

OAKMONT NEWS

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On the Walk



Diane Mohar caught a few moments in nature while walking her dog in Oakmont. The fox was seen near Anella Creek Bridge on Oakmont Drive, and the dragonfly was at a lake in the Twin Lakes neighborhood.



Town Hall on Fraud and Scams

■Oakmont Village Association

Join us for a Town Hall with the Santa Rosa Police Department on Tuesday, September 1, from 1–3 p.m. at the Berger Center, and also on Zoom. This presentation will be recorded.

Law enforcement will cover common fraud and scams, property crime, and other targeted crime trends to watch for in your neighborhood. Returning speaker John Guaraglia from SRPD Community Outreach will be joined by additional officers to share prevention tips and answer questions.

Zoom Meeting ID: 828 2695 8858. Passcode: 152695.

County Presents Plans for Los Guilicos Behavioral Health Facilities

■News Staff

Sonoma County has proposed construction of youth and adult locked behavioral health facilities, pending site approval and state funding that could be decided by early fall.

At a town hall meeting Aug. 11 in Oakmont, District 1 Supervisor Rebecca Hermosillo said the county has approved a youth facility to be built at the Los Guilicos campus, and is waiting for approval on funding for an 88-bed adult facility located at either the Los Guilicos or Orinda (Bennett Valley) campuses.

See **LOS GUILICOS** on page 4

Board to Discuss Berger Center Scope at August 24 Workshop

■Jackie Ryan and Marlena Tremont

An OVA Board Workshop on the Berger project will be held on August 24 at 1 p.m. at the Berger Center. The Workshop re-establishes an Oakmont meeting method that was successfully used by past Boards to allow residents to observe the board working together to define and discuss projects and issues. This Workshop is expected to explore the scope of the project that could range from urgent HVAC replacement to expanding the footprint to include a vestibule.

See **BERGER** on page 4

President’s Message #6: Oakmont Finances 101, Part 3

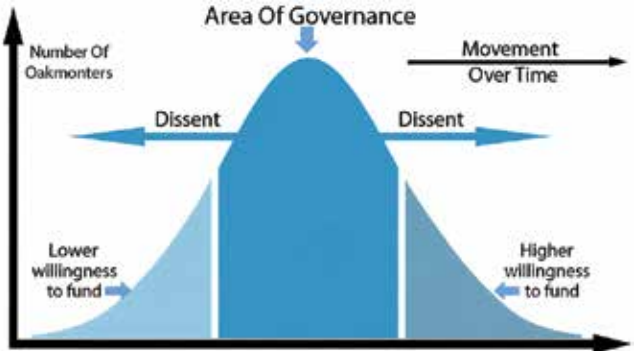
■Steve Spanier, OVA Board President



How Oakmont should be governed is a question that has preoccupied me since before my initial board service in 2018.

Below is a diagram illustrating one possible answer.

Residents often fall into two camps when it comes to how Oakmont should spend money: Some believe we’re now built out and have a lower willingness to fund more than what it takes to minimally maintain our current infrastructure. Others have a higher willingness to fund improving our Oakmont’s facilities, pointing to our community mission statement that Oakmont “should be perceived as a premier active adult retirement community in comparison with other similar retirement locations ...”



There are many reasons why residents might feel strongly about funding or not funding Oakmont’s facility improvements. Each homeowner has the right to allocate their money as they wish and to vote for candidates that support those ambitions whether that’s in Oakmont’s best interests or not.

See **PRESIDENT’S MESSAGE** on page 4

Sunset on the 17th



Ron Kaufman captured a colorful sunset off the 17th hole at Valley of the Moon.

GoGo Grandparent Partnership Set for October

■News Staff

GoGo Grandparent, a transportation service that is slated to replace Bus Route 16 in the community, could launch as early as October.

“Our goal is to maintain transportation support for Oakmont residents while exploring a model that provides greater flexibility, more choices, and the ability to adapt as our community’s transportation needs may evolve,” General Manager Christel Antone said at the August board meeting.

Antone said the contract should be presented to the board for approval by next month, with a go-live date of October 2026. Route 16 will continue running through the first month of the pilot, creating an October-to-November overlap so residents can get to know GoGo Grandparent and OVA can learn more about residents’ experiences, she said.

Antone encouraged community members to volunteer as resident ambassadors for GoGo Grandparent to help support neighbors during the transition.

“There are still things that we’re working on with the additional transportation services that might be out there,” she said. “But this is a good pilot program that I think that we can control. It’s very flexible and it has the ability to do even more than what Bus 16 does.”

To become a volunteer or learn more about the service, contact the OVA office at (707) 539-1611 or email askova@oakmontvillage.com.

The board also adopted an election timeline and unanimously approved continuing to use ProElections as Inspector of Elections for the 2027 annual election, which is scheduled for April 5, 2027.

“As with any first-year implementation, several opportunities for improvement were identified,” Antone said, noting that new processes will ensure all voting classes and governing documents, including the Oakmont Gardens voting requirements, are

See **BOARD** on page 5

TEAM DEVOTO HARD AT WORK!



7536 Walnut Orchard Way
\$1,275,000 Beautiful Residence 6 Plan



426 Woodley Way
\$899,000 Former Sugarloaf Model Home



358 Twin Lakes Drive
\$719,000 Lovely Monterey Plan



367 Miramonte Court
\$740,000 Gallaher Kenwood Plan



1 Meadowgreen Court
\$505,000 Great Location Sycamore Plan



214 Oak Shadow Drive
Beautifully Updated Redwood Plan



138 Oak Shadow Drive
Expanded Owner Maintained Birch



113 Valley Oaks Drive
Lovely Juniper Plan



469 Pythian Road
Custom Updated Manzanita Plan

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Food Truck Coming to the Berger

WHEN: Saturday, August 22
WHO: El Coyote from Sonoma and Mariapilar Ice Creamery Cart for dessert
WHERE: Berger parking lot
TIME: 5–7:15 p.m., with tables and chairs on the plaza to dine



Toxic Waste Collection



■OVA Staff
**TUESDAY, SEPTEMBER 8, 2–7 PM
AT WEST REC.**

LIMITS: 15 gallons of liquid (with a maximum of five gallons per container) or 125 pounds of solid material. Never mix chemicals. Place in sealed containers in the trunk, packed to prevent spills. Syringes/needles must be in sealed, approved Sharps containers.
NOT ACCEPTED: Explosives or ammunition, radioactive materials, biological waste (except syringes), TVs, computer monitors and other electronics and business waste.
Online appointments are available. To sign up, visit zerowastesonomahhwevent.as.me/Oakmont.
You can also call (707) 364-6927 to schedule an appointment. Only 100 appointments available—first-come, first-served.

Stella Heath to Perform the Music of Ella Fitzgerald

■OVA Staff
On October 8, Oakmont is pleased to welcome back Bay Area vocalist Stella Heath for an evening dedicated to one of the most influential voices in American music history: Ella Fitzgerald, the First Lady of Song. The show starts at 6 p.m. at the Berger Center. Doors open at 5:30 p.m. \$30 tickets are available at the OVA office.



In her new show, “Stella Swings Ella,” Heath takes on Fitzgerald’s iconic repertoire with the support of an all-star band featuring Neil Fontano on piano, Ian Scherer on guitar, Daniel Fabricant on bass, Robby Elfman on saxophone and clarinet, and Spike Klein on drums.
Ella Fitzgerald’s career spanned nearly 60 years, during which she transformed from the energetic force behind the swing era at Harlem’s Savoy Ballroom into a pioneering jazz vocalist celebrated for her bebop improvisation and groundbreaking songbook recordings. Her collaborations with towering songwriters like Cole Porter, Duke Ellington, and George Gershwin helped elevate their compositions into enduring American classics. In her later years, she continued to mesmerize audiences around the world, often accompanied by the virtuoso guitarist Joe Pass.
Stella Heath is no stranger to bringing jazz legends to life on stage. Known for acclaimed programs such as “The Billie Holiday Project” and “Stella Meets Nat,” Heath brings the same depth and artistry to her tribute to Fitzgerald. With her formidable band behind her, Stella Swings Ella promises to be an unforgettable evening celebrating the music, spirit, and legacy of one of jazz’s most beloved voices.

OAK at the VOM Golf Club



■Khiana Schmuhl, General Manager, Valley of the Moon Club
From league golf to live music, paint nights, and a first-ever talent show, there’s a lot on the calendar at Valley of the Moon this summer. Here’s a roundup of what’s coming up on the course and in the clubhouse.
Visit playvom.com for up-to-date information about happenings at the Valley of the Moon Club and OAK restaurant.

ON THE COURSE

Spark Golf League returns for another season of casual, social nine-hole golf. Running every Thursday evening through September 3, the league is free to join and welcomes players to show up as often as they’d like while competing for end-of-season prizes. Rounds run \$24 for the green fee, \$14 for the cart, and \$9 for the league fee, with sign-ups available online.
For regular players, the Twilight Membership remains one of the best deals around: \$39 a month gets you a \$23 rate—green fee, shared cart, and a small bucket of range balls included—any time you play after 1 p.m., seven days a week. Applications are available on the website.
It’s also not too late to sign up for an Annual Membership. Reach out to me at kschmuhl@playvom.com or check the website for details.
Looking to host a golf outing? The club is booking tournaments and corporate events now. Call (707) 539-0415 to set up your own league or event, or submit a request directly at playvom.com/tournaments.

IN THE CLUBHOUSE

Every last Wednesday of the month, from 9 a.m. to 2 p.m., a knife-sharpening van sets up in the OAK

banquet parking lot—\$8 per knife and \$14 per garden tool.
Music Mondays keep the live entertainment going, with the Coffey Park Band closing out the month on August 31. The lineup continues into September with Hwy 12 Band on Sept. 14 and repeat sets from Coffey Park (Sept. 21) and the Fargo Brothers (Sept. 28).
Paint Nights, hosted by Paint Cellars Sonoma County, return September 4 from 5 –7 p.m. with doors opening at 4:30. Tickets are \$45 per person and include all art supplies—no experience necessary. Dinner, appetizers, and wine (21+) are available for purchase throughout the evening, though food and drink aren’t included in the ticket price. Sign up at www.paintedcellarssoco.com.

SAVE THE DATES

On August 30, the club hosts its first-ever Community Talent Show, from 5–8 p.m. Singers, comedians, magicians, dancers, and group acts are all welcome—just get your act and lineup details to Marisa by July 31. Audience tickets include preferred seating and a \$10 cover, with food and beverage available from 5–7 p.m. Contact Marisa at (707) 539-0415 ext. 6 or mmanagno@playvom.com.

A FEW REMINDERS

Please don’t fish in any of the golf course ponds—it’s a safety concern. And be sure to check playvom.com for posted walking hours on the course.
To subscribe to receive all Valley of the Moon email communication, visit www.playvom.com/contact/newsletter-signup.

Fall Vaccine Clinics

■Oakmont Village Association
Appointments are now available for two vaccine clinics this fall—Sept. 21 at the East Rec. Center and Oct. 22 at the Berger, each from 9 a.m. to 4 p.m. 2026-27 COVID vaccines will be offered, and also the 2026-27 Flu, RSV, and pneumonia vaccines.
You can make an appointment for either date at www.safeway.com/vaccinations/group-clinic/OakmontVillageofSantaRosa2026.
Consent form: oakmontvillage.com/article/informed-consent-for-immunization.
Please bring your medical, prescription and/or Medicare part B card to the clinic, along with your consent form. Safeway is unable to bill for Kaiser members. If you are a Kaiser member, please contact your provider.



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BERGER Continued from page 1

The California Open Meetings Act permits workshops as informal, educational working sessions where board members can discuss issues in-depth, review options, gather information, plan projects or prepare for future decisions. The workshop is open to members, however no final action, decisions or resolutions can be made.

“The Workshop format will bring more transparency to Oakmont governance,” said Steve Spanier, OVA board president. “We are delighted to work on the scope of the Berger Center project in front of the community.”

At the workshop, the board will examine data for the Berger project that is currently available and will discuss potential directions. Staff will be on hand to answer questions. Residents are asked to observe the discussions and reserve their reactions until a comment period is opened.

LOS GUILICOS Continued from page 1

Hermosillo and other staff directors provided detailed information about the pressing need for the proposed facilities and a pared down state request for \$67 million to build the adult center to help serve the growing list of those in need by June 2030. The youth psychiatric facility would be county-funded.

“We went to the Board of Supervisors to essentially approve sort of the Hail Mary plan to go back to the State (for adult facility),” said Nolan Sullivan, director of health services. “The value of the Moonshot program is that we will have 16 beds here at home that are county paid for and cost a fraction of the price to the taxpayers,” he said. “It will save the county millions” in providing the required treatment. “We will never have this opportunity again.”

The presentation drew a varied response from attendees, ranging from support for vulnerable populations to concerns around safety, evacuation, and facility populations.

Currently, the Los Guilicos campus is home to several county-run facilities, including Eliza’s Village Emergency Shelter, which houses 60-90 residents; Juvenile Hall, with a capacity of 984; the California Children’s Services Community Clinic; the Valley of the Moon Children’s Center; the locked, 16-bed Adult Psychiatric Health Facility; Court Appointed Special Advocates (CASA); and the Sheriff’s Department Shooting Range.

Slated to open in 2028, the state-approved Youth Psychiatric Facility is funded by an \$18 million state grant awarded three years ago. The locked facility would have 16 beds for youth with mental health and/or substance abuse issues, with a 24-day hold.

The proposed 88-bed behavioral health facility project, named Moonshot, remains in the early stages of planning as the county awaits state funding. Contractor bids for the project are due August 25, but using the Orinda location could add more than \$20 million to the projected costs, according to county officials.

Santa Rosa Fire Marshal Paul Lowenthal and Director Sullivan answered residents’ concerns over evacuation in the event of wildfire.

“Most residents don’t have cars,” Director Sullivan said, then shared how Los Guilicos would evacuate its own residents in an emergency, using passenger vans, a bus, and a team of emergency drivers.

On the question of safety, county officials described the locked conditions of current and proposed mental and behavioral health facilities. Susan Chauncy, who previously served as the Oakmont liaison with Los Guilicos, said there have been no verified incidents involving Los Guilicos residents in Oakmont.

Officials also said two to three security guards are currently on-site at the locked facilities 24 hours a day, and that security cameras are being installed over the next few months.

Director Sullivan said officials would provide the Oakmont Board with updates following the state’s decision.

PRESIDENT’S MESSAGE Continued from page 3

However, clinging to strong, dissenting opinions have caused a divide in Oakmont, and, I imagine, a divide in most active adult communities.

It is my hope that we, as a community, can meet somewhere closer to the middle. Oakmont boards governing within the portion of the chart labelled “Area of Governance” will experience the least resistance. In my fourteen years here, I’ve noticed that boards trying to govern outside this range must navigate increased dissent, making it more difficult to get anything done. That dynamic is exacerbated by board turnover as, on average, half the board changes each year.

Long-Range Planning Committee data indicates people move to Oakmont based on location (beauty, good weather, lots of nearby outdoor activities, excellent cuisine, etc.), proximity to family and relative affordability. Over 70% come from elsewhere in California and, of those, over half come from the Bay Area. California is wealthier than most other states and the Bay Area is one of the wealthiest areas in California.

Because of this, we may reasonably conclude that the entire normal distribution shown in the chart (often referred to as a “Bell Curve” in the social sciences) may be moving to the right. In other words, those who are in favor of funding improvements to our community may be increasing. If that’s so, it’s reasonable to expect that the relatively wealthier people who move here will want the community to provide the lifestyles to which they have become accustomed. To do so, they will seek board positions and attempt to direct the community accordingly.

Here’s the key point: these trends don’t care what any Oakmont resident or Board wants. As we saw in the last article, we can’t control inflation. As this article emphasizes, we also can’t control who decides to move here. OVA boards can propose very grandiose building plans or do almost nothing in an attempt to limit dues increases. Dissent will grow in either case, those boards will more than likely get voted out, and Oakmont will ultimately trend back towards the mean.

Whatever Mr. Berger intended to build when he envisioned Oakmont over 60 years ago has virtually nothing to do with what our community is now and what it should or will be in the future. That depends only on what has actually happened since then, and what will continue to happen based mostly on inflation and resident demographics: forces we don’t control. Oakmont boards can either recognize these trends and do their best to govern based on them or not. But, either way, I believe these trends are real and will continue to impact us.

In this article series, I’ve tried to explain Oakmont finances and the forces I believe impact board financial decisions—past, present and future. Writing about these trends gives me no particular pleasure. Like you, I pay dues and assessments and would prefer to pay less because all my other costs are rising and my income is not.

However, understanding the forces that impact Oakmont’s finances and the legal duties of Oakmont’s Directors make it easier for me to rationalize dues increases as a necessary part of living in community. I hope this series has helped you in the same way.

If boards continue to track and try to understand these trends, they can better fulfill their fiduciary responsibilities to the community by dealing firmly with reality rather than what any of us, including me, might hope for

Meet Your Neighbors Welcomes SRFD to Next Meeting

■Matt Zwerling, MYN Co-Chair

You are invited to attend the monthly MYN meeting on Wednesday August 26 at 2 p.m. in the East Rec. Center to hear Paul Lowenthal, Division Chief—Fire Marshal from the Santa Rosa Fire Department.

The June 13 Ledson fire across Hwy. 12 was a stark reminder of our history and vulnerability from wildfires in Sonoma County. Fortunately, our Watch Duty app confirmed the fire’s location and wind direction away from Oakmont. Do you have Watch Duty on your mobile phone? Have you signed up for both Civic Ready and SoCoAlert, our local city and county alert systems? These three alert programs are critical to keeping us informed when there is a fire, or other emergency, in the vicinity which potentially threatens our community. If you need help in getting these set up, contact us at myn@oakmontvillage.com.

Have you had a free firewise assessment of your property by members of the Firewise Resource Task Force? Your participation in efforts to mitigate the impact of fires are critical to preserving our homes and community. Learn about defensible space and a lot of other helpful information on the FRTF site of the OVA website. Schedule a firewise assessment by sending an email with your name, address and phone number to firewise@oakmontvillage.com or by calling the OVA Office at (707) 539-1611.

And, while these recent fires are at our doorstep, recent major earthquakes in Venezuela, Japan, and now Colombia, are reminders that Oakmont sits adjacent to two major earthquake faults. Are you prepared to shelter in place if a 7.0, or greater, earthquake strikes Sonoma County? We encourage you to read the valuable Tips information for being prepared on the MYN website—oakmontvillage.org/myn.

Remember, neighbors knowing neighbors, neighbors helping neighbors is critical for everyone’s safety and well-being.

Valley of the Moon Saturday Club

■Craig Lawson

GOLF WITH THE SATURDAY CLUB

The Valley of the Moon Saturday Club just completed its Club Championship. Kerry Brown defeated Ralph Wade in the Champions flight. John DiCara defeated Eamon Kelly in the Handicap Flight. Each player went three rounds to ultimately end up with their respective championship. Congrats to all participants.

On August 29 and September 5, we’ll host our annual Ryder Cup. The line-up is full, with 20 players participating in this fun-filled two-day event. The two 10-person teams will be selected by the captains (lowest 2 handicappers) on August 22. The first day we’ll play 2-person teams, playing 9 holes of alternate shot, and then 9 holes of 2-man best ball. On the second day will play 18 holes of individual match play. The event culminates with a luncheon at the Oaks where the winning team will get bragging rights and the fruits of their labor.

On October 24 we’ll host our annual Member/Guest Day. There are 24 slots open to a combination of members and guests. The format is 2-person best ball, or 4 ball. Entry fee is \$25 and includes lunch afterwards. Winners will be announced along with distribution of winnings.

If any of you (men or women) are interested in golf, and interested in these types of events, please drop me a line at craig@calcbs.com.

New Firewise Project Library Webpage

■Roger Biery, Firewise Task Force

The Oakmont Village website now has a comprehensive Firewise Project Library page. The new page contains handy “All-in-One” guides for both defensible space and home hardening, as well as detailed guides for individual projects ranging from decks and fencing to vents and gutters. The library also includes a guide outlining how neighbors and Sub-HOAs can collaborate on various Firewise projects.

Another important addition is a new, streamlined Homeowner Project Reporting Form. Submitting this simple form to report projects that make individual homes more Firewise will help the Oakmont Village Association maintain its Firewise USA recognition. Being a Firewise USA community makes Oakmont residents eligible for potential homeowners insurance discounts under California’s Sustainable Insurance Strategy.

The new Project Library page joins the existing Firewise Actions and Firewise Resources pages. Together these webpages provide Oakmont residents the information they need to help reduce the threats to loss of life and property due to wildfires.

All three Firewise pages are linked and can be accessed conveniently by visiting oakmontvillage.com/firewise.

BOARD Continued from page 1

incorporated into the election process.

“The post-election review found that the challenges experienced during the 2026 election were primarily related to implementing a new electronic voting process and onboarding a new Inspector of Elections, and not deficiencies in ProElections’ overall services,” Antone said. “With OVA’s newly implemented Election Operations Manual, Standard Operating Procedures, quality control procedures, and a full year of shared experience, staff believes the election process will be significantly stronger in 2027.”

The board approved an Oakmont Firewise Home Recognition Program, which will recognize homeowners who implement top safety practices and neighborhoods that reach participation thresholds set by the program.

“There’s been a lot of dialogue with the community about the existential threat that a community fire could pose to Oakmont, and what our risks are and what we think are some of the things that we can do about that,” Director Jeff Neuman said of the voluntary program. “This is an effort to put into place a program where we will identify a very small list of items that we think really reduce the risk of a community wildfire.”

The board unanimously approved the charter and member guidelines for the Oakmont Gardens Committee, which will create a collaboration between OVA and Oakmont Gardens. Also approved was the charter for the Bylaws Amendment Committee, and the appointment of Claudia Cappio to the Architectural Committee.

The Emergency Communications Task Force received funding from the Oakmont Community Foundation for 150 reflective placards that will identify the homes of radio volunteers in Oakmont neighborhoods. Printed on a 7” x 10” aluminum base with reflective ink, the placards are suitable for outdoor or indoor display. The task force also had a commercial high gain antenna mounted to the West Rec cabana, which was funded by a grant from Jeff Neuman so that the committee could buy radio equipment. The task force will hold their Fall Drill on Oct. 24, with a scenario of severe weather activity.

President Steve Spanier announced a board workshop on Monday, Aug. 24, at 1 p.m., where the board will discuss the scope of the Berger Project in an open setting. The meeting will be held at the Berger and also via Zoom.

OVA Welcomes American Idol Alum to Berger

■OVA Staff

OVA is excited to welcome recording artist and American Idol alum Nick Crossen to the Berger stage on September 10. Doors open at 5:30 p.m., and the show begins at 6 p.m. Tickets are \$30 each, available at the OVA office.

Crossen is a singer, recording artist and performer with roots in San Francisco Bay Area Theatre, and appeared on season 12 of “American Idol.” He’s currently celebrating the 2026 release of his debut

full length album, “I’m Doing Okay,” which features personal interpretations of covers from the likes of Joni Mitchell, Don McLean, Stephen Sondheim, Alan Menken, plus his own songwriting debut.

Pianist Parker Grant, who’s featured on the album, joins Crossen in this show for an evening of new perspectives on old classics.



Oakmont Emergency Communications Task Force (OECTF)

■Tom Pugliese

We are actively seeking to recruit Oakmont residents to join our network of neighborhood radio Zone Communicators.

The OECTF provides access to City and County first responder support when normal communications (911, cell, internet, ETC.) are either down or overloaded during an emergency such as an earthquake. Volunteers residing in the neighborhoods, carrying low power 2-way radios, request assistance through our radio network that has direct access to the County Emergency Operations Center and REDCOM. Updates from official sources are also shared with residents through our radio network.

Unfortunately, even with 128 active volunteers, only around 50% of the Oakmont neighborhoods have radio coverage. Zone communicators can easily share and relay information to provide rapid damage and injury assessments within and between neighborhoods. If you are one of the growing number

of people with a satellite equipped cell phone or satellite communicator, by having a radio you become a valuable resource in your neighborhood for texting 911.

The time commitment is minimal. A monthly radio check to practice protocol, share information and verify equipment function takes 15 minutes or less. Twice annually we conduct a communications drill to exercise our network, practice message preparation and handling and reinforce our radio protocol. Our next drill is scheduled for Saturday, October 24 from 9–11 a.m.

We also have an annual social event (happy hour style), where you can meet and socialize with other radio volunteers. This has resulted in a valuable forum for sharing ideas and suggestions for future activities and improving our process.

Anyone interested in learning more about our team can contact us at OakmontW6OVA@gmail.com

League of Oakmont Maintained Area Associations (LOMAA)

■Debra Kiddoo

BE THE CHANGE YOU WANT TO SEE

Join The ECHO Club at Oakmont, sponsored by LOMAA, on September 16 at 3 p.m. at the West Rec. Center to learn how sub-HOA board members are being empowered to make positive changes at their HOAs. A zoom link will also be provided.

Have you ever looked around your sub-HOA community and thought, “I’d love to help make this an even better place to live?” If so, this is your invitation to do exactly that. Serving on your board isn’t about attending endless meetings or getting bogged down in red tape. It’s about shaping the decisions that affect your shared spaces, your property values, and sense of community—from landscaping to budgets and long-term planning. It’s a chance to do something about it instead of hoping someone else will.

Why should you consider joining your sub-HOA Board?

- Your voice matters. Board members directly influence decisions on maintenance priorities, community events, and how your HOA dues are spent.
- It’s more manageable than you think. Board responsibilities are shared, meetings are generally

held on a regular schedule, and terms are typically one to two years.

- You’ll get to know your neighbors. Board service is one of the best ways to build real connections with the people who live around you.

- You bring something unique. Whatever your background, experience, or interests, you have a perspective and skills that can contribute to your community.

- It looks great on you—community leadership is a meaningful way to give back and build valuable skills in budgeting, negotiation, and collaborative decision-making.

No experience is required—just a willingness to help. New board members can learn from experienced board members, HOA management, and resources available through LOMAA and ECHO. You don’t have to know everything to get started.

Interested? Here’s what to do next: reserve your space today by contacting Leila Saeed, ECHO, at lsaeed@echo-ca.org, with your name and sub-HOA.

Our community is only as strong as the people willing to show up for it. We’d love for that to include you!

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Let’s Dance—Together!

■Terry Whitten

INTRODUCTION TO WEST COAST SWING

WHAT: Beginning West Coast Swing Partner Dance Classes

WHEN: Wednesdays, Sept. 2, 9, 16, 23 and 30 from 4–5:15 p.m.

WHERE: Lower West Rec.

COST: \$10 pp per class for 2 or more classes when purchased at same time; \$12 pp for a single class

RSVP: Please contact instructor, Terry Whitten to register in advance at twhitten@pacbell.net or call (415) 265-7590. Space may be limited

West Coast Swing (WCS) is the official state dance of California and is a popular partner dance in Sonoma County as well as throughout the US and the world. WCS was started in California in the 1940’s and is a smooth Swing dance that is usually danced to slower music than Jitterbug Swing. It is a fun and versatile dance that can be danced to a wide range of music including Rhythm and Blues, Rock, contemporary Pop tunes and Country.

These classes will be geared towards those who have never done WCS before or those who want a review of the most basic 5-6 steps. As before, no partners or experience are required. We will generally rotate partners during the classes, although rotating will be optional. Also, any ladies that want to lead and any men that want to follow are very welcome.

Aside from being fun and a great way to get exercise, a number of studies have shown that partner dancing on a regular basis may reduce the possibility of cognitive decline and may actually increase mental acuity. It can also help improve balance and uplift our spirits.

To register and for any questions, please contact me at twhitten@pacbell.net or call (415) 265-7590.



Conservatives Club



■Jane Gyorgy

SEPTEMBER: LABOR, LOSS, LIBERTY— DATES OAKMONT CONSERVATIVES HONOR

The Conservatives Club of Oakmont will be remembering these September dates:

Sept. 7: Labor Day

Sept. 10: Charlie Kirk Remembrance

Sept. 11: Patriot Day/National Day of Service and Remembrance*

Sept. 12: Non-Partisan Constitution Day Event, examining our founding charter, Berger, 9 a.m.–4 p.m., \$50. RSVP by Sept. 8 to TheNewOakmontCC@Gmail.com.

Sept. 14: Star-Spangled Banner/National Anthem Day

Sept. 17: Constitution Day—Federal Observance commemorating the 1787 signing

Sept. 18: POW/MIA Recognition Day

Sept. 28: Gold Star Mothers’ Day

Sept. 29: National VFW Day

The #IWillFor911Day Pledge:

- Support First Responders: Baking cookies for a local fire station or writing thank-you notes to police officers.

- Help Neighbors: Mowing a lawn for an elderly neighbor, driving a senior to a medical appointment, or donating blood.

- Community Service: Cleaning up a local park, packing meals at a food bank, or sorting clothes for a shelter.

- Education: Teaching children about the history of 9/11 and the importance of unity.

The goal is to create a chain reaction of service, encouraging millions of Americans to collectively perform tens of millions of good deeds.

On September 12—in partnership with Eagle Forum—we gather to commemorate the signing of the United States Constitution. Distinguished as the first governing charter in history to place sovereign authority in the hands of the governed rather than the governors, the Constitution has drawn millions to these shores in pursuit of its promised liberties. Its enduring genius lies as much in how it may be amended as in what it ordained: through Article V, our Founders provided a peaceful path to change—whether by the legislatures of the states, or by a convention called at the grass-roots behest of the people. Join us at the Berger Center to examine its on-going value.

Our monthly meetings resume on the fourth Tuesday, 4–6 p.m. in the Berger Center. Members please RSVP via your electronic invitations. Non-Members please RSVP to TheNewOakmontCC@gmail.com If you are bringing a guest, please provide the full name so we can print name tags for all.

Editor’s Note: The views and opinions expressed in this article are those of the club and do not reflect the official policy or position of the Oakmont Village Association.

Current Events Discussion Group



■Tina Lewis

This is a very important time to discuss current events! Please join us every Friday from 1–2:30 p.m. at the East Rec. Come in person if you can; join on Zoom if you can’t. If you come in person, a donation of \$2 is requested.

Issues discussed range from local to national to international. All sides of issues are encouraged.

Following the meeting join us at OAK for Happy Hour. This has become very popular, giving everyone a chance to socialize, unwind, and have something to eat and drink.

If you want to be put on the mailing list, including Zoom, email tinalewis31@comcast.net or call (707) 758-9739.

Jewish Interest Group



■Howard Sidorsky

REFLECTION

As we approach High Holy Days, 2026, please note that we will not be meeting in September. As we look forward to the coming year, we hope all of you will reflect on what this time means to you.

We will meet again in October, with a meaningful program. And it’s not too early to discuss Hanukkah! We have the band Klezmer Creek booked for our celebration.

Shana Tovah to all members of Oakmont’s Jewish Interest Group!

Wii Bowling Oakmont Lanes



■Terry Leuthner

Oakmont Lanes Bowling Club is a Bowling League consisting of four-person teams that utilize Nintendo Wii to simulate the experience of bowling without the weight of a bowling ball. Any resident who has the ability of holding a small remote control in their hand while swinging their arm as if they were rolling a bowling ball will be able to join.

Anyone interested in joining our club, either as a team bowler or substitute, please call me at (707) 291-3023 or stop by the East Recreation Center on Tuesdays from 2–3:30 p.m. (no bowling fourth Tuesdays) to see us in action. We charge \$25 for a 10-week tournament that includes the playoffs.

2 p.m. League: 8 teams, 4 bowlers per team. Each bowler bowls 3 games and has his/her own handicap (80%) and average. See www.oakmontlanes.com for club information.

Grandparents Week: Tuesday, July 28. Oakmont Lanes set up 12 lanes of bowling (48 grand kids). Everyone had a good time, Grandparents too!

Join-A-Club Night: Thursday, Aug 13. Oakmont Lanes Club will setup two bowling lanes from 6–7:30 p.m. at the Berger Center for Join-a-Club Night. Set-up time 5:30 p.m.

No bowling dates left in August.

RESULTS AS OF AUGUST 4 (SUMMER LEAGUE PLAYOFF TEAM CHAMPION)

Results are: first place, Alley Oops; second place, 4 Tops; third place, On Strike; fourth place, High Rollers. Congratulations Team Alley Oops: Mike Earles, Don Shelhart, Glenn Hewitt and Charlie Ensley (Capt). They get their Team name on the Team Championship Trophy: “Summer ‘26—Alley Oops”.

Men’s High Games: Glenn Hewitt, 278; Charlie Ensley, 257; Scott Harris, 235; Mike Earles, 231; Don Shelhart, 224; Bradley Kravitz, 215.

Women’s High Games: Joanne Abrams, 290; Robin Schudel, 279; Laurel Earles, 249; Peggy Ensley, 242; Barbara Koch, 232; Joanne Bender, 219; Thea Holladay, 216; Vickie Jackanich, 208.

RESULTS AS OF AUGUST 11 (WEEK #1 FALL LEAGUE)

Results are: first place tie, Pocket Hits and King Pins; third place tie, Wii Four and 4 Tops; fifth place tie, Strikers and On Strike; seventh place tie, High Rollers and Alley Oops.

Men’s High Games: Glenn Hewitt, 247; Gordon Freedman, 245; Richard Adamczyk, 221; Joe Bernal, 213; Scott Harris, 210; Bob Chapman, 200.

Women’s High Games: Joanne Abrams, 279; Robin Schudel, 279; Carol Garneau, 235; Sandy Osheroﬀ, 233; Joanne Bender, 228; Laurel Earles, 228; Vickie Jackanich, 223; Carolita Carr, 213; Karen Palmiotti, 210; Donnarose Ilecki, 203; Thea Holladay, 202.

If you’re thinking of joining us, we started our Fall 2026 League on August 11. Most of us have all bowled on a bowling league some time in our lives and here’s your chance to do it again without the weight of a heavy bowling ball.

Tennis Club



■Diane Curtis

COMING UP ON WEST COURTS

August 22, 8:30 a.m.: Saturday Buckaroo, Blind Draw

September 5, 9 a.m.: Annual Army vs. Navy Tourney, Two Teams

October 10, 9 a.m.: Men’s Doubles Tourney

October 24, 9 a.m.: Women’s Doubles Tourney

November 7, 9 a.m.: Turkey Trot, Blind Draw

November 21, 5 p.m.: Fall Invitational Mixer, Invite a Guest

Annual Meeting—date and location TBD

Christmas Tree Lighting—date TBD

A note from OTC Vice President Rex Fuller: It is important to RSVP early to the OTC event reminders to assist the OTC board for planning as some events are subject to change as needed, especially due to inclement weather.

Not receiving OTC reminders? That must mean you’ve not yet joined the club. For information on joining or other tennis-related Oakmont issues, write to helllooakmonttennis@gmail.com.

Hooray! The Great Water Fountain Drought of many years is finally over on the East Courts. OTC Equipment Guru Michael Scrobonia, working with the OVA, has succeeded in directing repairs of the upper court bubbler so that parched tennis players may wet their whistle at will. Thank you, Michael and OVA!

“When you’re playing a point, it has to be the most important thing in the world. But when it’s behind you, it’s behind you. This mindset is really crucial, because it frees you to fully commit to the next point, and the next point after that, with intensity, clarity and focus.”—Roger Federer

Oakmont Boomers

■Carolita Carr



TRIVIA NIGHT

WHEN: Thursday, September 17

WHERE: Berger Center

TIME: Doors open at 6 p.m., play begins at 6:30

COST: Free, but only one non-member per member allowed

BRING: BYOB and any snacks or food you would like during play

It's that time again! Boomers do Trivia once a year, and here it is. Get your teams together for this fun evening and test your knowledge of Boomer culture. Categories will be Music, Movies, TV, Geography, and History. Questions will cover the 50s through the 80s.

Teams of two and three will be asked to merge with other small teams, with a maximum of eight to a team. Prizes go to the teams who get the most correct answers.

Register now at oakmontboomers.org.

Oakmont Movers and Groovers

■Denise Lindsey



SPIKE SIKES AND HIS AWESOME HOTCAKES

SATURDAY, SEPTEMBER 5, BERGER

"No one is making this kind of music anymore!" But what, exactly, is "this kind of music?"

Like hotcakes themselves, it goes by many names. Soul, Swing, Rhythm and Blues, Jazz, Jump. It's a sound that's classic and simple, but when it's done right, it hits the spot and has you grinning from ear to ear. Spike has spent years searching for this sound. From the Texas blues joints he cut his teeth in to the funky halls of New Orleans, he was always studying the music, trying to find just the right recipe.

Tickets are on sale—member \$20, non-member \$25.

THE SOULSHAKE

SATURDAY, OCTOBER 3, BERGER

Northern Californian band The SoulShake brings a laid-back, danceable sound to the rock/reggae genre. With a mix of lyrics inspired by heartfelt songwriters like Jason Mraz and the Sublime-inspired instrumental stylings, their music reflects a connection to good times and the adventure of life on the Northern California coast.

Check their website: soulshakevibe.com.

Tickets go on sale September 7—member \$20, non-member \$25.

HEY JUDE

SATURDAY, NOVEMBER 14, BERGER

Hey Jude (The Band) hails from Vacaville and the SF Bay Area in California. Hey Jude plays energetic and accurate versions of music from the 60's and 70's, with an emphasis on The Beatles. Hey Jude was formed in 2011, with each member bringing years of experience to deliver one of the Bay Area's best party and dance experiences, featuring music we can all sing along to and move to!

Doors open at 5:30 p.m., music starts at 6:30. Bring your own snacks and beverages. Food truck TBD.

Tickets go on sale October 5—member \$25, non-member \$30.

Tickets may be purchased on the website omgclub.org or at the OVA office in cash or by check, payable to OMG. Members may bring one non-member guest at the member price. Must submit names and payment for a table of 8 reservation.

Oakmont Singles Social Club

■Bailey Penzotti



SEPTEMBER BON APPETIT (OSSC MEMBERS ONLY)

WHEN: Thursday, September 3, reservation at 6 p.m.

LOCATION: Eddie's Kitchen, 409 Mendocino Ave., Santa Rosa. www.eddieskitchen.org

We return to Eddie's Kitchen where a dinner turns into a dining experience with pasta, truffle fries, linguini and clams, chicken parmigiana and more. A favorite for any day of the week, where phones stay in purses and fingers fight for the last truffle fry. From the moment you step into Eddie's Kitchen, their friendly staff are there to ensure you feel at home. They take pride in their welcoming environment, perfect for Singles Club evening out for dinner.

Our reservation is for maximum of 20 members. Registration is open until August 30. Meet at Berger Center parking lot by 5:30 p.m. to carpool to the restaurant. RSVP on our website under upcoming activities or email Simone Smith at ssmith8151@aol.com.

SEPTEMBER MIXER

DATE AND TIME: Friday, September 18, 6 p.m.

WHERE: East Rec. Center

WHAT: TBD

Stand by for further information. Check out our website, www.oakmontsinglessocialclub.org soon or contact me at bailey.osc1@gmail.com.

DO YOU LIVE IN OAKMONT? ARE YOU SINGLE?

If so, join our club to mix and mingle with other Singles. For more information, visit our website at www.oakmontsinglessocialclub.org.

Oakmont Garden Club

■Patty McHugh



HERBS: GROWING, HARVESTING AND USING

"Herbs deserve more than a corner of the garden; they deserve a corner of the soul."—Unknown

"Growing herbs is the closest thing we have to alchemy—turning soil, water, and sunlight into medicine and flavor."—Anonymous

The Oakmont Garden Club returns from our summer break on Wednesday, September 9. We meet at the East Rec. facility at 9:30 a.m. for a social period with the speaker's presentation beginning at 10 a.m. Q&A period follows.

Our first program of the fall will be presented by Garth Hokanson, retired instructor in Horticulture and Culinary Arts at Santa Rosa Junior College. He plans to explain the secrets of propagating herbs and cultivating them, so they grow healthy and to their full potential. Fertilization, Pruning and Harvesting will be included, as well as Pest and Disease Control.

Descriptions of the best herbs suited for culinary, medicine and crafts will be discussed. There will be a display of living herbs including a number of unusual herbs. Whether you enjoy herbs for cooking, herbal teas, medicinal qualities or for craft making, you will gain some fresh insight at this lecture.

This is a new subject for us and is sure to garner much interest. If you are not a member of the club, please come as our guest—we hope you like our forum and will consider joining. Any new member who joins at our September, October or November meeting will automatically become a member for 2027 as well. Dues are \$15 annually per family. Welcome and enjoy!

Oakmont Health Initiative Free Fitness Classes

■Charlene Bunas

"LIVING THE GOOD LIFE" ATTITUDE

This article continues the series: "Living the Good Life."

Many people were asked what does "living the good life" mean? Answers varied from knee-jerk responses to thought provoking, philosophic wisdom.

First thoughts: Having money, success and ability to enjoy. Eating well. Drinking better. Family and friends. Shopping and travel.

Answers became broad: Taking deep breaths of gratitude for what I have. Discovering meaning of my life. Enjoying the company of others. Treasuring solitude.

Answers are specific: I gave myself permission to: Try something for the first time, make mistakes and try again, or try something else.

*OHI members prioritize the positives of exercise.
(Photos by Charlene Bunas)*



Answers are affirmations:

To say "no" means saying "yes." I like my age, my spouse, children. I like myself enough to forgive. To believe time heals.

Answers are honest: I gave myself breaks from personal unrealistic expectations. Comparing myself to others. Negative self-assessment.

Criticizing others. Wondering about past "what ifs." By asking the question "who needs this (stress and how to simplify?)"

Answers describe change: I'm making life simple. I'm relieved that life is a process. I compliment three people every day; one of them is me. I read less mindless media and more inspirational material. I take note of what is unique about the day. I release resentment, irritations and triggers to tantrums. I see problems not needing blame or shame, just solutions.

Answers become daily rituals: At the start of the day, I wonder what beauties will unfold. At the end of that day, I write down three positives I have seen, met, felt; indicators that make every day worthwhile. A good life is when you embrace what you have and know. It is enough.

Answers are invitations: You are invited to share the good life on Monday, Wednesday and Friday at the Oakmont Health Initiative class, Berger, 9 a.m.

Zoom: 850-1489-7161 / 998608.

New to Oakmont?

Meet with a volunteer from the New Resident Welcome Committee to learn about everything Oakmont—from governing rules, important phone numbers, activities, services, facilities and emergency prep.

Contact us at welcome@oakmontvillage.com. The Welcome Packet is available at oakmontvillage.com/article/new-resident-welcome-packet.

Jazz Club Live Music and Workshop

■Michael James

A SING-ALONG IN SEPTEMBER!

Our September meeting on September 2 from 2–4 p.m. includes a special guest that many of us know because of her dedication to the Oakmont community. Leslie Brockman will be performing from 2–3 p.m. at the East Rec. Center on the piano and singing. She’s played the piano for many events here at Oakmont and has been the director for Grandparents’ Week for many years.



Leslie Brockman.

Leslie has had a lifetime of musical inspiration, as both of her parents were professional musicians. She felt destined from the beginning to spend her life in music, starting with singing in her father’s church choir to the present. For the last 60 years, she has been involved in church music as choir director, organist, pianist, handbell director, children’s choir director, singer and worship leader. She also was a music teacher and administrator at a K-8th grade independent school in Corona Del Mar, California for 35 years. During most of that time her job was to get others involved in music, and her intention is to continue to do so at the Jazz Club meeting!

So, come prepared to learn new songs, sing familiar songs, and get revitalized through music, the universal language. Leslie holds a BA in music from Cal State University Long Beach and MA in Education from Pepperdine University.

For our second hour workshop from 3–4 p.m., bring your instrument of choice and your music stand. We will supply the music for a fun-filled afternoon with a variety of songs from pop to rock, from jazz to folk music. A \$5 donation is gratefully accepted.

Oakmont Pétanque Club

■Don McPherson

PÉTANQUE FOR GRANDCHILDREN

On July 28 the Oakmont Pétanque Club marked its sixth year of participation in the annual Grandparents’ Week by offering a Pétanque class for grandchildren. Club member Richard Goodwin headed up the event again this year, his fifth, together with Don McPherson and Cynthia Goodwin. Ten grandchildren participated of 12 registered, including three returning from previous years. Many of their grandparents observed.

Richard generously provided the grandchildren with weighted tennis balls and a practice cochonnet to take home as practice equipment and also with snacks and water.

After a brief introduction to the game, its history, and the rules, the leaders demonstrated how to hold and throw a boule. After a few minutes of practice at different distances, the workshop transitioned to a skills course with each grandchild practicing pointing and shooting. Once that was complete, the group divided into teams for a short game using authentic steel boules and wooden cochonnets.

The games were close and the competition spirited. The session developed new pétanque enthusiasts, and the grandchildren (as well as the adults, including their grandparents) had a great time.

EVENING PÉTANQUE

Members and their significant others enjoyed the second summer “Sweet Time Pétanque: In the Cool of the Evening” on Thursday, August 6. Following socializing over drinks and potluck shared desserts and snacks beginning at 6 p.m., participants enjoyed



Socializing over desserts at Evening Pétanque.

playing casual, open games until dusk. The popular event has become a staple of the club’s summer programs.

PÉTANQUE IN OAKMONT

The club encourages all Oakmonters who may be interested in playing or learning to play pétanque (pay-tonk) to come to the courts between Berger and the OVA offices at 9:45 a.m. on the Club play days of Monday, Wednesday and Saturday. The club has boules to lend while you’re learning, and you’ll be playing right away.



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Hikers

■Colleen Keegan

We welcome you to join us on a hike whether you are a member yet or not. Members, please RSVP in advance at www.oakmonthikingclub.org for each hike. Your reservation can be canceled if your plans change. Bring water, lunch, hat, layers, sunscreen, and poles if you use them. Go to our website to join, get hike details, see photos, register for a hike and more. The annual membership is only \$15. Check our website for the latest updates.

AUGUST 27: LONG HIKE
TENNESSEE VALLEY

A scenic loop will take us from Tennessee Valley to Muir Beach and back via Green Gulch and the Zen Center. This has it all: wildlife, views of San Francisco, GG Bridge, and the Pacific. 9.1 miles, 1847 feet. Leave Berger at 8 a.m. Leader is Jeff Zalles, jeffzalles@gmail.com.

SEPTEMBER 3: LONG HIKE
MONTE RIO REDWOODS



Join us for a beautiful hike through coastal forests of diverse mixed woodland and single-track trails, with a few short sections of old logging roads. Approximately 8 miles and 1400 feet elevation gain. Leave Berger at 8 a.m. Leader is Colleen Keegan, (925) 487-4014.

SEPTEMBER 3: INTERMEDIATE PLUS
HIKE—DRAKE’S ESTERO



An out-and-back hike, where you can expect to see wildlife—from egrets and herons to tule elk and bat rays. Some rolling hills but for the most part the terrain is flat and firm. 8.5 miles, 900 feet. Leave Berger at 8:30 a.m. Hike leader is Florentia Scott, (707) 591-1929.

SEPTEMBER 10: LONG HIKE
SALT POINT STATE PARK



The hike includes a coastline unlike any other in Sonoma County, formed by the interaction of the Pacific with molten rock. We will do a total of 7 to 10 miles, with less than 1000 feet elevation gain. Leave Berger at 8 a.m. Hike leader is Martin Johns, (330) 815-5167.

SEPTEMBER 10: INTERMEDIATE HIKE
SF PRESIDIO LOOP

From the Golden Gate Bridge, we hike through parts of the Presidio. Outstanding views on paved and unpaved trails, and sidewalks. There are a few staircases and one long downhill. About 7 miles, 700 feet elevation gain. Leave Berger 8:30 a.m. Hike leader is Florentia Scott, (707) 591-1929.

SEPTEMBER 28–OCTOBER 1:
FALL TRI-NIGHTER

See website for details and to RSVP.

Progressives Club



■Jeffrey Zalles

GET READY FOR VOTING: SORTING
OUT STATE BALLOT PROPOSITIONS

By early September, campaigns for candidates and ballot propositions will be underway, and we’ll start seeing political ads in our mailboxes, on television, and everywhere else. To help you sort out the state propositions, Progressives Club steering committee member and author David D. Schmidt will be speaking on September 14 at the East Rec. Center on Proposition 4, the California Fair Elections Act, and the most controversial six of the other 14 state propositions.

David will speak on who’s funding these campaigns, who’s supporting and opposing them, and what the propositions would do.

They include Prop. 3, to extend the high earners’ income tax; Prop. 4, to repeal the ban on public campaign financing; Prop. 39, a strict voter ID mandate; and Props. 40, 41, 42, and 43, pertaining to the Billionaire Tax and local tax initiatives.

David is North Bay Regional Volunteer Coordinator for the California Clean Money Campaign, former editor of a nationwide newsletter on ballot propositions, and author of *Citizen Lawmakers: The Ballot Initiative Revolution*. His new book, *San Francisco Bay Area: An Environmental History*, published last November by Backcountry Press, has won the California Book Awards Gold Medal for Contributions to Publishing.

WHEN: Monday, September 14, 6:30 p.m. social, 7 p.m. speaker presentation. As always, bring a snack to share and a beverage of your choice.

Editor’s Note: The views and opinions expressed in this article are those of the club and do not reflect the official policy or position of the Oakmont Village Association.



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Lawn Bowling



■Mary Blake

INTERESTED IN LEARNING TO BOWL?
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TOURNAMENTS

Open Triples: In the second round, Barbara Serafin’s team (Barbara, Mary, and Topher) defeated Jim Krause’s team (Jim K, Bob, and Wilma). They’ll face Steve Pickell, Pam Dempsey and Nancy Crawford on Friday, August 14.



Steve Pickell and Bob Hoffman.

Men’s Singles: The first round was Friday, August 7, with 8 men bowling on 4 rinks. The semi-final rounds will be Monday, August 10 and Tuesday, August 11 (after the Green is mowed).

Women’s Triples: The first (and semi-final) round was Saturday, August 8. 12 women bowled on 2 rinks. The results so far were: Barbara Serafin, Michelle



Women’s Triples: Pam Dempsey, Janet Johnson, Kay Lambert, Linda Pickell, Linda Rubio, and Nancey Crawford.

Macintosh, and Marilyn McKeever won their round against Mary Blake, Ande Anderson and Wilma Rolland. And Pam Dempsey, Janet Johnson, and Kay Lambert won their round against Linda Rubio, Linda Pickell, and Nancy Crawford.

The final around between Pam and Barbara’s teams will be Thursday, August 13.

Grandparent’s Day: We had 22 grandchildren and almost as many volunteers helping demonstrate lawn bowling, with Marilyn Garland organizing the event. The kids had fun and several looked like very promising bowlers.

Evening Games: Weather permitting, we’ll continue to offer evening games on days the Green is closed for verticutting.

SEPTEMBER EVENTS

Monday, September 7: Labor Day Tournament
Thursday, September 10: After 5 Potluck
Friday, September 18: Open Singles Tournament
If you forget a date, you can find a calendar on our website, in your Green Book, and on our bulletin boards.

BENCHES

OVA is replacing our white benches with benches that match other benches in the CAC area. Though originally scheduled for end of July, there’s been a delay. We’re all hoping the birds aren’t as eager to poop on the new benches.

Email: oakmontlawnbowling@gmail.com.
Website: www.oakmontlawnbowling.com.

Oakmont Squares



■Barbara Wooley

NEW BEGINNER MODERN SQUARE
DANCING CLASSES BEGIN AUGUST 25



Photo by Barbara Wooley.

Oakmont Squares invites all Oakmont residents to join our family of Modern Square Dancers. Beginner classes begin on Tues. Aug. 25 from 7–9 p.m. at the East Rec. Center. No partner is necessary. Casual dress and a willingness to give it a whirl are all that is required.

Modern square dancing goes beyond what many individuals of a certain age might remember from school. The music traverses a wide range of genres, including country, Disney, Broadway Show Tunes, movie themes, holiday songs, and other music that spans the decades.

The Beginning Modern Square Dancing class is the perfect opportunity for anyone who would like to come see what square dancing is all about or to update their rusty skills. Move your body, exercise your brain, and make new friends! Drop in any time to meet the Oakmont Squares supportive and welcoming group of dancers and see what fun Square Dancing can be.

The Oakmont Squares meet Tuesday evenings from 7–9 p.m. at the East Rec. Center. Come dance in a square and make a circle of friends.

For more information call Jenny at (707) 367-2102.

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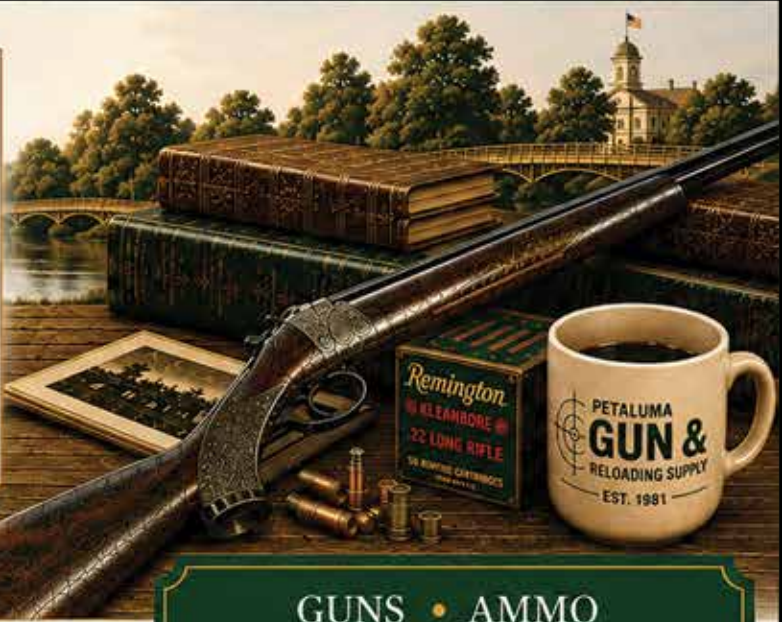
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■Greg Fauss



RENEW YOUR SPIRIT!

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Then please consider joining us for Alpha—an international, interdenominational look at the Christian faith that includes dinner together, a short video presentation, followed by a brief time of open, encouraging and safe conversation. It all begins on September 10 from 6–7:30 p.m. on Thursdays in the Activity Room at Oakmont Gardens. For more information and/or to register please visit our website or call the number below.

Our Sunday services are at 10:30 a.m. in either the Berger Center or the East Rec. Center. Call or check online for latest updates. For information about our



Alpha meeting.

Wednesday Morning Bible Study, occasional meetings in Oakmont Gardens, Saturday Prayer meeting, and other gatherings go to www.occsantarosa.org, write us at occsantarosa@gmail.com or call us at (707) 595-0166.

Lifelong Learning

■Marlena Tremont

PAMELA ROSE—WILD WOMEN OF THE ‘60S
FRIDAY, SEPT. 18, 7 PM, BERGER
\$25, TABLE SEATING



Pamela Rose and her band.

Back by popular demand, Pamela Rose brings her second show to Oakmont. Wild Women of the ‘60s celebrates the great female songwriters of the 60’s in a performance that blurs the line between concert and theater.

Weaving fascinating biographical detail into the show, audiences get to re-visit (and sing along to) the 1960’s through tunes like “You’ve Lost That Loving Feeling,” “Will You Still Love Me Tomorrow,” “Wedding Bell Blues,” “Both Sides Now,” “Think”—while celebrating the work of songwriters such as Carole King, Laura Nyro, Valerie Simpson, Cynthia Weil and Aretha Franklin.

The ‘60s were a pivotal time in history when women broke through the music industry’s gender barrier, as committed to social movement as they were to musical artistry. “You have superbly talented professional pop songwriters,” said Rose. “All fairly young women, homing in on the teen culture of the early 60’s, cranking out hit after hit. It was also the era of singer-songwriters like Janis Ian and Joni Mitchell. These were the songs we all danced to and sang along to.”

Bringing us this unforgettable generational soundtrack is Rose and her band of female musicians, Daria Johnson (drums), Ruth Davies (bass), Kristen Strom (sax), Janice Maxie Reed (keyboards), and Nancy Wenstrom (guitar).

To reserve a seat, got to OakmontLL.org, fill out a form with a payment in the OVA office or pay at the door.

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Travel and Adventure

■September Holstad

SCENIC CRUISES AND TOURS
VISITS OAKMONT

Scenic Cruises and Tours will be visiting the Travel and Adventure Club on Wednesday, August 26, 3–5 p.m. in the upper West Rec. Center. Scenic has both river and ocean cruises worldwide. They also have a wonderful selection of land tours. The land tours include Africa, Europe, US and Canada, Egypt, Japan, New Zealand and South America. Land and river/ocean cruises can be combined for a wonderful vacation.

Please join us for the presentation where Kelly Hogan will show us the amazing destinations and ships, and answer all our questions. We hope you will join us for this informative meeting.

In coming months we will be joined by Explora cruises, Swan Hellenic and next January we will welcome Tauck back to the travel club. You’re welcome to bring friends to learn about these exciting travel companies.

We meet on the fourth Wednesday of the month from 3–5 p.m. There is no fee to join the club and attend the meetings. We do not meet in November or December because of the holidays.

Oakmont Art Association

■ Linda O'Connor

OAA MONTHLY PRESENTATIONS RETURN

The Oakmont Art Association will begin the next season with the exciting program: "The Etruscans: From the Heart of Ancient Italy." From the ninth to second centuries BC, Etruscan culture flourished in what is present-day Tuscany, Italy.



From the Legion of Honor Museum.

The Etruscans were sophisticated, wealthy people who left behind a rich history and traditions reflected in artistic objects found in tombs, temples, sanctuaries, and homes. They made major contributions to Western civilization's architectural, engineering, and artistic achievements. Yet their culture remains largely unknown, overshadowed by the ancient Greeks and

Romans, and shrouded in the absence of surviving written Etruscan histories.

Organized by the Fine Arts Museums of San Francisco, the exhibit is the first major US exhibition in two decades to focus on this complex culture that significantly influenced the ancient Mediterranean world. Based on the latest archaeological discoveries and the most up-to-date scholarship, the exhibition presents objects renowned for their unparalleled beauty and exquisite craftsmanship. These include remarkable bronze and terracotta vessels and sculptures, opulent gold jewelry, and other treasures on view to the public for the first time.

Presenter, Ioli Advani, was born and raised on the Mediterranean island of Cyprus. She jokes that she absorbed her love of art by osmosis, growing up surrounded by the island's ancient ruins. She loves to travel, and her experiences around the world broadened her artistic interests to include many periods and genres beyond ancient Greek art.

After earning a master's degree in computer science, she spent more than 30 years in the industry. Leaving the world of software engineering behind and moving to San Francisco, she joined the volunteer museum guide program at the Fine Arts Museums of San Francisco (FAMSF)—and never looked back.

Outside the museum, Ioli delights in “grandma-land” and treasures time spent with her grandchildren. She also loves singing and has performed in numerous benefit concerts supporting charitable causes.

WHEN: September 11, 10 a.m. refreshments, 10:30 a.m. program

WHERE: Berger Center

Bocce Club



■ Deb Ponto

HARVEST MOON TOURNAMENT

Upcoming Bocce event, Harvest Moon Tournament is on Saturday, September 12 at 9:30 a.m. This is a member-only event. Please plan on being at the Bocce courts no later than 9:15 for raffle and to form teams.

The courts are reserved for club member play on Tuesday, Thursday, Friday and Saturdays at 9:30 a.m. If you are not a member and would like to reserve a court please contact Bob Swift, (707) 648-5409.

For new members, beginner and refresher lessons are available the first Tuesday of the month at 9:30 a.m. Membership applications are located at the OVA office. Annual dues are \$25 per person, cash is preferable, but checks are accepted payable to Treasurer, Tony Sarram.

Our annual holiday celebration is December 5 at the Riviera restaurant in Santa Rosa. For more information please contact Judy Aiken or Pat Paulson. Ride sharing will be available.

Hope to see you at the courts!



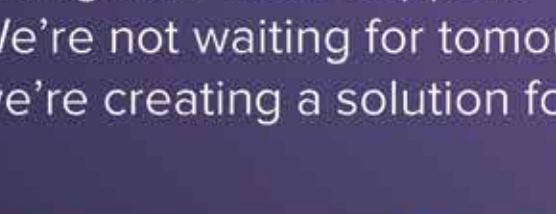
Aug. 8 Tournament winners: Tony Sarram, Judy Aiken, Jean Teed and Terry Bryant.



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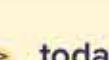


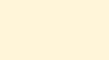


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- 

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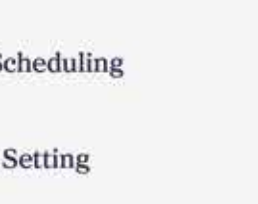
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■Marilyn Noah

Cal Alumni Club of Oakmont



A WONDERFUL EVENING

Cal Alumni Club July dinner attendees got a special treat last month. It was a mildly warm late afternoon. We sat out on the deck sipping wine and socializing while the horses practiced before us on the polo field. The Saddle Club chef prepared a delicious dinner and the staff was looking out for anything we wanted.

The dinner speakers were two of the club’s scholarship winners, who updated us on their activities. The first speaker had finished his education and was back in the community working with financially challenged students at Santa Rosa Junior College. He described his scholarship as having been a “message of investment” in his future and how he viewed his work at SRJC as “rippling out” that investment.

The second speaker started attending Cal within

the past year. He volunteers at Ferguson Observatory in Sugarloaf State Park and talked about his renewed love for Valley of the Moon now that he is in urban Berkeley where he is majoring in Helio Physics. Next steps include earning a Master’s in space physics.

We left feeling appreciated and generally good.

Join us! The Cal Alumni Club of Oakmont is open to anyone interested in becoming a member. Being an actual UC Berkeley alumnus is not required. We enjoy the company of interesting people at monthly dinners in an idyllic location. Best of all, our investment in young local students pays us back many times over.

Our next dinner will be Thursday, September 17 at 5 p.m. at the Wild Oak Saddle Club. Dinner will be open for reservations in late August on the club’s website, caloakmont.org.

Movies At Oakmont



WHERE: Berger Center

SCREENING DAY AND TIME: Sundays at 2 p.m.

HOSTS: Mike McInnis, Deborah Davidson, Jeff Neuman and Barbara Marquardt.

NOTE: All films are shown with English subtitles, when possible, free of charge—compliments of the OVA.

AUGUST 23: PRESSURE

In the tense 72 hours before D-Day, General Dwight D. Eisenhower and Captain James Stagg face an impossible choice—launch the most dangerous seaborne invasion in history or risk losing the war altogether. 2026, PG-13, 1:40.



AUGUST 30: INTO THE WOODS

A witch tasks a childless baker and his wife with procuring magical items from classic fairy tales to reverse the curse put on their family tree. 2014, PG, 2:05.



SEPTEMBER 6: ROOFMAN

Channing Tatum plays a charismatic criminal, while on the run from the police, hides in a hidden space of a toy store. There, he adopts a new identity and becomes involved with an employee, beginning a relationship as unlikely as it is risky. 2025, R, 2:06.



SEPTEMBER 13: A PRIVATE LIFE

Jodie Foster, French with English subtitles. The renowned psychiatrist Lilian Steiner mounts a private investigation into the death of one of her patients, whom she is convinced has been murdered. 2025, R, 1:47.



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New to Oakmont?

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Contact us at welcome@oakmontvillage.com. The Welcome Packet is available at oakmontvillage.com/article/new-resident-welcome-packet.



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Parkinson’s Support Group

■Christine Nota

BALANCE AND AGILITY CLASS FOR ALL

The Parkinson’s Support Group kindly invites all residents of our community to join our weekly exercise class, which is focused on balance and agility. Who doesn’t need it at our age? We all do to stay healthy and accident-free.

Although the class was originally designed for Parkinson’s needs, we have numerous non-Parkinson’s participants who appreciate an active and thoughtful class focused on balance, agility, and maintaining the kind of movement needed for everyday activities and quality of life.

Our instructor is a highly qualified Physical Therapist with PD-Connect, a non-profit based in Marin and Sonoma County. She is very knowledgeable about movement and accommodating all needs and any limitations. The class is donation-based, which supports the non-profit.

The class meets every Tuesday at East Recreation, 9:30–10:30 a.m. Just show up ready to move and improve.

Enjoy the Pool This Summer!

■OVA Staff

The weather lately has been favorable for a summer dip in any of our facility pools, and it’s been wonderful to see so many residents and their families enjoying the community aspect of the Central pool. Whether you’re swimming laps, relaxing poolside or bringing the family for children’s hours at the Central pool, we want every visit to be safe and enjoyable for all our members and guests. Here’s a quick refresher on our pool rules and hours so everyone can make the most of the season.

POOL HOURS

- Central Pool:** Opens 5:45 a.m., closes 9 p.m.
- Central Pool kids’ hours:** 11 a.m.–4 p.m. daily (until Labor Day)
- East Pool:** Opens 6:30 a.m., closes 9 p.m. (18 and over only)
- West Pool:** Opens 7 a.m., closes 9 p.m. (18 and over only)

The CAC pool is the only pool designated for guests under 18 years of age.

A FEW REMINDERS

- Children (17 and under) must be accompanied by an Oakmont resident or an adult 18+ with a valid guest card during children’s hours.
- Diapers, including swim diapers, are not permitted in the pool.
- All pool patrons must shower before entering the pool.
- No food or drink (other than water in a plastic bottle), and no glass in the pool area.
- No jumping, diving, or running on the pool deck.
- Children under 18 are not allowed in the Jacuzzis.
- All guests must have a guest card or be accompanied by an Oakmont resident.
- The capacity limit of the Central Pool is 60 guests.

STAFF MONITORING

Our staff regularly monitors the pool area to help ensure these rules are followed. If you see anything that needs our attention, please contact the OVA Admin office at (707) 539-1611, or on off hours, Maintenance Staff at (707) 328-4619.

EMERGENCIES

In case of an emergency, use the phone located on the wall next to the first aid kit. Please note there are no lifeguards on duty.

Thank you for helping us keep the pool safe and enjoyable for everyone. Have a great time in the water!

Find our full pool use policy here: oakmontvillage.com/article/pool-use-policy.

Kiwanis Club of Oakmont



■Charles Ensley

THANKS FOR SUCCESS OF CARNITAS DINNER

As I write this article the day after our August 8 Carnitas and Margarita Dinner, I have no financial summary yet to report about our foundation’s major fundraiser. I want to express our club’s thanks to all those who sat at our 23 tables, enjoying margaritas and the carnitas dinner provided by the chef at Oakmont Gardens (thank you, Gardens!).

Two of our members who live on Mockingbird Circle solicited all their neighborhood and sold four tables! All the silent auction items were sold and taken home—no leftovers or late pickups! This year we added a 50/50 drawing, which was won by—surprisingly—my daughter! (No nepotism, and I didn’t draw her ticket.)

We added two buffet lines this year to cut down on waiting and meals were plated by culinary students from CHOPS Teen Center. CHOPS provides afterschool programming for middle and high school

students, with homework and computer assistance, culinary training and recreational activities at their facility in the Railroad Square area. CHOPs is one of the many area charities and self-help agencies supported by Kiwanis Club of Oakmont, thanks to your donations.

At the dinner we recognized three Montgomery High Key Club seniors who were each awarded a \$5,000 college scholarship. This fall they will attend Cal Berkeley, Cal Poly SLO and SRJC. We also had a scholarship winner from Maria Carrillo, unable to attend. In addition, we presented a Kiwanis Youth Recognition Award to the mother of three previous Maria Carrillo Key Club members, the last one receiving a 2025 scholarship and now a sophomore at San Diego State.

As I continue to get inquiries, our next Shredathon is Thursday, October 29 at Berger Center, 9 a.m. to noon or earlier if the truck is full! Put it on your calendar now! Our limit is equivalent to five banker boxes.

Lifelong Learning



■Marlena Tremont

2026 FALL CLASS PREVIEW
Wednesday, August 26, Berger Center
2:30 p.m. Music and Refreshments, 3 p.m. Program
Come hear and talk to the instructors for this incredible line-up for fall!



REVOLUTION!
Instructor: Dr. Steve Harris
Mondays, Sept. 14, 21, 28, Oct. 5, 12, 3–5 p.m., Berger Center
5-week session. Cost: \$80 or \$60 with discount
Dive deep into the theory and practice of political/ideological revolutions in the modern world—London (1689), Boston (1775), Paris (1789), St. Petersburg (1918), Moscow and Prague (1990), Tunis (2011) and more.

Dr. Harris taught modern European and world history at San Francisco State for 11 years after retiring from 30 years as a corporate lawyer and executive.

MOTOWN RECORDS: THE GREATEST SOUL MUSIC RECORD LABEL
Instructor: Richie Unterberger
Wednesdays, Sept. 16, 23, 30, Oct. 7, 14, 21, 3–5 p.m., East Rec.
6-week session. Cost: \$95 or \$71.25 with discount



Explore Motown Records with rare and common recordings and video clips of the legends—the Supremes, Smokey Robinson, the Temptations, Marvin Gaye, Stevie Wonder, the Jackson Five and more.

THE MAKING OF SAN FRANCISCO BAY: ENVIRONMENT, SEA LEVEL, AND ECOLOGY ACROSS 12,000 YEARS
Instructor: Lucy Bates
Thursdays, Sept. 17, 24, 3–5 p.m., East Rec.
2-week session. Cost: \$35 or \$26.25 with discount

Explore the 12,000-year evolution of the San Francisco Bay estuary through the eyes of scientists who uncovered its past as a river valley and are looking at its future in the face of climate change and human impact.



Lucy Bates, is a PhD student at the UC Davis Ocean Climate Lab and the Bodega Marine Laboratory, focusing on California coastal oceanography.

COMEDY MASTERWORKS OF SEVENTIES CINEMA
Instructor: Terry Ebinger
Thursdays, Oct. 1, 8, 15, 22, 2–5 p.m., East Rec.
(Note: early start time)
4-week session. Cost: \$95 or \$71.25 with discount

Great movie comedies lift our spirits and these classics offer provocative themes and visionary storytelling to do just that. Prepare for lots of laughter and fun while exploring four comedy masterworks—*Harold & Maude*, *Paper Moon*, *Young Frankenstein* and *Being There*.



Terry Ebinger, MS is a passionate film scholar whose cinema studies incorporate cultural history, depth psychology, mythic imagination, and film language.

ART IN AMERICA: THE 20TH CENTURY
Instructor: Craig Griffeth
Mondays, Oct. 19, 26, Nov. 2, 3–5 p.m., Berger Center
3-week session. Cost: \$50 or \$37.50 with discount



Join this dazzling ride through modern America’s visual culture showcasing the Roaring 20’s, Abstract Expressionism, Pop and Postmodern Art with artists like Frank Lloyd Wright, Georgia O’Keefe, Edward Hopper, Pollock, Warhol, Harings and Koons.

Art historian Craig Griffeth has taught art and music programs at San Francisco’s Academy of Art University for 25 years.

Purchase multiple classes at the same time for the same person in the same semester and receive a 25% off to total. To register for classes or concerts, go to Oakmontll.org, fill out a form with payment in the OVA office or pay at the door.

Oakmont Technology Learning Center (OTLC)

■Linda Canar

REGISTRATION STARTS ON SEPTEMBER 1

Registration for classes at the Oakmont Technology Learning Center will open September 1 for our 2026 Fall Session. To see what classes we will be teaching, go to our website at www.oakmonttlc.org. Starting on September 1, you can go to our website and select “Classes” from the menu and browse through the classes. When you find a class that you like, click on the “Details” button and read about the class. Use the “Book Now” button to register. Enter your contact information, and credit card information to confirm your participation. Then complete the check-out process. If you encounter any problems registering, please contact Peggy Clark at (650) 274-4137 or pegnrod@icloud.com. Classes being offered this fall include:

- Apple Watch Basics—learn the basics of using your watch.
- Travel Planning Apps—learn about some of the latest apps that will help you plan your trip.
- Using AI Chat to Make Life Easier—learn about AI chat tools to assist you with daily tasks.
- Exploring your iPhone or Android phone—learn

the basics and more on what your smart phone can do.

- Intermediate iPhone—learn even more about what your iPhone can do.
- Windows 11—learn how to efficiently use this PC platform.
- PowerPoint—learn about this effective presentation tool.
- Quicken—learn how to use this app for accounting and budgeting.
- Microsoft Word—learn about amazing word processing tool.
- Spreadsheets—learn how to create and use spreadsheets.
- Intro to Mac—learn the basics about your Mac computer.
- Free County Library Resources—learn about all the free online information (books, magazines, websites) available with your library card.

If you don’t see the class you’re looking for, check back as we will be adding classes throughout August. Please remember our classes are only available to Oakmont residents.

Table Tennis



■Herbert Ristock

WHY DO TABLE TENNIS PLAYERS SEEM TO AGE DIFFERENTLY?

Table Tennis is popular everywhere, including for example New Zealand. On July 6, the Auckland Table Tennis Association (<https://www.facebook.com/aucklandttofficial>) posted an article on Facebook, which is certainly also relevant to our Oakmont Table Tennis. Here is a summary.

Take a look around the table tennis club and you’ll see players in their 60s, 70s, 80s—and even 90s—still moving, laughing, learning, and competing. That’s what makes the sport special. While many people think ageing means slowing down, table tennis shows the opposite. Every match asks your body and mind to work together: react quickly, think strategically, stay balanced, and move with purpose.

You’re not just exercising. You’re building skills that matter every day. The game also keeps you growing. Players keep learning new serves, trying new tactics, and improving one small step at a time. The score matters, but so does the journey.

Table tennis reminds us that age is about more than birthdays. It’s about staying curious, active, connected, and willing to learn. Table tennis isn’t just for the young. It’s a sport for life.

At Oakmont West Rec. you can play table tennis in our club on Tuesday and Thursday 3–5 p.m., Friday and Sunday 3–7 p.m. Please check our club’s website www.sites.google.com/view/oaktclub for further information.



Meditation

■Joanne Davey

MEDITATING TOGETHER WEEKLY MEDITATION SESSIONS AT CAC

“Just watching an animal closely can take you out of your mind and bring you into the present moment, which is where the animal lives all the time—sundered to life.”—Eckhart Tolle

Our meditation circle is growing! We invite you to join one or both of our weekly drop-in meditation sessions which have been taking place for many years.

Saturdays at 10:30 a.m. in the CAC Building, Birch Room: This is a 35-min. meditation. This session frequently begins with a short 15-20-minute talk about various aspects of meditation.

Tuesdays at 4 p.m. in the CAC Building, Art Room: A 30-min. meditation. Beginning and experienced meditators are welcome.

We approach meditation as a non-denominational practice.

Questions? Contact Trisha Mitchell, (650) 255-4026.

Spirituality Collaborative

■Geoff Canham

JOIN THE DISCUSSION

The Spirituality Collaborative welcomes visitors to all our meetings who are interested in discussing the spiritual life. Our meetings are held on the second and fourth Tuesdays of each month at 4 p.m. in the Birch Room of the CAC.

We begin with a short meditation to bring our focus into the circle. At most meetings, our discussion is related to a topic that had previously been selected by the group. We often share resources, experiences or ideas and inspirations, and we value the sharing, diversity of viewpoints, and the collaboration of understanding and appreciation.

If you value shared reflective conversations, please join us at one of our upcoming meetings. We invite you to join our discussion.

For more information, contact Sue Aiken at slaiken5440@gmail.com or me at gcanham@cs.com.

OAKMONT SUNDAY SYMPOSIUM			
Sundays at 10:30 a.m. in Berger Center Sept 13 to Oct 18, 2026 Come Join Us! https://oakmontsundaysymposium.org			
	SEPT 13 Francesco Lecce-Chong Conductor, Santa Rosa Symphony Chloe Tula , Harpist & Wine Sommelier HEALING A FRACTURED WORLD: THE MAGIC OF WINE & MUSIC		SEPT 20 Suzanne Bontempo NO BEES, NO BREAKFAST!
Conductor Francesco Lecce-Chong and musician/sommelier Chloe Tula explore how two of humanity’s oldest arts have the power to bring people together, awaken the senses, and create moments of genuine connection. This intriguing talk is an uplifting and deeply moving experience about beauty, community, and the human spirit.		What would the world look like without bees, butterflies, and other pollinators? Hint: your morning coffee and other food favorites could start disappearing ... fast. Suzanne Bontempo will open our eyes to the silent struggle of the tiny pollinators that keep our gardens flourishing, our food growing, and our world in bloom.	
	SEPT 27 Daniel Zoughbie AMERICA & THE MIDDLE EAST: HOW WE GOT HERE		OCT 4 Jon Provost GROWING UP WITH LASSIE: A HOLLYWOOD CHILDHOOD
How did decades of American decisions help turn the Middle East into one of the most volatile regions on earth? Acclaimed historian, Daniel Zoughbie traces the high-stakes choices made by U.S. presidents from Truman to Trump that reshaped nations, fueled conflicts, and continue to reverberate across the globe today.		Jon Provost, the beloved Timmy from Lassie, will take us behind the scenes of television’s Lassie. With warmth and wit, he will share insider stories and give us a candid glimpse of the challenges that come with childhood fame and the resilience it takes to navigate life during -- and after -- Hollywood stardom.	
	OCT 11 MARGO ROBBINS , CULTURAL FIRE MGMT COUNCIL & YUOK TRIBAL MEMBER WHEN IS FIRE BENEFICIAL?		OCT 18 FLORANNE FANTI , CANINE COMPANIONS CHANGING LIVES, ONE DOG AT A TIME RAISING HEROES ON FOUR PAWS
For thousands of years, California’s Indigenous peoples carefully managed our forests with controlled burns that reduced catastrophic wildfires and kept ecosystems healthy—knowledge that modern society is only now beginning to rediscover. Native Americans have a lot to teach us about how to respect and care for our planet.		What does it take to turn an eight-week-old puppy into a highly skilled service dog? Discover the inspiring story of Canine Companions, from its volunteer puppy raisers and professional training program to the life-changing moment when a highly skilled dog is paired with a recipient. Learn how compassion, dedication, and four paws make independence possible.	

Oakmont Village Association

OAKMONT VILLAGE ASSOCIATION

Hours: M–F 9 AM–5 PM—Closed 12–1 PM
Tel 707-539-1611
6637 Oakmont Dr., Ste. A
OVA E-mail: askova@oakmontvillage.com
Website: www.oakmontvillage.com
Book appointments with staff at: oakmontvillage.com/staff

MAINTENANCE OFFICE

Hours: Daily 7 AM–10 PM
Tel 707-539-6720
Maintenance Building (next to Central Auditorium)

CONDOMINIUM FINANCIAL MANAGEMENT (CFM)

OVA Accounting
Tel 800-585-4297

OAKMONT NEWS

Tel 707-206-1957
E-mail: cjmprod567@gmail.com

PAS MANAGEMENT COMPANY

Hours: M–F 9 AM–Noon, and 1–4 PM
Tel 707-539-5810
6572 Oakmont Dr., Ste. A
(for Association Maintained Homes)

ARCHITECTURAL OFFICE

Hours: M–Th 9 AM–Noon, 1–5 PM
Tel 707-539-1611
6637 Oakmont Dr., Ste. A-1
Community Relations Specialist
Mary Lantz, 707-539-1611 ext. 105
maryl@oakmontvillage.com

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TENNIS COURT KEY.....\$2
RESIDENT ACCESS CARD.....\$30 EA
REPLACEMENTS.....\$30 EA
GUEST ACCESS CARD.....\$30 EA

BULLETIN BOARDS

There are three OVA bulletin boards, one at each recreation center, where OVA events can be posted. Please bring in notices to the Events Coordinator at the OVA Office. Size is limited to 8.5"x5.5". Items "For Sale", "For Rent" or "Want to Buy" can be put on a 3"x5" card and left at the OVA Office.

LOCKER RENTALS

Annual Locker Fee \$30 (January 1–December 31). If you wish to rent a locker, come to the OVA office and give us a check, your information and the number of the locker you want to rent. You provide the lock. We can prorate the annual fee. Daily use lockers are free. NOTICE: Weekly locker inspections are done by OVA Maintenance. Locks could be sawed off with no prior notice and locker contents removed on all unpaid lockers. Items will be held in OVA Maintenance office for 30 days. If you have any questions, please contact the OVA Office M-F 707-539-1611

GUEST PASSES

The following are OVA Guest Pass types and duration: 1) Guest from outside Sonoma County—up to 90 days; 2) House sitters—up to 90 days (OVA host must present written request to OVA Office for approval prior to visit); 3) Guests living in Sonoma County—2 days per card, and no more than 3 cards per month. Guest cards are available during regular hours in the OVA Office for a \$30 non-refundable fee. Guests accompanied by their Oakmont host are not required to have a Guest Pass.

STREET CLEANING

City streets in Oakmont are cleaned by the city early on the fourth Friday of each month. Residents who want their streets swept should avoid street parking overnight on those days.

**NEED A RIDE? GIVE A RIDE!
OAKMONT VOLUNTEER HELPERS**

We provide the following services to Oakmont Residents:

- Transportation to medical/dental appointments, including pet appointments, in Santa Rosa only
- Meals on Wheels, 707-525-0383

**COORDINATOR
Rides to Medical
Appointments**

August 16–31
Bev Leve 707-539-2802

September 1–15
Jen Rabalais 808-938-4479

If you would like to be a volunteer, please call 707-539-8996. Donations to Oakmont Volunteer Helpers are appreciated and tax deductible. Mail your check payable to Oakmont Volunteer Helpers, 6637 Oakmont Dr., Ste. A, Santa Rosa, CA 95409. Thank you.

Mon.–Fri. medical rides before 9 AM or after 4 PM are subject to limited volunteer driver availability. No service on weekends or holidays. Please call at least three full working days prior to appointment.
We regret that we are unable to provide either wheelchair or emergency service.

**LETTERS TO THE EDITOR
WRITER GUIDELINES**

The *Oakmont News* welcomes letters of up to 250 words from residents to express opinion, criticism or praise. They must include the writer's name and Oakmont address, although the address won't be published. See details on how to send them at <https://oakmontvillage.com/submit>. While letters to the editor may be edited for length and spelling, they are not edited for accuracy. Opinions are that of the writer and not necessarily the Oakmont Village Association.

POOLS & JACUZZIS

Access to OVA pools is by magnetic card. Call OVA Office, 707-539-1611 if you need a permanent new member pool access card or to register for a temporary guest pool access card.
WEST: 7 AM–9 PM
(Closes 7 PM Wednesdays for cleaning)
EAST: 6:30 AM–9 PM
(Closes 7 PM Mondays for cleaning)
CENTRAL: 5:45 AM–9 PM
(Closes 7 PM Tuesdays for cleaning)
JACUZZI HOURS: Same as facility. No one under 18 years in West and East pools and Jacuzzis.
CENTRAL POOL HOURS FOR PEOPLE UNDER 18:
Labor Day–Memorial Day: 11 AM–2 PM daily
Memorial Day–Labor Day: 11 AM–4 PM daily
Children must be accompanied by an OVA member/resident or adult with a valid guest pool access card.
NO LIFEGUARD ON DUTY AT ANY OVA POOL.
ALL FACILITIES CLOSED CHRISTMAS DAY.

**STORAGE UNITS
AND PAR KING**

Oak Creek RV & Self Storage
SP176, www.storagepro.com
707-913-7326

LIBRARY

Central Activity Center, 310 White Oak Dr.
Hours: Daily 6 AM–9 PM. Closed Christmas Day. It is run by volunteers. All donations are gladly accepted. Materials we cannot use will be passed on to others.

**OAKMONT COMMUNITY
GARDEN ON STONEBRIDGE**

For more info on signing up, email Oakmontcommunitygarden@gmail.com. Contact for current availability.

HAPPY TAILS DOG PARK

6302 Stone Bridge Rd
Open to residents of Oakmont Village Association from sunrise to sunset. Small Dog Hours are from 9–10 AM every day.

FITNESS CENTER

Central Activity Center, 310 White Oak Dr.
Daily 5:45 AM–9 PM. Closed at 7 PM on Tues. for cleaning. Closed Thanksgiving and Christmas day.

BE ON OVA E-MAIL LIST

Know what's going on in Oakmont. You'll receive the weekly "Inside Oakmont" newsletter, Board Meeting notices and agendas, special notices and meeting announcements. To join the OVA's e-mail list, visit oakmontvillage.com/inside and enter your information to subscribe.

**2026–2027
OVA BOARD OF DIRECTORS**

E-mail: askova@oakmontvillage.com

Steve Spanier, President
steve.spanier@oakmontvillage.com

Jeff Neuman, Vice President
jeff.neuman@oakmontvillage.com

Jess Marzak, Secretary
jmarzak@oakmontvillage.com

Terrie Mui, Director
terrie.mui@oakmontvillage.com

Matt Oliver, Director
matt.oliver@oakmontvillage.com

Neill Ray, Director
neill.ray@oakmontvillage.com

Robert Williams, Director
robert.williams@oakmontvillage.com

Tom Kendrick, Treasurer
(Non-voting officer)
tom.kendrick@oakmontvillage.com

GENERAL MANAGER
Christel Antone
christel@oakmontvillage.com

OVA BOARD MEETINGS

Townhalls 1st Tuesdays of the month
and board meetings 3rd Tuesdays
of the month, 1 PM

Always online via Zoom and in-person when possible. All residents are welcome. Information to join online is e-blasted out to the community for every meeting along with the in-person location when applicable. Sign up for e-blasts from OVA at oakmontvillage.com/inside.

The Board of Directors of Oakmont Village Association reserves the right to select those articles submitted for publication that seem appropriate to the purpose of this association.

**HOW TO CONTACT
YOUR LOCAL OFFICIALS**

**County Supervisor Rebecca Hermosillo
District 1**

Phone 707-565-2241
Address: 575 Administration Drive,
Rm. 100A, Santa Rosa 95403
Email: rebecca.hermosillo@sonoma-county.org

**City Councilwoman Dianna MacDonald
District 3**

Email: dmacdonald@srcity.org
Address: City Hall, 100 Santa Rosa Ave.,
Rm.10, Santa Rosa 95404

PUBLIC TRANSPORTATION AVAILABLE IN OAKMONT

- CityBus #16 bus takes residents to 5 different shopping centers weekday mornings and around Oakmont afternoons.
- Sonoma County Transit #30 bus goes to Memorial and Kaiser Hospitals and downtown Santa Rosa. Returns via Oakmont to Sonoma.
- Schedules available at OVA office.

CLASSIFIEDS

BODEN PLUMBING, HEATING AND AIR

For all your plumbing and heating needs. Local plumbers in business since the late 20th century, licensed, bonded and insured. Same day service is often available. Money-saving coupons! CA Lic. #659920. Please call (707) 996-8683 or go to www.BodenPlumbing.com.

ELECTRICAL CONTRACTOR

For all your electrical needs, including rewiring, troubleshooting, generators, panel upgrade, lighting, EV chargers, security/landscape lighting. Available 24/7. Lic. #461220. Free estimates. Call Josh Begin, (707) 690-2541. Visit www.beginintobuild.com.

YOUR PERSONAL CAREGIVER AND ADVOCATE

Available 24/7 or hourly, nights, long-term or short-term. 20+ yrs. experience providing honest, reliable, dedicated, competent, compassionate care, with a sense of humor. Native CA, clear background check with fingerprinting. Specialize in Dementia. Starla, (925) 698-6312. References and website. Not an agency.

TONY’S GARDENING SERVICES

General landscape, mowing, yard maintenance (free fertilizer included, so your grass and plants can be greener than every), high weed clearance. Clean-up, hauling, trimming, pruning and gutters. Free estimates. Ref. available. Tony Sandoval, (707) 321-2958.

TREE TRIMMING

Pruning, trimming, hedges, mowing. Fruit trees, stump grinding. Pressure washing. Over 20 yrs. of experience. Free estimates. Now accept credit cards. Visit website: ajyardservice.com. Call Alex, (707) 322-1646. Lic. #06530716.

CARPET, UPHOLSTERY AND TILE CLEANING

Gavin Anderson, local Sonoma resident. 20+ years experience. Senior pricing. Free estimates. Call 935-6334.

COMPASSIONATE PERSONAL ASSISTANT/COMPANION

Heart centered companionship, positive creative support, and assistance. Also, Celtic harpist, multi-instrumentalist, performer, mentor, soothing original, professional music for special occasions, therapeutic sound and healing facilitator, 40 yrs. exp. References. Call or text Jewel at (503) 487-7338. Oakmont resident.

CHRISTO TRANSPORTATION

Based in Oakmont is available for your transportation requests at fair pricing. Our vehicles are new, well maintained and carry commercial insurance, TCP 32055. Call Chris at (707) 205-8109. www.christolimo.com.

HAVING TROUBLE GETTING YOUR GARBAGE TO THE CURB FOR PICK-UP?

I can come to your home to put your trash receptacle to the curb Wednesday afternoon, and bring it back on Thursday afternoon. Call Dan Lennox, (707) 889-0205.

REPAIRS PILING UP? CALL RAY

No job too big or too small. Heating, water heaters, plumbing, electrical, drywall, patching, painting, appliance repairs, honey do’s, etc. Quality and affordable. Ray, (707) 280-2699.

MARSHALLS PLUMBING

Drain Cleaning, Water Heaters, faucets. 25 years exp. Senior Discounts. Free estimates. (707) 681-1011. CA Lic. #541596.

OAKMONT’S PAINTING SERVICES

29 years in Oakmont. Many Oakmont references. Great work at fair prices. License #1108640. Bonded and Insured. (707) 528-8222 or email OakmontsPainting@gmail.com.

FOR ALL YOUR PAINTING NEEDS

Quality affordable work at reasonable rates. Interior painting including rooms, cabinets, railings, decks, fencing. Pressure washing and more. Call Michelle, (707) 378-3600.

PET MAN DAN

I am an avid walker with a dog walking business. I walk 1 dog at a time, unless you have more. I am licensed and insured, with references available. Call or text Dan Lennox, at (707) 889-0205.

AAA ORGANIZED PLUMBING

Proudly serving Oakmont! 10% off large jobs for new customers. Free second (or first) opinions for anyone who wants to know about their plumbing! We always pick up the phone! (707) 621-8282. Lic #1118193.

GARAGE DOOR SERVICES

Locally owned and operated Dependable Doors offers full servicing, repair, and replacement of garage doors and motors. Call Casey at (707) 775-8009 for all of your garage door needs. Lic. #1016951.

INDULGE IN SELF-CARE

Offering age-corrective and hydration facials. Expert skincare by passionate licensed esthetician. Glow with O has 5-star reviews on Google! \$25 OFF your first visit for Oakmont residents! Call Oceana at (530) 307-2217, 990 Sonoma Ave. Unit 15A, Santa Rosa.

VOM PLUMBING

We are a local plumbing company that can take care of all your plumbing needs, from service and repair to remodels and additions. Call today to schedule a free estimate. (707) 800-2043.

AIR CONDITIONING REPAIR

Heating, Cooling, service and repair. Serving Sonoma Valley. Call Vince Parish at Ridgeback Mechanical, (707) 666-5056.

ENTRY DOORS, PATIO DOORS, INTERIOR DOORS

Installation. Local Suppliers. Father and son team, 30 years of experience. Brad Chiaravalle and Anthony Chiaravalle. Lic #527924. www.doorbeautiful.com. (707) 539-3196.

HOUSE CLEANING SERVICES IN OAKMONT

Regular cleaning, deep cleaning, and move-out cleaning. 15 years of experience. Pease call Noemi at Noemicleaning, LLC, (707) 228-2114.

A COMPANION/CAREGIVER/ PERSONAL AIDE

Certified Medical Assistant, Retired Professional Driver. 20-year experience of everything from companion care to medical care, including driving to doctor's appointments and taking informed notes. Also, light housework and cooking. Please call Paula, (707) 703-6231.

WINDOW AND PRESSURE CLEANING SERVICES

Windows, screens, gutters, pressure cleaning. Homes, decks, patios, walkways and driveways. Holiday special free estimates. Contact Dennis Russo, (707) 249-3343.

MARTHA L PROFESSIONAL HOUSE CLEANING

Home, office, move-outs. Window, bed linens and much more. 19+ years of experience. References upon request. 548-9482 or marthal1041@att.net.

YOUR FRIENDLY HANDYMAN

Oakmont's trusted resource for carpentry, drywall, electrical, plumbing installation and assembly. Fair hourly rate. Call (707) 881-7292. Website: www.thehandylance.com.

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Dependable experts serving you and your neighbors with excellence and integrity for over 20 years. Licensed, bonded and insured. Senior discounts available. CA Lic. #854537. Find us on the web at www.onewayplumb.net or call us at 537-1308 for all your plumbing needs.

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LOVELY LANDSCAPING BY MDL LANDSCAPES

Google 5 stars. Oakmont references. Santa Rosa Chamber Member. Call David at (707) 536-6048. Visit our website: www.mdlandscapes.net. License #1044507.

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Dependable, insured SFO rides. Free quotes: ridewitherik.com. Call or text at (707) 888-9308.

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Senior-friendly service. Small jobs welcome. Dry rot repair, fence and deck repairs, gutter cleaning, pressure washing, sprinkler repairs, fire mesh installation, light electrical and home maintenance. Free estimates. References available. Call/text Cooper, (707) 227-4187.

BABE'S TRANSPORTATION

Private Transfers to all airports, medical apps. (local and out of town), wine tours, etc. Rides 24/7. Commercially licensed and insured, in compliance with airports, TCP #40474. Drop off and pick up at the curve of your airline. Male and female drivers, can carry 1–7 people + luggage. Professional, safe, dependable service from a company that does it right. Check our reviews on yelp. (707) 545-2850, www.babestransport.com.

BEST DOG WALKER IN OAKMONT

Excellent reference. Loving, patient and dependable, your fur baby will love me! \$25 per responsible, attentive walk. Please call or text Annette, (619) 993-6834. Looking forward to meeting our and your dog.

CHUCK’S COMPUTER SERVICES

On-Site Computer cleanup and tune-ups. Virus and malware removal. Wi-Fi, printer and email setup in your home. Also offering digitizing of 8mm and Super 8 film. Proudly serving Oakmont for 13+ years. \$65/hr. 1-hr. min. Film digitizing priced per job. Call or text Chuck, (707) 293-8011.

MICHELLE RENÉE SF

Luxury hair extensions, custom and partial hair systems, hair loss solutions. Private appointments. Concierge on-location services. 30+ years of experience. Call (415) 225-4444 or email MichelleRenee.com.

FOUNTAIN GROVE GOLF MEMBERSHIP FOR SALE

Club-approved transfer. Please inquire about membership payment/term flexibility. Call M Levy, (415) 225-4444 or email michellerenee007@icloud.com.

YOUR FRAU FRIDAY

Housecleaning, cooking, light yard work, errands. Contact Erin, (707) 860-6376. References, reasonable rates.

PETER’S LANDSCAPING

Lawn mowing, trimming bushes, removing weeds. Gutter cleaning. \$50 job minimum. Please call (707) 486-6684.

GALUS PAINTING

Professional interior/exterior painting. Kitchen/Bath cabinet special. Lic. #626311. Call (707) 579-2680.

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Your trusted team for keeping homes clean, safe, and looking their best. Housekeeping, power washing, solar panel cleaning, bird proofing, window cleaning (interior and exterior), gutter cleaning, house soft washing and more. Licensed and insured! Call Eric Guerra at (707) 331-6024.

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Reliable, honest, and experienced residential housecleaning by Josefina. Excellent references. Responsible. Professional. Free estimates. Monthly, weekly, or bi-weekly. Guaranteed thorough work. Quality and consistent results at competitive rates. Call (707) 799-6465.

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LIVE-IN CAREGIVER/PERSONAL ASSISTANT

Mature experienced female. Errands, grocery shopping, doctor appointments, patient advocacy, pet care, yard work, etc. Previous experience as a caregiver, farmer, medical assistant, patient registration and medical records. Please email Merron at mgolden93@yahoo.com or text to (707) 303-0795.

FABRIC AND CRAFT SUPPLIES SALE

Come and find quilting, dressmaking and flannel fabric, suede and velvet, yarn, zippers, buttons, beads, canning supplies and more, all at discount prices! Bring your own bag. Fri., 8/28 and Sat., 8/29 from 9–12. 7505 Oak Leaf Dr. in Oakmont. For more info, contact Jan at jdecoc99@yahoo.com.

ELDER CARE AND COMPANION

Over 25 years of experience in personal caregiving. Flexible hours—Tues, Wed, Thurs preferred. Light housekeeping and cooking. Medication reminders and assistance with taking meds on time. Good Christian companionship. References available. Please text or call Lydia at (707) 888-5172.

Soroptimist International Oakmont Wine Country

■Denise Bickert

FLAMINGOS HAVE LANDED

How would you like to contribute to scholarships for women pursuing their education to better their lives for themselves and their children? And as an added bonus, you can make someone’s day a little brighter. Soroptimist members will provide a “flocking” for you or a friend or neighbor for a \$25 donation.

What exactly is a flocking? Our club members will decorate your yard with our flock of pink flamingos to help celebrate birthdays, anniversaries, or just for fun. Funds raised will go to our Live Your Dream Awards.

The core value of the Soroptimist Club in Oakmont is to help women achieve economic empowerment through education. The club is planning to grant three scholarships this year to local women who are head of household and pursuing a technical or academic degree. Past recipients have all been single moms, who work to support their family while going to school. Each one has overcome obstacles, yet continue to strive to succeed.

If you are interested in hosting our flock, please contact Karen DeGroot at (707) 974-6455 or kdegrootn@gmail.com.

If you would like to learn more about our club and the work that we do please contact me at deniseb.siowc@gmail.com.



Photos by Karen DeGroot.

Water Fitness

■Valerie Hulsey

We are back at the West Pool, but Mary will be on vacation until Monday, August 31 when she will again be teaching on Mondays and Wednesdays at 9:30 a.m. The refurbished pool looks great, and both the weather and the water are toasty warm (most days). There is a drop-in fee of \$10. We look forward to seeing you soon.

Julie will be teaching on Tuesdays at 10 a.m. All fitness levels are welcome! There is a \$10 drop-in fee.



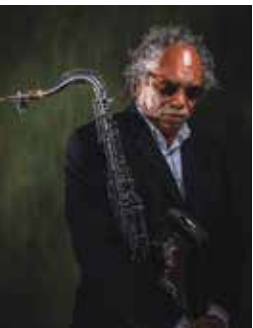
Jazz Club Concert

■Dolora Hurst

A VERY SPECIAL JAZZ CONCERT SEPT. 26

Once again, Jazz Club Concerts will feature Jamie Davis, a singer, Grammy Award winner said to have one of the five best voices in the world and a former Count Basie Band member. Joining him is Glen Pearson, outstanding director of the famous Boys Choir of Harlem for 11 years and Leon James, drummer for the famous Ramsey Lewis Band for ten years. Leon also assembled a world-class band, selecting the players, rehearsing the band for the History Makers, selecting the material to perform, and conducting from his drums for the filming that was shown on PBS as a tribute to the beloved Smokey Robinson.

Here are the famous international musicians who will complete this performance.

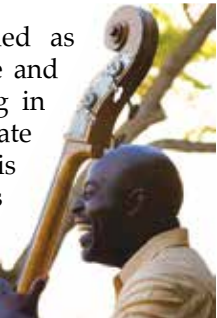


Richard Howell.

Saxophonist Richard Howell, a Southern California native, got his start in L.A. playing jazz and spent time with Maurice White and the famous Earth, Wind and Fire group. He then moved to the Bay Area and joined a group with Don Cherry, Charlie Haden, and Billy Higgins for a three-night stand at the great American Music Hall.

He then toured with Etta James. He has produced or played solo on albums with too many other famous musicians to mention here, and travels and plays part of each year around the world.

Bassist Ron Belcher is regarded as one of the best bassists anywhere and spends much of his time playing in other countries. He is a passionate teacher and has spent much of his time as an advocate for children’s education. He has served on the faculty of the University of California Young Musicians’ Program and has contributed to several seasons of the San Francisco Symphony’s Adventure in Music outreach program, including jazz improvisation and acoustic bass at several Bay Area colleges, performing and recording with such international stars as Branford Marsalis, Regina Carter, Rodney Franklin, John Handy, and the “who’s who” of the San Francisco jazz scene. These musicians are of genius quality!



Ron Belcher.

WHEN: Saturday, September 26, 7 p.m.

WHERE: Berger Center

TICKETS: \$45, available at the OVA Office. Address checks to The Oakmont Jazz Club

Drinks and snacks are OK. Tables for eight may be reserved.

Domino Club

■Brian Huckins

MIX THOSE DOMINOS

The Oakmont Domino Club meets every Thursday morning at 9:30 a.m. in the Central Activity Center Card Room.

We play the popular Five-up Game (more commonly referred to as the San Francisco Five-up Game). Two, three or four can play. The four-handed or partners game is our preferred format.

A slight wager has been known to add to the interest.

It is easy to learn and anyone who can add, subtract and divide can play the game. The fundamentals are simple and can be learned quickly. The finer points can be managed with a little study and practice.

Looking for players of all abilities to join. Lessons are available.

Please contact me at (415) 602-9083 or bvhuckins@gmail.com.



Playreaders



■D. Hall

ANGEL STREET BRINGS DRAMA AND MYSTERY TO OAKMONT

Many people have seen the movie *Gaslight*, with Ingrid Bergman. But few know it was the offspring of a play, called *Angel Street*, six years before the cinematic version. The work is by Patrick Hamilton. It brings to light a dark tale of an unscrupulous husband who is slowly driving his wife into insanity in 19th century London.

The Playreaders’ version is produced and co-directed with Jim Preston by Marcel Coder. Marcel joins her fellow cast mates: John Dolan, Mark Parsons, Jeri Leasher, and Ann Barrett. Act 1 will be on September 7 and Act 2 on September 14.

Oakmont Playreaders has a terrific group of men and women who read plays aloud and even do a bit of amateur acting before small audiences. Right now, we have a specific need for more men with a bit of the acting urge to fill out our casts. Is that you? No need to memorize lines! We read from a script. We are a friendly, supportive, totally unthreatening group and we just have fun. Come and see!

See Oakmont Playreaders the first two Mondays of every month in Room B (Birch) of the Central Activities Center at 2 p.m.



The Fourposter by Jan de Hartog. Readers were Steven Levin, John Dolan, Jim Preston, Ginny Smith and Ginna Zoellner. (Photo by Esther Dolan)



Oakmont Ukesters

■Rebecca Gilbert

LEARN TO PLAY UKULELE

The Ukesters of Oakmont is offering a 7-week course to any Oakmont resident. This is a great opportunity for you to learn to play the ukulele and sing along as an added bonus. The ukulele is one of the most popular instruments in America and easy to learn.

It is also great for seniors for these 10 reasons: 1) Improves hand-eye coordination, 2) Reduces stress, 3) Boosts brain function, 4) Promotes social connection, 5) Enhances creativity, 6) Boosts mood and self-esteem, 7) Offers a low-cost hobby, 8) Can be done anywhere, 9) Fosters a lifelong love of music, 10) Improves self-discipline.

The added benefit following class participation is to become involved with Ukesters weekly practice sessions and occasional performances at Oakmont Gardens and other social events such as Grandparents’ Week.

WHEN: Fridays, September 4, 11, 18, 25, October 2, 9 and 16

TIME: 10–11 a.m.

LOCATION: OVA Suite B

COST: \$5 for printed materials

WHAT TO BRING: Ukulele, tuner and music stand

CONTACT: Rebecca Gilbert, (949) 887-0925

Pickleball Corner



■Peter Copen

PICKLES AND BIG APPLES

A pickleball facility doesn't need to be in a tropical resort to be beautiful. It can also be smack in the middle of one of the world's most iconic cities: New York City. Plus, it's in one of the world's most iconic parks, Central Park, just steps away from the famous Plaza Hotel.

This 14-court facility boasts incredible views of NYC's skyscrapers, is open to the public, and is run by CityPickle. Plus, its exact location is in Wollman Rink, which is an ice-skating rink. So, while you can play pickleball there in the warmer months, in the winter, yes, people are skating on it. How cool is that? It has also become the site of Major League

Pickleball's end-of-year tournament. So, if you are off to visit the Big Apple this summer, bring along your paddle.

Playing pickleball in Oakmont is free. However, there is a cost to be a member of the Pickleball Club of \$30/yr. The benefits include friends, fun socials, parties, club pays for the balls, loaner paddles to try out and coaching and skills training.

Pickleball at Oakmont is for Oakmont residents and their guests only! New Player Orientation: 9 a.m. Tuesday mornings. Contact Victoria Dettman, (707) 230-2958. Call Jim Howard at (209) 761-8517 for demo loaner. Visit our website: www.oakmontpickleballclub.com.



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Northern California's premier source for all of your garage door needs. Serving homeowners and contractors since 1983.

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OF EXCELLENCE IN
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In-home Care



Gabriella and Stan

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GET A HEATING & COOLING
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