

# OAKMONT NEWS

Oakmont's Semimonthly Newspaper

www.oakmontvillage.com/news

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## OVA Website Gets a New Look

■OVA Staff

The Oakmont Village Association (OVA) will launch a newly designed homepage for their website with improved functionality on Monday, Sept. 30. The new design will first appear on the homepage, and will be applied throughout the website over the next several months.



The OVA website is getting a new look, which will launch on Sept. 30.

The revamped homepage, which can be viewed at oakmontvillage.com, will have a cleaner design, ensuring better readability and navigation. With the new layout, residents should be able to quickly find what they need, including information on clubs, OVA events, facility updates, or accessing the owner portal.

This upgrade is the first part of a broader effort to enhance the website's functionality. The project has been led by OVA's IT Coordinator, Trace Hernandez with assistance from the Communications Committee. Through collaboration, they took the time to understand the needs of our community, ensuring that the changes made would improve the OVA online experience.

Residents can look forward to further updates and improvements in the coming months, making the OVA website an even more valuable resource.

## Board Votes to Explore Master Plan Concept 3

■Marlena Tremont

In a unanimous decision, the OVA Board voted to explore Master Plan Concept 3, called "A Walk in the Park," as well as options 3 for both CAC and Berger as part of the development of a Master Plan for the Central Complex.

The Long Range Planning Committee recommended that the board move forward with additional details, including cost modeling and plan refinements.

"Our vote should not be construed as saying that we have decided as a board that we are going to do this and now we're going to find out how much it's going to cost. Rather we are going to find out roughly what this look like cost wise so that will inform our decision about whether we are going to move forward with some of this," said Director Mark Randol. He also said the board needed to be "on record" as having come together as a board in taking this next step.

Director Matt Oliver said that it is important for the community to understand that the decision to look at Concept Three means looking at the incremental costs of each of the plan's component parts, something he says will take a lot of time. "This is a not an approach that would be engaged fully on the first day or month or whatever," said Oliver. "This is something that would be engaged in a phased kind of strategic approach that could take years to implement partly because of the financial side of this and how we gather funds to do this."

Christel Antone, OVA General Manager, further explained the board's action was the next step in the process and that the decision to further explore the concept would entail cost modeling and could

See **BOARD** on page 3

## Work on the Creek Started



On Tuesday, Sept. 3, the Sonoma County Water Agency started dredging a section of Oakmont Creek that runs between Oakmont Drive and Wild Oak Drive, which should improve the flow once the rainy season begins again. These photos by resident Sherri Hoefling show what the creek looked like before and after dredging.

## Town Hall with CourseCo Representative

Tom Bugbee represented CourseCo, the management company of OVA's Valley of the Moon Golf Course, at a packed town hall meeting at the Berger Center on Thursday, Sept. 12. Bugbee laid out the recent challenges the golf course has faced, including a heavy rainy season followed by severe heat that had an adverse effect on the course and ponds. He also shared the positive changes taking

place, including new staff leadership and adjustments at the restaurant, plus upcoming bunker repairs, new carts and new equipment.

Following the update, Bugbee answered questions and listened to spirited feedback from golfers and residents about the golf club.

A video of the Town Hall is available on the OVA website.



Photos by Maureen McGettigan.

## Board Director Opening

■News Staff

The OVA Board of Directors will soon have an open position following the pending resignation of David Dearden. Director Dearden will officially step down as soon as a replacement is selected.

If you are interested in serving on our OVA board to fill Dearden's term, which expires in April 2025, please send a brief bio or resume by October 11 to Dawn McFarland in the administrative office at dawn@oakmontvillage.com.





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## Rotary Will Help Replace Smoke Alarm Batteries

■News Staff

Oakmonters needing help with changing smoke alarm batteries (and more) are in luck on October 26 when a team of Rotarians from the Valley of the Moon Club (VOM) will be making home visits for free.

The Saturday morning event is a part of the service group's community outreach program to help neighbors who need assistance reaching smoke detectors that may be chirping or not operating because batteries are dead.

In addition to smoke alarms, the Rotarians will also help with adding an extension to garage door pull cords that can be difficult to reach for a lot of seniors when electrical power is out, sometimes in an emergency. They will also change filters in air and furnace systems. Batteries and pull cords will be supplied by the Rotary. Homeowners needing filter changes are asked to have the proper-fitting filter available when the Rotary team arrives.

The two-person teams will be working on Oct. 26 from 9 a.m. to 1 p.m. To request assistance during those hours, send an email to David Beach at d.beach@utoronto.ca or call (707) 919-6525. Please provide your contact information, and specify what items need replacing.

## Meet Your Neighbors (MYN)

■Katy Carrel, MYN Chair

### SETTING UP MYN IN YOUR NEIGHBORHOOD

Organizing your neighbors to help each other in the event of an emergency or disaster may be easier than you think. Oakmont's emergency preparedness group, Meet Your Neighbors (MYN), has a website (oakmontvillage.com/myn) with a sample invitation letter to help your neighborhood take the first step. There are also other helpful tools to get the word out and bring neighbors together.

The entire process of getting set up as a MYN neighborhood can be easy and fun. Check it out at oakmontvillage.com/article/myn-support-documents.



## Tri-Tip Trolley Food Truck in Oakmont

■OVA Staff

Head to the Berger parking lot for a delicious meal on select days from Tri-Tip Trolley. Check out the menu here: [triptrolley.com](http://triptrolley.com).

### FOOD TRUCK SCHEDULE

**Dinner, 4:30–7 p.m.:** Saturday, September 28; Tuesdays, October 1, 8, 15, 22 and 29.

## New Resident Reception on Oct. 24

■OVA Staff

New Oakmont residents and those who would like a refresher on our community are invited to an upcoming New Resident Reception at the Berger Center on Thursday, Oct. 24, 6–7 p.m. This event is designed to introduce you to our vibrant community and provide you with valuable information about Oakmont's unique lifestyle offerings.

Agenda:

- Informative discussion by Keynote Speaker Heidi Klyn on discovering Oakmont's special lifestyle offerings.
- Key architectural information to help you settle in seamlessly.
- Introduction to essential community resources.
- Meet and greet with our enthusiastic Welcome Committee.
- A chance to connect with fellow new residents and neighbors.
- Q&A session for any queries you may have.

Refreshments will be served.

This is a wonderful opportunity to engage with your new neighbors, establish connections, and immerse yourself in the Oakmont community.

## Vaccine Clinic Coming to Oakmont

■OVA Staff

OVA is once again hosting a series of Vaccine Clinic Days at the Berger Center this fall. Upcoming dates are Thursday, Oct. 3 and Tuesday, Oct. 29. All clinics will be 9 a.m. to 3 p.m.

This vaccine clinic is offering the following vaccines: FLU 2024-25 (Standard and High Dose for 65+ years old), COVID 2024-25, Pevnar 20 and RSV.

You can make an appointment at [www.safeway.com/vaccinations/group-clinic/OakmontSR2024](http://www.safeway.com/vaccinations/group-clinic/OakmontSR2024).

Please bring your medical and prescription card to the clinic at the time of your appointment plus the printed version of the consent form you receive at the time of booking your appointment. There will also be consent forms at the clinic, or you can download it from the OVA website at [oakmontvillage.com](http://oakmontvillage.com).

If you are not insured, please prepay with the Safeway pharmacy by calling (707) 766-9477. Safeway is unable to bill for Kaiser members.

## Invitation to Participate in "Christmas on the Plaza"

■OVA Staff

During the winter holiday season, Oakmont Village Association is excited to announce the inaugural year of "Christmas on the Plaza," a festive new holiday display event. In the winter months, the OVA is transforming the plaza outside the Berger Auditorium into a Christmas Tree Grove, and the association would love for OVA clubs to be part of this special celebration.

The OVA is inviting clubs to sponsor a tree for \$75. Each sponsored tree will be an opportunity to showcase your club's creativity and holiday spirit, and even incorporate the theme of your club. There are 40 trees available, and they will be prominently displayed for all to enjoy throughout the season.

Each club that chooses to participate will be responsible for decorating the tree with LED lights and water-resistant decorations. To ensure the safety and durability of the display, the OVA asks that no glass ornaments be used. OVA staff is here to support you with decorating ideas and to help make your tree a standout in the grove.

The Christmas Tree Grove will be a beautiful addition to the community, creating a welcoming and festive atmosphere for visitors and seasonal events. It is the hope of the OVA that this holiday display event will become a cherished tradition in our community.

To reserve your tree, please email [AskOVA@oakmontvillage.com](mailto:AskOVA@oakmontvillage.com), or stop by the office to fill out the sponsorship form. Deadline to sign up is October 15. Given the limited number of trees, the OVA encourages clubs to secure their spot early.

Thank you for considering this opportunity to contribute to the holiday cheer in our community. We look forward to seeing your club's unique and festive tree in the grove!

## Warming Trends

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## BOARD Continued from page 1

also include further community input, town halls, workshops, participation by the user groups or whatever the board decides is necessary.

All plan concepts were on display in the CAC in July, and members were encouraged to provide feedback to the board.

Residents can view the Master Plan concepts on the OVA website at [oakmontvillage.com/central-complex-area-design](http://oakmontvillage.com/central-complex-area-design).

## Tennis Club



■Jack Breibart

### EYES ON THE PRIZES

Okay, there is still plenty of time to sharpen your game with the goal of being at peak performance for two upcoming really competitive—as opposed to social—tournaments.

The fun Ten Beer Social is history and things get serious now, so get your game face on, too.

Here's how the tournaments work: men on October 19 and women on October 26 (both Saturdays) at the West Courts. Starting time is 9 a.m., but nobody will complain if you get there at 8:30 to start drawing for partners.

The highly-sought-after slots will be limited to the first 16 who send in their requests. Entry fee will be only if you want to make a contribution to the Tennis Club Kitty, not an animal but a fund.

The 16 entrants will have to have alternates in case they can't make it. So, pick someone you like or don't like for back-up.

There will be a shakeup of partners after the initial sets. This will eventually lead to overall winners, who will be determined by how many games they've won. So, good luck to the scorekeeper.

Prizes will be awarded and they should be cherished and unreturnable.

And a reminder: If you are new to Oakmont and want to join the Tennis Club go to the OVA office and ask for the Tennis Club folder. In it you will find a one-minute form to fill out and leave that with your \$20, the bargain of a lifetime.



## Oakmont Volunteer Helpers

■Matt Zwerling

### MEETING THE CHALLENGES OF AGING

You are invited to join us on Saturday, October 12 from 10 a.m.–12:30 p.m. in Berger Center. Registration is required as attendance is limited. Email Sue Aiken (slaiken5440@gmail.com) or Linday Sweeney (lmrob@msn.com) to register.

Yes, Oakmont is an Active Adult Community. Yes, the average age of residents hovers around the mid-70s. And, yes, there is a wonderful variety of clubs and activities to keep our bodies and minds active and engaged. However, none of us is immune to physical or mental aging any more than we can avoid wildfires or earthquakes.

Similar to the unpredictability of these disasters, natural, as well as unexpected, changes in our personal health will impact our ability to age in place. While Meet Your Neighbors and the Firewise Resource Task Force programs emphasize the need to plan for natural disasters, the Aging in Place (AIP) work group believes there is an equally pressing need to plan for our psychological well-being, our ability to live in our home, and to manage our financial resource allocation as we age.

The AIP group will be hosting a workshop where a panel of experts will address the topic of Meeting the Challenges of Aging. Questions to be addressed will be similar to:

- How do I talk with my family about my situation?
- What can I do as my spouse becomes more incapacitated?
- What is the dollar cost of long-term care—home vs. facility?
- How do I manage aging while living alone?
- How far will my financial resources take me and how do I manage those?

Following the panel presentations there will be an opportunity to explore some of the ideas in small group conversations. It is our hope that the information provided will stimulate the audience to evaluate, or reevaluate, plans for aging gracefully.

## Lifelong Learning



■Marlena Tremont



### SANTA ROSA SYMPHONY

#### INSTRUCTOR: WENDY CILMAN AND SANTA ROSA SYMPHONY MUSICIANS

Wednesdays, Oct. 2–23, 3–5 p.m., Berger Center, 3-week session, bonus fourth class. Cost: \$50.

Different members of the Santa Rosa Symphony will discuss the role of their instrument in symphonic music and in the opening concert on the season. An optional fourth class after the concert will be taught by conductor Lecce-Chong.

#### CONTEMPORARY ECONOMIC POLICY INSTRUCTOR: JON HAVEMAN

Mondays, Oct. 14–Nov. 4, 3–5 p.m., Berger Center, 4-week session. Cost: \$65.

Explore three pressing policy issues—immigration, the federal debt, and healthcare—by looking at their origin, the underlying data and evidence, and what policy levers are available to deal with them.

#### DRUG DISCOVERY AND DEVELOPMENT INSTRUCTOR: DENNIS DRAYNA

Thursdays, Oct. 17–Nov. 7, East Rec., 4-week session. Cost: \$65.

An easy-to-understand exploration of the discovery and development of pharmaceuticals including new treatments and approaches including gene therapy, gene editing, stem cells, brain implants and precision medicine.

### CONCERTS

#### MADS TOLLING TRIO



**WHEN:** Friday, October 11, 7 p.m.

**WHERE:** Berger Center

**TICKETS:** \$25. Theater seating.

Discover the diverse talents of the two-time Grammy

Award winning violinist Mads Holling whose trio is known throughout the world for their superb mastery of modern American jazz music.

#### MORE JOY

**WHEN:** Saturday, November 16, 7 p.m.

**WHERE:** Berger Center **TICKETS:** \$25. Theater seating.

Whoop it up with a bit of foot stomping fun as our lively hometown folk band takes the stage.

To register for classes and concerts go to OakmontLL.org, leave a check in the OLL folder at the OVA office or pay at the door.

## Jazz Club



■Michael James

### LATIN JAZZ FOR OCTOBER!

The Jazz Club is proud to present the piano sounds of Dave Austin for our October meeting. He has been a San Francisco favorite for decades. If you like "Girl From Ipanema" or "Quiet Nights Of Quiet Stars," you will love Dave Austin. Adding her wonderful vocals to his piano will be Marisa Malvino.

They will perform from 2–3 p.m. at the East Recreation Center on Wednesday, October 2. Donations will be gratefully accepted. Our open jam is from 3–4 p.m. and everyone is welcome to participate.

■Dolora Hurst

### A SHOW OF EXCELLENCE FIVE TRULY WORLD FAMOUS MUSICIANS

On October 5, in the Berger Auditorium we will present five of the top jazz musicians anywhere. They are each world famous for their music knowledge and artistry. Here is information about their individual abilities and histories.



Jamie Davis.

**Jamie Davis, Vocalist:** From the famous Count Basie band, has performed with major bands and orchestras not only in the U.S. but many overseas countries. He has performed in most of the large concert halls in the world, as well as for many kings and queens and royalties. He was recently booked in Dubai, Arabia. This year he won Grammy award.

**Glenn Pearson, Pianist:** Was musical band director of world-renowned Boys Choir of Harlem for 11 years. He was keyboardist and arranger also for Grammy award-winning Regina Belle. He is now pianist for the famous Count Basie Orchestra.

**Leanne Joyce, Drummer:** Was with Ramsey Lewis for 10 years. He also assembled a world-class band, selecting the material to perform, rehearsed and conducted the band from his drum set, as well as played. The performance was aired on PBS nationwide in April 2010.

**Richard Howell, Saxophone:** Was a guest performer with Carlos Santana in Germany and a guest of Salif Keita at Zellerbach Hall, Berkeley and also performed at the Mali Music Conservatory in Mali, West Africa, the Tonight Show on TV and at Lincoln Center, the Hollywood Bowl, as well as the Royal Albert Hall in London.

**Chris Amberger, Bassist:** Has toured the world with jazz greats, including Cal Tjader, Rosemary Clooney, Art Blakey and The Jazz Messengers, as well as the George Shearing Quintet. Between those dates, he was the legendary bassist at the Keystone Corner in North Beach.

Tickets are \$40 and may be purchased in the OVA office 6633 Oakmont Dr. Make checks to Oakmont Jazz Club. Cabaret seating. Drinks and snacks permitted. Tables for eight may be reserved and dancing is encouraged. Reservations will be held at the door the night of the performance on October 5, 7 p.m. Doors open at 6:30 p.m. Information: (707) 537-7720.

## Sleep Apnea

■Bob Flandermeyer

### SLEEP APNEA WELCOMES GUEST SPEAKER GREG ACKROYD, MD

On October 1 at 1 p.m. we meet in Berger Room G. Dr. Greg Ackroyd will be our speaker. At our last meeting Dr. Ackroyd discussed REM sleep. He has the knowledges you need and will be available for follow-up questions. Bring your mask and machine and a list of questions.

We meet to get our masks and machines optimized

to give us proper oxygenation and less obstructive and central sleep apnea. You will have the opportunity to ask questions and to learn from others.

Doctors in the area are interested and supportive that we have a meeting like this. We will also discuss cleaning your device and replacing durable medical equipment. Sometimes you can acquire free equipment others have extra.

For more information call me at (707) 694-8018.



## At-a-Glance Summary September 17 OVA Board Meeting

■Harriet Palk

### COMMITTEE REPORTS

**Meet Your Neighbor:** OEP Task Force (formerly OEPC) was separated into two—Emergency Communications (ham radios and zone communicators) and MYN Emergency Preparedness. Fifty-four percent Oakmont coverage. In discussion with Red Cross to set up in any rec centers as a mass shelter in a disaster. Distribution of “We are an MYN Neighborhood” yard signs. Red Flag Warning Today sandwich boards will be set out by residents in key locations around Oakmont. Monthly MYN Newsletter mailed out to approximately 300 coordinator addresses. MYN offers mentoring and supporting anyone who is willing to start a new MYN group in his/her neighborhood. Formed a MYN leadership council to engage more MYN community members and neighborhood coordinators. Doing presentations for local Oakmont real estate companies and agents to educate them about MYN and emergency preparedness. Will conduct a training session and communications plan for all OVA staff and continue to work closely with and support the OEP Task Force Zone Communicators.

**Communications:** The task force is currently working with IT Coordinator Trace Hernandez and Communications Director Crissi Langwell to discuss an updated design for the OVA’s website, oakmontvillage.com, which will start with a new look for the homepage. This change is expected to roll out on September 30 with more updated pages in the following months. A QR code will be placed at each facility to help residents report maintenance issues with their phones.

**LRPC:** Following recommendation, Board voted to direct Mitch at ALX to proceed with cost modeling to inform discussion about moving forward with focus on Master Plan 3 and Option 3 for Berger and CAC. (See News Story)

**Bylaws Committee Update:** Federal and state laws take precedence over OVA CC&Rs, Articles of Incorporation, Bylaws and Policies. Our governing documents must be updated to be in regulatory compliance to avoid conflicts. The Committee will work with our lawyer in order to proceed.

### TITLE TRANSFER RESOLUTION

Oakmont Village Association (OVA) formed the property holding corporation of Oakmont Village Property Corporation (OVPC), and OVA wishes to transfer the title of the properties of APN #016-160-028-000, Oak Leaf Drive, and APN #016-720-064-000, 450 Woodley Place, from OVPC to OVA. Board authorized President Klyn and Vice President Dearden to sign on behalf of the Association for this transaction.

### RESIGNATION

David Dearden is resigning from the Board because of health issues. A solicitation will go out for residents to apply to replace him, and it is hoped the position will be filled by the October board meeting



■Khiana Schmuhl,  
Valley of the Moon Club General Manager

### HAPPENING AT OAK AND VOM GOLF CLUB

Keep up to date with OAK restaurant and Valley of the Moon Club at playvom.com.

### FLASH 1 DAY RANGE CARD SALE

Golf for less by taking advantage of VOM’s Flash One Day Sale where you can get 12 large buckets for \$100. Sale days are Friday, September 27 and Sunday, October 20.

### MUSIC MONDAYS

Get your dancing shoes on for Oakmont’s band favorites headlining Music Mondays from 5–7 p.m. Cover charge is \$8 at the door. Here’s a list of who’s playing:

- Oct. 7: Hwy 12
- Oct. 14: The Magic Band
- Oct. 21: Showcase Band
- Oct. 28: Blues Burners

### BOOGIE BASH COSTUME AND DANCE PARTY

You won’t want to miss this spirited celebration at OAK! Happening Tuesday, Oct. 29, 5–8 p.m., enjoy spooky cocktails, delish eats, and dancing the night away! Costumes encouraged for this boo-tastic bash! \$30/person. Tickets on sale at OAK and VOM starting Oct. 1.

### TACO TUESDAYS EVERY TUESDAY AT OAK

\$3 tacos with drink purchase.

### THURSDAY NIGHT DINNER SPECIALS IN OCTOBER

Oct. 3: Fried Chicken—coleslaw, mashed potatoes, corn bread muffin, 24

Oct. 10: Liver and Onions—Mashed potatoes, green beans, brown gravy, bacon, 23

Oct. 17: Short Ribs, herb polenta, baby carrots, 29

Oct. 24: Chicken Parmesan, penne pasta, alfredo, basil, 23

Oct. 31: Korean Style Short Ribs, sauteed cabbage, white rice, 27

No additional discounts may be applied to restaurant specials.

### CANNED FOOD DRIVE AT VOM

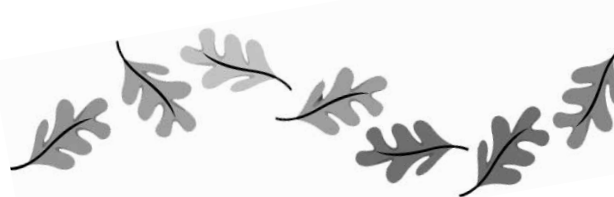
VOM Golf Club is collecting food and funds for Redwood Empire Food Bank. The most needed food items are canned tuna, canned chicken, peanut butter, rice, pasta, oats, dry beans and low sugar cereal. Barrels will be placed in both golf shops and OAK restaurant from October 1–31. No glass items, please.

### KNIFE SHARPENING ON OCTOBER 30

Every month, on the last Wednesday of the month, stop by the parking lot of OAK for knife and garden tool sharpening. This month, knife sharpening is on Wednesday, Oct. 30. Hours are from 9 a.m. to 2 p.m. Rain cancels.

The fees: \$7 per knife any size including serrated, \$7 for scissors, \$12 for most garden tools, trimmers, loppers, and choppers.

Finally, we’d like to extend a friendly reminder to refrain from fishing on any of the golf course ponds due to safety concerns. We’d also like to remind everyone to follow the golf course walking hours located on our website at playvom.com.



### Music at Oakmont



■Judy Walker

### A CLASSICAL TREAT

For our October concert, we are proud to present a fine group of musicians—The Alexander String Quartet with John Novacek, piano. The frosting on the cake however is the wonderful program they will play—an early Haydn string quartet; the Beethoven “Harp” string quartet; and the grand finale—the sublime Brahms piano quintet. Some of the words that come to mind to describe this music are “uplifting, accessible, audience friendly, not to be missed!”



Pianist John Novacek.

Coincidentally, this concert marks the beginning of the Alexander Quartet’s final season. They have been a major force in the chamber music world since 1981, much of that time based in the Bay Area. There will undoubtedly be a bittersweet quality to these last concerts, and we are privileged to be part of the end of an era.



Alexander String Quartet.

On a bright note—we plan on sending them off in style with a brief wine and snacks reception after the concert. I can’t think of many better incentives to join us at the opening of our 34th season and we look forward to seeing as many of you as possible.

For more details, please visit our website: [www.musicatoakmont.org](http://www.musicatoakmont.org)

**WHEN:** Thursday October 10 at 1:30 p.m.

**WHERE:** Berger Center

**ADMISSION:** \$30 (cash or check only) or with season pass

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## Wii Bowling Oakmont Lanes



■Terry Leuthner

Oakmont Lanes Bowling Club is a Bowling League consisting of four-person teams that utilize Nintendo Wii to simulate the experience of bowling without the weight of a bowling ball. Any resident who has the ability of holding a small remote control in their hand while swinging their arm as if they were rolling a bowling ball will be able to join.

Anyone interested in joining our club, either as a team bowler or substitute, please call me at (707) 291-3023 or stop by the East Recreation Center on Tuesdays from 2–3:30 p.m. (no bowling fourth Tuesdays) to see us in action.

We charge \$25 for a 10-week tournament that includes the play-offs. 2 p.m. League has 10 teams, four bowlers per team. Each bowler bowls three games and has his/her own handicap (80%) and average. Bowler and team results are recorded each week.

See [www.oakmontlanes.com](http://www.oakmontlanes.com) for club information, bowling dates, week results and team schedules to bring cookies and help setup at 1:15 p.m. and tear down equipment at 3:30 p.m.

Bowling Dates: Oct. 1(week #6), 8 (week #7), 15 (week #8), 29 (week #9). No bowling Oct. 22(fourth Tuesday).

### RESULTS AS OF SEPT. 17 (WEEK #5 FALL LEAGUE)

2 p.m. League: first place, Pin Pushers; second place, Pocket Hits; third place, Strikers; fourth place tie, 4 Tops and Phantom Strikers; sixth place tie, High Rollers, Wii Four and King Pins; ninth place, Alley Oops; tenth place, Ghosts.

Men's High Games: Gordon Freedman, 267; Don Shelhart, 248; Charlie Ensley, 222; Mike Apicella, 204; Larry Souza, 204; Richard Adamczyk, 201.

Women's High Games: Vickie Jackanich, 237; Peggy Ensley, 235; Sandy Osheroff, 235; Robin Schudel, 229; Marie Haverson, 228; Valerie Hulsey, 226; Carolita Carr, 222; Diane Price, 215; Donnarose Ilecki, 211; Marilyn Levene, 209; Nicole Reed, 209; Felicia Laden, 208; Shirley Jamison, 204; Karen Palmiotti, 203; Rhonda D'Agostini, 201.



■Carolita Carr

### A GHOSTLY NIGHT IN OAKMONT

**WHAT:** Halloween Dance

**WHERE:** Berger Center

**WHEN:** Saturday, October 26

**TIME:** Doors open at 5:30 p.m. Music begins at 6:30

**COST:** \$25 per person, each member may bring one non-member guest

**BRING:** the beverage of your choice and snacks to share

Oakmont loves Halloween, and so do we on the Boomer Board. So we are pulling out all the stops to make this a night none of us will forget. Even better, we are delighted to announce that we are bringing you one of your favorite bands, Decades.

Everyone will be in costume, so we will have our annual costume contest. Prizes will go to the most original, the best couple, and the spookiest. Judges will come from the audience.

Our dances have been selling out, so register now at [oakmontboomers.org](http://oakmontboomers.org). Get ready—it promises to be a truly ghostly night!

### MEMBERSHIP

Membership is open to any Oakmont resident. Membership is \$15 per year and payable on our website, [oakmontboomers.org](http://oakmontboomers.org).

## Let's Dance—Together!

■Terry Whitten, Instructor

### LEARN TO CHA CHA IN OCTOBER!



**WHAT:** Beginning Cha Cha Partner Dance Classes

**WHEN:** Wednesdays, October 2, 9, 16 and 23

**TIME:** 4–5:15 p.m.

**WHERE:** Lower West Rec.

**COST:** \$10 pp for single class; \$8 pp for two or more classes purchased at same time

Cha Cha is an upbeat and lively partner dance that grew out of the Mambo from Cuba in the 1950's. Besides Latin songs, there are also a lot of contemporary pop songs that have a Cha Cha beat including songs by Elton John, Santana, Earth Wind and Fire, Madonna and Lady Gaga.

No partners or experience are required. We will rotate partners during the classes, although rotating is optional. Classes will meet for 4 sessions in October to learn the most basic steps. If you can't make it to all four classes, it is at least best to come to the first two classes since each week after the first will build on the material taught in the 1st week. A fifth class is possible on Oct. 30 if there is interest. Also, any ladies that want to lead and any men that want to follow are very welcome.

Join us for a fun way to get exercise and meet great people. Some studies also indicate that partner dancing may actually increase mental acuity and reduce the possibility of cognitive decline. It is definitely good for our muscles, balance, brains and spirit!

To register or for any questions, please contact me at [twhitten@pacbell.net](mailto:twhitten@pacbell.net) or call (415) 265-7590.

## Conservatives Club



■Jane Gyorgy

### WHO ARE YOU AND WHAT IS THIS ABOUT?

In June, we decided to refocus on politics and renamed ourselves the Conservatives Club, pleasing some and displeasing others. People still ask who comes to our meetings and what the club is about. We are conservative-minded people who want a place to converse with others like us.

While the majority are Republicans, we also have conservative-leaning Democrats, Independents, Libertarians and Progressives. We all desire a place to meet and speak with others who share conservative views.

We meet on the fourth Tuesday from 4–6 p.m.

In September and November, we'll meet in the Oakmont Gardens Meeting Room. Our October 22 meeting will be back in Berger. December and all 2025 meetings will be in Berger.

Our club is built on the principles of respect and unity. Even in times of disagreement, we uphold these values, ensuring that every member's opinion, agreed with or not, can be heard.

In his address to the 2024 DNC, Bill Clinton said, "I urge you not to demean them but not to pretend you agree with them if you don't. Treat them respectfully—just how you'd like them to treat you." That goes both ways. You do not have to be Republican to be a member; you must be respectful.

Our mission is clear. Together, we can make a difference.

A sign-up link is embedded in the invitations sent to members. Yes, No, or Maybe, please RSVP.

If you're interested in attending a meeting or becoming a member, email us at [TheNewOakmontCC@gmail.com](mailto:TheNewOakmontCC@gmail.com).

## Oakmont Garden Club



■Patty McHugh

### IKEBANA, THE JAPANESE ART OF FLOWER ARRANGEMENT BY RON "KODO" BROWN

**WHEN:** Wednesday, October 9, 9:30 a.m. Social, 10–11 a.m. Program, O&A follows

**WHERE:** East Rec Center, 7902 Oakmont Drive

A long-time fixture in the Bay Area world of Ikebana, Ron Brown brings innovative, inspiring enthusiasm to Ikebana audiences and his students. Ron's journey in Ikebana began as an outgrowth of his interest in ceramics and the utilitarian use of ceramic vessels for esthetic purposes. He studied with renowned Ikebana teachers beginning with Sogetsu Ikebana



in 1979 studying under Burleigh Fedanzo. In 1986 he became a student of Shuko Kobayashi. In 2007, he became a student of Kika Shibata and continues to study with her today. Ron holds the rank of Komon.

Since his retirement from a 35-year career in the wine industry in Sonoma and Napa counties, Ron has been actively pursuing his passion and love of Ikebana as a second career. Ron teaches Ikebana classes in Sonoma and Marin Counties and demonstrates and exhibits for many groups throughout California and beyond. He teaches a monthly class at Oakmont.

Ron has been a member of the San Francisco Bay Area Chapter #31 of Ikebana International for over 40 years and currently serves as the Co-President of the Chapter.

Ron is noted for creating Ikebana with found or discarded objects and rusted metal pieces. He likes the contrast of the rusted, pitted metal surfaces with fresh plant material. Scouring construction sites, scrap yards, and culverts, he collects items for his metal assemblages.

At the October 9 presentation, Ron will create arrangements in a variety of styles including the basic styles of Sogetsu Ikebana in the low bowl and others in the tall vase, Nageire. He will then be doing some freestyle arrangements using some of his favorite materials.

## Oakmont Music Lovers

■Judy Walker

### THE FUTURE OF OAKMONT MUSIC LOVERS

For a number of reasons, the current status of Oakmont Music Lovers is no longer sustainable. Primary factors included:

- Inability to engage speakers—within and without Oakmont
- Declining audiences (often less than 30 per session)

• Necessity to pay for Audio Visual technician aid due to complexity of the setup at the East Rec.

In the past, this has been a vibrant organization with many entertaining presenters, the sharing of great music and a lively audience engagement. We need to find out if there are ways of reviving that energy or if we need to accept that our program is no longer viable.

I would like to use our opening session to brainstorm ideas that would allow us to continue in whatever format makes sense. I invite you all to attend and engage in this important discussion. We plan on providing beverages and snacks to get the creative juices flowing.

Please note—the attendance level at this session may be an indicator of what our future will be so please make every effort to be involved.

**WHEN:** Tuesday, October 1 at 10:30 a.m.

**WHERE:** East Rec. Oakmont

**ADMISSION:** Free





Le Bonheur de vivre (aka The Joy of Life) by Henri Matisse.

## Oakmont Art Association

■Elizabeth Kern

### THE FASCINATING STORY OF THE BARNES COLLECTION

For six decades the battle raged—one of art history’s most fascinating stories.

In the 1920s, Dr. Albert Barnes began collecting art that no-one else wanted, into one of the world’s largest groupings of early modernist painters, including Renoir, Cezanne, Monet, Gauguin, Picasso, and Matisse. At Barnes’ death in 1951, he placed restrictions in his will to limit access to the collection. While reviewing fabulous art, we will delve into the reasons behind this infamous court case, the yet today has folks upset. The result was the new Barnes Museum in Philadelphia.

Presenter Linda Loveland Reid is a graduate of SSU. She currently lectures for SSU and Dominican Universities through their OLLI programs. Linda authored two novels and is a London Award recipient. Other interests include directing theater, and figurative and abstract painting.

**WHEN:** Friday, October 11, 10 a.m.

**WHERE:** Berger Center Auditorium

## Playreaders



■D. Hall

### COMEDY AND SENTIMENT ON TAP FOR OCTOBER PRESENTATION

Just coming off its September presentation by local playwrights, Oakmont Playreaders welcomes fall with a laugh-a-minute restaurant comedy and an endearing piece of theatrical sentimentality. On October 7, Sandy White will stage *Slow Food* by Wendy MacLeod, a comic interlude involving a long-married couple and their hapless s-l-o-w waiter at an anniversary dinner. It features Sandy White, John Dolan and Steven Levin.

Then, on October 14, Osha Hayden and D. Hall will present A.R. Gurney’s award-winning *Love Letters*. It’s a story of two people who, for no apparent reason, write to each other frequently during their lives of sadness, mirth and reconciliation. You’ll laugh and cry.

Come join our audience the first two Mondays of every month at 2 p.m. in Room B of the Central Activities Center. Get there early to get a seat.



Local playwrights had their plays performed by Oakmont Playreaders John Dolan, D. Hall, Osha Hayden, Gimma Zoellner and Jim Preston.

## Visual Aids Workshop

■Jill Butler

### VOLUNTEERS HONORED

On Monday, September 9 the Oakmont Visual Aids Workshop (OVAW) held a luncheon to honor all their volunteers previous and current. In attendance were three women who had spent every Monday morning for 25 years or more tracing, cutting and gluing to make books for visually impaired and blind children worldwide.

Additionally, Mrs. Marcia Murray was honored for her dedication and service as well as being the Director in Charge for the past several years. She has stepped down from leading this 53-year-old service group but will continue volunteering as her schedule permits.

Guest speaker, Mrs. Cathy Reiber, gave a very informative talk about the history of Braille as well as a how she had utilized the free books in her many years of teaching in Minnesota. Thank you to the Oakmont Village Market for making this luncheon so wonderful.

The OVAW will resume their normal hours on Monday, September 16 at the West Rec. from 9–11 a.m. Please stop in and see what these amazing ladies do.

Photos were taken by Janis Winder at the luncheon.



Delia Mansell (right) and her daughter Theresa Mansell.



Marsha Murray (right) and Adele Baker.

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■Greg Fauss

### COMPANIONSHIP

That's one significant aspect of our faith which we'd love to share with as many as possible.



On a human level we experience companionship when we meet on Sundays, at potlucks, game nights, Bible studies, meeting in each other's homes for a meal, helping one another when in need of a ride or sick. All of this despite political differences! Together we give to many needs in the world.

We carry one another's burdens. All of this can be experienced by anyone in our community.

This is truly wonderful, but the deepest companionship is found in a relationship with God, the one who knows us best. A member, Allan Linton writes, "Conversing with God in prayer gives me clarity to see where I've picked up burdens never meant for me to carry. Jesus helps me to understand when I've tried to control circumstances rather than giving him control." If you're interested in pursuing such companionship please check us out.

By the way, it's not too late to join us for Alpha—a series of safe discussions following a presentation on some aspect of the Christian faith—Thursdays from 6–8 p.m. at Oakmont Gardens. Each meeting begins with a meal and light conversation, followed by a video presentation and a short discussion. It's especially intended for anyone exploring faith, refreshing their faith or desiring to return to it. We encourage people to come with a friend and make new friends.

To register or for questions please see our website, which includes information about our regular Sunday Worship Service at 10:30 a.m. in the East Rec. Center, our Wednesday Morning Bible Study, Saturday Prayer, monthly potlucks and other gatherings.

Go to [www.occantarosa.org](http://www.occantarosa.org), write us at [occantarosa@gmail.com](mailto:occantarosa@gmail.com) or call at (707) 595-0166.

## Oakmont Writers' Club

■Neill Ray

### NEW WRITERS' WORKSHOP CLUB SEEKING MEMBERS

The Oakmont Writers' Club is seeking interested writers and aspiring authors in our mission to form a club. Our plan, if enough people are interested, is to hold monthly meetings where members can read two or three pages of a memoir or other non-fiction project. Creative writing experts and other authors are also welcome to provide coaching that focuses on creative writing elements such as scene description, character development, theme, and dialog.



We plan to occasionally invite Santa Rosa Junior College creative writing teachers to facilitate workshops, as well, and to assist members in publishing completed works.

On October 11 at 10 a.m. in the CAC (card room B), we are hosting a meeting for new members to answer questions about the Writers' Club and associated processes. If you would like to attend, send an email to me at [Neill.Ray@sbcglobal.net](mailto:Neill.Ray@sbcglobal.net).

## Canine Club



■Jean Nattkemper



### WHY ADOPT

Small, medium, and large, Oakmont's rescue dogs parade the streets, attesting to the benefits of adoption.

- By adopting from a shelter, you are not supporting puppy mills and backyard breeders.
- Shelters provide pets of all ages. Puppies and young dogs require more work than some people can manage.
- An adoption team matches you with a dog that fits your lifestyle and offers support after the adoption.
- Mixed breed dogs are often healthier than dogs bred in a closed gene pool and for appearance rather than function.

### YAPPY HOUR DOG WALKS

Linda's Yappy Hour Dog Walk: Monday, October 14, 10 a.m. Meet at the corner of Oak Leaf and Valley

Oak. Note time change.

PJ's Yappy Hour Dog Walk: Friday, October 25, 10 a.m. Meet at the Berger lawn in front of the bulletin board. Note time change.

### DACHSHUND AND MALTESE PLAY DATE

Happy Tails Dog Park welcomes these playful, energetic dogs on October 26 from 9–11 a.m.

### EVENT OUTSIDE OF OAKMONT

**The Blessing of the Animals:** takes place at St. Francis Winery (Pythian Road at Highway 12) on Sunday, October 6 from 2–5 p.m.

**Seniors for Seniors:** Muttville was founded by Sherri Franklin, a former member of the San Francisco Commission of Animal Control and Welfare. Muttville accepts healthy, temperamentally sound older dogs that have been left behind by owners who won't or can't care for them. Their website is <https://muttville.org>.

**Compassion Without Borders:** Co-founded by veterinarian Dr. Cristi Cambor, Compassion Without Borders (CWOB) rescues animals facing financial, geographic, and cultural barriers on both sides of the border. About dogs in Mexico, Dr. Cambor says, "Their suffering knows no borders and neither does our compassion." CWOB needs volunteer fosters. An application is available at <https://cwob.org/>.



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## Movies At Oakmont



**WHERE:** Berger Center  
**SCREENING DAY AND TIME:** Sundays  
**HOSTS:** Mike McInnis, Deborah Davidson, Jeff Neuman and Barbara Marquardt.



**NOTE:** All films are shown with English subtitles, when possible, free of charge—compliments of the OVA.

### SEPTEMBER 29 AT 2 PM THE TASTE OF THINGS

The story of Eugenie, an esteemed cook, and Dodin—the fine gourmet chef she has been working for over the last 20 years. 2023, PG-13, 2:15.



### OCTOBER 6 AT 2 PM THE LITTLE THINGS

A Kern County Deputy Sheriff is sent to LA for what should have been a quick evidence-gathering assignment. Instead, he becomes embroiled in the search for a serial killer who is terrorizing the city. 2021, R, 2:08.



### OCTOBER 13 AT 2 PM BANDIT

After escaping prison, a charming criminal assumes a new identity and goes on to rob 59 banks and jewelry stores. Based on the story of The Flying Bandit. 2022, R, 2:06.

## New to Oakmont?

Meet with a volunteer from the New Resident Welcome Committee to learn about everything Oakmont—from governing rules, important phone numbers, activities, services, facilities and emergency prep.

Contact us at [welcome@oakmontvillage.com](mailto:welcome@oakmontvillage.com). The Welcome Packet is available at [oakmontvillage.com/article/new-resident-welcome-packet](http://oakmontvillage.com/article/new-resident-welcome-packet).

## Bocce Club



■Maureen McGettigan

### BOCCE BALL TOURNAMENT WINNERS

The winners of the Harvest Moon Bocce Ball Tournament were Ann Miller, Cathy Camp and Marguerite Sarram; Tony D'Agosta, Bob Cresta, Elaine Foote and Gene Mai; Barbara Newman, Vlad and Jean Reed.

The Bocce Club plays six days a week, Monday to Friday at 9:30 a.m. at the West Rec. courts. New players are welcome



Ann Miller, Cathy Camp and Marguerite Sarram.  
(Photo by Maureen McGettigan)



Tony D'Agosta, Bob Cresta, Elaine Foote and Gene Mai.  
(Photo by Maureen McGettigan)

## Oakmont Birders

■Barbara Kendrick

### RETURN OF THE WINTERING SPARROWS

Soon appearing at a feeder or birdbath near you: Golden-crowned, White-crowned, White-throated, and Fox Sparrows! It's easy to think of sparrows as always being around, but that's not true for many of them. The four featured here visit us only in the winter, winging down from breeding grounds as far north as Alaska to find new food sources. They arrive in late September and leave in April.

These four species fit the popular description of sparrows as "little brown birds," with streaky brown backs and wings. In Oakmont, the most common are the Golden-crowned and White-crowned. Well-named birds, the adults have a prominent stripe of the appropriate color on the tops of their heads, outlined by black stripes. The White-throated Sparrow is helpfully distinguished by a large white patch on its throat, plus, if you get a close look, a golden spot between its eye and bill. These three have clear pale-grey breasts. The Fox Sparrow is named for the reddish foxlike color on its back, though many we see here are more a blend of soot and rust colors. Its breast has dark blurry spots or streaks.

These sparrows all prefer ground feeding, but White-crowned and Golden-crowned will visit a feeder. White-throated are less easily enticed, and Fox Sparrows, the most reclusive, stick to seeds that fall from feeders and rarely venture far from shrubby cover.

Oakmont hosts other members of the Sparrow family, most notably Dark-Eyed Juncos and California and Spotted Towhees. These birds—which don't fit the "little brown bird" stereotype—live here year-round. The sparrows that arrive for the winter are always something to look forward to, adding to the distinct flavor of a new season.

Have questions about birds? Want a "Birds Seen in Oakmont" checklist? E-mail [bkendrick@jps.net](mailto:bkendrick@jps.net).



Fox Sparrow with slight rusty tinge. (Courtesy of Tom Grey)



White-throated Sparrow with golden spot. (Courtesy of Tom Grey)



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CalBRE #01169355



### 197 White Oak Drive

What a pleasant surprise as you enter this tastefully updated home in truly move-in condition. With an open floor plan, French doors lead to a private, spacious enclosed garden patio bringing the outdoors in. The

home is light and bright and shows pride of ownership throughout. This two bedroom home with two updated baths has excellent interior closet and storage space. Luxury vinyl flooring and crisp white walls unify the space. New overhead lighting, bath countertops and faucets have a fresh look. Other features include dual pane windows, smooth ceilings, air conditioning, Nest thermostat, and a new roof in 2022. Private laundry room includes the washer and dryer. New drought tolerant landscaping in front was recently installed with a drip system. Within close proximity to Oakmont's many amenities. **\$525,000**



## Passages



Joyce Wolf passed away on September 8. Survived by her husband, Elliott Wolf, she lived in Oakmont for 32 years. She was an artist and sculptor, and was the originator of Oakmont's mindfulness meditation groups, which she facilitated for 15 years.

Please contact OVA Communications Director Crissi Langwell by e-mail at [crissi@oakmontvillage.com](mailto:crissi@oakmontvillage.com), to publish the name and date of death of your loved one in the *Oakmont News*.



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## Oakmont Vets Club

■Paul Gowins

### THEY'RE LEAVING ON A JET PLANE

Fall has now officially begun, and that is always a good time to reflect on what we want to get done, how we can make that happen, and to begin plotting the steps it takes to get there. The pinnacle of major goals we have set for our club so far is to find the ways to best help our partners, The North Bay Honor Flights, to accomplish our premiere flight(s) out of Sonoma for the selected veterans. The word is that one plane load is nearly full, and a second plane will soon be set to begin a selection process.



Picture from the [NorthBayHonorFlight.org](http://NorthBayHonorFlight.org).

Time is ticking now for our club to act on two fronts in this regard. We have been talking about the prospect of mounting some fundraising events to help support the costs of these flights, and now seems the time to begin some serious planning. We have also been talking about formulating the process to select some of our own Oakmont veterans nominated to take some seats on the first flights out.

It is also time to codify that plan into action. We will have 213 days until the inaugural flight(s) depart on April 28, 2025. That may seem like a long time, but to arrange such a grand event with all the rich complexity that it represents will not be an easy task, and we need to get started now.

There will be announcements coming soon to our members through the channels of our future articles in this paper, the newsletters to be issued in the coming months, and also through our upcoming website launch giving us all the details and dates for our planned fundraisers, as well as the names of our selected nominees to be sent from our club to DC. Watch this space for details!

Note: An incorrect email was listed for Mike Murphy in our last article regarding the Veterans Day Parade on Nov. 11. If you would like to drive your classic vehicle in the parade or nominate an honored veteran, contact Mike Murphy at his corrected email at [mpmurphy99@gmail.com](mailto:mpmurphy99@gmail.com) or (408) 221-1284, or contact Michael Hudson [Swiftvet17@gmail.com](mailto:Swiftvet17@gmail.com) or (303) 570-5405. If you have a vintage vehicle to drive you will also need to fill out this form for the OVA at the following link: [oakmontvillage.com/article/veterans-car-application](http://oakmontvillage.com/article/veterans-car-application).

## Star of the Valley

■Peter Hardy

### BINGO TACO BAR

Star of the Valley Bingo will be on Tuesday, October 8 beginning at 4 p.m. This month we will feature a Barbacoa Beef Taco Bar with corn and flour tortillas, refried beans, and all the condiments for your tacos along with ice cream for dessert.

We ask that you arrive at or before 3:30 p.m. so that you can purchase your bingo cards and dinner tickets prior to the start of bingo at 4 p.m. We will also have a beer and wine bar at an additional cost before and during bingo.

The cost of the dinner is \$10 and bingo cards are \$2 each. All are welcome to come and play bingo and have dinner immediately following the bingo games.

## Current Events Discussion Group

■Tina Lewis

This is a very important year to discuss current events! Please join us every Friday from 1–2:30 p.m. at the East Rec. to hear all sides of issues from local to international. Come in person if you can; join us on Zoom if you can't.

Following the meeting join us at OAK for Happy

Hour. This has become very popular, giving everyone a chance to socialize, unwind, and have something to eat and drink.

If you are not on the Zoom mailing list and wish to be, or if you have questions, email [tinalewis31@comcast.net](mailto:tinalewis31@comcast.net) or call (707) 758-9739.

## Soroptimist International Oakmont Wine Country

■Cynthia Goodwin

### AUTHORS SIGHTING AHEAD: AUTHORS BOOK FAIRE!

Soroptimist International of Oakmont Wine Country (SIOWC) is excited to announce their Third Annual Authors Book Faire on November 9, from 11 a.m.–2 p.m. at the Berger Center located at 6633 Oakmont Dr. Santa Rosa.

Entrance is free to the public, and all are welcome! Authors, who have published works, will be available to sign and sell their books.

This venue has been very well received over the years with 41 talented authors participating in November! This year interest has been high, with a wide variety of genres being offered, including first-time writers to authors with an extensive bibliography. In the past two years hundreds of people attended and purchased books at this enjoyable and lively event. In addition, this year Soroptimist will host a cork craft table, as well as Hamilton Family Wine and Dino's Greek Food will be serving wine and food.

Authors look forward to the opportunity to

personally meet you, while supporting this fundraiser! Soroptimist is a global volunteer organization that provides women and girls with access to education and training they need to achieve economic empowerment. We look forward to seeing you there!

Participating Authors:

Top Row Standing, L to R: Joshua Goodwin and Henry, Karin Fitz Sanford, Wanda Smith, Jaime Zukowski, Dale Brandon, Marie O'Neill, Rebecca Rosenberg, Mara Johnstone, Jane Fatcher, Pamela Heck, Gino Medeiros, Richard Boyd and Les Gee.

Bottom Row Seated, L to R: Cynthia Goodwin, Christina Goodwin, Don Franceschi, Yvonne Horn, Julie Bennett, Jenny Watts, Marcy Fox, Tony Navarra, Will Chubb, Diana Morgan Dean, Astrid Harper, Benita Mattioli, Kimberly Hubenette and Liz Quiroz.

Not pictured: Crissi Langwell, Linda Dodwell, Chrisne Banihashemi, Anne E. Belden, Paul Gullixson, Nadine Condon, Mark Tate, Thonie Hevron, Joanne Phillips, Kim Korte, Elisa Stancil Levine, Nancy Martin, Eric Goodman, CK Gallagher



Photo by Mindy Breslin Photography.



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### 480 Oak Brook Court

Lovely home with serene setting and 180 degree view from the expanded patio. This comfortable and inviting home has views of nature from just about every window. In addition to two bedrooms, you'll find a generous sized bonus room with many uses such as a home office, hobby area, or guest room. The kitchen has been updated with refaced cabinetry and glass doors, pull-outs, granite counters and sink. Both bathrooms have also been refreshed. Some of the other features of this home include interior solid-core doors, crown molding, updated flooring, lighting, window coverings, new roof and exterior paint (2018), dual-pane windows and generator. What you'll enjoy most is the indoor/outdoor flow onto the enlarged patio where you'll delight in the relaxing sound of the recirculating stream at the patio's edge. Much thought was given to the well designed, low-maintenance landscaping and hardscape surrounding this home that includes orange, peach and nectarine trees. Sit outdoors and marvel at the ever-changing view of Hood Mountain and Sugarloaf, full moons, and the surrounding hills of Sonoma County's Wine Country. **\$949,000**



## Pickleball Corner

■Peter Copen

### SPICY PICKLES

Pickleball may be known for its friendly, fun atmosphere, but let's be real—sometimes the court gets a little spicy. Whether it's a lighthearted jab or a good-natured roast, we've all heard some pretty hilarious pickleball insults.

Here are some of the best:

1. "I've seen better swings on a front porch." A classic. Not only does it make fun of your shot, but it also suggests you're better off relaxing on a rocking chair instead of hitting a pickleball. Ouch, but fair.

2. "You're the best player on the other team." When your partner is just having one of those days, this one delivers the perfect combo of humor and truth. No hard feelings, right?

3. "T-rex arms much?" Translation: You're not



Graphic by Peter Copen.

extending your arms, and your short reach is costing you the point. It's the kind of insult that stings because it's all about technique—but said with a laugh.

4. "Don't stare at the paddle unless there's a mirror on it!" When someone misses a shot and blames the paddle, this roast reminds them that maybe the problem isn't the gear, but the player.

5. "That lesson was free!" Delivered after a win, this one has just the right mix of smugness and sportsmanship. Sure, it's a jab, but hey—you're also offering free tips. What's not to love?

6. "Wow, you're almost halfway to an athlete." Nothing humbles you faster than a roast from your own kid. When your son says this after seeing you play, it's both motivating and a total gut punch.

Hey, don't blame me if you get a paddle plant!

New Player Orientation: 9 a.m. on Tuesday mornings. Arrangements can be made by contacting Victoria Dettman at (707) 230-2958. Call Jim Howard at (209) 761-8517 for demo loaner. Mentoring, contact Barbara Ricossa at ricossa@ymail.com.

## Oakmont Sunday Symposium

10:30 a.m. Now live in Berger (not zooming)  
\$3 donation requested, for Oakmont residents and their guests

Go to [www.oakmontsundaysymposium.org](http://www.oakmontsundaysymposium.org) for more info and updates

■Harriet Palk

Coffee, tea and snacks are available for sale in Berger from 9:45–10:15 a.m. before the presentation begins.

### SEPTEMBER 29: FRANCESCO LECCE-CHONG, SANTA ROSA SYMPHONY CONDUCTOR MUSIC AS DIPLOMACY

Stepping from behind his podium at the Green Center, Symphony Director Francesco Lecce-Chong will show us how music works to soften international hostilities through shared interests and friendship. In making music, we realize that we have more in common than in difference.

Francesco, considered one of the "fast rising talents" and who has appeared with orchestras worldwide, will take us on a musical journey and show how music transcends our politics and boundaries.

### OCTOBER 6: MICK CHANTLER RECONSTRUCTION: IT'S NOT OVER

The Civil War did not really end in 1865, and Reconstruction did not solve all the core issues of the war. We are feeling the repercussions of those events to this day.

Mick Chantler has been an instructor for 12 years in several Bay Area Lifelong Learning Programs, specializing in the Civil War and Reconstruction periods as well as our nation's founding era. He is one of Oakmont's most loved and talented speakers and will give us his usual mesmerizing survey of this important time.

### OCTOBER 13: DAVID AND SHARON BECKMAN, JEFF SAVAGE WALT WHITMAN: THE MAN AND HIS POETRY

Walt Whitman was one of the most influential poets in American literature. David, Sharon and Jeff will present a reading dramatizing Whitman's start as an obscure New York newspaper man to single-handedly changing American poetry. And—yes—establishing love of democracy as a vital theme in our literature.

## Valley of the Moon Rotary Club

■Star Power

### OKTOBERFEST

VOM Rotary puts on quite the hoopla (and oompah) at their upcoming Oktoberfest at the East Rec. on Friday, October 4 from 4:30–7 p.m. All are welcome and you can pay your \$20 at the door. There will be plenty of beer, pretzels, bratwurst, knockwurst, and German potato salad.

It's helpful to reserve your spot ahead of time so our in-house chefs will know how much great food to prepare. You can do that by e-mailing [valerie.hulsey@yahoo.com](mailto:valerie.hulsey@yahoo.com). Bavarian attire and German beer steins are a common sight at the Oktoberfest, so join in on the fun and frivolity. This is not a fundraiser, just a great party for all.

Speaking of fundraisers, VOM Rotary is already planning its Annual Crab Feed on February 15, 2025, which sounds far off, but time sneaks up on us, as you well know. The biggest draws, besides the awesome crab and accompaniments, are the live and

silent auctions that offer up great vacation getaway housing and other offerings, along with the raffling off of fun goodies.

So, VOM Rotary is looking for donations from its members and the community to help make this fundraiser a huge success. The proceeds are what Rotary uses to fund its local and international Avenues of Service, which include local youth educational programs and Oakmont services, such as paying the general liability insurance for Oakmont Volunteers.

If you have an item of interest, e-mail Val Oliver at [valerieoliver55@gmail.com](mailto:valerieoliver55@gmail.com). Rotary does great things in this world of ours, so join in and get that incredible feeling of being a part of something big.

VOM Rotary usually meets every Thursday morning around 8 a.m. at the East Rec. Come a bit earlier for coffee and light breakfast. See what we're all about. You're welcome.

## Oakmont Pétanque Club

■Don McPherson

### INTERNATIONAL OPEN TOURNEYS CONTINUE

The Pétanque international open tournament season continues in full swing through late summer and into the fall. Billing itself as "the largest urban pétanque tournament in North America," the 16th annual Festi-Pétanque la Marseillaise in Montreal (Longueuil) Quebec hosted men's and women's triples teams from Pétanque Canada, Pétanque Quebec, and world-wide on August 2–3.

A rapidly growing international tournament, the New York Open sponsored by La Boule New Yorkaise Club, hosts doubles teams from across North America as well as international champions at Pier A Park in Hoboken, NJ—directly across the Hudson from the dramatic Manhattan skyline—October 12–13. Several teams from NorCal clubs are entered.

The largest pétanque event in North America, the Amelia Island Open, hosts an international doubles tournament November 15–17 at Amelia Island, Florida. Sponsored by the Amelia Island Boules Club,

United Pétanque, and the City of Fernandina Beach, the 15th annual tournament will welcome nearly 400 players and hundreds of spectators. Each year 90 pétanque courts are constructed at the harbor front for the tournament. Many NorCal teams are entered.

### PÉTANQUE IN OAKMONT MONDAY, WEDNESDAY, SATURDAY

French in origin, Pétanque (pay-tonk), also known in the United Kingdom as Boules, has been a feature of organized play in Oakmont since the 1980s. The Club, founded as an OVA organization in 1996, encourages all Oakmonters who may be interested in playing or learning to play to come to the courts between Berger and the OVA offices at 9:45 a.m. on the Club Play days of Monday, Wednesday and Saturday.

Club Play days are casual friendly games with teams randomly chosen. The Club has boules to lend while you're learning, and you'll be playing right away.

The final club tournament of the season is Oktoberfest on Saturday, October 19.

## Parliamo Italiano

■Jane Rinaldi

### MAMMA ROMA IS OUR NEXT ITALIAN MOVIE

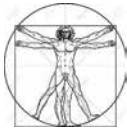
Our next Italian movie will be shown in our usual location: Room B of the CAC Building at 2 p.m., Oct. 1. Anna Magnani stars in this 1962 post-WWII movie *Mamma Roma* (1962) during which Italy moves forward into the Italian Economic Miracle years of 1945–1960. She fights to overcome a past which is (as described by several critics) "sub-proletariat," but is able to reclaim her son, Ettore, after being separated for many years, and together they move into the lower middle class.

Anna Magnani gives an amazing performance as Mamma Roma, full of the arrogance and determination only she can portray. We also see post-war Rome as it tries to move forward out of a WWII mentality and what it takes for Mamma Roma to try to escape the poverty of those years.





## Fitness Club



■John Phillips

### EXERCISE OPTIONS

On my way home the other day, I started to think about a discussion I had that was somewhat challenging, regarding the vibration plate. I believe I wrote an article about it but that's not what I want to write about today. What I recall was how different people can find success with different exercise programs and for that matter even diets and eating patterns.

For this article let us just stay with exercise. First, we are all similar, yet there are factors that make us different. For instance, we are supposedly symmetrical, yet most of us are a little asymmetrical, one leg may be a 1/8th of an inch shorter than the other or something causes one side to be slightly different than the other side. So, wouldn't it make sense that some exercises would work better for one person than another.

I believe that is one reason why we have so many forms of exercise. That is why if you try one and it just doesn't feel right or you don't find any enjoyment in it, then try something else. With any luck you may find a couple of different types of workouts that are enjoyable which will make you want to work out. After all that is the goal.

If you have any questions regarding this article, or any other fitness questions please contact me by phone/text at (707) 494-9086 or email at wkuout2@aol.com, or even stop by the Fitness Center. Remember I hold orientations every other Monday at 4:30 p.m. and Friday at 10 a.m., and seminars every Tuesday at 1 p.m. and Thursday at 3 p.m. Please check my board at the entrance of the Fitness Center for dates and subject matter.

## Balance and Strength Class

■Valerie Hulsey

### MARY'S FITNESS CLASS

You're invited to join us at the Balance and Strength class every Friday at 9:30 a.m. at the East Rec. Center. There is a drop-in fee of \$5.

Don't forget to bring your TheraBand for strengthening, if you do not have one you can purchase one for \$5 when you arrive.

Bring water and come and have some fun and improve your balance at the same time.

## Silver Toes Pilates Club

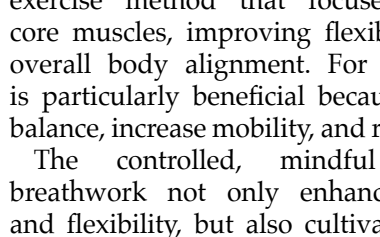
■Jeanette Ethridge

### NOW OFFERING CLASSES IN OAKMONT

Discover a stronger, more flexible you at Silver Toes Pilates Club. Join us for a community meeting at the West Rec. Center on October 10 at 9 a.m. Learn how Pilates can help build strength, enhance flexibility, and posture. These classes provide a safer spine approach to physical fitness.

Pilates, created by Joseph Pilates, is a low-impact exercise method that focuses on strengthening core muscles, improving flexibility, and enhancing overall body alignment. For active agers, Pilates is particularly beneficial because it helps maintain balance, increase mobility, and reduce the risk of falls. The controlled, mindful movements and breathwork not only enhance physical strength and flexibility, but also cultivate mental awareness and relaxation. These movements can be adapted to individual needs, making it a suitable option for those looking to improve their physical health and overall well-being.

Join us! For more information, contact Silver Toes Pilates Club at svrtoes@gmail.com.



## Oakmont Health Initiative Free Fitness Classes

■Charlene Bunas

### CHECK OUT DOMINICK

Folks count the days until retirement. With retirement, so the popular notion goes: freedom, travel, adventure.

Not so with OHI regular, Dominick Favuzzi. He must have skipped the part about retiring first, adventuring second. Two months before he retired, Dominick took off in his 2019 Audi A5 and meandered 8118 miles to New York and back to Oakmont. He bunked at Super 8's, cousins' and friends' homes. He lived it up in Nashville and had a few adventures in Yellowstone, Wrigley Field, Washington DC and Memphis. He even skirted a tornado roaring through Oklahoma.

And then he came home to retire, July 10. From the wine business! Which took him to eight countries on four continents. Who would retire from that career?

Dominick would. He's 70 and has a grandchild on the way. Since moving to Oakmont with wife Marjorie and pooch Bowie, he has upped his exercise routine to include aerobics offered by Oakmont Health Initiative. Always an avid walker his preferred sports have been motorcycle touring and freestyle Frisbee. He's always open to a session of a frisbee flyer on an open field.

"OHI captured my attention because of aerobics plus balance." Why there are not more men challenging themselves is somewhat puzzling to this very avid participant. "I'm motivated to stay healthy, and each sweaty walk home feels like a reward."

He balances the active side of living with meditation group, Sunday Symposium, classes and musical evenings. He also belongs to Oakmont Progressives.

Dominick "put up his leathers in 2017" and admits that the one with the fancy bike nowadays is Marjorie. "She can be seen tooling around on her new electric assist trike with Bowie in the back."

With Dominick's exercise commitment, he's ready to take the open road for many more future adventures.



Dominick Favuzzi photos  
by Charlene Bunas.

## Somatic Movement Club

■Silas King, Instructor

### ONGOING SOMATIC CLASS ON WEDNESDAYS

Come join the somatic movement class on Wednesday mornings. We use gentle movements and body awareness based on the Feldenkrais Method to improve the quality of life. This class is taught sitting in chairs to accommodate as many people as possible.

If you are: looking for less stress, tension, or anxiety; dealing with any sleep problems; wanting to improve your motor skills; wanting to have more ease in your body; enjoying walking with your dog, or with friends; ...then this class is for you.

I am a long-time practitioner of movement, meditation and martial arts. I've helped people with Parkinson's, injuries, poor sleep and anxiety disorder.

Classes will be held in the Lower West Rec Center on Wednesdays from 9-100 a.m. The class will cost \$10. For more information contact me at (707) 734-0780 or silaskingonline@gmail.com.



■Valerie Hulsey

The weather is still good and the water even better, so please join us at the West pool for 50 minutes of exercise and fun.

There is a drop-in fee of \$8 and classes are held Monday and Wednesday at 9 a.m. and 10 a.m.; Tuesday and Thursday at 9:30 a.m. Newcomers are encouraged to join one or both of these smaller classes. We look forward to seeing you soon.

### CLASSES ON FRIDAYS

Julies water exercise class continues at the West Pool every Friday at 10:10 a.m. There is a drop-in fee of \$8 per class.

Or you can exercise to a recording for free on Friday at 8:50 a.m. (no instructor).

## Oakmont Democratic Club



■Susan Bercu

### COUNTDOWN TO ELECTION DAY, NOV. 5 KNOW THE ISSUES!

#### HELP OUR CANDIDATES WIN!

**WHAT:** California Prop 4: \$10 billion bond addresses climate change issues.

**SPEAKER:** State Assemblyman Damon Connolly

**WHEN:** Monday, October 14, 6:30 p.m.

**WHERE:** East Rec.

Connolly was instrumental in discussions leading to Prop 4: The Safe Drinking Water, Wildfire Prevention, Drought Prevention and Clean Air Bond Act of 2024. This bond directly helps our Oakmont community with the inevitability of wildfires. Those measures not included at the Sept. 26 Meeting will be presented.



### CONGRESSMAN MIKE THOMPSON'S: FLIP THE HOUSE BUS TRIP

The path to a Democratic House majority runs through California! Join Congressman Thompson to secure Democratic votes in both frontline and red to blue districts.

Future President Kamala Harris and Vice President Tim Walz need majorities in Congress to advance our freedom agenda and continue to build our economy from the bottom up and the middle out. Let's keep up the momentum from Harris' winning debate performance with her promise, "I will be president for all Americans."

1) Saturday, October 5/6 (overnight accommodations available): Modesto Canvass, Adam Gray for Congress

2) Saturday, October 19: Stockton Canvass, Josh Harder for Congress

Volunteers will enjoy complimentary breakfast, lunch, and dinner. Please sign up at: <https://www.oakmontdemocraticalliance.org/upcoming-events>.

### SUCCESS! FUNDRAISER FOR ADAM GRAY, DEMOCRATIC NOMINEE FOR CONGRESS

Oakmont's August 30th fundraiser raised \$30,750 for Gray's campaign! Hosted by the Oakmont Democratic Alliance, this umbrella organization includes Democratic Club, Progressives, PerSisters, Sister District and Standing for Justice. A big thank-you to Peter Coyote for his informative speech, the Chuck Sher Jazz Band, and all of you who made this event shine.

Visit the Oakmont Democratic Alliance website for events and volunteer opportunities at <https://www.oakmontdemocraticalliance.org>.

Let your elected officials know your stand on issues. Contact information on the Democratic Club website at <https://www.oakmontdemclub.org/resources>.



## Oakmont Singles Social Club



■Bailey Penzotti

### OCTOBER MIXER:

#### LOVE OUR CALIFORNIA STATE PARKS!

**WHEN:** Friday, October 18, 6 p.m.

**WHERE:** East Rec. Center

Dave Duplantier, an interpretive specialist and community outreach for the California State Parks, will once again speak to us about many of the programs and activities that the park system has to offer right in our own backyard. He will highlight interesting hiking travels at all levels, monthly campfire programs, movie nights, etc. Bring your questions as he is a wealth of knowledge and is very entertaining. Bring an appetizer or dessert to share, and your beverage of choice.

RSVP through our new website oakmontsinglessocialclub.org. If no computer, RSVP to proslyn49@aol.com by Monday, October 14. Please. Remember to wear your name badge.

### OCTOBER BON APPETIT (OSSC MEMBERS ONLY)

**WHEN:** Thursday, October 3, meet at 5:30 p.m. to carpool from the Berger Center

**RESTAURANT:** 19Ten Bar & Provisions, 115 4th St., Santa Rosa, <https://19ten.com/menu/>

19Ten Bar & Provisions is located in the old, faded Hotel Oliver built in 1910 in Santa Rosa. From their steel framed concrete bar, modern lighting, graffiti artwork, stone counter tops, hardwood floors and luscious booths and chairs, this will give you a feel unlike any other restaurant around. Enjoy their craft cocktails, excellent wine list and their "New American menu designed for sharing a dining experience."

Reservation is for 20. Bring cash because the restaurant will not provide separate checks! Reservation cutoff is October 1. RSVP at [www.oakmontsinglessocialclub.org](http://www.oakmontsinglessocialclub.org) or email Simone Smith, [ssmith8151@aol.com](mailto:ssmith8151@aol.com).

### DO YOU LIVE IN OAKMONT? ARE YOU SINGLE?

If so, join our club to mix and mingle with other Singles. Oakmont Singles Club offers the opportunity to network with other singles who may have your same interests. For more Oakmont Singles Social Club membership visit our website at [www.oakmontsinglessocialclub.org](http://www.oakmontsinglessocialclub.org).

## Oakmont Craft Guild

■Carolita Carr

### PRE-HOLIDAY

#### ARTS AND CRAFTS FAIRE RETURNS

**WHERE:** CAC Parking Lot

**WHEN:** Saturday, October 19, 10 a.m.-3 p.m.

Get a head start on your holiday shopping! You are sure to find lots of unusual and unique items for those people in your life who are so hard, almost impossible, to buy for.

The Oakmont Craft Guild will be hosting another outdoor Oakmont Arts and Crafts Faire on Saturday, October 19. So far, we have over 50 local artists and craftspeople who will be displaying their talents. Be sure to take in this fun event. Bring the family; there will be something for everyone. There will be a Mexican food stand for lunch.

Oakmont Residents: Please do not plan on parking under or near the solar panels at the Central Activities Center on October 19. There will be lots of pedestrian activity, and driving your car among pedestrians is dangerous!

## Kiwanis Club of Oakmont



■Beverly Singer

### YOU ARE THANKED AGAIN

The Oakmont Kiwanis Club appreciates the kindness and generosity of Oakmont residents, and thanks you many times over. The recent Shred-A-Thon on Thursday, September 5 was a big success. Once again it turned into a fundraiser for the Kiwanis college scholarship fund.

Oakmont Kiwanis has Key Club advisors at Montgomery and Maria Carrillo High Schools. Many seniors at these schools have scholarships from all of us. Key Clubs are service clubs helping children just like the adult version which is Kiwanis. Last year and this year, Maria Carrillo Key Club will help foster children at the Valley of the Moon Children's Home. Kiwanis also helps those children and so do you with your donations.

The Oakmont Kiwanis uses donations for a wide range of organizations aiding children and families. A few are the YWCA Sonoma County Safe House, The Living Room Women's Center, Kiwanis International Children's Fund, Oakmont Grandparents Club and CHOPS Teen Club. We are always hoping doing these services to help children and families in need will lead you to join our club. Volunteering is rewarding and fun.

Our next service is for the community Veteran's Day program at the Berger Center after the parade on November 11. There is also a Santa Rosa Veterans Tribute Lunch on Thursday, November 7, 11:30 a.m.-1:30 p.m. at the Sonoma County Fairgrounds, Garrett Building, veterans are free. Call/text (707) 484-5808.

For information on joining Kiwanis call/text Ann Isaacs, (916) 261-7270.

## October 4, First Friday Market at Kenwood Village

### PRESS RELEASE

Kenwood Village is hosting another First Friday Market on Friday, October 4, from 5 to 8 p.m. in the courtyard at 8910 Sonoma Highway, next to the Kenwood Post Office, Palooza, and the future location of Pillowfight Coffee (opening this fall).

Local artisans and vendors—including neighbors from Oakmont—will be selling art and wares, such as jewelry, pottery, stained glass, wreaths, and the last shaved ice of the season. The event is free and open to the public.

Help spread the word and come for a lovely fall evening out. If you are interested in reserving a vendor spot or have questions, contact Ashley at [Ashley.breinlinger@gmail.com](mailto:Ashley.breinlinger@gmail.com).

## Meditation

■Joanne Davey

### OAKMONT WEEKLY

#### MEDITATION SESSIONS AT CAC

"May you awaken to the mystery of being here and enter the quiet immensity of your own presence."—John O'Donohue

We invite you to join one or both of our weekly drop-in meditation sessions which have been taking place for many years. Beginning and experienced meditators are welcome. We approach meditation as a non-denominational practice.

**Saturdays** at 10:30 a.m. in the CAC Building, Room B: This is a 35-min. meditation. This session frequently begins with a short 15-20-minute talk about various aspects of meditation.

**Tuesdays** at 4 p.m. in the CAC Building, Art Room: A 30-min. meditation.

If you have questions, please contact Trisha Mitchell, (650) 255-4026.

## 2024-2025 OVA BOARD OF DIRECTORS

E-mail: [askova@oakmontvillage.com](mailto:askova@oakmontvillage.com)

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[heidi.klyn@oakmontvillage.com](mailto:heidi.klyn@oakmontvillage.com)

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**Tom Kendrick, Treasurer**

(Non-voting officer)

[tom.kendrick@oakmontvillage.com](mailto:tom.kendrick@oakmontvillage.com)

### GENERAL MANAGER

**Christel Antone**

[christel@oakmontvillage.com](mailto:christel@oakmontvillage.com)

## POOLS & JACUZZIS

Access to OVA pools is by magnetic card. Call OVA Office, 539-1611 if you need a permanent new member pool access card or to register for a temporary guest pool access card.

WEST: 7 AM-9 PM

(Closes 7 PM Wednesdays for cleaning)

EAST: 6:30 AM-9 PM

(Closes 7 PM Mondays for cleaning)

CENTRAL: 5:45 AM-9 PM

(Closes 7 PM Tuesdays for cleaning)

JACUZZI HOURS: Same as facility. No one under 18 years in West and East pools and Jacuzzis.

CENTRAL POOL HOURS FOR PEOPLE UNDER 18:

Labor Day-Memorial Day: 11 AM-2 PM daily

Memorial Day-Labor Day: 12-4 PM daily

Children must be accompanied by an OVA member/resident or adult with a valid guest pool access card. NO LIFEGUARD ON DUTY AT ANY OVA POOL. ALL FACILITIES CLOSED CHRISTMAS DAY.

## NEED A RIDE? GIVE A RIDE! OAKMONT VOLUNTEER HELPERS

### COORDINATOR

#### Rides to Medical Appointments

**September 16-30**

Bev Leve 707-539-2802

**October 1-15**

Marianne Neufeld 707-953-5302

We provide the following services to Oakmont Residents:

- Transportation to medical/dental appointments in Santa Rosa only
- Meals on Wheels 525-0383

If you would like to be a volunteer, please call 539-8996. Donations to Oakmont Volunteer Helpers are appreciated and tax deductible.

Mail your check payable to Oakmont Volunteer Helpers, 6637 Oakmont Dr., Ste. A, Santa Rosa, CA 95409. Thank you.

Mon.-Fri. medical rides before 9 AM or after 4 PM are subject to limited volunteer driver availability. No service on weekends or holidays.

Please call at least three full working days prior to appointment.

**We regret that we are unable to provide either wheelchair or emergency service.**

## HOW TO CONTACT YOUR LOCAL OFFICIALS

### County Supervisor Susan Gorin, District 1

Phone (707) 565-2241

Address: 575 Administration Drive, Rm. 100A, Santa Rosa 95403

Email: [Susan.Gorin@sonoma-county.org](mailto:Susan.Gorin@sonoma-county.org)

### City Councilwoman Dianna MacDonald, District 3

Email: [dmacdonald@srcity.org](mailto:dmacdonald@srcity.org)

Address: City Hall, 100 Santa Rosa Ave., Rm. 10, Santa Rosa 95404





# CLASSIFIEDS

## BAYSIDE REMODELING AND CONSTRUCTION

Oakmont specialist—since 1986, general contractor John J. Coyle. Free design and consultations. Bathrooms, kitchens, roofing, additions. We do it all. Licensed, insured, bonded. Local references. (415) 879-1634.

## BODEN PLUMBING, HEATING AND AIR

For all your plumbing and heating needs. Local plumbers in business since the late 20th century, licensed, bonded and insured. Same day service is often available. Money-saving coupons! CA Lic. #659920. Please call (707) 996-8683 or go to [www.BodenPlumbing.com](http://www.BodenPlumbing.com).

## BABE'S TRANSPORT

A personal transportation service for airports, cruises and vacations, doctor visits, shopping and so much more. Flat fee per trip. Larger vehicles on request. All drivers Covid vaccinated. Commercially licensed and insured. TCP #40474. Call Babe's for reservations at (707) 545-2850.

## DUMP RUNS

Yard waste, construction debris, junk garbage. Reasonable rates, free estimates. Call Erick, (707) 537-5459.

## SONOMA VALLEY LEGAL SERVICES

Providing legal services for Estate Planning, including preparation or amendment of wills, trust, healthcare directives and powers of attorney, Family Law Mediation and other non-litigation family law services. Call for a free 30-minute consultation. Attorney Bailey Penzotti, (707) 615-3220.

## GALUS PAINTING

Interior/exterior professional painting. Small jobs OK. Call Leo at (707) 579-2680.

## CUSTOM WORKS CONTRACTING

Licensed, Bonded, Insured Contractor, Lic. #833926 (check lic. # on CLSB website). USMC Veteran-operated and owned. Here to help out the Oakmont community in all trades for repairs and maintenance, door/windows replacements, kitchen and bathroom remodels, decks, fences, and much more. Please call Jamie Flatt for free estimates on projects. (707) 721-4002.

## GARAGE DOOR SERVICES

Locally owned and operated Dependable Doors offers full servicing, repair, and replacement of garage doors and motors. Call Casey at (707) 775-8009 for all of your garage door needs. Lic. #1016951.

## REPAIRS PILING UP? CALL RAY

No job too big or too small. Heating, water heaters, plumbing, electrical, drywall, patching, painting, appliance repairs, honey do's, etc. Quality and affordable. Ray, (707) 280-2699.

## MARTHA L PROFESSIONAL HOUSE CLEANING

Home, office, move-outs. Window, bed linens and much more. 19+ years of experience. References upon request. 548-9482 or [marthal1041@att.net](mailto:marthal1041@att.net).

## CARPET, UPHOLSTERY AND TILE CLEANING

Gavin Anderson, local Sonoma resident. 20+ years experience. Senior pricing. Free estimates. Call 935-6334.

## HANDYMAN RESIDENT

Ask for Ricky, a personable "Jack of all Trades" with great attention to detail. I meet your quality goals and prioritize Oakmont residents. Let's discuss the work and its cost. (408) 838-5618.

## COMPUTER OOPS?

Oakmont Onsite Personal Computer Services. 11+ years helping Oakmonters. Call Chuck for all things computer and Tutoring. References available. Over 350 satisfied Oakmont customers. \$50/hr., one hour minimum. (707) 293-8011.

## TREE TRIMMING

Pruning, trimming, hedges, mowing. Fruit trees, stump grinding. Pressure washing. Over 20 yrs. of experience. Free estimates. Now accept credit cards. Visit website: [ajyardservice.com](http://ajyardservice.com). Call Alex, (707) 322-1646. Lic. #06530716.

## THE VINE LANDSCAPING

Professional fruit tree and rose pruning, ornamentals. All aspects of general landscaping. One time or monthly service. Older experienced gardener. Call (707) 252-3138 or (707) 338-1807.

## YOUR PERSONAL CAREGIVER AND ADVOCATE

Qualified to care for all your needs. Available 24/7 or hourly. 20+ yrs. experience providing honest, reliable, dedicated, competent, compassionate care, with a sense of humor. Native CA, clear background check with fingerprinting. Specialize in Dementia. Starla, (925) 698-6312. Many references and website available. Not an agency.

## VALLEY OF THE MOON PLUMBING

We are a local plumbing company that can take care of all your plumbing needs from service and repair, to remodels and additions. Call today to schedule a free estimate. (707) 800-2043.

## HAVING TROUBLE GETTING YOUR GARBAGE TO THE CURB FOR PICK-UP?

I can come to your home to put your trash receptacle to the curb Wednesday afternoon, and bring it back on Thursday afternoon. Call Dan Lennox, (707) 889-0205.

## RESIDENTIAL POWER WASHING AND WINDOW CLEANING

Servico Window Cleaning Co. Free estimates. Call today, (707) 249-3343.

## AIR CONDITIONING REPAIR

Heating, Cooling, service and repair. Serving Sonoma Valley. Call Vince Parish at Ridgeback Mechanical, (707) 666-5056.

## ERIC WILSON, REMODELING SPECIALISTS

Kitchens, baths, rehabs, decks, patios, roofing, plumbing, electrical, insulation. Fire and water damage repair. Quality service, reasonable rates. Proudly serving locally for over 30 years. Free estimates. Lic. #669482. Visit our website: [www.specialtyimprovementsunlimited.com](http://www.specialtyimprovementsunlimited.com). Call today, (707) 328-3555.

## HANDYMAN/CARPENTER

Easy to work with, reliable. Reasonable pricing. Oakmont/Sonoma references. 32 yrs. experience. Remodels, electrical, plumbing. Hardwood floors. Free estimate. Ernesto, (707) 974-0359.

## DOORS AND WINDOWS

Consultative sales and installation. Local suppliers. Father and son team, 30 years of experience. Lic. #527924. [www.doorbeautiful.com](http://www.doorbeautiful.com). Call (707) 539-3196.

## FOR ALL YOUR PAINTING NEEDS

Quality affordable work at reasonable rates. Interior painting including rooms, cabinets, railings, decks, fencing. Pressure washing and more. Call Michelle, (707) 378-3600.

## GARDEN TRIMMING

An emphasis upon a natural look, since 2007, and home projects as well. Small jobs OK. Richard, 833-1806. I'm an Oakmont resident.

## JOSH BEGIN ELECTRICAL CONTRACTOR

For all your electrical needs, including rewiring, troubleshooting, generators, panel upgrade, lighting, EV chargers, security/landscape lighting. Available 24/7. Lic. #461220. Free estimates. Call (707) 690-2541. Visit [www.begintobuild.com](http://www.begintobuild.com).

## GUITAR LESSONS

Cut to the chase guitar lessons by the 2024 California Music Hall of Fame recipient Al Ferguson. No reading music or theory. Just pick up the guitar and play taught. Oakmont resident. Al Ferguson, (909) 583 1342.

## OAKMONT'S PAINTING SERVICES

29 years in Oakmont. Many Oakmont references. Great work at fair prices. License #1108640. Bonded and Insured. (707) 528-8222 or email [OakmontsPainting@gmail.com](mailto:OakmontsPainting@gmail.com).

## TONY'S GARDENING SERVICES

General landscape, mowing, yard maintenance (free fertilizer included, so your grass and plants can be greener than every), high weed clearance. Clean-up, hauling, trimming, pruning and gutters. Free estimates. Ref. available. Tony Sandoval, (707) 321-2958.

## RESIDENTIAL WINDOW CLEANING

Window cleaning in Oakmont. Sparkling windows and friendly service. Satisfaction guaranteed. Get a free quote. Call Seth, (707) 708-4343.

## HANDYMAN SERVICES

Carpentry, drywall, electrical, plumbing, installation and assembly. Other imaginative jobs welcome! Fair hourly rate. [www.thehandylance.com](http://www.thehandylance.com). (707) 881-7292.

## CHRISTO TRANSPORTATION

Based in Oakmont, available for airport transport at competitive prices. Commercially insured with TCP 32055. Call Chris, (707) 205-8109.

## ½ HOME TO RENT

Senior woman looking to share 1,500 sq. ft. two-bedroom duet near East Recreation Center in Oakmont. \$1,400 per month, plus \$125 membership dues. Includes access to swimming pool, hot tub, pickleball courts, fitness center, social events, 150 clubs, etc. Karen Dewit, (415) 312-8221.

## ONE WAY PLUMBING, INC.

Dependable experts serving you and your neighbors with excellence and integrity for over 20 years. Licensed, bonded and insured. Senior discounts available. CA Lic. #854537. Find us on the web at [www.onewayplumb.net](http://www.onewayplumb.net) or call us at 537-1308 for all your plumbing needs.

## SENIOR DISCOUNT FOR PERMANENT MAKEUP!

Wake up with makeup! Brows, eyeliner, lips. 15 yrs. experience in Rincon Valley. Call Mel, (415) 572-4745.

## CERTIFIED CAREGIVER

Certified Nursing Assistant (CNA) and hospice caregiver. Light housekeeping, errands, transportation to appointments and shopping. Over 20 yrs. of experience. Maria Barrera, (707) 393-9748.

## CONSTRUCTION/REMODELING

Barrera General Contractor. Decks, fences, kitchen and bathrooms, finish carpentry and general construction. Licensed and insured. CA Lic. #1044479. Call (707) 843-9469, (707) 975-6576 or (707) 393-9748 (cell).

## GARDENING

A natural look since 2007 and without the dreaded roar of a leaf blower machine. Small jobs OK. Richard. Oakmont resident. 833-1806.

## PET MAN DAN

I am established dog walker in Oakmont. I walk 1 dog at a time, unless you have more. There is an availability in my schedule for a 25 to 35-min. dog walk in the mornings. Licensed and insured. References available. Call or text Dan Lennox at (707) 889-0205.

## NEED A PART-TIME COMPANION?

Experienced professional to take individuals to appointments, shopping and miscellaneous errands. Other duties upon request. Flexible hours. Hourly rate is negotiable. Excellent references. Call Susan, (707) 481-8347.

## PAINTER/HANDYMAN

Interior/Exterior. 30 yrs. experience. Single rooms or full interiors. Friendly and honest. Morse Painting, Lic. #656306. Call Dan, (707) 799-5823.

## PEDICURES FOR LADIES AND GENTS

Clean private studio located at 4525 Montgomery Dr., \$35-\$55. Call Sheri at The Peacock Nail Lounge today! (707) 481-9044.



## Hikers



■Scott Finn

We welcome you to join us on a hike whether you are a member yet or not and the annual membership is only \$15. Go to our website at [www.oakmonthikingclub.org](http://www.oakmonthikingclub.org) to join the club, get hike details, club information, photos and more.

For a complete description of each hike and to register, please keep checking our website for updates.

### OCTOBER 3: INTERMEDIATE PLUS HIKE EXPLORE ANNADEL VIA THE LAWNDALE TRAIL



Barnabe Peak Vista.

Explore the East side of Trione-Annadel Park on the Lawndale Trail and Shultz trails. Note early start—leave Berger at 8:30 a.m. Length is 6.7 miles with 928 feet of elevation.

Bring water, snack/lunch and poles if you use them. Hike leader is Colleen Keegan, email [colleenkeegan@gmail.com](mailto:colleenkeegan@gmail.com) or call (925) 487-4014.

### OCTOBER 3: LONG HIKE BARNABE PEAK

360° views, shady ascent. A hike up to the peak in Samuel P. Taylor State Park, mostly shaded on a well refurbished trail, with great views from the fire tower location in all directions, including Tomales Bay. Then a steady descent to the Lagunitas Creek valley and return by the Cross Marin Trail through the redwoods by the camp site and finally a very shallow stream crossing back to the car. 9.5 miles and 1500 ft elevation.

Bring lunch, water and poles. Leave the Berger at 8.30 a.m., hike leader is Peggy Clark, (650) 274-4137.

### OCTOBER 3: SHORT HIKE ONE RIVER/TWO LAKES—RIVERFRONT REGIONAL PARK, HEALDSBURG

This easy and level scenic 3-mile walk takes us on a wide path through a shady redwood forest, around a small lake and to the edge of the mighty Russian River; autumn color will be in abundance, and we'll be looking at interesting plants and wildlife. Poles,

water and snack/lunch suggested. Newcomers—OHC members or not—especially welcome.

Depart from Berger at 8:30 a.m. sharp for 40-minute drive to park; County pass or \$7 day use fee. Check OHC website Oct. 2 for any updates. Hike leader is Carolyn Greene, (805) 443-7289.

### OCTOBER 7–10: FALL 2024 TRINIGHTER HALF MOON BAY

Description and hike details available on our website.

### OCTOBER 17: INTERMEDIATE HIKE JACK LONDON STATE HISTORIC PARK

Fall color, vineyard views and the Ancient Redwood are the highlights of this moderate 5-mile hike through redwoods and sunny oak woodlands. Bring water, snacks, and hiking poles if you have them as some trails are rocky. Parking is \$10 per car or bring a JLSP, Sugarloaf or State Park pass if you have one.

We will meet in the Berger parking lot at 8:45 a.m. to arrange carpools. Depart Berger at 9 a.m. Hike leaders are Susan and Gary Novak, (707) 569-6016.

### OCTOBER 17: LONG HIKE SUGARLOAF RIDGE STATE PARK

Join the long hikers as we enjoy many of the viewpoints at Sugarloaf Ridge. Some historical features will be observed as we wind our way 7.5 miles with an elevation gain of 1200 ft. Wear weather appropriate clothing, bring a lunch, liquids and hiking poles if needed.

Depart the Berger lot at 8:30 a.m. Hike leader is Dave Chalk, (707) 972-8988.



Jack London Vineyards in Fall.

## HEARS Hearing, Education, Advocacy, Research, Support



■Richard Osborne

### OTC HEARING AIDS

A Mayo Clinic survey showed that more than half the people over 75 have hearing loss. The average age at Oakmont is close to 75 so it follows that close to half the people at Oakmont have hearing loss. This is because you hear with your brain and aging reduces the signals that get transmitted to the brain.



The HEARS Club can help you cope with this loss by providing Education, Advocacy, Research, and Support. We are meeting on Wednesday, October 9 at 3 p.m. in the Central Activity Center (CAC) Conference Room B, to provide Support and Education about OTC Hearing Aids. Especially if you think you do not need hearing aids, you should attend since the odds are that you will soon.

If you already have hearing aids, come and help new people cope with their hearing loss. Here are symptoms of hearing loss:

1. Spouse says you are losing your hearing.
2. You have trouble hearing your grandchildren.
3. You turn up the volume on your TV or radio.
4. You avoid social situations like restaurants or meetings.
5. You are increasingly bothered by background noise.

Hearing aids are expensive and require a prescription from a licensed hearing aid provider. In August 2022, the FDA permitted the sale of OTC hearing aids by Best Buy, Costco, Amazon and others, in an attempt to reduce the cost but only for those with mild to moderate hearing loss.

Do you qualify for mild to moderate hearing loss? Come to our meeting and find out. We are a group of people with more severe hearing loss, and we want to help you avoid some of the pitfalls that we encountered.

## Thursday Women's Golf Club at Valley of the Moon

■Kathy Faherty

### A GOOD SEASON

The 18-Hole Women's Golf Club at Valley of the Moon plays Thursdays on the VOM Course. Eligibility requires membership in the VOM or Sugarloaf Clubs. Besides weekly play at home, this group fields two traveling teams that play Four-Ball Match Play at private clubs primarily in the North Bay (Green Valley, Silverado, Napa, Sonoma, VOM, Fountaingrove, Marin, Meadow, Olympic, Richmond and Stonetree). You always have a partner and points accumulate throughout the season.

Those in North Bay Team Play (NBTP) have lower indexes. This year our team had indexes between 7 and 26 while the rest of the teams in the league had indexes from near 0 to the high 20's. This year our VOM team came in fifth in both Gross and Net—a great accomplishment in a tough league! Team players were Captain Sue Clark, June Stephens, Kim Agrella, Ann Weeks, June King, Kris Peters, Mattie Rice, Hilary Gruendle, Laura Barrera, Kathy Faherty, Chris Carter, Shay Kosta and Joy Bellomo.

Our Futures League has seven teams (Silverado, Napa, VOM, Fountaingrove, Marin, Meadow, and Stonetree). Indexes in Futures must be between 15.0–36.0. This year, for the first time ever, our Futures Team won both Gross and Net! Players were Captain Penny



"Climbing the win" at Fountaingrove on Aug. 22: (L to R) Lynn Davis, Chris Carter, Kris Peters, Kathy Faherty, Laura Barrera and Penny Wright. (Photo by Kathy Faherty)



The "support crew" back at VOM on Aug. 22: (L to R) Joan Seliga, Kim Agrella, Sue Clark, Laurie Vree, KC Coté, Eileen Beltrano and Yoshi Smith.

Wright, Chris Carter, Kathy Faherty, Laura Barrera, Joan Seliga, Shay Kosta, Lynn Davis, Joy Bellomo, Yoshi Smith, Kris Peters, June King and Paula Parks.

If you like to compete and would enjoy playing at great courses with a fun group of supportive women golfers, now is the time to consider joining us for 2025. We welcome you and would love to have you on the team! Watch in October for information about joining.

## Oakmont Cat Care Coop



■Mary Ellen King

### NEED CARE FOR KITTY WHILE YOU ARE AWAY?

Join the Oakmont Cat Care Coop and share the care! For Oakmont residents only. Active participation for over 15 years.

For information and to get on the list contact me at (707) 849-1581.





### Marketing your home:

- Discover pricing your home correctly
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As an Oakmont resident, I will be there for you throughout the entire process.

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