered a treasure to those of us who are fortunate enough to play and learn the rules of golf from her, and we all know this honor is so welldeserved! I hope you are able to meet and enjoy this "one-of-a-kind" Wonder Woman who is still out there working those tournaments!

### LOOKING BACK AND LEANING FORWARD

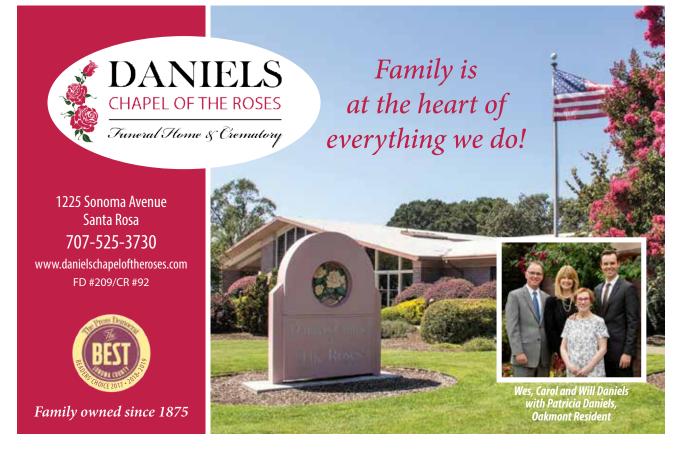
The major events of our golfing year are in the rearview mirror, but there are still plenty of beautiful fall days ahead and players are signing up now for 2024. The Women's Golf Club at Valley of the Moon (WGCVOM) is an 18-hole group that plays the VOM course on Thursdays throughout the year. Women golfers are welcome to join. The only qualifications are that you have a handicap and belong to either the Valley of the Moon Club or The Club at Sugarloaf.

The reason for needing to be a member of one of these clubs is that the Thursday group is in a "consortium" of eleven other private clubs where we Match Play Tournaments without paying greens' fees from April through August.

There are two traveling teams: North Bay Team Play (NBTP), which plays at 11 different private courses, and Futures, which plays at seven private courses. Points are cumulative throughout the season and are awarded for both Gross and Net play. This year our NBTP team came in seventh in Net and 10th in Gross. The Futures team was sixth in Net and third in Gross.

On the home front, we completed our three rounds of the Club Championship in early September. Our low gross Champion is Sue Clark, and our low net Champion is Kim Agrella. Flight winners are posted on the bulletin board in the Clubroom.

If you're a female golfer who would like to add another day of golf to your week, please join us! For further information, contact Chris Carter at (415) 720-8274.





■Robin Gill

#### AN INSPIRATION

In the not-too-distant midst, while our world swirls with news of continual war against Ukraine and now a new war in the Middle East, I was Inspired this morning by Pastor Greg's message on October 8—"Pressing Forward"—about perseverance to continue forward, against all odds. To trust, as best we are able, and to have faith that Christ's message to our world of Love and Courage will be fulfilled if we, the human race, will trust in our goals and not give in to our weaknesses—those quests and passions for comfort and pleasure that interrupt our efforts to reach for and attain our goals.



Tranquility Amid the Storms by G. Fauss.

The real shared goal. peace in a world where all human beings are led to a place of everlasting love, a magic place of elegance. Elegance lives at the Apex of total surrender and acceptance. So, as agitation rises, close your eyes. Go, somewhere quiet inside. Let

elegance fill your soul.

Now, it is possible to behave well, all will be as it will be, gentle in the spaces everywhere, leaving everyone to be as soft as they are, as soft as they can be. Go, be in peace, be free.

Please join us at our next potluck on Sunday, Nov. 26 at noon, with a presentation from Pastor Greg on his most recent visit to Europe that included visiting aid centers in Ukraine and demonstrations in Berlin.

Advent wreaths will be made after our service on the first Sunday of December. We'd love to have you with us for that!

ALPHA—a weekly exploration of the Christian faith over a meal together in a safe atmosphere where all questions are welcomed—continues to meet on Thursdays at 6 p.m. in Oakmont Gardens. More information can be found on our website.

Our Sunday services are at 10:30 a.m. in the East Rec. Center at 7902 Oakmont Dr.

For more information about our Wednesday morning Bible study, Saturday Prayer, and special events please visit our website at www.occsantarosa. org, write us at occsantarosa@gmail.com or call at (707) 595-0166.

### **Travel and Adventure Club**

■September Holstad

### NO MEETINGS NOVEMBER OR DECEMBER

Due to the holidays, there will be no Travel and Adventure Club meetings in November or December. Happy holidays to all and see you in the New Year!



■Judy Walker and Marlene Morrison

# FRIDAY, DEC. 1: DOVER QUARTET RETURNS TO OAKMONT

The Music at Oakmont audience is fortunate to have one of the "most-in-demand" chamber ensembles in the world, performing at the Berger Center for the third time at our December concert. Formed in 2008 at The Curtis Institute of Music and The Rice University Shepherd School of Music, the ensemble's outstanding musicianship was immediately recognized by audiences and critics alike.



Dover Quartet.

In 2018, The Kennedy Center named them "Kennedy Center Quartet-in-Residence" for a three-year term. That year they also debuted at Carnegie Hall Main Stage. In 2021 *BBC Music Magazine* named the quartet one of the "Greatest string quartets of the last 100 years." They have twice been nominated for Grammy awards. The first nomination was for the Best Chamber Music Small Ensemble Performance CD entitled "The Schumann Quartets."

Since last performing in Oakmont there has been one change in membership of the group as the original violist, Milena Pajaro-de Stadt recently left to pursue other musical interests. Fortunately, Julianne Lee, also a soloist, chamber musician and orchestral player, has joined the ensemble in her place.

The Dover Quartet has released a number of CDs including the Beethoven complete string quartets in three albums plus the Mozart and Schumann Quartets, amongst others. We would love to have you join us to welcome this superb ensemble back to our series. Please see details below:

**WHEN:** Friday, December 1 at 1:30 p.m. (Please note change of day from our regular Thursday concerts)

WHERE: Berger Center

**ADMISSION:** \$30 or with season pass

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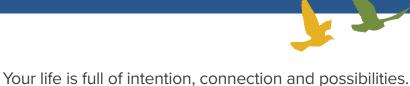
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