

OAKMONT NEWS

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Governing Documents Committee Announces Town Hall

■John McCarthy, Governing Documents Committee

The Governing Documents Committee (GDC), tasked with recommending possible changes to Oakmont's bylaws and CC&Rs, will hold a kick-off Town Hall on Tuesday, October 7, 1–3 p.m. at the Berger. This event will be the first of several opportunities to talk about potential changes to OVA's Bylaws and CC&Rs before

any community votes. The October Town Hall will be broadcast on Zoom live and posted on the GDC page at oakmontvillage.com/gdc.

GDC is an ad-hoc committee that was formed by the Oakmont Board of Directors to help review

See **GOVERNING DOCUMENTS** on page 3

Evacuation Shelter Training

■Katy Carrel, Meet Your Neighbors Co-Chair

Meet Your Neighbors and Christel Antone, OVA General Manager, have been working with the American Red Cross so that in the event of a large disaster affecting Oakmont (like a big earthquake), any one of Oakmont's three rec centers (East, West and Berger) could be set up as a Red Cross shelter.

If there were a large disaster, the County and City would take precedence in establishing the guidelines for where and how shelters are set up. They work with the Red Cross. If Oakmont was deemed the best location, the Red Cross would establish whatever support services were necessary (cots, food, administrative, etc.).

Volunteer workers are needed to make all this happen. There are two volunteer worker training classes available in September.

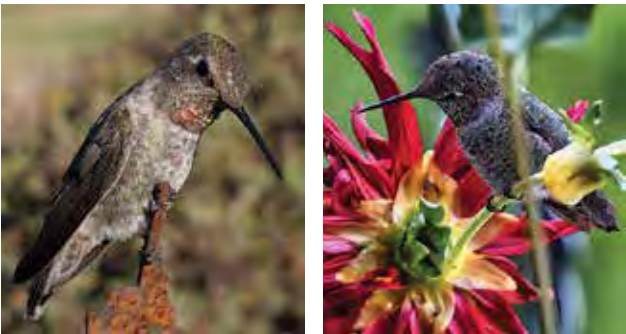
The American Red Cross is hosting a shelter worker

training and simulation on Sunday, September 14, 11 a.m.–4:30 p.m. at the Santa Rosa office at 5297 Aero Drive (near the airport). Volunteers are taught registration/check-in, setting up cots, food prep guidelines, etc. Oakmont residents are welcome to attend. The class is about an hour followed by a hands-on simulation of roles volunteers perform in a shelter operation. There is no cost and lunch will be provided.

On Wednesday, September 17, there will be another shelter worker training and simulation held in Oakmont at the East Rec. from 10 a.m.–3:30 p.m. Lunch will also be provided.

If interested in either class, email Oakmont resident and Red Cross volunteer, Bill Dorman at bill.dorman2@redcross.org. Other questions, you can email me at myn@oakmontvillage.com.

Hummingbirds in Action



Photos by Oakmonters Justin Frauenhofer and Paul Roque.

Electronic Voting Coming to OVA in 2026

■News Staff

Beginning with the April 2026 election, Oakmont Village Association members will have the option to vote electronically. This new feature will provide a convenient and secure alternative to the traditional paper ballot.

Electronic voting will be conducted through Pro Elections, a third-party provider that serves as OVA's Inspector of Elections. The system is fully compliant with California Civil Code, ensuring that electronic votes are handled with the same integrity and confidentiality as mailed ballots.

Participation in electronic voting will be voluntary. Members who choose not to opt in will continue to receive a paper ballot by mail.

The Association will share details in the coming months about how to sign up for electronic voting. In the meantime, members can look forward to an option that offers faster ballot delivery, added convenience, and the assurance of secure vote handling.

OVA Exploring Alternatives to Shuttle Bus Route 16

■Christel Anthone, OVA General Manager

Oakmont's Shuttle Bus Route 16 has long provided residents with transportation around the community and scheduled shopping trips throughout the week. However, maintaining this service comes at a significant cost to the Association. Currently, the bus costs OVA about \$100,000 annually, and that figure is set to rise to a minimum of \$117,000 in 2026.

With ridership remaining low and expenses increasing, we are actively researching more cost-effective alternatives that can still meet residents' transportation needs. The goal is to ensure reliable mobility options while being fiscally responsible with community funds.

As this process unfolds, we will keep residents updated on its findings and any proposed changes to the current system.

At the Health Fair

Oakmonters had an opportunity to visit more than a dozen exhibitors and hear health presentations from six physicians and healthcare professionals at the Health and Wellness Fair on August 22. The event was sponsored by the Oakmont Community Foundation and also included blood pressure and glucose screenings provided by Providence's Mobile Health Clinic. The Foundation provides grants to eligible Oakmont clubs and groups for projects that are educational and charitable. To learn more about applying for a grant, visit www.oakmontcommunityfoundation.org.

Photos by Julie Kiil.



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OVA Presents: Comedy Game Night with David Studebaker

■OVA Staff

Get ready for an evening of belly laughs, friendly competition, and unforgettable fun—Comedy Game Night is coming to Oakmont. Join us on Thursday, September 18 from 6–8 p.m. at the Berger Center for a one-of-a-kind interactive comedy experience hosted by award-winning comedian David Studebaker. Doors open at 5:30 p.m. Tickets are \$30 and can be purchased at the OVA Office.

Named one of the “10 Best Comics to Watch” by *SF Weekly*, David Studebaker brings a blend of music, personal stories, and pop culture to the stage. Known for his uplifting, high-energy performances, Studebaker has been featured on Sirius XM Radio, Dry Bar Comedy, Fox, ABC, and the *San Francisco Chronicle*, among others. He’s also the creative force behind the hit docu-series “David’s Ark” and author of the laugh-out-loud mystery novel *Lone Star Lance*.

Comedy Game Night is Studebaker’s hilarious and interactive take on classic game shows like Family Feud and The Newlywed Game, complete with audience participation, prizes, and plenty of laughter. Whether you’re on stage or cheering from the sidelines, you’ll be part of the fun from start to finish.

GOVERNING DOCUMENTS Continued from page 1

and suggest modifications to Oakmont’s governing documents, with the goal of ensuring they remain legally compliant and aligned with the evolving needs and values of our community.

Gathering community input is crucial prior to any vote to change our governing documents. At the October Town Hall, GDC members will give a brief overview of what Oakmont’s governing documents are, how they affect you as a resident, and the reasons why the OVA Board is interested in changing and updating them. This Town Hall will also include an open forum to give community members an opportunity to share questions, comments, concerns and ideas. All feedback will help the GDC formulate their recommendations to the Board about proposed changes to the governing documents.

In addition, the GDC will hold a series of Fireside Chats at OVA’s facilities and at Oakmont Gardens to share information and receive feedback from the community as the process develops. Dates to be announced soon.

Residents are also encouraged to share questions or feedback at the OVA office, or by emailing the GDC at gdc@oakmontvillage.com.

Check for GDC-related updates and FAQs at oakmontvillage.com/gdc and in *Oakmont News*.

Children’s Pool Hours Policy Revision

■Oakmont Village Association

Approved in concept is the revised Children’s Pool Hours Policy as recommended by the Board of Directors is posted on the Berger bulletin board, the Oakmont Village website (www.oakmontvillage.com), and available in the OVA office to allow 28-day review by members of the Association, according to Civil Code 4360.

The approved changes are as follows:

Children (17 years of age or younger) are allowed to access the central Pool when accompanied by an Oakmont resident or an adult 18 years or older with a valid guest card every day of the year between the hours of 11 a.m. and 2 p.m. A change is made to the special hours specified in the current policy for children’s access between Saturday of Memorial Day Weekend through Labor Day Monday (with hours of 11 a.m. to 4 p.m.)

Children of members and guests may use other poolside amenities at Central Pool ONLY (patios, tables, chairs, games, bathrooms, dressing rooms) during adult hours without further time restriction.

Please visit the Oakmont Village website to see full policy and change.



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Lifelong Learning



■Marlena Tremont

Classes start next week!

TELEVISION IN THE MOVIES

Instructor: Terry Ebinger

Mondays, Sept. 15, 22, 29 and Oct. 6, 2–5 p.m.
(early start)

4-week session. Cost: \$95 or \$71.25 with discount

Explore four movies that capture, critique and celebrate television: *Network*, *Broadcast News*, *Wag the Dog*, and *The Truman Show*.



UNDERSTANDING AGING:
RESEARCH FROM BUCK INSTITUTE

Instructors: Various instructors and topics

Wednesdays, Sept. 17, 24, Oct. 1 and 8, 3–5 p.m.

4-week session. Cost: \$65 or \$48.75 with discount



Four postdoctoral research scholars discuss Microbes, Diet and Aging, Healthy Aging and Fueling Immunity.

OPEN YOUR EYES WITH
NATURE JOURNALING

Instructor: Marley Pfeifer

Thursdays, Sept. 18, 25, Oct. 2 and 9, 3–5 p.m.

4-week session. Cost: \$70 or \$52.50 with discount,
plus \$60 for materials

Class limited to 24. Online registration only.

Learn the skills of the greatest naturalists using pencils, ink, and watercolor to observe and sketch plants and landscapes near Oakmont.

THE POLITICS OF CULTURE: THE ONGOING
STRUGGLE TO DEFINE AMERICA

Instructor: Les Adler

Mondays, Oct. 13, 20 and 27, 3–5 p.m.

3-week session. Cost: \$45 or \$33.75 with discount

“America First,” “The Deep State,” “Alternative Facts,” “MAGA,” “Identity Politics,” “Cancel Culture,” “Wokeness,” “DEI.” Explore the significance of the many battle cries in America’s long and contentious struggle to define itself.

ART IN AMERICA: 1500–1900

Instructor: Craig Griffeth

Thursdays, Oct. 16, 23, 30 and Nov. 6, 3–5 p.m.

East Rec., 4-week session. Cost: \$65 or \$48.75
with discount

Explore 400 years of American promise and progress through the works of painters, sculptors and architects from the first New World settlements to the Gilded Age of the Robber Barons, to the turn of the 20th century.

Purchase multiple classes for the same person at the same time and save 25% off the total! Register at OakmontLL.org, complete a flyer in the OVA office or pay at the door (except Journaling).



WEDNESDAY HAPPY HOUR

Hosted by Larry Burns

1:00 - 5:00

2 for \$20 Cocktail & Bar Snacks Menu

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Oakmont Ukesters



■Rebecca Gilbert

LEARN TO PLAY UKELELE

The Ukesters of Oakmont is offering a six-week course to any Oakmont resident. This is a great opportunity for you to learn to play the ukulele and sing along as an added bonus. The ukulele is one of the most popular instruments in America and easy to learn.

It is also great for seniors for these 10 reasons: 1. Improves hand-eye coordination. 2. Reduces stress and anxiety. 3. Boosts brain function. 4. Promotes social connection. 5. Enhances creativity. 6. Boosts mood and self-esteem. 7. Offers a low-cost hobby. 8. Can be done anywhere. 9. Fosters a lifelong love of music. 10. Improves self-discipline.

The added benefit following class participation is to become involved with Ukesters weekly practice sessions, regular performances at Oakmont Gardens and other local social events such as Grandparents’ Week.

WHEN: Fridays, September 5, 12, 19, 26, October 3 and 10

TIME: 11 a.m.–noon LOCATION: OVA, Suite B

COST: \$5 for printed materials

WHAT TO BRING: Ukulele and music stand

CONTACT: Rebecca Gilbert, (949) 887-0925

Pickleball Corner



■Doc Savarese

MY NEW NORMAL

Having recently turned 83 this past July, a friend asked me what were the changes I’m experiencing. Reflecting about this question, I’ve come up with the following responses:

1. I wake up each morning feeling like a box of Rice Krispies: snap, crackle and pop.

2. I realize that I am not Atlas and the world does not rest on my shoulders.

3. It takes me about 15 minutes to put braces on most of my joints before playing pickleball (Dick Hirsch and I are hoping for a full body suit in the near future).

4. It is better to drop the ego rather than break relationships. With relationships, I will never be alone.

5. I reduce bargaining realizing a few pennies more will not break me. Even my tipping has improved.

6. I no longer bother about a spot on my shirt (although my wife still does).

7. I’ve improved in remaining calm during competitive situations, finally using my Gestalt training, staying in the present rather than the past or future tenses.

8. I try to live each day as if it is the last (after all it might be).

9. I’ve gotten better at not correcting people even when I know that they are wrong.

10. I am learning to be myself and not trying to be what others expect.

11. I’m ok with not remembering what I had for dinner last night.

12. I’m glad to be here. In fact, I’m glad to be anywhere.

In conclusion, I’m grateful that it took me so long to arrive at this juncture.

Pickleball at Oakmont is for Oakmont residents and their guests only! New Player Orientation: 9 a.m. Tuesday mornings. Contact Victoria Dettman, (707) 230-2958. Call Jim Howard at (209) 761-8517 for demo loaner.

Visit our website: <https://oakmontpickleballclub.com>.

Editor’s Note: The Pickleball article in the Aug. 23 issue of the Oakmont News was authored by Doc Savarese.



Graphic by Peter Copen.

Oakmont Men’s Group

■Gordon Freedman

FORMING A SECOND SUPPORT GROUP

Oakmont Men’s Group is organizing a new group for men interested in exploring aging issues with other men in a bi-weekly group meeting. Potential problems of you or your spouse/partner’s health physical as well as mental challenges, loss of mate, and other changes and other challenges in our senior years are all issues we discuss. If you are lacking a forum to discuss men’s issues with other men in a safe and confidential place, we are taking names for a second group

Our present group meets twice a month for two hours on the first and third Mondays from 1–3 p.m. to help and support the members of our group that would like to share their issues and receive feedback. There are no attendance requirements, dues or fees.

Our group is non-religious and non-political. Oakmont Men’s Group began in September of 2011 as a support group for men in Oakmont. The group is open to all men in Oakmont married, single, straight or gay.

Our founder has had 10 years of experience with the Marin Suicide Hot Line as well as three years as a facilitator with the Center of Attitudinal Healing in Sausalito working with health issues for the individual or spouse/partner.

If interested, please call me at (415) 971-1233 or e-mail at: gordonfreedman36@yahoo.com to discuss your joining our new group.

InvestOAK



■Joseph Pundyk

SEPTEMBER MEETING INVITATION

On August 22, U.S. stock markets reached new highs after Federal Reserve Chairman Jerome Powell announced at the annual Jackson Conference that the prime rate will be lowered in September. Since April 9, the markets have risen more than 30%, supported by strong corporate earnings and steady consumer spending. The Dow and S&P both set records on August 22. Tariffs are also expected to reduce the federal deficit by an estimated \$300 billion this year.

This month’s InvestOAK session will highlight two areas:

1. Cyber Currencies, Artificial Intelligence, and Semiconductors—Power Implications. Rapid growth in crypto currency, AI computing, and semiconductor manufacturing is creating significant new demand for power. The session will review developments in energy and power generation and their role in supporting innovation and growth.

2. Monthly Market Report. We will review the latest market performance, recent Federal Reserve policy actions, and current economic drivers. The discussion will consider what these developments may mean for portfolios moving forward.

This session will connect technology trends with their impact on energy and markets, offering timely insights for investors.

Please join the next InvestOAK meeting for a lively discussion on Friday, September 19 from 10–11:30 a.m. in the Birch Room at the Central Activity Center.

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Firewise Regulation of Zone 0-5 is Coming to Your Neighborhood

■Iris Harrell, Firewise Task Force Chair

Oakmont homeowners like other Californians are currently struggling with getting home insurance renewal. Multiple Sub-HOAs in Oakmont have lost their group insurance this year and more may be expected to come. Many individual Oakmont homeowners have lost their home insurance company renewal offers without any recourse to stay with the insurance company that has served them for decades without question.

A tremendous amount of money from numerous large California firestorms in the last few years have made insurance companies become financially strained. These companies are now trying desperately to find ways to reduce their risk of loss by requiring more restrictions from their homeowners before offering a home insurance renewal.

Insurance companies lean on insurance underwriters’ new guidelines and wildfire resistant certifications (Example: IBHS and Safer from Wildfires) as the standards they are now requiring of homeowners with very few exceptions. All three of these organizations (IBHS, Safer from Wildfires, Verisk) are requiring nothing combustible in the 0-to-5-foot zone on all sides

of the home, including grass, vegetation of any kind, wooden trellises, or wooden fences.

Other home hardening requirements that insurance companies are listing are:

- Fire-resistant house vents of any kind must have only 1/8-inch wire openings
- Metal gutter guards
- 6 inches of non-combustible material vertical clearance from the ground

While this is shocking news to many homeowners, whatever needs to be done to obtain having home insurance is a “must” for any home with a mortgage. For those who have no mortgage, it will be very difficult to get home insurance without meeting these same standards.

There are some homes in Oakmont that have already complied with the above insurance underwriter guidelines and done so in an attractive manner. The Oakmont Firewise Task Force along with the Oakmont Environmental Task Force will be co-sponsoring an Oakmont Home Tour next spring to show that these adjustments can be met while still being attractive and environmentally friendly.

This article is provided by the Oakmont Firewise Task Force for educational purposes only. OVA and the Task Force do not set or enforce insurance requirements. Insurance standards may change, and requirements can vary depending on your carrier. Please consult your insurance provider and the California Department of Insurance for the most current information.

Community Action to Reduce Waste

■Lesli Lee, Oakmont Environmental Stewardship Task Force

SAVE THE DATE: MONDAY, OCT. 13, 3–5 PM, UPPER WEST REC CENTER

Oakmont residents are invited to an educational event, Community Action to Reduce Waste, presented in partnership with Recology Sonoma-Marín. This session will cover waste management, recycling, and resource conservation, and will include a presentation from our new Recology representative.

Attendees will have the opportunity to ask questions, learn from experts, share ideas, and explore practical ways to reduce waste. The event also offers a chance to connect with neighbors who share an interest in sustainability and to discover solutions for creating a greener future.

More details will be shared soon.

Sign Up for Vaccine Clinic

■OVA Staff

The new 2025-26 COVID vaccine will be available at Oakmont’s fall clinics on Thursday, Sept. 30 and Oct. 16. The clinic will also offer 2025-26 Flu, RSV and pneumonia vaccines.

There is currently appointment availability on both clinic dates.

You can make an appointment at www.safeway.com/vaccinations/group-clinic/OakmontSR2025.

Please bring your medical and prescription card to the clinic and a printed consent form available to download online when you book your appointment. Otherwise, copies of the consent forms will be available at the clinic, or you can also download it from the OVA website at oakmontvillage.com/article/informed-consent-for-immunization.

The 2025-26 COVID vaccine has been updated to target new variants of the virus.

Safeway is unable to bill for Kaiser members. If you are a Kaiser member, please contact your provider.



■Khiana Schmuhl, VOM Golf Club

September has arrived, bringing new events, updates, and fall favorites your way!

DINING AT OAK

OAK restaurant is pleased to welcome Chef Frederick H. Nesbitt III as its new Executive Chef. Born in San Mateo and raised on the San Francisco Peninsula, Chef Nesbitt graduated from the California Culinary Academy in 2003 and has since built an impressive career spanning more than two decades.

He has owned both a catering company and a restaurant, and has served as Personal Chef to clients including Charles and Catherine Schwab at the Helman Mansion in San Francisco, the late John Madden, Hugh Hefner, Steve Young, Alex Spanos, and members of the Marley family.



Chef Frederick H. Nesbitt III.

Most recently, Chef Nesbitt held positions as Executive Chef at Crystal Springs Golf Course and Executive Sous Chef at the Olympic Club in San Francisco. His extensive culinary expertise and leadership are a welcome addition to OAK.

Reservations: Contact Food and Beverage Director Katy Moranda at kmoranda@playvom.com or call (707) 539-0415 ext. 2.

Note: An 18% gratuity will be added to all parties of five or more, regardless of split checks. Maximum four split checks per table.

September Live Music at OAK:

September 22: Eddie & The Fog Band

September 29: Fargo Brothers

Doors open at 4 p.m. \$10 cash cover charge at the door.

For reservations, contact Katy Moranda at kmoranda@playvom.com or call (707) 539-0415 ext. 2.

Music on the Green: Sunday, September 14. Enjoy live music from the Second Street Band from 4–6 p.m. Food and beverages available for purchase starting at 3 p.m. Food and drink tickets will be available in the Valley of the Moon Golf Shop starting August 25.

Taco Tuesdays: Enjoy \$4.50 tacos with a drink purchase.

Baja Fish Tacos—fried local fish, avocado salsa verde, pickled onions

Steak Tacos—marinated flank steak, avocado salsa verde, queso fresco, pickled onions

Shrimp Tacos—mango salsa, lime crema, cilantro

Paint Night: Monday, September 23, Doors open 4:30 p.m. Cost: \$45 per person.

Painted Cellars Sonoma County hosts a two-hour painting session led step-by-step by a professional artist in a fun, relaxing environment. Each guest will create a 16 x 20 masterpiece to take home. All art supplies are included. Food and drink will be available for purchase. Reserve your spot at: www.paintedcellarssoco.com.

Magical Halloween Bash: Monday, October 27, 5–7 p.m. Live music by The Magic Band. Doors open at 4 p.m., open seating only (no reserved holds). Monster Buffet, Costume Contest—prizes for 1st, 2nd, and 3rd place (audience vote).

Tickets: \$40 per person starting October 1; \$50 per person starting October 15. Contact Katy Moranda at kmoranda@playvom.com or (707) 539-0415 ext. 2.

GOLF CLUB UPDATE

Agronomy: This mild summer has supported healthy turf management and overall playing conditions. Some greens and collars experienced heat stress in July but were resodded in early August.

Goose control efforts are ongoing, along with management of gopher activity in several areas. Golfers are reminded to help maintain the course by fixing all ball marks, filling divots, and raking bunkers.

ILT Golf Trip—Cabo San Lucas: Join us this winter for an unforgettable getaway to ILT’s newest resort in Cabo San Lucas. The intimate Paradisus Los Cabos offers a calm swimmable beach, panoramic ocean views, and exclusive golf tee times at three premier Cabo courses.

Golfers and non-golfers alike are welcome. This all-inclusive experience is perfect for meeting new friends, enjoying world-class dining, and relaxing in the sun.

More information: shorturl.fm/VLgLY. Registration: shorturl.fm/Z3fRX.

Knife Sharpening Schedule:

WHEN: Last Wednesday of each month, 9 a.m.–2 p.m.

WHERE: 7025 Oakmont Drive, Oak parking lot (banquet parking lot—look for the yellow van)

COST: \$8 per knife/\$14 per garden tool

Chef’s Sharpening will be on site.

REMINDERS

Fishing is not permitted in any of the golf course ponds due to safety concerns.

Walking hours on the course are posted at: www.playvom.com/the-club/walking-policies.



Pet Grooming

6574 Oakmont Drive, Suite C

For Appointments Call:

707-535-6097 or 707-843-4007

Oakmont Car Club

■Stuart Odell

REV UP YOUR SOCIAL LIFE: JOIN THE OAKMONT CAR CLUB

Most Oakmont residents know about the Oakmont Car Club’s spectacular annual Memorial Day weekend car show, where over 120 classic cars, historic vehicles, and hot rods transform our community into an automotive wonderland. Families and friends gather for an afternoon filled with great food, music, and endless car talk that brings together enthusiasts of all ages.

But what you might not know is that the OCC’s activities extend far beyond this signature event. Throughout the year, the club organizes fascinating trips to local Bay Area car collections and workshops, giving members behind-the-scenes access to some incredible automotive treasures. Members also regularly meet up at other car shows and gatherings throughout the summer, creating a network of friendships built around our shared passion for automobiles.

The heart of the OCC beats strongest during our weekly Tuesday meetings from 8:30–10 a.m. in the OVA card room in the Berger Center. While cars are certainly the main topic of conversation, these gatherings are relaxed affairs where members discuss everything and anything that comes to mind. It’s this welcoming, informal atmosphere that makes the club special.

As one of the newest (and younger) members, having moved to Oakmont just last year, I’ve been impressed by the wealth of knowledge our veteran members bring to every meeting. Many have been involved with the OCC and the greater North Bay car culture for decades, sharing invaluable experience and wisdom that benefits everyone.

Whether you’re a lifelong car enthusiast or someone who simply appreciates beautiful machines and good company, the Oakmont Car Club welcomes you. Stop by one of our Tuesday meetings to meet our members, check out some amazing rides, and maybe share your own automotive story.

After all, every car has a story, and every story deserves to be shared.

Star of the Valley Church

■Barbara Gasparini

STAR OF THE VALLEY PRESENTS *SMALL IS BEAUTIFUL* DOCUMENTARY

Are you concerned about evacuating along the narrow Highway 12 corridor during a wildfire? That’s a genuine worry for many residents of Oakmont and the communities stretching from Sonoma to Santa Rosa. Ongoing residential and commercial development projects are only increasing that concern.

The Star of the Valley Men’s Club and Women’s Circle is sponsoring a special screening of the award-winning short documentary *Small is Beautiful: The Quest to Save the Valley of the Moon*. This powerful film explores the challenges facing a small rural community fighting to protect a wildlife sanctuary and its way of life from a massive development project. As climate change continues to intensify wildfire seasons, the film highlights the risks of introducing large-scale development into a fire-prone landscape—an issue that mirrors the current controversy surrounding the Sonoma Developmental Center and its potential impact on the Highway 12 corridor.

The filmmaker, Carolyn M. Scott, will be present to introduce the film and lead a discussion. Scott is an environmental advocate and filmmaker with more than 25 years of experience. Also speaking at the event will be Dr. Bean Anderson, a retired Silicon Valley engineer and advocate for preserving the Sonoma Developmental Center lands. Following the screening, Dr. Anderson will share a PowerPoint presentation further examining the stakes of local development.

The event will be held on Wednesday, September 17, from 2–4 p.m. at the Monsignor Fahey Parish Center, Star of the Valley Church, located at 495 White Oak Drive. Admission is free, and no reservations are required.

This is an important event for anyone concerned about fire safety, environmental preservation, and the future of our region. Community members are encouraged to attend and to invite friends and neighbors.



Let’s Dance—Together!

■Terry Whitten, Instructor

INTRODUCTION TO WEST COAST SWING

WHAT: Beginning West Coast Swing Partner Dance Classes

WHEN: Wednesdays, Oct. 1, 8, 15, 22 and 29 from 4–5:15 p.m.

WHERE: Lower West Rec.

COST: \$10 pp for single class; \$8 pp for 2 or more classes purchased at same time

RSVP: Please contact me to register in advance at twhitten@pacbell.net or call (415) 265-7590. Space may be limited if turnout is as big as the last time it was taught in Oakmont.

West Coast Swing (WCS) is the official state dance of California and is a popular partner dance in Sonoma County as well as throughout the US and internationally. WCS was started in California in the 1940’s and is a smooth Swing dance that is usually danced to slower music than Jitterbug Swing. It is a fun and versatile dance that can be danced to a wide range of music including Rhythm & Blues, Country, Disco, Rock and contemporary pop tunes.

These classes will be geared towards those who have never done WCS before or those who want a review of the most basic 4-6 steps. As before, no partners or experience are required. We will generally rotate partners during the classes although rotating will be optional. Also, any ladies that want to lead and any men that want to follow are very welcome.

Aside from being fun and a great way to get exercise, a number of studies have shown that partner dancing on a regular basis may reduce the possibility of cognitive decline and may actually increase mental acuity. Some even say that “dancing makes you smarter!” It can also help improve balance and our spirits.

To register and for any questions, please contact me at twhitten@pacbell.net or call (415) 265-7590.



Kiwanis Club of Oakmont



■Richard Osborne

OAKMONT KIWANIS THANKS YOU FOR ATTENDING CARNITAS AND MARGARITAS

On behalf of Kiwanis Club of Oakmont, thank you for attending our annual fundraiser, Carnitas and Margaritas! We were thrilled by the incredible turnout and deeply appreciate your support.

During our review of the event, we identified a few glitches that we’re already working to correct. You can count on next year’s fundraiser being even smoother and more enjoyable!

As a reminder, this is our club’s major annual fundraiser, and we want to share how your generous contributions will be used in 2026. Our mission is to serve and support children throughout Sonoma County. With the funds raised, we plan to:

- Continue supporting local school libraries.
- Award scholarships to outstanding Key Club officers.
- Participate in the Tribute to Veterans.
- Contribute to the Redwood Empire Food Bank.
- Donate to impactful local organizations including CHOPS, YWCA, CASA, La Luz, Kiwanis Family House, and many others.

We warmly invite you to join us at our weekly meetings, held every Thursday from 8–9 a.m. in the Fireside Room of the Berger Center.

If you have any questions or would like to get more involved, please don’t hesitate to reach out to us at oakmontclubofkiwanis@gmail.com.

Our Shred-A-Thon is coming in October. Stay tuned.

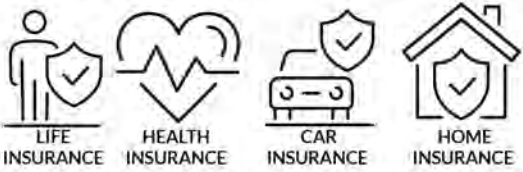


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OakMUG



Oakmont Macintosh Users Group

■Peggy Clark

PASSWORDS AND SECURITY

The OakMUG board has made a tough decision to close OakMUG by November. But don’t worry, we’ll still be hosting speakers until the end of the year! If you’re a member, you can attend all the meetings for free, no need to renew your membership.

The next meeting is September 20 at 2 p.m. at the East Rec. Center.

Our next speaker is John Wentworth, who’ll be talking about passwords. Join John for a look into the current state of everyone’s favorite topic: passwords! Starting with an explanation of why using strong-and-unique passwords is so important today, he’ll also go over ways to manage passwords, from third-party options to Apple’s new Passwords app. We’ll also look at passkeys, the new technology that everyone hopes will be the end of passwords in the future!

There will be some time for Q&A, and while he won’t be able to help you reset your Apple Account password live, he’ll answer questions about security in general.

If you have any questions, feel free to reach out to us at oakmontmacusersgroup@gmail.com. We’re here to help!

Lawn Bowling



■Mary Blake

INTERESTED IN LEARNING TO BOWL?

Email us at oakmontlawnbowling@gmail.com. Training is usually about 3 lessons followed by a practice game and membership is \$20 per year.

DAILY DRAW

Daily Draw is Monday through Saturday. Show up at 9:15 a.m. to bowl at 9:30.

MEN’S SINGLES TOURNAMENT

In the first round of the Men’s Singles Tournament, the winners were Steve Pickell, Kevin Johnson, David Aiken and Gerry Macintosh.

In the semi-final round, Kevin faced David, with David winning, and Steve faced Gerry with Gerry winning.

And, in the final round, Gerry and David faced each other. Not surprisingly, it was a very close match, with Gerry coming out ahead in the end.



Gerry Macintosh, Bruce Rolland (marker), and David Aiken in the final round of the Men’s Singles Tournament. (Photo by Jane Beauchamp)

WOMEN’S SINGLES TOURNAMENT

In the first round of the Women’s Singles Tournament, winners were Pam Dempsey, Jane Beauchamp, Marilyn Garland and Barbara Serafin.

In the semi-final round, Pam and Marilyn were the winners and faced each other on Thursday, September 4.

THOUGHTS ABOUT SINGLES TOURNAMENTS

People get confused about singles. The biggest point of confusion seems to be number of ends when all other types of tournaments have 14. In singles we bowl 20 ends, with TWO exceptions. The game ends early when either bowler reaches a score of 21. And it can go an extra end if it’s tied in the 20th. There’s no teammate at the other end, so an impartial “marker” helps set the jack, indicates score and location of Jack as needed. It’s more ends, but it goes quickly—and you don’t get to sit down!

COMING EVENTS

Friday, September 18, 9:30 a.m.: To be determined
Tuesday, September 23, 5 p.m.: End of Summer After 5
Email: oakmontlawnbowling@gmail.com.
Website: www.oakmontlawnbowling.com.

Bocce Club



■Mary Piumarta

BOCCE BALL TRIVIA

Here is a trivia question for Bocce Ball players: When did the game of bocce start?
Answer: 5200 B.C.

Bocce is a game that is centuries old. Traces of the game can be found among the early Egyptians, and graphic representations of figures tossing a ball or polished stone have been recorded as early as 5200 B.C. While modern day bocce bears little resemblance to these early findings, one thing is certain: that through its evolution the objective has been constant—try to come as close to a fixed target as possible. From this early objective, the basic rules of bocce were born.

If you would like to play the more modern version, join us on the courts Monday through Saturday at 9:30 a.m. and see why this game continues its popularity.

For instruction, come out on New Member Day on the first Tuesday of the month. For more information, contact Pat Paulson at (707) 953-6691.

NOTE: Beginning October 1, Fall Winter Club hours will change to 1 p.m.

Meditation

■Joanne Davey

MEDITATING TOGETHER WEEKLY MEDITATION SESSIONS AT CAC

“The more we practice stepping into the moment, the more we realize how precious it is.”—Tara Brach

Our meditation circle is growing! We invite you to join one or both of our weekly drop-in meditation sessions which have been taking place for many years.

Saturdays at 10:30 a.m. in the CAC Building, Room B: This is a 35-min. meditation. This session frequently begins with a short 15-20-minute talk about various aspects of meditation.

Tuesdays at 4 p.m. in the CAC Building, Art Room: A 30-min. meditation. Beginning and experienced meditators are welcome.

We approach meditation as a non-denominational practice.

If you have questions, please contact Trisha Mitchell, (650) 255-4026.

Oakmont Birders

■Barbara Kendrick

BIRDS WORTH WATCHING: THE AMERICAN DIPPER

September can be the doldrums for birdwatching. Most summer visitors have left, the wintering birds haven’t arrived, and the locals are keeping a low profile. So, let’s focus on a bird that there’s no hope of seeing in Oakmont but you should know about anyway: The American Dipper!

Once called the Water Ouzel, the American Dipper is North America’s only aquatic songbird—it swims regularly, not in a birdbath but in ice-cold, fast-flowing streams (something Oakmont definitely lacks). Dippers are fairly easy to find along rocky rivers and streams in the Sierras and other mountainous areas in the West.

The Dipper is dark gray and plump, a little smaller than a Robin, with a very short tail and longish legs. It stakes out a territory along a stream and rarely strays far from the water, dining on aquatic insects and larva, small invertebrates, even tiny fish. It hops along rocks by its stream until it spots food, then cannonballs into the water. Submerging completely for up to 15 seconds, it swims or walks underwater along the streambed, chasing its prey. You can’t help but enjoy watching a Dipper leap into a stream, disappear, and then bob back up on its rock—you want to hand it a towel.

Dippers are so called not because (as I assumed) they take regular watery dips, but because when standing on the rocks they do continuous deep knee bends. They have a pleasant chirpy song, loud enough to be heard over the rushing water.

Try to find the surprising American Dipper the next time you’re in the mountains. Settle down by a cold stream, look for a smallish dark gray bird patrolling the water’s edge, and watch the show!

Have questions about birds? Need a “Birds Seen in Oakmont” checklist? E-mail bkendrick@jps.net.



Poised and ready to dive in. (Photo by Tom Grey)



Bobbing up with food. (Photo by Tom Grey)



■Charlene Bunas

DENISE IS INSPIRING

As a child growing up in Redwood City, CA, Denise was part of an active, sports focused family. She competed all through school, including college years and beyond; volleyball and softball were her main sports. When she married and had children, she cheered on the sidelines as only a proud mom can do.

Photos by author.



She brought her enthusiasm for body dynamics and physical fitness to Oakmont. They moved to Oakmont in October, 2016. By January of 2017 she was considered one of the pillars of OHI classes. Fellow members are motivated by her. She dances and exercises to the music and moves like she was born to do both. Her enthusiasm is contagious.

Does she sometimes “feel lazy?” Yes! It’s on those days motivational self-talk kicks in; “I know I’ll feel better about myself if I go to class.” Indeed, she says these OHI classes are “so much fun. I feel I’m doing something that’s good for me.”

Denise gives credit to her grandkids for “motivating me to do what I can to stay healthy and active.” A believer in moderation, she thinks going to OHI three times a week, playing golf 2-3 times a week and being an active lawn bowler is not extreme.

What about kicking-back and relaxing? Ah, “we have a little lace at Clear Lake.” It’s here she perches on the deck, absorbs the peacefulness of nature and the antics of those grandkids swimming and boating.

Denise says if her life were a song, the title would be “Blessed.” Martina McBride sings the words that reflect Denise’s gratitude. It’s no surprise to learn the best advice Denise ever received. “I think it’s from the Bible—treat others the way you want to be treated—simple, profound; covers all aspects of life.”

OHI meeting on Zoom: 850 1489 7161/998608.



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Canine Club

■Steve Huntley

DOGGIES RULE IN OAKMONT

Yes, doggies rule and cats drool in Oakmont! Whoops, had that backwards. I meant doggie rules in Oakmont. Yes, Oakmont does have rules pertaining to dogs. Specifically, OVA has a Pet Policy that generally applies to all pets but emphasizes dogs in some cases. For example, Pet Policy No. 3 states, “Each resident may have a maximum of two (2) domestic pets, so long as they do not create a nuisance to other residents. Dogs may be allowed outdoors only within secured fenced yards or on a leash at all times.” Hmm, sounds a bit prejudicial to me!



Marlo and Casper.

And of course, the most convenient place to let your dog off-leash is at our very own Happy Tails Dog Park, open every day from sunrise to sunset. And yes, the dog park has rules also. These are posted at the dog park, on the OVA website in the Facilities section, and on the Canine

Club’s website at www.oakmontcanineclub.org. Next up at the Happy Tails Dog Park: Havanese/ Bichon Play Date—Saturday, September 27, 10 a.m.– Noon. And another reminder that the dog park is reserved for small dogs, 25 lbs. or less, for 1 hour each day from 9–10 a.m. Remember, you do not need to own a dog to be a member of the Oakmont Canine Club, you only need to have a love of dogs. We call these types of people “dog people” as opposed to “cat people.” Just download a membership application from the club’s website at www.oakmontcanineclub.org or grab one from the Canine Club folder in the OVA office. Annual membership is only \$12 for individuals and \$20 for households. Benefits include Peri’s weekly newsletter, an annual Club picnic, annual Members’ Appreciation Party at the Wild Oak Saddle Club, and various social events throughout the year.



September 27, 2025
10am - 4pm
Norway Hall
617 W 9th St, Santa Rosa
Free Admission

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- Viking Re-enactments
- Scandinavian Vendors
- Photos with our Viking Ship
- Fresh Waffles and Coffee
- Raffle Prizes

COME BE A VIKING FOR THE DAY!

Block Party



Shirley Cerniglia hosted a block party for Autumn Leaf Drive and Autumn Leaf Place neighbors on August 31. More than 30 residents enjoyed barbecue, potluck dishes, margaritas, and lively conversation in a festive red, white and blue backyard setting. The day wrapped up with a shared sentiment: let’s do this more often! (Photos by Shirley Cerniglia)

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Wes, Carol and Will Daniels with Patricia Daniels, Oakmont Resident

■Dolora Hurst

AN EXCEPTIONAL JAZZ CONCERT
Tickets are going quickly for an upcoming jazz concert at the Berger Auditorium, and it’s one you won’t want to miss. The performance will feature five internationally acclaimed musicians, each with impressive careers and accolades. Separately, they are extraordinary. Together, they promise an unforgettable evening of music.

The lineup includes:

Jamie Davis (vocals):

A former Count Basie Orchestra singer, Davis is recognized as one of the finest jazz vocalists in the world. He continues to perform internationally and was honored with a Grammy Award last year after returning from another European tour.

Glen Pearson

(keyboard): Currently the pianist for the Count Basie Orchestra, Pearson also served as Director of the Boys Choir of Harlem in New York for 11 years. A multiple Grammy winner, he is regarded as one of the most accomplished pianists performing today.

Michael O’Neill (saxophone): Known for both



Jamie Davis.

his performances and his compositions, O’Neill has written music for documentaries, films, and television. He has also performed with acclaimed artists such as Eddie Fisher, Bobbie Norris, Akira Tana, Nicolas Bearde, and Kim Nalley.

Ruth Davies (bass): With a career that includes teaching at Stanford University and the Stanford Jazz Workshop, Davies has shared the stage and recording studio with many legendary blues and jazz musicians. Her contributions to jazz education are as notable as her performances.

Sylvia Cuenca

(drums): Cuenca has performed at major venues including Lincoln Center and the Kennedy Center, and has held artist-in-residence positions at universities in the U.S. and abroad. She has also performed and taught in Europe, Africa, and Asia.



Sylvia Cuenca.

To ensure the best experience, an expert sound engineer has been hired for the event. The combination

of world-class talent and professional production makes this a rare opportunity for Oakmont residents.

DATE: Friday, September 27

TIME: 7 p.m. (doors open at 6:30 p.m.)

LOCATION: Berger Auditorium

TICKETS: \$45, available at the OVA Office file.

Make checks payable to Oakmont Jazz Club, sign the coupon in the file, and deposit it with payment in the provided envelope. Cash is also accepted.

Drinks and snacks are permitted. For more information, call (707) 537-7720.

New to Oakmont?

Meet with a volunteer from the New Resident Welcome Committee to learn about everything Oakmont—from governing rules, important phone numbers, activities, services, facilities and emergency prep.

Contact us at welcome@oakmontvillage.com. The Welcome Packet is available at oakmontvillage.com/article/new-resident-welcome-packet.

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Jewish Interest Group



■Howard Sidorsky

JEWISH TRIVIA—SEPTEMBER 21, 2 PM
Trivia is very popular in Oakmont. We have the monthly trivia night at OAK, and the annual Trivia night with the Boomers. But, have you ever played Jewish trivia? If not, here’s your chance.

For example, which of the following was the earliest to sell kosher-style all-beef hot dogs? 1. Nathan’s. 2. Isaac Gellis. 3. Charles Feltman. 4. Hebrew National. 5. Abeles & Heymann.

Sandy and Joe Black, members of our Oakmont community, will be running the trivia games. You may remember Joe for his popular presentation “Jews on Broadway” last year. If you



Sandi and Joe Black.

are in the Jewish Interest Group you will be getting additional Trivia questions as the weeks progress, just to stimulate the gray matter.

We would also like you to RSVP for this program so that we have some idea about how many people will be attending. We hope to have a large crowd, which might even include many who are not in the group, since trivia is so popular.

Email me at howard@sidorsky.com to RSVP. Again, September 21 at 2 p.m. in the East Rec Center. Please bring a nosh to share. If possible, please help set up at 1:30 p.m.

■Greg Fauss

UKRAINE AND ALPHA
In the coming weeks we’re offering two special events: a second presentation on Ukraine and the beginning of Alpha.

On Wednesday, September 16 at 6:30 p.m. at Oakmont Gardens, you’re invited to the second part of our pastor’s presentation of his recent visit to Ukraine. There will be time for questions and sharing from others as well.

It’s also not too late to join us on Thursdays from 6–7:30 p.m. in Oakmont Gardens for Alpha. This course has been translated into many languages used globally in nearly every protestant denomination as well as in the Catholic Church. It is an introduction to the Christian faith, but also a refresher for those who profess faith. A wide range of topics are presented in a safe atmosphere where all questions are allowed. And a light dinner is also included! All for free. To learn more, check out our website or contact us by



Town Square in Rivne, Ukraine. (Photo by Greg Fauss)

phone or email.
Our Sunday Worship Services begin at 10:30 a.m. in the East Rec. Center. For information about our Wednesday Morning Bible Study, our Saturday Prayer meeting, and other gatherings go to www.occstarosa.org, write us at occstarosa@gmail.com or call us at (707) 595-0166.

Current Events Discussion Group



■Tina Lewis

This is a very important time to discuss current events! Please join us every Friday from 1–2:30 p.m. at the East Rec. Come in person if you can; join on Zoom if you can’t. If you come in person, a donation of \$1 is requested.
Issues discussed range from local to national to international. All sides of issues are encouraged.

Following the meeting join us at OAK for Happy Hour. This has become very popular, giving everyone a chance to socialize, unwind, and have something to eat and drink.
If you want to be put on the mailing list, including Zoom, email tinalewis31@comcast.net or call (707) 758-9739.

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Asian Pacific Heritage and Culture Club

■Curtis Chong

ANCIENT ORIGINS— MODERN APPLICATIONS THE HISTORY AND HEALTH BENEFITS OF TAI CHI WITH KENN AND VICKI CHASE

WHEN: October 8, 2–3:30 p.m.
WHERE: Upper West Rec., Meadowridge Drive
Have you ever been curious about the mystical art of Tai Chi? Join Kenn and Vicki Chase for an enlightening lecture and demonstration on October



8. Kenn, with a degree in philosophy, embarked on a journey that led him to master and teach the ancient art of moving meditation Tai Chi Ch’uan. His adventure began in 1969 in San Francisco under the tutelage of Master Choy Kam Man, the first Chinese Master to teach in the United States.
With over 50 years of teaching experience in diverse settings such as communities, hospitals, corporations, and the renowned Esalen Institute, Kenn has become a beacon of knowledge in the Tai Chi world. Vicki, a registered nurse, joined him over 40 years ago and played a pivotal role in integrating Tai Chi into cardiac rehabilitation.
Together, they share their vast knowledge and passion with Oakmonters. Kenn will delve into the rich history and lineage of Tai Chi, while Vicki will explore its contemporary health applications.
Don’t miss this opportunity to discover the profound benefits of Tai Chi from Oakmont’s own Tai Chi teachers.

Oakmont Sunday Symposium



Berger Center, 7902 Oakmont Dr.
Sunday, 10:30 a.m.–12 noon
\$3 donation

www.oakmontsundaysymposium.org

■Judie Coleman
Coffee, tea and snacks are available for sale in Berger from 9:45–10:15 a.m. before the presentation begins.

SEPTEMBER 14: SARINA FERGUSON STAY STRONG, STAND TALL: THE POWER OF POSTURE AS WE AGE

As we get older, our posture does more than affect how we look—it’s the foundation of how we move, balance, and stay active. Poor posture can quietly lead to limited mobility, more frequent falls, and even chronic pain. Want to keep strutting through life instead of shuffling? This is your chance to “future-proof your body and keep moving with confidence and joy.



SEPTEMBER 21: SARA PAUL INSIDE WATCHDUTY: HOW A GRASSROOTS IDEA BECAME A LIFESAVING FORCE

WATCH DUTY

When wildfires ignite in California, every second counts—and the WatchDuty cell phone app has become the go-to source for real-time, trustworthy updates. Sara Paul, one of WatchDuty’s founding members, will share with us the remarkable behind-the-scenes story of a small group of volunteers whose passion, innovation and a sense of purpose turned into something that now saves lives and empowers entire communities.

SEPTEMBER 28: STEVEN PIFER, FORMER AMBASSADOR TO UKRAINE THE CHALLENGES POSED BY PUTIN’S RUSSIA

As the war between Russia and Ukraine grinds into its third year, the stakes have never been higher—for Ukraine, for Europe, and for global stability. Ambassador Pifer will draw upon decades of diplomatic experience and his deep knowledge of Eastern Europe. Having navigated the tensions between Russia and the West, he will explore the strengths and vulnerabilities on both sides and the evolving roles of the U.S. and NATO.





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■D. Hall

TWO SHORT PLAYS, THEN A SHORT REST

For its September offerings, Oakmont Playreaders staged *Wanted: One Groom*, by Pat Ballard on September 1 and *A Tale of Two Spectators*, by Peter Manos on September 8.

The remainder of September will have no productions, but rehearsals are scheduled for *Five Women Wearing*

Playreaders



the Same Dress, by Alan Ball, which will be staged on October 6 and 13. It promises irreverent guffaws.

Oakmont Playreaders has a terrific group of men and women who read plays aloud and even do a bit of amateur acting before small audiences. Right now, we have a specific need for more men with a bit of the acting urge to fill out our casts. Is that you? No need

to memorize lines! We read from a script. We are a friendly, supportive, totally unthreatening group and we just have fun.

For more information, call John at (831) 521-7627.

See Oakmont Playreaders the first two Mondays of every month in Room B (Birch) of the Central Activities Center at 2 p.m.

■Scott Finn

We welcome you to join us on a hike whether you are a member yet or not and the annual membership is only \$15. Go to our website at www.oakmonthikingclub.org to join the club, get hike details, club information, photos and more.

For a complete description of each hike and to register, please keep checking our website for updates.

SPECIAL ANNOUNCEMENT
FOR OCTOBER 6-9

FALL TRINIGHTER—LASSEN VOLCANIC
NATIONAL PARK

Celebrate 35 years of the Oakmont Hiking Club at this 100,000-acre park with stunning vistas, extensive hiking on more than 150 miles of trails, lakes, sulfur springs, geysers, and bubbling mud pots. For sign-up information see our website.

SEPTEMBER 18: INTERMEDIATE HIKE
GOLDEN GATE BRIDGE TO LAND'S END

Leisurely stroll from the Golden Gate Bridge to the Land's End Visitor Center, where we will have lunch overlooking the ruins of the Sutro Baths. Fabulous views of the ocean, the Marin Headlands, and the Golden Gate Bridge with many historical points of interest. There are several lengthy staircases and a short beach walk. No restrooms at trailhead. Restrooms are about a mile from trailhead and at Land's End. About 7 miles, 900 ft. elevation gain.

Hikers



Leave Berger Center at 8:30 a.m. Bring water, lunch, hiking poles, and a windbreaker in case it's windy. Hike leader is Florentia Scott, (707) 591-1929, email hikingscott@yahoo.com.

SEPTEMBER 18: LONG HIKE
JENNER HEADLANDS—SEA TO SKY TO
RUSSIAN GULCH AND THE RAPTOR
RIDGE LOOP

We will begin our hike in Jenner Headlands Preserve. Our loop will begin clockwise to capitalize on the stunning views. This trail is well maintained with beautiful scenery and wildlife and adds a great bird watching opportunity. There are some hilly and exposed areas, while others are shaded and in tall pines and redwoods. The total hike is 9 miles with an elevation gain of 1,800 feet.



Sea to Sky Trail Vista.

Bring the usual lunch, liquids, layers and poles if you need them. Hike leader is Peggy Clark, (650) 274-4137. Please note early start time of 8 a.m



Sculptured Beach View.

SEPTEMBER 25: LONG HIKE
SCULPTURED BEACH BY WAY
OF BEAR VALLEY TRAIL

This 13.82-mile, 1755 elevation gain hike has it all, mountains, trees, views, and a sandy beach. This is a very rewarding loop option that starts from the Bear Valley Visitor Center with breathtaking vistas along the way. The first stretch is mostly wooded and long pants are recommended. The views will come as you get closer to the Coastal Trail. We will have lunch at Sculptured Beach.

Getting to the beach can be tricky so bring poles or you may want to bring a piece of plastic to scoot down to the beach. Because of the length of the hike, we will leave Oakmont at 8 a.m. Bring water, lunch and hiking poles if needed. Hike leader is Peggy Clark, (650) 274-4137.



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■Herbert Ristock

Table Tennis Club

ALL PLAYERS ARE WELCOME
Whether you are looking for social play just for fun, or aiming for proficiency—you will have those opportunities in our Table Tennis Club. In September we are going to have a club meeting to discuss how to improve things further, for example with dedicated time slots or reserved tables for various profiles.

Members and their guests are invited to our club picnic on September 27.
Our current playtime schedule at West Rec. is Tuesday, Thursday, Friday and Sunday from 3–5 p.m.
Please visit also our website <https://sites.google.com/view/oakttclub> for further information. You can contact us by email oakttclub@gmail.com.

Jazz Club Classes

■Michael James

BACK BY POPULAR DEMAND: A FAVORITE OAKMONT PIANIST, LOUISE BETTNER!
You may have heard her play around here. She plays everything from Beatles to Bach, and especially jazz!



Louise Bettner.

Louise Bettner, psychologist/educator with a special interest in the health benefits of music, will speak on the challenges and pleasures of learning music in one's later years and share her insights on the positive effect of learning music, brain health and mental wellbeing.

During our Jazz Club October meeting, she will share her own jazz improvisations and invite Michael to sing and perform with her during the first hour and join us for our workshop during the second hour. Bring your instrument or sing along during the workshop. Jazz is fun and it's good for us!

Louise has studied jazz technique at Cabrillo College in Santa Cruz, with Bennett Friedman and the Santa Rosa Junior College Jazz Program and with private instructors Jon Dryden and Ken Cook. She has a performance degree in classical piano, took up jazz when she retired, and currently plays with the New Horizons Jazz Band. A positive influence on our music and our community, Louise has been instrumental in developing our music theory classes for the Jazz Club over the last two years.

WHEN: Wednesday, October 1
WHERE: East Recreation Center
TIME: 2–3 p.m. performance; 3–4 p.m. workshop
COST: \$5 suggested donation

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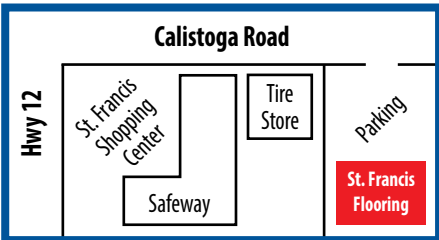
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Eloise Tweeten, Founder
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■Carolita Carr

TRIVIA NIGHT TONIGHT

Test your knowledge of the Boomer Era!
WHERE: Berger Center
WHEN: Saturday, September 13
TIME: Doors open at 6 p.m. Trivia play begins at 6:30
COST: No charge, each member may bring one non-member guest.
BRING: The beverage of your choice and snacks to share

The maximum number on a team is eight people. Teams of two are asked to merge with another small team. Prizes will be awarded to the team with the most correct answers.

Register at oakmontboomers.org.

AND IN OCTOBER...

Not to be missed—our annual Halloween Party, “A Ghostly Night.”
WHEN: Saturday, October 25 **WHERE:** Berger Center
COST: \$20 per person **TIME:** 5:30
MUSIC: By the Magic Band
Registration opens Wednesday, September 24, on our website.

MEMBERSHIP

Membership is open to any Oakmont resident. Membership is \$15 per person, per year and payable on our website, oakmontboomers.org.

Oakmont HEARS
Hearing Education, Advocacy,
Research, Support



■Richard Osborne

DO YOU HAVE HEARING LOSS?
YES YOU DO

You’ve heard it from your spouse. Maybe your friends have hinted at it. If you’re still working, you might notice you’re not quite keeping up with conversations at the office. Well, guess what—they’re all right. You do have hearing loss.

How do I know? Because here in Oakmont, nearly everyone does. It’s the natural effect of aging, and as much as you might want to deny it, hearing loss is part of the journey.

You see, we don’t really “hear with our ears”—we hear with our brains. As we age, the nerves that carry sound signals to the brain begin to weaken. High frequencies are often the first to go. That’s why your grandchildren might seem harder to understand, or why your spouse’s voice (if she’s a woman) doesn’t come through as clearly. Friends notice when you don’t respond. Colleagues may seem harder to follow in a noisy environment.

So, now what? You could keep putting it off. After all, you’re retired—who needs sharp hearing? But here’s the truth: untreated hearing loss leads to more than missed conversations. It is strongly linked to dementia, and it fuels isolation—which means fewer friends, less joy, and often more frustration in daily life. Think about how often you’ve avoided restaurants, group gatherings, or even simple chats because the noise was too much.

The good news? While there’s no cure, there is tremendous improvement available. Medicare makes hearing care affordable—sometimes even free. A reputable audiologist can guide you, and today’s hearing devices are discreet, powerful, and life changing.

So don’t wait. Take the step. Hear your grandchildren again. Enjoy dinner with friends. Reconnect with life. You’ll be amazed at what you’ve been missing.

Tennis Club



■Diane Curtis

PICKLEBALL’S BID FOR UPPER COURT

At a well-attended meeting on August 19, the OVA Board heard arguments for and against a proposal by the Pickleball Club to share the tennis courts at the East Rec. Center. No vote on the proposal was taken or scheduled.

While the written proposal offered alternatives to taking over tennis courts, Pickleball Club President Greg Kappes laid out the plan this way: “Oakmont is probably not going to be building more courts for anybody, so our proposal is to sort of split the baby up on east, meaning cut the court in half, leave one for tennis and then we can turn whatever we want to, or as many courts as we can, into pickleball.”

OTC Vice President Frank Passaglia countered that no one, not even pickleballers, will be happy with the “split the baby” approach, arguing that it would be both confusing and dangerous. Pickleball is a fast-growing sport, Passaglia acknowledged, but taking the top two courts, which are regularly used by tennis players for sets and open play, is not the answer. “I think the solution for both clubs is to build more pickleball courts.”

Passaglia was followed by 18 speakers, five for the change and 13, including eight homeowners who described the popping noise that affects their quality of life, against. Pickleball players said they are investigating sound mediation measures and argued that the tennis courts are not used enough, a claim rejected by tennis players, who added that they often see empty pickleball courts.

Please check out the video of the pickleball-tennis portion of the meeting starting at 2:29:06 at this site: <https://oakmontvillage.com/article/video-8-19-2025-board-meeting/>

Tennis players are invited to join open play. For details on that and other Tennis Club questions, send an email to hellooakmonttennis@gmail.com.

Oakmont Garden Club



■Patty McHugh

RADICAL ROOT CARE
FOR TREES AND SHRUBS

“Nostalgia—that’s the autumn, dreaming through September. Just a million lovely things I will always remember.”—Jacqueline Kennedy Onassis
WHEN: Wednesday, October 8, 9:30 a.m. Social, 10–11 a.m. Program, Q&A follows

WHERE: East Rec. Center, 7902 Oakmont Drive
TOPIC/SPEAKER: Curtis Short, ISA Certified Arborist, Curtis Short Expert Pruning

Healthy trees and shrubs in our urban gardens are essential for our enjoyment of life. Trees and shrubs add beauty, are beneficial to our mental health, and most importantly, are environmentally beneficial.

In February this year Curtis shared with us the basics of how trees grow and showed us that good formative pruning of young trees will build the structural strength needed to withstand urban conditions. We look to this program as a sort of Phase 2 of that program. This time he will focus on roots and the ways we can harm them with poor planting practices. Our trees and shrubs are often overlooked but they need care throughout the years to live a long and healthy life, beginning with proper planting.

Curtis gives an informative and lively presentation; his passion is evident from his first words.

He holds a Bachelor of Science degree from UC Davis in Plant Science with a Plant Pathology emphasis and has completed several courses in Landscape Architecture at UC Berkeley Cooperative Extension in San Francisco. He has been a licensed Landscape Contractor since 1989 and is a Certified Arborist with the International Society of Arboriculture.

The Oakmont Garden Club has a few volunteer openings which our president will cover in his opening remarks at this meeting. Please consider becoming a volunteer—your support will help us maintain the features members have come to expect. It takes a village!

Strategies for Independence

■Carol K. Smith

FINANCIAL, LEGAL AND HEALTH CARE
OPTIONS FOR THE FUTURE

Editor’s Note: The purpose of this article is to gather interest for a proposed Oakmont club.

Welcome to the Oakmont Strategies for Independence Club. This proposed club is planned to be a monthly one-hour session open to all Oakmont residents with the goal of creating protective strategies for seniors. The primary focus will be on legal and financial planning; also included will be options for future health needs.

These meetings are offered to you, courtesy of Oakmont resident and Realtor Carol K. Smith with Coldwell Banker Realty.

Our introductory meeting is October 6 at 2 p.m. in the West Rec. Center. Please RSVP to Carol, (707) 480-1068 so we can have adequate seating. Hope to see you there.

Future sessions we have planned will offer topics such as financial management, estate planning, or health care options, presented by experts from leading local firms, with an opportunity for questions at the end. This will be followed by a brief discussion of residential real estate and the current Oakmont and Sonoma County market conditions.

The planned topics include:

Real Estate Finance: Benefits and Risks of Reverse Mortgages; senior property tax transfers; probate bridge loans.

In-Home Health Care: An overview by a local provider about the services, fees, and potential insurance coverage. Family members are encouraged to attend.

Estate and Trust Planning: Presented by a local attorney specialist.

1031 Exchange: Tax Deferral Strategies for Seniors. Presented by First American Exchange on how to convert your existing 1031 Exchange property into a different investment while retaining tax deferral.

Assisted Living: We will have two separate presentations (different dates) with two separate providers to look at options. Terms, services, fees to be discussed. Family members are encouraged to attend.

Probate Realities: Presented by a local attorney specialist, explaining all the technicalities of the process, including how to protect your plans and your heirs.

Additional topics may be added, requests are welcome.

Disclaimer: This class is informational only and is not intended to advise or endorse a particular service, product or company.



Wii Bowling Oakmont Lanes



■Terry Leuthner

Oakmont Lanes Bowling Club is a Bowling League consisting of four-person teams that utilize Nintendo Wii to simulate the experience of bowling without the weight of a bowling ball. Any resident who has the ability of holding a small remote control in their hand while swinging their arm as if they were rolling a bowling ball will be able to join.

Anyone interested in joining our club, either as a team bowler or substitute, please call me at (707) 291-3023 or stop by the East Recreation Center on Tuesdays from 2–3:30 p.m. (no bowling fourth Tuesdays) to see us in action. We charge \$25 for a 10-week tournament that includes the playoffs. 2 p.m. League: 8 teams, 4 bowlers per team. Each bowler bowls 3 games and has his/her own handicap (80%) and average.

See www.oakmontlanes.com for club information, bowling dates, week results and team schedules to bring cookies and help set up at 1 p.m. and tear down equipment at 3:30 p.m.

Bowling dates for September: Sept. 16 (week #6), 30 (week #7). No bowling Sept 23 (fourth Tuesday).

Bowling dates October: Oct. 7 (week #8), 14 (week #9), 21 (week #10). No bowling Oct. 28 (fourth Tuesday).

Labor Day Challenge: Challenge where a bowler must bowl a strike in the first and ninth frames (Labor Day 9/1) to win a \$5 gift certificate to Safeway. Winners are: Joanne Abrams, Peggy Ensley, Glenn Hewitt, Shirley Jamison, Elisabeth LaPointe, Sandy Osheroﬀ, Pat Scott and Don Shelhart.

RESULTS OF SEP. 2 (WEEK #4, FALL LEAGUE)

Results are: first place, Alley Oops; second place, King Pins; third place tie, Wii Four and Strikers; fifth Place, High Rollers; sixth place, 4 Tops; seventh place, Pocket Hits; eighth place, Ghosts.

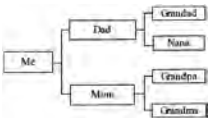
Men’s High Games: Glenn Hewitt, 269; Charlie Ensley, 246; Scott Harris, 229; Frank Schepergerdes, 226; Don Shelhart, 225; Richard Adamczyk, 201.

Women’s High Games: Peggy Ensley, 278; Carolita Carr, 248; Sandy Osheroﬀ, 246; Joanne Abrams, 242; Pat Scott, 226; Donnarose Ilecki, 224; Elisabeth LaPointe, 222; Karen Palmiotti, 209; Vicki Jackanich, 205.

Oakmont Lanes is now in our 17th year. Thanks to everyone who has made Oakmont Lanes so successful with all the fun and camaraderie you share together. If you’re thinking of joining us, now is the time. We started our Fall League on August 5.

Most of us have all bowled on a bowling league some time in our lives and here’s your chance to do it again without the weight of a heavy bowling ball. Come by to see us in action and join in on the fun.

Genealogy Club



■George McKinney

WEDDINGS AND FAMILY EVENTS

The next meeting of the Oakmont Genealogy Club will be Monday, September 22, at 1 p.m. in East Rec. and on Zoom.

This will be a meeting to share about your family. We’ll focus on a favorite (or just very interesting) family event, like a wedding. Send photos to me at oakmontancestry@gmail.com so we can share them at the meeting.

If you don’t want to share a family photo, think about someone you were able to interview who could help you understand more about the family—perhaps someone in the old country or who still lived on the family homestead.

Zoom links for the meeting: Meeting ID 862 2760 9536; Passcode 030213.

Website: <http://oakmontgenclub.org>. Regular Email: oakmontancestry@gmail.com.

Oakmont Pétanque Club

■Don McPherson

INTERNATIONAL PÉTANQUE TOURNAMENTS HIGHLIGHT JULY AND AUGUST PÉTANQUE WORLD CUP

This year’s 64th Mondial La Marseillaise à Pétanque—the Pétanque World Cup—was again one for the record book. The open, single-elimination competition drew more than 6,000 players and 2,000 teams world-wide from amateurs to national and international champions July 6–9 in Marseille.

For the first time, a non-French team won the world championship. In a regrettable stain on the tournament, the Madagascar team had to overcome physical violence and death threats from a French team from the Vaucluse on the morning of the second day of competition that forced them to take refuge under the stands after a 13-3 victory. The Vaucluse team was expelled and security agents accompanied the Malagasy players for the rest of the day.

In the exciting final, the Malagasy team of Cédrick Rakotoarisoa, Tiana Razanadrakoto, and Sata Rakotoarisoa defeated last year’s winners, the French multi-time champion team of Philippe Quintais, Philippe Sauchaud, and Jean-Claude Jouffre 13-10. The victory brought satisfaction to the Malagasy team, who had earlier lost in the finals of the precision shooting championship to the same French team.

2025 WORLD GAMES

In the 2025 World Games in Chengdu, China, August 7–17, national champion Pétanque teams competed in Mixed Doubles, Singles, and Precision Shooting. The competition included 5,000 athletes and their coaches in 34 non-Olympic sports.

In Mixed Doubles, Tunisia defeated Thailand for the gold and France won the bronze. In Men’s Singles, Benin won the gold, Italy the silver, and Thailand the bronze. In Women’s Singles, Tunisia won the gold, China the silver, and Thailand the bronze. In Precision Shooting, Benin won the Men’s gold and Tunisia took the Women’s gold.

PÉTANQUE IN OAKMONT

The club encourages all Oakmonters who may be interested in playing or learning to play pétanque (pay-tonk) to come to the courts between Berger and the OVA offices at 9:45 a.m. on the Club play days of Monday, Wednesday and Saturday. The club has boules to lend while you’re learning, and you’ll be playing right away.

Oakmont Singles Social Club



■Bailey Penzotti

SEPTEMBER MIXER—WII BOWLING!

DATE AND TIME: Friday, September 19 at 6 p.m.

WHERE: East Rec. Center

Did you know that bowling originated in ancient Egypt, was once banned in England to encourage archery and has been linked to religious rituals? Me neither. This month, one or more members of the Wii Bowling Oakmont Lane Club will teach us how to play Wii Bowling. After a quick lesson, you’ll have a chance to play a couple of sets. No bowling ball or shoes required.

With your attendance, please bring an appetizer or dessert to share, and your beverage of choice. RSVP via our website, www.oakmontsinglessocialclub.org by September 15 at 5 p.m. If no computer or ability to register using your smart phone, feel free to email Kat at KAT9433@icloud.com or Bailey at bailey.osc1@gmail.com.

OCTOBER BON APPETIT (OSSC MEMBERS ONLY)

WHEN: Thursday, October 2

RESTAURANT: Khao Soi Thai Zen Restaurant, 1169 Yulupa Ave., Santa Rosa

“Where Curry Meets Jazz.” This restaurant, an experience to the journey of Thai taste, serves only the freshest and finest ingredients. At Khaosoi Thai Zen, “you will experience the liveliness and excitement of our exhibition kitchen. Our extraordinary fast and friendly wait staff wishes to make your visit to us an unforgettable event. You could view our menu and online order ahead—no hassle.”

Please meet at Berger Center parking lot no later than 5:15 p.m. to carpool to the restaurant.

Reservation is for 20. Bring cash because the restaurant will not provide separate checks. Reservation cutoff is September 29 or when the 20 slots are filled. If there are 20 members confirmed before this date, you will be placed on a wait-list.

RSVP on our website at www.oakmontsinglessocialclub.org or email Simone Smith—ssmith8151@aol.com.

DO YOU LIVE IN OAKMONT? ARE YOU SINGLE?

If so, join our club to mix and mingle with other Singles. Oakmont Singles Club offers the opportunity to network with other singles who may have your same interests as you. For more Oakmont Singles Social Club membership visit our website at www.oakmontsinglessocialclub.org.

LOMAA Wants You ... and You Want LOMAA

■Jerry Gladstone, OVA Board-LOMAA Liaison

LOMAA—the League of Maintained Area Associations—has about half the sub-Associations actively participating. Your sub-Association would benefit from having one or more of your Board members participating in the many activities and learning opportunities. The benefits include:

- Membership in ECHO—Educational Community for HOA Homeowners:
 1. Classes and seminars led by professional attorneys, insurance brokers and property managers.
 2. Classes targeted at increasing your knowledge and effectiveness as Board members.
 3. E-newsletters with important legal and operational information.
 4. Quarterly ECHO Journal with timely articles.
 5. TECO—the ECHO club at Oakmont Village.
- Meet and learn from fellow sub-Association board members. Share best practices and vendor recommendations. Strength in numbers.
- Participate in the LOMAA annual survey learning

about the operations of your fellow HOAs and areas of common interest. The annual survey results are also used by LOMAA to develop programs for the coming year.

- An opportunity to explore ways to reduce costs by working together with other sub-Associations.

Please contact Debra Kiddoo, President, at lomaaOakmont@aol.com for more information or access the calendar at oakmontvillage.com/lomaa for a schedule of meetings and events.

Strength and Balance Class

■Valerie Hulsey

CLASS SCHEDULE CHANGES

There will be no Strength and Balance class the first three weeks in September.

Mary will return on September 26.

Oakmont Village Association

OAKMONT VILLAGE ASSOCIATION

Hours: M–F 9 AM–5 PM—Closed 12–1 PM
Tel 707-539-1611
6637 Oakmont Dr., Ste. A
OVA E-mail: askova@oakmontvillage.com
Website: www.oakmontvillage.com
Book appointments with staff at: oakmontvillage.com/staff

MAINTENANCE OFFICE

Hours: Daily 7 AM–10 PM
Tel 707-539-6720
Maintenance Building (next to Central Auditorium)

CONDOMINIUM FINANCIAL MANAGEMENT (CFM)

OVA Accounting
Tel 800-585-4297

OAKMONT NEWS

Tel 707-206-1957
E-mail: cjmprod567@gmail.com

PAS MANAGEMENT COMPANY

Hours: M–F 9 AM–Noon, and 1–4 PM
Tel 707-539-5810
6572 Oakmont Dr., Ste. A
(for Association Maintained Homes)

ARCHITECTURAL OFFICE

Hours: M– Th 9 AM–Noon, 1–5 PM
Tel 707-539-1611
6637 Oakmont Dr., Ste. A-1
E-mail: ale@oakmontvillage.com

AVAILABLE IN OVA OFFICE

GAS SHUT-OFF WRENCH.....\$12
TENNIS COURT KEY.....\$2
RESIDENT ACCESS CARD.....\$30 EA
REPLACEMENTS.....\$30 EA
GUEST ACCESS CARD.....\$30 EA

BULLETIN BOARDS

There are three OVA bulletin boards, one at each recreation center, where OVA events can be posted. Please bring in notices to the Events Coordinator at the OVA Office. Size is limited to 8.5"x5.5". Items "For Sale", "For Rent" or "Want to Buy" can be put on a 3"x5" card and left at the OVA Office.

LOCKER RENTALS

Annual Locker Fee \$30 (January 1–December 31). If you wish to rent a locker, come to the OVA office and give us a check, your information and the number of the locker you want to rent. You provide the lock. We can prorate the annual fee. Daily use lockers are free. NOTICE: Weekly locker inspections are done by OVA Maintenance. Locks could be sawed off with no prior notice and locker contents removed on all unpaid lockers. Items will be held in OVA Maintenance office for 30 days. If you have any questions, please contact the OVA Office M-F 707-539-1611

GUEST PASSES

The following are OVA Guest Pass types and duration: 1) Guest from outside Sonoma County—up to 90 days; 2) House sitters—up to 90 days (OVA host must present written request to OVA Office for approval prior to visit); 3) Guests living in Sonoma County—2 days per card, and no more than 3 cards per month. Guest cards are available during regular hours in the OVA Office for a \$30 non-refundable fee. Guests accompanied by their Oakmont host are not required to have a Guest Pass.

STREET CLEANING

City streets in Oakmont are cleaned by the city early on the fourth Friday of each month. Residents who want their streets swept should avoid street parking overnight on those days.

**NEED A RIDE? GIVE A RIDE!
OAKMONT VOLUNTEER HELPERS**

We provide the following services to Oakmont Residents:

- Transportation to medical/dental appointments, including pet appointments, in Santa Rosa only
- Meals on Wheels, 707-525-0383

**COORDINATOR
Rides to Medical
Appointments**

September 1–15
Jenny Watts 707-367-2102

September 16–30
Monica Heath 818-653-2984

If you would like to be a volunteer, please call 707-539-8996. Donations to Oakmont Volunteer Helpers are appreciated and tax deductible. Mail your check payable to Oakmont Volunteer Helpers, 6637 Oakmont Dr., Ste. A, Santa Rosa, CA 95409. Thank you.

Mon.–Fri. medical rides before 9 AM or after 4 PM are subject to limited volunteer driver availability. No service on weekends or holidays. Please call at least three full working days prior to appointment.
We regret that we are unable to provide either wheelchair or emergency service.

**LETTERS TO THE EDITOR
WRITER GUIDELINES**

The *Oakmont News* welcomes letters of up to 250 words from residents to express opinion, criticism or praise. They must include the writer's name and Oakmont address, although the address won't be published. See details on how to send them at <https://oakmontvillage.com/submit>. While letters to the editor may be edited for length and spelling, they are not edited for accuracy. Opinions are that of the writer and not necessarily the Oakmont Village Association.

POOLS & JACUZZIS

Access to OVA pools is by magnetic card. Call OVA Office, 707-539-1611 if you need a permanent new member pool access card or to register for a temporary guest pool access card.
WEST: 7 AM–9 PM
(Closes 7 PM Wednesdays for cleaning)
EAST: 6:30 AM–9 PM
(Closes 7 PM Mondays for cleaning)
CENTRAL: 5:45 AM–9 PM
(Closes 7 PM Tuesdays for cleaning)
JACUZZI HOURS: Same as facility. No one under 18 years in West and East pools and Jacuzzis.
CENTRAL POOL HOURS FOR PEOPLE UNDER 18:
Labor Day–Memorial Day: 11 AM–2 PM daily
Memorial Day–Labor Day: 12–4 PM daily
Children must be accompanied by an OVA member/resident or adult with a valid guest pool access card.
NO LIFEGUARD ON DUTY AT ANY OVA POOL.
ALL FACILITIES CLOSED CHRISTMAS DAY.

**STORAGE UNITS
AND PAR KING**

Oak Creek RV & Self Storage
SP176, www.storagepro.com
707-913-7326

LIBRARY

Central Activity Center, 310 White Oak Dr.
Hours: Daily 6 AM–9 PM. Closed Christmas Day. It is run by volunteers. All donations are gladly accepted. Materials we cannot use will be passed on to others.

**OAKMONT COMMUNITY
GARDEN ON STONEBRIDGE**

For more info on signing up, email Oakmontcommunitygarden@gmail.com. Contact for current availability.

HAPPY TAILS DOG PARK

6302 Stone Bridge Rd
Open to residents of Oakmont Village Association from sunrise to sunset. Small Dog Hours are from 9–10 AM on Sundays and Wednesdays.

FITNESS CENTER

Central Activity Center, 310 White Oak Dr.
Daily 5:45 AM–9 PM. Closed at 7 PM on Tues. for cleaning. Closed Thanksgiving and Christmas day.

**2025–2026
OVA BOARD OF DIRECTORS**

E-mail: askova@oakmontvillage.com

Matt Oliver, President
matt.oliver@oakmontvillage.com

Jerry Gladstone, Vice President
jerry.gladstone@oakmontvillage.com

Jess Marzak, Secretary
jmarzak@oakmontvillage.com

Heidi Klyn, Director
heidi.klyn@oakmontvillage.com

Jeff Neuman, Director
jeff.neuman@oakmontvillage.com

Neill Ray, Director
neill.ray@oakmontvillage.com

Robert Williams, Director
robert.williams@oakmontvillage.com

Tom Kendrick, Treasurer
(Non-voting officer)
tom.kendrick@oakmontvillage.com

**GENERAL MANAGER
Christel Antone**
christel@oakmontvillage.com

OVA BOARD MEETINGS

Townhalls 1st Tuesdays of the month
and board meetings 3rd Tuesdays
of the month, 1 PM

Always online via Zoom and in-person when possible. All residents are welcome. Information to join online is e-blasted out to the community for every meeting along with the in-person location when applicable. Sign up for e-blasts from OVA at oakmontvillage.com/inside.

The Board of Directors of Oakmont Village Association reserves the right to select those articles submitted for publication that seem appropriate to the purpose of this association.

**HOW TO CONTACT
YOUR LOCAL OFFICIALS**

**County Supervisor Rebecca Hermosillo
District 1**

Phone 707-565-2241
Address: 575 Administration Drive,
Rm. 100A, Santa Rosa 95403
Email: rebecca.hermosillo@sonoma-county.org

**City Councilwoman Dianna MacDonald
District 3**

Email: dmacdonald@srcity.org
Address: City Hall, 100 Santa Rosa Ave.,
Rm.10, Santa Rosa 95404

PUBLIC TRANSPORTATION AVAILABLE IN OAKMONT

- CityBus #16 bus takes residents to 5 different shopping centers weekday mornings and around Oakmont afternoons.
- Sonoma County Transit #30 bus goes to Memorial and Kaiser Hospitals and downtown Santa Rosa. Returns via Oakmont to Sonoma.
- Schedules available at OVA office.

BE ON OVA E-MAIL LIST

Know what's going on in Oakmont. You'll receive the weekly "Inside Oakmont" newsletter, Board Meeting notices and agendas, special notices and meeting announcements. To join the OVA's e-mail list, visit oakmontvillage.com/inside and enter your information to subscribe.

CLASSIFIEDS

BODEN PLUMBING, HEATING AND AIR

For all your plumbing and heating needs. Local plumbers in business since the late 20th century, licensed, bonded and insured. Same day service is often available. Money-saving coupons! CA Lic. #659920. Please call (707) 996-8683 or go to www.BodenPlumbing.com.

BABE’S TRANSPORT

A personal transportation service for airports, cruises and vacations, doctor visits, shopping and so much more. Flat fee per trip. Larger vehicles on request. All drivers Covid vaccinated. Commercially licensed and insured. TCP #40474. Call Babe’s for reservations at (707) 545-2850.

ELECTRICAL CONTRACTOR

For all your electrical needs, including rewiring, troubleshooting, generators, panel upgrade, lighting, EV chargers, security/landscape lighting. Available 24/7. Lic. #461220. Free estimates. Call (707) 690-2541. Visit www.begintobuild.com.

GARAGE DOOR SERVICES

Locally owned and operated Dependable Doors offers full servicing, repair, and replacement of garage doors and motors. Call Casey at (707) 775-8009 for all of your garage door needs. Lic. #1016951.

DOORS AND WINDOWS

Consultive sales and installation. Local suppliers. Father and son team, 30 years of experience. Lic. #527924. www.doorbeautiful.com. Call (707) 539-3196.

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Heating, Cooling, service and repair. Serving Sonoma Valley. Call Vince Parish at Ridgeback Mechanical, (707) 666-5056.

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Gavin Anderson, local Sonoma resident. 20+ years experience. Senior pricing. Free estimates. Call 935-6334.

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MASSAGE THERAPY BY BRITTANY KOOP

We moved to 4000 Montgomery Drive. Please call (707) 849-3915 to book an appointment. 20% off for Oakmont residents.

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Pruning, trimming, hedges, mowing. Fruit trees, stump grinding. Pressure washing. Over 20 yrs. of experience. Free estimates. Now accept credit cards. Visit website: ajyardservice.com. Call Alex, (707) 322-1646. Lic. #06530716.

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I can come to your home to put your trash receptacle to the curb Wednesday afternoon, and bring it back on Thursday afternoon. Call Dan Lennox, (707) 889-0205.

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VALLEY OF THE MOON PLUMBING

We are a local plumbing company that can take care of all your plumbing needs from service and repair, to remodels and additions. Call today to schedule a free estimate. (707) 800-2043.

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Certified CNA. 25 years of experience. Compassionate and professional. I am committed to delivering quality, individualized care with a focus on comfort, dignity, and well-being. Specialize in Parkinson’s and Dementia Care. References available. Enrique, (707) 319-5353, email: epcaparas@gmail.com.

SONOMA VALLEY LEGAL SERVICES

Providing legal services for Estate Planning, including preparation or amendment of wills, trust, healthcare directives and powers of attorney. Family Law Mediation and other non-litigation family law services. Call for a free 30-min. consultation. Attorney Bailey Penzotti, (707) 203-2247.

PETERSON PRESSURE WASHING

Located in Santa Rosa, a locally-based pressure washing company. Servicing Sonoma and Marin County. Driveway cleaning, house washing, roof washing, and more, Anthony Peterson, (707) 481-5205 or Email petersonpressurewashingppw@gmail.com. Website: petersonpressurewashing.com.

SL ELITE SERVICES

Handyman services. Landscaping/ monthly subscription optional. Junk removal, brush clearing, weed whacking and tree care. Call now and schedule your quote today (ask for German), (800) 750-8538.

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Errands, food prep., pet care, light housekeeping, companionship. Also, soothing professional Celtic Harp and Music for Special Occasions. 40 yrs. exp. References. Call or text Jewel at (503) 487-7338. Oakmont resident.

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Oakmont’s trusted resource for carpentry, drywall, electrical, plumbing, installation and assembly. Fair hourly rate. Call (707) 881-7292. Website: www.thehandylance.com.

BEST DOG WALKER IN OAKMONT

Excellent references. Loving, patient and dependable, your fur baby will love me! \$25 per responsible, attentive walk. Please call or text Annette, (619) 993-6834. I’m looking forward to meeting you and your dog.

ARE YOU OVERWHELMED WITH CLUTTER IN AND AROUND YOUR HOME?

Looking for space saving tips and tricks for areas for your home that need some TLC? Or long-term effective solutions for bigger organizational projects? Let me help implement Flow, Freedom and Functionality in your space(s). Melanie L. Elliott, Peace Of Mind Organizing, (707) 591-1450. Website: www.organizewithpom.com.

TONY’S GARDENING SERVICES

General landscape, mowing, yard maintenance (free fertilizer included, so your grass and plants can be greener than every), high weed clearance. Clean-up, hauling, trimming, pruning and gutters. Free estimates. Ref. available. Tony Sandoval, (707) 321-2958.

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Available 24/7 or hourly, nights, long-term or short-term. 20+ yrs. experience providing honest, reliable, dedicated, competent, compassionate care, with a sense of humor. Native CA, clear background check with fingerprinting. Specialize in Dementia. Starla, (925) 698-6312. References and website. Not an agency.

Oakmont News Classified Rates

- Classified ads of 150 spaces or less, (payment to accompany this form) \$25 per insert
- Pre-paid standing ads of 150 spaces or less, for a period of 3 months (6 issues) \$120
- Pre-paid standing ads of 150 spaces or less, for a period of 6 months (12 issues) \$216
- Pre-paid standing ads of 150 spaces or less, for a period of 1 year (24 issues) \$384

A space is a letter (including those in the heading), punctuation mark, and a space between the words in the ad. Additional \$4 for the next 40 or less spaces. Whenever applicable, CA state license or certification number must be included.

DEADLINE: 10 days prior to publication.

MAIL TO: CJM Productions, 2105 Longhorn Circle, Santa Rosa, CA 95401 • Tel (707) 206-1957 • cjmprod567@gmail.com

Classified Order Form

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ADDRESS _____

CITY, ZIP _____

\$_____ Check, Money Order or Cash

HEADLINE _____

BODY TEXT _____

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... is owned by the **Oakmont Village Association** which, through its board, sets editorial policy.

The **OVA** has contracted with **CJM Productions** to handle typesetting, layout, printing and free distribution of the *Oakmont News*, the latter by U.S. mail, to each home via 3rd class mail.

CJM Productions also handles advertising for the *Oakmont News*.

CJM Productions and the **Oakmont Village Association** assume no responsibility for the content of any ads that appear in the *Oakmont News* nor do we endorse or recommend any product or service advertised herein.

CA law requires all CA licensed contractors to list their license number in their service advertisements. CA law also requires contractors performing work totaling \$500+ (incl. materials & labor) must be licensed by the Contractor State License Board (CSLB) to work in California. For information contact the Contractor’s State License Board at www.cslb.ca.gov.

■Linda Suhr

OCTOBER SPECIAL EVENTS

Café Mortel is where you come to learn about and share how to prepare for the end of life—mentally, emotionally, practically and spiritually. Our regular open-discussion-in-the-round meetings are every other month. Talking about dying and death with like-minded folks in a safe environment, helps you become more comfortable with your inevitable end and more able to enjoy life now. Who doesn't want that?

Our next Café Mortel meeting is Oct. 8, 3–4:15 p.m. in the East Rec. More info in the upcoming *Oakmont News*.

Café Mortel is sponsoring two special, in-person workshops in Oakmont that require pre-registration:

Café Mortel



Advance Health Care Directives with Heart (4-session workshop) led by Linda Suhr of Autumn of Life Planning: Oct. 2, 16, 30, and Nov. 13, 2:30–4:30 p.m. You may have your Advance Health Care Directive written and filed, but have you thought deeply about what you would want—or not want—if you were seriously ill or had dementia? Do you know about available choices at life's end? Have you had heart-to-heart conversations with your important people about what is really important to you and how to honor your wishes? Contact linda@autumnoflifeplanning.com for more information and registration.



Are You Ready? End of Life Options workshop presented by Final Exit Network: Oct. 17, 1–3:30 p.m. Join FEN to learn about options for comfortably and safely hastening your death if you find yourself with an unacceptable quality of life and how to better position yourself for having choice in determining the time of your death. The presentation will not cover specific medications, equipment or self-deliverance techniques. This workshop is meant for those who want to have agency at a future time of intractable pain or suffering.

Update: This workshop is full. For information and to get on the wait list, send an email to workshop@FinalExitNetwork.org stating your full name and email address.

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Oakmont Democratic Club

■Sue Carrell and Robin Jurs



Protest on Oakmont Drive. (Photo by Robin Jurs)

WHO SAID DEFENDING DEMOCRACY WOULD BE EASY?

Our first Oakmont Protest on August 16 was a big success. Over 140 Oakmonters lined up along Oakmont Drive with signs declaring their commitment to challenging threats to our democracy. We have decided to hold a local protest every month on the 4th Saturday. Next protest: September 27 from 9-11 a.m.; bring your sign.

On August 26, a dozen Oakmont residents went to the Sacramento State Capitol for Lobby Day. Following a Big Rally on the Capitol Steps, small groups were assigned specific legislators to explain the need to pass SB 42, the CA Fair Elections Act. This Act would not create a public financing system; it would repeal the current ban for jurisdictions to offer it. Participants got many positive responses from legislators. Next step: it will be voted on by the Assembly, it has already passed the Senate.

On August 27 at the Santa Rosa Democratic Club monthly meeting, Congressmen Jared Huffman and

Mike Thompson spoke to a crowded room about Prop 50, the Election Rigging Response Act, proposed by Governor Newsom, and passed in the CA legislature to offset the actions of the Texas legislature to create five more Republican districts. It will take a major effort by Democrats, Independents and Progressives to get this passed in the upcoming November 4 election. Join our efforts.



Pictured left to right: Sandy Bayles, Ed Biglin, David Schmidt, Sue Carrell, Miles Dillingham and two unidentified young men from SSU. (Photo by Jeff Zalles)



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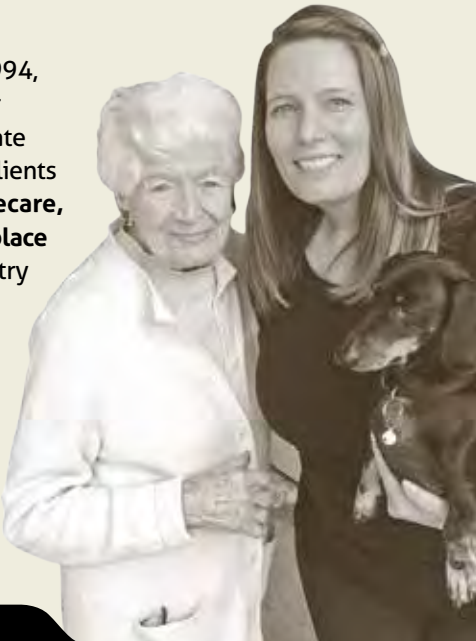
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— Eugene M.

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Movies At Oakmont



WHERE: Berger Center
SCREENING DAY AND TIME: Sundays at 2 p.m.
HOSTS: Mike McInnis, Deborah Davidson, Jeff Neuman and Barbara Marquardt.

NOTE: All films are shown with English subtitles, when possible, free of charge—compliments of the OVA.

SEPTEMBER 14: MY MOTHER'S WEDDING

Three sisters return to their home for the third wedding of their twice-widowed mother. But the mother and daughters are forced to revisit the past and confront the future, with help from a colorful group of unexpected wedding guests. 2023, NR, 1:35.



SEPTEMBER 21: IN THE HEIGHTS

In Washington Heights, a sympathetic New York bodega owner saves every penny every day as he imagines and sings about a better life. 2021, PG-13, 2:23.



SEPTEMBER 28: THE ROSES

A tinderbox of competition and resentments underneath the façade of a picture-perfect couple is ignited when the husband's professional dreams come crashing down. 2025, R, 1:45.





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