

OAKMONT NEWS

Semimonthly

The Official Newspaper of the Oakmont Village Association August 23, 2025 • Volume 63, Number 16

At-a-Glance Summary— August 19 OVA Board Meeting

■ Harriet Palk

EXTENSION OF CHILDREN'S SUMMER POOL HOURS AT CAC

Two resolutions were presented to the Board by Directors Heidi Klyn and Jeff Neuman. In a 5-2 vote, the resolution by Director Neuman passed, which would change children's hours between Memorial Day and Labor Day to 11 a.m. to 4 p.m., and maintain 11 a.m. to 2 p.m. the rest of the year. His proposal also allowed children guests to remain in the deck area at all pool hours.

See **AT-A-GLANCE** on page 3

LOMAA Wants You ... and You Want LOMAA

■ Jerry Gladstone, OVA Board-LOMAA Liaison

LOMAA—the League of Maintained Area Associations—has about half the sub-Associations actively participating. Your sub-Association would benefit from having one or more of your Board members participating in the many activities and learning opportunities. The benefits include:

- Membership in ECHO—Educational Community for HOA Homeowners:
 1. Classes and seminars led by professional attorneys, insurance brokers and property managers.
 2. Classes targeted at increasing your knowledge and effectiveness as Board members.
 3. E-newsletters with important legal and operational information.
 4. Quarterly ECHO Journal with timely articles.
 5. TECO—the ECHO club at Oakmont Village.
- Meet and learn from fellow sub-Association board members. Share best practices and vendor recommendations. Strength in numbers.
- Participate in the LOMAA annual survey learning about the operations of your fellow HOAs and areas of common interest. The annual survey results are also used by LOMAA to develop programs for the coming year.
- An opportunity to explore ways to reduce costs by working together with other sub-Associations.

Please contact Debra Kiddoo, President, at lomaa@oakmont@aol.com for more information or access the calendar at oakmontvillage.com/lomaa for a schedule of meetings and events.

What Can the Firewise Task Force Do for You?

■ Iris Harrell

FIREWISE TASK FORCE

When a trained volunteer Firewise assessor visits your home, you'll receive a free, private report that includes photos and recommendations for improving your home's resistance to wildfire.

Important: Firewise assessments are strictly educational and not tied to enforcement. Our goal is to help you, the homeowner, better understand how to protect your property.

You'll also receive the latest information we've gathered about insurance coverage, including some new emerging standards and the things that may lead companies to deny coverage. Assessors can provide a list of vetted handypersons recommended by other Oakmonters for fire-related home improvements, as well as suggestions for low-cost materials and upgrades.

They can also explain the Firewise requirements that are enforced by the OVA Architectural Committee during compliance inspections—helping to distinguish between what's recommended and what's required.

And, of course, your assessor brings empathy and understanding. They're Oakmont residents too, facing the same wildfire safety challenges at their own homes.

To request an educational Firewise assessment, email Danielle Hannigan at the OVA office: dani@oakmontvillage.com.

We're here to help you navigate this crucial safety issue. Trained Firewise Oakmonters helping our Oakmont neighbors—that's why we're here.

Fall Vaccine Clinic Coming to Oakmont

■ OVA Staff

In partnership with Safeway, the OVA is offering a series of Vaccine Clinic Days on Sept. 11, Sept. 30, and Oct. 16, all between 9 a.m. to 3 p.m. at the Berger Center.

This clinic is offering the following vaccines: 2025-26 Flu, 2025-26 COVID, RSV, Prevnar 20.

You can make an appointment at www.safeway.com/vaccinations/group-clinic/OakmontSR2025.

Please bring your medical and prescription card to the clinic at the time of your appointment plus the printed version of the consent form you receive at the time of booking your appointment. There will also be consent forms at the clinic, or you can download it from the OVA website at oakmontvillage.com/article/informed-consent-for-immunization.

If you are not insured, please prepay with the Safeway pharmacy by calling (707) 766-9477. Safeway is unable to bill for Kaiser members.



OVA Presents: Comedy Game Night with David Studebaker

■ OVA Staff

Get ready for an evening of belly laughs, friendly competition, and unforgettable fun—Comedy Game Night is coming to Oakmont. Join us on Thursday, September 18 from 6–8 p.m. at the Berger Center for a one-of-a-kind interactive comedy experience hosted by award-winning comedian David Studebaker. Doors open at 5:30 p.m. Tickets are \$30 and can be purchased at the OVA Office.

Named one of the "10 Best Comics to Watch" by *SF Weekly*, David Studebaker brings a blend of music, personal stories, and pop culture to the stage. Known for his uplifting, high-energy performances, Studebaker has been featured on Sirius XM Radio, Dry Bar Comedy, Fox, ABC, and the *San Francisco Chronicle*, among others. He's also the creative force behind the hit docu-series "David's Ark" and author of the laugh-out-loud mystery novel *Lone Star Lance*.

Comedy Game Night is Studebaker's hilarious and interactive take on classic game shows like Family Feud and The Newlywed Game, complete with audience participation, prizes, and plenty of laughter. Whether you're on stage or cheering from the sidelines, you'll be part of the fun from start to finish.

Time to Tidy Those Hedges!

■ Danielle Hannigan, AC Office Staff

The Architectural Committee has noticed a number of overgrown hedges throughout the community and would like to remind all residents to review and follow the Fence Policy guidelines regarding hedge and shrub heights. Keeping your hedges neatly trimmed not only improves curb appeal but also helps maintain clear sightlines and consistency throughout Oakmont.

Here's a quick refresher on the hedge height standards:

- Side and backyard for homes not on the golf course: Maximum 6 ft. tall

- Side and backyard for golf course homes: Maximum 4 ft. tall.

Please take a moment to evaluate your landscaping and give your hedges a haircut if needed. Your efforts help ensure that our community remains beautiful, safe, and in harmony with the established guidelines. We appreciate you doing your part!

Correction

In the July 12 *Oakmont News* article "Transportation Options in Oakmont," it was stated that Oakmont Volunteer Helpers (OVH) provides rides to the Safeway on Calistoga Road. OVH no longer offers this service. We regret the error.



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OAK at the VOM Golf Club

■ Khiana Schmuhl, VOM Golf Club

JOIN VALLEY OF THE MOON IN CABO THIS WINTER!

I invite you to join Valley of the Moon Golf Club for an unforgettable getaway to the luxurious, adults-only Melia Paradisus Los Cabos resort, February 11-18, 2026. This exclusive trip is offered through ILT's non-stop Alaska Airlines charter from Oakland to Cabo San Lucas—with free checked bags included.

For just \$2,698 per person plus departure tax, guests will enjoy an all-inclusive stay at the intimate Paradisus Los Cabos, located right on the beach along the Sea of Cortez. The resort boasts a calm, swimmable beach and panoramic ocean views in every direction.

Golf enthusiasts can take advantage of ILT's exclusive golf package with tee times at three of Cabo's finest courses. Whether you're an avid golfer or simply looking for a relaxing escape, this trip offers the perfect mix of recreation and leisure. Enjoy world-class dining, unlimited beverages, and endless opportunities to unwind—all for one inclusive price.

Space is limited to the first 40 people who book, so secure your spot now for this winter escape to sunny Cabo San Lucas. More information: shorturl.fm/VLgIY. Register: shorturl.fm/Z3ffR.

UPCOMING EVENTS AND ANNOUNCEMENTS AT VALLEY OF THE MOON CLUB

Paint Nights with Painted Cellars Sonoma County: Enjoy two hours of step-by-step painting instruction from a friendly, professional artist in a fun and relaxing environment. Each guest will create their own 16x20 masterpiece to take home.

DATES: August 29 (Tropical Holiday) and September

23 (A Dande Night)

DOORS OPEN: 4:30 p.m.

COST: \$45 per person (all art supplies included)

Food and drink will be available for purchase at OAK. Sign up online at www.paintedcellarsoco.com.

Music on the Green: Sunday, September 14. Enjoy live music from the Second Street Band from 4-6 p.m. Food and beverages available for purchase starting at 3 p.m. Food and drink tickets will be available in the Valley of the Moon Golf Shop starting August 25.

Knife Sharpening Schedule:

WHEN: Last Wednesday of each month, 9 a.m.-2 p.m.

WHERE: 7025 Oakmont Drive, Oak parking lot (banquet parking lot—look for the yellow van)

COST: \$8 per knife/\$14 per garden tool

Chef's Sharpening will be on site.

Book Your Holiday Party Now: It's never too early to plan your Christmas party at Valley of the Moon Club. Our venue offers stunning views, festive charm, and flexible event options to create a memorable holiday celebration for friends, family, or colleagues.

Why book early?

- Exclusive holiday atmosphere with cozy indoor spaces and twinkling outdoor lights.
- Customizable options for food, drinks, and décor.
- Early booking ensures your preferred date and stress-free planning.

Spots are limited and fill quickly!

Contact Vanessa at vjade@fairviewevents.com or (707) 312-2242 to reserve your date or schedule a tour.

Golf Course Walking Hours: Please remember to follow the posted walking hours, available at: www.playvom.com/the-club/walking-policies.

Current Events Discussion Group

■ Tina Lewis

This is a very important time to discuss current events! Please join us every Friday from 1-2:30 p.m. at the East Rec. Come in person if you can; join on Zoom if you can't. If you come in person, a donation of \$1 is requested.

Issues discussed range from local to national to international. All sides of issues are encouraged.

Following the meeting join us at OAK for Happy Hour. This has become very popular, giving everyone a chance to socialize, unwind, and have something to eat and drink.

If you want to be put on the mailing list, including Zoom, email tinalewis31@comcast.net or call (707) 758-9739.



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MENLOTA
AMERICA'S LUXURY FIREPLACE

AT-A-GLANCE

Continued from page 1

Directors Jeff Neuman, Robert Williams, Matt Oliver, Jeff Marzak, and Neill Ray were in favor. Directors Heidi Klyn and Jerry Gladstone opposed. These approved revised Swimming Pool Hours (in concept) will now be under 28-day review, according to Civil Code 4360. During this time, pool hours will remain 12 p.m. to 4 p.m. If the resolution passes after the 28-day review, the updated hours will go into effect in 2026, Memorial Day weekend.

GOVERNING DOCUMENTS COMMITTEE

The board approved a revised charter for the GDC and supported their plan to hold a Town Hall in coming months to update the community on progress. A proposal to livestream and record GDC meetings through Zoom did not pass, following recommendations from legal counsel. Six directors opposed using Zoom, with Director Neill Ray voting for it. The GDC will be communicating its progress to the Board and members.

CENTRAL COMPLEX UPDATE

Director Oliver stated that the Board will conduct extra meetings to begin focusing on the elements of the Central Complex, including pool, Berger and CAC. The work will factor in facility audits, space utilization, and upcoming facility maintenance needs.

POOL HEATER REPLACEMENTS AT EACH FACILITY

Approved in the amount not to exceed \$425,000. New heaters are expected to be significantly more effective with a longer warranty.

COMMITTEES

Charters are under review.

PICKLEBALL COURT EXPANSION PROPOSAL

Tim Smith, former Pickleball Club president, submitted a proposal to create more pickleball courts in Oakmont, including building new courts or re-purposing existing recreational facilities. Smith said the group was not calling for the elimination of tennis courts. The Board also heard from Frank Passaglia of the Tennis Club.

No action was taken by the Board, but the Board welcomed comments during a lengthy Open Forum.

TRANSPORTATION

The General Manager will be exploring alternatives to the City Bus No. 16 that circulates in Oakmont because of costs that have almost doubled in the past several years.

TASK FORCE AND COMMITTEE REPORTS

Architectural: drive-by inspections of properties is ongoing, currently narrowing the focus to properties with poor maintenance of landscaping and visible structures. Policy updates will emphasize current best practices for firewise landscaping and consistency across the policies and Guidelines and Standards. Per the Consent Calendar, the Board approved new member Ken Smith.



Pickleball Corner



■Peter Copen

PICKLEBALL SHOES ON THE CHEAP

Recently while conversing with fellow pickleball players at the courts, one of the players (name shall be omitted, but initials are GK), showed us his new court shoes which he got for \$35.00. I'm sensitive to finding proper shoes due to my difficult feet (high arches, high instep, 5E width). I was dumbfounded! His were casual shoes which did not provide the essential support or stability for court play safety. The outsoles were synthetic which provide poor traction instead of the recommended rubber. GK further enumerated on the "lightness" of his shoes. He seemed to not be aware that lighter shoes are more for running (designed for forward motion) and typically do not provide the extra weight for stability and the support necessary for quick, multi-directional movement in pickleball. Basically, a quality court shoe will cost around \$75 to \$150, which significantly will reduce the chance of rolling ankles, incurring a knee sprain or falling.



Graphics by Peter Copen.

Recommended: Choose a rubber outer sole with a herringbone pattern which will provide the best grip and traction on outdoor pickleball courts. Choose a shoe with a strong side wall and heel counter support, which is necessary for lateral movement. Breathable mesh material is more effective than solid leather to prevent overheating and provide a lighter weight.

Investing in an appropriate court shoe may cost more, but in the long run will prevent injury, and maximize your overall performance and enjoyment on the pickleball courts. Incidentally, GK has recently recovered from a knee injury. You can see him on the courts -- the one with the \$35 casual shoes.

Pickleball at Oakmont is for Oakmont residents and their guests only! New Player Orientation: 9:00 AM Tuesday mornings. Contact Victoria Dettman: 707-230-2958. Call Jim Howard at 209-761-8517 for demo loaner. Visit our WWW site: <https://oakmontpickleballclub.com/>

OakMUG



Oakmont Macintosh Users Group

■Peggy Clark

PASSWORDS AND SECURITY

The OakMUG board has made a tough decision to close OakMUG by November. But don't worry, we'll still be hosting speakers until the end of the year! If you're a member, you can attend all the meetings for free, no need to renew your membership.

The next meeting is September 20 at 2 p.m. at the East Rec. Center.

Our next speaker is John Wentworth, who'll be talking about passwords. Join John for a look into the current state of everyone's favorite topic: passwords! Starting with an explanation of why using strong-and-unique passwords is so important today, he'll also go over ways to manage passwords, from third-party options to Apple's new Passwords app. We'll also look at passkeys, the new technology that everyone hopes will be the end of passwords in the future!

There will be some time for Q&A, and while he won't be able to help you reset your Apple Account password live, he'll answer questions about security in general.

If you have any questions, feel free to reach out to us at oakmontmacusersgroup@gmail.com. We're here to help!

Oakmont Gardens Residents' Association



■John Derby

OAKMONT GARDENS RESIDENT WENDELL FREEMAN TURNING 103

When Oakmont Gardens' oldest resident, Wendell Freeman, turns 103 on August 27, the community will host a celebration in his honor.

Freeman moved into Independent Living at Oakmont Gardens a few months ago, making him the oldest resident. Residents and friends are invited to join in celebrating his birthday, along with a dozen other residents living at the Gardens who will also be celebrating their August birthdays, on August 29.



Photo by John Derby.

Wendell grew up on a farm in Minnesota. When World War II broke out, he joined the Marines, where he was deployed to Johnson Island and Saipan. After the war, he graduated from UC Berkeley with a degree in Electrical Engineering. General Electric in San Francisco hired him to sell their multitude of products to engineers in growing companies. Over the years, he sold a wide range of equipment to PG&E. Bechtel Engineering was one of his customers, which utilized GE products for its projects worldwide.

When they lived in Marin County, Wendell and his family often drove to this area on weekends for picnics in a lovely meadow that later became Oakmont. After development began at Oakmont Village, Wendell and his wife, Patricia, moved into a brand-new Oakmont home in 1987. He landscaped their big corner lot yard, added an irrigation system, and tended to a vegetable garden.

Wendell has been actively involved in community life, participating in the Oakmont Kiwanis Club and volunteering for years to maintain the rose gardens at Santa Rosa's Luther Burbank Elementary School, as well as leading construction efforts at First Presbyterian Church in Santa Rosa. His long-standing commitment to service is valued and recognized by the Oakmont community.

Oakmont Men's Group

■Gordon Freedman

FORMING A SECOND SUPPORT GROUP

Oakmont Men's Group is organizing a new group for men interested in exploring aging issues with other men in a bi-weekly group meeting. Potential problems of you or your spouse/partner's health physical as well as mental challenges, loss of mate, and other changes and other challenges in our senior years are all issues we discuss. If you are lacking a forum to discuss men's issues with other men in a safe and confidential place, we are taking names for a second group.

Our present group meets twice a month for two hours on the first and third Mondays from 1-3 p.m. to help and support the members of our group that would like to share their issues and receive feedback. There are no attendance requirements, dues or fees.

Our group is non-religious and non-political. Oakmont Men's Group began in September of 2011 as a support group for men in Oakmont. The group is open to all men in Oakmont married, single, straight or gay.

Our founder has had 10 years of experience with the Marin Suicide Hot Line as well as three years as a facilitator with the Center of Attitudinal Healing in Sausalito working with health issues for the individual or spouse/partner.

If interested, please call me at (415) 971-1233 or e-mail at: gordonfreedman36@yahoo.com to discuss your joining our new group.

Tennis Club



■Diane Curtis

NURSE ON THE COURTS

Judy Passaglia's professional background explains a lot about her quiet but focused competence both as OTC's secretary and as an enthusiastic Oakmont tennis player always eager to learn more to improve her game.

She is a pioneer in palliative care because, as a nurse, she saw a hole in the hospital experience of patients and their families and took it upon herself to act, first studying the subject on her own. Even without a formal palliative care program at Sutter Cal Pacific, where she landed after more than 20 years as a nurse and after a break for grad school, she inserted such palliative care tenets as better communication and better pain and symptom management into her regimen.

"There needed to be better communication, better understanding of decisions, more support," she says.

She later went back to Mills-Peninsula in Burlingame, where she'd started her career, to start a palliative care program there, and in 2006 was hired by Stanford as a palliative care clinical nurse specialist.

Even then, palliative care was hardly a blip on medicine's radar, and few doctors were interested. "Doctors are so focused on treatment, treatment, treatment... Patients, husbands', doctors' goals are different," said Judy. With palliative care, "you listen to all the parties and figure out how to bring them together."

But over time, many came around and realized they actually saved time if patients' concerns were addressed personally in an understandable and memorable way.

Married to OTC Vice President Frank Passaglia, Judy still works part-time at Stanford and describes her career as "extremely satisfying." She also plays tennis three or four times a week and attends Tony Agocs' Thursday clinics. Medicine is never far from her mind. She's happy to see defibrillators in Oakmont but would like to see more.

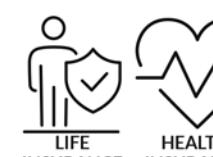


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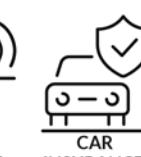
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Conservatives Club



■Jane Gyorgy

SUMMER SIPPING

A beautiful day on the patio of the CAC where 50+ club and non-club members enjoyed a presentation by Lawrence Burns and wife Sonja of Hanson Distillery of Sonoma. Lawrence presented a number of their unique, grape-based favored Vodkas, highlighting some of the subtle "taste notes" of each, all accompanied by hors-d'oeuvres.

Highly informative presentation and delicious! Hopefully, this is the beginning of "alcohol centric" meetings going forward! As they say, "A good time was had by all."

Just a reminder, there will be no meeting in August. See you all soon!

Oakmont Democratic Club



■Robin Jurs



Protesters turned out for a demonstration along Oakmont Drive on Saturday, Aug. 16. (Photo by Julie Kiel)

DONATE AND DANCE WITH RELISH

On August 16, Oakmonters hit the streets in protest. We showed up, stood up and spoke out for Democracy. All along Oakmont Drive, we got thumbs up, honks from supporters and some hollers through open windows from those who hold a different perspective.

Lots of people ask: "What good do protests do other than make the protesters feel better? Do you think they really make a difference?" Well, here's the deal: The impact of widespread protests, people in the streets over and over, has a cumulative effect. One protest does little but add them together, get more people to join you and you have a movement rather than a protest. "We the People" cannot be ignored or discounted for long. Any work we do in the face of cruelty and inhumanity is good work. As John Lewis told us all, "Get in good trouble, necessary trouble... When you see something that is not right, not fair, not just, you have to speak up... We are one people, one family, the human family."

Want to join the work being done here in Oakmont? Here's how.

Sept. 12: Join the Oakmont Democratic Alliance Fundraiser: Donate and Dance with Relish the Band at the Berger. Cabaret style. Food truck on site. Money raised will go to Working Families Party and Seed the Vote. Doors open 5:30 Get \$25 tickets online at Oakmontdemocraticalliance.org or pay \$30 at the door.

Sept. 25: Special Event at the Berger: Oakmont Dems, Oakmont Progressives and members of the Conservative Club will discuss bridging the gap between Red and Blue, crossing the political divide, from 6:30-8:30 p.m.

Disclaimer: The views and opinions expressed in this article are those of the club and do not reflect the official policy or position of the Oakmont Village Association.

Oakmont Squares



■Barbara Wooley

NEW BEGINNER CLASSES ALL ARE WELCOME!

The Oakmont Squares Club is excited to announce that the Fall 2025 beginner Social Square Dance classes began Tuesday, August 19! If you could not make it, no worries; the first class will be repeated on Tuesday, August 26.

WHAT: Beginning Square Dance Classes

WHEN: Started Aug. 19, repeat Aug. 26, 7-9 p.m.

PLACE: East Rec.

COST: \$8/night, \$25/month. First class free.

No special attire. No partner needed.

Oakmont dancers have found the Social Square Dancing program (based on 50 calls) to be a good fit for the Oakmont "active adult" demographic. Professional caller Lawrence Johnstone is adept at combining those 50 calls into nearly endless patterns, so the brain gets a work-out along with the body.

Modern square dancing goes beyond what many individuals of a certain age might remember from junior high/middle school. The music spans a wide range of music genres, from country, to Disney, to Broadway Show Tunes and movie themes, to holiday songs, music from the 40's, 50's, and 60's, and beyond. The new Social Square Dance class is an opportunity for anyone who would like to come see what square



Photo by Barbara Wooley.

dancing is all about or to update their rusty skills. No partner is necessary. Casual dress and a willingness to give it a whirl are all that is required.

Come meet the Oakmont Squares welcoming and supportive dancers and recent graduates and see what fun Square Dancing can be.

Experienced dancers at Mainstream Level or beyond are welcome to come visit or join the Oakmont Squares at any time. The Oakmont Squares meet Tuesday evenings from 7-9 p.m. at the East Rec. Center. Come dance in a square and make a circle of friends. Fee: \$8 per night or \$25 per month.

For more information call Jenny at 707-367-2102.

Billiard Club



■Steven Dieterle

9 BALL DOUBLE ELIMINATION TOURNAMENT—HERE COMES THE TSUNAMI!

After a magnitude 8.8 earthquake occurred off the eastern coast of Russia this week, that impacted over one quarter of the world which were put under a tsunami warning, watch or advisory, that included the entire west coast of the United States and some interior sections including Santa Rosa. Russia did have major damage to structures but no loss of life and thank heavens the impact to the rest of the world was minimal, with no loss of life.

However, the Oakmont Billiards club continued to go forward with their plans to hold a 9 Ball Double Elimination Tournament at the East Recreation Center Billiards room on July 31. It was suggested



that everyone wears a swimsuit just in case.

As usual, all matches were very well contested, and play was evenly matched throughout the tournament. The tournament had its own "little" tsunami as well, Frank Coryell. Frank was

on top of his game and got better and better and "swept" into the final match without a loss. Sam Eddy has been working very hard on improving his game play and it showed! He joined Frank in the final match with only one loss. They both played well, and it took two games, because of the double elimination rule, before Frank came out as our tournament champion.

Congratulations go to Frank on the win and to Sam for becoming one of our club's bonafide contenders going forward.

Thank you goes to all the participants in helping to make this a competitive and fun event.

Billiards players, left to right: Vern Dahl, Frank Coryell, Sam Eddy, Steve Dieterle (kneeling), Jim Christofferson, Steve Martin, Rich Winston, Barb Marquardt, Ron Holladay, Steve Fuller, Olin Leasher and Tom Kelber.

WEDNESDAY HAPPY HOUR

Hosted by Larry Burns

1:00 - 5:00



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Wii Bowling—Oakmont Lanes



■Terry Leuthner

Oakmont Lanes Bowling Club is a Bowling League consisting of four-person teams that utilize Nintendo Wii to simulate the experience of bowling without the weight of a bowling ball. Any resident who has the ability of holding a small remote control in their hand while swinging their arm as if they were rolling a bowling ball will be able to join.

Anyone interested in joining our Club, either as a team bowler or substitute, please call me at (707) 291-3023 or stop by the East Recreation Center on Tuesdays from 2-3:30 p.m. (no bowling fourth Tuesdays) to see us in action. We charge \$25 for a 10-week Tournament that includes the play-offs. 2 p.m. League: 8 teams, 4 bowlers per team. Each bowler bowls 3 games and has his/her own handicap (80%) and average.

See www.oakmontlanes.com for club information, bowling dates, week results and team schedules to bring cookies and help setup at 1 p.m. and tear down equipment at 3:30 p.m.

No bowling Aug. 26 (fourth Tuesday).

RESULTS OF SUMMER LEAGUE TEAM CHAMPIONSHIP

On Tuesday, July 29, our Summer League Team Championship Playoff Tournament took place at 2 p.m. All seven teams bowled against each other.

Hikers

■Scott Finn

We welcome you to join us on a hike whether you are a member yet or not and the annual membership is only \$15. Go to our website at www.oakmonthikingclub.org to join the club, get hike details, club information, photos and more.

For a complete description of each hike and to register, please keep checking our website for updates.

AUGUST 28: INTERMEDIATE HIKE STILLWATER COVE REGIONAL PARK

We'll hike along the Canyon Trail, along the creek on the Stockhoff Trail with a series of switchbacks, crossing the mostly dry creek by rock hopping. Expect a luscious fern forest of redwoods and Douglas firs, the rare "fringed corn lily" and a trail spur to the Fort Ross Schoolhouse.

Bring lunch for a picnic at the beach at Stillwater Cove. We'll finish with a bluff trail along the coast. 4.5 miles, 450 ft. elev. Regional Park Pass or \$7. Leave Berger at 8:30 a.m. Hike leader is Marilyn Pahr, (678) 488-8910.

AUGUST 28: LONG HIKE KORTUM TRAIL TO GOAT ROCK OUT-AND-BACK



Coastal Vista along the Kortum Trail.

Furlong Gulch, Sea Stacks, and the end of the Russian River await! We hike across classic California coastal bluff terrain and thru glacial created sea stacks rubbed to a shine by prehistoric creatures. Wright's Beach, Shell Beach, and the Russian River in 9 miles there and back. 1,000 ft. elevation gain.

Bring water, lunch/snack, and layers. Hike leader is Chris Sork, text or call (707) 495-3196.

SEPTEMBER 4: SHORT HIKE SONOMA VALLEY REGIONAL PARK—COUGAR AND LAKE SUTTONFIELD LOOP

Team with highest total pins including team handicap won Summer League Team Champion and gets their name engraved on our Team Championship Trophy.

Results are: first place, 4 Tops (Joanne Abrams, Laurel Earles, Peggy Ensley, and Robin Schudel, Captain); second place, Alley Oops; third place, Wii Four; fourth place, King Pins; fifth Place, Pocket Hits; sixth place, Strikers; seventh place, High Rollers.

Men's High Games: Don Shelhart, 268; Frank Schepergerdes, 256; Mike Earles, 226; Charlie Ensley, 226; Scott Harris, 207.

Women's High Games: Peggy Ensley, 278; Sandy Osheroff, 255; Karen Palmiotti, 255; Robin Schudel, 255; Joanne Abrams, 246; Laurel Earles, 246; Shirley Jamison, 235; Vickie Jackanich, 230; Pat Scott, 228; Carol Garneau, 215; Donnarose Ilecki, 210; Marie Haverson, 207.

Oakmont Lanes is now in our 17th year. Thanks to everyone who has made Oakmont Lanes so successful with all the fun and camaraderie you share together. If you're thinking of joining us, now is the time. We started our Fall League on August 5.

Most of us have all bowled on a bowling league some time in our lives and here's your chance to do it again without the weight of a heavy bowling ball. Come by to see us in action and join in on the fun.



Lake Suttonfield Sonoma Regional Park.

About 3 miles and 250' elevation with great views and a peaceful lakeside walk. Some shade; bring water, snack, poles, sun protection, County Park pass or day use parking fee.

Depart 8:30 a.m. from Berger. Check OHC website Sept. 3 for possible updates. Hike leader is Jan Preston, (949) 433-7330, jpreston@pacos.com.

SEPTEMBER 4: LONG HIKE SONOMA MOUNTAIN NORTH SLOPE/ UMBRELLA TREE

We'll take the handicap accessible Umbrella Tree Trail to the sparkling laurel that is situated perfectly for fog to leave droplets of moisture that shimmer with the morning sunrise. We'll then connect with the Bay Area Ridge Trail to the boundary of Jack London State Park and along the way we can see from Mt. St. Helena to Mt. Diablo and the bay. We return back the Bay Area Ridge Trail to the parking lot. 9.5 miles, 1,800 ft. elevation gain. 4 benches, 2 selfie picture poles just for us.

Bring water and snack/lunch. The terrain is half canopy. Hike leader is John Ferreira, (650) 766-0497.

SEPTEMBER 11: LONG HIKE DRAKE'S HEAD

Stunning views of the rich blue estuary waters. An out-and-back hike, totaling 9 miles, from the Estero Trailhead to the Drake's Head bluff for views of the ocean and Limantour estuary. Expect to see wildlife—from egrets and herons to tule elk and bat rays. Some rolling hills, but for the most part the terrain is flat and firm.

Bring a snack and plenty of water. Hiking poles optional. Hike leader is Jeff Zalles, jeffzalles@gmail.com, (415) 999-5333. Leave the Berger parking lot at 8 a.m.

Jazz Club Concerts



■Dolora Hurst

YOU WILL NOT WANT TO MISS THIS CONCERT!

These stars share many Grammy Awards and are all world-traveled performers.

Jamie Davis, Glen Pearson, Ruth Davies, Michael O'Neill and Silvia Cuenca will grace our Oakmont stage, sharing a total of nine Grammy Awards among them.

Grammy Award-winner Jamie Davis has just returned from performing in Finland and is next booked in Italy! So, get off the couch and head over to the Berger Center for a concert you will never forget, presented by these truly world-famous musicians.

WHEN: Saturday, September 27 **TIME:** 7 p.m.

LOCATION: Berger Center **TICKETS:** \$45

Drinks and treats are permitted. Order tickets at the OVA office. Please fill out the coupon and place your order and payment in the Jazz Club Concerts file. Tables for eight may be reserved. For information, call (707) 537-7720.

Glen Pearson (yes, with a few Grammys!) is one of the best pianists in the world. He is the pianist for the renowned Count Basie Orchestra and was formerly the director of the famous Boys Choir of Harlem for eleven years. From his senior class in Harlem, 98% of his students went on to college. He is absolutely thrilling to hear and has composed scores for documentaries, feature films, and television, earning a long list of credits. He has also recorded with many jazz greats, including Kim Nalley, Akira Tana, Nicolas Bearde, and more.

Ruth Davies, bassist and multiple Grammy Award winner, has been an integral faculty member and festival artist at the Stanford Jazz Workshop for over 15 years. When not recording or touring, she teaches at SJW, San Francisco's Adventure in Music Program, SFJAZZ's In Session program, and Pamela Rose's projects that spotlight historical women blues and jazz composers. The list of artists Ruth has toured and recorded with reads like a Who's Who of blues and jazz.



Michael O'Neill, saxophone, studied with the great Joe Henderson. He has composed scores for documentaries, feature films, and television and has performed or recorded with many jazz greats, including Eddie Fisher, Kim Nalley, Akira Tana, Nicolas Bearde, Bobbie Norris, and Omar Clay. Michael's saxophone work is extraordinary—he plays with orchestral diction and classic jazz hop, making him a rare treat.



Silvia Cuenca, drums, performed with saxophone legend Joe Henderson for four years and trumpet legend Clark Terry for seventeen years. She has toured over ten major European countries and performed with more than fifty major musicians. She has graced the stages of the Lincoln Center, the Kennedy Center, and served as artist in residence at various universities in the U.S. and Europe, including a 15-year residency at the Stanford Jazz Workshop.



Valley of the Moon Women Niners

■ Debra Kiddoo

NINERS MIXER BRINGS FUN AND FELLOWSHIP TO THE FAIRWAYS

The Valley of the Moon Women and Men Niners came together on July 31 for their annual summer mixer filled with golf, good humor, and great company. Mixed foursomes enjoyed a relaxed round on the Sugarloaf Course, with plenty of friendly competition and camaraderie throughout the morning.

After the game, players gathered at the West Rec. picnic area for a delicious lunch, prize announcements, and a chance to unwind and socialize. It was a wonderful opportunity to connect across clubs and

celebrate the shared love of the game. Many thanks to the organizers, volunteers, and participants who made the event a success.

If you enjoy playing golf for recreation and fellowship, we'd love to see you next time on the green! The VOM Women Niners tees off each Thursday from 9–10 a.m. at the Sugarloaf Golf Club for nine holes of golf—you do not need to be a VOM member to join. Contact Kathy Camp at kreate4u@yahoo.com for more information on joining the Women Niners.

Photo by Debra Kiddoo.



■ Greg Fauss

LEARNING TOGETHER

We may have some differing points of view, but we certainly have much in common and much to learn from one another.

If you share that attitude then we'd like to invite you to two learning opportunities.

On August 28 at 6:30 p.m. at Oakmont Gardens you can see pictures and hear about our pastor's recent visit to Ukraine. There will be time for questions and sharing from others as well.

And beginning September 4, meeting Thursdays from 6–7:30 p.m. we're hosting a course in Oakmont Gardens called "Alpha." It is an introduction to the Christian faith, but also a refresher for those who profess faith. A wide range of topics are presented in a safe atmosphere where all questions are allowed. And a light dinner is also included! All for free.

To learn more, check out our website or contact us by phone or email.

Our Sunday Worship Services begin at 10:30 a.m. in the East Rec. Center. For information about our Wednesday Morning Bible Study, our Saturday Prayer meeting, and other gatherings go to www.occsantarosa.org, write us at occsantarosa@gmail.com or call us at (707) 595-0166.



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Oakmont Birders

■Barbara Kendrick

BIRDS WORTH WATCHING AS THEY RAISE FAMILIES

Recently you may have seen Wild Turkey families strolling around Oakmont. Often there are several adults escorting a number of juveniles. What's going on? Is it Mom and Dad? Or Mom and a "babysitter" from a previous year's hatch?

Actually, it's two Moms and their combined offspring—a blended family. Young turkeys are easy pickings, so having two or more adults to help defend them is valuable. But the adults are always females—males contribute zero to chick-raising.

This puts turkeys in the minority of birds when it comes to family behavior. In about 85% of bird species, both parents are engaged to some degree in the upbringing process. This includes activities such as choosing nest site location, nest building, egg incubation, and feeding and protecting the young. In the rest of the bird world, chicks are raised by females only, or less often by males only, communally, or by no parents (like the very self-sufficient Megapodes).

In two-parent families, participation in each activity varies widely. A few species (like many woodpeckers)

share all the parenting tasks. But usually, nest building and incubation is done by females, while males help out with feeding and protection.

In Oakmont you can see various parenting strategies at work. As noted, female turkeys do everything. Female hummingbirds also

handle all aspects of chick-raising, while the males lounge at our feeders. Acorn Woodpeckers, which live in colonies, practice cooperative parenting, where one or more females are the designated breeders and birds of

both sexes help with feeding and protection. And quail are emblematic two-parent families, with both male and female doing their best to guide their chicks through a hard world full of cats and crows.

Have questions about birds? Need a "Birds Seen in Oakmont" checklist? E-mail bkendrick@jps.net.



Anna's Hummer mom with chicks. (Photo by Tom Grey)



Quail parents keeping watch. (Photo by Tom Grey)



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Star of the Valley

■Peter Hardy

BINGO IS BACK

Star of the Valley presents its first bingo of the fall on Tuesday, September 9, at 4 p.m. We encourage people attending to arrive prior to 3:45 p.m. in order to allow for purchasing dinner, bingo cards and finding a seat prior to the start of bingo at 4 p.m.

Everyone is welcome to attend, play bingo, have a meal, and visit. This month we will be serving Miller or Hebrew National hot dogs, chili, potato salad and ice cream for dessert. Cost for dinner is \$10 and Bingo Cards are \$2 each. If you don't play bingo join us at approx. 5:15 for dinner.



Sundays at 10:30 a.m. in Berger Center
Our Fall Season Starts on September 7. See you There!
<https://oakmontsundaysymposium.org>



SEPTEMBER 7

Mick Chantler
"AMERICA FIRST" OR
AMERICA EVERYWHERE

In a centuries-long struggle over its role in the world, the U.S. has oscillated between isolationism and interventionism. One of Oakmont's favorite speakers, Mick Chantler, will explore the uneasy dance of our global footprint from George Washington to "America First".



SEPTEMBER 14

Sarina Ferguson
STAY STRONG, STAND TALL:
THE POWER OF POSTURE AS WE AGE

As we get older, our posture does more than affect how we look—it's the foundation of how we move, balance, and stay active. Want to keep strutting through life instead of shuffling? This is your chance to future-proof your body and keep moving with confidence and joy.



SEPTEMBER 21

Sara Paul

INSIDE WATCHDUTY: HOW A
GRASSROOTS IDEA BECAME
A LIFESAVING FORCE

Sara Paul, one of WatchDuty's founding members, will share with us the remarkable behind-the-scenes story of a small group of volunteers whose passion, innovation and a sense of purpose turned into something that now saves lives and empowers entire communities.

SEPTEMBER 28

Steven Pifer

Former Ambassador to Ukraine
THE CHALLENGES POSED BY
PUTIN'S RUSSIA

As the war between Russia and Ukraine grinds into its third year, the stakes have never been higher—for Ukraine, for Europe, and for global stability. Ambassador Pifer will explore the strengths and vulnerabilities on both sides and the evolving roles of the U.S. and NATO.



OCTOBER 5

SAVVAS MARCOU

BE PREPARED, NOT SCARED:
LET'S NOT CRACK UNDER PRESSURE

Sonoma County sits on one of the most seismically active regions in the country. Do you know what to expect when the next big quake hits? More importantly, do you know what to do? Mr. Marcou will explain the warning signs to watch for, and the steps we can take to protect ourselves, homes and communities.



OCTOBER 12

Shannon Carr,

Sonoma County Bee Keepers Assoc.
THE AMAZING BUZZ ON BEES

Ever wonder what really happens inside a beehive? The (very) short life of a honey bee is a remarkable journey—from a tiny egg to a vital member of a highly organized colony. Every bee has a job and every stage of their short life has a purpose. They are truly among nature's most important and awe-inspiring creatures.

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Lifelong Learning



■ Marlena Tremont

A PREVIEW. A THANK YOU. A CELEBRATION.

Join us in thanking our students, instructors and volunteers with prizes, giveaways and refreshments.

WHEN: Wednesday, August 27

WHERE: Berger Center

Refreshments and music begin at 2:30. Program begins at 3.

TELEVISION IN THE MOVIES

Instructor: Terry Ebinger

Mondays, Sept. 15, 22, 29 and Oct. 6, 2-5 p.m.
(early start)

4-week session. Cost: \$95 or \$71.25 with discount

Explore four movies that capture, critique and celebrate television: *Network*, *Broadcast News*, *Wag the Dog*, and *The Truman Show*.



Terry Ebinger, MS is a passionate film scholar whose cinema studies incorporate cultural history, depth psychology, mythic imagination, and film language.

UNDERSTANDING AGING: RESEARCH FROM BUCK INSTITUTE

Instructors: Various instructors and topics

Wednesdays, Sept. 17, 24, Oct. 1 and 8, 3-5 p.m.

4-week session. Cost: \$65 or \$48.75 with discount

Learn about the latest research on aging in this series designed and taught by four postdoctoral research scholars from the Buck Institute. Topics include Microbes, Diet and Aging, Healthy Aging and Fueling Immunity.



OPEN YOUR EYES WITH NATURE JOURNALING

Instructor: Marley Pfeifer

Thursdays, Sept. 18, 25, Oct. 2 and 9, 3-5 p.m.

4-week session. Cost: \$70 or \$52.50 with discount, plus \$60 for materials



Class limited to 24. Online registration only. Learn the skills of the greatest naturalists using pencils, ink, and watercolor to observe and sketch plants and landscapes near Oakmont.

Marley Pfeifer has been teaching nature journaling and watercolor for over ten years, as a way to integrate art, science, and culture.

THE POLITICS OF CULTURE: THE ONGOING STRUGGLE TO DEFINE AMERICA

Instructor: Les Adler

Mondays, Oct. 13, 20 and 27, 3-5 p.m.

3-week session. Cost: \$45 or \$33.75 with discount

"America First," "The Deep State," "Alternative Facts," "MAGA," "Identity Politics," "Cancel Culture," "Wokeness," "DEI." Explore the significance of the many battle cries in America's long and contentious struggle to define itself.

Les Adler is Emeritus Professor of History in the Hutchins School at Sonoma State University specializing in Twentieth Century American history.



ART IN AMERICA: 1500-1900

Instructor: Craig Griffeth

Thursdays, Oct. 16, 23, 30 and Nov. 6, 3-5 p.m.

East Rec., 4-week session.

Cost: \$65 or \$48.75 with discount



Explore 400 years of American promise and progress through the works of painters, sculptors and architects from the first New World settlements to the Gilded Age of the Robber Barons, to the turn of the 20th century.

Art historian Craig Griffeth has taught art and music programs at San Francisco's Academy of Art University for 25 years.

Purchase multiple classes for the same person at the same time and save 25% off the total! Register at OakmontLL.org, complete a flyer in the OVA office or pay at the door (except *Journaling*).

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Oakmont Craft Guild

■ Jan Decock

FALL OAKMONT CRAFT FAIR

Applications are still being accepted for the Fall Oakmont Craft Fair at Berger Center on October 18. There are a few indoor spaces left and several outdoor spaces available.

To receive an application, please email jdecock99@yahoo.com. This is the only way to receive an application. Please follow directions for application submission.

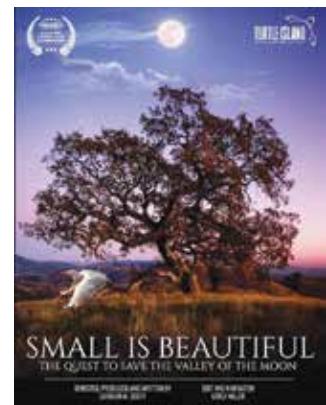
Star of the Valley Church

■ Barbara Gasparini

STAR OF THE VALLEY PRESENTS SMALL IS BEAUTIFUL DOCUMENTARY

Are you concerned about evacuating along the narrow Highway 12 corridor during a wildfire? That's a genuine worry for many residents of Oakmont and the communities stretching from Sonoma to Santa Rosa. Ongoing residential and commercial development projects are only increasing that concern.

The Star of the Valley Men's Club and Women's Circle is sponsoring a special screening of the award-winning short documentary *Small is Beautiful: The Quest to Save the Valley of the Moon*. This powerful film explores the challenges facing a small rural community fighting to protect a wildlife sanctuary and its way of life from a massive development project. As climate change continues to intensify wildfire seasons, the film highlights the risks of introducing large-scale development into a fire-prone landscape—an issue that mirrors the current controversy surrounding the Sonoma Developmental Center and its potential impact on the Highway 12 corridor.



The filmmaker, Carolyn M. Scott, will be present to introduce the film and lead a discussion. Scott is an environmental advocate and filmmaker with more than 25 years of experience. Also speaking at the event will be Dr. Bean Anderson, a retired Silicon Valley engineer and advocate for preserving the Sonoma Developmental Center lands. Following the screening, Dr. Anderson will share a PowerPoint presentation further examining the stakes of local development.

The event will be held on Wednesday, September 17, from 2-4 p.m. at the Monsignor Fahey Parish Center, Star of the Valley Church, located at 495 White Oak Drive. Admission is free, and no reservations are required.

This is an important event for anyone concerned about fire safety, environmental preservation, and the future of our region. Community members are encouraged to attend and to invite friends and neighbors.

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Playreaders

■D. Hall



MEN WANTED FOR PLAYREADERS' CASTS

Oakmont Playreaders has a terrific group of men and women who read plays aloud and even do a bit of amateur acting before small audiences. Right now, we have a specific need for more men with a bit of the acting urge to fill out our casts. Is that you?

No need to memorize lines! We read from a script. We are a friendly, supportive, totally unthreatening group and we just have fun. Come and see! For more information, call John at (831) 521-7627.

In September, Oakmont Playreaders are staging *Wanted: One Groom*, by Pat Ballard on September 1 and *A Tale of Two Spectators*, by Peter Manos on September 8.

Join us the first two Mondays of every month at 2 p.m. in Room B (Birch) of the Central Activities Center.



Proof by David Auburn. A complex tale of genius and love... and even the challenges of mental illness. Readers were: standing, Dennis Hall; seated, John Dolan, Ginn Zoellner and Sandy White. (Photo by Esther Dolan)

Movies At Oakmont



WHERE: Berger Center

SCREENING DAY AND TIME: Sundays at 2 p.m.

HOSTS: Mike McInnis, Deborah Davidson, Jeff Neuman and Barbara Marquardt.

NOTE: All films are shown with English subtitles, when possible, free of charge—compliments of OVA.



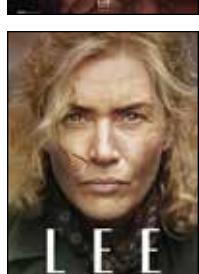
AUGUST 24: BLACK BAG

When intelligence agent Kathryn Woodhouse is suspected of betraying the nation, her husband—also a legendary agent—faces the ultimate test of whether to be loyal to his marriage, or his country. 2025, R, 1:33.



AUGUST 31: THE RETURN

After 20 years Odysseus finally returns to Ithaca, where he finds his wife held prisoner by suitors vying to be king and his son facing death at their hands. To win back his family and all he has lost, Odysseus must rediscover his strength. 2024, R, 1:56.



SEPTEMBER 7: LEE

War correspondent Lee Miller travels to the front lines of World War II to embark on a mission to uncover the hidden truths of the Third Reich. But in the wake of betrayal, a reckoning will come over the truths of her own past. 2023, R, 1:57.



SEPTEMBER 14: MY MOTHER'S WEDDING

Three sisters return to their home for the third wedding of their twice-widowed mother. But the mother and daughters are forced to revisit the past and confront the future, with help from a colorful group of unexpected wedding guests. 2023, NR, 1:35.

Ladies Bunco Night

■Barbara Wooley

BUNCO NIGHT! FUN, PRIZES AND SNACKS!

Bunco Ladies Night is a popular and fun activity held twice a month for Oakmont residents. Bunco is a simple, no skill required, dice game that is played with partners. No need to arrive with a partner since partners change with each round of play. Beginners are always welcome. Yummy snacks are provided and several players win cash prizes at the end of each night!

Usual nights are the second and fourth Monday of each month; however, there are exceptions, so always check your Oakmont Calendar. Please arrive by 6:45 p.m. for check-in. Games typically run from 7-8:30 p.m. **WHEN:** Second and fourth Monday of each month. 6:45 p.m. (play is about 1-1/2 to 2 hrs.)

WHERE: Card Room (Central Activity Center)

FEE: A \$5 fee/night is required for each participant.

CONTACT INFORMATION: Jill Butler, (760) 468-1743, Email: jillvannili@sbcglobal.net



Bunco Boss Jill Butler and Bunco Regular Lisa Munoz-Flores. (Photo by Barbara Wooley)



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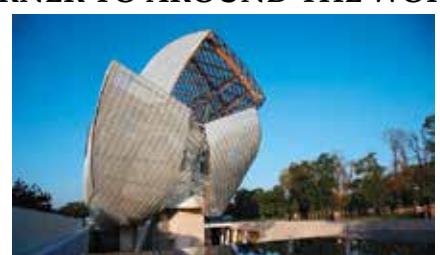
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Oakmont Art Association

■Linda O'Connor

MUSEUMS—FROM AROUND THE CORNER TO AROUND THE WORLD



*Fondation Louis Vuitton Museum in Paris, France.
(Photo by Frank Gehry)*

From the Louvre to Sonoma County Art Museum, places that house art are vital to our cultural appreciation. There are nearly 104,000 Museums found in every corner of the world. Offering art, antiques and even oddities, they have become welcoming spots for all ages.

We will look at some of our favorites and the fascinating history of their development. This is a fun and informative class on Friday September 12 at the Berger Center. Refreshments at 10 a.m. Program at 10:30 a.m. Please join us.

Linda Read teaches art history for SSU and Dominican Universities in the Osher Lifelong Learning Institute. She is Past President of Redwood Writers and a Jack London Awardee. Her two novels are available on Amazon.



Linda Reid.

Linda's BAs are from SSU, graduating cum laude in History and Art History. Linda has migrated from figurative to abstract painting and has received several awards. She has directed community theater for 30 years, and serves on the Boards of Directors for OLLI, Sebastopol Center for Arts, and is current president of Artist Workshop of Sonoma County.



Oakmont Health Initiative Free Fitness Classes

■ Charlene Bunas

HEALTH IS A LAUGHING MATTER

A recent *TIME* magazine article by Angela Haupt describes humor as one of the best tools for a healthy life. It sparks energy, boosts brain power, improves immunity, curbs stress, and enhances moods.

Laughing (like exercise) actually causes physical changes in the body. Both a daily chuckle and regular exercise increase endorphins, the body's own opioids that act on the same brain receptors as morphine and other drugs.

"Funny" is subjective. What makes one person bend over from laughter causes another to groan and yet another to yawn. The goal: discover the dormant funny bone. According to those who've done it, it's not difficult.



An example of health building laughter from Oakmonter Carol. (Photo by author)

A member of Toastmasters describes taking improv comedy classes. He says, "Benefits were much more than just a confidence gain in public speaking. My outlook on life is more relaxed and I'm having more fun." He's even registered to perform, in a stand-up comedy night. "Although," he says, "having a sense of humor does not mean becoming a stand-up comedian!" Health benefits are from laughing, not necessarily from causing the laugh.

World renown humor psychologist, Steven Sultanoff, Ph.D. advises a mental replay of scenes where you could have used a quick, funny comeback, but didn't. "See yourself making light of what otherwise felt offensive. Brainstorm quips, and you'll train yourself to at some point be able to do them in the moment they occur, landing a one-liner in real time."

His suggestions for finding humor in everyday life: look/think outside the box, poke fun at events, not people (quiet the inner Don Rickles); see where humor affects your day, look for absurdity and incongruity in situations.

Sultanoff's website, humormatters.com gives a bushel of chuckle moments.

Attention: OHI classes have both physical exercise and hearty laughs.

Zoom: 850 1489 7161/998608.

Dancing Is 4 Everyone

■ Mariellen Munson

Oakmont, are you ready for this? A brand-new Line Dance Class is starting Wednesday, September 3 from 6:15-7:15 p.m. at the Berger Center.

Our terrific line dance instructor, Steve, has listened to his numerous requests and decided not to wait until next year to start a brand-new class, but to let adventurous Oakmonters begin their line dance journey now! The joy of dance may be experienced by you without a partner. Come and see what his joyful students experience.

Dance is exercise for your brain as much as for your body. While dancing your brain is constantly making new neural connections. Studies show that this is very beneficial for both strong mental and bodily health.

Our instructor, Steve Luther, has a unique style of

Water Fitness

■ Valerie Hulsey



VACATION DAYS

Mary will be on vacation for the first three weeks in September, so no regular Water Aerobic Classes will be held. Many of the class members are planning on meeting at the pool at 9 a.m. and we will take turns calling out what we will do next.

Everyone is welcome to join us and if you just want to "float around" and do your own thing that's fine too.

If you prefer to meet at 10 a.m. you are more than welcome to do so and you may be able to form your own group at that time.

Just FYI, the boom box is always available if you would like to use it. It's in the shelf just inside the women's locker room.

There is no charge for any classes during this time.

Meditation

■ Joanne Davey

MEDITATING TOGETHER

WEEKLY MEDITATION SESSIONS AT CAC

"Meditation is a Gift to Ourselves. It is a process of being in relationship to Ourselves. It is a process of learning to love One's Self completely & totally without exception."—Tom Barber

Our meditation circle is growing! We invite you to join one or both of our weekly drop-in meditation sessions which have been taking place for many years.

Saturdays at 10:30 a.m. in the CAC Building, Room B: This is a 35-min. meditation. This session frequently begins with a short 15-20-minute talk about various aspects of meditation.

Tuesdays at 4 p.m. in the CAC Building, Art Room: A 30-min. meditation. Beginning and experienced meditators are welcome.

We approach meditation as a non-denominational practice.

If you have questions, please contact Trisha Mitchell, (650) 255-4026.

Strength and Balance Class

■ Valerie Hulsey

CLASS SCHEDULE CHANGES

There will be no Strength and Balance class the first three weeks in September.

Mary will return on September 26.



■ Carolita Carr

TRIVIA NIGHT

WHAT: An Evening of Trivia Games

WHERE: Berger Center

WHEN: Saturday, September 13

TIME: Doors open at 6 p.m. Trivia begins at 6:30

COST: Free—each member may bring one non-member guest

BRING: Your favorite beverage and snacks to share

Don't miss our annual Trivia Night! Come test your knowledge of the Boomer Era with questions spanning the 1950s through the 1980s in categories including: Music, Movies, Television, Pop Culture.

Team Guidelines:

- Form teams of up to eight people.
- Small teams of two are encouraged to combine with others.
- Prizes awarded to the team with the most correct answers!

Registration opens Tuesday, August 12 at oakmontboomers.org. Space is limited—register early to reserve your spot!

MEMBERSHIP INFO

Oakmont Boomers membership is open to all Oakmont residents. Dues are \$15 per person, per year. Join or renew online at oakmontboomers.org

Oakmont Pétanque Club

■ Don McPherson

THIRD ANNUAL INTER-CLUB TOURNEY

After a four-month hiatus, the Oakmont Pétanque Club and Pétanque La Rose of Santa Rosa are renewing their rivalry with a third annual home-and-home match series on Sunday, September 14 and Saturday, September 20. The tournament is typically held in May, but Pétanque La Rose was busy preparing their new terrain for playing and competition.

The "Boule Fight for Santa Rosa Bragging Rights" will see three triples teams from each club playing against each other over the two days. The winner will be determined by the total games won by all teams, with any tie in games won broken by total point differential.

In the 2023 inaugural series, Pétanque La Rose won a narrow 10-8 victory, winning on their home terrain 7-2 and losing at Oakmont 3-6. The 2024 match was even closer but still resulted in a 10-8 victory for Santa Rosa. Oakmont lost 3-6 at Santa Rosa and won 5-4 at home, but actually finished with a +6-point differential because of very close losses. The 2024 match was decided on the last boule of the last end of the last game of the match.



Oakmont Club Chair Steven Payette congratulates Pétanque La Rose Captain Bernard Passemard on Santa Rosa's 2024 victory.

The September 14 match begins at 1 p.m. at "Bekins Field" next to King's Nursery, 1212 13th Street and behind the YMCA in Santa Rosa. The May 20 match begins at 1 p.m. at the Oakmont Pétanque Courts between Berger Center and Umpqua Bank. There are rest rooms available at both locations and spectators are welcome.

PÉTANQUE IN OAKMONT

The club encourages all Oakmonters who may be interested in playing or learning to play pétanque (pay-tonk) to come to the courts between Berger and the OVA offices at 9:45 a.m. on the Club play days of Monday, Wednesday and Saturday. The club has boules to lend while you're learning, and you'll be playing right away.

Progressives Club



■ Ed Biglin

DONATE AND DANCE WITH RELISH

The Oakmont Progressives and the Oakmont Democratic Alliance are having a party! (OK, it's also a fund raiser, to support local and national groups working to elect Progressive candidates in the next election.)

WHEN: Friday, September 12

WHERE: Berger Center

WHAT: Oakmont's own dance band RELISH will play, the dance floor will be open, tables will be set up, and a food truck will be in attendance. Tickets \$25 and must be purchased in advance (www.OakmontProgressives.org). If this is a challenge, contact ebiglin@gmail.com.

DETAILS: Doors open at 5:30 p.m., and the event will start at 6:30. We'll hear about the work of local activists from the groups we're supporting and the upcoming plans of the Progressives and Democratic Alliance. As always, bring the libations of your choice to share, and purchase dinner from the food truck.

WHY: Our members have been asking frequently what we can do to preserve our American democracy? So we want to support effective local and national groups working to foster progressive causes and elect progressive candidates and take back the House.

This event will support two groups, the Working Families Party of the North Bay, and Seed the Vote. Working Families has spread to over 30 states nationally, and nominates progressive candidates in races where no progressive is running, and supports progressive candidates nominated by other parties. Locally, for example, Working Families successfully endorsed Chris Rogers for the Santa Rosa City Council, and Jackie Elward for the City Council in Rohnert Park. Seed the Vote recruits and trains canvassers to travel to battleground states to elect progressive candidates.

Come dance and donate for Democracy with kindred spirits.

Disclaimer: The views and opinions expressed in this article are those of the club and do not reflect the official policy or position of the Oakmont Village Association.

Lawn Bowling

■ Mary Blake

INTERESTED IN LEARNING TO BOWL?

Email us at oakmontlawnbowling@gmail.com. Training is usually about 3 lessons followed by a practice game and membership is \$20 per year.

DAILY DRAW

Daily Draw is Monday through Saturday. Show up at 9:15 a.m. to bowl at 9:30.

OPEN TRIPLES—MONDAY, JULY 28

In the first round of the Open Triples Tournament, we had 6 teams and 3 winning teams.

The winners of the first round were: Jim Krause, Pam Dempsey and Bob Hoffman defeated Steve Pickell, Jane Beauchamp and Chris Williams; David Aiken, Marilyn Garland and Linda Goodwin defeated Jerry Garland, James Chang and Gary Wicket; Denise Lenahan, Janet Johnson, and Barbara Serafin defeated Jim (JB) Brewer, Linda Pickell, and Wilma Rolland.

Jim K's team gets the bye. David and Denise's teams faced each other Friday, August 1 at 9:30 a.m.

In the second round, Denise's team beat David's team.

The final round was a closely fought game but, in the end, Denise's team beat Jim K's team to win the 2025 Open Triples Tournament.

Oakmont Movers and Groovers

■ Denise Lindsey



DUSTIN SAYLOR AND THE STOWAWAYS LIVE

Oakmont Movers and Groovers (OMG) presents Dustin Saylor and The Stowaways Live for a Country Western Night at the Berger.

The group brings high-energy country western sounds you'll feel in your boots! Whether you're two-stepping, line dancing, or just clapping along—this is the party you don't want to miss. Bring your snacks and drinks!

WHEN: Friday, September 5

WHERE: Berger Center, 6633 Oakmont Drive

TIME: Doors open 5 p.m. (social hour); Live music 6:30–8:30 p.m.

TICKETS: Admission for one OMG member is \$25. Members may bring one guest at the member rate. Oakmont residents who are not members can purchase tickets for \$30. If space allows, tickets will be available at the door for \$30.

TABLE RESERVATIONS: Want to enjoy the event with a group? Reserve a table for 4 (limited availability) or 8. Include full payment with your sign-up form, along with the names of those at your table on the back. Pay by cash or check made payable to OMG.

FOOD TRUCK: Casa Nostra Pizza and Pasta

BECOME A MEMBER

This is the perfect time to join! Annual membership dues are \$10. Sign-up sheets are in the folder at the OVA office. Pay by cash or check payable to OMG, and place the envelope marked "Membership" in the mail slot at 303 Belhaven Circle.

Questions? Email: omgclub2025@gmail.com or call (530) 444-0734.



Winners of the Open Triples Tournament: Denise Lenahan, Barbara Serafin, and Janet Johnson.

MEN'S SINGLES TOURNAMENT

In the first round of the Men's Singles Tournament, the winners were Steve Pickell, Kevin Johnson, David Aiken and Gerry Macintosh.

COMING EVENTS

Monday, Sept. 1, 9:30 a.m.: Labor Day Tournament
 Friday, September 18, 9:30 a.m.: to be determined
 Tuesday, September 23, 5 p.m.: End of Summer After 5

To play in tournaments, sign up on-line or on the sign-up sheet on the shed. Be there 15 minutes before start time, wear white (unless otherwise specified), and bring \$3.

EMAIL: oakmontlawnbowling@gmail.com.
 Website: www.oakmontlawnbowling.com.

Bocce Club



■ Mary Piumarta

FUN ON THE COURTS

The August 9 Bocce Tournament was a win for the teams shown below. The games were close resulting in play-offs. To continue the fun, evening Bocce, starting with appetizers, was played later in the week.

A reminder to all players to close the umbrellas at the end of play. There have been a few incidents of umbrellas "blowing in the wind."

If you are interested in joining the Bocce Club submit an application at the OVA office with a \$20 annual dues fee.

To learn the game, come to New Member Orientation on the first Tuesday of the month at 9:30 a.m. The next orientation will be Sept. 2. For more information, contact Pat Paulson at (707) 953-6691.

Plans continue for the Holiday Party on December 13, so put it on your calendar!



Photos by Mary Piumarta.



NEED A RIDE? GIVE A RIDE! OAKMONT VOLUNTEER HELPERS

COORDINATOR

Rides to Medical Appointments

August 16–31 Maggie Schmidt 707-890-1347

September 1–15 Jenny Watts 707-367-2102

We provide the following services to Oakmont Residents:

- Transportation to medical/dental appointments, including pet appointments in Santa Rosa only
- Rides to events and activities within Oakmont
- Meals on Wheels 707-525-0383

If you would like to be a volunteer, please call 539-8996. Donations to Oakmont Volunteer Helpers are appreciated and tax deductible.

Mail your check payable to Oakmont Volunteer Helpers, 6637 Oakmont Dr., Ste. A, Santa Rosa, CA 95409. Thank you.

Mon.–Fri. medical rides before 9 AM or after 4 PM are subject to limited volunteer driver availability. No service on weekends or holidays.

Please call at least three full working days prior to appointment.

We regret that we are unable to provide either wheelchair or emergency service.

HOW TO CONTACT LOCAL OFFICIALS

County Supervisor Rebecca Hermosillo, District 1

Phone (707) 565-2241

Email: rebecca.hermosillo@sonoma-county.org

Address: 575 Administration Drive, Rm. 100A, Santa Rosa 95403

City Councilwoman Dianna MacDonald, District 3

Email: dmacdonald@sccity.org

Address: City Hall, 100 Santa Rosa Ave., Rm. 10, Santa Rosa 95404

OTLC

Oakmont Technology Learning Center

■ Linda Canar

CLASSES FOR FALL SESSION COMING SOON

Registration for classes at the Oakmont Technology Learning Center will open August 25 for our 2025 Fall Session. To see what classes are available and/or register for a class, go to our website at <https://www.oakmonttlc.org>. Before August 25 you will be able to see the classes available, but you will not be able to register.

To see what classes will be offered this fall, select "Classes" from the menu and browse through the listing of classes. When you find a class that you

like, click on the "Details" button and read all the information about this particular class. On August 25, you will be able to use the "Book Now" button to sign up for this class. You will need to enter your credit card information to confirm your participation and complete the check-out process. If you encounter any problems registering, please contact Peggy Clark at (650) 274-4137 or pegnrod@icloud.com.

Some of classes being offered this session include:

- Apple Watch Basics—learn how to use many of the features of your watch.
- Travel Apps—learn about some of the latest apps

that will help you plan and stay safe while traveling.

- Exploring your iPhone or Android phone—learn the basics and more on what your phone can do.
- Free County Library Resources—learn about all the free online information (including books, magazines, websites) that is available with your library card.
- Mac OS X Sequoia—learn what is new with the latest Mac operating system.
- Google Apps—learn about Google's different apps.

If you don't see a class you're looking for, please check back as we will be adding more classes throughout August.

CLASSIFIEDS

BODEN PLUMBING, HEATING AND AIR

For all your plumbing and heating needs. Local plumbers in business since the late 20th century, licensed, bonded and insured. Same day service is often available. Money-saving coupons! CA Lic. #659920. Please call (707) 996-8683 or go to www.BodenPlumbing.com.

BABE'S TRANSPORT

A personal transportation service for airports, cruises and vacations, doctor visits, shopping and so much more. Flat fee per trip. Larger vehicles on request. All drivers Covid vaccinated. Commercially licensed and insured. TCP #40474. Call Babe's for reservations at (707) 545-2850.

ELECTRICAL CONTRACTOR

For all your electrical needs, including rewiring, troubleshooting, generators, panel upgrade, lighting, EV chargers, security/landscape lighting. Available 24/7. Lic. #461220. Free estimates. Call (707) 690-2541. Visit www.begintobuild.com.

GARAGE DOOR SERVICES

Locally owned and operated Dependable Doors offers full servicing, repair, and replacement of garage doors and motors. Call Casey at (707) 775-8009 for all of your garage door needs. Lic. #1016951.

DOORS AND WINDOWS

Consultive sales and installation. Local suppliers. Father and son team, 30 years of experience. Lic. #527924. www.doorbeautiful.com. Call (707) 539-3196.

ONE WAY PLUMBING, INC.

Dependable experts serving you and your neighbors with excellence and integrity for over 20 years. Licensed, bonded and insured. Senior discounts available. CA Lic. #854537. Find us on the web at www.onewayplumb.net or call us at 537-1308 for all your plumbing needs.

AIR CONDITIONING REPAIR

Heating, Cooling, service and repair. Serving Sonoma Valley. Call Vince Parish at Ridgeback Mechanical, (707) 666-5056.

YOUR PERSONAL CAREGIVER AND ADVOCATE

Available 24/7 or hourly, nights, long-term or short-term. 20+ yrs. experience providing honest, reliable, dedicated, competent, compassionate care, with a sense of humor. Native CA, clear background check with fingerprinting. Specialize in Dementia. Starla, (925) 698-6312. References and website. Not an agency.

TONY'S GARDENING SERVICES

General landscape, mowing, yard maintenance (free fertilizer included, so your grass and plants can be greener than ever), high weed clearance. Clean-up, hauling, trimming, pruning and gutters. Free estimates. Ref. available. Tony Sandoval, (707) 321-2958.

REPAIRS PILING UP? CALL RAY

No job too big or too small. Heating, water heaters, plumbing, electrical, drywall, patching, painting, appliance repairs, honey do's, etc. Quality and affordable. Ray, (707) 280-2699.

MARTHA L PROFESSIONAL HOUSE CLEANING

Home, office, move-outs. Window, bed linens and much more. 19+ years of experience. References upon request. 548-9482 or marthal1041@att.net.

CARPET, UPHOLSTERY AND TILE CLEANING

Gavin Anderson, local Sonoma resident. 20+ years experience. Senior pricing. Free estimates. Call 935-6334.

HANDYMAN RESIDENT

Ask for Ricky, a personable "Jack of all Trades" with great attention to detail. I meet your quality goals and prioritize Oakmont residents. Let's discuss the work and its cost. (408) 838-5618.

MASSAGE THERAPY

BY BRITTANY KOOP

We moved to 4000 Montgomery Drive. Please call (707) 849-3915 to book an appointment. 20% off for Oakmont residents.

CHRISTO TRANSPORTATION

Based in Oakmont, available for airport transport at competitive prices. Commercially insured with TCP 32055. Call Chris, (707) 205-8109.

TREE TRIMMING

Pruning, trimming, hedges, mowing. Fruit trees, stump grinding. Pressure washing. Over 20 yrs. of experience. Free estimates. Now accept credit cards. Visit website: ajardservice.com. Call Alex, (707) 322-1646. Lic. #06530716.

THE VINE LANDSCAPING

Professional fruit tree and rose pruning, ornamentals. All aspects of general landscaping. One time or monthly service. Older experienced gardener. Call (707) 252-3138 or (707) 338-1807.

HAVING TROUBLE GETTING YOUR GARBAGE TO THE CURB FOR PICK-UP?

I can come to your home to put your trash receptacle to the curb Wednesday afternoon, and bring it back on Thursday afternoon. Call Dan Lennox, (707) 889-0205.

FOR ALL YOUR PAINTING NEEDS

Quality affordable work at reasonable rates. Interior painting including rooms, cabinets, railings, decks, fencing. Pressure washing and more. Call Michelle, (707) 378-3600.

VALLEY OF THE MOON

PLUMBING
We are a local plumbing company that can take care of all your plumbing needs from service and repair, to remodels and additions. Call today to schedule a free estimate. (707) 800-2043.

ERIC WILSON, REMODELING SPECIALISTS

Kitchens, baths, rehabs, decks, patios, roofing, plumbing, electrical, insulation. Fire and water damage repair. Quality service, reasonable rates. Proudly serving locally for over 30 years. Free estimates. Lic. #669482. Visit our website: www.specialtyimprovementsunlimited.com. Call today, (707) 328-3555.

PRIVATE CAREGIVER

Certified CNA. 25 years of experience. Compassionate and professional. I am committed to delivering quality, individualized care with a focus on comfort, dignity, and well-being. Specialize in Parkinson's and Dementia Care. References available. Enrique, (707) 319-5353, email: epcaparas@gmail.com.

SONOMA VALLEY LEGAL SERVICES

Providing legal services for Estate Planning, including preparation or amendment of wills, trust, healthcare directives and powers of attorney. Family Law Mediation and other non-litigation family law services. Call for a free 30-min. consultation. Attorney Bailey Penzotti, (707) 203-2247.

PETERSON PRESSURE WASHING

Located in Santa Rosa, a locally-based pressure washing company. Servicing Sonoma and Marin County. Driveway cleaning, house washing, roof washing, and more, Anthony Peterson, (707) 481-5205 or Email petersonpressurewashingppw@gmail.com. Website: petersonpressurewashing.com.

COMPASSIONATE PERSONAL ASSISTANT/COMPANION

Errands, food prep., pet care, light housekeeping, companionship. Also, soothing professional Celtic Harp and Music for Special Occasions. 40 yrs. exp. References. Call or text Jewel at (503) 487-7338. Oakmont resident.

YOUR FRIENDLY HANDYMAN

Oakmont's trusted resource for carpentry, drywall, electrical, plumbing, installation and assembly. Fair hourly rate. Call (707) 881-7292. Website: www.thehandylance.com.

BEST DOG WALKER IN OAKMONT

Excellent references. Loving, patient and dependable, your fur baby will love me! \$25 per responsible, attentive walk. Please call or text Annette, (619) 993-6834. I'm looking forward to meeting you and your dog.

ARE YOU OVERWHELMED WITH CLUTTER IN AND AROUND YOUR HOME?

Looking for space saving tips and tricks for areas for your home that need some TLC? Or long-term effective solutions for bigger organizational projects? Let me help implement Flow, Freedom and Functionality in your space(s). Melanie L. Elliott, Peace Of Mind Organizing, (707) 591-1450. Website: www.organizewithpom.com.

FOR RENT: 1-YEAR LEASE

Remodeled Oakmont beauty, 2 BR, 2BA, office ++. Fully furnished or not. \$4,500 mo. Call (707) 346-1928.

OAKMONT'S PAINTING SERVICES

29 years in Oakmont. Many Oakmont references. Great work at fair prices. License #1108640. Bonded and Insured. (707) 528-8222 or email OakmontsPainting@gmail.com.

To place an ad, contact: CJM Productions, 2105 Longhorn Circle, Santa Rosa, CA 95401 • (707) 206-1957 • cjmprod567@gmail.com

Silver Guys of Oakmont



■D. Hall

FALL POTLUCK AT EAST REC. CENTER

Silver Guys of Oakmont and their invited guests will stage a Fall potluck on Sunday, September 7. It's at the East Rec. Center from 2-5pm. As usual, bring food and beverage to share. Silver Guys of Oakmont provides an opportunity for Oakmont gay men and their invited friends to enjoy non-political, social gatherings. All men in Oakmont are invited to attend.

Oakmont Singles Social Club



■Bailey Penzotti

SEPTEMBER MIXER—WE BOWLING!

DATE AND TIME: Friday, September 19, 6 p.m.

WHERE: East Rec. Center

Did you know that bowling originated in ancient Egypt, was once banned in England to encourage archery and has been linked to religious rituals? Me neither. This month, one or more members of the Wii Bowling Oakmont Lane Club will teach us how to play Wii Bowling. After a quick lesson, you'll have a chance to play a couple of sets. No bowling ball or shoes required.

With your attendance, please bring an appetizer or dessert to share, and your beverage of choice. RSVP via our website, www.oakmontsinglessocialclub.org by September 15 at 5 p.m. If no computer or ability to register using your smart phone, feel free to email Kat at KAT9433@icloud.com or Bailey at bailey.osc1@gmail.com.

SEPTEMBER BON APPETIT (OSSC MEMBERS ONLY)

WHEN: Thursday, September 4. Meet at the Berger Center Parking Lot at 5:15 p.m. to carpool to the restaurant.

RESTAURANT: Hopmonk, Sebastopol, 230 Petaluma Ave, Sebastopol, CA 95472

This location is the original Hopmonk Tavern in a rustic 120-year-old stone and timber tavern with an outdoor beer garden and Abby for live music! Hopmonk serves typical tavern fare such as chicken wings, cheeseburgers (meat and veggie), fish and chips, tacos, southwest chicken salad and more.

Reservation is for 20. Bring cash because the restaurant will not provide separate checks! Reservation cutoff is September 1. RSVP on our website at www.oakmontsinglessocialclub.org or email Simone Smith, ssmith8151@aol.com.

DO YOU LIVE IN OAKMONT? ARE YOU SINGLE?

If so, join our club to mix and mingle with other Singles. Oakmont Singles Club offers the opportunity to network with other singles who may have your same interests as you. For more Oakmont Singles Social Club membership visit our website at www.oakmontsinglessocialclub.org.

Oakmont Cat Care Coop



■Mary Ellen King

NEED CARE FOR KITTY WHILE YOU ARE AWAY?

Join the Oakmont Cat Care Coop and share the care! For Oakmont residents only. Active participation for over 15 years.

For information and to get on the list contact me at (707) 849-1581.

Oakmont Garden Club



■Patty McHugh

MAKE AN OLIVE TREE BONSAI WORKSHOP

WHEN: September 10, 9:30 a.m. social, 10-11 a.m. program

WHERE: East Rec Facility, 7902 Oakmont Drive

Have you ever wanted a bonsai? This is your chance to learn how to create your own.

This workshop will be directed by Garth Hokanson, bonsai artist, horticulturist and retired long-time SRJC horticulture professor. Garth will assist members in creating their own bonsai olive tree. At the end of the program, you will take your masterpiece home to enjoy for yourself or to gift to a good friend—it will be a living treasure for many years. Olives are easy to maintain, grow fairly slowly and, if you forget to water, forgiving.

The program should take 45–60 minutes. Bring a small box to carry the 6" potted tree home, or possibly a plastic bag. Bonsai Care flyers will be available with instructions on how to care for and maintain your tree.

Everything will be provided, including trees, pots, wire and soil, at no charge to current paid members. If you're not a member and want to participate in this fun activity, simply join the Garden Club at this meeting. Annual dues are just \$15 per household and will give you membership through 2026.

Garth has favored us with several very popular presentations on a variety of plant topics. This is one you won't want to miss!

UPCOMING 2025 PROGRAMS

October 8: Radical Root Care—Growing strong, healthy trees and shrubs, presented by Curtis Short, ISA Certified Arborist. In this program we will take an in-depth look at roots and the ways we harm them with poor planting practices.

November 12: Container Gardening, presented by Sonoma County Master Gardener Nancy Crevaling. This program will cover the benefits of container gardening, containers, plants that grow well in containers, and the best way to plant and maintain them.

Domino Club



■Brian Huckins

MIX THOSE DOMINOS

The Oakmont Domino Club meets every Thursday at 9:30 a.m. in the Central Activity Center Card Room.

We play the Popular Five-up Game (more commonly referred to as the San Francisco Five-up Game). It's easy!

Looking for players of all abilities to join. Lessons are available. Please contact me at (415) 602-9083 or bvhuckins@gmail.com.

Oakmont Grief Support

■Candace English, Facilitator

OPEN FOR NEW MEMBERS

Oakmont Grief Support is a community which extends help and understanding to those who have suffered the loss of a loved one. We meet every Monday at 9:30 a.m. in Suite B of the Oakmont administration offices, where we share and listen to personal accounts of what we have experienced.

We've learned that profound grief is a natural result of having loved and created a life together with partners, children, family and friends—a life that is now forever changed. We are ready to embrace your truth, regardless of where you are on your journey of living a new reality without that special person.

I am an Oakmont resident and trained grief therapist with 25 years of experience. What is shared in our circle remains confidential. Please join us. We are here for each other, and here for you.

For more information, contact me at (707) 484-2553 or cnenglish2015@gmail.com.

Oakmont Grief Support is a subgroup of Oakmont Volunteer Helpers.

New to Oakmont?

Meet with a volunteer from the New Resident Welcome Committee to learn about everything Oakmont—from governing rules, important phone numbers, activities, services, facilities and emergency prep.

Contact us at welcome@oakmontvillage.com. The Welcome Packet is available at oakmontvillage.com/article/new-resident-welcome-packet.



Valley of the Moon Rotary Club

■Star Power

WHAT IS ROTARY?

The other day I overheard someone say, "Rotary is for business people to network." That was true in 1905, but Rotary has changed tremendously since then.

The first Rotary meeting was held back in 1905, when a business man named Paul Harris, a Chicago attorney, sought to recreate the camaraderie he experienced in small towns within the bustling city. He envisioned a club where professionals (at that time, only men were allowed to join) from diverse backgrounds could connect, form friendships, and contribute to their communities. The idea evolved throughout the years, but women were not inducted into Rotary until 1987. The rest is history.

But perhaps the history that you're not aware of is interesting, so I'll continue. In the early 1920s, Rotary International was established to expand globally. In 1979, the World Health Organization and Rotary International partnered to launch the Expanded Program on Immunization (EPI) and by 1985 Rotary

committed to global polio eradication, launching what is now called PolioPlus which has been highly successful.

Rotary's motto became "Service Above Self," a commitment to selfless service and includes community service and addressing global challenges. But, that's not all. Rotary clubs everywhere promote fellowship, diversity and international understanding.

Plus, Rotarians have fun! Rotary club meetings are made up of many segments in their one-hour meetings. There might be jokes, singing, or personal stories of interest from their members, along with the business of the day. Rotarians are always looking for ways to help others in our community and the world, which is a great challenge and leads to members getting together to exchange ideas.

Want to know more? Drop in at the East Rec. most Thursday mornings a bit before 8 a.m. for a cup of coffee, donut and chat with us.



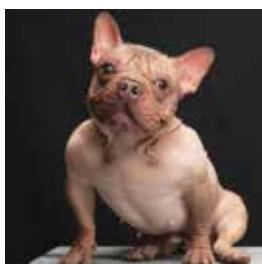
■ Steve Huntley

Canine Club



AND THE WINNER IS ...

Just a little over two weeks ago, the World's Ugliest Dog Contest was held at our very own Sonoma County Fairgrounds. The winner is Petunia, a 2-year-old hairless English-French bulldog mix, and a rescue. As stated in the August 9 *New York Times* article, she arrived in Santa Rosa, "not as a polished show dog but as herself ... the missing fur, the misaligned teeth, the eyes that wander in different directions—they are not flaws, but badges of honor." So sweet!



Petunia.

The Oakmont Canine Club does not discriminate between beauty and ugly. In fact, ugly is really just a beautiful version of cute! So, regardless of whether you or your dog is beautiful, cute, or just plain ugly, we welcome you to join the club.

Becoming an Oakmont Canine Club member is easy! Just download a membership application

from the club's website at www.oakmontcanineclub.org or grab one from the Canine Club folder in the OVA office. Annual membership is only \$12 for individuals and \$20 for households. Benefits include Peri's weekly newsletter, an annual club picnic, annual members' appreciation party at the Wild Oak Saddle Club, and various social events throughout the year.

Next up at the Happy Tails Dog Park: Mixed Breed/Rescue Play Date—Saturday, August 30, 10 a.m.–noon (for dogs 35 lbs. or less). A reminder that the small dog play time hours at the dog park changed on May 1. The dog park is now reserved for small dogs, 25 lbs. or less, for 1 hour each day from 9–10 a.m.

And, coming up in just a few days is National Dog Day (August 26). This day is dedicated to celebrating all dogs, promoting dog ownership, and raising awareness about the importance of adoption and rescue efforts.



Rufus.



Toxic Waste Collection

■ OVA Staff

**TUESDAY, SEPTEMBER 9, 2–7 PM
AT WEST REC.**

LIMITS: 15 gallons of liquid (with a maximum of five gallons per container) or 125 pounds of solid material. Never mix chemicals. Place in sealed containers in the trunk, packed to prevent spills. Syringes/needles must be in sealed, approved Sharps containers.

NOT ACCEPTED: Explosives or ammunition, radioactive materials, biological waste (except syringes), TVs, computer monitors and other electronics and business waste.

Online appointments are available. To sign up, visit zerowastesonomahhwevent.as.me/Oakmont.

You can also call (707) 364-6927 to schedule an appointment. Only 100 appointments available—first-come, first-served

■ Michael James

A MAN OF MANY MUSICAL TALENTS

Wednesday, September 3 will be a good day to put on your calendar because Steven Radice will be performing, and he is a gifted musician! If you have lived in Oakmont for even a short time you would have seen him perform at the Berger Center for many events. Singer and multi-instrumentalist Steven Radice has been a performing musician for 50 years, playing venues from Cape Breton Island to San Diego.

To Steven, performing music is a service for whatever the situation requires. It could be a cowboy show one

Jazz Club Classes

day, and a Hawaiian Luau the next. Currently he is active in the Gold Coast Jazz Band, a traditional jazz ensemble; Swing Fling, a swing-based string band; Sweet Jammies, a vocal harmony group; and the assorted musical hats that he'll wear wherever the gig is. His website is <http://www.sonomabands.com>.

Steven has been an Oakmont resident for 12 years.

For the first hour, at 2 p.m., Steven will entertain us with at least two of his favorite guitars, a ukulele, and a 100-year-old tenor banjo to highlight the different ways music can be presented. For the second hour, at 3 p.m.,

there will be an interactive workshop/jam where he will take popular songs from varied sources, decades, and styles that we can interpret in ways that may be adventurous for players who have a little challenge stepping "out of the box."

Be sure to bring your instruments to participate in this fun-filled presentation! You can stay for the second hour, even if you don't have an instrument. I can guarantee that it will be educational and entertaining.



Steven Radice.

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