OAKMONT NEWS

Oakmont's Semimonthly Newspaper

www.oakmontvillage.com/news

May 11, 2024 • *Volume* 62, *Number* 9

21st Annual Oakmont Car Show—May 25

■Jackie Ryan, News Staff

From vintage to classic and modern, the 21st Annual Oakmont Car Show on May 25 promises to delight collectors and enthusiasts when more than 100 cars fill the Berger parking lot from 10 a.m. to 1 p.m.



The 2024 Oakmont Car Show takes places Saturday, May 25 in the Berger parking lot between 10 a.m.—1 p.m. (Photo by Julie Kiil)

The show, which is the largest annually attended event in Oakmont, features antique, classic and custom automobiles from the early 1900's to today. This year's show offers up a unique array of highly collectible cars, American, foreign and pre-war, including hot rods and the popular 1940 Packard Woody station wagon.

Attendees can stroll among the rides and listen to live music from Sonoma County musicians, Jaydub & Dino. There will also be burgers, chips, sodas and hot dogs for sale from the Oakmont Market.

There is no admission fee for spectators. Car entrants have paid a \$10 exhibit fee, which allows the Car Club to make annual donations to local charities.

For more information, contact oakmontcarclub@gmail.com.

Treasurer Position Opens for Candidates

■News Staff

As there was only one candidate for the treasurer position, the board reopened the process to consider other interested candidates. Interested individuals can submit a letter of interest to askova@oakmontvillage. com by May 10.

Please refer to the qualifications and duties for the treasurer position, listed on the OVA website.

The board will review and interview qualified candidates, with the final selection being made at the general board meeting on May 21.

For questions, please contact Christel Antone, general manager at christel@oakmontvillage.com.

New Resident Reception

■News Staff

If you're newer to Oakmont Village, you are invited to attend our New Resident Reception at the Berger Center on Thursday, May 16 at 6:30 p.m. This event is designed to introduce you to your new community and provide you with valuable information about Oakmont.

The evening will begin with a keynote discussion led by Heidi Klyn, OVA Board President, on discovering Oakmont's unique lifestyle offerings, followed by details on community resources, architectural information, a meet-and-greet with our Welcome Committee, plus a chance to connect with other new residents and neighbors. There will also be a Q&A session, so bring your questions.

Refreshments will be served.

If you are new within the year, or you just need a refresher on all Oakmont has to offer, plan to attend this welcoming and informative reception for new residents.

User Groups on Display

■Marlena Tremont

Starting May 13 through May 17, the preliminary work efforts of the five Central Complex User Groups and the Walk Audit will be displayed in the CAC lobby for Oakmont residents to review. The summaries were presented during the week of April 15 to ArchiLOGIX (ALX) in 3-hour intensive meetings with each User Group.

Susie Merrill, a member of the Indoor Gatherings Groups, even brought sketches to the meeting to show how expanding the CAC lobby into part of the CAC would create a room their group is calling The Commons. "I am very passionate about finding a place for Oakmont residents to gather," says Merrill. "Our group started our conversations with the idea of a coffee shop and the more we talked, the more we realized that having coffee was less important than having a place to socialize with friends and neighbors."

Phil Wilkinson, head of the Oakmont Art Association and member of the Arts and Education User Group says, "This is a good process and on the whole we are interested in helping to define a new space. OAA is made up of people who meet informally each week to paint and those who attend regularly occurring workshops, so the needs of each group are different. As they say, the devil is in the details, but we look forward to working those out as this process evolves down the road."

Liz McDonnell, Oakmont Quilting Bee and member of the Arts & Education group says, "Our group meets the second and fourth of each month and we jam the

See **USER GROUPS** on page 3



Music on the Green Featuring Rock & Roll Rhythm Revue

■OVA Staff

The OVA and Valley of the Moon Golf Club are pleased to kick off their annual Music on the Green event on Sunday, June 9 at the VOM driving range at 7025 Oakmont Drive. Starting at 3 p.m., this free event will have food and beverage available for purchase, either by pre-sale at the golf shop starting May 27, or by cash only on the day of the event.

Music kicks off at 4 p.m. This year's musical guest is Rock & Roll Rhythm Revue, a lively group of musicians with influences that include rock and roll, jump blues, and rockabilly. Get your dancing shoes on because this band will keep you on your feet.

This year's menu includes the following: Wine, beer and margaritas—\$10; BBQ chicken plate—Chicken, coleslaw, roll, butter—\$20; Grilled vegetable plate—Veggies, roll, butter—\$10.

Please bring your own lawn chairs or blanket to the event, and cash for food and beverage. An onsite bar is available. No outside food or beverage, please.

Change to OVA Admin Office Hours, Starting June 2

■OVA Staff

Starting June 2, the OVA Admin office will be closed from 12 p.m. to 1 p.m., Monday through Friday. This change only affects the admin office hours and not those of the architectural or maintenance offices, which remain the same.

If you have any questions or feedback regarding the new office hours, please don't hesitate to contact us at askova@oakmontvillage.com.

New office hours starting June 2:

- Admin office: Monday to Friday, 9 a.m.–12 p.m. and 1–5 p.m. (closed from 12–1 p.m.)
- Architectural Office: Monday to Thursday, 9 a.m.—12 p.m. and 1–5 p.m.; Friday—Closed
- Maintenance Office: Saturday through Friday, 7 a.m.–10 p.m.

Please note that holidays may impact these hours.

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LIC#1113715

OVA Presents "Phantom of the Opera" Star

■News Staff

On Thursday, June 27, Oakmont will get a taste of the music of the night when Franc D'Ambrosio performs Broadway favorites from the Berger stage. Best known for his portrayal of the lead role in Andrew Lloyd Webber's Tony Award-winning The Phantom of the Opera, D'Ambrosio will perform a medley of favorites from the musical, plus classics from other Broadway

shows like Oklahoma, Hamilton, and The Book of Mormon, among others.

Doors open at 5:30 p.m., and the show starts at 6 p.m. Seating is theater style. Tickets are \$35, available in the OVA office.



USER GROUPS Continued from page 1

room. It would be better to have a bigger space and the Maker's Space idea that our User Group discussed might really work. I loved what I heard through the process. I don't think people realize how much time and effort our volunteers have invested."

"The User Groups are a great way to work together," says Terry Parker, member of the Outdoor Gathering User Group. "Although we know that there will be input from other groups that may compete for the same space, we look forward to solutions that are a win-win at a reasonable cost. We are hopeful the final plan will result in solutions that will improve the livability of the Central Area, provide access for all users and create outdoor spaces area that will accommodate everyone's needs."

Fitness User Group member Janice Weekes, a

member of the Fitness Board says, "I was a reluctant participant in this User Group because I've only lived here three years. But in that time I've gotten on the Fitness Board and the library board and I teach the AARP safe driving class in Room B, so I see the tugs and pulls on this discreet space. I want to see what's possible. It was a real eye opener to our group when we learned that the fitness room lost 500 square feet from the original plan in 2005. It's one of our biggest sales features and in an active community like Oakmont, we have to give our residents the tools they need."

Throughout May and June, ALX will continue to interface with the User Groups, OVA management, the Board of Directors and the Long Range Planning Committee to develop three design concepts that will be presented to the community at a Town Hall in late June.



EARLY BIRD GETS THE NEW EARLY BREAKFAST AT OAK

OAK is opening for weekend breakfast at 7 a.m., Fridays through Sundays. For now, these early breakfast options are only for these three days, but if the early hour mealtimes prove popular, OAK may include other days of the week, too.

The breakfast menu includes Oakmont favorites like Steak and Eggs, the OAK Breakfast, and the Golfer Breakfast Sandwich.

Remember, Oakmont residents receive a 10% discount when they tell their server. Visit www. playvom.com for all upcoming events and happenings at OAK and Valley of the Moon Club.

MOTHER'S DAY BRUNCH AT OAK ON MAY 12

New price: \$50 per person, \$30 kids under 10. Oakmont residents receive a 10% discount when they tell their server. Reservations for 10 a.m. seating and 12:30 p.m. seating. Call OAK to reserve a table, (707) 539-0415 x 5.

Menu: Eggs Benedict and Florentine, Scrambled Eggs, Grilled Asparagus with Lemon, Breakfast Potatoes, Bacon and Sausage; Mixed Green Salad, Caesar Salad; Salmon Plicata, Garlic Mashed Potatoes; Roasted Chicken in Pan Gravy; Assorted Fruit Platter, Assorted Desserts, Assorted Rolls.

MORE EVENTS TO ENJOY

Taco Tuesdays-May 14, 21 and 28: Enjoy \$3 Beef Taco when you purchase a beverage-no other discounts apply.

Thirsty Thursday on May 16, 23 and 30: Enjoy \$3 Draft Coors Light. No other discounts apply.

Live Music Mondays: Reservations required and an \$8 cover charge.

Visit www.playvom.com for all upcoming events and happenings at OAK and Valley of the Moon Club.



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Travel and Adventure Club

■September Holstad

CRUISE THE MOSELLE RIVER WITH TRANSCEND RIVER CRUISES

Transcend River cruises is a charter-only river cruise company and the Travel and Adventure Club has a unique opportunity to join one of their upcoming cruises. One of the founders of Transcend Cruises, Mark Campbell and his wife, are Oakmont residents and they are inviting Oakmont residents to join them, October 13–20, 2024.

The cruise will begin in Koblenz, Germany and follow the Rhine and Moselle ending in Mainz, Germany. On the way you will experience fine wine, explore historic villages and see picturesque castles and scenery from the comfort of the *Transcend Advance*.

Mark will be presenting this cruise to our club on Wednesday, May 22. We meet at the West Rec Center from 3–5 in the afternoon. You are welcome to bring friends to learn about this unique opportunity to travel on this fantastic itinerary. There will be special onboard events, custom shore excursions and wonderful times to be had.

The Travel and Adventure Club welcomes all Oakmont residents and their friends to join us for our monthly meetings, fourth Wednesday of the month, 3–5 p.m. in the upper level of the West Rec. Center.

Come join us and learn all about this rare opportunity.



■Jean Nattkemper

READY, SET, GO!

Get ready for Oakmutt Doggy Day, featuring raffle prizes, microchipping, a dog caricature artist, and the chance to enter in just-for-fun competition in four of nine categories.

The big event takes place at the Berger lawn on June 1 from 10 a.m. to 12 p.m. Deadline for enrolling in competition is May 28. To sign up or just learn more, pick up flyers and registration



forms in the Canine Club folder in the OVA office.

TIME TO THINK ABOUT MEMBERSHIP

If you are not already a member of the Canine Club, think about joining now to receive the benefits: a weekly newsletter, a dedicated website, an annual Spring Picnic with free food and prizes, discounted rates for Oakmutt Doggy Day, and an annual Member Appreciation Party.

To join, place a check payable to the Oakmont Canine Club in the Canine Club folder in the OVA Office.

MEET, WALK, SOCIALIZE

Join Linda and PJ for more Yappy Hour Dog Walks. Note time changes.

- Linda's Yappy Hour Dog Walk: Monday, May 13, 9 a.m. Meet at East Rec parking lot.
- PJ's Yappy Hour Dog Walk: Friday, May 31, 9 a.m. Meet at Catholic church parking lot.

LEASH-FREE

Pitch in to keep Happy Trails Dog Park healthy and clean! Please pick up waste in the park and along the path that leads up to it. Cleaning out the water dishes when you enter helps to prevent disease. And please observe the "no treats or food" rule.

Remember that the park is reserved for small dogs (25 pounds or less) every Wednesday and Sunday from 3–4 p.m.

You can help by volunteering to spend 1 hour a week cleaning up at the park. To learn more, contact Peri at periolinger@yahoo.com or (707) 479- 6961.

Oakmont Futures

■George McKinney

A NEW INCENTIVE TO ADD SOLAR TO YOUR EXISTING SYSTEM

In the coming months, the futures leadership team will be looking for help to plan the next phase of this group. This will include identifying topics that attempt to understand the future on what may help you live better longer. Past topics have touched on this area, such as energy efficiency and understanding your phone. We need to clarify the next focus areas. Helping Oakmont residents is the goal of the upcoming meetings.

If you're interested in participating, contact Terrie Mui at futureoakmont@gmail.com.

THE SOLAR OPPORTUNITY

The CPUC and PG&E have just clarified a ruling that allows the expansion of an existing solar system. Synergy Solar, one of Oakmont's experienced installers, let us know about the change.

If you already have a system installed, you benefit from the NEM1 or NEM2 rules granting significant payments for excess solar sold back to PG&E. Simply expanding an existing system could cause you to lose your old NEM benefits.

Many of us with solar are using more electricity than we produce. Perhaps we have bought an EV or PHEV and plan to have a heat pump to replace our HVAC and/or for hot water. Since PG&E rates have risen even faster than predicted, it can make sense to add solar panels for more generation.

The new ruling makes it clear that you don't lose your old NEM beneficial rates if you install a parallel non-export system. You can install a new panel that would not send any electricity you produced back into the PG&E grid. If you don't have a battery, this is a great time to look at adding a battery.

The new system will be eligible for the 30% tax credit. If this sounds interesting, contact your solar installer and have them go over the economics with you.

Performing Arts Workshop



■Sherri Hoefling

OPEN MIC SHOWS OFF OAKMONT TALENT!

WHO: You and your friends **WHAT:** First Wednesday Open Mic

WHERE: Upper East Rec. WHEN: First Wednesday of the month, 6 p.m., next

one is June 5

MORE INFO: Sherri Hoefling, (707) 236-5500 or Jim Munger, (707) 775-8943

OAKMONT PERFORMING ARTS WORKSHOP, WHAT IS IT?

Our goal is to provide a space for people interested in the performing arts to practice their craft. There is no substitute for time under the lights, or in front on a microphone, to accelerate your growth as a performer.

We are creating a safe space for anyone to show their talents. We will not be critiquing your performance although you are welcome to ask for opinions from those in attendance.

Starting November first we have reserved the Upper East Rec. the first Wednesday of each month and will host an Open Mic. Starting at 5 p.m. you can sign up for a 6-minute time slot and performances will start no later than 6 p.m. but hopefully earlier. If less than 10 people sign up, your performance time could be expanded.

Once those that signed up have performed and if there is time, we can have a sing a long jam. We have the hall until 10 p.m. Sound system will be provided but if you need guitar amps, music stands, special stool, etc., please bring it.

We look forward to hearing Oakmont's many talented musicians and we hope others will come show off their talents. Are you a comedian? How about a story teller? Juggler? Ventriloquist? (Please, no fire dancers, it makes Oakmonters nervous). Let's see what you've got!

If this sounds like fun, you do not need to perform to attend. Every performance needs an audience. There is no charge for this event. Please come see our version of Oakmont's Got Talent.





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Oakmont Cat Care Coop

■Mary Ellen King

NEED CARE FOR KITTY WHILE YOU ARE AWAY?



Join the Oakmont Cat Care Coop and share the care! For Oakmont residents only. Active participation for over 15 years.

For information and to get on the list contact me at (707) 849-1581.

OakMUG Amont Macintosh Users Group

■Peggy Clark

APPLE HEALTH APP ON IPHONE AND IPAD

Our next OakMUG meeting will be on Saturday, May 18 at 1:30 p.m. at the East Rec. Center.

Our speaker will be Ronnie Roche. She will be speaking about Apple Health App on your iPhone and iPad. The health app helps you organize your important health information and make it easy to access in a central and secure place.

You can track your medications and get reminders (and even find out if there are any serious interactions.) You can track both physical and mental health, either with a monitoring device (Apple Watch, Fitbit, etc.), or by just entering the information. You can securely connect to your medical providers or share information with others. You can read articles about health and sleep in the app. And you can set up emergency contacts and information so that first responders can easily see what they need.

Please join us at 1:30 p.m. for social time. If you have not renewed your dues for this year, you may do so at that time. Our annual dues are \$10 per person per year. If you are paying by a check, please be sure to make your check payable exactly to Oakmont Macintosh Users Group.

Contacts us at oakmontmacusersgroup@gmail.com or call/text me (650) 274-4137.

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Current Events Discussion Group

■Tina Lewis

This is a very important year to discuss current events! Please join us every Friday from 1–2:30 p.m. at the East Rec. to hear all sides of issues from local to international. Come in person if you can; join us on Zoom if you can't.

Following the meeting join us at OAK for Happy Hour. This has become very popular, giving everyone a chance to socialize, unwind, and have something to eat and drink.

If you are not on the Zoom mailing list and wish to be, or if you have questions, email tinalewis31@ comcast.net or call (707) 758-9739.

Lawn Bowling

■Mary Blake



In the final round of the Men's Pairs, Kevin Johnson and Jerry Garland lost to Tom Ternullo and Gerry Macintosh.

LEARN ABOUT LAWN BOWLING

The Lawn Bowling Club is hosting an Open House for all Oakmont residents on Monday, May 20, from 10 a.m. to noon. Drop by and we'll show you what lawn bowling is like. We'll have food and bowls (they might look like balls to you, but lawn bowlers call them "bowls"), you can roll a few and see if the sport is right for you.

Lawn bowling is a gentle, outdoors exercise, in a beautiful location. We're on that big green grassy square next to the CAC (where the library and gym are).

HISTORY OF LAWN BOWLING

Lawn bowling is usually on grass. Players try to roll their bowls closest to a smaller ball called a "Jack." The bowls are usually heavier on one side so they turn as they roll.

Very early variations were played in ancient Greece and Rome and a rudimentary form of the game was first played in England in the 13th century, using a cone rather than a weighted ball, possibly like Topher's training cone. We're proud of how long our club has been in Oakmont, but the world's oldest surviving bowling green, in Southampton, was first used in 1299.

Kings Edward III and Richard II banned the sport fearing it would jeopardize more war-like pursuits. Until 1845, laborers, apprentices, and servants were forbidden to bowl except on Christmas and only in their master's presence. The *Manual of Bowls Playing*, the basis of the rules of the modern game, was published in 1864.

Today, bowls is played in over 40 countries with more than 50-member national authorities.

COMING EVENTS

Tuesday, May 14: Open Pairs Tournament Monday, May 20: Open House Monday, May 27: Memorial Day Tournament Email: oakmontlawnbowling@gmail.com, website: www.oakmontlawnbowling.com.

Meet Your Neighbors (MYN)

Linne McAleer, Nancy Caldwell and Nani Tosoc, MYN Volunteers

LUCKY OR NOT? MYN WANTS YOU!

Are you lucky? You are if you live in one of the almost 50% of Oakmont neighborhoods that are covered by an MYN group for emergency preparedness.

MYN stands for Meet Your Neighbors. MYN is all about neighbors helping neighbors in an emergency—an earthquake, wildfire, windstorm, etc. Your neighbors may be all the aid that is available in a disaster. If trees are down, or the roads are impassable, neither emergency first responders nor your family may be able to reach you in a major disaster.

If you are unlucky and live in an area of Oakmont that does not have an organized, active MYN group, you and your neighbors may not be as prepared for an emergency.

To obtain information about neighborhoods where MYN groups are needed, as well as to receive plenty of help to start an MYN group in your own neighborhood, contact the MYN team at myn@oakmontvillage.com.

As a result of interest generated at the recent Fire and Earthquake Safe Fair on April 5, many new MYN groups are currently forming. You can be "in the know" and start an MYN group also! Plus, you will get to know neighbors that you may not know yet and/or discover tidbits about your neighbors that you will enjoy learning.

Find out how you can help get MYN going in your neighborhood: myn@oakmontvillage.com.

Toxic Waste Collection



■Crissi Langwell, OVA Staff

JUNE 6, 2–7 PM AT WEST REC.

LIMITS: 15 gallons of liquid (with a maximum of five gallons per container) or 125 pounds of solid material. Never mix chemicals. Place in sealed containers in the trunk, packed to prevent spills. Syringes/needles in sealed, approved Sharps containers.

NOT ACCEPTED: Explosives or ammunition, radioactive materials, biological waste (except syringes), TVs, computer monitors and other electronics, business waste.

Online appointments are now available!

https://zerowastesonomahhwevent.as.me/Oakmont You can also call (707) 364-6927 to schedule an appointment. Only 100 appointments available—first-come, first-served.



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Oakmont Music Lovers

■Judith Walker

THE MAGIC OF PIAZZOLLA

WHEN: Tuesday, June 4 at 10:30 a.m.

WHERE: East Rec. Center

ADMISSION: Free—donations gratefully accepted

For our final event of the season, we welcome back Jean Wong, one of our favorite presenters. She has put together a fascinating collection of photos and video



clips examining the extraordinary life and times of Argentinian composer Astor Piazzolla who was once accused of being the "assassin" of tango.

Jean's talk will trace his evolution and see how, with his "gladiator" mentality, he shockingly broke away from traditional Argentine tango by fusing a vision of jazz, classical and tango. His New Tango features elements of soaring operatic melodies, Bach-inspired fugues, and urgent rhythms that evoked Bartok and Stravinsky.

Jean Wong is a pianist and member of the Upbeat Trio and Twenty Fingers and has performed with the Vintage House Singers, Sonoma Theater Alliance, and Oakmont Symposium. An award-winning writer, one of her poems has been set to music by composer Georg Hajdu and is currently played internationally. Like most pianists, Jean, at a young age, never did get a strong foundation in rhythm and time value, so studying Piazzolla's music for the last two years, has been challenging and instructive!

Please join us for what promises to be a very interesting session to close out our season.

Valley of the Moon Rotary Club



■John Brodey

ACTIVE ADULTS?

Well, judging by the number of clubs in Oakmont, I'd say ours' is a "hyper-active" adult community. Amazingly, for a group of largely unemployed people, some of us have a busier schedule than we did while we worked.

There are new clubs coming along every day. Apparently, a number of residents are eager to start clubs focusing on activities such as: pie eating, hang gliding, calf roping and nudism (they'll only meet from June–Sept.).

Shared interests, comradery, having fun are wonderful diversions. It's good for us. Rotary is one such club and while we have lots of fun, we also double down on positivity. It's pretty depressing out there but the feeling of involvement that comes from acting together can help counteract the hopelessness that abounds.

A friend of mine said he couldn't find anything on a regular basis that gave him a lift. So, he started watching "Ted Lasso" episodes over and over again—a show whose diverse characters always embody kindness and concern for each is great medicine.

Now, if you are burned out on Ted, our VOM Rotary club does a great job of lifting us up through the work we do as a family. Working to make a difference feels better than just talking about it. We have a great breakfast starting at 7:30 and the meeting starts at 8.

We have features like the thought for the day, club business, student of the month presentations, Happy/Crappy Dollars, etc. followed by the half-hour presentations from our guest speakers. These are some of the most inspiring and interesting people you can meet. Community leaders, experts in various fields, updates from various non-profit partners, community service organizations and even magicians/storytellers. Give our meetings a try. Come for the food... stay for the speaker.

Genealogy Club 📼





ELLIS ISLAND—THE TRUE STORY

The next meeting of the Genealogy Club will be May 27 at 1 p.m. in East Rec. and on Zoom (see below for the Zoom link).

This presentation will be an updated version of a recurring presentation we have on how Ellis Island was set up as the major immigration station for European immigrants and operated from 1892 to 1924.

We'll discuss why Ellis Island was created and some statistics about it.



Immigrants—Ellis Island.

Then we'll dive into a story about how two people migrated from Vilnius, Lithuania to Lynn, Massachusetts in 1902. How they got their ticket, how they traveled across Europe, how they were treated on the steamship, the process to get through Ellis Island, and finally, how they traveled to Lynn, Massachusetts.

If you had an ancestor who immigrated through Ellis Island, this is your opportunity to understand how it really worked. It's not what you think.

Join Zoom Meeting. Meeting ID: 862 2760 9536; Passcode: 030213.

Jewish Interest Group X



■Howard Sidorsky

VIEWS FROM ISRAEL

In the next two months we will have two very interesting speakers talking about Israel and what is happening there. The first will be via the internet, live from Jerusalem as our May speaker. The second with be taking about what it was like volunteering in Israel after the October 7 Israel/Gaza event. He will be presenting his views at our June meeting.



Alan Edelstein.

Our May 19 speaker at the East Rec. Center at 2 p.m. will be Alan Edelstein.

From Jerusalem, resident Alan Edelstein, who spoke to us last year about why he chose to live in Israel, will provide an update on the current situation in Israel, in the government, with the Palestinians,

and with Iran. He will give us a glimpse of what everyday life is like under the current circumstances: the tensions and concerns, the mood, the fun, and the possibilities for the future.

On June 19 will be Dr. Michael Harris, who talked to us in the past about Antisemitism. Dr. Harris will speak about his volunteer trip to Israel in March. He will discuss the experience working in some of the communities in the Gaza envelope that had been invaded on October 7, as well as what it was like being in Israel during this challenging time.

As usual, bring a snack or beverage to share. Arriving early at 1:30 p.m. to help set up is always appreciated.

Everyone in Oakmont and their guests are invited to all JIG sessions.

Parkinson's Support Group

■Chris Nota

FREE PARKINSON'S EXERCISE CLASS

The Oakmont Parkinson's Support Group is hosting a free Parkinson's specific exercise class on Wednesday, May 15. The class will run from 10–11 a.m. at East Recreation Center. Anyone with Parkinson's Disease or a similar movement disorder are invited to attend.

The class will be taught by a non-profit, PD-Connect based in Marin County. PD-Connect focuses on living well despite Parkinson's Disease and using exercise as medicine to delay the disease. Research has shown this is possible. PD-Connect says that "exercise is the medicine but not all exercise is created equal," which is the value of exercising with an experienced PD-Connect physical therapist.

Oakmont Parkinson's Support Group will host two more exercise sessions in June and if the turnout is good, they hope to bring PD-Connect to Oakmont on a weekly basis. For more information contact Joe Brewer, joembrewer@gmail.com.



■Judith Walker

ENJOY A FREE SUMMER CONCERT

WHEN: Saturday, June 8 at 1:30 p.m.

WHERE: Berger Center

ADMISSION: Free (donations gratefully accepted)

We have an excellent opportunity to present an additional summer concert outside of our regular 2022–2024 season which was recently completed.



Our performer will be the esteemed pianist and music educator Hans Boepple, whose career spans 50 years after making his debut with the Los Angeles Philharmonic Orchestra at the age of 10 together with his 12-year-old brother, playing Saint-Saens "Carnival of the Animals." He subsequently performed

more than 40 concertos with major US symphony orchestras including the Denver, Minnesota, and the Metropolitan Opera House. His critically acclaimed appearances have earned him a place on the Steinway International Artist Roster and his live performances have been broadcast by National Public Radio and Voice of America.

Hans Boepple holds Bachelor's and Master's degrees in piano performance from Indiana University School of Music where he continued his career as full-time member of the piano faculty from 1974–1978. He subsequently was hired as Professor of Music at Santa Clara University where he still teaches. He balances his performance activities with those of a successful and dedicated teacher. His students have been awarded more than 175 state, national and international awards. He is also in high demand as an adjudicator at various piano competitions as well as lecturer and producer of master classes.

The program consists of J.S. Bach's "Goldberg Variations," considered one of the masterpieces of keyboard literature, followed by the complete set of Chopin "Preludes."

For all our Oakmont music enthusiasts plus those of you who might be curious about hearing a classical music concert for the first time, this is your opportunity to experience a delightful program performed by an outstanding pianist at no cost. So please join us for this event.

Meditation

■Joanne Davey

WEEKLY MEDITATION SESSIONS AT CAC

"People look for miracles. People look for surprises of all kind. Yet, the greatest wonder, the greatest miracle, the greatest surprise, is to be found in one's heart."—Muhammad Ali

We invite you to join one or both of our weekly drop-in meditation sessions which have been taking place for many years. Beginning and experienced meditators are welcome. We approach meditation as a non-denominational practice.

Saturdays: 10:30 a.m. in the CAC Building, Room B. This is a 35-min. meditation. This session frequently begins with a short 15-20-minute talk about various aspects of meditation.

Tuesdays: 4 p.m. in the CAC Building, Art Room. A 30-min. meditation.

If you have questions, please contact Trisha Mitchell, (650) 255-4026, or Liz Buckley, (707) 538-3235.

Pickleball Corner 🦃

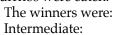


■Peter Copen

OAKMONT PICKLEBALL **TOURNAMENT!**

On the sunny Saturday, April 27, nestled in the Valley of the Moon, 48 volunteers contributed to the Oakmont Pickleball Club's Spring Tournament. 56 players rotated on our 6 courts. The event also included an exhibition game with 4 of the top pro players in the Bay Area.

OPC's Spring Tournament was an resounding overall Tournament success. organizers Larry Burns and John Bruno did an amazing job and clearly raised the bar for future pickleball Oakmont tournaments. Over 100 people were in attendance measured by the fact that all 120 burritos were eaten.





Cartoon by Peter Copen.

Gold—Nancy Schmit and Tami Palingston, Silver— Rob Ricchi and Denny Howe, Bronze—Patrick Stites and Chuck Pepper.

Advanced: Gold—Pete Gavin and Bill Wrightson, Silver—Andy Hilliard and Michael Prudhomme, Bronze—Sheila Ferguson and Stephanie Alton.

Their award-winning faces will be on display next to the Jay Dement Memorial plaque until the next tournament when challengers will fight hard to replace them this Fall.

"From the number of players to the volunteer participation to the refreshments to overall organization, we are very proud of this event and how it was planned and executed," said Tim Smith, President, Oakmont Pickleball Club.

With the largest membership of any sports club in Oakmont, the Oakmont Pickleball Club welcomes new members to join in the pride of our community. It's the best way to get pickled.

New Player Orientation: 9 a.m. on Tuesday mornings. Arrangements can be made by contacting Victoria Dettman at (707) 230-2958. Call Jim Howard at (209) 761-8517 for demo loaner. For mentoring, contact Barbara Ricossa at ricossa@ymail.com.



■Charlene Bunas



OHI members at play. (Photo by author)

CORINNE'S STORY, PART 2

If Corinne's break from procrastination is a testimony to the words of Zig Zigler, her newfound attitude echoes that of Maya Angelou: "My mission in life is not merely to survive, but to thrive."

OHI regular Corinne reports on what and how she broke the cycle of procrastination and her continued false starts at exercising.

She began with a list. Not goals, lists. Her daily "check-off" was her guide. "I love crossing off my "to-do's." She smiles, "It's so satisfying. Healthy breakfast and exercise are still my number one and

Instead of going to Berger for an hour, she joined the class via zoom and exercised, at first, for 15 minutes. She started small. Then walked for 20 minutes. Her

She rewarded herself by listening to her favorite podcast as she walked. If she didn't exercise before walking, she couldn't listen. She also bought hand weights, her own Thera band, yoga mat and "had a mini-spree at Lululemon."

After two months, she started attending classes at Berger, exercising in the back of the room. She also left after 30 minutes... until the day JoRene said, "Bye Corinne." She was shocked JoRene even knew her

More importantly, so did others. She found a couple of "exercise buddies" and looks forward to checking in with them each class. "Plus, they keep me honest."

Her attendance is almost 100% ("I schedule around classes, even in winter"), she has lost 15 pounds ("I tossed foods that tempt"), has more energy than she's had in 20 years and, she says, "I feel fit."

What's even more important, she confesses, is that other exercisers have asked her for her secret!



■Valerie Hulsey

Mornings are really getting warmer and we are looking forward to temperatures in the 70s and the pool is always toasty warm for our terrific Water Aerobics class.

Mary teaches Monday through Thursday at 9:30 a.m. There is laughter and fun in the pool and sometimes in the Hot Tub, not to mention this is great way to exercise with no strain on your body.

Santa Rosa Junior College (SRJC) is not sponsoring these classes so there is an \$8 drop-in fee for all classes. Hope to see you there.





■Janice Weekes

ANNUAL PICNIC AND ALL-MEMBER MEETING

Oakmont Fitness Club members—mark your calendars now for the Fitness Club Picnic and Annual Meeting on Saturday, June 29 from noon to 2 p.m. at the West Rec Picnic Area. We'll have a brief meeting followed by a delicious barbecue lunch with beer and wine.

There will be a nominal fee of \$10 for Fitness Club members. Guests may attend with the purchase of a \$25 meal ticket.

If you are not yet a member of the Fitness Club, now is a great time to join. For the \$20 membership fee you will be able to attend the barbecue and receive four 20-minute personal training sessions with John Phillips, our Oakmont personal trainer.

Pick up the registration form at the Fitness Center or at the OVA office. Turn it in at the Fitness Center or to the Fitness Club folder in the OVA office. Attach your check made out to Oakmont Fitness Club. You must register to attend.

Strength and Balance Class

■Valerie Hulsey

MARY'S FITNESS CLASS

Mary teaches the Strength and Balance class every Friday at 9:30 a.m. at the East Rec Center. The classes are not sponsored by the Santa Rosa Jr. College (SRJC) so there is a \$5 drop-in fee for each class.

Classes are limited to 72 people so come early to ensure you get a chair. Bring your Theraband for strengthening, if you do not have one you can purchase one for \$5 when you arrive.

Bring water and come and have some fun and improve your balance at the same time.

Keep Active Yoga

■John Ferreira

Yoga is exercise, and exercise becomes yoga when it becomes difficult. We practice on Sunday and Mondays at the West Rec. at 3 p.m. There is no class on April 15. Our class is one hour, doing 26 postures and 2 breathing exercises using the Bikram method, adjusting for flexibility. We do not follow the normal aging process of "losing 10 percent of your muscle mass every decade after age 40. Ditto bone mass." (Younger Next Year) "Everybody can do yoga." (Revolution Yoga)

We share at class what has worked for us, helping others and ourselves bring home a short series of stretches/postures for the days not taking class. Physical Therapy is for injuries/pain. My experience from a shoulder injury was yoga after physical therapy. Yoga is "no pain, no pain." (Tony Being Yoga)

The class begins with a breathing exercise and the first posture starts by bringing your arms over your head. Easier said than done. The fore mentioned shoulder injury prevents me from doing that as the posture dialogue states. I hold my arms up until it's difficult and bring them down slowly without collapsing. I'm doing yoga by finding a way to lift my arms without pain, but holding them up a little longer than wanted, then bringing them down before I'm overwhelmed—finding balance between the mind and body.

That's the first 5 minutes, come and find out what's

There are no dues. The only expense is personal accessories. Bring your yoga mat.

For more information call me at (650) 766-0497.

Duplicate Bridge Club



■Jackie Reinhardt

DUPLICATE BRIDGE CLUB STEPS UP GAME

If you love bridge and want to improve your game, you'll want to participate in the Oakmont Duplicate Bridge Club's Friday games that start at 12:30 p.m. in the card room of the CAC. The club now participates in the ACBL's Common Game where hands are pre-dealt and players receive printed results at the conclusion of the game.

The club recently purchased new Bridgemates, the handheld devices used to record scores, and has new side tables. Games are also held on Tuesday nights starting at 6:30 p.m. in the card room with Neill Ray directing.



If you need a partner, contact Becky Eddy at (714) 838-4863 or are a newcomer with questions, call me at (707) 339-6254. Stay tuned for more information about the club's upcoming championship game on June 14.

Gakm■ nt Pétanque Club

■Don McPherson

SPRINGTIME TOURNAMENT

The April 20 Homage to Spring celebration began with the annual Spring Tournament, the first of the year. Tournament Director Jean-Michel Poulnot handled registration of players and randomization of teams with the club's "Fanny" looking on. Fanny, "the Goddess of Pétanque," is the focal point of a traditional ritual that follows any team's losing in a 13-0 shutout. But there were no shutouts so Fanny, in the end, was not needed.

Thirteen club members and significant others participated in the celebration and 12 club members competed in the tournament. In the first, qualifying round games, Steven Payette and Gail Ruder defeated Judy Dumm and Max Hinchman, 13-6; Linda McPherson and Barbara Newton defeated Rachel Meserve and Jean-Michel Poulnot, 13-12; and Don McPherson and Margi Nielsen defeated Ellean Huff and Sherry Labate13-12.

Because of the two 13-12 games, one-end playoffs were needed to establish the second and fourth place teams. Those set up the Concours in which the D. McPherson-Nielsen team defeated the Payette-Ruder team, 13-4 to win first place. In the Consolante, L. McPherson-Newton defeated Huff-Labate, 13-2 to take third place and Meserve-Poulnot defeated Dumm-Hinchman, 13-5 to take fifth place.

A potluck picnic lunch at the court for club members and their spouses, partners or companions followed the announcement of winners and photos.

PÉTANQUE IN OAKMONT MONDAY, WEDNESDAY, SATURDAY

French in origin, Pétanque (pay-tonk), also known as Boules, has been played in Oakmont since the 1980s. The club, founded in 1996, encourages all



Springtime Tournament (L to R): First place—Don McPherson and Margi Nielsen; second place—Gail Ruder and Steven Payette.



Spring Tournament (L to R): Sixth place—Judy Dumm (Max Hinchman, missing); fifth place—Rachel Meserve and Jean-Michel Poulnot; third place—Linda McPherson and Barbara Newton (fourth place—Ellean Huff and Sherry Labate, missing).

Oakmonters who may be interested in playing or learning to play to come to the courts between Berger and the OVA offices at 9:45 a.m. on the Club Play days of Monday, Wednesday and Saturday. The club has boules to lend while you're learning, and you'll be playing right away.



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Hikers



■Scott Finn

We welcome you to join us on a hike whether you are a member yet or not and the annual membership is only \$15. Go to our website at www. oakmonthikingclub.org to join the club, get hike details, club information, photos and more.

For a complete description of each hike and to register, please keep checking our website for updates.

INTERMEDIATE HIKE: MAY 16 ANGEL ISLAND TOUR

This 6-mile hike around the perimeter loop with 500' elevation gain is about 30% shaded. We'll take the 10 a.m. ferry from Tiburon to Angel Island and hike the main road around the island, visiting many historical areas along the way and we take the 3 p.m. ferry back to Tiburon. We'll enjoy spectacular views (unless we're fogged in) and learn some of the rich history of the largest island in the SF Bay.

Roundtrip ferry fare from Tiburon to Angel Island is \$16 for 65+ seniors and includes your entrance fee to Angel Island State Park. All day parking fee at the Point Tiburon parking lot is \$16. Bring money, water, lunch, and hiking poles if desired. Hike leader is Gary Andersen, (360) 778-9604.

For those who are not up to hiking, there is an option for you to take a 1 hour tram tour of the island and there is plenty to see within an easy flat walking distance from the ferry landing. Two Tram Tour times are 11:45-12:45 and 1:45-2:45 and it is recommended that you book your tickets online (they usually have a few tickets available on site). Senior tram tickets are \$17.

Note early start time: leave Berger at 8:20 a.m. in order to catch the ferry!

LONG HIKE: MAY 16 THE BEST OF MT. TAM—WOODS, WILDFLOWERS AND VIEWS

This is a 9.5-mile, 1975' elevation hike. We'll begin at the White Oak trailhead above Stinson Beach. We'll take a short walk to the Steep Ravine, where we'll climb to Pantol. From there, we cross the road and head to the Cataract Trail via the Easy Grade Trail. At Laural Dell, we'll head west across Ridgecrest to the Coastal trail for what will hopefully be a colorful wildflower display. From there, back to Pantol then down to the trailhead via the Old Mine Trail.

We depart Berger at 8 a.m. Bring the usual: lunch, liquids, layers, and polls if you need them. Hike leader is Jeff Zalles, jeffzalles@gmail.com, (415) 999-5333.

INTERMEDIATE HIKE: MAY 23 WARREN RICHARDSON TRAIL

From Berger, we will walk to the Warren Richardson Trailhead and wind our way up and down and around the lake. Next, we'll take the Louis Trail and connect with North Burma, back to Warren Richardson trail, and finish down on Steve's S Trail about 6.5 miles at a moderate pace.

Bring water, snack/lunch and poles. Meet at Berger and depart 9 a.m. Hike leaders are Colleen Keegan, (925) 487-4014 and Jody Galli, (763) 213-3076.

LONG HIKE: MAY 23 LAKE SONOMA AND DRY CREEK VALLEY

Starting from the Grey Pine trailhead we take the No Middle Name Trail to the Dry Creek Trail and view the water that makes wine in the Dry Creek Valley. From the Dry Creek Arm of Lake Sonoma to the Warm

Springs Arm the Recreational Area is very diverse. 10 miles and 1,800 ft. elevation gain.

Bring water, lunch/snack, and layers. Meet at Berger Center 8:30 a.m. Hike leader is John Ferreira, (650) 766-0497.



Lake Sonoma View from trail.



Hikers up in Annadel





316 Rockgreen Place –



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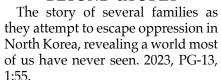
Movies At Oakmont



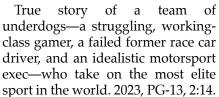
WHERE: Berger Center **SCREENING DAY AND TIME: Sundays HOSTS:** Mike McInnis, Deborah Davidson, Jeff Neuman, Yllysa Snyder and Barbara Marquardt. NOTE: All films are shown with English subtitles,

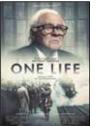
when possible, free of charge compliments of OVA.

MAY 12 AT 2 PM BEYOND UTOPIA









MAY 26 AT 2 PM **ONE LIFE**

A young London broker, in the months leading up to World War II, rescued over 600 children from Nazi-occupied Czechoslovakia. 2023, PG-13, 1:50.

Oakmont Birders

■Barbara Kendrick

THE DELIGHTFULLY COMMON ROBIN

It's easy to overlook the beauty and significance of things that are common. We see or hear them so often that they seem to disappear into the background of

our experience. That's the case with the American Robin. In nearly all the contiguous United States, Robins are around all year. They are easy to see and unmistakable—even those among us with zero interest in nature can identify a Robin. They are the epitome of a common bird.

So why bother writing about them? Because like many other ubiquitous and overlooked things-

friendly microbes, indoor plumbing, gravity—they have valuable features. Robins, for example, are the standard for judging bird size. When you ask for help identifying a bird you have just seen, chances are the first question will be, "Was it bigger or smaller than a Robin?" They also have a well-known, melodically upbeat song, often translated as "Cheerily, cheerily,

cheer up, cheerily, cheer up." Again, their song is a standard against which some other birdsong is compared. A Black-Headed Grosbeak's song, for example, is described as a "drunken" or "operatic

Robin," since they add many slurs and flourishes to the Robin's baseline. The Western Tanager's song is described as a "hoarse Robin."

Another good feature: you needn't bother putting out birdseed to attract Robins to your yard—they prefer insects, berries, and fruits. They're especially great with worms-it's fun to watch them hop along, stop to listen intently, then thrust their beak

into the grass and wrestle out a big earthworm. The next time you see a Robin, take a moment to really look at it. They truly are handsome birds, even if they're omnipresent.

Have a question about birds? Want a "Birds Seen in Oakmont" checklist? Send an e-mail to bkendrick@



A Robin doing what it does bestcollecting worms. (Photo courtesy of Tom Grey)

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Kenwood Community Church

presents a CONCERT featuring

Kyle Craft, Violinist and

Harold Julander,

KCC Music Director



Oakmont Progressives



■Ed Biglin

IMMIGRATION— A COMPLEX AND IMPORTANT ISSUE

Oakmont Progressives will meet on May 13, at the East Rec. and on Zoom, 6:30 Social, 7 p.m. talk and

Immigration is a complex and fraught issue. All countries seek to control their borders—that's part of what it means to be a country. But the United States is a unique country made up mostly of immigrants.

meeting, Progressives will discuss what happening at

our southern border, what the law says about immigration, and hear from experts with first-hand experience on this topic.

As always, the meeting is open to all Oakmonters. For more information, go to www.oakmontprogressives.org.

Bocce Club



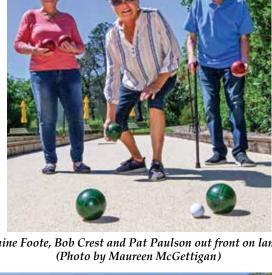
■Maureen McGettigan

BOCCE BALL BEGINS NEW SEASON

On April 20, the Bocce Ball Club had its annual Tax Day Tournament to celebrate another year of completed taxes. The photos of the winners are attached. Each player received a yummy chocolate after the games.



Elaine Foote, Bob Crest and Pat Paulson out front on lane 3.





James Bogue, Jane O'Toole, Ellean Huff, Barbara Serafin, Jean Reed and Terry Bryant in front. (Photo by Maureen McGettigan)

New players or prospective players who are interested in learning about bocce are always welcome during daily play. No prior knowledge or experience is required. We'll be happy to show you the fundamentals of the game.

Starting May 1, we began meeting on the West

bocce ball courts at 9:30 a.m. every day but Sunday. The Mother's Day Tournament is on May 11, at

Oakmont Singles Social Club



■Bailey Penzotti

MAY MIXER—OUTSIDE SPORTS

WHEN: Friday, May 17, 6 p.m.

WHERE: Outdoor area next to the OVA Office

April showers bring flowers May and sunshine for outdoor activities. We will have two outdoor activities for you, Pétanque and Shuffleboard. Pétanque is a cousin of Bocce Ball and is played in a similar way. Members of our Oakmont Pétanque Club will provide a demonstration and instruction on their courts. We've all heard about Shuffleboard as a game played by many Seniors too so we should



Shuffleboard. (Photo by Bailey Penzotti)

check this out. Shuffleboard doubles information will be provided by Marilyn McKeever with a short version of the game to follow. Equipment is provided.

Please meet outside of the OVA office at 6 p.m. for instruction and play for approximately one hour.

Bring an appetizer or dessert to share, and your own beverage of choice. Please RSVP to dianesoshnik@ comcast.net by May 13.

IUNE BON APPETIT (SINGLES ONLY)

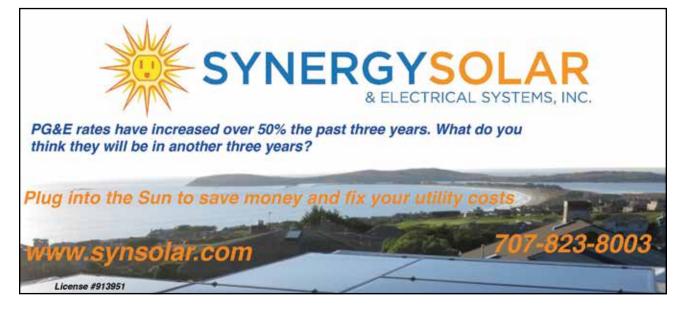
WHEN: Thursday, June 6, meet at 5:45 p.m. to carpool from the Berger Center

RESTAURANT: Yeti Restaurant, 190 Farmer's Lane/ Hwy. 12, Santa Rosa, https://www.yeticuisine.com/

Located at the intersection of Hwy 12 and Farmer's Lane, Yeti offers a variety of Indian and Nepalese Cuisine with choices to satisfy you whether a carnivore, poultry addict, vegetarian and/or practicing gluten free. Lots of spices to wake up the senses.

Reservation is for 20. Bring cash because the restaurant will not provide separate checks! Reservation cutoff is June 3. RSVP Simone Smith, ssmith8151@aol.com or (650) 966-1997.

Do you live in Oakmont? Are you Single? If so, join our club to mix and mingle with other Singles. Oakmont Singles Club offers the opportunity to network with other singles who may have your same interests. For more Oakmont Singles Social Club membership information, contact President Deb Ponts at dponts707@gmail.com.





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Asian American and Pacific Islander Heritage Month Celebration

■Anne Marie Siu Yuan

DATE: Saturday, May 11

TIME: 10 a.m. to 5 p.m. Doors open at 9:30 a.m.

(coffee & muffins) **PLACE:** East Rec. Center **COST:** Free admission

May is officially designated as Asian American and Pacific Islander Heritage Month. It is a period for recognizing the contributions and influence of Asian Americans and Pacific Islander Americans to the history, culture, and achievements of the United States.

Come and experience some of the customs and traditions of the Asian Pacific Heritage and Culture. The event will feature workshops and demonstrations by local Sonoma County artists: Origami with Henry Kaku, QI Gong with Sara Valeri o from Turtle Moon Qigong, Henna Tattoos with Rupinder Kaur, and Chinese Paper Cutting with Hsiu-Chuan Armstrong from the Redwood Empire Chinese Association (RECA).

We will also feature three Oakmont artists sharing their love and passion for their arts with their Oakmont community. Cathy Chong will be doing a lecture and demonstration on Calligraphy. Garth Hokanson, Master Gardener, will be demonstrating the art of Bonsai. Gary Andersen will be sharing with us the art of Japanese Kamishibai Storytelling, as well as demonstrating his Japanese Influenced Woodworking.

There will be Chinese Dim Sum available for purchase. For entertainment during lunch, there will be Lion Dancers from RECA and Oakmonter Stephanie Brucker and fellow dancers from Hula Mai will be dancing and teaching the art of Hula.

This event is funded by a grant from the Oakmont Community Foundation.

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Let's Dance—Together!

■Terry Whitten, Instructor

SWING INTO SUMMER WITH JITTER-BUG SWING

WHAT: Beginning Jitterbug Swing partner dance classes

WHEN: Wednesdays, June 5, 12, 19, 26 and July 10, 17 and 24 from 4–5:15 p.m.

WHERE: Lower West Rec Center

COST: \$10 pp for single class. \$8 pp if two or more classes are purchased at the same time

Come learn some basic, fun and easy moves for Jitterbug Swing that will get you dancing together and twirling with a smile on your face. Jitterbug Swing (also called Single Time Swing) is an upbeat, fun and versatile dance that can be danced to many types of music ranging from Big Band music to Rock 'n Roll Oldies as well as many contemporary and Country tunes. Many of the basic steps can even be modified to be danced to slow ballad type music.

No partners or experience are required. Classes will meet for four sessions in June to learn the most basic steps. Then classes will continue with another three sessions in July for those who want to learn more intermediate steps. As always, it is best to come to the very first class since each week after that we will build on the material taught in the 1st week. We will rotate partners during the classes, although rotating will be optional. Also, any ladies that want to lead and any men that want to follow are very welcome.

Join us for a fun way to get exercise and meet great people. Some studies also indicate that partner dancing may actually increase mental acuity and reduce the possibility of cognitive decline as new nerve connections are made in the brain. It is definitely good for our muscles, balance, brains and spirit!

To register or for any questions, please contact me at twhitten@pacbell.net or call (415) 265-7590.



■Greg Fauss



THERE'S STILL TIME TO PROVIDE CLEAN DRINKING WATER!

We are partnering with World Vision, the largest nongovernmental provider of clean water in the developing world to raise funds for clean water. There are two ways to participate:

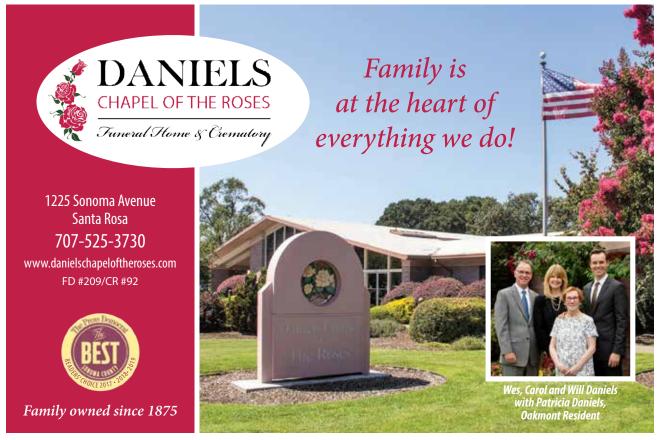
1. Sign up to walk, run or roll 6km (3.2 miles) with us on May 18th at 10am here in Oakmont. We'll begin our walk outside the Berger Center. After signing up, get people to either sponsor you or join you.

2. Sponsor someone. Further information can be found on our website.

Every \$50 registration fee equips one person in need with lasting access to clean water through World Vision projects. All participants receive a Global 6K for Water T-shirt, a finisher medal, and a unique race bib with a photo of a child benefiting from clean water.

World Vision is the largest nongovernmental provider of clean water in the developing world. In 2023, they helped establish lasting access to clean water for nearly 3.1 million people, improved sanitation for nearly 2.5 million, and equipped 2.9 million with access to household handwashing facilities. Their water work is part of a holistic, proven model that empowers kids and families to create lasting change for themselves, using an integrated approach that includes healthcare, education, child protection, income generation, and more.

For more information about our Sunday Services, our Wednesday Morning Bible Study, Thursday viewing of The Chosen movie, Saturday Prayer, the Global 6k for Water, monthly potlucks and other gatherings visit our website at www.occsantarosa. org, write us at occsantarosa@gmail.com or call at (707) 595-0166.



Soroptimist International Oakmont Wine Country



■Denise Bickert

FIRST ANNUAL AFTERNOON TEA A SUCCESS!

Soroptimist International Oakmont Wine Country hosted our first annual Afternoon Tea fundraiser at the East Recreation Center in late April. Tickets sold out, and tea was served to 64 participants.

This was by far the club's most ambitious fundraiser in its four-year history. There was lots of conversation and laughter, as the guests enjoyed scones, finger sandwiches and some amazing desserts, in addition to assorted teas. Feedback from attendees was positive, and club members appreciated the camaraderie that came along with hard work.



At the Afternoon Tea. (Photo by Cynthia Goodwin)

The setting and food all received positive reviews. Several comments stood out when describing the event. "I have been to Teas all around the world and this is on a par with the best," said one guest. A 10 out of 10 said two others, and a third attendee said, "It reminded me of Tea in London at The Wolseley." It is quite a compliment to be compared to an English institution for fine dining.

Proceeds from the event support our core mission of "Economic Empowerment for Women and Girls through Education." In the four years since our club was chartered, we have granted six scholarships to single mothers pursuing education. The recipients'

enrollments ranged from a GED to trade school, junior college, and a bachelor's degree from Sonoma State.

The committee organizing really appreciated feedback from the attendees, and we are already looking ahead to 2025 when we aspire to expand and again welcome guests to what the Oakmont Soroptimists hope will be our annual signature event.





ILLEAGLES IN OAKMONT COMING UP NEXT

WHAT: Illeagles WHERE: Berger Center WHEN: Thursday night, June 6

TIME: Doors open at 5 p.m., music begins at 6:30 COST: \$30 per person. Each member may bring one non-member guest.

FOOD TRUCK: Tips Tri-Tip Trolley and BYOB

From rockers "Life in the Fast Lane" and "Heartache Tonight," to swooning ballads "Desperado" and "Best of My Love," Illeagles not only reproduce the soaring guitars, multi-part harmonies and tightness of the original band, but also add their own brand of swagger and energy that keeps fans coming back over and over. It's commonplace for a majority of the audience to start singing along on the first song, and continuing to sing until the show is over (or they lose their voices).

Go to our website (oakmontboomers.org) to register. Act now, this event will sell out fast.

Food Truck info: In order to expedite food truck ordering, check out their menu at tritiptrolley.com. Know what you want before you get to the order point.

MEMBERSHIP

If you are new to Oakmont or have simply forgotten to renew your membership, joining is easy. The cost is \$15 per person, and you can sign up by visiting our website, oakmontboomers.org.





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Oakmont Craft Guild

WHEN: Saturday, May 18, 10 a.m.-3 p.m.

WHERE: Central Activities Center parking lot. Note to Oakmonters: please don't leave your car in the Berger/CAC lot overnight May 17.

The Oakmont Craft Guild will be hosting another outdoor Arts and Crafts Faire on Saturday, May 18. So far, we have over 30 local artists and craftspeople who will be displaying their talents. We have it all pottery, greeting cards, live plants, art, wind chimes, baked goods, jams, jewelry and more.

Our most popular food truck featuring delicious Mexican cuisine will be present. Be sure to take in this fun event. Bring the family—there will be something



■D. Hall

COMEDIES SCHEDULED WELL INTO SUMMER

On May 13, Ginna Zoellner will present the boisterous, wacky comedy A Hotel on Marvin Gardens, by Nagle Jackson.

"All I want is to run everything and always be right; now is that so much to ask?" So speaks KC, a magazine editor who lives alone as the sole occupant of an island off the Connecticut coast. She's hosting a boozy Monopoly party for her friends, none of whom any of us would want for friends. Suddenly, there's a knock at the door...

On June 3, I will present two one-act comedies, Fishing for Fate by Dagny Collier, and Tender Offer by Wendy Wasserstein. On June 10, we'll see Marcel Coder's delayed Not My Cup of Tea by Albert Groff, and in July, it's The Good Doctor by Neil Simon.

Join Playreaders the first two Mondays of every month in Room B of the Central Activities Center at 2 p.m. First come, first seated.

Domino Club



■Brian Huckins

MIX THOSE DOMINOES

The Oakmont Domino Club meets every Thursday morning at 9:30 a.m. in the Central Activity Center Card Room.

We play the Popular Five-up Game (more commonly referred to as the San Francisco Fiveup Game). Two, three or four can play. The four-handed or partners



game is our preferred format. A slight wager has been known to add to the interest.

It is easy to learn and anyone who can add, subtract and divide can play the game. The fundamentals are simple and can be learned quickly. The finer points can be managed with a little study and practice.

Looking for players of all abilities to join. Please contact me at (415) 602-9083 or bvhuckins@gmail.com.

Caregiver Support Group **Vickie Jackanich**

ARE YOU CARING FOR A LOVED ONE?

If you are caring for a family member in physical or mental decline, join with others to share, ask questions and learn resources. Alexis Glidewell LCSW is our licensed facilitator.

Meets the second and fourth Wednesday of every month, from 10:30 a.m. till noon in Central Activities Center, Room B.

For information contact me at (707) 595 -3054 or dicnvic@comcast.net.

Star of The Valley

■Peter Hardy

MEN'S CLUB PANCAKE BREAKFAST

The Star of the Valley Men's Club will be hosting the annual Pancake Breakfast on Sunday, May 19 from 8 a.m.-12 noon. All are welcome. Breakfast will include All You Can Eat Pancakes, Ham and Scrambled Eggs. Cost for adults \$12 and children \$8.

Asian Pacific Heritage and Culture Club

■Curtis Chong

Interested in Asian Pacific food, film, arts, dance and music? Interested in sharing your interests and knowledge? Interested in having a fun time and learning about Asian Pacific culture?

New Asian Pacific Heritage and Culture club started the end of 2023 in Oakmont and is looking for new members to join. Membership is \$15/year. The website for our events and membership is: https:// www.asianpacificheritagecultureclub.org/

Our mission is to share Asian Pacific heritage and culture with the Oakmont community by providing a variety of social, cultural and educational events showcasing various customs and traditions. Everyone is welcome to join.

Upcoming June events include the following: June 12, 2 p.m.: General Meeting, Central Activities

Center (CAC), Room B.

June 26, noon: Restaurant location to be determined. Previous lunches have included China Village, Kirin Restaurant, and Shogun Restaurant.

Just For Fun Games Club

■Phillip Herzog

ABOUT THE JUST FOR FUN **GAMES CLUB**

The Just for Fun Games Club is a great place to make friends and play all sorts of old and new games including board games, card games, tile games and dice games! We meet every Saturday at 1 p.m. in the Card and Game Room at the CAC. There are multiple games being played at the same time, so you will always be able to choose what game you want to play.

It's never too serious, because we play games Just for Fun! Sometimes we play online. To do so, we use Zoom for communication and the website Board Game Arena for the games. We send out a weekly email notice, so if we will be on zoom, we'll let you know.

The club has a large collection of games on hand and players often bring new and different games as well. We like to teach how to play the games too. Everyone is welcome to come and have a good time at the Just for Fun Games Club. For more information contact us at Just4FunGamesClub@earthlink.net or call me at (707) 843-3053.

HAND AND FOOT

We play Hand and Foot in person each week. Please come and join us. The more players, the better the experience! If you would like to learn to play Hand and Foot, send us an email so we can schedule lessons: Just4FunGamesClub@earthlink.net.

BOARD AND CARD GAMES

As stated above, we play lots of other games too, including board games, card games and tile games. What would you like to play? Learn how to play



new games, or teach us how to play your game!

Some of our favorite games are: Wingspan, Catan, Ticket to Ride, Splendor, Cubirds, Rummykub, Saint Petersburg and Carcassonne. There are so many games out there.

Bridge Mentors-Mentees

■Neill Ray

FREE DUPLICATE BRIDGE LESSONS

I am a Bronze Life Master and provide free duplicate bridge lessons for beginner to intermediate bridge players every Thursday at 9:30 a.m. in the CAC. No partner is needed. Come meet new friends and future bridge partners. Students who RSVP (Neill.Ray@ Bridge2Day.com) receive lesson handouts.

Future topics include: May 2—Inverted Minors, May 23—Weak-2 Preempts, May 30—Lebensohl



Bridge Magic Winning Duplicate Bridge

Café Mortel



■Linda Suhr

PROFESSIONAL FIDUCIARIES: PLANNING WITH YOU NOW, SERVING YOUR INTERESTS LATER

Before my partner Dave and I sailed off to the azure waters of the Caribbean, we met with an estate attorney and organized our end-of-life documents. Years later, Dave was well into his journey with Alzheimer's Disease. The words in those documents sprang to life as I took over the duties of healthcare and financial agents, on top of being Dave's caregiver.

After his death, as trustee, I executed trust distributions and the other trust duties. All told, caring for Dave and managing everything was my sole focus (no trips, no creative projects, etc.) for several years. I don't regret a minute and, fortunately, I had the mental and physical fitness to do it all, but I wonder if I could have done it were I older, ill or less able.

Enter the Professional Fiduciary. A fiduciary is usually involved with the management of assets and may be responsible for the general well-being of someone. Fiduciaries must act on behalf of others and are required by law to put clients' interests ahead of their own. Whether married with children or aging solo, many



Jacquelynne

people today are turning to fiduciaries for asset and healthcare management for their later years and after

Café Mortel welcomes Professional Fiduciary Jacquelynne Ocaña of Specialized Services for Law Firms. She will speak about the role of fiduciaries in clients' estate administration and the unique and personal partnership her firm offers for overseeing their clients' healthcare needs.

Come to the East Rec on Wednesday, May 15 from 3-4 p.m. to learn how fiduciaries may best serve clients' health and financial interests when they need

Zoom is available: Meeting ID 823 4173 8250, Passcode 508353.

A recording of the meeting will be posted on the OVA website within the following week. Questions: linda@autumnoflifeplanning.com.

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Walking Hours at Valley of the Moon Golf Course

■News Staff

If you have interest in walking the golf course pathways, please be mindful of the walking schedule. Walking hours are reserved from daybreak to 7 a.m., which is before golf play begins. Additionally, there is an afternoon walking schedule on Wednesdays and Thursdays starting at 45 minutes before sunset.

Schedules are subject to change. Please visit playvom.com for current schedule, or contact the golf course at (707) 539-0415.

During walking hours, dogs are also allowed on the courses, but must be on leash at all times. Please remember to pick up after your dogs.

Bicycle riding is not permitted on the courses at any time.

Oakmont Neighbors Together

■Susan Chauncy

Oakmont Neighbors Together has been providing residents of our community with emergency grants, since 2019. Through its partnership with Council on Aging, grants are issued directly by CoA, which ensures that the privacy of recipients will be respected.

If you, or someone you may know could use a bit of a financial lift in order to address HOA dues, a medical or dental bill, a utility bill or other emergency need, please stop by the OVA office and pick up a simple application, or contact Jaime Escoubas at Council on Aging, at (707) 525-0143. If you have a general question, please feel free to email Susan Chauncy at susandchauncy@icloud.com.

Somatic Movement Club

■Cheeta Llanes

NEW SOMATIC MOVEMENT CLUB FORMED AT OAKMONT

I'm excited to announce a new club formed at Oakmont. This class uses gentle movements and body awareness to improve the quality of life.

This class can help relieve stress, anxiety, poor sleep, and assist in recovery from injuries. You will learn more about your body-mind connection, and how simple physical movements and awareness practice can significantly improve your life.

If you are looking for less stress, tension, or anxiety; dealing with any sleep problems; wanting to improve your motor skills; wanting to have more ease in your body; enjoying walking with your dog, or with friends, then this class is for you.

This class will be led by Silas King, a long-time practitioner of movement, meditation, and martial arts. He has helped people with Parkinson's, injuries, poor sleep, and anxiety disorder.

The Somatics Movement Club will be starting officially May 1. Classes will be held in the Lower West Rec Center, on Wednesdays from 9–10 a.m. The class will cost \$10.

For more information contact me at (415) 710-2903, cheetallanes@yahoo.com, or Silas King at (707) 734-0780, silaskingonline@gmail.com.



InvestOAK 7



■Joseph Pundyk

Open Topic Discussion (45 minutes): Participants are encouraged to share thoughts, questions and insights on any relevant topics. Facilitated discussion to encourage collaboration and idea exchange.

Monthly Market Review (30 minutes): Presentation of key market indicators, including performance metrics, emerging trends, and competitor analysis. Discussion on implications for our business strategy and potential opportunities or challenges ahead.

The club will meet on May 17, at the CAC, Room B and 10 a.m.

Star of the Valley

■Peter Hardy

BINGO DOGS

Star of the Valley will have its final Bingo for the Spring on Tuesday, May 14 at 4 p.m.

Our menu will include Miller Hot Dogs, Chili, and Potato Salad and an Ice Cream Sunday Bar. Cost: \$10 per person. Bingo cards are \$2 per person.

All are welcome. We ask that you arrive between 3:30 to 3:45 p.m. so that meals and bingo cards can be purchased before the start of bingo at 4 p.m.



■Bern Lefson

NEWS YOU CAN USE: CHINA'S GLOBAL EXPANSION

Our social gathering begins at 11:30 a.m. on May 14 at the Berger. We will have a fabulous lunch catered by Oakmont Market.

Our featured presentation is entitled "China's Global Expansion—Past and Future" by Nan Su, Senior Reporter for the *Epoch Times*, a newspaper published in 35 countries and 21 languages. This presentation is designed to reveal China's global expansion strategy; to summarize the causes of the disconnect of the West expected and what has happened.

Everyone is invited to our luncheon but a reservation is required. Contact Steve at sgroubert@hotmail.com to make the reservation and learn the menu.

SIR 92 is an active social club with the following events scheduled in May and June:

May 14: Monthly luncheon

May 17: More Joy Show

June 11: Monthly luncheon

June 27: Upscale Dining Out

June, TBD: Tour of Western Hills Garden

We are the only SIR club in California open to men and women. We welcome new members. To learn more, contact our Membership Chair at fred_ merrill2@hotmail.com.

Men's Bible Study

■Lou Lacson

SPRING FEVER

Spring is upon us once again. According to some article I read once, "Is spring fever a revival from a long winter that puts us in the mood for love or is there biological basis of psychological renewal and physical energy?" We'll leave the thought for everyone to ponder.

Meanwhile, spiritual revival or renewal is always at hand at the Men's Bible Study on Thursdays at 10:30 a.m.

Food Booth with Dim Sum Coming May 11

■Heidi Klyn

"Yummy Meals" food booth with Dim Sum Chinese delicacies will be at the Asian American Pacific Islander Heritage Month Celebration.

WHEN: Saturday, May 11 WHERE: East Rec. Center parking

TIME: 11 a.m.–3 p.m.
PAYMENT: Cash or credit

cards





Kiwanis Club of Oakmont



■Beverly Singer

I missed the last two Oakmont Kiwanis meetings due to a heavy kid's-type cold. I guess when one has 14 great grandkids a cold now and then can be expected. I thank Tricia Shindledecker for writing this following article for me.

■Tricia Shindledecker

VALLEY OF THE MOON CHILDREN'S CENTER WAS A GUEST

Julie Hillborn, Director of the Valley of the Moon Children's Center, spoke at the Oakmont Kiwanis Meeting on April 25. Julie spoke of the history of the Valley of the Moon Children's Center and changes in the laws that transitioned most care of children in foster care.

Fewer children reside at the children's home and those who live there now tend to be teens. Volunteers are again needed to

engage with the children, especially those who are good with teenagers.

Shortly, Valley of the Moon Children's Home will begin operating an intensive live-in program for children who require additional services before they are able to be placed in a home environment—such as structured psychological care, drug rehabilitation services, stress coping strategies, etc. These services have not been available in Sonoma County and Valley of the Moon Children's Home is excited to offer these services within our community for our children in need.

Valley of the Moon Children's Home also oversees placement for all foster care services when children are removed from their families because of abuse or neglect. There is a particular need for toys for youngsters three years of age and younger.

Please help Kiwanis with a toy drive during May. Drop off new or unused toys, appropriate for babies and toddlers, at the Berger Center Fireside Room on Thursdays between 8–9 a.m. Please join us then for the Kiwanis meeting at 8:30 (breakfast at 8).

For information contact President Ann Isaacs, (916) 261-7270 or email annisaacs1@att.net.

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Oakmont Village Association

OAKMONT VILLAGE ASSOCIATION

Hours: M—F 9 AM—5 PM——Open during lunch Tel 707-539-1611 6637 Oakmont Dr., Ste. A OVA E-mail: askova@oakmontvillage.com Website: www.oakmontvillage.com

Book appointments with staff at: oakmontvillage.com/staff

MAINTENANCE OFFICE

Hours: Daily 6 AM—10 PM Tel 707-539-6720 Maintenance Building (next to Central Auditorium)

CONDOMINIUM FINANCIAL MANAGEMENT (CFM)

OVA Accounting Tel 800-585-4297

OAKMONT NEWS

Tel 707-206-1957 E-mail: cjmprod567@gmail.com

PAS MANAGEMENT COMPANY

Hours: M—F 9 AM—Noon, and 1—4 PM Tel 707-539-5810 6572 Oakmont Dr., Ste. A (for Association Maintained Homes)

ARCHITECTURAL OFFICE

Hours: M— Th 9 AM—Noon, 1—5 PM Tel 707-539-1611 6637 Oakmont Dr., Ste. A-1 E-mail: ale@oakmontvillage.com Violations: dani@oakmontvillage.com

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REPLACEMENTS	\$30 EA
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BULLETIN BOARDS

There are three OVA bulletin boards, one at each recreation center, where OVA events can be posted. Please bring in notices to the Events Coordinator at the OVA Office. Size is limited to 8.5"x5.5". Items "For Sale", "For Rent" or "Want to Buy" can be put on a 3"x5" card and left at the OVA Office.

LOCKER RENTALS

Annual Locker Fee \$30 (January 1—December 31). If you wish to rent a locker, come to the OVA office and give us a check, your information and the number of the locker you want to rent. You provide the lock. We can prorate the annual fee. Daily use lockers are free. NOTICE: Weekly locker inspections are done by OVA Maintenance. Locks could be sawed off with no prior notice and locker contents removed on all unpaid lockers. Items will be held in OVA Maintenance office for 30 days. If you have any questions, please contact the OVA Office M-F 707-539-1611

GUEST PASSES

The following are OVA Guest Pass types and duration: 1) Guest from outside Sonoma County—up to 90 days; 2) House sitters—up to 90 days (OVA host must present written request to OVA Office for approval prior to visit); 3) Guests living in Sonoma County—2 days per card, and no more than 3 cards per month. Guest cards are available during regular hours in the OVA Office for a \$30 non-refundable fee. Guests accompanied by their Oakmont host are not required to have a Guest Pass.

STREET CLEANING

City streets in Oakmont are cleaned by the city early on the fourth Friday of each month. Residents who want their streets swept should avoid street parking overnight on those days.

NEED A RIDE? GIVE A RIDE! OAKMONT VOLUNTEER HELPERS

We provide the following services to Oakmont Residents:

 Transportation to medical/dental appointments, including pet appointments, in Santa Rosa only

■ Meals on Wheels, 707-525-0383

COORDINATOR
Rides to Medical
Appointments

May 1–15Nancy MacDonald 707-591-3110

May 16–31Maggie Schmidt 707-890-1347

We regret that we are unable to provide either wheelchair or emergency service.

If you would like to be a volunteer, please call 707-539-8996.

Donations to Oakmont Volunteer Helpers are appreciated and tax deductible. Mail your check payable to Oakmont Volunteer Helpers, 6637 Oakmont Dr., Ste. A, Santa Rosa, CA 95409. Thank you.

Maggie Schmidt 707-890-1347 Santa Rosa, CA 95409. Thank

Mon.—Fri. medical rides before 9 AM or after 4 PM are subject to limited volunteer driver availability.

No service on weekends or holidays. Please call at least three full working days prior to appointment.

LETTERS TO THE EDITOR

WRITER GUIDELINES
The Oakmont News welcomes letters of up to 250 words from residents to express opinion, criticism or praise. They must include the writer's name and Oakmont address, although the address won't be published. See details on how to send them at https://oakmontvillage.com/submit. While letters to the editor may be edited for length and spelling, they are not edited for accuracy. Opinions are that of the writer and not necessarily the Oakmont Village Association.

POOLS & JACUZZIS

Access to OVA pools is by magnetic card. Call OVA Office, 707-539-1611 if you need a permanent new member pool access card or to register for a temporary guest pool access card. WEST: 7 AM—9 PM

(Closes 7 PM Wednesdays for cleaning) EAST: 6:30 AM—9 PM

(Closes 7 PM Mondays for cleaning) CENTRAL: 5:45 AM—9 PM

(Closes 7 PM Tuesdays for cleaning)
JACUZZI HOURS: Same as facility. No one under 18
years in West and East pools and Jacuzzis.
CENTRAL POOL HOURS FOR PEOPLE UNDER 18:
Labor Day—Memorial Day: 11 AM—2 PM daily
Memorial Day—Labor Day: 12—4 PM daily
Children must be accompanied by an OVA member/
resident or adult with a valid guest pool access card.
NO LIFEGUARD ON DUTY AT ANY OVA POOL.
ALL FACILITIES CLOSED CHRISTMAS DAY.

STORAGE UNITS AND PARKING

Oak Creek RV & Self Storage SP176, www.storagepro.com 707-913-7326

LIBRARY

Central Activity Center, 310 White Oak Dr. Hours: Daily 6 AM—9 PM. Closed Christmas Day. It is run by volunteers. All donations are gladly accepted. Materials we cannot use will be passed on to others.

OAKMONT COMMUNITY GARDEN ON STONEBRIDGE

For more info on signing up, email Oakmontcommunitygarden@gmail.com. Contact for current availability.

HAPPY TAILS DOG PARK

6302 Stone Bridge Rd Open to residents of Oakmont Village Association from sunrise to sunset. Small Dog Hours are from 3–4 p.m. on Sundays and Wednesdays.

FITNESS CENTER

Central Activity Center, 310 White Oak Dr. Daily 5:45 AM—9 PM. Closed at 7 PM on Tues. for cleaning. Closed Thanksgiving and Christmas day.

BE ON OVA E-MAIL LIST

Know what's going on in Oakmont.
You'll receive the weekly "Inside Oakmont"
newsletter, Board Meeting notices and
agendas, special notices and meeting
announcements. To join the OVA's e-mail list,
visit oakmontvillage.com/inside and enter
your information to subscribe.

2024-2025 OVA BOARD OF DIRECTORS

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David Dearden, Vice President david.dearden@oakmontvillage.com

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mark.randol@oakmontvillage.com Olga Ydrogo, Director

olga.ydrogo@oakmontvillage.com
Tom Kendrick, Treasurer

Tom Kendrick, Treasurer
(Non-voting officer)
tom.kendrick@oakmontvillage.com

GENERAL MANAGER Christel Antone christel@oakmontvillage.com

OVA BOARD MEETINGS

Townhalls 1st Tuesdays of the month and board meetings 3rd Tuesdays of the month, 1 PM

Always online via Zoom and in-person when possible. All residents are welcome. Information to join online is e-blasted out to the community for every meeting along with the in-person location when applicable. Sign up for e-blasts from OVA at oakmontvillage.com/inside.

The Board of Directors of Oakmont Village
Association reserves the right to select
those articles submitted for publication
that seem appropriate to the purpose
of this association.

HOW TO CONTACT YOUR LOCAL OFFICIALS

County Supervisor Susan Gorin District 1

Phone 707-565-2241 Address: 575 Administration Drive, Rm. 100A, Santa Rosa 95403 Email: Susan.Gorin@sonoma-county,org

City Councilwoman Dianna MacDonald District 3

Email: dmacdonald@srcity.org Address: City Hall, 100 Santa Rosa Ave., Rm.10, Santa Rosa 95404

PUBLIC TRANSPORTATION AVAILABLE IN OAKMONT

- CityBus #16 bus takes residents to 5 different shopping centers weekday mornings and around Oakmont afternoons.
 - Sonoma County Transit #30 bus goes to Memorial and Kaiser Hospitals and downtown Santa Rosa. Returns via Oakmont to Sonoma.
 - Schedules available at OVA office.

Tennis Club



■Jack Breibart

A LONG DAY OF TOURNAMENT TENNIS

After having two tournaments rained out this year, the members of the Tennis Club looked out their windows on March 27 and saw only sunshine which meant that the Mixed Doubles Tournament would be on at the West Courts. "No wind either," said Board member Judy Passaglia.

So, on a perfect day, the competition began at 8:30 and 10:30 a.m. There were the usual late dropouts, so some of the players had to do doubleheaders, playing at both levels. And according to Judy every person responded graciously to fill in the gaps. Hey, they got to play more tennis.

Now what you all have been anxiously awaiting. The winners. The morning session was won by Ulu (also known as Boom, Boom, so you know how good she is) and Fresno Jack Hurowitz, the master of the slice drop shot. In a hotly-contested match they prevailed over Frank Zuniga and Maureen Pennal. Jack later proclaimed it was the best tournament he ever played in. You can draw your own conclusion.

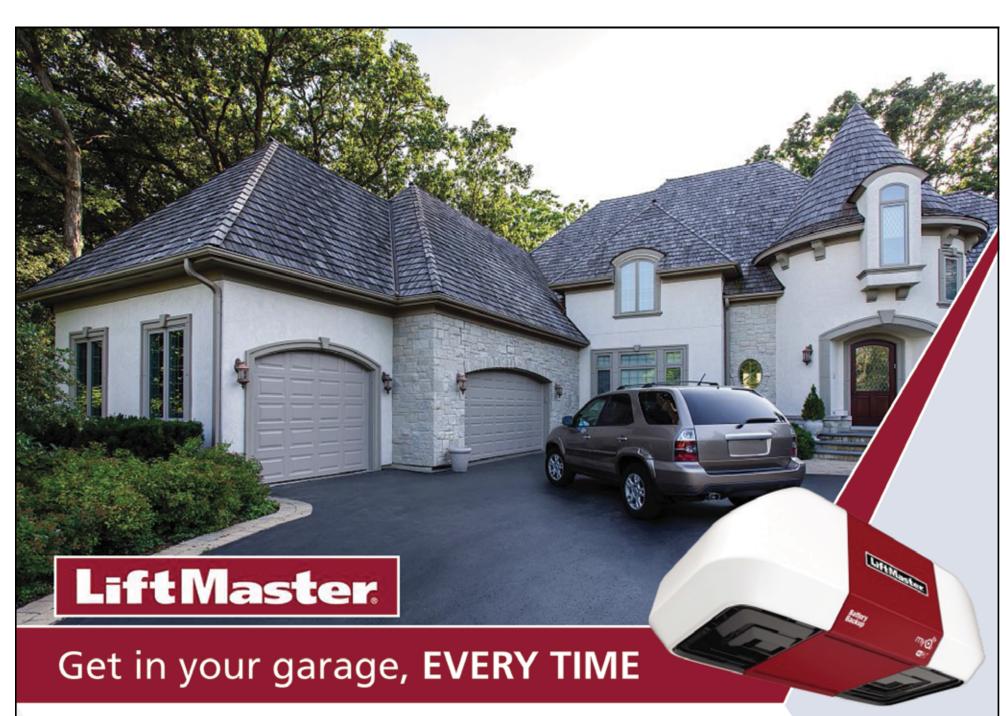
In the 2:30 battle royal, Lou Lacson and Maria Smith jumped over the net as winners to shake hands with the losers Brian Wilson and Claire Tosio. That may be an exaggeration.

The winners were awarded gift certificates to See's Candy after rejecting all-expense trips to the Pickle Ball National Championships in Mesa, Arizona in November.

All in all, it was a grand, sunny day with the tennis and the socializing. And let us not forget, the coffee pot set up by Frank Z. and the pastries, chips, sandwiches and fruit offered by the Tennis Club.



Lou Lacson and Jack Hurwitz, left to right. (Photo by Jack Breibart)



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Oakmont Sunday Symposium



10:30 a.m. Now live in Berger (not zooming) \$3 donation requested, for Oakmont residents and their guests Go to www.oakmontsundaysymposium.org for more info and updates

Coffee, tea and snacks are available for sale in Berger from 9:45–10:15 a.m. before the presentation begins.



MAY 12: HAPPY MOTHER'S DAY!

No meeting on this day.

MAY 19:

TRANSCENDENCE COMES TO OAKMONT!

A Transcendence performance is always high energy, vibrant and electrifying. World-class Broadway-level performers will mesmerize and fascinate you with their awesome talent, their enthusiasm and their joyous love

for what they do. They will perform a sneak preview of their summer schedule. Be prepared to be amazed and uplifted!





■Howard Sidorsky

UPCOMING EVENTS

May 18: Bake Sale at A&C Faire, CAC Parking Lot, 10 a.m. to 3 p.m. Stop at our spot and stock up on delicious baked goods.

May 20, 5:30–7 p.m.: Chapter Meeting (Santa Rosa), General good company and food, planning, and possibly our first assigned candidate Rep. Patty Kim! Call (916) 768-4382 for location.

May 22: Book Event, 5 p.m. (Zoom). Discussion of *MidLife New Life*, with author Eileen Caroscio on developing resilience for persevering through the changes and challenges we face after 50. Q&A and prizes! Requested donation \$20–40. Please email howard@sidorsky.com for Zoom link.

June 15: Poker for Democracy, East Rec. Center, \$20 entry, \$20 for chips. If you are serious about poker or just a novice, it doesn't matter. There will be a table for you. You can take your winnings or you can donate them to our candidate. Come prepared for a great time.

Lifelong Learning 🔊

■Marlena Tremont





MORE JOY—WE ARE ONE!

WHEN: Friday, May 17 at 7 p.m.

WHERE: Berger Center TICKETS: \$25, Theater seating

If you are a fan of folk, blues, or country, you're bound to bounce into spring with the return of More Joy, Oakmont's beloved hometown group. This delightful quartet kicks every concert into high gear with a hilarious sense of humor and infectious energy.

Join Iris Harrell, Ann Benson, Chris Finn and Deborah Knapp for another incredible performance!

NEW THIS SUMMER—LUNCH AND LEARN FROM BURGERS TO HAUTE CUISINE— 19TH CENTURY COOKING

Instructor: Dr. Bertram Gordon

Saturday, June 29, 11 a.m.-4 p.m., Berger Center 3-hour session. Cost: \$47, includes a one-hour lunch

How about burgers in the Berger? Join us for this five-hour Lunch and Learn class on 19th century cooking that will explore the history of the humble hamburger contrasted with the "haute cuisine" taking storm in Europe's finest hotels and spas.

For more information or to register, go to oakmontll. org, leave a check in the OLL in the OVA folder or pay at the door.

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features four glass sliders leading outdoors to take in the gorgeous views all around. The kitchen has bar seating and opens to the family room where you'll spend much of your time admiring the changing colors of Hood Mountain, or enchanted by the full moon that rises above the mountain tops. The home's many features include two primary suites, 4-car garage with workshop, and golf cart path to summer parking under the east deck. Large, walk-in, under-house storage is perfect as a wine cellar. Other features include dual-pane windows, air conditioning in 2012, roof in 2016, and furnace in 2019. This home is a gardener's delight with lots of space to plant vegetables, fruit trees, or a hobby vineyard. \$1,250,000

Cal Alumni Club of Oakmont



■Marilyn Noah

WINE TASTING— WEDNESDAY, JUNE 19, 3 PM AT EAST REC.

Cal Alumni Club of Oakmont is hosting a wine tasting at East Rec on Wednesday, June 19, from 3–5 p.m. Multiple local small wineries will be pouring and appetizers will be served. A silent auction will be part of the event.

Proceeds go to support scholarships for Santa Rosa Junior College students who will be transferring to UC Berkeley.

Tickets went on sale May 1. Cost is \$30 in advance and \$35 at the door. For advance tickets, contact Linda Williams at oakmontcalalums@gmail.com or (707) 322-6272.



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