

MYN

Meet Your Neighbors



Meet Your Neighbors (MYN) is a unique program that brings neighbors together to plan for emergencies. It is Oakmont's Community Emergency Preparedness Initiative for Neighbors Helping Neighbors. More information on how to get involved is below:

- 🏠 **MYN Informational Meetings** - These meetings are offered to provide an overview of the MYN program and how to get started connecting with your neighbors.
- 🏠 **Leader Council Meetings** - These meetings provide neighborhood leaders with a forum for sharing challenges and successes. The attendees decide on the topics that meet their needs.

- MYN Highlights -

- 🏠 Meeting your neighbor is the first step to preparing together
- 🏠 MYN is a guide to prepare for emergencies
- 🏠 Your neighborhood decides what works best for your neighborhood
- 🏠 Information & resources offered to make your neighborhood more self-reliant
- 🏠 Intro meetings and Leader Council meetings for ongoing support

This MYN booklet provides information on:

- 🏠 Preparedness planning, actions, tips, and resources
- 🏠 Preparing together in your neighborhood - sharing skills and resources
- 🏠 Steps to follow immediately after an emergency
- 🏠 FAQs on getting MYN started in your neighborhood
- 🏠 Preparedness tips & resources to keep you and loved ones safe

Preparedness Planning
Preparedness Resources
Skills & Equipment
Steps & FAQs
FAQs/Tips/
Map



Booklet design courtesy of Napa Valley COAD

- GET EMERGENCY ALERTS AND COMMUNICATIONS -

 [Santa Rosa Fire Department](#)

 [County of Sonoma
Emergency](#)

 [Sonoma Sheriff](#)

 [City of Santa Rosa](#)

 [CalFIRE](#)

 [@CountyofSonoma](#)

Alerts -

SoCo Alerts:
bit.ly/SoCo-Alerts

CivicReady:
srcity.org/CivicReady

Know Your Zone -

An online map with
evacuation info:
bit.ly/SoCo-Zone





Radio -

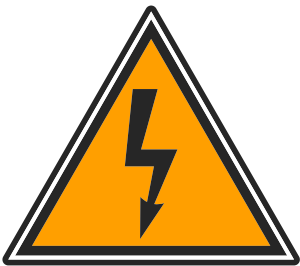
KSRO: 1350 AM
103.5 FM *ENG
100.1 FM
98.7 FM
89.1 AM *SPAN

NOAA -

SoCo: **162.475**
Phone Apps
•Watch Duty
•PulsePoint
•MyShake

Questions for preparedness planning:

-  Do you have an evacuation plan?
-  Do you know your evacuation zone? (Oakmont North, South and Stonebridge)
-  Are you signed up for SoCo Alerts & CivicReady Alerts?
-  Do you have a Go Bag and/or Stay Box with critical supplies & copies of important documents?



- Power Shutoffs -

The power may shut off in an emergency, so it's important to have a plan in place in case you lose power. Stay informed with PG&E to better prepare.

Get a **phone call** or **SMS text** from **PG&E** for **Public Safety Power Shutoffs (PSPS)** for your address:

→ pge.com/addressalerts or **Call: 800-743-5002**







In the event of other power outages, visit:
pgealerts.alerts.pge.com/outagecenter/
or **Call: 1-877-660-6789** for more info

GET READY!

Make a plan with your family! Below are the key components for all hazard planning. More details for planning are included under the "Preparedness Resources" tab below, as well as the [Oakmont MYN website](#). Talk with your neighbors to make plans and share information. Working together, neighbors can become more self-reliant and resilient. You can find more information on planning together in the "Skills & Equipment" and "Steps & FAQ" tabs.

OakmontVillage.com/MYN

- Make a Plan -

-  **GET ALERTS** so you can stay informed and know what to do.
-  Prepare an **EVACUATION PLAN** so you know what to do and where to go.
-  Make a **CONTACT LIST** with essential phone numbers and contacts.
-  Pack a **GO BAG** with essential items, including meds and critical documents. Prepare a **GRAB LIST** of items you can't pack ahead of time.
-  Prepare a **STAY BOX** for when you can't leave your home.
-  Reach out to **NEIGHBORS** and friends to make a plan together!



Preparedness Planning

Preparedness Resources

Skills & Equipment

Steps & FAQs

FAQs/Tips
Map



Evacuations and Shelter in Place for All Emergencies

Stay Informed with **SoCo Alerts & CivicReady!** - Visit: bit.ly/SoCo-Alerts and srcity.org/CivicReady

PREPARING FOR FIRE EVACUATIONS:



Pack a **GO BAG**



Check your evac zone; leave early if you feel unsafe



Red Flag Warning - practice your plan



Know what a Hi-Lo siren sounds like



Have your car ready with gas or fully charged EV



Follow instructions given by first responders



Take all combustibles indoors, attach hoses, leave a non-combustible ladder out



Charge your electronics



Stay updated with SoCo Alerts, CivicReady, and other official sources to know where your Evacuation Center is located

EARTHQUAKE SHELTER IN PLACE:



Practice safety drills **Stop, Cover, Hold on**



Prepare a **STAY BOX** with at least 3 days of supplies



Make noise if you are stuck under rubble



Secure hanging & shelf items in your home



Check your insurance to see what is covered



Stay informed with official County alerts. Download the **MyShake app** for earthquake alerts.



Pull over if you're driving



Call 911 if there is a medical emergency



Prepare for aftershocks

EVACUATIONS & SHELTER IN PLACE DEFINITIONS:



Prepare a **Stay Box** and a **Go Bag**






***Evacuation WARNING:** evacuate asap but ok to take a short delay to gather your things and prepare your home. Always leave if you feel unsafe. If you're not home, call a neighbor to get your pets.

***Evacuation ORDER:** leave right now! Evacuate immediately. Do not delay in gathering your belongings.

***Shelter in place:** stay in your current location or find a safe place. May be required when evacuation is not necessary or is too dangerous.



Questions for preparedness planning:

-  Do you have a back up communication plan in case cell phone service isn't available? What is your family reunification plan?
-  Do you have someone out of your area that family can contact?
-  Do you or anyone in your family have a special circumstance that may require additional preparations?

When creating **emergency plans** and **Go Bags/Stay Boxes**, it is important to consider your special circumstances. There is no one-size-fits-all emergency plan, but having hard and/or digital copies of your critical documents - including medical information - is vitally important to everyone. Here are some examples of items you may include in your Go Bag/Stay Box. Check out OakmontVillage.com/MYN and socoemergency.org for more information and resources.

OakmontVillage.com/MYN

- Go Bag/Stay Box Items -



Phones, chargers, and extra batteries



Important documents (hard and/or digital copies), and **grab lists**



First-Aid Kit, medications, medication lists, and masks



Flashlights, LED, head lamps, lanterns & a whistle



Cash - especially small bills



Maps and your emergency contact list



Radios and laptops to stay informed



Extra change of clothes, shoes, and hearing aid batteries



Pet Go Bags food, water, toys, meds, kitty litter, bed, collar & leash, carriers & photos of you & pet



Water and food that won't spoil



Personal hygiene supplies

HAVE A PLAN!

**items from your Stay Box may also be used for your Go Bag*

- Special Circumstances -



Older Adults - Carry family/caregiver information & contacts in your wallet



Communication Challenges - Plan how you will communicate with others



Put a note in your Go Bag with info about your **medical condition(s)** so first responders or medical staff may assist you



Mobility Disability - Evacuate early if you need extra time to get out



People with Pets - Food, water, medicine & proof of immunization



Arrange **emergency transportation** in advance.

HAVE A PLAN!

Preparedness Resources
 Skills & Equipment
 Steps & FAQs
 FAQs/Tips
 Map

Neighborhood Contact List with Leader Info



<p style="text-align: center;">Leader 1</p> <p>Name(s): Address: Phone: Email: Pets: Special Needs:</p>	<p style="text-align: center;">Leader 2</p> <p>Name(s): Address: Phone: Email: Pets: Special Needs:</p>	<p style="text-align: center;">Address 1</p> <p>Name(s): Address: Phone: Email: Pets: Special Needs:</p>
<p style="text-align: center;">Address 2</p> <p>Name(s): Address: Phone: Email: Pets: Special Needs:</p>	<p style="text-align: center;">Address 3</p> <p>Name(s): Address: Phone: Email: Pets: Special Needs:</p>	<p style="text-align: center;">Address 4</p> <p>Name(s): Address: Phone: Email: Pets: Special Needs:</p>
<p style="text-align: center;">Address 5</p> <p>Name(s): Address: Phone: Email: Pets: Special Needs:</p>	<p style="text-align: center;">Address 6</p> <p>Name(s): Address: Phone: Email: Pets: Special Needs:</p>	<p style="text-align: center;">Address 7</p> <p>Name(s): Address: Phone: Email: Pets: Special Needs:</p>
<p style="text-align: center;">Address 8</p> <p>Name(s): Address: Phone: Email: Pets: Special Needs:</p>	<p style="text-align: center;">Address 9</p> <p>Name(s): Address: Phone: Email: Pets: Special Needs:</p>	<p style="text-align: center;">Address 10</p> <p>Name(s): Address: Phone: Email: Pets: Special Needs:</p>
<p style="text-align: center;">Address 11</p> <p>Name(s): Address: Phone: Email: Pets: Special Needs:</p>	<p style="text-align: center;">Address 12</p> <p>Name(s): Address: Phone: Email: Pets: Special Needs:</p>	<p style="text-align: center;">Address 13</p> <p>Name(s): Address: Phone: Email: Pets: Special Needs:</p>

*Be sure to complete this Contact List to keep as a **hard copy** in case you cannot access information on your phone. Consider making a digital copy of your neighborhood CONTACT LIST.

*Contacts within your neighborhood should remain **CONFIDENTIAL**.

Neighborhood Skills Inventory - One way for neighbors to help each other during an emergency is by sharing their skills. Knowing who knows first aid or has crisis counseling skills could change the outcome of a disaster. Talk to your neighbors to see how you can help one another. List the names of people who know these skills, and add some of your own.

<u>First Aid Skills:</u>	<u>Coordinating/ Organizational Skills:</u>	<u>Language Skills:</u>
<u>Crisis Counseling Skills:</u>	<u>Electrician Skills:</u>	<u>Plumbing Skills:</u>
<u>Elder Care Skills:</u>	<u>Fire Fighting Skills:</u>	<u>Carpenter Skills:</u>
<u>Search & Rescue Skills:</u>	<u>HAM Radio Operator:</u>	<u>Zone Communicator ZC:</u>
<u>Animal Handling Skills</u>	<u>Other:</u>	



*Skills & Equipment
Steps & FAQs
FAQs/Tips
Map*

Neighborhood Equipment Inventory - Share resources/equipment and keep each other safe in an emergency. Write down the names of people in your neighborhood with critical equipment, and add some of your own. (Who has what?)

<u>First-Aid Supplies:</u>	<u>Generator:</u>	<u>Fire Extinguisher:</u>
<u>Ladder:</u>	<u>Chain Saw:</u>	<u>Strong Rope:</u>
<u>Camp Stove/Grill:</u>	<u>NOAA Weather Radio:</u>	<u>Walkie-Talkies:</u>
<u>Crow Bar:</u>	<u>Flashlights:</u>	<u>Solar Charger:</u>

STEPS - Immediately Following Disaster

Make an emergency plan with your neighbors to ensure everyone stays safe during a disaster. These steps may be adjusted to fit your neighborhood's specific needs and the type of emergency. **Call 911 for medical emergencies or if you are in immediate danger.**

1

Take care of your family/household



- Evacuate if needed or if you feel unsafe
- Call 911 for medical emergencies

5



Go to the Neighborhood Gathering Site

Meet your neighbors at the agreed upon gathering site to act on your emergency plan. You may not need to meet if sheltering in place

2



Dress for safety -

Use protective clothing like boots and gloves to protect yourself from debris

6

Form teams (Use the buddy system)



Team 1: Check on the elderly, those with disabilities, and those not at the gathering site

Team 2: Check all the homes with "HELP" signs displayed or with no sign showing

Team 3: Stay updated with SoCo Alerts and CivicReady Alerts for official information

3



Shut off the gas and/or water - only if applicable

This may prevent further damage or fires. Always call PG&E to turn gas back on



4

Place the **HELP** or **OK** sign somewhere visible from the street.

Decide with your neighbors how to use the **HELP** and **OK** signs

7

Return to gathering site-

Share what you have done with your neighbors. **Call 911 if you need medical assistance**



- Gathering Site -

- Care Center -

MYN Frequently Asked Questions



Working together to combine our skills and resources makes us more resilient and effective in responding to emergencies. During an emergency we all are vulnerable. Knowing people around you can reduce the chaos immediately after a disaster. It might feel a little intimidating to try to connect with your neighbors about preparing together. Here are some questions to help get the conversations started when others may seem skeptical. Be patient, building relationships and collaborating takes time.

Conversation Starters

How do I start the conversation?

1

First introduce yourself! Let people know **why** you have been thinking about emergency preparedness. We've had a lot of emergencies in Sonoma County/Oakmont these last few years and it's important to be prepared.



2

What is recognizable about your home?



A great way to start a conversation is by describing any physical identifiers on your home. (Ex: I'm the person with the blue door.)

3

What emergencies have you experienced?



What was it like for you and what concerns you most now? Most people in SoCo/Oakmont have experienced at least one emergency and can identify existing concerns they may have relating to disasters.



4

Who can do what? Who knows what? Who has what?

Let your neighbors know what skills or emergency equipment you may have that can help during a disaster and ask how they can help, too.

5

What can I do to help during a disaster?



Some neighbors may have pre-existing vulnerabilities like age, physical limitations, and/or functional needs. Let them know you are there to help if they were to need it during an emergency.

Working with Your Neighbors

1

How do I attract interest among my neighbors?



There may be someone you know willing to be a co-leader to model "working together." Block parties or BBQs are a great way of getting to know your neighbors. Make it a potluck and think of ways to help people connect. Having a large map on butcher paper can get people talking.

2

What if my neighbor speaks another language?



Ask someone to translate (if possible) or use online translators when planning with someone that doesn't speak your language. Don't be afraid to use hand gestures!

3

What if my neighbors don't want to join MYN?

MYN

Not all neighbors will be open to participating or attending meetings. Instead ask if they would like to stay informed about what the neighborhood is doing to stay safe. Join the monthly Leader Council meeting to connect with other neighborhood leaders.

4

What if my neighbor doesn't want to share contact info?



Some people are concerned about sharing personal information and suspicious about organizing efforts. Making connections and feeling comfortable with others can take time. Affirm that contact information will just stay within the neighborhood.

5

What should I consider as my neighborhood?



That is really up to each neighborhood. Typically 10-20 homes is about right - your block on one or both sides or your cul-de-sac. It will be different for different neighborhoods. Think about natural boundaries. If you need help, the MYN team can help.



Preparedness Tips


Having a plan, practicing it, and making it more familiar are life saving measures. Here are some tips to consider when creating your emergency plan. Check out the Oakmont MYN webpage for more information: OakmontVillage.com/MYN

 **Do NOT use candles during a power outage!**
Candles may cause fires, especially if there's a gas leak. Use flashlights or a headlamp.




 **Be sure your text alert is loud enough to wake you up**
in case there is a SoCo Alert or CivicReady alert during the night. Leave hearing aids in on Red Flag Warning nights.



 **Mobile apps like Watch Duty and PulsePoint**
serve as unofficial yet important sources of information that provide notification about local fires. Use **MyShake** for earthquake info.



 **Have a backup communication plan in case you lose power or cell connectivity**
Have a backup communication plan in case you lose power or cell connectivity. Make sure everyone in your family knows the plan and where to reunite if you cannot connect by phone. **Remember, texting is better than cell phone calls during emergencies. Test your backup plans.**



 **Know your ZONE**
You can find your evacuation zone with the online map: socoemergency.org/get-ready/evacuation-map



 **Create a Grab-n-Go List**



 **Keep a fire extinguisher handy in case of a small fire**



 **Know what you plan to do during an evacuation warning and evacuation order**

A **WARNING** means that there is potential threat to life and property. An **ORDER** means there is an immediate threat so evacuate immediately.



 **Evacuate immediately if you hear a Hi-Lo siren**

A Hi-Lo siren is used to notify people to evacuate immediately. Learn what the Hi-Lo siren sounds like:

www.sonomacity.org/departments/emergency-prep

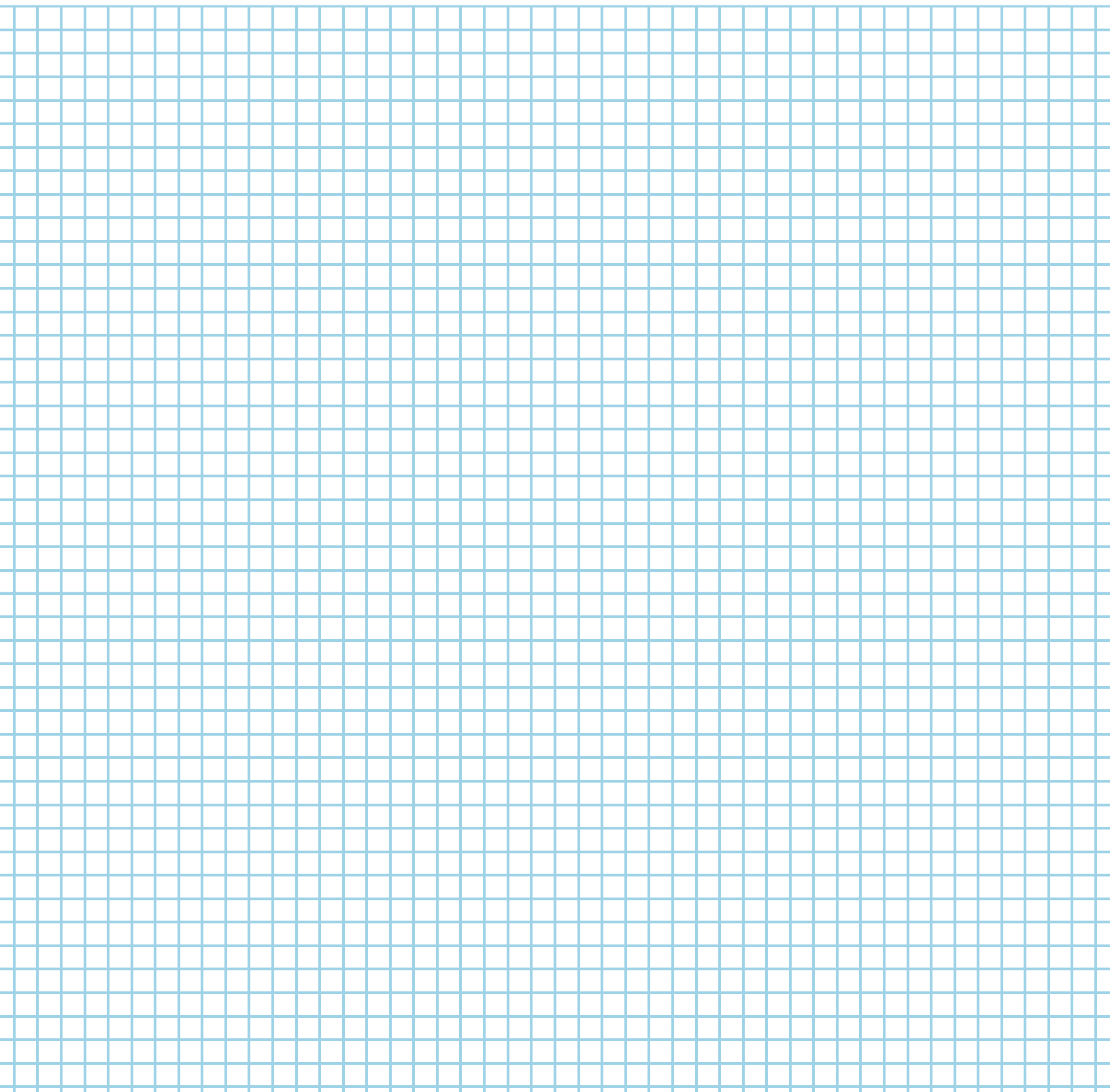


 **Make a plan for your pets**

Practice with a carrier, make a plan with neighbors, have multiple pet friendly evacuation destinations options, have all Go Bags ready at door, keep pets indoors & ready to go

HALTER Project
LEADING RESIDENTS TO
SAFETY & PREPAREDNESS

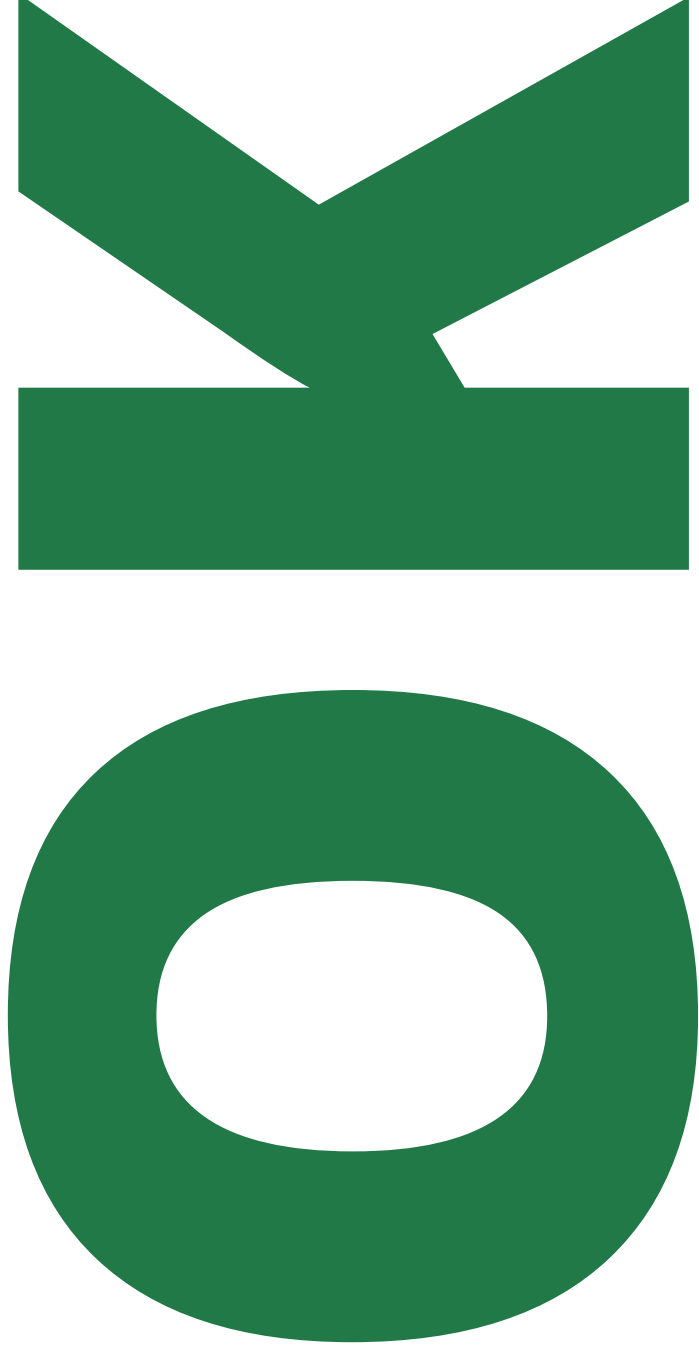
Map out your neighborhood - Draw the layout of your neighborhood, including: buildings, houses, streets, landmarks such as fire hydrants, and gas/water/electrical panel locations on every house. Number the houses in your neighborhood to correspond with your Contact List for easy reference. Walk your neighborhood. **Consider making a digital map of your neighborhood, but keep a hard copy in case you can't access the digital version in an emergency.**



Position this sign in a place that is easily visible from the street so your neighbors or emergency personnel know you are OK.

THIS SIGN IS NOT INTENDED AS AN EVACUATION TAG.

EACH NEIGHBORHOOD DECIDES HOW BEST TO USE.



We are OK and will come to the gathering site shortly.

Position this sign in a place that is easily visible from the street so your neighbors or emergency personnel know you need assistance.

HELP