OAKMONT NEWS

Oakmont's Semimonthly Newspaper

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Oakmont's 50th Annual Art Show

■News Staff

ART IS GOLDEN

The 50th Annual (Golden Anniversary) Art Show will be held on March 22–23 at the Oakmont Village, Berger Center from 10 a.m.–5 p.m. There will be 50+ exhibitors and craft vendors selling their finest creations: oils, pastels, watercolors, photographs, ceramics, sculptures, quilts and more.

The show has a raffle this year to help support Art Quest and benefit students in the community. A wine and cheese reception and the drawing will take place at 3 p.m. on Saturday, March 23.

Town Hall to Address Insurance Requirements

■News Staff

Following last month's town hall on home fire insurance and current trends in the industry, a sequel on March 25 at 1 p.m., will continue the conversation with two speakers who will share about the current home fire insurance situation and options on how to deal with new insurance requirements or cancellations

Annie Barbour of United Policyholders, a national consumer advocacy group committed to educating consumers on home insurance and related subjects, will talk about the loss of her Coffey Park home in the 2017 fires. "I have a deep attachment and commitment to making sure my hometown gets as many resources as possible," she said. "I never want anyone to go through what all of us have gone through."

Also joining us will be Stuart Mitchell, whose company Wildfire Mitigation Advisors, has helped hundreds of county residents to understand and deal with wildfire dangers. Stuart is a Certified Wildfire Mitigation Specialist who helps clients navigate warning and cancellation letters from insurance companies or seeking new insurance.

The Town Hall will also be on Zoom and there will be time for Q&A.

Time To Vote For OVA Board of Directors

■News Staff

Oakmont members have until April 1 to mark their ballots for three candidates running for the OVA Board of Directors. The ballots arrived in homes in early March and the results of the voting will be announced at the 2024 Annual Meeting on April 1.

Voting is by mail. Ballots may also be turned in at the Berger Center on April 1 prior to the start of ballot counting at 10 a.m. Counting will be conducted under the direction of the Inspector of Elections.

Eight candidates are running for the three positions: Josh Axelrod, Jerry Gladstone, Iris Harrel, Tom Kendrick, Heidi Klyn, Jeff Neuman, Matt Oliver and Tom Tremont. Their statements appear in this paper and are available online.

The Candidates' Forum was held on Feb. 21 in the Berger, with some 150 members attending in person and 100 logged in via Zoom. Board President Marianne Neufeld moderated the event using randomly selected questions submitted by members in the weeks prior to the event or in person at the event. A video of the forum is available on the OVA website.

Upcoming 2024 Election Events

Early March—Ballots mailed to members
March 13—Meet & Greet, 1 p.m. Berger Center
March 15: CETC Fireside Conversation, 2:30 p.m. Berger Center
March 20—Meet & Greet, 6 p.m. East Rec. Center
April 1—Results announced at annual meeting

Fireside Chat with 2024 OVA Board Candidates

■Sue Aiken, Community Education and Transparency Committee

Please join us Friday, March 15 at 2:30 p.m. at the Berger fireside for light refreshments followed by casual facilitated conversation with the candidates for the 2024 Oakmont Board of Directors election. We welcome your questions and comments, or come simply to hear from the candidates and other Oakmont residents. Time will be moderated to allow for as much exchange from as many people as possible.

This event is organized by the Community Education and Transparency Committee (CETC). I am a facilitator and committee chairwoman.

CETC hopes the conversations will help attendees decide how they want to vote. As a Board committee, CETC is concerned with building community, education and transparency as much as possible in the

See **FIRESIDE CHAT** on page 5

Norma Baumsteiger, Sept. 16, 1934—Jan. 17, 2024

■Garth Gordon Hokanson

Oakmont's self-appointed Volunteer Traffic Coordinator for four years passed of a sudden heart attack. She had recently moved from her Oakmont Drive home to live with her eldest son in San Anselmo.



She revisited Oakmont every couple of weeks to visit friends,

neighbors and to patrol the streets again with her "Slow" sign. She was a fireball of energy and focused much of it on trying to protect deer and other animals, as well as pedestrians, from being killed by speeding cars.

She will be dearly missed by her neighbors, all the people who stopped to thank her for her volunteerism, the Oakmont Italian Club and so many others. Thank you, Norma, you've earned a rest.



Attend the 4th Annual Fire and Earthquake Safe Fair

■News Staff

The fourth annual Fire and Earthquake Safe Fair is just around the corner, and the whole community is invited. On Friday, April 5, from 3-6 p.m. at the Berger Center, enjoy a day of education and information with more than a dozen vendors, plus Mexican cuisine and refreshments that can be purchased from local food truck, Zapata Grill.

"MYN and Sonoma County Emergency Department will be highlighting earthquake readiness and awareness this year, since April is National Earthquake Preparedness Month," said Katy Carrel, Meet Your Neighbor (MYN) coordinator and one of the fair organizers. "We will have valuable information on actions to take if 'the big one' hits Oakmont."

The 2024 Fire Safe Fair highlights firewise practices and emergency preparedness, with a special focus on what residents can do to keep their homes safe in the event of disasters such as wildfire and earthquake. This year's vendors include the Santa Rosa Fire Department, Best Fire Equipment, the Halter Project, Fire Safe Sonoma, Sonoma Ecology Center plus many other safety and emergency groups. Oakmont committees providing information at the fair include the Firewise Resource Committee, OEPC (Oakmont

See **FAIR** on page 5

THE PROFESSIONAL TEAM THAT DELIVERS

TEAM DEVOTO represented the buyer, seller, or both in the following list of homes for 2023

9 Valley Oaks Place

7141 Oak Leaf Drive

336 Pythian Road

16 Woodgreen

6344 Stone Bridge Road

227 Valley Oaks Drive

6716 Fairfield Drive

7064 Overlook Drive

6356 Meadowridge Drive

8250 Oakmont Drive

6521 Stonecroft Terrace

6301 Stone Bridge Road

339 Valley Oaks Drive

282 Mockingbird Circle

195 Mountain Vista Circle

244 Silver Creek Circle

608 Canyon Oaks Court

734 Fresno Avenue

1031 Oak Mesa Drive

1366 Funston Drive



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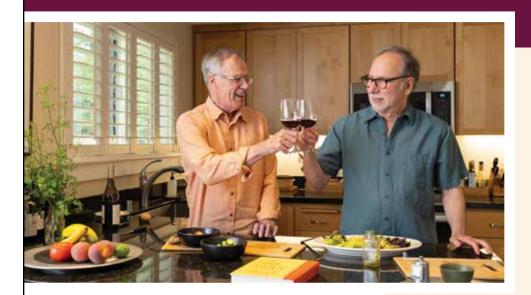
Nancy DRE# 00771931



Vanessa



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VOM Women Niners -

■Debra Kiddoo

VALENTINE POTLUCK

February has been a very wet month and only the most intrepid VOM Women Niners have been playing golf. However, never to be disheartened, a delicious and entertaining potluck was held instead at the Berger Center. In addition to enjoying the various dishes, we introduced several new members, greeted guests, played golf trivia and had a quick business meeting.

We would love to have you join our club too. We currently have 39 active members and 6 social members (previous Niners who no longer golf but partake in social activities). As the weather improves, normal play will resume at 9-10 a.m. on Thursday mornings at the Sugarloaf course.

Contact JoAnn Banayat, Membership, at (415) 279-2954 or jbanayat@sbcglobal.net for more information.



New Horizons Band Performing Free Concert

■News Staff

Mark your calendar for April 13 when the New Horizons Band returns to Oakmont for a free concert. Performing at the Berger Center at 2 p.m., the band of seniors is known for its eclectic programming and musical nod to well-known favorite tunes.

This year's program includes music from the Pirates of the Caribbean, "Alexander's Ragtime Band," Leonard Bernstein's "Danzon", the "Mandalorian" from Star Wars, plus J.S. Bach and Chicago's greatest hits, Lassus Trombone, Elgar's Nimrod, El Choclo tango, and contemporary reflective pieces.

A special treat will be soloist Sharon Griffith and Oakmont's John Z. Ray singing Gershwin's "They Can't Take That Away from Me.'

Always a popular event, be sure to grab your seat before the 2 p.m. start time on April 13 for an afternoon of free, live music.

Toxic Waste Collection



■OVA Staff

MARCH 26, 2-7 PM AT WEST REC.

LIMITS: 15 gallons of liquid (max. of five gallons per container) or 125 pounds of solid material. Never mix chemicals. Place in sealed containers in the trunk, packed to prevent spills. Syringes/needles in sealed, approved Sharps containers.

NOT ACCEPTED: Explosives or ammunition, radioactive materials, biological waste (except syringes), TVs, computer monitors and other electronics and business waste.

Online appointments are now available! To sign up, visit zerowastesonomahhwevent.as.me/Oakmont/

You can also call (707) 364-6927 to schedule an appointment. Only 100 appointments available first-come, first-served.





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OVA Board of Directors: Candidates' Statements

In Random Order



TOM KENDRICK

My wife, Barbara, and I have enjoyed living in Oakmont since 2017. Starting in 2018 I served as OVA Board Vice President, and after re-election in 2020, as president. The board was busy throughout those four years with many challenges, and my experience in engineering, finance, and project management (which I continue to teach for Berkeley) often came in handy. As a board member I helped manage the successful acquisition and operational transition for the golf course properties, completed the East Recreation Center renovation on budget, increased the accuracy of OVA's annual reserve studies, and established a five-phase process to improve oversight of major community projects.

That said, I think the biggest accomplishments of the boards I served on were the building of trust and respect both within the board and throughout our community. With every new issue came disagreements, as is inevitable within diverse groups. But the board directors did their best to listen to each other and to our membership to ensure that everyone's views were heard. Making decisions that weighed differing inputs and sought consensus has led to financially responsible outcomes that align with the values and the best long-term interests of Oakmont.

The next few years will bring more challenges. As we work to plan for the future of central Oakmont and enhance our safety and fire resiliency, we must ensure that people can voice their views in a civil manner and can disagree without being disagreeable. This will depend heavily on effective communications, community conversations, and substantial volunteer effort. Board directors must listen to and treat people with respect, trust their abilities, and recognize volunteers and our talented OVA staff for their hard work.

I look forward to contributing to our future on the next board, and I ask for and appreciate your support.



IRIS HARRELI

I have lived in Oakmont for 8 years and volunteered in many capacities during that time. Before moving to Oakmont, I was founder of a design/build company, general contractor and designer, teacher, and board member of several non-profits.

My most important Oakmont project was implementing a Firewise Committee to educate residents on how to better protect our homes and community from wildfires. Oakmont is now an official Firewise USA Community, a certification that requires ongoing improvement efforts. I am currently the Board Liaison to this committee.

I believe safety is one of the most critical issues facing Oakmont—whether it's earthquake, fire, evacuation, or power outages. I helped OVA obtain generator backup and initiated education for home hardening for our residents. I want to expand "Meet Your Neighbors" (MYN) coverage in Oakmont as another safety priority.

Bringing our facilities up to ADA standards lets Oakmonters with mobility issues remain active. We have improved accessibility, but more is needed. I served previous OVA Boards as Building Committee Chair until I was elected to the OVA Board in 2022. I led multiple Oakmont improvements-including East Rec, West Rec, golf course clubhouse, pickleball courts, dog park and the "refresh" of the Berger interior.

Work-life experiences have shown me the importance of partnership between an Association's Board and its management. The Board's work is to implement OVA policies, while supporting the General Manager of OVA to manage operations.

Good leaders listen, collaborate, and work together with all stakeholders. That's what I have done. With your vote to keep me on the 2024 Board, I will continue to work hard for you and for Oakmont.

I love the Oakmont community and the people who live here.



HEIDI KLYN

I have lived in Oakmont since 2007 and am a second generation Oakmonter. I was elected to the OVA board in 2018 and served two terms, including one year as the vice president. I love this community and have decided to run again as Oakmont faces new decisions that will be both exciting and challenging. Our board must work together to maintain affordability and preserve the Oakmont we all love.

I believe my past experiences have prepared me to make decisions that serve all of Oakmont. Most significant, we purchased the golf courses, installed solar panels, secured a diesel backup generator for the CAC, updated the East Recreation, repaired the West Rec water damage. When Covid hit, I immediately went to work with health officials and Safeway to bring the first ever vaccination clinics to Oakmont. Those clinics continue today, offering a range of vaccines.

I have been active in many clubs, including serving on the first Berger Ad Hoc Committee and helping to establish the new dog park. My last project was refreshing the inside of the Berger. I am currently President of the Oakmont Boomers Club and the Cannabis Club.

I am running for the board because I believe the community needs a voice and leaders who do not put forth an agenda or spend on frivolous projects of no value. Being fiscally responsible means making sure Oakmont maintains affordability in light of other costs for energy, food, house insurance, and, in many cases, sub-HOA fees. Good leadership can do this and still meet the challenges of the future.

Difficult decisions arise with anything and to be able to respond quickly and efficiently is an art. I feel I have the experience here to lead the community in the right direction while also inspiring and motivating others.



JEFF NEUMAN

I was appointed to a vacated OVA Board seat in 2021 and elected in 2022 with 75% of the ballots cast. I seek re-election for one more term. I serve as the liaison to our Environmental Stewardship and Emergency Preparedness committees. I also serve our Architecture and Firewise committees, Movies, Technology Learning Center, and Sunday Symposium. I'm a California native, naturalist and geologist. My career included geophysics, environmental geology, major projects risk management, and communications.

I looked at the big issues I addressed in my candidate statement two years ago. They're all still relevant.

Updates:

- We have a highly effective GM leading a great
- Firewise is still critical. As a community, we've done great work which makes us safer (and insurable.)
- 2030 has been a useful conversation. I support creating a long-term plan for our central area. I do not expect to cast a vote on any major building projects during my 2-year term. Specifically, properly maintained, the existing Berger Center should grace our community for many good years to come.
- I continue to believe we can do emergency response better. The recently completed traffic study will inform emergency planning and dialogue with the city.
- My last statement mentioned Energy Resiliency. This broadened into a quick win from 2030; I authored the charter for our Environmental Stewardship committee. It is already working on projects which will benefit Oakmont.
- I approach issues by gathering knowledge, stakeholder, and expert opinions, assessing risks and opportunities, and building consensus around the best options. I won't waste money, yours, or mine.

I am on the Executive Board of the Redwood Empire Council of the Boy Scouts of America, which teaches servant leadership.

Thank you for your vote!



JERRY GLADSTONE

In these times of rapidly increasing costs for insurance, energy, labor, legal, borrowing, and almost everything else, we must look to spending our Association funds with forethought and an inclusive plan. Fantasizing elaborate new buildings and commissioning consultant studies of little value is irresponsible. No-bid contracts are a questionable practice and just bad business. Not understanding the needs of all Oakmont residents is criminal; meaningful surveys need to be conducted.

If I am elected to the Board I will bring fiscal responsibility, professional management practices, and respect for people's needs and financial situations. I will endeavor to keep Oakmont affordable and dues growth contained.

OVA Board of Directors: Candidates' Statements

In Random Order

There are necessary and efficient ways to enhance the enjoyment of life in Oakmont. Maintaining the functionality and quality of existing facilities through repair and maintenance. Employing lowcost enhancements to extend the utility of what we have. With our ageing population we need to ensure all facilities are ADA compliant.

We are living longer and desire to stay in our homes, but we will require assistance. Moving to assisted living is difficult and expensive, especially for those on "fixed" incomes. Raising dues without consideration will drive people away.

I have been president of the Singing Brook sub-Association for 4 years and in the last 3 years monthly dues have increased only \$5! My professional experience is as VP/GM of a critical Hewlett-Packard/Agilent (now Keysight) division with responsibility for several \$100M in expenses and shipments annually. After retirement I was a consultant and served in many capacities including interim CEO. I am a scientist, engineer, businessperson, and trusted leader—and I listen carefully!

My wife of 52 years and I moved to Oakmont 5 years ago, we have two grown professional daughters. Please may I count on your vote—I will deliver.



JOSH AXELROD

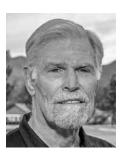
Oakmont is a wonderful community with a diverse range of facilities and organizations that cater to a variety of interests. Since arriving, my wife, Kim, and I have had the pleasure of making new friends and working with outstanding fellow volunteers. I'm a father of three daughters and hope to spend more time here with future grandchildren. Walking here on a sunny day always brings a smile to my face.

I'm active in the community, managing Oakmont concerts and improving the online experience for Oakmont Lifelong Learning. I'm involved in the Oakmont 2030 initiative and lead the working group on Gathering Places. I'm currently a member of the Oakmont Long Range Planning Committee.

Professionally, I've been a math teacher, a member of several software startups and a Microsoft General Manager. Managing large software organizations taught me the importance of tracking budgets, schedules and employee performance as well as having a clear understanding of customer requirements. My experience will enable me to represent our residents needs and contribute to the continued success of our community.

One of Oakmont's challenges is balancing maintenance and modernization. A large portion of our monthly dues are used for current expenses and planned maintenance. Think of a small portion (approximately \$15 a month) of your dues as an investment in Oakmont tomorrow. We need to preserve our great community while simultaneously being proactive in planning and providing opportunities for current and future residents to connect, create, and learn.

If elected to the OVA Board, I am committed to effectively managing the association's budget, collaborating with our General Manager, actively listening to, and communicating with the community, and refining a vision for Oakmont. I am enthusiastic about contributing to these efforts and ask for your vote for a board seat.



MATTHEW A. OLIVER

I'm running for the Oakmont Board of Directors because I believe I can bring balance to the Board and use resources effectively for the entire community. I'm dedicated to the financial stability of Oakmont and will work to keep Oakmont a desirable and affordable active adult community.

Valerie and I moved to Oakmont for the community. I will advocate for listening to the community, consider options and help facilitate solutions. (I am focused on Oakmont's affordability as a key plank in the exceptional quality of life Oakmont offers.)

I am active with 2030 pursuits, especially the Finance Ad Hoc Committee (exploring all funding sources); and as Chairman of the Building Construction Committee, I coordinate with OVA management which is vitally important in supporting OVA's management and maintenance of facilities.

Ihave the business background to ensure Oakmont's money is used in a prudent manner. Thirty-years ago I established Oliver & Associates. My firm was hired to take care of all aspects of planning and management for significant commercial and residential properties, including negotiating and working with city officials. As an OVA director, I will rely on those same skills to bring sound business judgment to the planning, design, engineering, and construction process.

I believe my history and background will contribute to responsible decision-making that results in outcomes that are best for all of Oakmont -- today and in the future.

Respecting people and understanding their different perspectives will guide my service commitment to the community. I believe working collaboratively with other Board Members, related committees and the community at large is vitally important to achieve best solutions.

I will strive to be certain our members are informed and that our processes are transparent.

I ask for your vote. I am your candidate for your Oakmont community.



TOM TREMONT

In 1978, I was teaching 8th grade Science. One night I went to Mr. C's Magic Lounge, and I was hooked! Rekindling the love of magic my father taught me, I began moonlighting at Mr. C's, until I ended my 8 successful years of teaching to become a professional magician for the next 30 years. About this time, I founded a small chain of pop-up Halloween stores that I ran for 22 seasons.

I was an entrepreneur and loved it, learning leadership, problem solving and organizational and people skills that kept my customers and clients coming back. Before leaving Illinois, I became the director of Scrabble Club 518, directing over 20 nationally sanctioned tournaments, so naturally when I moved to Oakmont 8 years ago, I started a Scrabble club.

In 2021, I was elected Pickleball president. My focus was the safety of the 170 members, so we resurfaced

cracked courts; obtained a remote control for the awning to guarantee shade for waiting players; and purchased a machine to dry the courts quickly (the VAPTR), training 30 members in its use. It was a great pleasure to work with Christel, the OVA General Manager, and the maintenance crew on these projects.

I am an approachable listener, leader, and problemsolver. I believe that with open communication, transparency, and collaboration we can resolve the important issues facing our community. Protecting life and property during natural disasters is paramount and must include more and better evacuation routes and an expanded Meet Your Neighbors (MYN) program. It is also essential to keep Oakmont affordable, up-to-date, and attractive for current residents and future home buyers.

I look forward to working with all community members as we explore the possibilities ahead.

FIRESIDE CHAT Continued from page 1

governance of Oakmont. Respectful, civil discourse is essential in doing so.

Ballots for the election will be mailed to members by early March and election results will be announced at the 2024 Annual Meeting on April 1. Voting is by mail, or ballots may be submitted at the April 1 meeting.

FAIR Continued from page 1

Emergency Preparedness Committee), and MYN (Meet Your Neighbors).

VOLUNTEERS ARE STILL HIGHLY NEEDED

The fair is in need of door greeters, general helpers, and clean-up help.

Greeters—arrive 2:30 p.m.

Clean-up after the fair—6–6:30 p.m.

General help during the fair—2:30–6 p.m.

To learn about volunteer opportunities, contact Danielle Hannigan at dani@oakmontvillage.com.

For questions about the Fire Safe Fair, contact myn@oakmontvillage.com.

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■Judy Walker and Marlene Morrison

THURSDAY, MARCH 14: THE CALIDORE STRING QUARTET CONCERT PROGRAM

For their third appearance at Oakmont, the Calidore Quartet will perform a diverse program containing works by J.S. Bach, Mendelssohn, Henry Purcell and Benjamin Britten.



The Calidore String Quartet.

For almost all composers, J.S Bach is revered as the "Godfather" of western classical music. Mozart pays homage to Bach in his transcription for string quartet of several fugues from *The Well-Tempered Clavier*, a collection of 48 paired preludes and fugues written in each of the major and minor keys.

Of the two string quartets being performed, both were written as dedications. The Op. 44 Mendelssohn work was dedicated to the Crown Prince of Sweden in 1837. The much later Britten quartet (1945) was commissioned by Mrs. J. L. Behrend, a patron of the arts, to honor the 250th anniversary of the death of English composer, Henry Purcell. The quartet consists of three movements, the last movement titled Chacony, which of course links to another item on the program—Purcell's *Chacony in G minor*. A good demonstration of how artists' programs are not entirely random but built around musical connections.

Please note that we will be inaugurating our 2024 donor drive at this concert. We are most grateful to the Oakmont Community Fund for partnering with us in this endeavor, and of course to our generous donors. In addition, we will present our 2024–2025 season of concerts which we believe will appeal to all tastes. Both are important continued success for Music at Oakmont. We would love to have you join us for this next to last concert of the season.

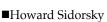
WHEN: Thursday, March 14 at 1:30 p.m.

WHERE: Berger Center

ADMISSION: \$30 at door (cash or check only) or

with season or mini-season passes

Jewish Interest Group X



MARCH 17: JEWISH THEMED MOVIE

On Sunday afternoon, 2 p.m. on March 17 in the East Rec. Center, we will have Sunday afternoon at the (Jewish) movies! Our scheduled speaker in March had to cancel, so we are using the opportunity to screen a popular film. Dealing with themes of assimilation, the story is set in the early 1900s, and focuses on the experiences of an immigrant family in New York City. Since many of you have New York in your backgrounds, you may find the situations familiar.

Feel free to bring appetizers, nosh and other items to share with your neighbors. There will be time for chatting, noshing and socializing 10 to 15 minutes prior to the movie.

As usual we will need help setting up at 1:30 p.m.

Oakmont Progressives



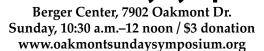
On Monday, March 11, 6:30 p.m. at the East Rec. Center, Oakmont Progressives will present Prof. Tom Jorde speaking on the logic and significance of the Supreme Court's decision in Dobbs v. Jackson Women's Health Organization.

The Dobbs decision overturned half a century of legal precedent set by Roe vs. Wade, guaranteeing women a consistent right to control their own reproductive health in all 50 states.

Measures to protect women's right to choose their own reproductive health care are already on the November ballot in 2 states, and have been proposed in 10 others. Prof. Jorde will explore the court's logic and thinking in the Dobbs case, and the implications of the decision for possible future cases.

Prof. Jorde is a popular speaker here in Oakmont, having given two presentations at the Oakmont Sunday Symposium. He clerked for Judge Stanley A. Weigel of the U.S. District Court in San Francisco and for Justice William J. Brennan Jr. of the U.S. Supreme Court. He practiced in San Francisco for four years, specializing in litigation, and joined the Berkeley Law faculty in 1978. He is an expert in Anti-trust law, and on the Board of the Brennan Center for Justice (www. brennancenter.org).

Oakmont Sunday Symposium



■Harriet Palk

Coffee, tea and snacks are available for sale in Berger from 9:45–10:15 a.m. before the presentation begins.

MARCH 10: KY BOYD ANNUAL ACADEMY AWARDS REVIEW



Come join us for the Symposium's Annual Academy Award Movie Review and Predictions. Ky Boyd, one of Oakmont's favorite speakers, who runs the renowned Rialto Cinemas, is a self-professed movieholic. He will give us his take on the movies and actors nominated for the 2023 Oscars. We'll even vote. This is always a very lively and fun event. Bring your own popcorn!

MARCH 17: CHRIS ROGERS, VICE MAYOR SANTA ROSA THE ROLE OF MONEY AND LOBBYING IN POLITICS

The 2024 election is coming. The way it's supposed to work is that The People elect their representatives who then make laws in favor of The People. Are you

sure? In the 2022 mid-term election, lobby money into state and federal elections topped \$16.4 billion, and that's just the money that was reported. Lobbying also influences how laws are written. Come to hear how the system really works.



MARCH 24: MARK STAPP PRISON BASKETBALL— MORE THAN A GAME

How can we help incarcerated and formerly-incarcerated people re-enter our community? Dr. Mark Stapp, Senior Director at Sonoma State University and Vice Mayor of Santa Rosa, volunteers at San Quentin, an institution that is at the vanguard



of national rehabilitation efforts. Mark will detail his experience there as well as local efforts to expand educational and career opportunities for formerly-incarcerated residents. For moral, social and economic reasons, this is an issue of vital importance to our community.





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Gakm■ nt Pétanque Club

■Don McPherson

MEASURING—THE RETRACTABLE TAPE

Often judging distance visually fails to determine which team holds the point. The team playing must then measure using a retractable tape.

Just pull it out and read the result? Mais non! The measurement must taken from the boule to the cochonnet. The tape must be positioned against the middle of the boule, touching without moving it. The tape must then be supported so that it is level, not angled, and extends directly over the cochonnet without touching it. The measurement must then be read looking straight down measure the three boules on the front edge of the nearest the cochonnet to cochonnet, not the middle or determine which team has back edge, or the result is too scored and whether two



uses a retractable tape to points, or one.

The player measuring must remain balanced and steady to avoid either moving the boule or "disturbing" the cochonnet. By rule, both results in awarding the point to the opposing team. Sometimes, even with the best technique, measurements end up within less than a millimeter difference, making them apparently even. What then? For finer measurement the last resort is to use an umpire's folding rule or calipers.

PÉTANQUE IN OAKMONT MONDAY, WEDNESDAY, SATURDAY

French in origin, Pétanque (pay-tonk), also known as Boules, has been played in Oakmont since the 1980s. The club, founded in 1996, encourages all Oakmonters who may be interested in playing or learning to play to come to the courts between Berger and the OVA offices at 9:45 a.m. on the Club Play days of Monday, Wednesday, and Saturday. Club Play days are casual friendly games with teams randomly chosen.

Anyone, regardless of experience, is welcome to enjoy the challenge and camaraderie of a simple game that is inexpensive, fun to play, and learned quickly. The club has boules to lend while you're learning, and you'll be playing right away.

Oakmont Dancing Divas

■Anne Marie Siu Yuan

CELEBRATION OF WOMEN'S HISTORY MONTH—A SONG AND DANCE REVUE

Every year, March is designated as Women's History Month—a month dedicated to honoring women's contributions in US history. To celebrate, attend a free community event in the Berger on Saturday, March 16, at 3 p.m., featuring performances by The Oakmont Silver Liners, The Redwood Country Cloggers, The Coaches Corner Line Dancers, The Oakmont Dancing Divas and more.

The origins of Women's History Month date back to 1978 in Santa Rosa when the Education Task Force of The Sonoma County Commission on the Status of Women planned a "Women's History Week."

In February 1980, President Jimmy Carter issued the first Presidential Proclamation declaring the week of March 2–8, 1980, as National Women's History Week.

In 1987, after being petitioned by the National Women's History Project, a non-profit organization dedicated to honoring and preserving women's history, Congress proclaimed March 1987 as "Women's History Month."



CELEBRATE THE HOLIDAYS AT OAK

Come celebrate the upcoming holidays at OAK! Remember, Oakmont residents receive a 10% discount when they tell their server. Reservations can be made at (707) 539-0415 x 5. Visit www.playvom.com for all upcoming events and happenings at OAK and Valley of the Moon Club.

ST. PATRICK'S DAY

On Sunday, March 17, OAK will serve their corned beef special all day in honor of St. Patrick's Day. Enjoy the luck o' the Irish with this delicious traditional

EASTER BRUNCH

Enjoy Easter Brunch at OAK on Sunday, March 31. Two seating times of 10 a.m. and 12:30 a.m. Cost is \$55 per person, and kids under 10 are \$25. Reservations required. Call (707) 539-0415 x 5.

The brunch buffet menu includes: Eggs Benedict and Eggs Florentine, Honey and Brown Sugar Glazed Ham, Omelet Station, Bagel and Smoked Salmon Station, Breakfast Potatoes, Bacon and Sausage Caesar Salad, Mixed Green Salad, Braised Lamb Ragout over Polenta, assorted fruit salad, assorted desserts and potato rolls.

Billiard Club

■Steven Dieterle

IS THIS DÉJÀ VU?

This was our first tournament of 2024 and it was also the first time that the Billiards Club held a 10-ball tournament. The object of 10-ball is to pocket the 1-10 balls sequentially calling each shot and the pocket. However, it's also possible the opportunity could arise to shoot a combination shot (object ball and ten ball) and make the 10 ball to win!

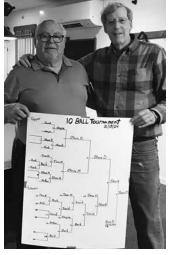
There was a different mood in the East Recreation Center pool room to start the tournament that day. Maybe there were a few 49er fans still rebounding from a tough lose in the Super Bowl. Noone likes to lose when you've made it to the finals. Or maybe, there were a few still with a twinkle in their eye from celebrating St. Valentine's Day with their significant other. Tough to get fully focused on the game

As the tournament played out the final match turned out to be between Steve Dieterle and Steve Martin. These two had played against each other in the final match(s) during the previous "Perfect Trifecta" 8 Ball double elimination tournament back in May 2023. They not only played for the title but the way they got there turned out to be exactly the way it happened in May. Steve Dieterle had won all his matches and Steve Martin had lost one match and won the rest.

Steve Martin would have to win back-toback matches against Steve Dieterle because of the double elimination rules in play to win the tournament just as he did back in May 2023. Well, he did just that!

Congratulations goes to Steve Martin for the win and to all the other participants for making this a fun, enjoyable and successful competition.

Is this Déjà Vu or what?



Winner Steve Martin on the left and runner up Steve Dieterle.

Oakmont Squares



■Barbara Wooley

DANCE FOR THE HEALTH OF IT!

Why do Oakmont Squares dancers happily meet every Tuesday evening? Oakmont dancers have found the social square dancing program to be a great fit for the Oakmont "active adult" demographic. According to everydayhealth.com, these are "9 Reasons Dancing is Good for Your Health:"

- 1. Dance boosts cardiovascular health.
- 2. Dancing builds core strength.
- 3. Dance promotes flexibility.
- 4. Dance can help with weight loss.
- 5. Dancing is good for bone health.
- 6. Dancing may help prevent memory loss.
- 7. Dance is good for mental health.
- 8. Dance can help bust stress.
- 9. Dance can help us feel more socially connected.

Professional caller Lawrence Johnstone is adept at combining 50 calls (referred to as Mainstream) into nearly endless patterns, so the brain gets a workout along with the body. Experienced dancers at Mainstream Level or beyond are welcome to come visit or join the Oakmont Squares at any time. Casual dress and a willingness to give it a whirl are all that

If you are interested in learning more about Square Dancing and/or signing up for a beginner class,

please contact Jenny at (707) 367-2102.

The Oakmont Squares meet Tuesday evenings from 7–9 p.m. at the East Rec. Center. Cost is \$8 per person/night or \$25 for the month.

Come dance in a square and make a circle of friends.



Recent graduates Anna and Del Friesen. (Photo by Barbara Wooley)

Domino Club :

■Brian Huckins

MIX THOSE DOMINOES

The Oakmont Domino Club meets every Thursday morning at 9:30 a.m. in the Central Activity Center Card Room.

We play the Popular Five-up Game (more commonly referred to as the San Francisco Fiveup Game). Two, three or four can play. The four-handed or partners



game is our preferred format. A slight wager has been known to add to the interest.

It is easy to learn and anyone who can add, subtract and divide can play the game. The fundamentals are simple and can be learned quickly. The finer points can be managed with a little study and practice.

Looking for players of all abilities to join. Please contact me at (415) 602-9083 or bvhuckins@gmail.com.

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Oakmont Birders

■Barbara Kendrick

PONDERING A POND? BIRDS WILL LOVE IT

If you're serious about enjoying birds in your yard, nothing beats a pond. Even more than feeders, a small pond guarantees you an unending opportunity to watch all sorts of birds at close range.

Cathy Vancik, a long-time birder in Oakmont, has a beautiful bird-oriented pond. Originally for koi, it was in her backyard when she moved here 12 years ago. Without much fuss, a local pond service was able to transform it into a bird-friendly environment (sans koi). The water is surrounded by flat stone ledges and includes islands, offering places for birds to approach the water and bathe at different depths—deeper for lanky jays and robins, shallower for short-legged nuthatches. A pump and filter system keeps the water clean (along with weekly algaecide) and also produces a little bubbling fountain, which enthralls hummingbirds.



Cathy's pond. (photo by Maureen McGettigan)

Cathy's "yard list" of birds is now an impressive 70+ species. Active pond visitors include many of these, from hummingbirds to warblers, thrushes to woodpeckers, and whole quail families—even a turkey.

Other creatures also visit the pond, and most cause no trouble. Then there was a bullfrog who took up residence. Cathy loves frogs, and at first thought he seemed like a nice addition; she even overlooked his raucous croaking during mating season. One day, however, she saw him leap from hiding, grab a California Towhee by the neck, and drown it. Soon after, he caught and swallowed a baby chickadee. The frog was terminated with extreme prejudice, and the grisly remains of his avian diet were found and removed from the pond bottom. Bird visits picked up considerably!

If you have questions about creating ponds for birds or making your yard more bird-friendly in general, email Cathy at cathyvancik@gmail.com.

Kiwanis Club of Oakmont



■Beverly Singer

SHRED-A-THON NEWS

By the time this article is published, the February 22 Shred-A-Thon is over. Kiwanians hope you got shredded what needed to be shredded. If not, don't worry: the next shred-a-thon will be only six months away.

On February 1, the club was honored by a visit from the Kiwanis state Governor and the Regional Lieutenant Governor. They helped to induct new members Sherry Conrad and Bobbi Owen. Members welcomed the guests and new members to help in the Kiwanis goal of 'Changing the World One Child at a Time."

This meeting was the first Thursday of the month when The Kiwanis Club brings food for the Food

Bank. They had asked for peanut butter, and that's what they got. Children love peanut butter and we love children.

Today, as I am writing this article, it is Valentine's Day and our Oakmont Kiwanians will be congratulating member, Rick Osborne on not only his February 14 birthday but his marriage to his sweetheart, Virginia, in Hawaii. How romantic is that?

We also congratulate the Maria Carrillo High School Key Club on

> Kiwanis members with peanut butter for the Food Bank. (Photo by Beverly Singer)

their recent successful bake sale to earn money for the Valley of the Moon Children's Center. VOM Director, Meg Easter Dawson spoke to the Kiwanis Club about their need for toiletries for teenagers going into foster care. When the Kiwanis-sponsored Key Club heard that need, they went all out to earn money for toiletries for those foster children. These high school teenagers are future leaders learning to do service for others. They are really spectacular leaders.

As always, the Kiwanis Club invites you to join us in helping children here and around the world. Contact President Ann Isaacs, (916) 261-7270 or annisaacs1 @att.net.





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Oakmont Cat Care Coop

■Mary Ellen King

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Movies At Oakmont



WHERE: Berger Center **SCREENING DAY AND TIME:** Sundays HOSTS: Mike McInnis, Deborah Davidson, Jeff

Neuman, Yllysa Snyder and Barbara Marquardt. NOTE: All films are shown with English subtitles, when possible, free of charge—compliments of OVA.

MARCH 10 AT 2 PM **KILLERS OF THE FLOWER** MOON (2ND HALF ONLY)

When oil is discovered in 1920s Oklahoma under Osage Nation land, the Osage people are murdered one by one—until the FBI steps in to unravel the mystery. 2023, R, approx. 1:45.

At 4 p.m., Movies at Oakmont will air the 96th Academy Awards at the Berger following the showing of the second half of Killers of the Flower Moon.

MARCH 17 AT 2 PM PAST LIVES

Two deeply connected childhood friends are wrested apart after Nora's family emigrates from South Korea. Twenty years later, they are reunited for one fateful week as they confront notions of love and destiny. 2023, PG-13, 1:45.

MARCH 24 AT 2 PM **GOOD GRIEF**

When his husband unexpectedly dies, Marc's world shatters, sending

him and his two best friends on a soul-searching trip to Paris that reveals some hard truths they each needed to face. 2023, R, 1:40.

Soroptimist International **Oakmont Wine Country**

■Denise Bickert



APRIL 20: AFTERNOON TEA PARTY

SI Oakmont Wine Country invites you to our 1st Annual Afternoon Tea Party. Enjoy a scrumptious menu of sandwiches, scones, dessert pastries, assorted teas and hot chocolate. Proceeds from this event help fund our Live Your Dream scholarship program, as well as our work with women and girls in the community.

Our club is part of Soroptimist International, a 103-year global volunteer organization that provides women and girls with access to the education and training they need to achieve economic empowerment. WHEN: Saturday April 20 from 2–4 p.m.

WHERE: East Rec. Center, 7902 Oakmont Dr.

COST: \$50 per person

Hats are encouraged but not required. We will have a hat contest to include men, women and children. We will select the most beautiful/handsome hat for first place and the most unique for second place.

Tickets are limited and are on a first-come, first-served basis. Contact me at deniseb.siowc@gmail.com for ticket reservations. Payment is required at the time of reservation. Tickets are transferable but not refundable.

If you have questions or would like to learn more about our club and the work that we do, please contact me at the above email.

Oakmont Art Association

■Elizabeth Kern

TSHERIN SHERPA: DIFFERENT WORLDS, SONOMA VALLEY MUSEUM **MARCH 13, 11 AM-12 NOON**

Different Worlds presents the captivating artworks of Tsherin Sherpa, a globally renowned contemporary artist. Born in Kathmandu, Nepal, Tsherin Sherpa emigrated to the San Francisco Bay Area in 1998. The artist's work is grounded in his personal experiences within the Himalayan Diaspora and his rigorous training as a thangka painter (traditional Buddhist art).



Painting by Tsherin Sherpa.

Upon relocation to the United States, Sherpa encountered new artistic influences, which led him to develop a distinctive artistic practice that seamlessly blends his traditional upbringing with contemporary perspective.

The Oakmont Art Association has arranged for a wonderful tour docent to accommodate our group on Wednesday, March 13 from 11 a.m. to 12 noon. Esther Munger is creating carpools which would leave the Berger parking lot around 10 a.m. Contact Esther Munger at emunger@mac.com. or call (707) 494-2082.





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■Marlena Tremont

10

SPRING CLASS PREVIEW WEDNESDAY, MARCH 20

Food and music at 2:30 p.m. Program at 3.

MARVELS OF THE MIDDLE AGES Instructor: Lynn Ostling Mondays, April 8–29, 3–5 PM, Berger Center 4-week session. Cost: \$65



What was life like in Europe, from 400 to 1400 AD? What religious and cultural forces were at work? These questions will be answered through the exploration

of medieval masterpieces of art and architecture. Distinctive art media such as encaustic, mosaic, stained glass, egg tempera, and fresco painting will also be explored.

Lynn Ostling is a published author and retired professor of Art History who taught at Sonoma State and Santa Rosa Junior College for over 30 years.

TEDDY ROOSEVELT Instructor: Mick Chantler Wednesdays, April 10–May 15, 3–5 PM, Berger Center 6-week session. Cost: \$95

Teddy Roosevelt was one of perhaps five or six

Lifelong Learning



truly transformative presidents in American history. Considered a cultivated, scholarly aristocrat, Roosevelt entered politics during a time when government was considered a tawdry affair. This



six-week course will examine the career of this remarkable—if often abrasive and authoritarian—American statesman.

An OLL favorite, Mick Chantler is a 40-year student and instructor of early American studies and a member of scholarly organizations including the Lincoln Forum.

THE MYTH OF AMERICAN INNOCENCE Instructor: Barry Spector

Thursdays, April 11–May 16, 3–5 PM, East Rec 6-week session. Cost: \$95



Our country faces profound political, social and environmental crises that conventional thinking no longer helps. Be inspired to re-imagine our world, through the lens of mythological thinking which offers a broader perspective

allowing us to see American history, race relations, media and politics, in a different way.

Barry Spector is an author and instructor in the Depth Psychology Master's program at Sonoma State University. He has been as guest lecturer at various Psychology Institutes across the Bay area.

SPACE EXPLORATION: OPENING OUR EYES TO NEW WORLDS

Instructor: Dr. Mary Barsony Mondays, May 6–13, 3–5 pm, Berger Center 2-week session. Cost: \$35

Look at the universe through the eyes of the James Webb Space Telescope and NASA's DAWN mission to the asteroids Ceres and



Vesta between Mars and Jupiter. The spectacular images and volumes of new data have opened new frontiers and given new insights into the formation of our own Solar system.

Dr. Mary Barsony, is a physics and astronomy professor from the Carl Sagan Center for the Study of Life in the Universe, at San Francisco State.

LEARN MORE PAY LESS

Classes are available in-person, online and by recording to view at your leisure. Purchase multiple classes at the same time for the same person and save 25% off the total.

For more information or to register, go to oakmontll.org, leave a check in the OLL folder in the OVA office or pay at the door.

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Ladies' Bunco Night -

■Barbara Wooley

DON'T THINK TWICE, JUST ROLL THE DICE!

Are you looking for a fun, low stress activity for the spring? Come on over and try Bunco - the fun, easy, no skill required dice game.

Janet Jackson, a regular at Ladies Bunco Night, returned to Bunco after being away for over a decade. When asked what drew her to Oakmont's Ladies Bunco Night, Janet responded, "I love having the opportunity to play a fun and easy game while enjoying companionship, connection, and many, many laughs with a wonderful and varied group of women. The fact



Janet Jackson. (Photo by Barbara Wooley)

varied group of women. The fact that there are cash prizes is just icing on the cake."

She is not alone. According to Play.co, Bunco is 6th on the list of the 12 most popular dice games. Can you guess #1? See bottom of the article for the answer.

New to Bunco? No worries; beginners are always welcome. Within a few rolls of the dice, you will be an expert player. Come on over and give it a shot. Bring a friend!

Usual nights are the second and fourth Monday of each month. However, there are exceptions, so always



This week's winners: Linda Suttich, Dee Lombardi, Andee Parker, Donna Winter, Joan Bergman, Sheri Woogen and Jill Butler. (Photo by Barbara Wooley)

check your OVA calendar.

Please arrive by 6:45 p.m. for check-in. Games run from 7–9 p.m.

WHERE: Card Room, Central Activity Center WHEN: 2nd and 4th Monday of each month. March dates—Mar. 11 and 25

TIME: 6:45 p.m. (play is about 1-1/2 to 2 hrs.) FEE: A \$5 fee/night is required for each participant CONTACT: Jill Butler, (760) 468-1743. Email: jillivannili@sbcglobal.net

#1 Dice Game—Yahtzee.

Let's Dance—Together!

■Terry Whitten, Insructor

NIGHTCLUB 2-STEP CLASSES IN APRIL

WHAT: Beginning Nightclub 2-Step partner dance classes

WHEN: Wednesdays, April 3, 10, 17 and 24 from 4–5:15 p.m. WHERE: Lower West Rec.

COST: \$10 pp for single class. \$8 pp for 2 or more classes purchased at the same time

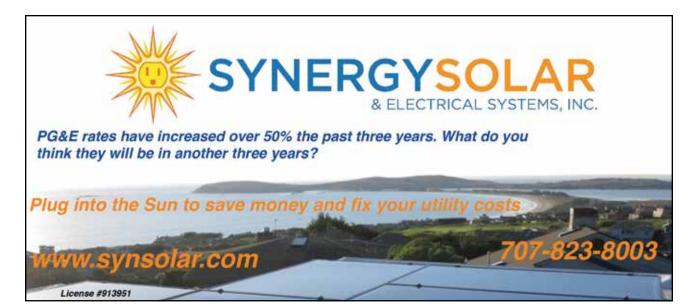
Nightclub 2-Step (NC2S) is one of the most popular partner

dances in Sonoma County and is danced to a large variety of slower ballad type music. Examples of songs that NC2S can be danced to are: "I Will Always Love You" by Whitney Houston, "Because You Loved Me" by Celine Dion, "All of Me" by John Legend, and "Let It Be" by The Beatles. Add in songs by Taylor Swift, Adele, Lady Gaga, Michael Bublé and even the Rolling Stones, and there seems to be an endless number of songs that NC2S can be danced to.

Over the four classes, we will build on the material taught each week so it is always best to start with the first class of the month. No partners or experience are required. Rotation of partners will be optional. Also, any ladies that want to lead and any men that want to follow are very welcome.

Join us for a fun way to get exercise and meet great people. The basic steps of a different partner dance will be taught each month. A number of studies also indicate that partner dancing may actually increase mental acuity and reduce the possibility of cognitive decline. Some even say that dancing makes you smarter! It is definitely good for our muscles, balance, brains and spirit!

To register or for any questions, please contact me at twhitten@pacbell.net or call (415) 265-7590. At this time, full Covid vaccination plus at least one booster are required. Please bring your vaccination card or photo of it to the first class.



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■Greg Fauss

THE COMING WEEKS WILL BE BUSY!

Thursdays from 6:30–7:30 p.m. everyone is invited to watch *The Chosen*" movie series with us at the Oakmont Gardens. This historical drama follows the life of Jesus as seen through the eyes of those he encountered and has received rave revues.



Saint Patrick will receive some attention at our Sunday service on March 17.

Palm-Sunday, March 24, will feature a presentation on Refugees in Europe during our potluck following our service. All are welcome and you don't need to bring food to participate.

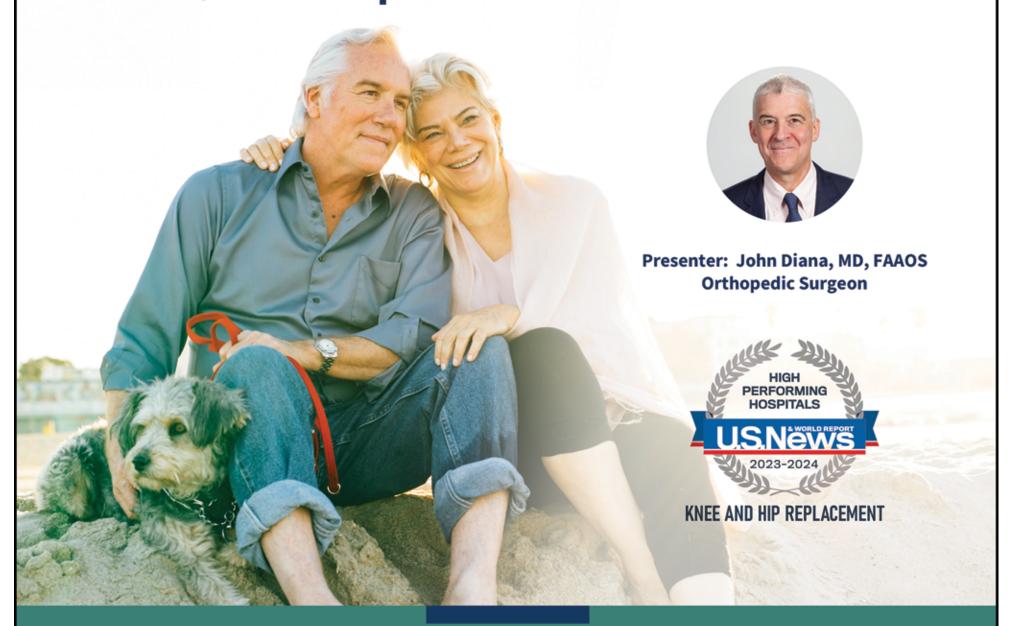
Easter Sunday, March 31, will round out a busy month!

All of our Sunday Services are at 10:30 a.m. in the East Rec. Center at 7902 Oakmont Dr.

Our Bible Study is looking into the "End Times." We meet in the OVA outer office, Suite B at 10:30 a.m. on Wednesdays.

For more information about us, our Saturday Morning Prayer meeting, and special events please visit our website at www.occsantarosa.org, write us at occsantarosa@gmail.com or call at (707) 595-0166.

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■Marlena Tremont



MUSIC, MUSIC, MUSIC! CAMPBELL'S JAZZ SOUP

WHEN: Sunday, Mar. 17, 7 p.m. **WHERE:** Berger Center **TICKETS:** \$25, theater seating

They're back! A fun blend of 1920s, 30s, 40s, and 50s jazz and swing. Tap along to vibrant instrumentation and vocals ranging from "As Time Goes By" to "Mack The Knife," and "On The Sunny Side Of The Street." A bay area favorite for feel good music set to crazy good rhythm. Music lovers will enjoy both mellow background jazz that swoons listeners with soft tunes, and upbeat swing numbers that make it hard to keep your feet still.

Men's Bible Study

■Lou Lacson

STAYING STILL AND LISTENING

On the stage of life there are lots of voices to listen to—some critical, others with lots of opinions and expectations. Sometimes our own voice can be harsh. Do not just listen to the loudest voice.

Come to the Men's Bible Study and listen to the truest voice every Thursday, 10:30 a.m. at the East Rec. Center.



FREE CONCERT: MARIA CARRILLO HIGH SCHOOL JAZZ BAND

WHEN: Friday, Mar. 29, 7 p.m. WHERE: Berger Center ADMISSION: Free, donations accepted, theater seating

Witness youth at their finest as local high school musicians share a deep passion for swing, jazz, and contemporary tunes from the 20s, 30s, and 40s. Enjoy timeless classics in the hands of new masters led by Matt Bringedahl, Director of the Instrumental Music Program at Maria Carrillo High School. \$25 donation suggested.

MAY MADNESS! SANTA ROSA ADVANCE MARIMBA HONOR BAND

WHEN: Friday, May 3, 4:30 p.m. WHERE: Berger Center ADMISSION: Free, \$25 donation suggested, theater seating

MORE JOY — WE ARE ONE

WHEN: Friday, May 17, 7 p.m. **WHERE:** Berger Center **TICKETS:** \$25, theater seating

For more information or to register, go to oakmontll. org, leave a check in the OLL folder in the OVA office or pay at the door.

Dancing Is 4 Everyone

■Mariellen Munson

BERGER EVENING LINE DANCE CLASS

Oakmont has been in a semi "power-off" mode for the last several years, gradually getting back into the swing of things. Now, let's really "power up" and dance. The joy of dance may be experience by you, without a partner. We are inviting you to join with our Beginning Line Dance Class. Let's continue to move!

Remember, dance is exercise for your brain as much as for your body. While dancing your brain is constantly making new neural connections. Studies show that this is very beneficial for both strong mental and bodily health.

Our instructor, Steve Luther, has a unique style of teaching that makes it easier to learn the steps to a variety of dances and the music he selects is upbeat and lively. It is the "only way" to exercise in the minds of our many line dancers.

Join with the Beginning Line Dance Class starting April 8, Monday nights from 7:15–8:15 p.m. at the Berger Center. The class will continue weekly throughout the year. This is the only time that you can join with the beginning class this year. A four-week monthly session is only \$32 (or \$8 a class). Individual classes are \$10. This first series will be \$32, as there are four classes on Mondays in April.

Fun times are ahead. You will feel the joy and laughter in the room from the start. There are no reservations so come early to allow time to sign up. If you have concerns about your balance, this is probably not the class for you. Questions or concerns, please feel free to contact me at (707) 538-4142. And remember, it's fragrance free!



■George McKinney

ELECTRIC VEHICLES, HYBRIDS, PLUG-IN HYBRIDS—WHAT'S RIGHT FOR YOU?

The Oakmont Futures Club's next meeting is March 13 at 4 p.m. in East and on Zoom. The Zoom parameters are given below.

It's time to look at the impact of electric vehicles again. We'll be looking at the cost of EV's, hybrids, and plug-in hybrids; what the tax credits and other incentives are; and what is the environmental impact.

The answer depends to some extent on your driving pattern. How much driving do you do each day? How often do you take long trips?

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Zoom Meeting ID: 860 6299 0770 Passcode: 809582





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■Valerie Hulsey

Mornings are getting a bit warmer and the pool is usually toasty warm for our terrific Water Aerobics class. Mary teaches Monday through Thursday at 9:30 a.m. There is laughter and fun in the pool and sometimes in the Hot Tub not to mention this is great way to exercise with no strain on your body.

Santa Rosa Junior College (SRJC) is NOT sponsoring these classes so there is an \$8 drop-in fee for all classes. Hope to see you there.

Strength and Balance Class

■Valerie Hulsey

MARY'S FITNESS CLASS

Mary teaches the Strength and Balance class every Friday at 9:30 a.m. at the East Rec Center. The classes are not sponsored by the Santa Rosa Jr. College (SRJC) so there is a \$5 drop-in fee for each class.

Classes are limited to 72 people so come early to ensure you get a chair. Bring your Theraband for strengthening, if you do not have one you can purchase one for \$5 when you arrive.

Bring water and come and have some fun and improve your balance at the same time.



■Delora Hurst

COME DANCE THE EVENING AWAY WITH THIS EXTRAORDINARY BAND



Larry Vukovich.

Jazz pianist Larry Vukovich is one of the best-known jazz pianists anywhere today! Larry played internationally for several years before moving to the US and settling in the San Francisco area. He was the only student of the famous Vince Guaraldi

("Cast Your Fate to the Wind" composer). Larry is a dictionary of musical facts and has accompanied most of the famous vocalists of today.

Playing with Larry is one of the most famous drummers ever. Mr. Harold Jones played with the famous Count Basie Band for 10 years, then accompanied and traveled with Tony Bennett for five years. He has also recorded and performed with Frank Sinatra, Sarah Vaughan, Duke Ellington, Oscar Peterson, and many, many other famous musicians.

On vocals is Charity Goodin-Sanen. She has been the most requested for a return engagement of all the musicians that we have had on the Oakmont stage. Her voice is exceedingly beautiful, and she is capable of signing in a total of five languages.

We also have the very talented Steve Heckman on Saxophone, and the bass player is the much-requested Mr. Doug Miller.

WHEN: April 6 at 7 p.m. WHERE: Berger Center TICKETS: \$35. Cabaret seating. Drinks and snacks permitted.

For information call (707) 537-7720.

JOIN THE JAZZ CLUB'S MONTHLY MEETING

Join us for the Jazz Club's free and fun meetings on the first Wednesday of every month at the East Recreation Center from 2–4 p.m. Talented Bay Area musicians provide entertainment for the first hour. Learn to play and read music during the second hour. Contact: Michael James, mjamesblue71147@gmail.com.



■Charlene Bunas

HEALTHY LIFESTYLE, PART I

First, the bad news: overall, 77.5% of men and 75.4% of women ages 60 to 79 have some form of cardiovascular disease. Among those 80 and older, 90% have it (American Heart Association); 42% of Americans are obese (body mass index above 30), and another 30% are overweight (National Institutes of Health); 50% of heart attacks happen to people who haven't had warning signs.

Next, good news: "When it comes to your personal risk, the key to prevention is in your hands," per Michelle McMacken, M.D. (NYC Health + Hospitals / Bellevue, Manhattan). "Even among those with a high genetic risk, a healthy lifestyle can actually reduce the risk of developing heart disease by half."

Finally, best news: The best news comes in the form of an annual report from OHI Board member, Kathy Sowers. She reports on the impact Oakmont Health Initiative has on encouraging a healthy lifestyle: "In 2023, OHI recorded 6,422 participant hours!" Kathy's report proves these thousands of hours support mental and physical fitness, socialization and new habits. Oakmonters value OHI.

Healthy lifestyle to be continued in Part 2.

Ted Talks: "There's never a bad time to start a good habit." In other words, a healthier life is a happier life.

Classes are conducted by two instructors through the YMCA: JoRene Woodworth and Nicole Martinovich on most Mondays, Wednesdays and Fridays, 9–10 a.m., at the Berger/Zoom.

Meeting ID: 832 5893 6515. Passcode: 053432.

Photos by Charlene Bunas.



Meditation

■Joanne Davey

MEDITATING TOGETHER

"It is indeed a radical act of love to sit down and be quiet for a time by yourself."—Jon Kabat-Zinn

We invite you to join one or both of our weekly drop-in meditation sessions which have been taking place for many years. Beginning and experienced meditators are welcome. We approach meditation as a non-denominational practice.

Saturdays: 10:30 a.m. in the CAC Building, Room B. This is a 35-min. meditation. This session frequently begins with a short 15-20-minute talk about various aspects of meditation.

Tuesdays: 4 p.m. in the CAC Building, Art Room. A 30-min. meditation.

If you have questions, please contact Trisha Mitchell, (650) 255-4026, or Liz Buckley, (707) 538-3235.

Just For Fun Games Club

■Phillip Herzog

ABOUT THE JUST FOR FUN GAMES CLUB

The Just for Fun Games Club is a great place to make friends and play all sorts of old and new games including board games, card games, tile games and dice games! We meet every Saturday at 1 p.m. in the Card and Game Room at the CAC. There are multiple games being played at the same time, so you will always be able to choose what game you want to play.

It's never too serious, because we play games Just for Fun! Sometimes we play online. To do so, we use Zoom for communication and the website Board Game Arena for the games. We send out a weekly email notice, so if we will be on zoom, we'll let you know.

The club has a large collection of games on hand and players often bring new and different games as well. We like to teach how to play the games too. Everyone is welcome to come and have a good time at the Just for Fun Games Club. For more information contact us at Just4FunGamesClub@earthlink.net or call me at (707) 843-3053.

HAND AND FOOT

We play Hand and Foot in person each week. Please come and join us. The more players, the better the experience! If you would like to learn to play Hand and Foot, send us an email so we can schedule lessons: Just4FunGamesClub@earthlink.net.

BOARD AND CARD GAMES

As stated above, we play lots of other games too, including board games, card games and tile games. What would you like to play? Learn how to play new games, or teach us how to play your game!

Some of our favorite games are: Wingspan, Catan, Ticket to Ride, Splendor, Cubirds, Rummykub, Saint Petersburg and Carcassonne. There are so many games out there.

Genealogy Club 📼

■Melinda Price

Dad Crandad Nana Grandpa Mom Crandma

5 THINGS TO REMEMBER WHEN STARTING YOUR GENEALOGY

The next Genealogy Club meeting will be on Monday, March 25 at 1 p.m. in the East Rec. The meeting will be in person and also by Zoom. Watch for emails giving directions on joining by Zoom.

George McKinney is going to have a program for beginners called "5 Things to Remember When Starting Your Genealogy." Those 5 things being:

- 1) Remember that you are researching real people. Try to understand as much as possible about their life and times.
- 2) Talk to other family members, particularly from earlier generations. When they pass, their stories will disappear with them.
- 3) Don't forget what George calls "the FAN club" (Friends, Associates, Neighbors). Research them too.
- 4) Name spellings aren't always what you expect. Be flexible when it comes to finding names in old records.
- 5) Location, Location, Location. Learn where your ancestors lived. That's where the records are found.

The Oakmont Genealogy Club meets from 1–3 p.m. on the fourth Monday of each month (except July and December), both via Zoom and live in the East Rec. There are no club dues, and anyone who is interested in their family history can join. For information about genealogy research or club activities, please visit our website at: www.oakmontgenclub.org. Past programs are posted there as well as tips and internet links.

Email us at: oakmontancestry@gmail.com if you have research questions or would like to receive our e-newsletter.

Hikers



■Scott Finn

We welcome you to join us on a hike whether you are a member yet or not and the annual membership is only \$15. Go to our website at www. oakmonthikingclub.org to join the club, get more hike details, club information, photos and more.

For a complete description of each hike and to register, please keep checking our website for updates.

INTERMEDIATE HIKE: MARCH 21 SUGARLOAF STATE PARK INTERMEDIATE PLUS HIKE

We will take the Meadow Trail to Brushy Peaks to the Gray Pine Trail loop. Stop for lunch at the top and enjoy the views. 6.3 miles, 1,154 ft. elevation.

Meet at the Berger at 9 a.m., bring water, lunch and poles if you want. Hike leader is Leslie Gossage, (707) 321-7841.

LONG HIKE: MARCH 21 PALOMARIN TO ALAMERE FALLS VIA WILDCAT CAMP

Anyone who has done this magnificent hike will tell you it's one of their favorites. Due to its length and

distance from Oakmont, we will depart the Berger at 8 a.m.

We will begin at the Palomarin trailhead and take the Coastal Trail to Wildcat Camp. From there, we'll walk on the beach for about a mile with a constant view of the falls before us. Once at the falls, we will scramble up the cliff through a narrow notch and cross the stream to access the



Alamere Falls approach from the beach.

shortcut back to the Coastal Trail. Be prepared for wet feet!

Note that the cliff's notch is very short and very steep, and the National Park Service recommends that it be avoided. However, like most hikers on this trail, those of us that climbed it last year had no problem. The entire hike will be roughly 11 miles out and back with 1,470 feet of elevation.

Please watch the video at youtu.be/5i5uuUTeFUQ about the trail to the beach. Low tide (-0.07') will occur at 3 p.m. so we should have plenty of space on the beach to enjoy the falls.

Make sure the treads on your shoes are in good shape and wear long pants to avoid poison oak that is on the shortcut back to the Coastal Trail.

Hike leader is Jeff Zalles, (415) 999-5333, jeffzalles@gmail.com.

LONG HIKE: MARCH 28 FULL MOON AT SUGARLOAF RIDGE STATE PARK

Join us as we wind our way through the interior trails up to the summit of Bald Mountain. At the top we'll watch the Sun set and the Full Worm Moon wriggle its way into the night sky. Total distance is 7 miles with an elevation gain of 1,650 ft.

Bring snacks, drinks, layers and a headlamp/flashlight. NOTE: We will depart



Full Moon Hike from Bald Mountain.

the Berger lot at 5 p.m. Hike leader is Dave Chalk, (707) 972-8988.

Current Events Discussion Group



■Tina Lewis

Every Friday from 1–2:30 p.m. Current Events meets at the East Rec. Zoom is available for those who can't attend in person.

There's a lot to talk about, from Oakmont to Santa Rosa to California to national to international. A social gathering (Happy Hour) following the meeting has become very popular. Recently, OAK right here in Oakmont has been a favorite destination.

If you are not on the Zoom mailing list and wish to be, or if you have questions, email tinalewis31@ comcast.net or call (707) 758-9739.

Lawn Bowling



■Mary Blake

CURIOUS ABOUT LAWN BOWLING?

If you're interested in learning to bowl, email us at oakmontlawnbowling@gmail.com. Lessons are free to Oakmont residents.

COMING EVENTS

Green Book is now available in the Bowls Room. Monday, April 1: April Fool's Day

Daily Draw is Monday through Saturday, 12:15 p.m.

Sonoma Wine Country Games: May 31 and June 1. Contact Steve or Pam if you'd like to participate.



Steve explaining the rules for the 2023 Presidents' Day Tournament.

HISTORY OF OLBC

The good news is that we're unlikely to have a drought this summer. But our first tournament was rained out. With no tournament to report on, here's a brief history of our club from the "History of the Lawn bowling Club" by Evelyn Baker.

The Green was constructed in 1964 at the same time construction of homes began and it opened in 1965 with 7 charter members. When Evelyn wrote, we were the only bowling green between San Francisco and Portland, Oregon, and I believe that's still true.

The club has produced many outstanding bowlers who've been active both here in Oakmont and with PIMD (the Pacific Intermountain Division). In 1989, our very own Vanitta Olinger was also vice president of the American Women's Lawn Bowling Association and then president. Her husband Vane was VP of PIMD and of the American Lawn Bowling Association.

Age and weather didn't stop our bowlers. George Rowse won tournaments in his 90's. Dorr Mott still bowled at 100 years of age. Evelyn includes a photo of bowlers on a snow-covered Green.

Evelyn concluded: "In June 1991, a group of bowlers from Brisbane, Australia, visited the club. In Australia there is usually a keg of beer by the Bowling Green, so a keg of beer was provided. The visitors were pleased but said they usually had their beer after bowling".

Website: www.oakmontlawnbowling.com.

– OakMUG 🗘🍱 —

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Oakmont Macintosh Users Group

■Peggy Clark

MARCH 16: iCLOUD, EVERYTHING YOU NEED TO KNOW

Join us for a quick overview of what cloud computing is, and then do a deep dive into Apple's offerings, iCloud, and iCloud+. We will discover the benefits of iCloud, above and beyond keeping your calendars and contacts in sync. Learn about the storage capabilities of iCloud along with the functions that can make your life easier.

John Wentworth, a member of Ronnie Roche's team, will be presenting at our next meeting on Saturday, March 16 at 2 p.m. at the East Rec. Please arrive prior to 2 p.m. to check in so that our speaker can get started on time.

If you have not renewed your 2024 dues you may do so at the door. The dues are \$10 per year per person. You may also drop off a check at the OVA office in our OakMUG file folder. If you are writing a check, be sure to make it payable to Oakmont Macintosh Users Group.

Hope to see you at our next meeting.

Tennis Club



■Jack Breibart

BE TOURNAMENT-READY

Get ready for March Madness, tennis and basketball. You have plenty of time before taking to the tennis courts and also to fill out your bracket for the NCAA basketball courts' March Madness.

The Tennis Club's March Madness Mixed Doubles Tournament is scheduled for Saturday, March 23, at the West Courts. The brackets for the basketball tournament will be drawn on March 17. Hopefully, you've signed up for it by now, since entries were due on Friday, March 8. A total of 16 teams can participate, eight teams in each of two flights.

The first flight starts at 8:30 a.m. and the second around 10:30. For more details about the rules, be sure to look for the information in Rex's email.

Going all out, the OTC will provide sandwiches and chips. Players bring their own beverages. The MMMD event should wipe out all the disappointment caused by the wipe-out of the February Sweetheart Tournament because of rain. The baubbles, bangles and beads (with apologies to Kismet) were all set for that tournament when the water came down.

Finally, the West Courts now also have a Tennis Club Banner, put into place by the same team which attached the banner to the East Courts, Maureen Pennal, Lou Lacson and Frank Zuniga.

A reminder: If you want to join the fabulous Tennis Club, go to the Oakmont Village administrative office, ask for the tennis folder, fill out a form in 10 or 20 seconds and deposit \$20 in cash or check.



The Tennis Club group which was playing late on a Sunday afternoon under the new banner. Front to back: Jack H., Cindy, Ron, Lou, Frank Z., Vi, Maureen and George T.

Valley of the Moon **Rotary Club**



■Star Power

SWEET SMELL OF SUCCESS (AND CRAB)!

Woo Hoo! Valley of the Moon Rotary did it again! Another great Crab Feed Fundraiser. On February 24, 200 folks came to Berger Center to partake of yummy sweet crab and lots of hoopla! With the exception of a bit of a glitch with the WiFi at Berger, which held up the thirsty folks waiting to buy tickets for a cocktail or raffle, all went swimmingly. Once back online, all was forgiven and camaraderie continued.

All hands were on deck early that sunny morning to set up Berger. Not only members, but their mates and friends showed up to put it all together for the evening of food, fun and friendship. The tables looked lovely and were enhanced with Seafood Sets donated by Oakmont Gardens to help crack and dig out the tasty crab meat. Oakmont Village Market supplied 2 pasta dishes, green salad and garlic French bread. Members of VOM Rotary brought dozens and dozens of cookies for dessert.

Not only all that food, but there were great prizes in the Raffle, a fast and furious live auction called by veteran auctioneer Sam Dolcini, and a silent auction conducted online. Really beautiful, professional programs were printed by Sprint Copy Center in Sebastopol.

Our goals were met for the upcoming Rotary year, so we can continue to support our many local and world projects. Thanks to all you wonderful folks who contributed to and enjoyed our fundraiser.

VOM Rotary meets on Thursday mornings at the East Rec. Center. Our meetings start at 8 a.m., but we encourage folks to come earlier for some coffee, donuts and chit chat. Check us out and perhaps join Rotary's efforts to make the world a better place.

Pickleball Corner 🦃



■Larry Burns

APRIL 27: WANNA GET PICKLED?

The Oakmont Pickleball Club is hosting its Spring 2024, Active 55+ Doubles Tournament on April 27. Whether you are a paddle worrier, a daily dinker, or a fan of the whiffle ball, the event is a great way to spend a Saturday in the Valley of the Moon with the sun shining.

To participate in the event, residents can become a member of the Oakmont Pickleball Club. Once a member, you can register yourself and one guest to play in the event. Annual memberships are \$25, member registration is free, and guests are \$10. It's the deal of the century! Please visit: OakmontPickleballClub. com for more information.

The Advanced Winning Doubles Team will play an exhibition game with professional players, Adam and Will MacKinnon. Adam is Oakmont Pickleball Club's pro instructor. In addition, he is a three-time National Champion and a referee.



Cartoon by Peter Copen.

The tournament will include Intermediate and Advanced levels of challenge. Each doubles team will play five 15-minute matches leading to a semi-final and final game for the team with the highest score total.

The event starts at 8 a.m. and ends at 2 p.m. A food truck will serve lunch. Morning and afternoon refreshments will be served by the Oakmont Pickleball Club. BYOB adult beverages.

Come join the fun. Participate in or observe the fastest growing sport in America.

New Player Orientation: 9 a.m. on Tuesday mornings. Arrangements can be made by contacting Victoria Dettman at (707) 230-2958. Call Jim Howard at (209) 761-8517 for demo loaner.

Oakmont Craft Guild

■Carolita Carr

SPRING/SUMMER ARTS AND CRAFTS FAIRE **CALLING ALL ARTISTS** AND CRAFTSPEOPLE

Registration is now open for the Spring/Summer Oakmont Arts and Crafts Faire which will be held on May 18. Paper applications are available in the Craft Guild file in the OVA office, or you can request one via email.

We will be under the solar panels in the Central Activities Center parking lot from 10 a.m. to 3 p.m. If you are an artist or a craftsperson, we want to see your work. Plan now to participate.

If you have questions regarding this show, or want an application, please contact me at jbcarr35@gmail.com.

Oakmont Singles Social Club



■Bailey Penzotti



At the end of our Chinese NY Show, Singles were treated to an introductory lesson on Tai Chi. Gung Hei Fat Choy. (Photo by Bailey Penzotti)

MARCH CLUB MIXER—ELECTIONS AND SOME LUCK OF THE IRISH!

WHEN: Friday, March 15, 6 p.m. WHERE: East Rec. Center

With a few open positions on the board, please consider throwing your hat in the ring. There will be ballots and a ballot box in the OVA office through March 11, or you may vote at the Mixer. Thereafter, we will enjoy a St. Patrick's Day board game.

If inclined, bring an Irish themed appetizer or dessert to share, and your beverage of choice. RSVP to proslyn49@aol.com by March 11. With lilt in your laughter, and your eyes twinkling bright as can be, come join us for merriment!

APRIL BON APPETIT (SINGLES ONLY)

DATE: Thursday, April 4 at 5:30 p.m., meet at the Berger Center to carpool

RESTAURANT: Franchettis' Gausthaus, 1229 N. Dutton Ave., Santa Rosa

WHAT: Casual dining of Neapolitan Pizza + Strudel and Schnitzel with Noodles and other delicious offerings of German cuisine. German beer and wine

Reservation is for 20 but restaurant may accommodate a few more with notice. The restaurant agreed to separate checks!

Reservation cutoff is April 1 (no fooling!). RSVP to Simone Smith, ssmith8151@aol.com or (650) 966-1997.

SAVE THE DATE: 50TH ANNUAL **BODEGA BAY FISHERMAN'S FESTIVAL** SATURDAY, MAY 4, 10 AM-5 PM

Many activities to enjoy as seen on their website bbfishfest.org! Advance tickets a must and purchased online. Please RSVP to Barb Powell at cpnpmom@ gmail.com. This event may require lots of walking on uneven ground.

For Oakmont Singles Social Club membership information, contact joanberg300@gmail.com.

Wii Bowling Oakmont Lanes



■Terry Leuthner

Oakmont Lanes Bowling Club is a Bowling League consisting of four-person teams that utilize Nintendo Wii to simulate the experience of bowling without the weight of a bowling ball. Any resident who has the ability of holding a small remote control in their hand while swinging their arm as if they were rolling a bowling ball will be able to join.

Anyone interested in joining our club, either as a team bowler or substitute, please call me at (707) 291-3023 or stop by the East Recreation Center on Tuesdays from 2–3:30 p.m. (no bowling fourth Tuesdays) to see us in action. We charge \$25 for a 10-week Tournament that includes the play-offs. 2 p.m. League: 10 teams, 4 bowlers per team. Each bowler bowls 3 games and has his/her own handicap (80%) and average. Bowler and team results are recorded each week.

See www.oakmontlanes.com for club information, bowling dates, week results and team schedules to bring cookies and help set up at 1:45 p.m. and tear down equipment at 3:30 p.m.

Bowling dates for March: Mar. 12 (week #7, St. Patrick's Day Challenge) and 19 (week #8). No bowling Mar 26 (fourth Tuesday).

RESULTS AS OF FEB. 20 (WEEK #6 WINTER LEAGUE)

2 p.m. League: first place, Phantom Strikers; second place tie, Wii Four and Strikers; fourth place tie, High Rollers, Strike Outs and Pocket Hits; seventh place, Pin Pushers; eight place tie, Alley Oops and 4 Tops; 10th place, King Pins.

Men's High Games: Don Shelhart, 296; Scott Harris, 233; Gordon Freedman, 227; Glenn Hewitt, 223; Charlie Ensley, 222; Mike Apicella, 215; Terry Leuthner, 209; Richard Adamczyk, 201.

Women's High Games: Joanne Abrams, 300; Vickie Jackanich, 259; Karen Palmiotti, 244; Felicia Laden, 231; Robin Schudel, 224; Valerie Hulsey, 223; Beverly Shelhart, 215; Shirley Jamison, 210; Rhonda D'Agostini, 209; Nicole Reed, 201.

NEED A RIDE? GIVE A RIDE! OAKMONT VOLUNTEER HELPERS

COORDINATOR Rides to Medical Appointments

March 1-15: Bev Leve 707-539-2802 March 16-31: Jen Rabalais 808-938-4479

We provide the following services to Oakmont Residents: ■ Transportation to medical/dental appointments, including pet

- appointments in Santa Rosa only ■ Rides to events and activities within Oakmont
- Meals on Wheels 707-525-0383

If you would like to be a volunteer, please call 539-8996. Donations to Oakmont Volunteer Helpers are appreciated and tax deductible. Mail your check payable to Oakmont Volunteer Helpers, 6637 Oakmont Dr., Ste. A, Santa Rosa, CA 95409. Thank you. Mon.—Fri. medical rides before 9 AM or after 4 PM are subject to limited volunteer driver availability. No service on weekends or holidays.

Please call at least three full working days prior to appointment. We regret that we are unable to provide either wheelchair or emergency service.

HOW TO CONTACT LOCAL OFFICIALS

County Supervisor Susan Gorin, District 1

Phone (707) 565-2241

Email: Susan.Gorin@sonoma-county,org Address: 575 Administration Drive, Rm. 100A, Santa Rosa 95403

City Councilwoman Dianna MacDonald, District 3

Email: dmacdonald@srcitv.org Address: City Hall, 100 Santa Rosa Ave., Rm.10, Santa Rosa 95404

- Performing Arts Workshop



■Sherri Hoefling

NEXT OPEN MIC APRIL 3, 6 PM, EAST REC.

Please join us for this great event. It's our own version of "Oakmont Has Talent." The last Open Mic was on a dark and stormy night, but still 57 people came out and 10 acts performed.

Please join us at 6 p.m. each first Wednesday in upper East Rec. All residents are encouraged to come "show your stuff." There will probably be a lot of musicians but we hope the many talents of Oakmont will shine. Comedians, poets, storytellers, jugglers?

Sign up at the door starting at 5:45 p.m., first

performer at about 6:15. Slots will be 2 songs or 6 minutes. Sound system will be provided but if you need guitar amps, music stands, special stool, chair without arms, etc. please bring it.

Remember, you do not need to perform to attend. Every performance needs an audience!

WHO: You and your friends

WHAT: First Wednesday Open Mic

WHERE: Upper East Rec.

WHEN: First Wednesday of the month, 6 p.m., this

month is April 3

MORE INFO: Sherri Hoefling, (707) 236-5500 or Jim Munger, (707) 775-8943

InvestOAK

■Joe Pundyk

INVESTING MAY PRODUCE MAJOR TAX ISSUES

The InvestOAK Club will discuss new tax issues led by Gary Bunas, who has helped many Oakmonters file their taxes. There are important deductible expenses, such as charitable contributions to 501(c) organizations, that can be made from IRAs using your RMD. Additionally, there are some tax credits available for making profitable investments in improving the efficiency of one's home.

Please join us on Friday, March 15 at 10 a.m. in Room B of the CRC for fun and intelligent discussions on how to save money when paying your taxes.

CLASSIFIEDS

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A personal transportation service for airports, cruises and vacations, doctor visits, shopping and so much more. Flat fee per trip. Larger vehicles on request. All drivers Covid vaccinated. Commercially licensed and insured. TCP #40474. Call Babe's for reservations at (707) 545-2850.

OAKMONT COMPUTERS

PC and Apple repair in Oakmont Village. Technical services and onsite repair. Media transfers. 6536 Oakmont Dr., (707) 282-9046.

DUMP RUNS

Yard waste, construction debris, junk garbage. Reasonable rates, free estimates. Call Erick, (707) 537-5459.

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SONOMA VALLEY LEGAL SERVICES

Providing legal services for Estate Planning, including preparation or amendment of wills, trust, healthcare directives and powers of attorney, Family Law Mediation and other non-litigation family law services. Call for a free 30-minute consultation. Attorney Bailey Penzotti, (707) 615-3220.

HANDYMAN SERVICES

Carpentry, drywall, electrical, plumbing, installation and assembly. Other imaginative jobs welcome! Fair hourly rate. www.thehandylance.com. (707) 881-7292.

FOR ALL YOUR PAINTING NEEDS

Quality affordable work at reasonable rates. Interior painting including rooms, cabinets, railings, decks, fencing. Pressure washing and more. Call Michelle, (707) 378-3600.

GARAGE DOOR SERVICES

Locally owned and operated Dependable Doors offers full servicing, repair, and replacement of garage doors and motors. Call Casey at (707) 775-8009 for all of your garage door needs. Lic. #1016951.

REPAIRS PILING UP? CALL RAY

No job too big or too small. Heating, water heaters, plumbing, electrical, drywall, patching, painting, appliance repairs, honey do's, etc. Quality and affordable. Ray, (707) 280-2699.

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Home, office, move-outs. Window, bed linens and much more. 19+ years of experience. References upon request. 548-9482 or marthal 1041@att.net.

CARPET, UPHOLSTERY AND TILE CLEANING

Gavin Anderson, local Sonoma resident. 20+ years experience. Senior pricing. Free estimates. Call 935-6334.

HANDYMAN RESIDENT

Ask for Ricky, a personable "Jack of all Trades" with great attention to detail. I meet your quality goals and prioritize Oakmont residents. Let's discuss the work and its cost. (408) 838-5618.

COMPUTER OOPS?

Oakmont Onsite Personal Computer Services. 11+ years helping Oakmonters. Call Chuck for all things computer and Tutoring. References available. Over 350 satisfied Oakmont customers. \$50/hr., one hour minimum. (707) 293-8011.

CUSTOM WORKS CONTRACTING

Licensed, Bonded, Insured Contractor, Lic. #833926 (check lic. # on CLSB website). USMC Veteran-operated and owned. Here to help out the Oakmont community in all trades for repairs and maintenance, door/windows replacements, kitchen and bathroom remodels, decks, fences, and much more. Please call Jamie Flatt for free estimates on projects. (707) 721-4002.

YOUR PERSONAL CAREGIVER AND ADVOCATE

Qualified to care for all your needs. Available 24/7 or hourly. 20+ yrs. experience providing honest, reliable, dedicated, competent, compassionate care, with a sense of humor. Native CA, clear background check with fingerprinting. Specialize in Dementia. Starla, (925) 698-6312. Many references and website available. Not an agency.

VALLEY OF THE MOON PLUMBING

We are a local plumbing company that can take care of all your plumbing needs from service and repair, to remodels and additions. Call today to schedule a free estimate. (707) 800-2043.

HAVING TROUBLE GETTING YOUR GARBAGE TO THE CURB FOR PICK-UP?

I can come to your home to put your trash receptacle to the curb Wednesday afternoon, and bring it back on Thursday afternoon. Call Dan Lennox, (707) 889-0205.

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PROFESSIONAL WOMAN NEEDS ROOM TO RENT BY AUGUST 2024

Therapist, responsible, non-smoker, prefers furnished or unfurnished, safe tranquil environment. If you have a room available or know someone who does, please get in touch by calling (831) 359-8856 or email sandi@ willowtreesantarosa.com.

GALUS PAINTING

Interior/exterior professional painting. Small jobs OK. Call Leo at (707) 579-2680.

SUPERIOR STRAIGHT LINE FENCING

Offering all fencing installed and repaired. Custom gates. Free estimates. Licensed, bonded and insured. CA lic. 1017531. Call (707) 843-0041.

PAINTER/HANDYMAN

Interior/Exterior. 30 yrs. experience. Single rooms or full interiors. Friendly and honest. Morse Painting, Lic. #656306. Call Dan, (707) 799-5823.

GUTTER GUARD INSTALLATION GUTTER CLEANING

Window cleaning, power washing and solar panel cleaning. Over 20 years in Oakmont. Call Alex, (707) 291-0429.

THE VINE LANDSCAPING

Professional fruit tree and rose pruning, ornamentals. All aspects of general landscaping. Monthly service. Older experienced gardener. Call (707) 252-3138 or (707) 338-1807.

HANDYMAN/CARPENTER

Easy to work with, reliable. Reasonable pricing. Oakmont/Sonoma references. 32 yrs. experience. Remodels, electrical, plumbing. Hardwood floors. Free estimate. Ernesto, (707) 974-0359.

DOORS AND WINDOWS

Consultive sales and installation. Local suppliers. Father and son team, 30 years of experience. Lic. #527924. www. doorbeautiful.com. Call (707) 539-3196.

MEN'S SHIRTS— OAKMONT HANDMADE

Zippers or easy buttons, 1/2 sleeves for comfort, sizes 38-46. Great designs. Go to www.DHallShirts.etsy.com.

TREE TRIMMING

Pruning, trimming, hedges, mowing. Fruit trees, stump grinding. Pressure washing. Over 20 yrs. of experience. Free estimates. Now accept credit cards. Visit website: ajyardservice.com. Call Alex, (707) 322-1646. Lic. #06530716.

TRAVIS MEYERS HANDYMAN SERVICES

I have 20 plus years of experience in all phases of the construction industry and worked for several people in the Oakmont community. I am here to advertise my skills with any jobs you may need done. Call Travis Meyers, owner and operator, (415) 261-1617.

DOG WALKER FOR HIRE

Loving, patient, experienced. \$20 per walk or call. Text Annette, (619) 993-6834. You and your dog will be very happy!

COMPANION AVAILABLE

Will provide transportation to and from medical appts/shopping. Friendly visitor and/or support. Please leave a message for Jan, (707) 538-8626.

YOUR FRAU FRIDAY

House cleaning, cooking, light yard work, errands. References, reasonable rates. Contact Erin, (707) 860-6376.

DOGGY WALKS BY JILLY

I would love to meet your fury friends. Call or text Jill, (707) 703-3703. \$25/30 min.

WANTED GOLF CART Must be street legal in Oa

Must be street legal in Oakmont. Call (707) 292-7607.

MARY KAY

Mary Kay® was voted the best skincare company in the world! Our products offer you so many ways to enhance your beauty and well-being. Innovative skin care, on-trend color, pampering bath and body products, and so much more! Let's find your favorites. Call Cheryl, (707) 596-2769.

JOSH BEGIN ELECTRICAL CONTRACTOR

For all your electrical needs, including rewiring, troubleshooting, generators, panel upgrade, lighting, EV chargers, security/landscape lighting. Available 24/7. Lic. #461220. Free estimates. Call (707) 690-2541. Visit www.begintobuild.com.

■Jean Nattkemper

LEASH-FREE

Happy Trails Dog Park offers dogs and their people socialization, exercise, and a chance to diffuse stress. But dog parks have a downside. Professionals point out that while actual aggression is rare, dogs can learn undesirable behavior or have it reinforced. It's important, then, that dogs be mannerly, not get overly excited, and can trust that their owners will keep them safe.

Before entering the park, allow others to exit first. Wait at the gate if dogs form a "mob." On entering, remove your dog's leash. Leashed dogs feel vulnerable, unable to defend themselves.

Your dog's body should be loose, mouth open, tail relaxed. A stressed dog has a stiff body and tense face.



Dogs hiding under chairs or pressing against owners are uncomfortable and not enjoying the park.

Notice that the grunts of play or a lip curl, growl, and inhibited bite are not signs of an aggressive dog but are a correction, or reprimand, directed at a dog making them uncomfortable.

Finally, do not bring food or treats into the park.

MEET, WALK, SOCIALIZE

Yappy Hour Dog Walks are self-paced walks of about 1 to 2 miles. Rain cancels all walks.

Linda's Yappy Hour Dog Walk: Monday, March 11, 10 a.m. Meet on Berger Lawn (by bulletin board).

PJ's Yappy Hour Dog Walk: Friday, March 29, 10 a.m. Meet at corner of Oak Leaf Dr. and Valley Oak Dr.

RESOURCES FOR YOU AND YOUR DOG

The club website (http://www.oakmontcanineclub.org/) lists upcoming events, resources such as pet sitters, dog walkers, etc., and upcoming dog walks and playdates.



EVENT OUTSIDE OF OAKMONT

Dogwood Animal Rescue Project's Spring Sale takes place at Pawsarotti's Pet Store, St. Francis Shopping Ctr. (106 Calistoga Rd.) on Sunday, March 24 from 10 a.m. to 1 p.m.



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Mentor-Mentee Club



■Neill Ray, Instructor

FREE DUPLICATE BRIDGE LESSONS

I will provide free duplicate bridge lessons for beginner to intermediate bridge players. We meet every Thursday at 9:30 a.m. No partner is needed. Students who RSVP to Neill.Ray@Bridge2Day.com

receive lesson handouts. Future topics include:

- March 14: Signaling
- March 21: Doubles
- March 28: Stayman





■D. Hall



Playreaders second presentation for February was a splendid performance of Love, Loss and What I Wore by Nora and Delia Ephron. A series of charming, often amusing reminiscences about pivotal moments in the lives of women built around the clothes they wore. Readers were: back row, Star Power, Sandy White, Kathy Johnson, and Yvonne Horn. Seated: Jackie Kokemor, Rebecca Kokemor and Linda Emblen. (Photo by John Dolan)

PLAYREADERS WOMEN HIT A HOME RUN

Women members of Oakmont Playreaders hit one way out of the ballpark with the February staging of Nora and Delia Ephron's Love, Loss, and What I Wore. The stage was set with vintage apparel as memories of life's past through clothing was articulated by Star Power (Producer,) Sandy White, Linda Emblen, Yvonne Horn, Kathy Johnson, and Jackie and Rebecca Kokemor.

March takes us from comedy to a more serious Zoo Story, by Edward Albee. Sandy White stages this portrayal of escalating confrontation between a homeless man and a middle-class businessman. Act 1 was March 4 and Act 2 will be on March 11. John Dolan and Steven Levin star. April brings us more comedies, including some gallows humor.

Join us the first two Mondays of every month at 2 p.m. in Room B of the CAC. Early birds get the seats; full houses have become typical.





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CalBRE #01169355



Gorgeous, turnkey home in Oakmont's newest neighborhood, The Meadows. Hardwood flooring and natural light greet you as you enter this beautifully appointed home with an abundance of windows overlooking the private and serene garden. The owners spared no expense in the many upgrades including owned solar panels, two Tesla power walls and EV charger. The open eat-in kitchen lends itself well to entertaining and features island seating and Beechwood cabinetry. In addition to three bedrooms, you'll also find a den/office with built-ins, a formal dining area, spacious living room with fireplace, a third full bathroom, and a laundry room with utility sink, top-to-bottom storage, and ample counter space. The primary bedroom/bathroom suite features two walk-in closets outfitted with custom built-ins, a soaking tub, generous stall shower, double sinks, and an extra closet. Golf cart parking or additional storage space in addition to a two-car garage. This home is a short walk to Oakmont's many amenities. \$1,188,000

Oakmont Garden Club



■Patty McHugh

PRUNING AND PROTECTING THE TREES IN OUR LANDSCAPE BY DAVEY TREE EXPERT COMPANY



WHEN: Wednesday, March 13, 9:30 a.m. social, 10–11:15 a.m. speaker

WHERE: East Rec., 7902 Oakmont Drive

Tree and shrub pruning is essential in maintaining plant health and aesthetic. It minimizes the potential for harmful pests, encourages flower and fruit production, reduces potential damage to people and property and it is a way to control the growth and overall size and density. Also, when deadwood is removed and air can move through a tree, it minimizes fire hazard—extremely important in our community.

As late winter/early spring are ideal months for tree pruning, we welcome representatives of Davey Tree Expert Company to talk to us on all aspects of tree pruning. Their arborists are ISA (International Society of Arboriculture) certified. With ISA Certification, they have a deep knowledge in the art and science of tree care for diagnosing and treating customer's trees. Davey's arborists understand the trees and challenges residents of this area face with regional climate conditions and common tree insects/pests and diseases.

Pruning is probably one of the least understood and most daunting landscape practices for most homeowners. Trees are one of our most treasured plants in any landscape. Bring your questions and learn how to care for them.

COMING IN APRIL CREATING HABITAT FOR POLLINATORS PRESENTED BY SUSAN KEGLEY

Susan is the owner of Bees N Blooms Certified Organic Farm in Santa Rosa. Bee N Blooms is an 11-acre organic farm located at the base of Taylor Mountain Park and is a place for habitat restoration and regeneration. Susan and Geoff created Bees N Blooms in 2016 "...for all living beings to feel peace, calm and positivity..." Their motto is, "Sustaining bees, trees, blooms and you."



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Happy St. Patrick's Day From Everyone at Century 21 Epic Valley of the Moon!





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