

OAKMONT NEWS

Semimonthly

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Turkey Parade



A parade of turkeys marched down Oakmont Drive earlier this month, caught on film by Maureen McGettigan.

OVA Continues Negotiations with GoGoGrandparent

■News Staff

OVA is continuing negotiations with GoGoGrandparent as it prepares for a future transition away from Bus 16, but no change in service has taken place yet. General Manager Christel Antone updated residents on the transportation plans during the Sept. 15 OVA Board meeting, saying OVA is still working through contract details with GoGoGrandparent, an on-demand transportation service that connects older adults with reliable rides. One issue still under discussion involves liability for residents using the service. Antone said OVA and its attorney are working with GoGoGrandparent to determine how liability would be handled under the

proposed agreement. With Bus 16, liability falls under the city’s transportation contract, Antone said, while rides booked directly through companies such as Uber are covered under those companies’ insurance. OVA is seeking similar clarity before finalizing its agreement with GoGoGrandparent. Despite the remaining contract discussions, Antone said she expects the parties to reach an agreement. OVA is also working with the City of Santa Rosa and GoGoGrandparent to organize a town hall or informational meeting in the coming weeks. The

See **GOGOGRANDPARENT** on page 4

OVA Board Approves Two Bylaws Resolutions

■News Staff

The OVA Board approved two resolutions concerning the Association’s bylaws at its Sept. 15 meeting. One addresses provisions that OVA legal counsel identified as inconsistent with, superseded by, or requiring clarification in light of current law. The clarifying resolution states how OVA will administer those provisions in accordance with controlling law. It does not amend the bylaws, expand the Board’s authority, or eliminate any requirement that remains valid and enforceable. The court-relief resolution authorizes General Manager Christel Antone to work directly with OVA legal counsel to obtain information about the process, anticipated timeline, estimated cost and recommended next steps for seeking court relief. This inquiry is limited to the two proposed bylaw amendments that appeared on the May ballot alongside the election of OVA directors. Both proposed amendments received broad

support from those who voted but did not satisfy the approval threshold required by the current governing documents. Given that level of support, and because the existing threshold may be difficult to achieve in practice, the Board determined that it is worth gathering more information about possible court relief. The authorization does not commit OVA to filing a court action; it allows the Board to evaluate the available process, cost and legal recommendations before deciding whether to proceed. As more information becomes available, OVA will keep the community informed. **ARCHITECTURAL POLICIES** The Board also approved two proposed architectural policy revisions for a 28-day member review. One would remove Firewise-related provisions from the landscape policy because those matters are addressed

See **BOARD** on page 4

President’s Message: Community Engagement

■Steve Spanier, OVA Board President

We all move to Oakmont hoping its location and amenities will offer a superior quality of life. While quality of life is certainly influenced by our physical environment, I believe a bigger factor is the relationships we develop with one another. Oakmont’s clubs and amenities provide foundational opportunities, but it’s in using them with others that the richness of living in our community is fully realized. Our residents bring with them decades of experience, expertise, community involvement, and—more often than not—a willingness to contribute. Becoming involved in the life of our community and contributing to the well-being of the people who live here is at the heart of community engagement.

For Oakmont, that involvement can take many forms: volunteering at an event, serving on a committee, participating in a club, helping a neighbor, attending a fitness class, joining a social activity, supporting emergency preparedness, or simply

See **PRESIDENT’S MESSAGE** on page 5

Stella Heath to Perform the Music of Ella Fitzgerald

■OVA Staff

On October 8, Oakmont is pleased to welcome back Bay Area vocalist Stella Heath for an evening dedicated to one of the most influential voices in American music history: Ella Fitzgerald, the First Lady of Song. The show starts at 6 p.m. at the Berger Center. Doors open at 5:30 p.m. \$30 tickets are available at the OVA office. In her new show, “Stella Swings Ella,” Heath takes on Fitzgerald’s iconic repertoire with the support of an all-star band featuring Neil Fontano on piano, Ian Scherer on guitar, Daniel Fabricant on bass, Robby Elfman on saxophone and clarinet, and Spike Klein on drums. Ella Fitzgerald’s career spanned nearly 60 years, during which she transformed from the energetic force behind the swing era at Harlem’s Savoy Ballroom into a pioneering jazz vocalist celebrated for her bebop improvisation and groundbreaking songbook recordings. Her collaborations with towering songwriters like Cole Porter, Duke Ellington, and George Gershwin helped elevate their compositions into enduring American classics. In her later years, she continued to mesmerize audiences around the world, often accompanied by the virtuoso guitarist Joe Pass. Stella Heath is no stranger to bringing jazz legends to life on stage. Known for acclaimed programs such as “The Billie Holiday Project” and “Stella Meets Nat,” Heath brings the same depth and artistry to her tribute to Fitzgerald. With her formidable band behind her, Stella Swings Ella promises to be an unforgettable evening celebrating the music, spirit, and legacy of one of jazz’s most beloved voices.





Day Program for Older Adults
with Dementia or Care Needs

Now Open!

Caregivers need support.
We're not waiting for tomorrow,
we're creating a solution for *Today*.





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Today & Together is a nonprofit adult day program now open in Sonoma Valley. We're creating a warm, structured space where older adults can enjoy engaging days, and family caregivers can get the respite and support they need.

Full-Day Support

Inclusive, High-Quality Care

Small-Group, Personalized Activities

Trained Dementia Care Team

Consistent Scheduling

Safe, Scenic Setting



 todayandtogether.org

 **707-933-2582**

Today & Together is a 501(c)(3) nonprofit.
DSS License: # 49-6804376



VJB CELLARS

YOUR TABLE IS WAITING.

WOOD-FIRED PIZZA • PANINI • FRESH SALADS • GELATO

Join us in the heart of Kenwood for a relaxed afternoon of house-made Italian favorites, VJB wines, and warm hospitality.

NO RESERVATIONS NEEDED

Simply stop by.

OPEN DAILY 10AM - 5PM | 60 SHAW AVE, KENWOOD | 707.833.2300

OVA Architectural Office to Be Closed Fridays

■Oakmont Village Association

Beginning Friday, Sept. 18, the OVA Architectural Office will be closed on Fridays. Architectural Office hours will be Monday through Thursday, 9 a.m.–noon and 1–5 p.m. The office is closed from noon–1 p.m. and is located at the OVA office, 6637 Oakmont Drive, Suite C.

Important Parking Reminder: Visitors to the Architectural Office should continue to park in the shared parking lot between the OVA Administrative Office and Berger Center. Please do not park on Laurel Leaf Place.

Meet Your Neighbors (MYN)

■Katy Carrel

WHAT IS MYN AND WHY IS IT IMPORTANT?

Many people think MYN, or Meet Your Neighbors, is just about making go-bags. It’s so much more than that. MYN is about knowing your neighbors and building a stronger, more connected Oakmont community.

Knowing your neighbors and building a stronger community in your neighborhood is especially important in an emergency. When you know your neighbors, emergency response and other forms of community support can follow naturally.

MYN provides emergency preparedness information and helps residents plan for situations such as major earthquakes and wildfires, when neighbors may need to work together and take care of one another.

For example, if you’re away from home and your pets need help, does a neighbor know how to get into your home and what your pets need? In an evacuation, do you know which neighbors don’t drive, rely on medical devices, or may need help contacting an emergency contact?

We need your help in two important ways:

First, only 55% of Oakmont neighborhoods are currently active MYN neighborhoods. For neighborhoods with no organized MYN, we need residents to step up and become neighborhood leaders. Consider doing it with a couple of neighbors—we’ll help you every step of the way.

Second, we need to confirm the information we have for existing MYN neighborhoods. We want to know whether your neighborhood is still active and whether anything has changed, including:

- Who is the current leader and how can they be contacted?
- Which addresses are included?
- Is there a Zone Communicator?
- Do you need help preparing for an evacuation or Red Flag Warning?
- How You Can Help

If you are an active MYN leader—or if you have information about changes in your neighborhood—please contact us at myn@oakmontvillage.com. You may be contacted by a MYN volunteer asking for confirmation that we have correct information.

Katy Carrel and Matt Zwerling have been Oakmont’s MYN leaders for many years. We are dedicated to helping Oakmonters “Meet Your Neighbors” and building the connections that make our community stronger and safer.

Learn more at oakmontvillage.com/myn.



Vaccine Clinic on October 22

■Oakmont Village Association

Appointments are available for a vaccine clinic on Oct. 22 at the Berger, from 9 a.m. to 4 p.m. 2026–27 COVID vaccines will be offered, and also the 2026–27 Flu, RSV, and pneumonia vaccines.

Make an appointment at: www.safeway.com/vaccinations/group-clinic/OakmontVillageofSantaRosa2026
Consent form at: oakmontvillage.com/article/informed-consent-for-immunization

New Resident Reception on October 15

■OVA Staff

New Oakmont residents, and those who would like a refresher on our community, are invited to attend an upcoming New Resident Reception at the Berger Center on Thursday, Oct. 15, from 6–7 p.m. This event is designed to introduce you to our vibrant community and provide helpful information about Oakmont’s unique lifestyle offerings.

Agenda highlights include:

- An introduction to OVA staff and leadership
- Key architectural information to help you settle in seamlessly

- An overview of clubs, facilities, and essential community resources
 - Information about emergency preparedness groups
 - Details about the Valley of the Moon Golf Course and restaurant
 - Time to connect with fellow residents and neighbors
 - A Q&A session to address any of your questions
- Refreshments will be served.
This is a wonderful opportunity to meet your neighbors, build connections, and feel more at home in the Oakmont community.

OAK

at the VOM Golf Club



■Khiana Schmuhl, General Manager, Valley of the Moon Club

From league golf to live music, paint nights, and a first-ever talent show, there’s a lot on the calendar at Valley of the Moon this summer. Here’s a roundup of what’s coming up on the course and in the clubhouse.

Visit playvom.com for up-to-date information about happenings at the Valley of the Moon Club and OAK restaurant.

SAVE THE DATE GOLF MEMBER APPRECIATION AND RENEWAL PARTY—OCTOBER 30

Join us for a special gathering to celebrate our 2026 Annual Golf Members! As a token of our appreciation, we’re hosting a complimentary Member Appreciation Party at OAK. Enjoy an afternoon filled with delicious appetizers, drinks, and good company as we thank you for being part of our club. More information coming soon!

SOCIAL GOLF MIXER OCTOBER 14, 3 PM SHOTGUN

Play 9 holes of golf in a friendly noncompetitive format and enjoy drinks and light appetizers upon completion of play. 4-person scramble, prizes for long drive/closest to the pin. Annual Member Price: \$39; Non-Member Price: \$55. Price includes green fee, shared cart, light apps, drink ticket for beer/wine, prizes.

\$100 RANGE CARD SALE—OCTOBER 9

On this day you will be able to purchase our Driving Range card for \$100 (normally \$150) and gets you 12 large buckets for the price of 10. This is a huge savings for those of you who love to hit balls on the range.

TWILIGHT PLAYERS PROGRAM!

Best deal in Sonoma County—pay \$39 a month and play a round on either course after 1 p.m. for \$23 and includes green fee, shared cart, and small bucket of balls.

BOOK YOUR TOURNAMENT TODAY!

Call us at (707) 539-0415 to start your own golf league or to host your next corporate golf outing or tournament! You can also submit a tournament request via our website at www.playvom.com/tournaments.

HOLIDAY RATES

Holiday rates will be observed on Monday, October 12, Columbus Day.

OAK OCTOBER SPECIALS

October 1—\$24: Dover sole. Pan-fried, egg-battered dover sole with caper butter & herb sauce, sautéed blue lake green beans & a small house salad.

October 2–4: 3 street tacos for \$12- carne asada or chicken, onions, cilantro, queso fresco, and salsa on the side. Friday–Sunday all day.

October 8—\$22: Ground beef tostada with fried eggs. Seasoned ground beef, refried beans, lettuce, pico de gallo, cheddar, olives, avocado salsa and sour cream on corn tortillas, topped with 2 eggs your way.

October 15—\$24: Shrimp or grilled chicken fettuccine alfredo. House-made alfredo sauce with your choice of 6 shrimp or grilled chicken. Served with garlic bread and a small salad.

October 22—\$22: French dip. Thinly sliced tri-tip on a sourdough roll with au jus, served with fries.

October 29—\$20: Grilled black forest ham and cheese. Served with a cup of soup of the day.

November Prime Rib Night—RSVP now: Join us Wednesday, November 18 for a prime rib special—\$55 per person. Includes a cheesy scalloped potato, seasonal vegetables, and a glass of house wine or soft drink. Please make reservations with Marisa. Include your first and last name, phone number, and reservation time. Seatings available from 3–6 p.m.

Be sure to also save the date for our Thanksgiving Buffet. More information coming soon!

MUSIC MONDAYS

September 28: Fargo Brothers Band

October 19: Fargo Brothers Band

October 26: Coffey Park Band

November 2: Relish Band

November 9: Coffey Park Band

November 16: Fargo Brothers

Doors open at 4 p.m., live music from 5–7 p.m. \$10 cash cover charge at the door. Reservations can be made by emailing Marisa at mmangano@playvom.com.

CLOSING REMINDERS

Finally, we’d like to extend a friendly reminder to refrain from fishing on any of the golf course ponds due to safety concerns.

We’d also like to remind everyone to follow the golf course walking hours located on our website at playvom.com. Walking is not permitted while golfers are present and imposes a major safety hazard.

Please see walking hours on the golf course at www.playvom.com/the-club/walking-policies.

Wii Bowling Oakmont Lanes



■Terry Leuthner

Oakmont Lanes Bowling Club is a Bowling League consisting of four-person teams that utilize Nintendo Wii to simulate the experience of bowling without the weight of a bowling ball. Any resident who has the ability of holding a small remote control in their hand while swinging their arm as if they were rolling a bowling ball will be able to join.

Anyone interested in joining our club, either as a team bowler or substitute, please call me at (707) 291-3023 or stop by the East Recreation Center on Tuesdays from 2–3:30 p.m. (no bowling fourth Tuesdays) to see us in action. We charge \$25 for a ten-week Tournament that includes the play-offs.

2 p.m. League: 8 teams, 4 bowlers per team. Each bowler bowls three games and has his/her own handicap (80%) and average. See www.oakmontlanes.com for Club information, bowling dates, week results and team schedules to bring cookies and help set up at 1 p.m. and tear down equipment at 3:30 p.m.

Labor Day Challenge: On Sept. 8 a bowler received a \$5 gift card to Safeway if they bowled a strike in the seventh and ninth frames of a game (Sept. 7, 9/7). Winners are: Joanne Abrame, Carolita Carr, Bob Chapman, Charlie Ensley, Peggy Ensley, Gordon Freedman, Vicki Jackanich, Shirley Jamison, Sandy Osheroﬀ, Karen Palmiotti, Robin Schudel, Don Shelhart, and Pat Stokes.

Bowling date for September: Sept. 29 (week #6).

Bowling dates for October: Oct. 6 (week #7), 13 (week #8), 20 (week #9: Halloween Challenge). No bowling Oct. 27 (fourth Tuesday).

RESULTS AS OF SEPT 15 (WEEK #5 FALL LEAGUE)

Results are: first place, 4 Tops; second place, Pocket Hits; third place, On Strike; fourth place tie, Strikers and Wii Four; sixth place tie, Alley Oops, King Pins and High Rollers.

Men’s High Games: Gordon Freedman, 300; Scott Harris, 268; Charlie Ensley, 239; Rob Warren, 218.

Women’s High Games: Robin Schudel, 299; Sandy Osheroﬀ, 278; Peggy Ensley, 259; Laurel Earles, 247; Karen Palmiotti, 243; Donna Rose, 200.

If you’re thinking of joining us, we started our Fall 2026 League on Aug. 11 and will end on Dec 8 with Christmas Party Dec. 10 at East Rec. Most of us have all bowled on a bowling league some time in our lives and here’s your chance to do it again.

Cal Alumni Club of Oakmont



■Marilyn Noah

OCTOBER DINNER MEETING

The next Cal Alumni Club of Oakmont dinner will be on Thursday, October 15, 5 p.m. at the Wild Oak Saddle Club.

Our speaker will be Dr. Angélica Garcia, the Superintendent/President of Santa Rosa Junior College (SRJC), one of the oldest community colleges in California. She was appointed to that role in 2023. Dr. Garcia is also one of the founding executive board members of COLEGAS, a statewide organization for Latinx professionals in the California Community Colleges.

Previously, Dr. Garcia served as the President of Berkeley City College, leading it through accreditation re-affirmation and fiscal stabilization.

Cost is \$62 per person. The deadline for registering is October 9. Club members may register and pay for dinner on the club website, www.caloakmont.org. Members are welcome to bring guests. Contact oakmontcalalums@gmail.com for details on registering a non-member guest for dinner.

Oakmont Democratic Club



■Ida Egli

OAKMONT DEMOCRATS ENCOURAGE EVERYONE: GET OUT AND VOTE!

Oakmont Democrats join other American political entities in encouraging Americans and Californians—all of us—to educate ourselves and prepare to get out and vote. This outcome of the midterm election is critical to our democracy, so if you need voter information or a ride to the Oakmont polling place on November 3, call (707) 292-8405 (ahead of time if possible) and arrange for a ride.

In the way of voting information, Evelyn Mendez will be Oakmont Democratic Alliance October speaker on Oct. 12 at 6:30 p.m. at the East Rec. Ms. Mendez is the Registrar of Voting for Sonoma County. She will update us on what challenges to our democratic voting system to expect in November. Also, we’ll review this fall’s ballot, answering questions and discussing implications of ballot items.

Next Oakmont Democratic Alliance Speaker: Oct. 12—Evelyn Mendez. Socializing at 6:30 p.m., Presentation and Q&A beginning at 7, East Rec.

Next Oakmont Dems Social Night: October 22, 6:30 p.m., East Rec. (fourth Thursday of month). Topic: Last-minute 2026 Voting Concerns.

For details go to oakmontdemocraticalliance.org.

ECK Spiritual Adventures Club

■Kimberly Morris

HOW CAN SPIRITUAL FREEDOM FIT INTO YOUR LIFE?

You are cordially invited to our next club meeting on Thursday, October 1 from 3–4:30 p.m. in the OVA Suite B. (new room for us). Our topic will be How Can Spiritual Freedom Fit into Your Life? What does Spiritual Freedom mean to you? We will explore this topic through the sacred stories of club.

From his book, *ECK Wisdom on Spiritual Freedom*, Harold Klemp, Spiritual Leader in Eckankar, shares that one’s journey into spiritual freedom evolves through experience, spiritual insights, and lessons along the way. Spiritual Freedom means to be free of whatever is causing us problems. We must start by turning to the truth in our hearts. From self-responsibility to self-mastery, ultimately, we learn to Love more deeply all life as guided by our spiritual practices with Divine Spirit. We learn about our eternal selves as Soul and a unique relationship with “Thy Will Be Done” by working with Spirit. (pages 4–73).

Good news happens when we discover more of our eternal nature and become more open-hearted. Through this freedom, our life can evolve into an adventure of a lifetime within expanded consciousness and joy. Experiences of truth, love, and wisdom come from beyond our culture, gender, or social restraints. In October, two group members share their spiritual perspectives on Spirituality and Physics and Near-Death Experiences. Come share in these experiences of expansion.

In the club, we will offer a spiritual exercise to connect directly to God Current within you. It is ancient song of God’s love, called the HU. Chanting the word, HU, or listening can enhance your own spiritual journey. All are welcome to attend and share your spiritual wisdom. We honor all spiritual perspectives.

If interested, contact me at (707) 312-6369 or the CA website: www.ca-eck.org.



BOARD

Continued from page 1

in a separate Firewise policy. The revision would also remove redundant information and provide additional clarity to help members, the Architectural Committee, and staff understand and apply the policy.

The other policy revision recognizes that some residences do not have a practical location where refuse containers can be completely hidden from view. It would provide limited flexibility to place containers along a side wall or fence, including locations that may be partially visible from the street, while maintaining reasonable standards for their placement and appearance.

The proposed revisions are posted on the OVA website and on the bulletin board at the Berger Center. Members may review and comment on them during the 28-day review period before the Board considers final adoption. Members can send their comments about the policy revisions to askova@oakmontvillage.com.

BUDGET REVIEW

The 2027 budget and reserve study are currently under review, Antone said. This includes reviewing current expenses, contracts, and insurance estimates, along with current conditions of assets. The budget will be presented to the Board next month for approval, and will be mailed to homeowners in December.

SEASONAL WEATHER PREPARATION

Antone also updated the board on firewise and rainy season preparation. Most firewise efforts have been completed or are coming to a close, though the OVA is continuing to mow high weeds. Efforts are now focusing on OVA’s waterways before the rainy season, actively cleaning the waterways in OVA’s jurisdiction.

She also addressed concerns about water flow due to things in the creek. “If it’s not a flood issue, we don’t touch it,” she said, which is due to requirements by agencies. “They don’t let us get in there and touch too much of the creek, unless it’s an issue.”

COMMITTEE REPORTS

The board approved two new members of the Finance Committee, Ann Benson and Liz Majkowski, which brings the committee to eight members.

The Long Range Planning Committee are currently working on draft documents for recommendations, and will be working with their board liaison, Jeff Neuman, to refine these documents. Some of these recommendations are operational and will go to the general manager, and the committee plans to present the rest to the board in the fall.

GOGOGRANDPARENT

Continued from page 1

meeting would give residents an opportunity to learn how the new service would work, hear from those involved in the transition and ask questions.

Once GoGoGrandparent service begins, OVA anticipates an overlap with Bus 16 of at least one month. The overlap is intended to give residents time to become familiar with GoGoGrandparent before Bus 16 service ends.

“The city wants to make sure that Oakmont is in good hands,” Antone said, emphasizing that OVA does not intend for residents who rely on Bus 16 to be left without transportation.

Antone said the transition discussions involve OVA, GoGoGrandparent, the city’s transportation department and Councilwoman Dianna MacDonald, with the goal of making the change as smooth as possible for Oakmont residents.

In the meantime, Bus 16 continues to operate as usual. Other transportation options will also remain available, including Bus 30, paratransit and Oakmont Volunteer Helpers, which provides rides to medical appointments and other destinations.

OVA will provide additional information as contract negotiations progress and details of the planned town hall are finalized.

Lifelong Learning

■Marlena Tremont

STILL TIME TO REGISTER
FOR OCTOBER CLASSES
COMEDY MASTERWORKS
OF SEVENTIES CINEMA



Instructor: Terry Ebinger
Thursdays, Oct. 1, 8, 15, 22,
2–5 p.m., East Rec. (Note:
early start time)
4-week session. Cost: \$95 or
\$71.25 with discount

ART IN AMERICA: THE 20TH CENTURY

Instructor: Craig Griffeth
Mondays, Oct. 19, 26, Nov. 2,
3–5 p.m., Berger
3-week session. Cost: \$50 or
\$37.50 with discount



Purchase multiple classes at the same time for the same person in the same semester and receive 25% off the total.

A NOVEMBER FULL OF MUSIC
SONOMUSETTE

Friday, November 6, 7 pm, Berger. Tickets \$25.
Table Seating.

Can you hear it? The melody of a 1900s Parisian sidewalk cafe. Sonomusette offers Oakmont a concert in the style of iconic French chanson. You'll hear echoes of Edith Piaf, Yves Montand, Jacques Brel, and Charles Trenet.

The group includes Robert Lunceford, accordionist; Mimi Pirard, vocalist; Jan Martinelli, piano; Tami Pallangston, upright bass; and Kendrick Freeman, drums. C'est la vie.

MORE JOY—AMERICAN TUNE

Friday, November 13, 7 p.m., Berger. Tickets \$25.
Theater seating.

Oakmont's home town band presents 250 years of American music. The kind that touches hearts and unites communities.

Selections include stirring solos by pianist, Deborah Knapp, folk songs from the civil rights era by guitarist Ann Benson, musical humor from the 20s and 30s by bass player Chris Finn, and sweet country tunes from Iris Harrel.

To register for classes or concerts, go to OakmontLL.org, fill out a form with payment in the OVA office or pay at the door.

Oakmont Movers
and Groovers



■Denise Lindsey

Mark your calendar for events to finish out the year.
LOCATION: Berger Center, 6633 Oakmont Drive
TICKETS: You may pay online or at the OVA office in OMG folder.

TIME: Doors open 5:30 p.m.; music 6:30 p.m.

Bring your snacks and beverage for October 3 but note there will be Hopmonk food truck for November 14.

Saturday, October 3: Northern Californian band The SoulShake brings a laid-back, danceable sound to the rock/reggae genre. Tickets \$20 each.

Saturday, November 14: Hey Jude (The Band) hails from Vacaville and the SF Bay Area in California. Hey Jude plays energetic and accurate versions of music from the 60's and 70's, with an emphasis on The Beatles. Tickets \$20each.

Thursday, December 17: Music and Munchies (actually desserts), members only—RSVP by December 11. Make sure to turn in your song request with your RSVP! Best to RSVP to email at omgclub2025@gmail.com. Free for each member.

December 31: Party in the new year with Midnight Sun Massive and an excellent meal catered by Chef Karl. Details to follow in next *Oakmont News* article.

Sleep Apnea

■Bob Flandermeyer

WE WELCOME DR. GREG ACKROYD

The Sleep Apnea Group will welcome Dr. Greg Ackroyd as its guest speaker on Tuesday, Oct. 6, at 1 p.m. in the Birch Room of the Central Activity Center.

The group meets on the first Tuesday of even-numbered months. Please note that this month's meeting falls six days into October, so be sure to mark your calendar.

Dr. Ackroyd brings a wealth of knowledge about sleep and sleep-related health. Ask him a question, and you can expect an in-depth, thoughtful response that may offer a new perspective on something you hadn't considered before.

For example, research has found that people with mild-to-moderate obstructive sleep apnea can experience reaction-time impairment comparable to that seen at blood alcohol concentrations of

0.05% to 0.08%. Treating sleep apnea can have significant health benefits. A landmark study presented at the European Respiratory Society International Congress in 2021 found that using PAP (positive airway pressure) therapy as directed may significantly improve longevity for people with sleep apnea. And with growing attention on weight loss and GLP-1 medications, sleep apnea and CPAP therapy remain important considerations in overall health.

Our sleep apnea meetings provide an opportunity to learn from one another, share experiences and ask questions that may arise during the discussion. Spread the word, bring a friend and, if helpful, bring your equipment.

For questions, contact me at (707) 694-8018 or rrflandy@yahoo.com.

PRESIDENT'S MESSAGE

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making an effort to know the people who live nearby.

The cumulative effect of these activities can be substantial. For more about specifically what you can do, please check out the two links at the conclusion of this article.

VOLUNTEERISM: TURNING
INDIVIDUAL TALENTS INTO
A COMMUNITY RESOURCE

Residents of Oakmont possess an extraordinary range of knowledge and experience. They include former educators, business owners, engineers, healthcare professionals, attorneys, artists, musicians, accountants, administrators, first responders, and community leaders. Many have spent decades developing skills that can benefit others. Volunteering provides a mechanism for putting those skills to work.

A resident who volunteers is not simply filling a position. That person is often helping create a positive experience for hundreds of other residents.

ENGAGEMENT CAN MAKE
A COMMUNITY SAFER

A safe community is not created exclusively by police, fire departments, security systems, or physical infrastructure. It is also influenced by whether neighbors know and look out for one another.

A socially connected neighborhood is better positioned to notice when something is wrong. A neighbor may recognize that an elderly resident has not appeared at a regular activity. Someone may notice an unfamiliar person around a neighbor's home. Another resident may know who needs assistance during a power outage, earthquake, wildfire, or other emergencies.

These informal networks can become particularly valuable during disasters.

Emergency-management research has repeatedly identified social connections and neighborhood networks as important components of community resilience. During disasters, government agencies and professional responders may be overwhelmed or unable to reach every household immediately. Residents often become the first source of assistance for one another.

The relationships residents develop during ordinary times can become an emergency resource during extraordinary times. Community engagement therefore has a practical safety benefit in addition to its social benefits.

ENGAGEMENT CREATES
A SENSE OF PURPOSE

Retirement can remove many of the structures that previously organized people's lives: employment, professional relationships, daily interaction with colleagues, and responsibilities associated with raising children. Volunteering can replace some of those structures with something at least as valuable – what the French call a *raison d'être*—a “reason for being.” A resident may become the person responsible for organizing an annual event, maintaining a club's finances, welcoming new residents, teaching a skill, coordinating volunteers, or helping others navigate technology.

The message is simple: your experience has value, and your community needs what you have to offer.

ENGAGEMENT HELPS NEW RESIDENTS
BECOME PART OF THE COMMUNITY

Moving to a retirement community can be a major transition. Residents may be leaving behind longtime neighborhoods, friendships, workplaces, and familiar routines.

Simply providing information about clubs and activities is not always enough. Personal invitations and informal introductions can make a significant difference. A neighbor who says, “Come with me to the club meeting,” can accomplish more than a newsletter listing dozens of activities.

CONCLUSION

The strongest communities are not necessarily those with the newest facilities or the largest budgets. They are communities in which people know one another, contribute to something larger than themselves, and are willing to help when help is needed.

Opportunities for soul-satisfying work abound. In particular, two standout organizations are Oakmont Volunteer Helpers and Meet Your Neighbors.

If you're interested in finding your place in community life, please send a message to askova@oakmontvillage.com.

- Collars and matching leashes
- Designer harnesses
- Small dog apparel
- Playful designer parody toy collection
- Essential grooming products



**The
UPTOWN HOUND**
PURVEYOR TO DOGS

Nestled in Rincon Valley, The Uptown Hound curates a distinctive collection of premium dog accessories for the discerning pet parent.

707-538-8886 • Mon–Fri, 8:30AM–5PM
www.uptownhoundpurveyor.todogs.com
4932 Sonoma Hwy., Santa Rosa, CA

Posh Pet Salon
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Dancing Is 4 Everyone

■Mariellen Munson

BRAND NEW LINE DANCING CLASS

Oakmont are you ready for this? Of course you are—a brand new line dance class! It started Monday, September 21. If you missed the first class, come this Monday. Sign up and join the fun!

Classes are Monday nights at 6:15 to 7:15 p.m. at the Berger Center. The class will continue weekly throughout the year. You can take it for a long as you’d like. Series cost is \$8 a class. Individual classes are \$10. This first series will be \$48 (\$8 x 6), Sept. 21, 28, Oct. 5, 12, 19 and 26. There are no reservations so come early to allow time to sign up.

Our terrific line dance instructor, Steve, has listened to his numerous requests and decided not to wait until next year to start a brand new class, but to let adventurous Oakmonters begin their line dance journey now.

The joy of dance may be experienced by you, without a partner. Come and see what his joyful students experience. Students like that the classes are fragrance-free.

Dance is exercise for your brain as much as for your body. While dancing your brain is constantly making new neural connections. Studies show that this is very beneficial for both strong mental and bodily health.

Our instructor, Steve Luther, has a unique style of teaching that makes it easier to learn the steps to a variety of dances, and the music he selects is upbeat and lively. It is the “only way” to exercise in the minds of our dancers.

Fun times are ahead. You will feel the joy and laughter in the room from the start. There are no reservations so come early to allow time to sign up. Smooth leather bottomed shoes are best for the Berger floor. If you have concerns about your balance, this is probably not the class for you.

Questions or concerns, please feel free to contact me at (707) 975-8370.

Oakmont Cat Care Coop

■Mary Ellen King

COOPERATION TAKES A VILLAGE

In an age when it sometimes seems there’s more that divides than unites us, it’s nice to know that a real spirit of cooperation is alive and thriving in Oakmont. For more than 15 years the Oakmont Cat Care Coop has quietly been assisting each other and their beloved kitty friends.

“I have not only met some great cat lovers, but I’ve also met some wonderful cats! The added bonus of the coop is the money we save on cat sitting fees. It’s a good feeling to help other cat owners!”—Donna



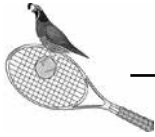
The Coop is for Oakmont residents only. Care is shared and provided for free. It’s built on trust and willingness to share the care.

“Shortly after moving to Oakmont, I acquired my first ever cat. Not only was it reassuring to know ‘Beans’ would be well looked after when I was out of town, it was also helpful to discuss some of the aspects and helpful tips that Co-op members shared with me regarding cat behavior! It’s been great meeting the other cats and their owners and becoming friends with many of them.”—Bobbi

“The coop has been such a great support to me. When we first moved to Oakmont I let ‘Spunky’ out too soon and he was lost for almost two months. It was a real comfort to know that so many cat lovers in the area were keeping an eye out for him. I never could have reached that many folks without the coop. Happily we found him and a lovely man was feeding him.”—Sandra

If you want to benefit from shared care and friendship, contact me, the list coordinator at (707) 849-1581. We’d love to have you join us!

Tennis Club



■Nani Tosoc

ARMY VS. NAVY TENNIS TOURNAMENT

On a beautiful morning perfect for tennis, the annual Army vs. Navy Tennis Tournament was held at the West Rec Courts. Play commenced at 9 a.m. Saturday, Sep. 5. The Navy Midshipmen were captained by Frank Passaglia (OTC VP) while the Army Black Knights were led by former US Army helicopter pilot Doug Smith. Clad in black and gold, the Army team was ready for any tennis skirmish, while the blue-attired Navy team formed an armada with unrelenting volley power.

Four rounds of four-game doubles-play saw a battle like no other. Tied after round #1 at eight points each, the Army squad raced out to a 3 ½ point lead

after two rounds. Round 3 saw that lead increase slightly, but a frenetic comeback by the Navy squad in round 4 resulted in a final score tied at 32 ½ points each. A pizza lunch was awarded to both teams (date, time, and location to be announced). It is hoped that enough pizza to feed an army (and a navy!) will be provided.

After the tournament, Michael Scarbonia demonstrated the use of the new and improved Lobster (Tennis hitting) machines to the delight of the crowd.

On a personal note, this reporter recently returned from Fan Week at the US Open at the USTA Billie Jean King National Tennis Center. Exciting tennis in New York... and in Oakmont.



Photo by Judy Passaglia.

Lawn Bowling



■Mary C Blake

INTERESTED IN LEARNING TO BOWL?

Email us at oakmontlawnbowling@gmail.com.

TOURNAMENTS

Open Singles: Summer is over and so are our intraclub tournaments with the completion of the Open Singles Tournament. In the quarterfinal round David Aiken won the round against Pam Dempsey, Mary Blake won the round against Gerry Macintosh, and Tom Ternullo won the round against Marilyn Garland and also won the bye. In the semi-final round, Mary lost to David. And in the final round David lost to Tom, crowning Tom as our club’s best bowler.

Women’s Singles: In the final round, Mary Blake won the final round against Barbara Serafin.

We had a good turn-out for our tournaments this year thanks to hard work by Gerry Macintosh and Bruce Rolland, but also thanks to everyone who bowled and marked. Thanks!

COMING EVENTS

Shift to afternoons: depending on weather forecasts,

we’ll shift to afternoons, on October 1.

Shortly after that, the Green will be closed for reseedling. It’s expected to take five weeks, with the Green opening about November 9. We’ll plan on a re-opening celebration close to that time, based on weather conditions, and scheduling around our annual member meeting which is also on November 9.

Because the Green will be closed on Halloween, we’ve canceled our Halloween tournament.

Member Meeting: Monday, November 9, 12 noon, East Rec. Lunch will be provided.

Thanksgiving Tournament: Wednesday, November 25

Awards Gala and Holiday Party: Friday, December 4. Our social committee has already begun lining up foster children. We’ll keep you posted.

If you forget a date, you can find a calendar on our website, in your Green Book, and on our bulletin boards.

Email: oakmontlawnbowling@gmail.com. Website: <http://www.oakmontlawnbowling.com>.



Open Singles Tournament on September 1. (Photo by Mary Blake and David Aiken stitched together to get everyone)



Hikers

■Colleen Keegan

We welcome you to join us on a hike whether you are a member yet or not. Members, please RSVP in advance at <http://www.oakmonthikingclub.org> for each hike. Your reservation can be canceled if your plans change. Bring water, lunch, hat, layers, sunscreen, and poles if you use them. Go to our website to join, get hike details, see photos, register for a hike and more. The annual membership is only \$15. Check our website for the latest updates as hikes are subject to change. We would love to have more hike leaders, especially for the Short and Intermediate hike categories. If you'd like more information about what is involved, please contact me at colleenlkeegan@gmail.com.

OCTOBER 1: SHORT HIKE
DOWNTOWN—BURBANK GARDENS—
JULLIARD PARK



We'll visit the Luther Burbank home and gardens, and Julliard Park with its outdoor sculptures plus the Prince Greenway, South of A Street (SOFA) art community. Optional stop at the Little Deer Cafe for a snack/lunch. Approximately 2.5 level miles with some rough sidewalks and pavement. Heavy rain cancels. Depart Berger 9:30 a.m. Check website September 30

for updates. Leader is Donna McCulloch, (707) 539-5730.

OCTOBER 8: LONG HIKE
ANGEL ISLAND



Angel Island was once a processing station for immigrants and is now a State Park in its entirety. Views of the Bay are fantastic. We will catch the 10 a.m. ferry from Tiburon. It's best to purchase tickets ahead of time at angelislandferry.com. Clipper cards are not accepted and it's \$16 for seniors. We will hike about 7 miles with 1,100 feet elevation gain. We hope to include Mt. Livermore which would add to the total miles. We'll return on the ferry leaving the island at 3:20 p.m. Leave Berger at 8 a.m. Leader is Peggy Clark, (650) 274-4137.

OCTOBER 15: LONG HIKE
ANNADEL THROUGH HIKE

A through hike with views from Henry's Knob and passing by Lake Ilsanjo. We will leave cars by the community gardens and drive to the top of Oak Mesa to start. 8 miles, 1100 feet elevation gain. Leave the Berger parking lot at 8.30 a.m. Leader is Scott Finn, (619) 884-0977.

Meditation

■Joanne Davey

MEDITATING TOGETHER
WEEKLY MEDITATION SESSIONS AT CAC

"Until you make the unconscious conscious, it will direct your life and you will call it fate."—Carl G. Jung We invite you to join one or both of our weekly drop-in meditation sessions which have been taking place for many years.

Saturdays at 10:30 a.m. in the CAC Building, Birch Room: This is a 35-min. meditation. This session frequently begins with a short 15-20-minute talk about various aspects of meditation.

Tuesdays at 4 p.m. in the CAC Building, Art Room: A 30-min. meditation. Beginning and experienced meditators are welcome.

We approach meditation as a non-denominational practice. Questions? Contact Trisha Mitchell, (650) 255-4026.

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Oakmont Singles Social Club



■Bailey Penzotti

OCTOBER MIXER: OCTOBERFEST!
DATE AND TIME: Friday, October 16, 6 p.m.
WHERE: East Rec. Center



Oktoberfest is the world’s largest Volksfest (Bavarian). It combines a beer festival with a fun fair and is held annually in Munich on the Theresienwiese from mid-September to the first Sunday in October.

Well, Munich is a long way away to have our monthly mixer so we’re bringing the festivities here. Wear your red or green plaid shirts and lederhosen for the guys and a simple Dirndl dress for the gals. Bring an Oktoberfest inspired appetizer or dessert to share and your favorite fall libation to drink

RSVP via our website, www.oakmontsinglessocialclub.org by October 11 at 5 p.m. If no computer or ability to register using your smart phone, feel free to email me at bailey.osc1@gmail.com.

OCTOBER BON APPETIT (OSSC MEMBERS ONLY)

WHEN: Thursday, October 1, reservation at 6 p.m.
LOCATION: Capriciano Osteria, 505 Mendocino Ave., Santa Rosa

At Capriciano, Italian cuisine—handmade pasta, wood-fired pizza, and fresh seafood—is at the heart of everything they do. Their goal is to bring the soul of the Mediterranean to the heart of Santa Rosa wine country: its flavors, its rhythm, its warmth. To complement the kitchen, they offer a full Italian bar program and curated private dining experiences. Together, these create an evening worth remembering.

Our reservation is for maximum of 20 members. Registration is and open until September 28 at 5 p.m. or when the 20 slots are filled, whichever comes first. If there are 20 members confirmed before this date, you will be placed on a waitlist.

Bring cash because the restaurant will not provide separate checks. Meet at Berger Center parking lot by 5:30 p.m. to carpool to the restaurant. RSVP on our website under upcoming events or email Simone Smith at ssmith8151@aol.com.

DO YOU LIVE IN OAKMONT? ARE YOU SINGLE?

If so, join our club to mix and mingle with other Singles. Oakmont Singles Club offers the opportunity to network with other singles who may have your same interests as you. For more Oakmont Singles Social Club membership visit our website at www.oakmontsinglessocialclub.org.

Water Fitness



■Valerie Hulsey

Mary is teaching Water Fitness on Mondays and Wednesdays at 9:30 a.m. at the West Rec pool.

Pauline teaches Water Fitness every Thursday from 9 a.m. to 10 a.m. through Thursday, October 8 at the West Rec pool. She will then be away on vacation and

will return to teach on November 5.

Julie’s friendly Friday water exercise class starts at 10 a.m. every Friday. There is a drop-in fee of \$10 for any Water Fitness class, all held at the West Rec pool. All fitness levels are welcome!



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■Linda O’Connor

**BUILDING THE MODERN WORLD:
A REVOLUTION IN ARCHITECTURE
1875–1975**

WHEN: Friday, October 9. Refreshments 10 a.m.,
Program 10:30 a.m.

WHERE: Berger Center

20th century technologies made possible buildings like none ever seen before, bolstered by a Modern Art notion that such buildings should even be built in the first place! Art historian Craig Griffeath tells the story of Modernism’s impact on architecture, from Eiffel and his famous tower, through Art Nouveau and Art Deco, the innovations of Louis Sullivan and Frank Lloyd Wright, and on to the midcentury skyscraper boom and the birth of Postmodernism. Don’t miss this fascinating look at 100 years of architectural



Fallingwater by Frank Lloyd Wright.

innovation, the Modern Art we encounter every day!

Craig Griffeath produced and taught art history programs for 25 years at Academy of Art University. He holds a Masters in Humanities from Dominican University and a Certificate in Western Arts Education

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Oakmont Art Association

from the Fine Arts Museums of San Francisco, where he served on the Docent Council from 1992-2004. Since retiring and moving to Sonoma in 2021, Craig has continued to develop new programs bringing the story of art into the life of the community.

**Women’s Golf Club
at Valley of the Moon**

■Kathy Faherty

GOLF IN BANFF

From September 1–8, six golfers from the Thursday 18 Hole Women’s Golf Club at Valley of the Moon attended an ILT golf trip to Banff, Canada, and stayed at the Fairmont Banff Springs Hotel. Three days of golf were included—two at the Fairmont Banff Springs Course, which is considered one of the two best courses in Canada, and the other day at the very challenging and interesting Silvertip Course in Canmore. The other three days were spent exploring the beauty of Banff National Park and celebrating wonderful meals each night together.

Here is a photo of the group on the first night on a patio on the backside of the hotel. KC Côté is in the middle, and the others from left to right are Kathy Faherty, Yoshi Smith, Juli Wilhelm, Kris Peters, and Penny Wright. We kept those smiles on our faces all week and had a wonderful time!



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Oakmont Boomers

■Carolita Carr



Jacob Benning Band.

ANNUAL GHOSTLY NIGHT COMING IN OCTOBER

WHAT: Dancing with the Jacob Benning Band
WHEN: Sat., Oct. 24. Doors open 5:30 p.m., music at 6:30
WHERE: Berger Center
COST: \$30 per person (each member may bring one guest)
BRING: Snacks for your table and the beverage of your choice

It's time for our annual Halloween bash! Costumes are encouraged but not required. We'll have our traditional costume parade, culminating in prizes for Best Couple, Most Original and Spookiest. C'mon, Boomers! Let your creativity shine. We can't wait to see everyone in their finest Halloween garb. And this year, we'll also be offering photo opportunities! Register for the event online at oakmontboomers.org. About the band: the Jacob Benning Band is an American "Soul & Roll" group based in Northern California, led by singer-songwriter and guitarist Jacob Philip Benning. The five-piece band mixes classic rock, blues, soul, and Americana. Known for its guitar-driven grooves and vocal harmonies, the group transitions seamlessly between soulful, rootsy arrangements and high-energy rock and roll.

Playreaders

■D. Hall



OUT OF THE SHADOWS INTO THE SHADOW

With the diabolical machinations of *Angel Street* in the rear-view mirror, Oakmont Playreaders turn again to radio shows for October presentations. On October 5, it's *The Heartbeat of Death*. It's about a run-down estate filled with evil and hate, a man who was almost buried alive, and the steady thumping of a beating heart. Then on October 12, it's *The Case of the Vanishing Killer*, a tale of murder motivated by greed and fear. Who knows what evil lurks in the hearts of men? The Shadow knows. Join us for Playreaders presentations the first two Mondays of every month at 2 p.m. in Room B (Birch) of the Central Activities Center.



Angel Street by Patrick Hamilton. Readers were Mark Parsons, Jeri Leasher, Anne Barrett, Marcel Coder and John Dolan. (Photo by Esther Dolan)

Movies At Oakmont



WHERE: Berger Center
SCREENING DAY AND TIME: Sundays at 2 p.m.
HOSTS: Mike McInnis, Deborah Davidson, Jeff Neuman and Barbara Marquardt.
NOTE: All films are shown with English subtitles, when possible, free of charge—compliments of the OVA.

SEPTEMBER 27: I SWEAR
Robert Aramayo plays John Davidson. Diagnosed with Tourette's syndrome at a young age which alienated him from his peers, he struggled with a condition few people had witnessed. 2025, R, 2.

OCTOBER 4: STEEL MAGNOLIAS
Dolly Parton: A young beautician, newly arrived in a small Louisiana town, finds work at the local salon, where a small group of women share a close bond of friendship, and welcome her into the fold. 1989, PG, 1:57.

OCTOBER 11: DISCLOSURE DAY
Steven Spielberg: If you found out we weren't alone, if someone showed you, proved it to you, would that frighten you? 2026, PG-13, 2:25.



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Oakmont Garden Club

■Patty McHugh



SONOMA COUNTY CALIFORNIA NATIVE WILDFLOWERS
WHEN: Wednesday, October 14, 2026, 9:30 – 10 Social, 10 - 11:00am Presentation, Q&A follows
WHERE: East Rec., 7902 Oakmont Drive
SPEAKER: April Lynch, UC Sonoma County Master Gardener

Come and enjoy over 125 high-definition, colorful photographs of California native wildflowers growing in Sonoma County. Master Gardener April Lynch will take us on a virtual tour from the Jenner Headlands Preserve, the Armstrong Redwoods State Natural Preserve of Guerneville, the Sugarloaf Ridge State Park in Kenwood and the back roads of Sonoma County. Learn how and when to introduce native wildflowers into your own garden and how to collect and preserve seeds to share with your friends.

April Lynch is a native Californian. She is a photographer and paints with watercolor and acrylics; and has co-authored the book *Wildflowers! A Guide to Identifying the Wildflowers in the Wine Country of Northern California*. She has been a UC Davis Master Gardener since 2009 specializing in native wildflowers and oaks.

April has spent a lifetime hiking, photographing colorful pictures of scenery and wildflowers found in Colusa, Lake, Marin, Mendocino and Sonoma Counties, gathering detailed information on each flower. She knows you will appreciate the diversity and beauty of these wildflowers as she takes you on a virtual tour of Sonoma County backroads. April will illustrate how you can use wildflowers and native plants in your own garden and how to propagate some of them by seed or cuttings.

We are proud to bring our membership another fine program. If you are not a member, please come as our guest and consider joining for 2027. Dues are just \$15 a year for your Oakmont household and cover the cost of speakers, audio/visual support, refreshments, and miscellaneous. We have the best offering of free snacks in Oakmont!

Oakmont Sunday Symposium



Sundays, 10:30 a.m. in Berger Center
\$3 donation requested
(Oakmont residents and their guests)
www.oakmontsundaysymposium.org

■Judie Coleman

Coffee, tea and snacks are available for sale in Berger from 9:45 to 10:15 a.m. before the presentation begins.

SEPTEMBER 27: DANIEL ZOUGHBBIE AMERICA AND THE MIDDLE EAST: HOW WE GOT HERE



How did decades of American decisions help turn the Middle East into one of the most volatile regions on earth? In this gripping and timely talk, nationally acclaimed historian, Daniel Zoughbbie traces the high-stakes choices made by U.S. presidents from Truman to Trump—decisions that reshaped nations, fueled conflicts, and which continue to reverberate across the globe today.

OCTOBER 4: JON PROVOST GROWING UP WITH LASSIE: A HOLLYWOOD CHILDHOOD

Jon Provost, forever remembered as the beloved Timmy from Lassie, takes audiences behind the scenes of one of television’s most iconic shows and into the golden age of 1950s–60s Hollywood. With warmth and wit, he will share insider stories, brushes with major stars, and what it was really like to grow up on camera at the height of TV’s early fame.



Along the way, he will offer a candid glimpse of the challenges that come with childhood fame and the resilience it takes to navigate life during—and after—Hollywood stardom.

OCTOBER 11: MARGO ROBBIN, CULTURAL FIRE MGMT. COUNCIL AND YUOK TRIBAL MEMBER WHEN IS FIRE BENEFICIAL?



For thousands of years, California’s Indigenous peoples carefully managed forests with controlled burns that reduced catastrophic wildfires and kept ecosystems healthy—knowledge that modern society is only now beginning to rediscover. In this thought-provoking talk, Margo Robbins explains how “good fire” can help prevent devastating megafires, protect communities, and restore balance to the land.

New to Oakmont?

Meet with a volunteer from the New Resident Welcome Committee to learn about everything Oakmont—from governing rules, important phone numbers, activities, services, facilities and emergency prep.

Contact us at welcome@oakmontvillage.com. The Welcome Packet is available at oakmontvillage.com/article/new-resident-welcome-packet.

Canine Club



■Steve Huntley

MEMBERS’ APPRECIATION PARTY AND MORE

Our annual Members’ Appreciation Party will be held on Wednesday, October 14, 4–6 p.m. at the Wild Oak Saddle Club. Our guest speaker will be Sandra Versteegh from the rescue organization Compassion Without Borders. Perfect timing as next month (October) is Adopt a Shelter Dog Month! The Members’ Appreciation Party is a members-only event and you must pre-register by email to periolinger@yahoo.com.

Not a member of the Oakmont Canine Club? You can join now! Annual membership dues are only \$12 for individuals and \$20 for households. Go to www.oakmontcanineclub.org for more information on how to join this exciting club! Benefits include a weekly newsletter, an annual club picnic, annual Members’ Appreciation Party at the Wild Oak Saddle Club, and various other social events throughout the year.

Need a dog walker, sitter, or trainer here in Oakmont? No need to go any further than the Canine Club’s website (www.oakmontcanineclub.org) where we post a list of walkers, sitters, and trainers, some of whom are Oakmont residents.

The next special play date at the dog park is the Bichon/Havanese Play Date on Saturday, September 26, 10 a.m.–Noon. And another reminder that every day from 9–10 a.m. (through the end of October) the Happy Tails Dog Park is reserved for small dogs (25 lbs. or less)!

We are still looking for a couple more Happy Tails Dog Park volunteers. Just shoot Peri Olinger an email at periolinger@yahoo.com if you would like to volunteer.



Penny.



Teddy.

Oakmont Emergency Communications Task Force

■Tom Pugliese

EMERGENCY RADIO OPERATORS: A NEIGHBORHOOD RESOURCE YOU CAN COUNT ON



Radio Placards—what are they, what do they mean and why do I care? You may have noticed placards displayed in windows, yards, or on mailbox posts throughout Oakmont. We obtained them with a generous grant from the Oakmont Community Foundation to identify residents who serve as volunteer radio operators on Oakmont’s Emergency Communications Task Force. Their role is simple but vital: providing reliable communication when phones, internet, or even 911 may be unavailable or overloaded during an emergency.

Oakmont is designated as a County Incident Command Post, and our radio operators are part of the system that keeps our community connected. They can relay requests for assistance to other Oakmont neighborhoods or, when activated, to the County Emergency Operations Center (EOC).

If your neighborhood doesn’t have a radio operator, we encourage you to consider joining us. The OVA supplies the equipment, and we provide the training. The radios are easy to use, and the time commitment is minimal: a 15-minute monthly radio check and two short Saturday drills each year to practice message handling and protocol.

To learn more or request a meeting, contact us at OakmontW6OVA@gmail.com.

VOM Rotary



■Valerie Hulsey

HAPPY HOUR IN OAKMONT

Our Valley of the Moon Rotary Happy Hour club has had its first few meetings and we are having a wonderful time meeting new people and looking forward to welcoming new members. We only have one meeting in October due to a lack of space but we will meet on October 12. Social time is at 3:30 and meeting from 4–5 p.m. Our speaker will be our Rotary District Governor Jeff Kolin who is a longtime public servant, community leader, and dedicated Rotarian whose career has been defined by building partnerships, strengthening communities, and creating lasting public impact.

Jeff’s 38-year career in local government included service with eight California cities, one county, and a recreation and park district. He served as City Manager of Beverly Hills, Santa Rosa and Pittsburg, where he led major infrastructure, economic development, and community enhancement projects.

As District Governor for 2026–2027, he is focused on strengthening club vitality, expanding Rotary’s reach, fostering collaboration among clubs, and creating meaningful opportunities for service.

We encourage you to join us for a very interesting and informative program. Mark your calendars for October 12, West Rec. (upstairs).

Pickleball Corner

■Peter Copen

THE WEIRD PICKLEBALL CRAMP TRICK THAT HAS SCIENCE BEHIND IT

Ever wonder why people joke that pickle juice is the perfect pickleball drink? Beyond the obvious pickle-on-pickle connection, there’s actually some interesting science behind it. In one controlled study, pickle juice shortened electrically induced muscle cramps by about 49 seconds compared with water. But here’s the wild part: it worked too quickly to be explained by replacing sodium or fluids.

Researchers think the strong, acidic taste activates receptors in the mouth and throat, which may send a nerve signal that helps quiet the overactive motor neurons involved in cramping.

So, pickle juice may be helping through your nervous system, not simply by “replacing salt.” That also means a small shot isn’t a substitute for proper hydration during a long session.

Three Easy Options to Toss in Your Pickleball Bag:

- 1. Pickle Juice Extra Strength Shots—made specifically as portable cramp-relief shots.
- 2. SuckerPunch Pickle Juice—straightforward pickle brine in a convenient drinkable format.
- 3. Fast Pickle 3 oz Shots—compact real-brine shots with 570 mg sodium per serving.

Options like this can be purchased online (ex. Amazon) or locally (ex. Whole Foods, Olivers). So if your calf suddenly locks up in Game 5? A quick pickle shot might be worth having in the bag. Just keep the water bottle, too.

Pickleball in Oakmont is free. However, there is a membership cost to be a member of the Pickleball Club of \$30/yr. Benefits include friends, fun socials, parties, free balls, loaner paddles to try out and coaching and skills training.

Pickleball at Oakmont is for Oakmont residents and their guests only! New Player Orientation: 9 a.m. Tuesday mornings. Contact Victoria Dettman, (707) 230-2958. Call Jim Howard at (209) 761-8517 for demo loaner. Visit our website: www.oakmontpickleballclub.com.



Graphic by Peter Copen.

Strategies for Independence

■Carol Smith

IN-HOME CARE, ASSISTED LIVING AND HOSPICE CARE

We are delighted to present an in-depth panel discussion with three local presenters, discussing In-Home Care, Assisted Living, and Hospice. They will discuss the multitude of options and concerns and will be available to answer questions as well.

This in-depth class will be increased from 1 hour to 2 hours so we look forward to seeing you on Wednesday, September 30, from 3–5 p.m. at the East Rec. Center. Family members are encouraged to attend.

Please call or text me with questions: (707) 480-1068.

Strength and Balance Class

■Valerie Hulsey

STRENGTH AND BALANCE CLASSES ARE FUN!

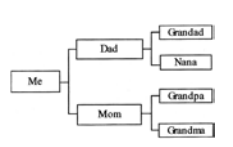
Weekly Balance Classes are back in session. Everyone is welcome to join the class. We meet at 9:30 a.m. at the East Rec. Center.

There is a \$10 drop-in fee and don’t forget to bring water and your TheraBand for strengthening. If you don’t have one you can purchase one for \$5.

While working on our balance skills we have lots of fun. The laughter in the room is always contagious.

Genealogy Club

■George McKinney



SEPTEMBER 28 MEETING

Our next meeting will be September 28 at 1 p.m. in the Aspen Room and on Zoom. This meeting will focus on research examples. Anyone who would like me to do a live piece of research on one of your ancestors can send a message to me at oakmontancestry@gmail.com. Include the name of the ancestor, what you know about birth, marriage(s), and death (and location of each), and what information you’d like me to research. I’ve already got one example and it will be a great chance for me to share how I do research.

Zoom Meeting ID 862 2760 9536. Passcode 030213.

If you’d like to be on our mailing list, email your contact information to oakmontancestry@gmail.com. Website: oakmontgenclub.org.

■Don McPherson

OKTOBERFEST TOURNAMENT OCTOBER 3

The Oakmont Pétanque Club holds its 2026 Oktoberfest Tournament and Potluck Picnic Lunch, the last tournament of the season, on Saturday, October 3. As with all tournaments, the French tricolor will decorate the court. Players are encouraged to wear fall colors. Spectators are welcome!

The festivities will kick off at 9:30 a.m. at the Pétanque Courts with registration for the tournament. Play will begin as soon as the teams are drawn. Winners will be announced and their photos taken at the conclusion of play.

The tournament will be played in m  lee format with randomly assigned teams organized by Club Assistant Chair Don McPherson, with the Club’s “Fanny” looking on. “The Goddess of P  tanque,” Fanny is the focal point of a traditional ritual should any team suffer a 13-0 shutout loss.

A potluck picnic lunch will begin at approximately 12 noon, pending completion of the tournament. All club members, whether playing or not, and their significant others are invited. Please bring your own beverage and a lunch dish to share. The Club supplies cups, plates, and tableware.

P  TANQUE IN OAKMONT MONDAY, WEDNESDAY, SATURDAY

French in origin, P  tanque (pay-tonk), also known in the United Kingdom as Boules, has been a feature of

Oakmont P  tanque Club



2025 Oktoberfest Tournament Winners (L to R): Don McPherson and Judith Fleenor (1st place); Ellean Huff, Bill Whetstone, and Max Hinchman (2nd place).

organized play in Oakmont since the 1980s. The Club, founded as an OVA organization in 1996, encourages all Oakmonters who may be interested in playing or learning to play to come to the courts between Berger and the OVA offices at 9:45 a.m. on the Club Play days of Monday, Wednesday, and Saturday. Club Play days are casual friendly games with teams randomly chosen. The club has boules to lend while you’re learning, and you’ll be playing right away.

■Greg Fauss

POTLUCK AND PRESENTATION ON GERMANY AND EASTERN EUROPE

We are back to meeting at the East Rec Center at 10:30 a.m. on Sundays.

This Sunday we’ll be warming it up with a potluck and a presentation on recent events in Germany and in Eastern Europe. Please come for church, the food and presentation. Or just come for the potluck/presentation which begins at 11:30 a.m.! No need to bring anything.

We also encourage you stop by our dinner



meetings and take part in a safe, open discussion of the Christian faith on Thursdays from 6–7:30 p.m. at Oakmont Gardens.

For more information and /or to register please visit our website, email or call the number below.

For information about our Sunday meetings, our Wednesday Morning Bible Study, our Thursday Alpha dinner discussions, Saturday Prayer meetings, and other gatherings go to www.occsantarosa.org, write us at occsantarosa@gmail.com or call us at (707) 595-0166.



Photo by G. Fauss.

CLASSIFIEDS

BODEN PLUMBING, HEATING AND AIR

For all your plumbing and heating needs. Local plumbers in business since the late 20th century, licensed, bonded and insured. Same day service is often available. Money-saving coupons! CA Lic. #659920. Please call (707) 996-8683 or go to www.BodenPlumbing.com.

ELECTRICAL CONTRACTOR

For all your electrical needs, including rewiring, troubleshooting, generators, panel upgrade, lighting, EV chargers, security/landscape lighting. Available 24/7. Lic. #461220. Free estimates. Call Josh Begin, (707) 690-2541. Visit www.begintobuild.com.

YOUR PERSONAL CAREGIVER AND ADVOCATE

Available 24/7 or hourly, nights, long-term or short-term. 20+ yrs. experience providing honest, reliable, dedicated, competent, compassionate care, with a sense of humor. Native CA, clear background check with fingerprinting. Specialize in Dementia. Starla, (925) 698-6312. References and website. Not an agency.

TONY’S GARDENING SERVICES

General landscape, mowing, yard maintenance (free fertilizer included, so your grass and plants can be greener than every), high weed clearance. Clean-up, hauling, trimming, pruning and gutters. Free estimates. Ref. available. Tony Sandoval, (707) 321-2958.

TREE TRIMMING

Pruning, trimming, hedges, mowing. Fruit trees, stump grinding. Pressure washing. Over 20 yrs. of experience. Free estimates. Now accept credit cards. Visit website: ajyardservice.com. Call Alex, (707) 322-1646. Lic. #06530716.

CARPET, UPHOLSTERY AND TILE CLEANING

Gavin Anderson, local Sonoma resident. 20+ years experience. Senior pricing. Free estimates. Call 935-6334.

COMPASSIONATE PERSONAL ASSISTANT/COMPANION

Heart centered companionship, positive creative support, and assistance. Also, Celtic harpist, multi-instrumentalist, performer, mentor, soothing original, professional music for special occasions, therapeutic sound and healing facilitator, 40 yrs. exp. References. Call or text Jewel at (503) 487-7338. Oakmont resident.

CHRISTO TRANSPORTATION

Based in Oakmont is available for your transportation requests at fair pricing. Our vehicles are new, well maintained and carry commercial insurance, TCP 32055. Call Chris at (707) 205-8109. www.christolimo.com.

HAVING TROUBLE GETTING YOUR GARBAGE TO THE CURB FOR PICK-UP?

I can come to your home to put your trash receptacle to the curb Wednesday afternoon, and bring it back on Thursday afternoon. Call Dan Lennox, (707) 889-0205.

REPAIRS PILING UP? CALL RAY

No job too big or too small. Heating, water heaters, plumbing, electrical, drywall, patching, painting, appliance repairs, honey do’s, etc. Quality and affordable. Ray, (707) 280-2699.

MARSHALLS PLUMBING

Drain Cleaning, Water Heaters, faucets. 25 years exp. Senior Discounts. Free estimates. (707) 681-1011. CA Lic. #541596.

OAKMONT’S PAINTING SERVICES

29 years in Oakmont. Many Oakmont references. Great work at fair prices. License #1108640. Bonded and Insured. (707) 528-8222 or email OakmontsPainting@gmail.com.

FOR ALL YOUR PAINTING NEEDS

Quality affordable work at reasonable rates. Interior painting including rooms, cabinets, railings, decks, fencing. Pressure washing and more. Call Michelle, (707) 378-3600.

AAA ORGANIZED PLUMBING

Proudly serving Oakmont! 10% off large jobs for new customers. Free second (or first) opinions for anyone who wants to know about their plumbing! We always pick up the phone! (707) 621-8282. Lic #1118193.

CHUCK’S COMPUTER SERVICES

On-Site Computer cleanup and tune-ups. Virus and malware removal. Wi-Fi, printer and email setup in your home. Also offering digitizing of 8mm and Super 8 film. Proudly serving Oakmont for 13+ years. \$65/hr. 1-hr. min. Film digitizing priced per job. Call or text Chuck, (707) 293-8011.

VOM PLUMBING

We are a local plumbing company that can take care of all your plumbing needs, from service and repair to remodels and additions. Call today to schedule a free estimate. (707) 800-2043.

AIR CONDITIONING REPAIR

Heating, Cooling, service and repair. Serving Sonoma Valley. Call Vince Parish at Ridgeback Mechanical, (707) 666-5056.

ENTRY DOORS, PATIO DOORS, INTERIOR DOORS

Installation. Local Suppliers. Father and son team, 30 years of experience. Brad Chiaravalle and Anthony Chiaravalle. Lic #527924. www.doorbeautiful.com. (707) 539-3196.

HOUSE CLEANING SERVICES IN OAKMONT

Regular cleaning, deep cleaning, and move-out cleaning. 15 years of experience. Pease call Noemi at Noemicleaning, LLC, (707) 228-2114.

A COMPANION/CAREGIVER/ PERSONAL AIDE

Certified Medical Assistant, Retired Professional Driver. 20-year experience of everything from companion care to medical care, including driving to doctor’s appointments and taking informed notes. Also, light housework and cooking. Please call Paula, (707) 703-6231.

WINDOW AND PRESSURE CLEANING SERVICES

Windows, screens, gutters, pressure cleaning. Homes, decks, patios, walkways and driveways. Holiday special free estimates. Contact Dennis Russo, (707) 249-3343.

MARTHA L PROFESSIONAL HOUSE CLEANING

Home, office, move-outs. Window, bed linens and much more. 19+ years of experience. References upon request. 548-9482 or marthal1041@att.net.

YOUR FRIENDLY HANDYMAN

Oakmont’s trusted resource for carpentry, drywall, electrical, plumbing installation and assembly. Fair hourly rate. Call (707) 881-7292. Website: www.thehandylance.com.

ONE WAY PLUMBING, INC.

Dependable experts serving you and your neighbors with excellence and integrity for over 20 years. Licensed, bonded and insured. Senior discounts available. CA Lic. #854537. Find us on the web at www.onewayplumb.net or call us at 537-1308 for all your plumbing needs.

WANTED—HOME RENTAL IN OAKMONT

30 days starting in late-December, 2026 or early January, 2027. 1 or 2 bedrooms. Married couple 65+ with no pets. Email: Jimoasis@Qwestoffice.net.

ERIC WILSON, LOVELY LANDSCAPING BY MDL LANDSCAPES

Google 5 stars. Oakmont references. Santa Rosa Chamber Member. Call David at (707) 536-6048. Visit our website: www.mdlandscapes.net. License #1044507.

GOTOGUY HANDYMAN SERVICES LLC

Senior-friendly service. Small jobs welcome. Dry rot repair, fence and deck repairs, gutter cleaning, pressure washing, sprinkler repairs, fire mesh installation, light electrical and home maintenance. Free estimates. References available. Call/text Cooper, (707) 227-4187.

BABE’S TRANSPORTATION

Private Transfers to all airports, medical apps. (local and out of town), wine tours, etc. Rides 24/7. Commercially licensed and insured, in compliance with airports, TCP #40474. Drop off and pick up at the curve of your airline. Male and female drivers, can carry 1–7 people + luggage. Professional, safe, dependable service from a company that does it right. Check our reviews on yelp. (707) 545-2850, www.babestransport.com.

BEST DOG WALKER IN OAKMONT

Excellent reference. Loving, patient and dependable, your fur baby will love me! \$25 per responsible, attentive walk. Please call or text Annette, (619) 993-6834. Looking forward to meeting our and your dog.

MICHELLE RENÉE SF

Luxury hair extensions, custom and partial hair systems, hair loss solutions. Private appointments. Concierge on-location services. 30+ years of experience. Call (415) 225-4444 or email MichelleRenee.com.

YOUR FRAU FRIDAY

Housecleaning, cooking, light yard work, errands. Contact Erin, (707) 860-6376. References, reasonable rates.

FOUNTAIN GROVE GOLF MEMBERSHIP FOR SALE

Club-approved transfer. Please inquire about membership payment/term flexibility. Call M Levy, (415) 225-4444 or email michellerenee007@icloud.com.

PETER’S LANDSCAPING

Lawn mowing, trimming bushes, removing weeds. Gutter cleaning. \$50 job minimum. Please call (707) 486-6684.

GALUS PAINTING

Professional interior/exterior painting. Kitchen/Bath cabinet special. Lic. #626311. Call (707) 579-2680.

POWERCORE CLEANING SOLUTIONS

Your trusted team for keeping homes clean, safe, and looking their best. Housekeeping, power washing, solar panel cleaning, bird proofing, window cleaning (interior and exterior), gutter cleaning, house soft washing and more. Licensed and insured! Call Eric Guerra at (707) 331-6024.

ELEVATED ELECTRICIANS INC.

Elevating electrical quality and services to new heights. Electrical Panel Surveys, E.V. Charger Installations, simple outlet or switch replacements, overall safety checks of electrical equipment. Senior Discount Special. For a free estimate call us (707) 235-5597 or email: office@elevatedelectric.biz Website: elevatedelectric.biz Lic.# 1100202.

GARAGE DOOR SERVICES

Locally owned and operated Dependable Doors offers full servicing, repair, and replacement of garage doors and motors. Call Casey at (707) 775-8009 for all of your garage door needs. Lic. #1016951.

PEDICURES

For men and women starting at \$45. Private clean studio at 4525 Montgomery Dr., suite 19, bottom floor. Call Sheri at The Peacock Nail Lounge, (707) 481-9044 for appointment.

HOUSEKEEPER IN OAKMONT

Reliable, honest, and experienced residential housecleaning by Josefina. Local references. Responsible. Professional. Free estimates. Monthly, weekly, or bi-weekly. Guaranteed thorough work. Quality and consistent results at competitive rates. Call (707) 799-6465.

SEARCHING FOR A GUITAR INSTRUCTOR

Resident of Oakmont is looking for an instructor for the acoustic guitar. I have past experience with instructors, but am hoping for someone to improve my skills and hopefully meet others to play along with. (406) 270-1724.

REMODELING SPECIALISTS

Kitchens, baths, rehabs, decks, patios, roofing, plumbing, electrical, insulation. Fire and water damage repair. Quality service, reasonable rates. Proudly serving locally for over 30 years. Free estimates. Lic. #669482. Visit our website: www.specialtyimprovementsunlimited.com. Call today, (707) 328-3555.

Oakmont Village Association

OAKMONT VILLAGE ASSOCIATION

Hours: M–F 9 AM–5 PM—Closed 12–1 PM
Tel 707-539-1611
6637 Oakmont Dr., Ste. A
OVA E-mail: askova@oakmontvillage.com
Website: www.oakmontvillage.com
*Book appointments with staff at:
oakmontvillage.com/staff*

MAINTENANCE OFFICE

Hours: Daily 7 AM–10 PM
Tel 707-539-6720
Maintenance Building (next to Central Auditorium)

**CONDOMINIUM FINANCIAL
MANAGEMENT (CFM)**

OVA Accounting
Tel 800-585-4297

OAKMONT NEWS

Tel 707-206-1957
E-mail: cjmprod567@gmail.com

PAS MANAGEMENT COMPANY

Hours: M–F 9 AM–Noon, and 1–4 PM
Tel 707-539-5810
6572 Oakmont Dr., Ste. A
(for Association Maintained Homes)

ARCHITECTURAL OFFICE

Hours: M–Th 9 AM–Noon, 1–5 PM
Tel 707-539-1611, 6637 Oakmont Dr., Ste. A-1

Community Relations Specialist

Mary Lantz, 707-539-1611 ext. 105
maryl@oakmontvillage.com

Architectural Administrator

Julian Mack, 707-539-1611 ext. 104
julian@oakmontvillage.com

AVAILABLE IN OVA OFFICE

GAS SHUT-OFF WRENCH.....\$12
TENNIS COURT KEY.....\$2
RESIDENT ACCESS CARD.....\$30 EA
REPLACEMENTS.....\$30 EA
GUEST ACCESS CARD.....\$30 EA

BULLETIN BOARDS

There are three OVA bulletin boards, one at each recreation center, where OVA events can be posted. Please bring in notices to the Events Coordinator at the OVA Office. Size is limited to 8.5"x5.5". Items "For Sale", "For Rent" or "Want to Buy" can be put on a 3"x5" card and left at the OVA Office.

LOCKER RENTALS

Annual Locker Fee \$30 (January 1–December 31). If you wish to rent a locker, come to the OVA office and give us a check, your information and the number of the locker you want to rent. You provide the lock. We can prorate the annual fee. Daily use lockers are free. NOTICE: Weekly locker inspections are done by OVA Maintenance. Locks could be sawed off with no prior notice and locker contents removed on all unpaid lockers. Items will be held in OVA Maintenance office for 30 days. If you have any questions, please contact the OVA Office M-F 707-539-1611

GUEST PASSES

The following are OVA Guest Pass types and duration: 1) Guest from outside Sonoma County—up to 90 days; 2) House sitters—up to 90 days (OVA host must present written request to OVA Office for approval prior to visit); 3) Guests living in Sonoma County—2 days per card, and no more than 3 cards per month. Guest cards are available during regular hours in the OVA Office for a \$30 non-refundable fee. Guests accompanied by their Oakmont host are not required to have a Guest Pass.

STREET CLEANING

City streets in Oakmont are cleaned by the city early on the fourth Friday of each month. Residents who want their streets swept should avoid street parking overnight on those days.

PUBLIC TRANSPORTATION AVAILABLE IN OAKMONT

- CityBus #16 bus takes residents to 5 different shopping centers weekday mornings and around Oakmont afternoons.
- Sonoma County Transit #30 bus goes to Memorial and Kaiser Hospitals and downtown Santa Rosa. Returns via Oakmont to Sonoma.
- Schedules available at OVA office.

**NEED A RIDE? GIVE A RIDE!
OAKMONT VOLUNTEER HELPERS**

We provide the following services to Oakmont Residents:

- Transportation to medical/dental appointments, including pet appointments, in Santa Rosa only
- Meals on Wheels, 707-525-0383

**COORDINATOR
Rides to Medical
Appointments**

September 16–30
Jenny Watts 707-367-2102

October 1–15
Maggie Schmidt 707-890-1347

If you would like to be a volunteer, please call 707-539-8996. Donations to Oakmont Volunteer Helpers are appreciated and tax deductible. Mail your check payable to Oakmont Volunteer Helpers, 6637 Oakmont Dr., Ste. A, Santa Rosa, CA 95409. Thank you.

Mon.–Fri. medical rides before 9 AM or after 4 PM are subject to limited volunteer driver availability. No service on weekends or holidays. Please call at least three full working days prior to appointment.
We regret that we are unable to provide either wheelchair or emergency service.

**LETTERS TO THE EDITOR
WRITER GUIDELINES**

The *Oakmont News* welcomes letters of up to 250 words from residents to express opinion, criticism or praise. They must include the writer's name and Oakmont address, although the address won't be published. See details on how to send them at <https://oakmontvillage.com/submit>. While letters to the editor may be edited for length and spelling, they are not edited for accuracy. Opinions are that of the writer and not necessarily the Oakmont Village Association.

POOLS & JACUZZIS

Access to OVA pools is by magnetic card. Call OVA Office, 707-539-1611 if you need a permanent new member pool access card or to register for a temporary guest pool access card.
WEST: 7 AM–9 PM
(Closes 7 PM Wednesdays for cleaning)
EAST: 6:30 AM–9 PM
(Closes 7 PM Mondays for cleaning)
CENTRAL: 5:45 AM–9 PM
(Closes 7 PM Tuesdays for cleaning)
JACUZZI HOURS: Same as facility. No one under 18 years in West and East pools and Jacuzzis.
CENTRAL POOL HOURS FOR PEOPLE UNDER 18:
Labor Day–Memorial Day: 11 AM–2 PM daily
Memorial Day–Labor Day: 11 AM–4 PM daily
Children must be accompanied by an OVA member/resident or adult with a valid guest pool access card.
NO LIFEGUARD ON DUTY AT ANY OVA POOL.
ALL FACILITIES CLOSED CHRISTMAS DAY.

**STORAGE UNITS
AND PAR KING**

Oak Creek RV & Self Storage
SP176, www.storagepro.com
707-913-7326

LIBRARY

Central Activity Center, 310 White Oak Dr.
Hours: Daily 6 AM–9 PM. Closed Christmas Day. It is run by volunteers. All donations are gladly accepted. Materials we cannot use will be passed on to others.

**OAKMONT COMMUNITY
GARDEN ON STONEBRIDGE**

For more info on signing up, email Oakmontcommunitygarden@gmail.com. Contact for current availability.

HAPPY TAILS DOG PARK

6302 Stone Bridge Rd
Open to residents of Oakmont Village Association from sunrise to sunset. Small Dog Hours are from 9–10 AM every day.

FITNESS CENTER

Central Activity Center, 310 White Oak Dr.
Daily 5:45 AM–9 PM. Closed at 7 PM on Tues. for cleaning. Closed Thanksgiving and Christmas day.

BE ON OVA E-MAIL LIST

Know what's going on in Oakmont. You'll receive the weekly "Inside Oakmont" newsletter, Board Meeting notices and agendas, special notices and meeting announcements. To join the OVA's e-mail list, visit oakmontvillage.com/inside and enter your information to subscribe.

**2026–2027
OVA BOARD OF DIRECTORS**

E-mail: askova@oakmontvillage.com

Steve Spanier, President
steve.spanier@oakmontvillage.com

Jeff Neuman, Vice President
jeff.neuman@oakmontvillage.com

Jess Marzak, Secretary
jmarzak@oakmontvillage.com

Terrie Mui, Director
terrie.mui@oakmontvillage.com

Matt Oliver, Director
matt.oliver@oakmontvillage.com

Neill Ray, Director
neill.ray@oakmontvillage.com

Robert Williams, Director
robert.williams@oakmontvillage.com

Tom Kendrick, Treasurer
(Non-voting officer)
tom.kendrick@oakmontvillage.com

GENERAL MANAGER
Christel Antone
christel@oakmontvillage.com

OVA BOARD MEETINGS

Townhalls 1st Tuesdays of the month and board meetings 3rd Tuesdays of the month, 1 PM

Always online via Zoom and in-person when possible. All residents are welcome. Information to join online is e-blasted out to the community for every meeting along with the in-person location when applicable. Sign up for e-blasts from OVA at oakmontvillage.com/inside.

The Board of Directors of Oakmont Village Association reserves the right to select those articles submitted for publication that seem appropriate to the purpose of this association.

**HOW TO CONTACT
YOUR LOCAL OFFICIALS**

**County Supervisor Rebecca Hermosillo
District 1**

Phone 707-565-2241
Address: 575 Administration Drive,
Rm. 100A, Santa Rosa 95403
Email: rebecca.hermosillo@sonoma-county.org

**City Councilwoman Dianna MacDonald
District 3**

Email: dmacdonald@srcity.org
Address: City Hall, 100 Santa Rosa Ave.,
Rm.10, Santa Rosa 95404

■Deb Ponts

Bocce Club



AUTUMN TOURNAMENT AND POTLUCK

It’s time to celebrate Autumn with our Bocce tournament on October 10 at 9:30 a.m., followed by a member potluck at the West Rec. Center at 12 noon. The club is providing hot dogs. We request members to sign up at the club house to bring a side dish. If you have a question on what to bring, please contact Pat Paulson or Judy Aiken.

If you’re planning to play, we ask that you’re at the courts no later than 9:15 a.m. to form teams and participate in the 50/50 raffle. This is a member-only event.

Mark your calendars for our annual holiday celebration December 5.



Photo by Maureen McGettigan.

Considering becoming a member? Join us for a low impact, interactive sport. Lessons are available the first Tuesday of each month. Membership applications are available at the OVA office, annual dues are \$25. If you join now, your dues will carry over to 2027. Cash is preferred, but checks will be accepted payable to our treasurer, Tony Sarram.

Passages

Charlotte Dross-Retter passed away on September 29, at the age of 94. Known as the “Community Ambassador,” Charlotte worked in Oakmont for 44 years welcoming newcomers with information about the community. She lived in Oakmont for 16 years. Her family and friends are gathering for a memorial in Texas.

Please contact OVA Communications Director Crissi Langwell by e-mail at crissi@oakmontvillage.com, to publish the name and date of death of your loved one in the *Oakmont News*.

LiftMaster

See and hear what’s happening in your garage

The LiftMaster Garage Door Belt Drive Opener, with built-in camera and 2-way communication, provides peace of mind that your garage is safe and secure. Model 87504-267

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Northern California’s premier source for all of your garage door needs. Serving homeowners and contractors since 1983.

OVER TWO DECADES
OF EXCELLENCE IN
IN-HOME CARE

Since 2003, Stan and Gabriella have been part of the fabric of Sonoma County. Today, we continue our tradition of helping neighbors live comfortably at home, right where they belong. Visit **SequoiaSeniorSolutions.com** to learn more about our local family tradition of care.



sequoia
senior
solutions

Excellence In
In-home Care



Gabriella and Stan

SCHEDULE YOUR FREE CONSULTATION :
707-348-0608

Learn more at **SequoiaSeniorSolutions.com**

SERVICES FROM
A 2-HOUR VISIT
UP TO 24/7 CARE

- ✓ ONGOING CARE
- ✓ RESPITE CARE
- ✓ TRANSPORTATION
- ✓ SPECIALTY PROGRAMS

★ NORTH BAY ★

SAME DAY

HEATING • COOLING • PLUMBING



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GET A HEATING & COOLING
SYSTEM FOR AS LOW AS
\$11,777
INSTALLED!

Price based on system selection and individual home requirements.
Final pricing subject to in-home estimate. Call for complete details.

ALWAYS FREE ESTIMATES & SECOND OPINIONS!

707-306-0837 SameDayNorthBay.com

200 American Way • Windsor CA, 95492