

# OAKMONT NEWS

Semimonthly

*The Official Newspaper of the Oakmont Village Association*

July 26, 2025 • Volume 63, Number 14

## Buck Moon Lights Up the Sky



*A full Buck Moon lit up the Oakmont sky in the early hours of June 11. (Photo by Paul Roque)*



## OCF Health Fair Set for August 22

■ Jim Brewer

The Oakmont Community Foundation (OCF) will present a Health and Wellness Fair August 22 at the Berger from 9 a.m. to 3:30 p.m. featuring health screenings, information, demonstrations, expert speakers and more.

OCF is encouraging Oakmonters to make a day of it, starting with a morning expo and a speakers' series throughout the afternoon.

"The Foundation is pleased to be able to offer valuable health and wellness information to the community," said Jackie Ryan, OCF president. "This is a new venture for us, and we're excited about the ability to make this available."

The Fair will have informational tables with literature ranging from diabetes, stroke, cancer and heart treatment and prevention of elder abuse, as well as new technologies for seniors. All major providers will be represented, including the Mobile Health Clinic from Providence Health. Demonstrations include balance and defibrillator (AED) training.

Six keynote speakers throughout the day will discuss topics including cardiac therapies, stroke prevention, care after joint replacement and other surgeries and much more.

There will be raffle gift card prizes ranging from a chiropractic evaluation and treatment to an Apple watch or a free round of golf for two.

Founded in 2007, the Oakmont Community Foundation is an independent California non-profit Public Benefit Corporation specifically organized to enhance and support educational and charitable activities within Oakmont Village Association.

See **OCF HEALTH FAIR** on page 3



■ John Derby, President

### OAKMONT GARDENS HAS NEW EXECUTIVE DIRECTOR

Life Care Services has selected Sanjay Kabadi to fill the position of Executive Director for Oakmont Gardens. Sanjay's official start date as the Executive Director will be on Monday, July 28.

Sanjay comes to Oakmont Gardens as Executive Director with extensive experience as a senior professional in housing and services. Previously, he served as an Executive Director at Brookdale and Cogir Senior Living. Sanjay is a licensed nursing home administrator and a certified RCFE administrator.

See **OAKMONT GARDENS** on page 3

## A Proud Visitor on the Green



*This majestic buck was spotted taking in the views on the Oakmont golf course. (Photo by Susan Irvine)*

## Join a Club Night

■ OVA Staff

### THURSDAY, AUGUST 7, 6-7:30 PM IN THE BERGER CENTER

Whether you're new to Oakmont or a long-time resident, Join a Club Night is your chance to explore the many clubs and organizations that make our community vibrant and connected.

Meet club representatives, ask questions, and discover activities that match your interests—from arts and fitness to games, learning, volunteering, and more.

It's a casual, no-cost event—just drop in and get inspired!

## So Long, Lawn Crew!



*Sheepdogs round up the flock for one last day on the job, as Oakmont bids farewell to its woolly weed-whackers. (Photo by Raymon Darwin)*

## Children's Swim Hours Revert to 12-4 p.m. Pending August Vote

Children's hours have reverted to 12-4 p.m., the hours previously in place for summer usage between Memorial Day and Labor Day.

At the July 15 OVA Board of Directors meeting, a motion to return children's swim hours at the Central Pool to the previous 12-4 p.m. timeframe resulted in a 3-3 split vote. Directors Oliver, Gladstone, and Klyn voted to revert the hours to 12-4 p.m., and directors Williams, Ray, and Marzak voted against it. Director Neuman was absent from the meeting and did not vote. As a result, the motion did not pass, and the Board agreed to revisit the topic at its next meeting on August 19.

See **CHILDREN'S HOURS** on page 3

## At-a-Glance Summary— July 15 OVA Board Meeting

■ Harriet Palk

The board approved the following nominations to serve on the Governing Documents Committee: Peg Stone, John McCarthy and John MacInnis.

**Extension of Children's Summer Pool Hours at CAC:** Data has been gathered over the last month through emails and telephone calls, and the extension has significantly more negative comments than positive. The Board vote was 3-3 (one director absent), so the vote will have to be repeated at the August meeting. In the meantime, the hours will revert to the original noon to 4 p.m. (See additional story in this paper).

### TASK FORCE AND COMMITTEE REPORTS

**Firewise:** Adding three new certified assessors; Information will emphasize that the Firewise team is available at no cost to homeowners to learn what they can do to make their homes and property safer and have a better chance at getting home insurance. The team is also providing

See **AT-A-GLANCE** on page 3



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## OAKMONT GARDENS Continued from page 1

He also has CDM and CFPP certification in food service. Sanjay has a master's degree in finance and accounting.

Sanjay replaces Morgan Holien, who managed Oakmont Gardens through a major renovation and achieved an occupancy rate of over 90% before resigning in April to hike the Pacific Crest Trail from Mexico to Canada. She has completed over half of her journey through the desert and the Sierras and will soon be in Oregon.

Our residents are excited to meet Sanjay when he arrives here to take over the reins.

## AT-A-GLANCE Continued from page 1

Individual assessments for the OVA buildings to help our General Manager guide OVA landscapers to continual improvements in common space areas. The committee will collaborate on a Home Tour in May 2026 with the Environmental Task Force as firewise is an important subset of being environmentally conscious and is also planning collaboration with Meet Your Neighbors.

**Governing Documents:** First meeting will be July 22. Three new appointees were selected based on interests, skills, background, and commitment that seem to best fit the needs and goals of the GDC; a new GDC charter is being readied to submit to the Board; While awaiting key information from the attorney, committee members are educating themselves on the OVA's prior efforts to update its governing documents.

Among areas of focus is analyzing voting data from prior elections to identify and evaluate potential alternatives for the very high vote thresholds established by the original Oakmont developer. The Board voted to allow attorney opinions to be shared with the GDC only.

**LOMAA:** The theme "ensuring long-term viability and leadership of the (36) sub-associations within Oakmont" guides the activities of LOMAA.

The lack of volunteerism at the LOMAA Board level as well as sub-HOAs is a challenge that needs to be addressed.

Efforts are focused on supporting the sub-HOA

## CHILDREN'S HOURS Continued from page 1

If the Board votes in favor of extending the hours to 11 a.m.-4 p.m. at the August meeting, the proposed change would enter a 28-day community review period before it could be formally adopted. This means that, should the new hours be approved, they would not take effect until September.

Children's pool hours are adjusted seasonally. From Labor Day to Memorial Day, hours return to 11-2 p.m.

Residents are still encouraged to provide feedback on this topic by emailing [askova@oakmontvillage.com](mailto:askova@oakmontvillage.com).

board members through education, best practice sharing and collaborative planning. The group is working to collaborate and better integrate with partners in sub-HOA activities, such as OVA, realtors and property management companies.

The ECHO Club has been formed to provide quarterly presentations to sub-HOA board members by professionals. A Memorandum of Understanding with the General Manager is in place to foster communication and collaboration between LOMAA and OVA.

**Long Range Planning:** The June board packet contains the last LRPC report.

### INSPECTOR OF ELECTIONS

Board appointed Pro Elections as the independent Inspector of Elections because of the planned shift to include electronic elections in the process. The cost for the services provided by Pro Elections is based on the amount of electronic versus paper ballots sent out with an expected cost of approximately \$20,000.

### EAST TENNIS COURT RESURFACING PROPOSAL

Repairs to the courts were tabled because of community input that revealed the need to make decisions about whether the upper courts should be converted to pickleball or remain as tennis courts. The GM will discuss with the contractor whether there can be temporary fixes to some of the cracks.

## Letters to the Editor

Dear Editor:

MYN's monthly meeting in June was a very fun and successful root beer float social at the East Rec. It was open to the entire Oakmont community as encouragement and a reminder for people to get to know their neighbors, especially as we are in the middle of a high-risk wildfire time.

We had two 3-gallon tubs of ice cream and 10 big bottles of root beer left over in the refrigerator, clearly marked as belonging to MYN. We had plans to donate the leftovers and had offered them to another group. A few days later, when we went to retrieve our goods, we discovered the ice cream had been stolen and half the root beer bottles were gone. We were disappointed and sad that this happened in our community. The OVA office said that thievery is not that uncommon in our public places.

Be reminded that you can't trust that food won't be taken, even if labeled, when left in a shared kitchen area. We ask Oakmonters to respect other's personal property, whether food, clothing, equipment or other items.

Matt Zwerling and Katy Carrel, MYN Coordinators

Dear Editor:

Here's another side of the Pickleball controversy: How the sound that emanates from the courts directly impacts those who live nearby. It's not only recently measured sound of balls hitting paddles, it's also the whooping and shouting of enthusiastic players that goes along with a competitive game. As an adjacent homeowner, the existing six pickleball courts have effects on our quality of life and the enjoyment of our home.

Sounds from the courts can be heard as far as 2,600 feet away on Lawndale Trail in Annadel! Residents surrounding the East Rec Center who live over 800 feet away from the courts often have to close their windows, sliding doors, and avoid going outside until play subsides.

A recent sound study showed that with three courts and 12 players, the number of "popping" sounds averaged 51 per minute or almost one per second. If the courts are expanded, this could become over 200 per minute or 3.3 per second. Another recent study showed that utilization of the existing courts was only 34.5% over a seven-day period. Managing the flow of players could be a solution that would satisfy demand and avoid increasing noise.

My wife and I moved to Oakmont to be able to relax and enjoy a quiet home. As all adjacent homeowners have learned, we've had to adjust to the current situation. Doubling the number of courts would make our lives miserable. What would you do? Ask yourself, would you like to live next to a Pickleball court?

Scott Jones

## OCF HEALTH FAIR Continued from page 1

Since 2007, more than \$400,000 has been awarded to Oakmont clubs and organizations.

The Foundation is not affiliated with, but is supportive of, many Oakmont Village Association activities. More information, including how to make a donation to support the Foundation or a specific OVA club or organization, is available on [oakmontcommunityfoundation.org](http://oakmontcommunityfoundation.org).



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## Jazz Club Concerts



■ Delora Hurst

### YOU WILL NOT WANT TO MISS THIS CONCERT!

These stars share many Grammy Awards and are all world-traveled performers.

Jamie Davis, Glen Pearson, Ruth Davies, Michael O'Neill and Silvia Cuenca will grace our Oakmont stage, sharing a total of nine Grammy Awards among them.

Grammy Award-winner Jamie Davis has just returned from performing in Finland and is next booked in Italy! So, get off the couch and head over to the Berger Center for a concert you will never forget, presented by these truly world-famous musicians.



Jamie Davis.

**WHEN:** Saturday, September 27

**TIME:** 7 p.m.

**LOCATION:** Berger Center **TICKETS:** \$45

Glen Pearson (yes, with a few Grammys!) is one of the best pianists in the world. He is the pianist for the renowned Count Basie Orchestra and was formerly the director of the famous Boys Choir of Harlem for eleven years.

From his senior class in Harlem, 98% of his students went on to college. He is absolutely thrilling to hear and has composed scores for documentaries, feature films, and television, earning a long list of credits. He has also recorded with many jazz greats, including Kim Nalley, Akira Tana, Nicolas Bearde, and more.

Ruth Davies, bassist and multiple Grammy Award winner, has been an integral faculty member and festival artist at the Stanford Jazz Workshop for over 15 years. When not recording or touring, she teaches at SJW, San Francisco's Adventure in Music Program, SFJAZZ's In Session program, and Pamela Rose's projects that spotlight historical women blues and jazz composers. The list of artists Ruth has toured and recorded with reads like a Who's Who of blues and jazz.

Michael O'Neill, saxophone, studied with the great Joe Henderson. He has composed scores for documentaries, feature films, and television and has performed or recorded with many jazz greats, including Eddie Fisher, Kim Nalley, Akira Tana, Nicolas Bearde, Bobbie Norris, and Omar Clay. Michael's saxophone work is extraordinary—he plays with orchestral diction and classic jazz hop, making him a rare treat.

Silvia Cuenca, drums, performed with saxophone legend Joe Henderson for four years and trumpet legend Clark Terry for seventeen years. She has toured over ten major European countries and performed with more than fifty major musicians. She has graced the stages of the Lincoln Center, the Kennedy Center, and served as artist in residence at various universities in the U.S. and Europe, including a 15-year residency at the Stanford Jazz Workshop.

Drinks and treats are permitted. Order tickets at the OVA office. Please fill out the coupon and place your order and payment in the Jazz Club Concerts file. Tables for eight may be reserved. For information, call (707) 537-7720.



## Lifelong Learning



■ Marlena Tremont

### OLL NEW WEBSITE

Oakmont Lifelong Learning is revamping its website to make it easier to navigate and to resolve concerns expressed by users. The new site will offer a clearer display of classes and concerts, make registration easier and simplify payment options. A new FAQ pull-down answers common questions and streamline sign-ups.

The new site is expected to be ready on August 6 at which time class registrations will be available online. Before then, flyers to register will be available in the OLL folder in the OVA office.

### A PREVIEW. A THANK YOU. A CELEBRATION.

It's a big thank-you to our students, our instructors and our volunteers with special prizes, giveaways and refreshments. Learning about the five exciting new Fall classes.

**WHEN:** Wednesday, August 27

**WHERE:** Berger Center

Refreshments and music begin at 2:30. Program begins at 3:00.

### TELEVISION IN THE MOVIES

**Instructor:** Terry Ebinger

**Mondays, Sept. 15, 22, 29 to Oct. 6, 2-5 p.m.**  
**4-week session. Cost: \$65. Note early start time**

### BUCK INSTITUTE

**Instructors:** Various instructors and topics TBA

**Wednesdays, Sept. 17, 24 and Oct. 1 and 8, 3-5 p.m.**  
**4-week session. Cost: \$65**

### OPEN YOUR EYES WITH NATURE JOURNALING

**Instructor:** Marley Pfeifer

**Thursdays, Sept. 18, 25 and Oct. 2 and 9, 3-5 p.m.**  
**4-week session. Cost: \$70**

### THE POLITICS OF CULTURE: THE ONGOING STRUGGLE TO DEFINE AMERICA

**Instructor:** Les Adler

**Mondays, Oct. 13, 20 and 27, 3-5 p.m.**  
**3-week session. Cost: \$45**

### ART IN AMERICA: 1500 TO 1900

**Instructor:** Craig Griffeth

**Thursdays, Oct. 16, 23, 30 and Nov. 6, 3-5 p.m.**  
**4-week session. Cost: \$65**

Purchase multiple classes for the same person at the same time and save 25% off the total!

Online registration begins August 6 at oakmontll.org.

## Jazz Club Classes

■ Michael James

### JOIN THE JAM IN AUGUST

Please join us on August 6 from 2-3:00 p.m. at the East Recreation Center for an afternoon of live music! Louise Bettner, Michael James, Rebecca Gilbert and Chris Hansen will be playing their instruments and singing to the songs of the Big Band Era that include "All Of Me," "Don't Get Around Much Anymore" and "My One And Only Love."

You will be given lyrics to sing along and if you are brave enough, bring your own wind instrument and choose a song, from a book of 1,400 Big Band songs, to sing and toot your own horn. John Ray and Linda Green from the New Horizons Swing Band may surprise us with a visit to play along.

Our music lesson from 3-4 p.m. will focus on learning how to read and play four new songs that we have always wanted to play and sing. These are "Somewhere Over The Rainbow," "Fly Me To The Moon," "The Sound of Music" and "What A Wonderful World."

Bring your guitar, ukulele or any instrument you have to play for this lesson. A \$5 donation to pay for music and supplies is gratefully accepted.

## Current Events Discussion Group



■ Tina Lewis

This is a very important time to discuss current events! Please join us every Friday from 1-2:30 p.m. at the East Rec. to hear all sides of issues from local to international. Come in person if you can, on Zoom if you can't.

Following the meeting join us at OAK for Happy Hour. This has become very popular, giving everyone a chance to socialize, unwind, and have something to eat and drink.

If you want to be put on the mailing list, including Zoom, email [tinalewis31@comcast.net](mailto:tinalewis31@comcast.net) or call (707) 758-9739.

## Kiwanis Club of Oakmont



■ Richard Osborne

### CARNITAS AND MARGARITAS EVENT

Join us for a fun and meaningful fundraising event hosted by the Kiwanis Club of Oakmont on Saturday, August 23, from 5-8 p.m. in the Berger Center.

We're expecting a full house of over 200 guests! Your \$35 ticket includes one margarita (alcoholic or non-alcoholic), all-you-can-eat carnitas, and a variety of vegetarian options. Additional margaritas are \$5, but anyone named Rita gets a free margarita.

Our Master of Ceremonies, Tricia Shindledecker, will lead a silent auction to support the many school and community programs we fund. These include local school libraries, high school scholarships, and service projects such as the annual Veterans Lunch, Redwood Empire Food Bank, and Court Appointed Special Advocates (CASA). We also extend our reach beyond Sonoma County, supporting the Kiwanis Family House in Sacramento and the California-Nevada-Hawaii Children's Fund.

Through these efforts, we live our mission: improving the world, one child and one community at a time.

To contribute, please donate through a Kiwanis member or mail your donation to: Kiwanis Club of Oakmont, P.O. Box 862, Kenwood, CA 95452.

We are a registered 501(c)(3) nonprofit organization (EIN: 27-3081078).

Thank you for your support and generosity!



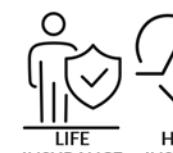
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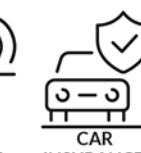
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■ General Manager Khiana Schmuhl,  
VOM Golf Club

July is packed with activities, improvements, and opportunities at the Valley of the Moon. Here's what you need to know:

#### GOLF COURSE MAINTENANCE AND UPDATE

With warmer weather, the golf course maintenance team is focused on irrigation system repairs, addressing English daisies, and managing gophers. Additionally, verticutting and top-dressing are underway to enhance turf health and playing conditions. These

#### GOLF SHOP HOURS AND UPCOMING EVENTS

**Valley of the Moon and Sugarloaf Golf Shops:** Open daily, 6:30 a.m.–5:30 p.m. The driving range closes early on Mondays at 3:30 p.m.

**TaylorMade Demo Day:** Test the latest equipment on Saturday, July 26, from 10 a.m.–2:30 p.m. Appointments are available at [myfittingexp.taylormadegolf.com/fitting/private/3XKMYn2YKm](http://myfittingexp.taylormadegolf.com/fitting/private/3XKMYn2YKm).

**Shoe Sale:** Select Adidas and FootJoy shoes are on clearance for as low as \$49.95.

The Oak Restaurant launched a new menu! For reservations, contact Food and Beverage Director Katy Moranda at (707) 539-0415 ext. 2 or [kmoranda@playvom.com](mailto:kmoranda@playvom.com).

**Operating Hours:** Monday–Saturday from 11 a.m.–7 p.m.; Sunday from 11 a.m.–6 p.m.

**Happy Hour:** Monday–Thursday from 3–5 p.m., and all day Sunday.

#### Thursday Night Dinner Specials:

July 31: Fungi Pizza—\$16

**July Music Schedule:** Enjoy live performances at the Oak Restaurant.

July 28: Eddie and the Fog

**Knife Sharpening:** Bring your knives and garden tools to the yellow van in the OAK parking lot on July 30 from 9 a.m.–2 p.m. \$8 per knife or \$14 per garden tool.

**Taco Tuesdays:** Indulge in \$4.50 tacos with a drink purchase. Options include Baja fish, steak, and shrimp tacos.

#### FRIENDLY REMINDERS

Fishing in golf course ponds is prohibited for safety reasons.

Walking hours on the golf course are listed at [playvom.com/the-club/walking-policies](http://playvom.com/the-club/walking-policies).

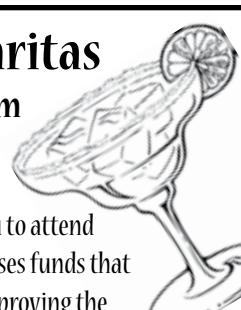
Make the most of July with these exciting opportunities and services at Oakmont!

Visit [playvom.com](http://playvom.com) for up-to-date information about happenings at the Valley of the Moon Club and OAK restaurant.

## Carnitas & Margaritas

Saturday, August 23, 5-8 pm

Berger Center



Kiwanis Club of Oakmont invites you to attend our fundraising event. This event raises funds that further our work on our mission: Improving the world, one child and one community at a time. Your \$35 ticket includes one margarita (alcoholic or non-alcoholic), all-you-can-eat carnitas, and a variety of vegetarian options.

For tickets, please call Richard Osborne, 303-304-9262 or Email: [richosborne@outlook.com](mailto:richosborne@outlook.com)

## Oakmont Singles Social Club

■ Bailey Penzotti

### AUGUST MIXER—STATE PARKS AND MORE!

**WHEN:** Friday, August 15, 6 p.m.

**WHERE:** East Rec. Center



*View on an easy hike/walk in the Sonoma Development Center. (Photo by Bailey Penzotti)*

Dave Duplantier, an interpretive specialist and community outreach for the California State Parks, will once again speak to us about many of the programs and activities that the park system has to offer right in our own backyard. He will highlight interesting hiking travels at all levels, monthly campfire programs, movie nights, etc. Bring your questions as he is a wealth of knowledge and is very entertaining. After the presentation, we're organizing a sign-up for a post-mixer hike/walk for Saturday morning, August 16, depending on the temps.

Bring an appetizer or dessert to share, and your beverage of choice.

RSVP via our website, [www.oakmontsinglessocialclub.org](http://www.oakmontsinglessocialclub.org) by August 11 at 12 noon. If no computer or ability to register using your smart phone, feel free to email Kat at [KAT9433@icloud.com](mailto:KAT9433@icloud.com) or me at [bailey.osc1@gmail.com](mailto:bailey.osc1@gmail.com).

### AUGUST BON APPETIT (OSSC MEMBERS ONLY)

**WHEN:** Thursday, August 7

**RESTAURANT:** Kalimera Bar and Grill, 458 B St, Santa Rosa

Mediterranean Cuisine in the heart of Santa Rosa. They offer an elevated food experience that encourages the exploration of shareable dishes in beautiful and inviting spaces. "Our mission is to serve people who crave unique flavors, experiences, and ideas while creating opportunities for chefs to showcase their creativity. We hope to foster a spirit of exploration by connecting people through food."

Reservation is for 20. Bring cash because the restaurant will not provide separate checks! Meet at Berger Center parking lot by 5:30 p.m. to carpool to the restaurant.

Reservation cutoff is August 4. RSVP on our website at [www.oakmontsinglessocialclub.org](http://www.oakmontsinglessocialclub.org) or email Simone Smith at [ssmith8151@aol.com](mailto:ssmith8151@aol.com).

### DO YOU LIVE IN OAKMONT? ARE YOU SINGLE?

If so, join our club to mix and mingle with other Singles. Oakmont Singles Club offers the opportunity to network with other singles who may have your same interests as you. For more Oakmont Singles Social Club membership visit our website at [www.oakmontsinglessocialclub.org](http://www.oakmontsinglessocialclub.org).

### WEDNESDAY HAPPY HOUR

Hosted by Larry Burns

1:00 - 5:00

2 for \$20 Cocktail & Bar Snacks Menu

Visit Our Website for details  
[hansonofsonoma.com](http://hansonofsonoma.com)

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## Tennis Club



■ Diane Curtis

### A CONNECTING THEME

Tennis is a through line in the professional and social lives of Frank Passaglia, OTC's vice president. Games played during study breaks at law school in San Diego forged lifelong friendships. As a young cop in San Francisco, morning tennis with other officers after their graveyard shifts boosted fellowship. Lunch-hour matches on Treasure Island with lawyers, judges and cops when Frank was an assistant district attorney deepened professional ties and cemented personal relationships that remain to this day.

The tennis die was cast when Frank was required to take a P.E. class at City College, and he chose tennis. His forehand got the job done from the get-go, and he taught himself the topspin by studying his tennis hero, Bjorn Borg.



Frank Passaglia and Doug Smith. (Photo by Diane Curtis)

Born in Lucca, Italy, Frank came to the United States when he was five years old with his father, a cabinetmaker, mother ("the smartest woman I've ever known") and two older siblings. A devoted son who did whatever needed doing to help his non-English-speaking parents, Frank lived in San Francisco until his 40s, when he and Judy (OTC secretary and Frank's wife of 50 years) moved to San Mateo.

Judy and Frank, who do much of the nitty-gritty work that makes OTC events successful, bought a unit in an Oakmont triplex eight years ago to be near family on weekends. Two years ago, they bought and renovated a house and moved here full-time.

Tennis also drew them to Oakmont, and Frank has found the same camaraderie and friendships on the courts that enhanced his careers. (He plays golf now, too.) Early on, he joined the Sunday tennis games with Tony Agocs, Brian Williams, Doug Smith and others, and they're still playing.

Being a member of OTC, with its \$20 a year dues, "is the best deal in town," Frank says.

## Oakmont Democratic Club



■ Sue Carrell

### DON'T DESPAIR, SHOW YOU CARE!

The Oakmont Democratic Alliance (ODA) is meeting regularly to bring Oakmont residents together to strengthen our collective resistance and to stay in touch with other like-minded groups all over Sonoma County and beyond. Be sure to check the website for event details and blogs. Our guiding principle: "When Tyranny becomes Law, Resistance becomes Duty." (Thomas Jefferson, 1776)

There will be no regularly scheduled meeting/social in August, but we are planning a protest on Oakmont Drive on Saturday, August 16, 9–11 a.m. Check it out [www.oakmontdemocraticalliance.org/event-details/were-hitting-the-streets-in-oakmont](http://www.oakmontdemocraticalliance.org/event-details/were-hitting-the-streets-in-oakmont).

Our Oakmont PerSisters organized a "postcarding party" June 26 targeting candidates in upcoming "flippable" State elections. About 20 folks turned up to write several dozen cards. Eileen Mikaelian and Susan Sandholm led the effort.

On Monday night, July 14 at the ERC, the Dems welcomed the hard-working organizers at Indivisible, Dannessa Atiles, Regional Director. This is a massively successful advocacy organization co-founded by Ezra Levin and Leah Greenberg.

Don't despair, show you care! Show up! We're in this together and together we will prevail.

**Please note:** This event is scheduled to take place on a public city street and is neither sponsored nor regulated by the OVA. The OVA's role is solely to inform residents about community events.



■Carolina Carr



### DECADES RETURNS

**WHAT:** Dance with the Decades band

**WHERE:** Berger Center

**WHEN:** Saturday, August 9

**TIME:** Doors open at 5 p.m. Music begins at 6:30

**COST:** \$25 per person, each member may bring one non-member guest

**BRING:** The beverage of your choice and snacks to share

**FOOD TRUCKS:** Moxie's Frozen Yogurt and Tacos Los Iniguez

The word is out. Decades band is coming back to Oakmont, and Boomers has them! They have played here in our community many times and always to sold out crowds. Throughout the show, they'll swap between several instruments (including saxophone, harmonica, penny whistle, accordion and trumpet to name a few) and belt out four-part harmonies, showcasing each member's versatility, while continuing to put on a highly energetic live performance.

You will be on your feet, dancing! Our dances have been selling out fast, so register now at oakmontboomers.org. Don't get left out.

### MEMBERSHIP

Membership is open to any Oakmont resident. Membership is \$15 per person, per year and payable on our website, oakmontboomers.org.

## Valley of the Moon Rotary Club



■Star Power

### GOAT AND DOGS AND BEARS, OH MY!

Well, no bears, but VOM Rotary has exciting speakers in August about goats and dogs. The first one, on Thursday, August 7, is Deb Blum, founder of Goatlandia in Sebastopol. Goatlandia is a rescue center that started out being about goats, but has since become home to a family of goats, pigs, sheep, chickens, turkeys, ducks, geese, horses, dogs, and two happy (and very busy) humans.

And, then, if goats aren't enough to keep you interested, the speaker on Thursday, August 14 is about dogs. Claire Richardson will be here to tell us about Paws for Purple Hearts. They place service dogs with service members and veterans facing challenges such as mobility, PTSD, etc.

Our new president, Chris Severson, started his reign on July 10 and did a great job. It's not easy stepping into a new job, but we're all cheering him on and know he'll do well.

Our goal this year will be to entice new members to join us to make the world a better place with the motto of "Unite For Good." Mohammed Ali once said, "Service to others is the rent you pay for your room here on Earth!"

VOM Rotary welcomes folks to drop in and see what Rotary is all about. Our meetings are on most Thursday mornings at the East Rec. from 8-9 a.m. Come a bit earlier and enjoy a light breakfast, coffee, and meet our friendly members.

## Café Mortel

■Linda Suhr



### MEDICAL EQUIPMENT RECYCLING PROGRAM FINAL EXIT NETWORK WORKSHOP IN OAKMONT

Café Mortel is sponsoring some interesting events. Check them out!

**MERP:** If you have clean, gently used medical equipment such as wheelchairs, walkers with hand brakes (Not aluminum walkers), shower chairs or medical supplies such as adult briefs, pullups, wipes, gloves that are no longer needed, donate them to Medical Equipment Recycling Program (MERP) right here in Oakmont on second Saturdays of the month beginning August 9 at Oakmont Farmers Market, 9 a.m.-12 noon.

The main Santa Rosa MERP location for donations and distributions is 3650 Standish Ave., where the hours are Mondays and Wednesdays, 11 a.m.-1 p.m. For more info go to [www.medicalequipmentrecyclingprogram.com](http://www.medicalequipmentrecyclingprogram.com) and to see what is not accepted.

MERP is a non-profit, volunteer-run organization sponsored by Sonoma County Section on Aging that collects and distributes free medical equipment and supplies to anyone.

**FEN:** Are You Ready? End of Life Options workshop on Oct. 17 from 1-3:30 p.m. Join Final Exit Network for this in-person workshop in Oakmont to learn about the options for comfortably and safely hastening death if you find yourself with an unacceptable quality of life. Also learn how you can better position yourself for having a choice in determining the time of your death.

We will be discussing different pathways for hastening one's death and the first steps for embarking on them. NOTE: This presentation will not cover the specifics of medications, equipment, or self-deliverance techniques.

There is no charge for this workshop. Space is limited! Registration is required! For more information, location and to register, please contact [workshop@FinalExitNetwork.org](mailto:workshop@FinalExitNetwork.org) with your name and email address.

### CAFÉ MORTEL AUGUST MEETING AUG. 13, 3-4:15 P.M. IN THE EAST REC.

Learn about Aquamation, an eco-friendly alternative to cremation. Now available in the East Bay!

For more info about Café Mortel and to be added to the email list, contact me at [linda@autumnoflifeplanning.com](mailto:linda@autumnoflifeplanning.com).

## Sleep Apnea

■Bob Flandermeyer

### GREG ACKROYD, M.D., GUEST SPEAKER

The next meeting of the Sleep Apnea Group is the first Tuesday of August, on Aug. 5. We meet the first Tuesday of even numbered months in Berger Room G at 1 p.m.

Dr. Greg Ackroyd of Providence Sleep Medicine, 585 W. College, Santa Rosa, will be our guest speaker. If you ask Dr. Ackroyd a question about sleep, he will respond with an in depth, convincing, layered response you had not thought about, but that surely makes a lot of sense.

We discover that we also learn from each other and have time to ask further questions we had not thought of earlier.

This is a remarkable opportunity to improve your health. A landmark study presented at the European Respiratory Society (ERS) International Congress 2021 said "using PAP (positive airway pressure) therapy as directed can significantly increase sleep apnea patients' chances of living longer."

So bring your equipment; masks and machines, especially if you think it would be helpful to illustrate your situation. Spread the word, bring a friend.

Questions, call me at (707) 694-8018 or email [rrflandy@yahoo.com](mailto:rrflandy@yahoo.com).



## OVA Presents: Comedy Game Night with David Studebaker

■OVA Staff

Get ready for an evening of belly laughs, friendly competition, and unforgettable fun—Comedy Game Night is coming to Oakmont. Join us on Thursday, September 18 from 6-8 p.m. at the Berger Center for a one-of-a-kind interactive comedy experience hosted by award-winning comedian David Studebaker. Doors open at 5:30 p.m. Tickets are \$30 and can be purchased at the OVA Office.

Named one of the "10 Best Comics to Watch" by *SF Weekly*, David Studebaker brings a blend of music, personal stories, and pop culture to the stage. Known for his uplifting, high-energy performances, Studebaker has been featured on Sirius XM Radio, Dry Bar Comedy, Fox, ABC, and the *San Francisco Chronicle*, among others. He's also the creative force behind the hit docu-series "David's Ark" and author of the laugh-out-loud mystery novel *Lone Star Lance*.

Comedy Game Night is Studebaker's hilarious and interactive take on classic game shows like Family Feud and The Newlywed Game, complete with audience participation, prizes, and plenty of laughter. Whether you're on stage or cheering from the sidelines, you'll be part of the fun from start to finish.



■Judy Walker

### FREE CONCERT FOR OUR COMMUNITY

In partnership with a generous anonymous Oakmont donor, Music at Oakmont is delighted to sponsor a free recital featuring the outstanding Japanese pianist, Kotaro Fukuma.



Kotaro has performed at major venues in the US, Europe, South America and Asia including Carnegie Hall, London's Wigmore Hall, the Gewandhaus in Leipzig and Suntory Hall in Tokyo. He has also been awarded top prizes in a number of prestigious competitions—the Cleveland International Piano Competition, the Artur Rubenstein and the Gina Bachauer competitions amongst others. He has also collaborated with major symphony orchestras including the Cleveland, the Moscow and Israel Philharmonic, performing many of the greatest piano concertos.

For his Oakmont recital, Kotaro has chosen a wonderful program of Chopin favorites, followed by an evocative composition titled "Water Dance" by the contemporary Japanese-American composer Karen Tanaka followed by some exciting music by the Spanish composer Albéniz.

Please save the date for this wonderful opportunity to enjoy a summer evening of outstanding piano music.

More information will be available on our website: [www.musicatoakmont.org](http://www.musicatoakmont.org).

**WHEN:** Saturday, July 26 at 7 p.m.

**WHERE:** Berger Center

**ADMISSION:** Free (donations to support Music at Oakmont will be gratefully accepted)

## Water Fitness



■ September Holsted



### JACK AND JILL?

Jack and Jill? Fred and Freida? Frog Legs? What do these terms mean, and how can they help you get in shape?

Come find out at the West Rec. Pool with Mary Hastings and try out the morning Water Aerobics classes. Swimming ability is not necessary, and you will get a full body workout every Monday and Wednesday at

9 or 10 a.m. and Tuesday and Thursday at 9:30 a.m.

#### BENEFITS OF WATER AEROBICS

- Reduces joint pain.
- Increases flexibility and balance.
- Improves cardiovascular fitness.
- Builds strength.
- Decreases bone and muscle loss.

Join us in the warm water, hear great music, and make some new friends. There is equipment at the pool to use for the classes as well.

The fee is \$8 per class. Your first class is free, so come check it out!

There is also a 10 a.m. class on Friday with Julie Chasen and the fee is also \$8.

■ OVA Staff

### SATURDAY AND SUNDAY, AUGUST 16 AND 17, 9 AM-5 PM

E-Waste Collection will be two-day event, sponsored by Conservation Corps North Bay. They will be parked in the Berger parking lot, 310 White Oak Drive, parallel to the street. There is no appointment needed for this event.

Accepted e-waste items are computer



equipment (computers, monitors, laptops, keyboards, printers, mice, hard drives), consumer electronics (DVD players, VCRs, gaming devices, stereo components, radios, PDAs, cell phones, cables), televisions (CRTs and LCDs), and office equipment (telephones, fax machines, copiers). The only kitchen appliances accepted are microwaves.

## E-Waste Collection

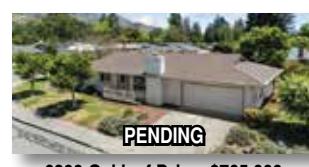
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Jim lifting weights. (Photo by author)



Jim using fence in band use. (Photo by author)

Here is a boy who learned the value of participation. His adoptive mom and dad introduced him to a gigantic larger family via weekly family dinners of 30 to 50 aunts, uncles and cousins. "Grandma's kitchen always held the scent of hot friend chicken or the day's catch, courtesy of Grandpa." These days were pre-TV so the family found fun in interacting, playing games and telling jokes.

Once Jim's family got a television he loved the absurdity of slapstick of *The Three Stooges*, of the lighting wit of Robin Williams and the off-the-cuff absurdity of Jonathon Winters. His personal brand of humor keeps OHI exercisers, buddy gym goers and pickleball partners up-beat and relaxed.

Living in Oakmont less than a year, in 2021 Jim discovered OHI and more. "After aerobics, I go to the gym. Aerobics, Gym work, Pickleball, all are good places to see people have a great time." Jim is often the source of those up-beat greetings. "I'm appreciative that JoRene puts up with my antics. I mean, who wouldn't love these classes? What a special group this is and what a unique community we have."

OHI Classes: Monday, Wednesday, Friday, Berger, 9 a.m. or Zoom ID 850 1489 7161/998608.

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## New to Oakmont?

Meet with a volunteer from the New Resident Welcome Committee to learn about everything Oakmont—from governing rules, important phone numbers, activities, services, facilities and emergency prep.

Contact us at [welcome@oakmontvillage.com](mailto:welcome@oakmontvillage.com). The Welcome Packet is available at <a href="http://oakmontvillage.com/article/new-resident>Welcome Packet.

## Ladies Bunco Night

■Barbara Wooley

### BUNCO—THE FUN, EASY DICE GAME

Are you looking for a fun, low stress activity for the summer? Come on over and try Bunco—the fun, easy, no skill required dice game.



Janet Jackson. (Photo by Barbara Wooley)

Janet Jackson, a regular at Ladies Bunco Night, recently returned to the game after being away for over a decade. When asked what drew her back, she shared, "I love having the opportunity to play a fun and easy game while enjoying companionship, connection, and many, many laughs with a wonderful and varied group of women." She added, "The fact that there are cash prizes is just icing on the cake."

She's not alone—according to Play.co, Bunco ranks 6th among the 12 most popular dice games. (Can you guess #1? See the end of this article for the answer.)



Janet Jackson, Bonnie Butler and Kitty Mayer. (Photo by Barbara Wooley)

New to Bunco? No worries—beginners are always welcome. Within a few rolls of the dice, you'll be playing like a pro. Come give it a try and bring a friend! Bunco usually takes place on the second and fourth Monday of each month, though there are occasional exceptions, so always check your Oakmont calendar.

Please arrive by 6:45 p.m. for check-in. Games run from 7–9 p.m.

You can also visit us at our table during Join a Club Night on Thursday, August 7.

**WHERE:** Card Room—Central Activity Center

**WHEN:** Second and fourth Monday of each month (check Oakmont Events Calendar). July 28; August 11 and 25

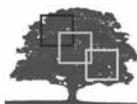
**TIME:** Arrive by 6:45 p.m.; play runs approximately 1.5 to 2 hours

**FEE:** \$5 per night, per participant

**CONTACT INFORMATION:** Jill Butler, (760) 468-1743, Email [jillivannili@sbcglobal.net](mailto:jillivannili@sbcglobal.net)

Number 1 dice game: Yahtzee

## Oakmont Squares



■Barbara Wooley

### BEGINNER SOCIAL SQUARE DANCING COMING SOON

The Oakmont Squares is excited to announce that the Fall 2025 beginner Social Square Dancing classes will begin Tuesday, August 19. If you cannot make it on the 19th, no worries; the first class will be repeated on the following Tuesday, August 26. First class is free!

Oakmont Squares members will tell you that the Social Square Dancing program (based on 50 calls) is a great fit for Oakmont's "active adult" community. Professional caller Lawrence Johnstone is adept at combining those 50 calls into nearly endless patterns, so the brain gets a work-out along with the body. Modern square dancing goes beyond what many individuals of a certain age might remember from junior high/middle school. The music traverses a wide range of music genres, including country, Disney, Broadway Show Tunes, movie themes, holiday songs, and music you will recognize that spans the decades.

The Beginning Social Square Dancing class is the perfect opportunity for anyone who would like to come see what square dancing is all about or to update their rusty skills. No partner is necessary. Casual dress and a willingness to give it a whirl are all that is required.

Come meet the Oakmont Squares supportive and welcoming group of dancers and recent graduates and see what fun Square Dancing can be.

Photos by Gary Alexander and Connie Herbert.

See us at "Join a Club Night" on Thursday, August 7. The Oakmont Squares meet Tuesday evenings from 7–9 p.m. at the East Rec. Center. Fee: \$8 per night or \$25 per month. Come dance in a square and make a circle of friends.

For more information or to get on the mailing list, call Jenny at (707) 367-2102.



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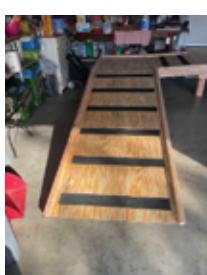
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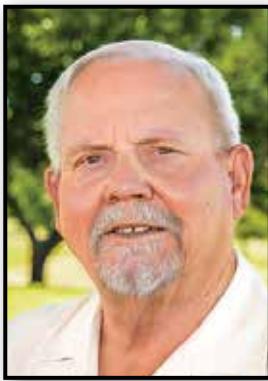
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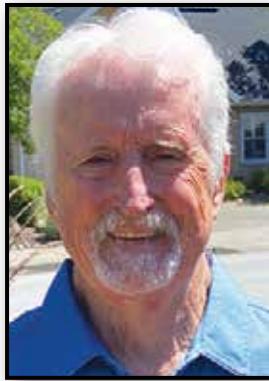
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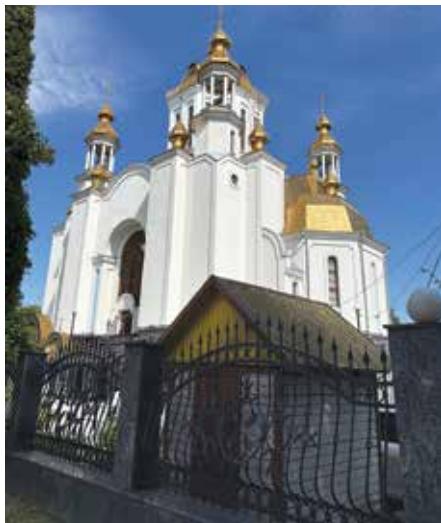
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■Greg Fauss



Ukrainian Orthodox Church in Rivne.

#### REPORT FROM UKRAINE AND ELSEWHERE

During the summer, some of us are fortunate to travel and experience other countries. This Sunday at our regular potluck, beginning at 11:30 a.m., we're inviting attendees to share stories from their international travels.

A special presentation will highlight a recent visit to Ukraine, focusing on the current situation for youth and children—particularly those who are internally displaced or orphaned by the war. The presentation will also feature outreach efforts supporting them, as well as the inspiring and resourceful struggle for freedom seen in two Ukrainian cities.

All are welcome to join us as our guests—enjoy a free potluck meal, meet new people, and engage with a thought-provoking presentation.

Sunday Worship Services begin at 10:30 a.m. at the East Rec Center.

For more information about our Wednesday Morning Bible Study, Saturday Prayer Meeting, and other gatherings, visit [www.occsantarosa.org](http://www.occsantarosa.org), email us at [occsantarosa@gmail.com](mailto:occsantarosa@gmail.com), or call (707) 595-0166.

#### Movies At Oakmont



WHERE: Berger Center

SCREENING DAY AND TIME: Sundays at 2 p.m.

HOSTS: Mike McInnis, Deborah Davidson, Jeff Neuman and Barbara Marquardt.

NOTE: All films are shown with English subtitles, when possible, free of charge—compliments of OVA.

##### JULY 27: THE LAST SHOWGIRL

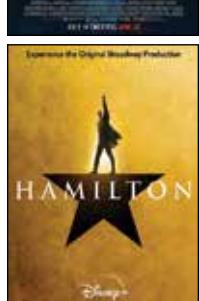
A seasoned showgirl must plan for her future when her show abruptly closes after a 30-year run. 2024, R, 1:28.

##### AUGUST 3: THE ACCOUNTANT 2

Christian Wolff applies his brilliant mind and illegal methods to reconstruct the unsolved puzzle of a Treasury chief's murder. 2025, R, 2:12.

##### AUGUST 10: HAMILTON

The real life of one of America's foremost founding fathers and first Secretary of the Treasury, Alexander Hamilton. Captured live on Broadway from the Richard Rodgers Theater with the original Broadway cast. 2020, PG-13, 2:40.



## Quilting Bee

■Mary Ann Allen

### QUILT SHOW

WHEN: July 30–October 29

WHERE: Rincon Valley Library, 6959 Montecito Blvd., Santa Rosa

The Oakmont Quilting Bee is having a quilt show at the Rincon Valley Library. More than 20 quilts will be shown highlighting various quilting techniques. Traditional, modern, art, and appliqué quilts will be on display. The quilt, *A Walk in the Woods*, created by Julia Grant, was donated for a raffle with all proceeds going to the Rincon Valley Library.

There will be a reception to celebrate our work at a later date. The Oakmont Bee meets at the Central Activity Center the second and fourth Wednesdays of each month. Members come together to share techniques and their latest projects. All are welcome and there are no membership dues.



Photo by Mary Ann Allen.



## Food and Ice Cream Truck coming to the Berger Center

■OVA

Two food trucks are coming to the Berger Center on the evening of August 9. Enjoy savory street tacos from Tacos Los Iniguez, known for their fresh ingredients and bold flavors. Then cool off with a sweet dessert from Moxie's Frozen Yogurt, offering a variety of frozen delights.

Tables and chairs will be set up on the Berger Plaza for your dining enjoyment.

WHEN: Saturday, August 9 TIME: 5–7 p.m.

WHO: Tacos Los Iniguez and Moxie's Frozen Yogurt

WHERE: Berger Center Parking Lot



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## HEALTH & WELLNESS FAIR



**Friday August 22**  
**Berger Center**  
**9 AM to 3:30 PM**

Join us for a morning expo of demonstrations, health screenings and information and an afternoon of keynote speakers on topics ranging from memory care and cardiac and stroke treatment to senior wellness and prevention of elder abuse.

- Health Information Tables
- Demonstrations • Speakers • Prizes

**Lunch provided by OVA**

## Lawn Bowling



■ Mary Blake

### INTERESTED IN LEARNING TO BOWL?

Email us at [oakmontlawnbowling@gmail.com](mailto:oakmontlawnbowling@gmail.com). Training is usually about 3 lessons followed by a practice game and membership is \$20 per year.

### DAILY DRAW

Daily Draw is Monday through Saturday. Show up at 9:15 a.m. to bowl at 9:30.

### INDEPENDENCE DAY TOURNAMENT

On Friday, July 4, we held our Independence Day Tournament with bowlers turning out in their whites and in the red, white and blues. We had a great turnout and a fun game on a beautiful day. And we had two brand new bowlers in this tournament. Better still, both were on winning teams.

Thanks to Jane Beauchamp for the photos and to Greg Goodwin for the photo with Jane.

### OPEN TRIPLES MONDAY, JULY 28

Sign up on the shed or online. Wear your whites

## Hikers

■ Scott Finn

We welcome you to join us on a hike whether you are a member yet or not and the annual membership is only \$15. Go to our website at [www.oakmonthikingclub.org](http://www.oakmonthikingclub.org) to join the club, get hike details, club information, photos and more.

For a complete description of each hike and to register, please keep checking our website for updates.

### JULY 29-31: ALL HIKING LEVELS

#### MT. TAM "TWO-NIGHTER"

#### MILL VALLEY, PANORAMIC HWY.

Looking for a close-in, mid-summer, weekday getaway? How about three days and two nights at a beautiful, historic (100+ years young) lodge on Mt. Tamalpais, above Mill Valley, for hiking, relaxing and of course, dining? We've reserved the entire Alpine Lodge, owned by the California Alpine Club, on Panoramic Highway high above Muir Woods with ocean views.

Several types of accommodations are available—some private rooms, mostly single beds—with shared bathrooms. We'll offer several hikes, including Muir Woods, enjoy sunset happy hour on the lodge's spacious deck overlooking a redwood grove, and enjoy group meals. The lodge is neat and clean and full of fascinating history including great outdoor/hiking books to be enjoyed by a large stone fireplace, where we'll also have an evening campfire/sing-along.

Cost: Approximately \$95 for lodging; food cost/preparation will be shared.

Information/Registration: Limit of 15. Contact Carolyn Greene, (805) 443-7289, [cgnpark@icloud.com](mailto:cgnpark@icloud.com). Register ASAP. Rooms will be assigned on a first-come, first-served basis. To learn more, go to: <https://www.californiaalpineclub.org/alpine-lodge>.

### JULY 31: LONG HIKE TENNESSEE VALLEY TO MUIR BEACH LOOP

We'll begin at the Tennessee Valley parking lot with a stroll through the valley, then take a right turn before



Muir Woods Foliage.

the beach heading up to the ridge and North toward Muir Beach on the Fox Trail, where we'll be treated to some amazing Downtown San Francisco views. We will return on the Coastal Trail with great views from high above the ocean on this leg. The trails are up and down and mostly in the open, so cover yourself in sunscreen and bring plenty of water and poles if you like. 6.7 miles and 1600 feet of elevation. Hike leader is Jeff Zalles, [\(415\) 999-JEFF](mailto:jeffzalles@gmail.com).

### AUGUST 7: INTERMEDIATE PLUS JENNER HEADLANDS—SEA TO SKY TO RUSSIAN GULCH AND RAPTOR RIDGE

One of my favorite long hikes is now an intermediate plus for the first time, only difference is a slower pace to take it all in. Some of the most beautiful coastal views on sunny hillsides with those lovable grazing belted cows combined with majestic redwoods and ferns in the shaded Russian gulch. The climb up the "Loggers Lament" trail is steep but we'll take it easy with rest stops. A total of 8.9 miles and 1,778 feet of elevation.

Bring poles, lunch and especially plenty of water.

Belted Cows of Jenner Headlands.

Bonnie's Brownies will be served! Departs Berger lot at 8:30 a.m. Hike leader is Gary Andersen, (360) 778-9604, [garyandersen66@gmail.com](mailto:garyandersen66@gmail.com).

### AUGUST 7: LONG HIKE BOLINAS RIDGE LOOP

Redwood Groves and Rolling Meadows: We will begin our hike at the Leo T. Cronin parking area through gorgeous forests of tall redwoods and Bay trees. We will take the Shafter grade trail for a climb to the Bolinas Ridge. After several miles on the ridge, we will enjoy the views of Olema and San Geronimo Valley, we connect with the Jewel trail and descend to Lagunitas Creek and Cross Marin Trail for a leisurely hike back to San P. Taylor State Park. 10.5 miles and 1,450 elevation gain.

Bring poles, water, snack/lunch and layers. Hike leader is Peggy Clark, (650) 274-4137.

## Oakmont Movers and Groovers



■ Denise Lindsey

### SAVE THE DATE FOR DUSTIN SAYLOR AND THE STOWAWAYS

Dustin Saylor, a country singer-songwriter from Northern California, has earned recognition as the top Country/Folk artist in the San Francisco Bay Area. His passion for music began in childhood, starting with the piano and later finding his voice as a guitarist and vocalist for his high school youth group and local church. In 2009, a difficult rejection from American Idol could have ended his dream, but instead, it sparked a turning point.

During the long drive home, Saylor realized that achieving true success meant going all in. He left his job bartending, enrolled in the music program at Sonoma State University, and committed fully to his craft. Since then, he has shared the stage with artists like Tyler Rich, Chase Rice, and Daughtry, with a sound that fans often compare to Thomas Rhett and Chris Stapleton. His songwriting, raw and personal, draws from his life story, including his experience with adoption and the highs and lows that shaped his journey. Through his music, Saylor aims to heal, uplift, and create a space for authentic connection. Dedicated and unwavering, he is all in, committed to making music for life.

**DATE:** Friday, September 5

**TIME:** Doors open at 5:30 p.m., and music/dancing from 6:30-8:30 p.m.

**LOCATION:** Berger Center, 6633 Oakmont Drive

**TICKETS:** Admission for one member will be \$25. OMG members can bring one guest for the member ticket price. Oakmont residents who are not members of the club can purchase tickets for \$30 per ticket. If space allows, tickets will be available at the door for \$30.

**TABLE RESERVATIONS:** If you plan to enjoy the event with a group, reserve a table for 4 (limited availability) or 8. Provide all the names in your party on the reservation form in the OMG folder at the OVA office. Please make sure to include your payment along with the reservation form. Pay cash or a check payable to OMG.

### BECOME A MEMBER

It is the perfect time to join. Annual membership dues are \$10 each. The sign-up sheet is in the folder at the OVA office. Pay cash or a check payable to OMG. Place in the envelope marked Membership or drop in the mail slot at 303 Belhaven Circle.

Questions: Email me at [omgclub2025@gmail.com](mailto:omgclub2025@gmail.com) or call (530) 444-0734.

## Become a Part of Oakmont's FEED Bin Hub

■ Yvonne Horn, Oakmont FEED Bin Volunteer

Every Tuesday morning a stack of cardboard boxes arrives in the CAC lobby—FEED Bins, packed with freshly harvested vegetables and fruits grown by our area's small, independent farmers. All growers follow organic and sustainable practices and all partner with FEED Sonoma, California's first employee and farmer-owned cooperative. FEED bins are distributed throughout Sonoma County via hubs. Oakmont is one of those hubs.

To become part of our hub, the first step is to set up a FEED Sonoma account. With that, you can specify a box delivered weekly, bi-weekly, or ordered as a single box when wanted. Advance email notice lets you know what the upcoming delivery will likely hold. Bins come in two sizes: the largest containing up to 14 items (\$44) and the smaller usually three items less (\$31).

For information and to set up an account with Oakmont as your hub, visit [www.feedsomona.com](http://www.feedsomona.com). FAQs answer any questions you might have.

# Oakmont Village Association

## OAKMONT VILLAGE ASSOCIATION

Hours: M-F 9 AM-5 PM—Closed 12-1 PM  
 Tel 707-539-1611  
 6637 Oakmont Dr., Ste. A  
 OVA E-mail: [askova@oakmontvillage.com](mailto:askova@oakmontvillage.com)  
 Website: [www.oakmontvillage.com](http://www.oakmontvillage.com)  
 Book appointments with staff at: [oakmontvillage.com/staff](http://oakmontvillage.com/staff)

## MAINTENANCE OFFICE

Hours: Daily 7 AM-10 PM  
 Tel 707-539-6720  
 Maintenance Building (next to Central Auditorium)

## CONDOMINIUM FINANCIAL MANAGEMENT (CFM)

OVA Accounting  
 Tel 800-585-4297

## OAKMONT NEWS

Tel 707-206-1957  
 E-mail: [cjmprod567@gmail.com](mailto:cjmprod567@gmail.com)  
**PAS MANAGEMENT COMPANY**  
 Hours: M-F 9 AM-Noon, and 1-4 PM  
 Tel 707-539-5810  
 6572 Oakmont Dr., Ste. A  
 (for Association Maintained Homes)

## ARCHITECTURAL OFFICE

Hours: M- Th 9 AM-Noon, 1-5 PM  
 Tel 707-539-1611  
 6637 Oakmont Dr., Ste. A-1  
 E-mail: [ale@oakmontvillage.com](mailto:ale@oakmontvillage.com)  
 Violations: [dani@oakmontvillage.com](mailto:dani@oakmontvillage.com)

## AVAILABLE IN OVA OFFICE

GAS SHUT-OFF WRENCH.....	\$12
TENNIS COURT KEY.....	\$2
RESIDENT ACCESS CARD.....	\$30 EA
REPLACEMENTS.....	\$30 EA
GUEST ACCESS CARD.....	\$30 EA

## BULLETIN BOARDS

There are three OVA bulletin boards, one at each recreation center, where OVA events can be posted. Please bring in notices to the Events Coordinator at the OVA Office. Size is limited to 8.5" x 5.5". Items "For Sale", "For Rent" or "Want to Buy" can be put on a 3" x 5" card and left at the OVA Office.

## LOCKER RENTALS

Annual Locker Fee \$30 (January 1–December 31). If you wish to rent a locker, come to the OVA office and give us a check, your information and the number of the locker you want to rent. You provide the lock. We can prorate the annual fee. Daily use lockers are free. NOTICE: Weekly locker inspections are done by OVA Maintenance. Locks could be sawed off with no prior notice and locker contents removed on all unpaid lockers. Items will be held in OVA Maintenance office for 30 days. If you have any questions, please contact the OVA Office M-F 707-539-1611

## GUEST PASSES

The following are OVA Guest Pass types and duration: 1) Guest from outside Sonoma County—up to 90 days; 2) House sitters—up to 90 days (OVA host must present written request to OVA Office for approval prior to visit); 3) Guests living in Sonoma County—2 days per card, and no more than 3 cards per month. Guest cards are available during regular hours in the OVA Office for a \$30 non-refundable fee. Guests accompanied by their Oakmont host are not required to have a Guest Pass.

## STREET CLEANING

City streets in Oakmont are cleaned by the city early on the fourth Friday of each month. Residents who want their streets swept should avoid street parking overnight on those days.

## NEED A RIDE? GIVE A RIDE! OAKMONT VOLUNTEER HELPERS

We provide the following services to Oakmont Residents:

- Transportation to medical/dental appointments, including pet appointments, in Santa Rosa only
- Meals on Wheels, 707-525-0383

### COORDINATOR Rides to Medical Appointments

**July 16-31**  
 Jen Rabalais 808-938-4479  
**August 1-15**  
 Patresa Zwerling 707-539-8996

If you would like to be a volunteer, please call 707-539-8996. Donations to Oakmont Volunteer Helpers are appreciated and tax deductible. Mail your check payable to Oakmont Volunteer Helpers, 6637 Oakmont Dr., Ste. A, Santa Rosa, CA 95409. Thank you.

Mon.-Fri. medical rides before 9 AM or after 4 PM are subject to limited volunteer driver availability. No service on weekends or holidays. Please call at least three full working days prior to appointment.

**We regret that we are unable to provide either wheelchair or emergency service.**

## LETTERS TO THE EDITOR WRITER GUIDELINES

The *Oakmont News* welcomes letters of up to 250 words from residents to express opinion, criticism or praise. They must include the writer's name and Oakmont address, although the address won't be published. See details on how to send them at <https://oakmontvillage.com/submit>. While letters to the editor may be edited for length and spelling, they are not edited for accuracy. Opinions are that of the writer and not necessarily the Oakmont Village Association.

## POOLS & JACUZZIS

Access to OVA pools is by magnetic card. Call OVA Office, 707-539-1611 if you need a permanent new member pool access card or to register for a temporary guest pool access card.  
**WEST:** 7 AM-9 PM  
 (Closes 7 PM Wednesdays for cleaning)  
**EAST:** 6:30 AM-9 PM  
 (Closes 7 PM Mondays for cleaning)  
**CENTRAL:** 5:45 AM-9 PM  
 (Closes 7 PM Tuesdays for cleaning)  
**JACUZZI HOURS:** Same as facility. No one under 18 years in West and East pools and Jacuzzis.  
**CENTRAL POOL HOURS FOR PEOPLE UNDER 18:**  
 Labor Day-Memorial Day: 11 AM-2 PM daily  
 Memorial Day-Labor Day: 12-4 PM daily  
 Children must be accompanied by an OVA member/resident or adult with a valid guest pool access card.  
 NO LIFEGUARD ON DUTY AT ANY OVA POOL.  
 ALL FACILITIES CLOSED CHRISTMAS DAY.

## STORAGE UNITS AND PAR KING

Oak Creek RV & Self Storage  
 SP176, [www.storagepro.com](http://www.storagepro.com)  
 707-913-7326

## LIBRARY

Central Activity Center, 310 White Oak Dr.  
 Hours: Daily 6 AM-9 PM. Closed Christmas Day. It is run by volunteers. All donations are gladly accepted. Materials we cannot use will be passed on to others.

## OAKMONT COMMUNITY GARDEN ON STONEBRIDGE

For more info on signing up, email [Oakmontcommunitygarden@gmail.com](mailto:Oakmontcommunitygarden@gmail.com). Contact for current availability.

## HAPPY TAILS DOG PARK

6302 Stone Bridge Rd  
 Open to residents of Oakmont Village Association from sunrise to sunset. Small Dog Hours are from 3-4 p.m. on Sundays and Wednesdays.

## FITNESS CENTER

Central Activity Center, 310 White Oak Dr.  
 Daily 5:45 AM-9 PM. Closed at 7 PM on Tues. for cleaning. Closed Thanksgiving and Christmas day.

## PUBLIC TRANSPORTATION AVAILABLE IN OAKMONT

- CityBus #16 bus takes residents to 5 different shopping centers weekday mornings and around Oakmont afternoons.
- Sonoma County Transit #30 bus goes to Memorial and Kaiser Hospitals and downtown Santa Rosa. Returns via Oakmont to Sonoma.

■ Schedules available at OVA office.

## BE ON OVA E-MAIL LIST

Know what's going on in Oakmont. You'll receive the weekly "Inside Oakmont" newsletter, Board Meeting notices and agendas, special notices and meeting announcements. To join the OVA's e-mail list, visit [oakmontvillage.com/inside](http://oakmontvillage.com/inside) and enter your information to subscribe.

## 2025-2026

## OVA BOARD OF DIRECTORS

E-mail: [askova@oakmontvillage.com](mailto:askova@oakmontvillage.com)

**Matt Oliver, President**  
[matt.oliver@oakmontvillage.com](mailto:matt.oliver@oakmontvillage.com)

**Jerry Gladstone, Vice President**  
[jerry.gladstone@oakmontvillage.com](mailto:jerry.gladstone@oakmontvillage.com)

**Jess Marzak, Secretary**  
[jess.marzak@oakmontvillage.com](mailto:jess.marzak@oakmontvillage.com)

**Heidi Klyn, Director**  
[heidi.klyn@oakmontvillage.com](mailto:heidi.klyn@oakmontvillage.com)

**Jeff Neuman, Director**  
[jeff.neuman@oakmontvillage.com](mailto:jeff.neuman@oakmontvillage.com)

**Neill Ray, Director**  
[neill.ray@oakmontvillage.com](mailto:neill.ray@oakmontvillage.com)

**Robert Williams, Director**  
[robert.williams@oakmontvillage.com](mailto:robert.williams@oakmontvillage.com)

**Tom Kendrick, Treasurer**  
 (Non-voting officer)  
[tom.kendrick@oakmontvillage.com](mailto:tom.kendrick@oakmontvillage.com)

**GENERAL MANAGER**  
**Christel Antone**  
[christel@oakmontvillage.com](mailto:christel@oakmontvillage.com)

## OVA BOARD MEETINGS

Townhalls 1<sup>st</sup> Tuesdays of the month and board meetings 3<sup>rd</sup> Tuesdays of the month, 1 PM

*Always online via Zoom and in-person when possible. All residents are welcome. Information to join online is e-blasted out to the community for every meeting along with the in-person location when applicable. Sign up for e-blasts from OVA at [oakmontvillage.com/inside](http://oakmontvillage.com/inside).*

The Board of Directors of Oakmont Village Association reserves the right to select those articles submitted for publication that seem appropriate to the purpose of this association.

## HOW TO CONTACT YOUR LOCAL OFFICIALS

### County Supervisor Rebecca Hermosillo

#### District 1

Phone 707-565-2241

Address: 575 Administration Drive,

Rm. 100A, Santa Rosa 95403

Email: [rebecca.hermosillo@sonoma-county.org](mailto:rebecca.hermosillo@sonoma-county.org)

### City Councilwoman Dianna MacDonald

#### District 3

Email: [dmacdonald@sccity.org](mailto:dmacdonald@sccity.org)

Address: City Hall, 100 Santa Rosa Ave.,

Rm. 10, Santa Rosa 95404

# CLASSIFIEDS

## BODEN PLUMBING, HEATING AND AIR

For all your plumbing and heating needs. Local plumbers in business since the late 20th century, licensed, bonded and insured. Same day service is often available. Money-saving coupons! CA Lic. #659920. Please call (707) 996-8683 or go to [www.BodenPlumbing.com](http://www.BodenPlumbing.com).

## BABE'S TRANSPORT

A personal transportation service for airports, cruises and vacations, doctor visits, shopping and so much more. Flat fee per trip. Larger vehicles on request. All drivers Covid vaccinated. Commercially licensed and insured. TCP #40474. Call Babe's for reservations at (707) 545-2850.

## ELECTRICAL CONTRACTOR

For all your electrical needs, including rewiring, troubleshooting, generators, panel upgrade, lighting, EV chargers, security/landscape lighting. Available 24/7. Lic. #461220. Free estimates. Call (707) 690-2541. Visit [www.begintobuild.com](http://www.begintobuild.com).

## GARAGE DOOR SERVICES

Locally owned and operated Dependable Doors offers full servicing, repair, and replacement of garage doors and motors. Call Casey at (707) 775-8009 for all of your garage door needs. Lic. #1016951.

## DOORS AND WINDOWS

Consultive sales and installation. Local suppliers. Father and son team, 30 years of experience. Lic. #527924. [www.doorbeautiful.com](http://www.doorbeautiful.com). Call (707) 539-3196.

## ONE WAY PLUMBING, INC.

Dependable experts serving you and your neighbors with excellence and integrity for over 20 years. Licensed, bonded and insured. Senior discounts available. CA Lic. #854537. Find us on the web at [www.onewayplumb.net](http://www.onewayplumb.net) or call us at 537-1308 for all your plumbing needs.

## AIR CONDITIONING REPAIR

Heating, Cooling, service and repair. Serving Sonoma Valley. Call Vince Parish at Ridgeback Mechanical, (707) 666-5056.

## YOUR PERSONAL CAREGIVER AND ADVOCATE

Available 24/7 or hourly, nights, long-term or short-term. 20+ yrs. experience providing honest, reliable, dedicated, competent, compassionate care, with a sense of humor. Native CA, clear background check with fingerprinting. Specialize in Dementia. Starla, (925) 698-6312. References and website. Not an agency.

## TONY'S GARDENING SERVICES

General landscape, mowing, yard maintenance (free fertilizer included, so your grass and plants can be greener than ever), high weed clearance. Clean-up, hauling, trimming, pruning and gutters. Free estimates. Ref. available. Tony Sandoval, (707) 321-2958.

## REPAIRS PILING UP? CALL RAY

No job too big or too small. Heating, water heaters, plumbing, electrical, drywall, patching, painting, appliance repairs, honey do's, etc. Quality and affordable. Ray, (707) 280-2699.

## MARTHA L PROFESSIONAL HOUSE CLEANING

Home, office, move-outs. Window, bed linens and much more. 19+ years of experience. References upon request. 548-9482 or [marthal1041@att.net](mailto:marthal1041@att.net).

## CARPET, UPHOLSTERY AND TILE CLEANING

Gavin Anderson, local Sonoma resident. 20+ years experience. Senior pricing. Free estimates. Call 935-6334.

## HANDYMAN RESIDENT

Ask for Ricky, a personable "Jack of all Trades" with great attention to detail. I meet your quality goals and prioritize Oakmont residents. Let's discuss the work and its cost. (408) 838-5618.

## MASSAGE THERAPY BY BRITTANY KOOP

We moved to 4000 Montgomery Drive. Please call (707) 849-3915 to book an appointment. 20% off for Oakmont residents.

## CHRISTO TRANSPORTATION

Based in Oakmont, available for airport transport at competitive prices. Commercially insured with TCP 32055. Call Chris, (707) 205-8109.

## TREE TRIMMING

Pruning, trimming, hedges, mowing. Fruit trees, stump grinding. Pressure washing. Over 20 yrs. of experience. Free estimates. Now accept credit cards. Visit website: [ajardservice.com](http://ajardservice.com). Call Alex, (707) 322-1646. Lic. #06530716.

## THE VINE LANDSCAPING

Professional fruit tree and rose pruning, ornamentals. All aspects of general landscaping. One time or monthly service. Older experienced gardener. Call (707) 252-3138 or (707) 338-1807.

## HAVING TROUBLE GETTING YOUR GARBAGE TO THE CURB FOR PICK-UP?

I can come to your home to put your trash receptacle to the curb Wednesday afternoon, and bring it back on Thursday afternoon. Call Dan Lennox, (707) 889-0205.

## ERIC WILSON, REMODELING SPECIALISTS

Kitchens, baths, rehabs, decks, patios, roofing, plumbing, electrical, insulation. Fire and water damage repair. Quality service, reasonable rates. Proudly serving locally for over 30 years. Free estimates. Lic. #669482. Visit our website: [www.specialtyimprovementsunlimited.com](http://www.specialtyimprovementsunlimited.com). Call today, (707) 328-3555.

## FOR ALL YOUR PAINTING NEEDS

Quality affordable work at reasonable rates. Interior painting including rooms, cabinets, railings, decks, fencing. Pressure washing and more. Call Michelle, (707) 378-3600.

## OAKMONT'S PAINTING SERVICES

29 years in Oakmont. Many Oakmont references. Great work at fair prices. License #1108640. Bonded and Insured. (707) 528-8222 or email [OakmontsPainting@gmail.com](mailto:OakmontsPainting@gmail.com).

## GUITAR LESSONS

Cut to the chase guitar lessons by the 2024 California Music Hall of Fame recipient Al Ferguson. No reading music or theory. Just pick up the guitar and play taught. Oakmont resident. Al Ferguson, (909) 583 1342.

## VALLEY OF THE MOON PLUMBING

We are a local plumbing company that can take care of all your plumbing needs from service and repair, to remodels and additions. Call today to schedule a free estimate. (707) 800-2043.

## PRIVATE CAREGIVER

Certified CNA. 25 years of experience. Compassionate and professional. I am committed to delivering quality, individualized care with a focus on comfort, dignity, and well-being. Specialize in Parkinson's and Dementia Care. References available. Enrique, (707) 319-5353, email: [epcaparas@gmail.com](mailto:epcaparas@gmail.com).

## SONOMA VALLEY LEGAL SERVICES

Providing legal services for Estate Planning, including preparation or amendment of wills, trust, healthcare directives and powers of attorney. Family Law Mediation and other non-litigation family law services. Call for a free 30-min. consultation. Attorney Bailey Penzotti, (707) 203-2247.

## PETERSON PRESSURE WASHING

Located in Santa Rosa, a locally-based pressure washing company. Servicing Sonoma and Marin County. Driveway cleaning, house washing, roof washing, and more, Anthony Peterson, (707) 481-5205 or Email [petersonpressurewashingppw@gmail.com](mailto:petersonpressurewashingppw@gmail.com). Website: [petersonpressurewashing.com](http://petersonpressurewashing.com).

## SL ELITE SERVICES

Handyman services. Landscaping/ monthly subscription optional. Junk removal, brush clearing, weed whacking and tree care. Call now and schedule your quote today (ask for German), (800) 750-8538.

## COMPASSIONATE PERSONAL ASSISTANT/COMPANION

Errands, food prep., pet care, light housekeeping, companionship. Also, soothing professional Celtic Harp and Music for Special Occasions. 40 yrs. exp. References. Call or text Jewel at (503) 487-7338. Oakmont resident.

## YOUR FRIENDLY HANDYMAN

Oakmont's trusted resource for carpentry, drywall, electrical, plumbing, installation and assembly. Fair hourly rate. Call (707) 881-7292. Website: [www.thehandylance.com](http://www.thehandylance.com).

## OAKMONT GARDENING SERVICES

Maintenance and projects. Extensive experience and knowledge. Oakmont references. Energetic, reliable, easy to work with. Very fair prices. Please call (707) 721-7614.

## BEST DOG WALKER IN OAKMONT

Excellent references. Loving, patient and dependable, your fur baby will love me! \$25 per responsible, attentive walk. Please call or text Annette, (619) 993-6834. I'm looking forward to meeting you and your dog.

## ARE YOU OVERWHELMED WITH CLUTTER IN AND AROUND YOUR HOME?

Looking for space saving tips and tricks for areas for your home that need some TLC? Or long-term effective solutions for bigger organizational projects? Let me help implement Flow, Freedom and Functionality in your space(s). Melanie L. Elliott, Peace Of Mind Organizing, (707) 591-1450. Website: [www.organizewithpom.com](http://www.organizewithpom.com).

## PEDICURES AT THE PEACKOK NAIL LOUNGE WITH SHERILYN

Starting at \$30, relaxing foot care in a private and clean setting. By appointment only—book yours today. Call (707) 481-9044, 4525 Montgomery Drive, Ste. 19.

### Oakmont News Classified Rates

- Classified ads of 150 spaces or less, (payment to accompany this form) \$25 per insert
- Pre-paid standing ads of 150 spaces or less, for a period of 3 months (6 issues) \$120
- Pre-paid standing ads of 150 spaces or less, for a period of 6 months (12 issues) \$216
- Pre-paid standing ads of 150 spaces or less, for a period of 1 year (24 issues) \$384

A space is a letter (including those in the heading), punctuation mark, and a space between the words in the ad. Additional \$4 for the next 40 or less spaces. Whenever applicable, CA state license or certification number must be included.

**DEADLINE: 10 days prior to publication.**

MAIL TO: CJM Productions, 2105 Longhorn Circle, Santa Rosa, CA 95401 • Tel (707) 206-1957 • [cjmprod567@gmail.com](mailto:cjmprod567@gmail.com)

### Classified Order Form

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY, ZIP \_\_\_\_\_

\$ \_\_\_\_\_ Check, Money Order or Cash

HEADLINE \_\_\_\_\_

BODY TEXT \_\_\_\_\_

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### Oakmont News

... is owned by the **Oakmont Village Association** which, through its board, sets editorial policy.

The OVA has contracted with **CJM Productions** to handle typesetting, layout, printing and free distribution of the *Oakmont News*, the latter by U.S. mail, to each home via 3rd class mail.

**CJM Productions** also handles advertising for the *Oakmont News*.

**CJM Productions** and the **Oakmont Village Association** assume no responsibility for the content of any ads that appear in the *Oakmont News* nor do we endorse or recommend any product or service advertised herein.

CA law requires all CA licensed contractors to list their license number in their service advertisements. CA law also requires contractors performing work totaling \$500+ (incl. materials & labor) must be licensed by the Contractor State License Board (CSLB) to work in California. For information contact the Contractor's State License Board at [www.cslb.ca.gov](http://www.cslb.ca.gov).

## Playreaders



■D. Hall

### THINK YOU'RE A MATH WHIZZ? COME ALONG

August brings Oakmont Playreaders back to two-act plays as Sandy White produces *Proof*, by David Auburn. The play is an intriguing story about family, truth, gender, and mental health, set in the context of academic mathematics. The dialogue is quick-witted, and it has two main characters who are compelling and well-developed.

If you liked math in school, you'll love *Proof*. Act 1 is on August 4; Act 2 is on August 11. The cast includes Sandy White, D. Hall, John Dolan and Ginna Zoellner.

Join us the first two Mondays of every month at 2 p.m. in Room B (Birch) of the Central Activities Center.



Playreaders started out the month of July with two radio plays complete with commercials: Tom Stoppard's *M is for Moon* and an episode from *The Bickersons*, a comedy series that aired from 1946 to 1951. Readers were Leslie Tuche, Dennis Hall and John Dolan. (Photo by Esther Dolan)

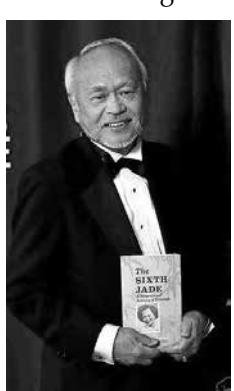
## Asian Pacific Heritage and Culture Club

■Gary Anderson

### MEET AUTHOR LES GEE AND ENJOY FULL CHINESE LUNCH BUFFET

WHEN: Aug. 13, 12:30-2:30 p.m.

WHERE: Berger Center, 6633 Oakmont Dr.



Tickets are only \$10. for this event which includes a full Chinese food buffet catered from the Boiling Bowl and the lecture with author Les Gee. Tickets go on sale July 1 and are limited to 144 seats. You may purchase directly on this website or you may fill out a form at the OVA office, attach your check and drop in the Asian Pacific folder.

Lunch includes salad, rice or chow mein and your entree choice of Green Bean Chicken, House Special Beef, Prawns with Snow Peas or Vegetables and Tofu. Tea and water are provided along with your fortune cookie of course!

Les Gee is the author of two inspiring rags-to-riches stories based on his parents' lives. Seeing consistent five-star reviews on his 2018 debut, *One Small Pebble... A Thousand Ripples*, Les was encouraged by many of his readers to keep writing. In October, 2023 he launched a second book, *The Sixth Jade* which was recently recognized as a winner by the International Impact Books Award.



■Rich Osborne

### FRUSTRATED BY HEARING AID PACKAGING?

If you've struggled to open hearing aid battery packaging lately, you're far from the only one. Many users—especially seniors and people with limited hand strength—have found recent packaging changes frustrating and even disabling.

The root of the problem lies in a well-meaning law passed to protect children. But the unintended consequences have created real challenges for the people who rely on hearing aids every day.

**What Changed—and Why?** In 2022, Congress passed Reese's Law to prevent children from accidentally swallowing small round batteries—the kind found in devices like remotes, toys, and hearing aids.

The law was named after Reese Hamsmith, an 18-month-old who tragically died after swallowing a button battery. Her parents advocated for stricter safety standards, which led to nationwide regulations that now require:

- Child-resistant packaging
- Warning labels
- Tamper-evident seals

While the intention was to protect children, the impact on older adults and people with hearing loss has been significant. Hearing aid battery packaging has become stiffer, harder to open, and less accessible, even though the zinc-air batteries used in hearing aids are less dangerous than lithium ones used in other devices.

**Why the Packaging Is So Difficult?** It's not just about child safety. There are a few other reasons hearing aid battery packaging has become tougher:

- Battery preservation: Zinc-air batteries activate when exposed to air, so airtight packaging helps extend shelf life.
- Tamper resistance: Tough packaging prevents tampering or contamination before sale.

• Cost and standardization: Manufacturers often use a single packaging type for multiple products to save money—even if it's not user-friendly.

**Tips to Make It Easier:** If you're having trouble with the new packaging, here are a few suggestions:

- Use scissors or kitchen shears to cut from opposite sides of the plastic—a "pie-slice" cut to the center works best.
- Don't store batteries loose in a bag or pouch. They can discharge when they touch each other or are exposed to air. Use a battery caddy or reuse an old battery dispenser.
- Try a magnetic battery pen to help pick up and insert batteries, especially if you have arthritis or hand weakness.
- Consider switching to rechargeable hearing aids when you next upgrade. They eliminate the need for disposable batteries altogether.

**Want to See the Packaging Change? Here's How You Can Help:** If you believe the current packaging goes too far, your voice can help shape future improvements. Here are seven ways to take action:

- Contact the Consumer Product Safety Commission (CPSC)—the agency enforcing Reese's Law.
- Reach out to Energizer / Rayovac and Duracell.
- Contact your U.S. Senator and House Representative.
- Sign a petition on Change.org.
- Reach out to Reese's Purpose, the nonprofit started by Reese Hamsmith's parents.

**A Better Balance Is Possible:** Reese's Law was passed with good intentions, and protecting children is important. But so is maintaining independence and safety for people with hearing loss. Right now, the packaging may be protecting one group while unintentionally harming another.

Smart policy changes—like excluding zinc-air batteries or allowing more accessible options—could protect children and preserve usability for adults.

## Wii Bowling—Oakmont Lanes



■Terry Leuthner

Oakmont Lanes Bowling Club is a Bowling League consisting of four-person teams that utilize Nintendo Wii to simulate the experience of bowling without the weight of a bowling ball. Any resident who has the ability of holding a small remote control in their hand while swinging their arm as if they were rolling a bowling ball will be able to join.

Anyone interested in joining our club, either as a team bowler or substitute, please call me at (707) 291-3023 or stop by the East Recreation Center on Tuesdays from 2-3:30 p.m. (no bowling fourth Tuesdays) to see us in action. We charge \$25 for a 10-week Tournament that includes the playoffs. 2 p.m. League: 8 teams, 4 bowlers per team. Each bowler bowls 3 games and has his/her own handicap (80%) and average.

See [www.oakmontlanes.com](http://www.oakmontlanes.com) for club information, bowling dates, week results and team schedules to bring cookies and help set up at 1 p.m. and tear down equipment at 3:30 p.m.

Bowling dates for July: July 29 (Playoff Tournament, 2 p.m.).

Bowling dates for August: August 5 (week #1, Fall League), 12 (week #2), 19 (week #3). No bowling Aug. 26 (fourth Tuesday).

**Playoffs:** Tuesday, July 29. Our Summer League Championship Playoff Tournament will take place at 2 p.m. All seven teams will bowl against each other. Team with highest total pins including team handicap wins Summer League Team Champion and gets their name engraved on our Team Championship Trophy.

**Fall League:** Tuesday, Aug 5. We will start our Fall League.

**Join-A-Club Night:** Thursday, Aug 7. Oakmont Lanes will attend from 6-7:30 p.m. at the Berger Center. Set-up time is 5:30 p.m.

### RESULTS OF JULY 15 (WEEK #11, FINAL WEEK SUMMER LEAGUE)

Summer League: first place, 4 Tops (Joanne Abrams, Laurel Earles, Peggy Ensley, and Robin Schudel (Captain); second place, Alley Oops; third place, Pocket Hits; fourth place, Strikers; fifth Place, High Rollers; sixth place, King Pins; seventh place, Wii Four; eighth place, Ghosts.

Men's High Games: Frank Schepengerdes, 265; Glenn Hewitt, 246; Don Shelhart, 241; Mike Earles, 236; Charlie Ensley, 224.

Women's High Games: Sandy Osheroff, 299; Peggy Ensley, 255; Laurel Earles, 254; Vickie Jackanich, 232; Robin Schudel, 232; Karen Palmiotti, 207; Pat Scott, 205; Shirley Jamison, 203; Elisabeth LaPointe, 201.

Oakmont Lanes is now in our 17th year. Thanks to everyone who has made Oakmont Lanes so successful with all the fun and camaraderie you share together. If you're thinking of joining us, now is the time. We will be starting our 10-week Fall League on August 5.

Most of us have all bowled on a bowling league some time in our lives and here's your chance to do it again without the weight of a heavy bowling ball. Come by to see us in action and join in on the fun.

## Canine Club

■ Steve Huntley

### NATIONAL MUTT DAY— NEXT THURSDAY, JULY 31

National Mutt Day is the perfect time of year to celebrate your special mixed-breed pup. They're so special, in fact, that two days a year are set aside to recognize them. So, mark your calendars for July 31 and December 2 to remember to commemorate your mixed breed pup on these days.

And, just about a week after National Mutt Day we will have the World's Ugliest Dog Contest taking place at the Sonoma County Fairgrounds in Santa Rosa. The contest will take place on August 8 and judging will take place at 6 p.m.



Maisie.

Please remember, it is not necessary to have a dog in your life to be a member of our Canine Club. The only requirement is to have a love of canines and to be an Oakmont resident. Being a Canine Club



Maddie.

member is about our passion for our furry four-legged friends. Annual membership is only \$12 for individuals and \$20 for households. Applications can be found in the Canine Club folder in the OVA office or can be downloaded from the Canine Club website at [www.oakmontcanineclub.org](http://www.oakmontcanineclub.org).

The date is now set for our annual Members' Appreciation Party at the Wild Oak Saddle Club which is now scheduled for October 8, 4–6 p.m. Any active Canine Club member can attend, but attendance will be limited to 75 members. More information to come soon.

The next up and coming special Happy Tails Dog Park play date is Doodle Dog Play Date on Saturday, July 26, 10 a.m.–12 p.m. And, the dog park is currently reserved for small dogs, 25 lbs. or less, for one hour each day from 9–10 a.m.

## Oakmont Pétanque Club

■ Don McPherson

**BASTILLE DAY FÊTE 2025**

An abundance of bleu, blanc et rouge clothing and tricolor flags made for a festive annual Bastille Day celebration on Saturday, July 12.

The fête began with the annual Bastille Day Tournament. Tournament Director Jean-Michel Poulnot handled registration and randomization of teams with the club's "Fanny," "the Goddess of Pétanque," looking on. Fanny is the focal point of a traditional ritual when a team loses in a 13-0 shutout. Fortunately, there were no shutouts, so Fanny was not needed in the end. With substitutions, 20 club members played in the tournament and two dozen members, family, and friends joined in the festivities including lunch.

In the play-in game, the team of Judy Dumm, Max Hinchman and Fred Martin defeated Judith Fleenor,

Linda McPherson and Rachel Meserve, 13-9; Tom Bonomi, Denali Ruder and Ellean Huff defeated Lisa Bonomi, Steve Edwards and Barbara Newton, 13-10; and Penny Hopkins, Steven Payette and Gail Ruder defeated Jim Knapp, Colleen Littell and Jack Pernet, 13-11.

In the Concours, T. Bonomi-D. Ruder-Huff defeated Dumm-Hinchman-Martin to win the 2025 Bastille Day championship. In the Consolante, Hopkins-Payette-G. Ruder defeated Knapp-Littell-Pernet to take third place, and L. Bonomi-Edwards-Newton defeated Fleenor-McPherson-Meserve to take fifth place.

Following announcement of winners, Jean-Michel Poulnot, en beret, led a rousing rendition of the French national anthem, "La Marseillaise," and all gathered for the annual Bastille Day Club photo. Accordionist Debbie Knapp provided French café music during the delicious potluck pique-nique lunch that followed.

It was une grande fête!

### PÉTANQUE IN OAKMONT

The club encourages all Oakmonters who may be interested in playing or learning to play pétanque (pay-tonk) to come to the courts between Berger and the OVA offices at 9:45 a.m. on the Club play days of Monday, Wednesday and Saturday. The club has boules to lend while you're learning, and you'll be playing right away.

**Winners 2025 Bastille Day  
Tourney, (L to R): Second Place—  
Max Hinchman, Judy Dumm and  
Fred Martin; First Place—Ellean  
Huff, Tom Bonomi, Denali Ruder;  
Foreground: "Fanny."**



2025 Bastille Day: Club members with "Fanny" in foreground.

## Meditation

■ Joanne Davey

### MEDITATING TOGETHER WEEKLY MEDITATION SESSIONS AT CAC

"You are the sky. Everything else is just the weather."—Pema Chodron

Our meditation circle is growing! We invite you to join one or both of our weekly drop-in meditation sessions which have been taking place for many years.

**Saturdays** at 10:30 a.m. in the CAC Building, Room B: This is a 35-min. meditation. This session frequently begins with a short 15-20-minute talk about various aspects of meditation.

**Tuesdays** at 4 p.m. in the CAC Building, Art Room: A 30-min. meditation. Beginning and experienced meditators are welcome.

We approach meditation as a non-denominational practice.

If you have questions, please contact Trisha Mitchell, (650) 255-4026.

## Pickleball Corner



■ Peter Copen

### THE PICKLEBALL HOG!

Ball hogging doesn't always come from arrogance. Often, it's about nerves, experience gaps, or unconscious habits. Here are a few reasons people start snatching balls from their partner:

1. They're nervous and trying too hard to win. They think taking over will "save the point." Ironically, it often backfires.

2. They don't trust their partner's skills. Whether it's valid or not, the player thinks: "I'll just take it—fewer errors."

3. They're used to singles. Some players (especially those with tennis backgrounds) are so used to covering the entire court that they forget they have a teammate.

4. They think they're helping. This is common in mixed doubles, where a male player might automatically take more court—even when unnecessary or unrequested.

**What To Do When You're Getting Ball Hogged:**

1. Start With Friendly Communication. Don't wait until you're fuming. After the first or second offense, try: "Hey, I've got that one—it's right on my paddle." Or lighten the mood: "Careful! My paddle's going to file a complaint." Often, people don't realize what they're doing until you name it.

2. Define Court Zones. If it keeps happening, take 30 seconds before the next game and lay it out.

3. Exit the Game Gracefully. If it's rec

play and they won't adjust, you don't owe them your paddle. "Thanks for the game! I'm going to jump into a different round."

No drama. Just boundaries. If you're dealing with an intractable, chronic ball hog you can always exit the game gracefully, for example: "Doesn't your type of play rhyme with 'blog' and 'frog'?"

Pickleball at Oakmont is for Oakmont residents and their guests only!

**New Player Orientation:** 9 a.m. Tuesday mornings. Contact Victoria Dettman, (707) 230-2958. Call Jim Howard at (209) 761-8517 for demo loaner. Mentoring: Barbara Ricossa, ricossa@ymail.com. Visit our website: <https://oakmontpickleballclub.com>.



Graphic by Peter Copen.

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